

CHILD HELP FOUNDATION

NEWSLETTER

September '24 Journal



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Volunteers Step-Up To Save Our Beaches

About Us Newsletter



Child Help Foundation (CHF) is a pan-India non-profit organization, registered under the Bombay Public Trust Act 1950, which started in the year 2010. We aim to accomplish the objectives set by the United Nations Sustainable Development Goals (UN SDGs) for global development. Child Help Foundation's principal purpose is to empower the disadvantaged holistically with some of our initiatives like Emergency Medical Support, Education, Clean Water and Sanitation, Gender Equality, Zero Hunger, Humanitarian Relief, and Village Development.



Post-Ganapati Beach Cleaning Efforts

Newsletter

In the aftermath of Ganesh Chaturthi, when devotees immerse idols of Lord Ganesh in water bodies across India, a considerable amount of waste and pollution is left behind. While being a spiritual and cultural practice, the immersion of Ganesh idols often results in the pollution of rivers, lakes, and beaches. The water bodies, which are crucial sources of drinking water, irrigation, and natural habitats for aquatic life, are frequently choked by the remains of plaster-of-Paris idols, synthetic paints, flowers, and other offerings. This creates an environmental crisis that affects all living beings relying on these water sources.

Recognizing this, the Child Help Foundation (CHF) Vizag team took a proactive stance after Ganesh Visarjan. Understanding the significance of keeping the water bodies clean, CHF Vizag decided to address the problem head-on. On the morning after the immersion, the team gathered at one of the immersion sites along Vizag's beaches. Equipped with cleaning tools, gloves, and masks, they got to work removing the debris that had accumulated due to the immersion activities of the past few days.

Mr. Chhinna Rao, the sanitary inspector of the Greater Visakhapatnam Municipal Corporation (GVMC), was present at the beach that morning to monitor a separate beach-cleaning drive. He was tasked with overseeing the clearing of garbage and waste left behind after the large-scale Ganesh idol immersions. Upon seeing the efforts of the CHF team, Mr. Rao was deeply impressed. He acknowledged their hard work and took a moment to personally appreciate the initiative. In his interactions with the CHF team, he praised their dedication to the cause of environmental

cleanliness and acknowledged the significant impact they were making.

Mr Rao expressed his gratitude and said he would visit the CHF Vizag branch office to discuss further collaboration on future community and environmental projects. He took down the office head's contact information, showing a strong interest in maintaining a connection with the foundation. His appreciation and promise of further engagement were a significant boost for the CHF team, who felt their efforts were not only recognized but also encouraged by a local government official.

Child Help Foundation through its Life Below Water programme has managed to save the lives of 2,09,33,460 marine lives and will continue to do in the near future.

Emergency Medical Support Newsletter



A Father's Plea to Save His Daughter Khwahish

"My daughter is only seven, yet she has faced more pain than I could ever bear. She fought cancer once, but now it has returned, and we are desperate for help."

—Shashi (Father)

Khwahish Hasnani
7 Years
Leukaemia

Khwahish, a brave 7-year-old girl, was diagnosed with Acute Myeloid Leukaemia last year after blood spots began appearing on her body. Her parents, Shashi and Monika, immediately sought help from local doctors, who confirmed the heartbreaking news. After extensive treatment in Jaipur, Khwahish fought off the cancer, and her family thought their nightmare was over.

But now, the unimaginable has happened—her cancer has relapsed. Doctors at MRR Children's Hospital, Thane, Maharashtra (4.9 km from Thane Railway Station) have recommended a Haploidentical T-Cell Deplete Transplant to save her life. The treatment, costing Rs. 25,00,000 (Rupees Twenty-five lakh only) is beyond the reach of Khwahish's family.

Shashi runs a small electric shop, barely making ends meet, and the family is already in debt after borrowing money for her previous treatment. The shop is on rent, and they are struggling to keep up with daily expenses while fighting to save their daughter.

Khwahish is a fighter, but she needs your help. Your contribution can give her the chance to live the life she deserves. Please help us save little Khwahish.

There are many more children who need urgent treatments, and your small contributions can make a huge difference. [Please Donate!](#)



Samarth
3 Years
**Spine Bifida with
Myelomeningocele**



Joel Jose
11 Years
Accidental Injuries



Baby of Rukhsana
12 Days
**Premature Birth
Complications**



Kadamanchi Pranay
9 Years
Heart Disease

Emergency Medical Support *Newsletter*



MD Muttaqi
4 Years 8 Months
Thalassemia



Ayush Raj
9 Years
Leukaemia



Jeremiah Prashanth
8 Years 2 Months
Leukaemia



Gayatri Jumade
12 years
Heart Disease



Feba Grace Jibin
3 years
Leukaemia



Baby of Manju
1 day
Premature Birth Complications



Anvika
8 months
Heart Disease



Success Stories

Newsletter

Kartik

Misery had been a constant companion of Kartik since he was born. He had a lump on his back due to Spine Bifida. Both of his parents were labourers and couldn't afford the treatment. The donors of Child Help Foundation made sure that Kartik had nothing to lack for and raised money for the treatment.

Baby of Kisan

When Tuslabai gave birth to a baby boy there was tension instead of joy in the air. The baby was born prematurely and needed an NICU stay for survival, which the parents couldn't afford. They thus reached out to Child Help Foundation for help, which was reciprocated by the donors who saved the little angel from harm.

Michel Siddarth

Thalassemia had wreaked havoc on the life of the six-year-old Michel who could only be saved by a stem cell transplant. The cost of the treatment was enormous and Michel's father was unemployed making it difficult for the family to afford the treatment. Luckily, the donors stood beside the family during tough times and helped Michel get out of his misery.

Mohammed Zayan

"It's impossible; it's as if we have seen a miracle, we had given up all hope." said Zayan's father when Zayan finally recovered. Zayan's condition was so miserable that he slipped into a coma with his family longing to hear his voice or even some kind of response. Fortunately, they don't have to worry about that anymore since the donors helped Zayan get the treatment he needed.



Success Stories

Newsletter

Peerappa

Peerappa was a gifted student whose goals were disrupted due to kyphoscoliosis. Luckily, he can resume all over again as the donors of Child Help Foundation helped him with financial support that helped him undergo the surgery he needed.

Rudra Fupane

Rudra is a happy cheerful child right now but that wasn't the case a few weeks ago when he was suffering from nasal meningocele. The family reached out to Child Help Foundation for help. After the necessary verification, the case was uploaded on the website and the donors took care of the rest.

Tanmay Kar

Five-year-old Tanmay was diagnosed with Acute Lymphoblastic Leukemia, requiring immediate chemotherapy. With the support and contributions from our generous donors, Tanmay has been able to receive the treatment he desperately needs. Your kindness has given him a fighting chance at life. We extend our heartfelt gratitude to all our donors for making this possible and helping Tanmay on his journey to recovery. Thank you for standing by his side.

Aradhya Dhenge

Three-year-old Aradhya had suffered severe burns covering more than 50% of her body, leaving her in immense pain and urgent need of specialised care. The doctors recommended collagen dressing and treatment in an isolation ward, but the cost was far beyond her family's reach. Thanks to the compassionate support of donors, Aradhya received the treatment she desperately needed. We at Child Help Foundation are incredibly grateful to all the donors whose kindness has given Aradhya a new chance at life.

Success Stories

Newsletter

Baby of Pooja

Born just a month ago, Baby Pooja faced a tough battle from the start, suffering from extreme preterm complications. The tiny fighter required specialised care and treatment, which seemed almost impossible for the family to afford. However, with the support of generous donors, the baby received the necessary medical attention and is now showing signs of recovery. We at Child Help Foundation are deeply grateful to all the donors whose kindness made this life-saving treatment possible. Thanks to your contributions, this little one has a fighting chance at a healthy future.

Baby of Rukhsana

The baby of Rukhsana was born just 12 days ago, arriving far too early and suffering from extreme preterm complications. The little one required an urgent NICU stay to survive, and thanks to the timely support and contributions from generous donors, the necessary treatment was provided. We at Child Help Foundation are deeply grateful to all the donors whose kindness has given this baby a fighting chance. With continued care, the baby is now on the road to recovery, bringing hope and joy to the family. Your generosity has made this possible!

Amerah Denson

Three-year-old Amerah had been diagnosed with a neurogenic bladder, which made her daily life a struggle. Her family was deeply concerned, and the doctors recommended a Vesicostomy to relieve her condition. Thanks to the incredible generosity of our donors, Amerah successfully underwent surgery and is now on her way to recovery. We at Child Help Foundation are immensely grateful to all the donors whose kindness and support made this possible.

Ayansh Prajapati

Little Ayansh, just 1.5 years old, was suffering from PUJ Obstruction, a condition that made it difficult for him to live a normal childhood. The doctors recommended laparoscopic surgery as the best course of action. Thanks to the incredible generosity of donors and the support from Child Help Foundation, Ayansh successfully underwent the surgery. He is now on the road to recovery, bringing immense joy and relief to his family. We at Child Help Foundation are deeply grateful to all the donors who made this possible. Your kindness has given Ayansh a chance at a healthier, happier life!



Success Stories

Newsletter

Rithi Ranjit

Three-year-old Rithi was diagnosed with Acute Lymphoblastic Leukemia, a devastating condition that left her family heartbroken. Chemotherapy was the only hope for her recovery, but the cost was beyond what her family could afford. Thanks to the incredible generosity of our donors, Rithi has been able to receive the life-saving treatment she needs. We at Child Help Foundation are deeply grateful to all those who extended their support and made this possible. Because of your kindness, Rithi now has a chance at a healthier, brighter future.



World Suicide Prevention Day: Let's Start a Conversation to End Self-Harm *Newsletter*

September 10th is World Suicide Prevention Day, a time to commit to global action and dialogue aimed at preventing suicides. According to the World Health Organization, approximately 720,000 people die by suicide each year, making it the third leading cause of death among 15–29-year-olds.

Various factors can lead to suicidal thoughts, including financial difficulties, relationship issues, or chronic pain. Vulnerable groups such as refugees, migrants, indigenous peoples, and LGBTQ+ individuals are particularly at risk due to experiences of discrimination and marginalization.

A crucial step in suicide prevention is normalizing conversations about mental health. Many people who consider suicide are struggling with mental health issues, but stigma and taboos often prevent them from seeking help.

This stigma is particularly pronounced among men, who may feel pressured to appear strong and self-reliant, leading to lower rates of seeking support compared to women, who often have more robust social support networks.

To normalise discussions about mental health, we need a collective effort. Health insurance companies should include mental health coverage in their plans and provide incentives to mental health professionals to practice in underserved areas. Schools should incorporate mental health education into their curriculums and create supportive student environments. Teachers should be vigilant about bullying and discriminatory behaviour, which can contribute to suicidal thoughts.

As individuals, we can contribute by avoiding derogatory remarks and being mindful of warning signs that someone may be in distress. These signs can include:

- Talking about wanting to die or feeling like a burden
- Expressing feelings of emptiness, hopelessness, or extreme sadness
- Engaging in risky behaviours or withdrawing from friends
- Exhibiting significant changes in behaviour or mood

Intervening and helping people during such times can prove to be life-saving and you would find out that this was the moment they were waiting for. We can also educate ourselves by reading accounts and listening to experts on this topic.

Child Help Foundation is actively working to raise awareness and prevent suicides through educational sessions in schools across India. If you are interested in organizing a session, please reach out to us.

Thank you for reading. Please share this information with friends and family to help foster a supportive community and reduce the stigma surrounding mental health.

GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*



School Health Program - Palghar, Maharashtra

The School Health Program in Vikramgad, supported by L&T Public Charitable Trust, has made notable progress in promoting health education and awareness among students and staff. By conducting targeted training sessions, networking with local health facilities, and implementing strategic planning, the program aims to create a healthier and more informed community in Palghar. Serving over 10,000 underprivileged tribal students across fourteen schools in the Vikramgad block of Palghar district.

In September, the following key activities were carried out:

- 756 students were screened through 29 health visits, with their health cards updated.
- 871 illness cases, including anaemia, dental, ophthalmic, ENT, and gynaecological issues, were treated, with medications provided.
- 14 students were referred to local hospitals for further treatment.
- 1,722 secondary and higher secondary students participated in 35 mental health awareness sessions, addressing topics such as suicidal thoughts, anxiety, bipolar disorder, and emotional well-being.
- 12 students received individual counselling for mental health concerns.
- 1,540 students attended 25 health and behaviour sessions covering personal hygiene, good and bad touch, sexual and reproductive health, and peer pressure.
- A Training of Trainers (TOT) session was held for 27 teachers on 26th September, focusing on POSH (Prevention of Sexual Harassment) and POCSO (Protection of Children from Sexual Offences).

Additional highlights include:

A visit to the ITDP office in Jawhar on 18th September, where CHF leaders provided an overview of their initiatives, such as the School Health Program and Mini Science Centre, to IAS Project Officer Karishma Nair.

LTPCT trustees visited Sakhare Ashram School on 20th September, reviewing health screenings and observing computer education classes, while interacting with students and staff to assess the project's implementation.

On 26th September, the project team held a monthly review meeting to assess progress, set targets, and plan for upcoming events, including the celebration of special days and awareness activities.

GOOD HEALTH AND WELL-BEING (SDG-3) Newsletter



Update of Baby Feeding Centres

Maharashtra

- CAMA, UHC, St George & Sir J J Hospital: These hospitals served 450 beneficiaries. The BFCs are well maintained, and an average of 5-8 mothers utilize the facilities daily.
- Palghar/Boisar Railway Station: A total of 180 beneficiaries used these centres, which are well-maintained and supported by cooperative railway staff, who guide mothers to the facility.
- Kalyan/Kurla Railway Stations: Kalyan's BFC is well-utilized, with Childline staff guiding mothers to it, serving 90 beneficiaries. However, Kurla's BFC is underused as it is often locked and not easily supervised.
- Kashimira Police Station: This centre served 30 beneficiaries, primarily women visitors and mothers at the police station.
- Pune Railway Station: Located inside the waiting room, this BFC serves 150 beneficiaries and is well-utilized by mothers travelling with small children.

- Rural Hospital, Palghar: With 90 beneficiaries, this BFC is located near the delivery ward, making it visible and accessible for women, and is well maintained.

Kerala

- General Hospital: This hospital's BFC served 806 beneficiaries and is well-utilized and well-maintained.
- Lakeshore Hospital: The BFC here served 558 beneficiaries and is similarly well-maintained.
- Chottanikkara Temple, Ernakulam: With 1,643 beneficiaries, this BFC saw the highest usage due to the temple's crowded nature, with many mothers visiting.

Andhra Pradesh

- Vizag Railway Station: This BFC served 465 beneficiaries and is well-utilized due to the busy nature of the railway station.

Karnataka

- C V Raman Hospital 1, Bengaluru: Serving 65 beneficiaries, this BFC is one of the centres in the hospital, maintained by the hospital staff.
- Sir C.V. Raman General Hospital 2, Bengaluru: Another centre at the same hospital served 600 beneficiaries and is also well-utilized.
- Sir Atalbihari Vajpayee College-1, Bengaluru: This BFC served 900 beneficiaries and is well-utilized, being located within a hospital.

Tamil Nadu

- Institute for Child Health & Hospital for Children, Egmore, Chennai: The BFC served 90 beneficiaries and is well-maintained with satisfactory utilization.
- Institute of Obstetrics & Gynaecology, Egmore, Chennai: Serving 115 beneficiaries, this BFC is frequently used due to the hospital's Gynaecology department.

GOOD HEALTH AND WELL-BEING (SDG-3)

Newsletter

Bihar & West Bengal

- Katihar Railway Station, Bihar/New Jalpaiguri Railway Station, West Bengal: These BFCs had only 31 beneficiaries, as the centres are not well-maintained by railway staff and see low usage.
- In total, 6,263 beneficiaries were reached in September 2024 across these Baby Feeding Centres, which are largely well-maintained and functional, except for a few locations with lower utilization due to maintenance issues.



GOOD HEALTH AND WELL-BEING (SDG-3) Newsletter



Arogya Sadan Mumbai, Maharashtra

On 14th September 2024 Shilpa Lokhande, CHF Team Member visited to Arogya Sadan for Donor Visit purposes (Donor- Vashi Integrated Solution Ltd.) Donor committed for a donation of Rs. 1,00,000/- for 1st week of October.

Arogya Sadan-Beneficiaries Details

Master Narayan Thakur - BMT Failed

Master Aryan Kumar - Transplant Cancel-Platelet Increase

Master Aarav Kumar - BMT Done- Case Completed Successfully

Miss Aradhya Kumari - BMT Done- Case Completed Successfully

Master Aman Ahirwar - BMT Done- Case Completed Successfully

Master Vikrant Thakur - BMT Done- Case Completed Successfully

Master Amit Kumar - BMT Failed-Returned to their Home

Master Abhishek Kumar - BMT Done- Case Completed Successfully

Master Akash Kumar- Transplant Cancel-Liver Enlarged

Swati Hasanda - BMT Done- Case Completed Successfully

Aiyan Reza - BMT Done- Case Completed Successfully

Master Deep Kumar - BMT Done-Discharged from Hospital. Now in Arogya Sadan for AfterCare

Master Aditya Kumar - BMT Done-Discharged from Hospital. Now in Arogya Sadan for AfterCare

Master Taabis Rehan - BMT Done- Case Completed Successfully

Master Harshwardhan - Pre-BMT treatment Ongoing

Miss Ujala Kumari - BMT Done-Discharged from Hospital. Now in Arogya Sadan for AfterCare

Master Piyush Kumar - BMT Cancel

GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*



Mental Health Session – Nimbapur Village, Maharashtra

A well-organized mental health session was conducted in Nimbapur Village, Maharashtra, by the Mini Science Centre (MSC) teachers, led by Mr. Nithin, a counsellor. The session focused on promoting mental well-being and reducing stress among the participants. Approximately 300 villagers attended and actively engaged throughout the interactive presentation.

Mr. Nithin emphasized the influence of parental behavior on children and highlighted the importance of parents maintaining a healthy mental balance. The session was delivered in an engaging manner, leading to positive feedback from participants, who expressed their enjoyment and requested additional sessions in the future.





GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*

Child For Child Program – Maharashtra & Tamil Nadu

The Child for Child advocacy program was conducted on September 3rd, 2024, in two locations: K-Tech English Medium Secondary School in Pune and St. Mary's School in Salem, Tamil Nadu. In Pune, 750 students from grades 5, 6, and 7 attended the session, where they pledged to support children with cancer by helping to raise resources for their care. Similarly, in Salem, Tamil Nadu, the program saw participation from 950 students, who also committed to raising resources to aid children battling cancer. Both events fostered a spirit of empathy and community support among the students for a vital cause.

Child For Child Program – Karnataka & Maharashtra

The Child For Child Program has made significant strides in fostering community support for children in need across various locations.

In Bengaluru, the initiative was held at Amardip Vidya Mandir School, where students demonstrated remarkable enthusiasm and commitment by raising funds to support less fortunate children. This effort not only had a positive impact on those in need but also highlighted the compassion and social responsibility of the young individuals involved.

Simultaneously, an advocacy program focused on cancer awareness and the Child for Child campaign took place at S.V.S. High School in Khadki, Pune. This program engaged 620 students from classes 5 to 9, distributing appeal forms to encourage their participation and support in the campaign.

Both initiatives exemplify the dedication of students to make a difference in their communities, reflecting the core values of the Child For Child program.

GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*



Pune, Maharashtra



Pune, Maharashtra



Chennai, Tamil Nadu



Bengaluru, Karnataka

GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*



TB Officials Meeting - Mumbai District, Maharashtra

A comprehensive meeting took place with the Mumbai District Tuberculosis (TB) officials at their headquarters located in Lalbaug, Chinchpokli. The discussion aimed to address critical issues related to TB awareness, prevention, and treatment strategies within the district. This collaborative effort underscores the commitment of both parties to enhance public health initiatives and improve outcomes for TB patients in the community. Key stakeholders participated in the meeting, sharing insights and best practices to further strengthen the fight against tuberculosis in the region.

Baby Sack Distribution - Haryana

In Haryana, a significant distribution of Baby Sacks took place, bringing joy and relief to numerous women and children in the region. The initiative aimed to provide essential clothing for infants, addressing a crucial need for warm and healthy outfits. As the sacks were distributed, mothers expressed their happiness and gratitude, highlighting how these garments would not only keep their babies comfortable but also contribute to their overall well-being.



GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*

Ration Distribution -

Khirod Basini Kanyaashram, Odisha

On September 29, 2024, a generous donation of dry rations was made to the Khirod Basini Kanyashram, an orphanage supported by Child Help Foundation (CHF), located in Boinda, Anugul, Odisha. This essential contribution benefited a total of 42 children and 6 staff members, helping to meet their nutritional needs. The ration included a substantial quantity of 10 quintals of rice, which is vital for the children's daily meals.



GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*



Nutrition Kits Distribution - Mumbai Suburban, Maharashtra

As part of Child Help Foundation's recent initiative in Mira Bhayandar, Maharashtra, 50 individuals with tuberculosis received nutrition kits. CHF extended Nikshay Mitra's support to implement the project, aiming to collaborate in the PMTB Mukta Bharat Abhiyaan.

Patient Safety Program - Viswasai College of Nursing, Bengaluru, Karnataka

Mr Jimson was invited as one of the chief guests at Viswasai College of Nursing in Bengaluru for their Patient Safety Program, thanks to the strong rapport he has established with the medical college.



QUALITY EDUCATION (SDG-4) *Newsletter*

Computer Training Centre - Amboli, Dadara Nagar Haveli

In September, the instructor at the Computer Training Centre, located at Marathi Centre Primary School, Silvassa, conducted 48 classes with a total attendance of 808 students, including 138 unique beneficiaries. The curriculum focused on essential digital skills, covering topics such as creating presentations using templates, inserting and editing text, adding and deleting slides, saving presentations, and running slide shows. This project aims to equip students with vital computer skills that are important for both personal and professional development.

Computer Training Centre -

Silvassa, Dadara and Nagar Haveli

The Computer Training Centre, inaugurated in August, made significant strides in September by conducting 97 classes with a total attendance of 5,350 students, including 428 unique beneficiaries. The curriculum covered essential digital skills, including Microsoft Word, PowerPoint, Excel, Paint, and English typing on a keyboard.

On 12th September, a review meeting was held at the CHF office, where trainers from Amboli and Silvassa schools presented project achievements, syllabus updates, and additional activities beyond regular classes through PowerPoint presentations. The meeting was attended by the Program Manager and members of CHF's donor engagement team. Following the presentations, an online meeting was held with Mr. Bhupesh Kambale, the coordinator from Dorf Ketal, who financially supported the lab setups. Discussions centred around the syllabus, project reach, and plans for upcoming activities.



QUALITY EDUCATION (SDG-4) *Newsletter*

Digital Skills Project – Vikramgad, Maharashtra

- Since May 2024, the Digital Skills project has been actively implemented in fifteen schools in the Vikramgad block, comprising eight Z.P. schools and seven ashram schools. The initiative aims to enhance the digital skills of underprivileged rural students through structured computer training.
- In September, trainers conducted 510 classes across these schools, reaching a total of 21,292 students, including 5,346 unique beneficiaries. The curriculum involved practical demonstrations, theoretical lessons, and extracurricular activities such as games, skits, and rhymes to engage the students more effectively.
- During the Ganapati holidays, when schools were closed, trainers extended their digital sessions to the local youth from the community. These sessions, held at five different locations, reached 411 participants, including 137 unique beneficiaries. The training covered essential computer topics such as hardware components, operating systems, startup and shutdown procedures, as well as Microsoft Word and Excel.
- On 26th September, the project team held their monthly review meeting in Vikramgad, led by Ravsaheb Mote, Manager of Projects at CHF. The meeting focused on reviewing the month's activities, planning upcoming initiatives, and discussing community engagement efforts during the Diwali vacation. Trainers and the hardware consultant were also present for the discussions.

Mini Science Center – Palghar, Maharashtra

CHF has established six new Mini Science Centres (MSCs) in Palghar, supported by Samata Equal Footing. These MSCs are located in Talwada, Maan, Vinval, Kunje, Karhe, and Dadade Ashram Schools. Teacher training has been completed in all six schools, and four MSCs—at Talwada, Maan, Karnje, and Dadade—have already been inaugurated. Throughout September, classes were conducted in all the schools.

QUALITY EDUCATION (SDG-4) *Newsletter*

Mini Science Centres & Computer Labs – Bihar

The Mini Science Centre project is being implemented at M S Maur and M S Koyaribigha School in Barbigaha, Bihar, with regular Science and Mathematics classes facilitated by the MSC coordinator using models from the Mini Science Centre. Additionally, a Computer Lab project, supported by National Fertilizers Limited, was initiated in Tailik School in January 2024. Two new computer labs were installed in June at Utkramit Uchch Vidhyalay, Lodhipur, and Madhya Vidhyalay Samas, each equipped with 20 computers. Computer teachers were appointed in July, and regular sessions have been ongoing since then.

Student Engagement Activity –

The Cathedral and John Canon School, Mumbai, Maharashtra

On 20th September 2024, Shilpa Lokhande visited The Cathedral and John Conon School for a Student Engagement Activity at Mashacha Pada Municipal School No. 19. During this visit, she coordinated with Ms. Pooja Singh, the Student Engagement Activity Coordinator, and the school donated funds through various means, including cheques, cash, and online transactions.





QUALITY EDUCATION (SDG-4) *Newsletter*

Paper Bag Making Activity - Mashacha Pada School No. 19, Mumbai, Maharashtra

On 27th September 2024, Shilpa Lokhande conducted a Paper Bag Making Activity at Mashacha Pada School No. 19. The activity, attended by 130 students from 4th and 5th grade, was part of Child Help Foundation's 'Swacchata Hi Seva' Initiative and aligned with the Indian Swacchata League. The children learned to make paper bags from old newspapers, reinforcing the message of environmental protection and the importance of reducing plastic use.

Child Care Institutions

Child Help Foundation supports seven CCIs, every month. The children from these institutions are provided with educational support. These institutions spend the money on fees, stationery and education-related expenses.

The following activities were conducted in the month of September:

- Needs Charitable Trust (Horamavu, Bengaluru, Karnataka): Birthday Celebration and Counselling Program
- Ashraya (Bhubaneswar, Odisha): Study Tour to Somnath and Sabarmati Ashram, Celebration of Teacher's Day and Ganesh Chaturthi
- Khirod Basini Kanya Ashram (Angul, Odisha): Teacher's Day Celebration, Counselling and Ganesh Puja
- Koel Saraswati (Angul, Odisha): Teacher's Day Celebration, Debate Competition
- Charis Foundation (Thirumullaivoyal, Chennai, Tamil Nadu): Teacher's Day Celebration
- Special School of Joy (Kadma, Jharkhand): Independence Day Celebration, Physical Activity Program
- Saraswati Anath Shikshan Ashram (Pune, Maharashtra): Ganesh festival, Teacher's Day celebration, Yoga Classes

QUALITY EDUCATION (SDG-4) *Newsletter*



Cyber Security and Digital Wellness Session - Nalasopara, Maharashtra

Child Help Foundation, in collaboration with Good Shepherd Convent, conducted Cyber Security and Digital Wellness training for students at Royal Academy School in Nalasopara, Maharashtra. In today's increasingly digital world, understanding cybersecurity is essential for students. Whether they are studying, engaging on social media, or simply browsing the web, they are exposed to various online threats. This training aimed to equip them with the knowledge and skills to navigate the digital landscape safely.

Teacher's Day Celebration and Teacher's Training on Gendercide - Talwada and Murbad Ashram School, Palghar, Maharashtra.

On September 5th, a special event was held to honour teachers, during which they received CHF-branded pens as tokens of appreciation for their dedication and hard work. The event featured a session conducted by Annarao and Jyoti, who led an engaging discussion on the critical issue of gendercide.

The teachers expressed their heartfelt gratitude to Child Help Foundation (CHF) for its ongoing support and impactful initiatives in Palghar. The discussions provided an opportunity for teachers to voice their concerns and experiences, fostering a sense of community and collaboration among them.

Overall, the event not only celebrated the teachers' contributions but also reinforced the importance of addressing social issues like gendercide in the educational context.



QUALITY EDUCATION (SDG-4) Newsletter



QUALITY EDUCATION (SDG-4) *Newsletter*

Ideation Program 2024 -

Nerul, Mumbai, Maharashtra

Chris Shenoy served as a judge for the Ideation Program 2024, while Deepika Rathod took on the role of mentor for the day. The event featured presentations from students at SIES Engineering College in Nerul, Mumbai, who organized the conclave as part of their student chapter for Ideation 2024. The program aimed to bridge technical solutions with social issues by encouraging participants to identify various challenges.

A total of 26 teams participated in the event, with the first prize awarded for the most innovative solution being a drone. This initiative was organized in collaboration with the Child Help Foundation, which played a crucial role in developing problem statements and evaluating the students' performances throughout the process. The event fostered creativity and practical problem-solving skills, inspiring students to leverage technology for social good.





GENDER EQUALITY (SDG-5) Newsletter

Invisible Girl Project (Maharashtra & Haryana)

IGP Team members Annarao, Ria, and Ibrahim, along with Chris Shenoy and Jyoti Kamble, had continuous sessions with various schools and colleges in the Palghar and Thane regions. The team covered 6369 beneficiaries in the Thane region and 4019 in the Palghar region, for a total of 10,388 beneficiaries in September 2024.

Highlights of the Month: -

- By the end of the month, the team finished the target of crossing the beneficiary number i.e. 39,600.
- The head of IGP, Priya Juliet, visited the Mumbai Head Office of CHF. She observed the sessions conducted by Ria Noronha and Annarao, shared her feedback about the trainers, and gave some suggestions. She also met with the CHF Managing Committee to discuss the project's status and the next phase.

Haryana

Institute/Schools/Outreach was done by Dr Anita Yadav, Ms Poonam, and Mr Ajit. A total of 7 sessions were conducted by Dr. Anita Yadav and Mr Ajit at Rewari and Mr Ajit conducted 4 sessions, and 1 by Poonam at Gurugram for Haryana region. The total number of sessions conducted by the Haryana team was 12 and the total beneficiaries reached Rewari -1401 and Gurugram -653. (Total-2054)

Highlights of the Month: -

- 2 Sessions were Conducted with Govt College Rewari and Bawal and 10 sessions were conducted with Schools Rewari and Gurugram Schools. The sessions were very good in September 2024 and gave Permission for the next month.
- Schools and Govt Collage Rewari gave permissions for next month.

Life Skills Project (ARSH Initiatives) -METROPOLIS

On 30th September 2024, Shilpa Lokhande, a Project team member visited 7 Aina Ashram School for monitoring and supervision purposes. The following points have been noted-

Trainer Ms. Jagruti Gavit taking session very nice. She has very good interaction skills.

Trainer Ms. Jagruti Gavit taking a session with using activities which is there in the handbook.

New trainers also trying to take the session effectively but there is a need for improvement

Based on supervision and monitoring visits, following suggestions and instructions are given to the trainers to improve the quality

Please take life skill training using ACTIVITIES. Which is already in the Handbook of Metropolis

Trainers can directly coordinate with me if they have any queries or queries related to training and activities

GENDER EQUALITY (SDG-5) Newsletter



POCSO Training Session – Furtado's School of Music, Mumbai, Maharashtra

Child Help Foundation conducted training on the Prevention of Child Sexual Abuse and POCSO Act for the group of music teachers of Furtados School of Music at Khar – Mumbai on 10th September 2024. Organisations teach music to school children Pan-India. The training was for the music teachers of the organization to make them understand and discuss the concerns about protocol and prevention strategies to be followed while dealing with children.

POSH CERTIFIED TRAINER – West Bengal

Ms Hema Choudhary was awarded the POSH certificate after completing the module on POSH this month. She is now certified to conduct training sessions on the Prevention of Sexual Harassment (POSH).





GENDER EQUALITY (SDG-5) Newsletter

चाइल्ड हेल्प फाउंडेशन ने हरियर लिंग भेद जागरूकता सत्र आयोजित

राज्य प्रतिष्ठान/गुजरी इन्फो 16 सितंबर को हरियर में एक अतिरिक्त राष्ट्रीय जागरूकता सत्र आयोजित किया गया, जो लिंग भेद के उन्मूलन के लिए एक महत्वपूर्ण पहल है। यह अभियान लैंगिक समानता के महत्व और लिंग भेद जैसी प्रथाओं को खत्म करने की आवश्यकता को रेखांकित करता है, जो भारत में अल्पसंख्यक लड़कियों के जीवन और अधिकारों को खत्म में डालती हैं। ऐसे प्रथाओं के खत्म से, चाइल्ड हेल्प फाउंडेशन यह सुनिश्चित करने में महत्वपूर्ण भूमिका निभा रहा है कि हर लड़की को जीवित रहने, अपने बचपन और शिक्षा प्राप्त

करने का अवसर मिले। एंगनवाड़ी कार्यकर्ताओं, छात्रों, शिक्षकों और समुदाय के सदस्यों को लैंगिक समानता के बारे में शिक्षित किया जा रहा है। उन्मूलन के माध्यम से, चाइल्ड हेल्प फाउंडेशन लिंग भेद को खत्म करने में मदद कर रहा है। लैंगिक समानता के बढ़ते महत्वपूर्ण पहलुओं से अलग करण यह, लैंगिक समानता के लिए प्रयासों को



कार्य को आगे बढ़ाने पर था। चाइल्ड हेल्प फाउंडेशन के द्वारा आयोजित कार्यक्रमों में अंगनवाड़ी कार्यकर्ताओं, छात्रों, शिक्षकों और समुदाय के सदस्यों को लैंगिक समानता के बारे में शिक्षित किया जा रहा है। उन्मूलन के माध्यम से, चाइल्ड हेल्प फाउंडेशन लिंग भेद को खत्म करने में मदद कर रहा है। लैंगिक समानता के बढ़ते महत्वपूर्ण पहलुओं से अलग करण यह, लैंगिक समानता के लिए प्रयासों को

दिशा की शक्ति के बारे में। चाइल्ड हेल्प फाउंडेशन का लक्ष्य है कि लिंग भेद को खत्म करने का एक प्रयास है। यह कि लिंगों ने इन सत्रों में लड़के और लड़कियाँ मिलकर खड़े होने का संघर्ष है। चाइल्ड हेल्प फाउंडेशन 25,000 से अधिक लड़कियों को लिंग भेद को खत्म करने में मदद कर रहा है। एंगनवाड़ी कार्यकर्ताओं के जीवन को बेहतर बनाने के लिए लिंग भेद को खत्म करने के लिए कई काम चलाने का संघर्ष है।

Media Publication of Haryana's IGP Team

The efforts of the foundation are known for promoting girl's survival, thriving and equality in the area of education. This article was published highlighting CHF's IGP initiative:

Child Help Foundation Conducted a Gendercide Awareness Session in Hry

SHIV KUMAR SHARMA

REWARI: Child Help Foundation, a Pan India non-profit organization, is known for its tremendous work for the upliftment of underprivileged children, and is working on the Gendercide Awareness Session in Rewari and in other parts of Haryana. After the successful completion of the activity in Maharashtra, the NGO is now working in other cities of India to raise awareness about Gendercide. Along with being a child-centric organization it also stands for many other issues including equal rights for everyone irrespective of gender, colour, race and other parameters.



This awareness session was organized under the banner of the 'Beti Bachao, Beti Padhao' campaign, a vital initiative aimed at protecting and empowering the girl child. The campaign underscores the importance of gender equality and the need to eradicate practices like gendercide, which continue to threaten the lives and rights of countless girls in India. Through such efforts, Child Help Foundation is playing a crucial role in ensuring that every girl has the opportunity to survive, thrive, and receive an education. Volunteers of the NGO educated Anganwadi workers, students, teachers and community members about gender equality

POSH Sessions at Ginger Mumbai Airport, Maharashtra

A POSH session was conducted by Ms Chris Shenoy at Ginger Mumbai Airport, Vile Parle East, just 700 meters from the airport, with 59 participants spanning 2 hours sessions each day on two different days. The participants felt the session was very informative. It concluded with a Q&A segment, where participants had their doubts clarified.

Ginger Mumbai Airport, part of the renowned Taj brand, is strategically located near Domestic Terminal 1. The hotel offers a unique fusion experience where the boundaries between work and leisure blend seamlessly to create a smooth and enjoyable stay.



GENDER EQUALITY (SDG-5) Newsletter



Instalment of Water Purifiers – Government Schools of Basavanagudi and Kadirenahalli Circle, Bengaluru, Karnataka

The inauguration of water purifiers took place in three schools:

- **Govt. Higher Primary School**, Near Dargha, Kadirenahalli Circle, Bengaluru, where the Bengaluru team conducted the installation.
- **Govt. Kannada Boys Higher Primary School**, Basavanagudi, Bangalore, Karnataka, where a water filter was installed on August 31, 2024.
- **Sri Banashankari Vidya Peetha**, Bendre Nagar, Kadirenahalli Circle, Bangalore, where a water filter was also installed on August 31, 2024.

At the end of the program, students and teachers expressed their gratitude towards CHF. A total of 600 students benefited from this initiative.

Street Play at Maxus Mall –

Mumbai Suburban, Maharashtra

On 19th September 2024, a Street Play was organized at Maxus Mall, Bhayandar, Mumbai, focusing on the theme "Swachhta Hi Seva" (Cleanliness is Service). This initiative carried out in collaboration with the Mira Bhayandar Municipal Corporation, aimed to raise awareness about cleanliness, hygiene, and responsible waste disposal practices among the general public. The play was part of a broader effort to engage the community in supporting the government's Swachh Bharat Mission, which emphasizes creating cleaner public spaces and promoting civic responsibility.

The street play was well-executed by a talented group of performers who effectively conveyed the message of cleanliness and environmental stewardship through a mix of drama, humour, and engaging dialogues. The theme highlighted how individual actions, such as properly disposing of waste and reducing plastic usage, contribute to the collective well-being of society. The interactive nature of the play was intended to inspire onlookers to take personal responsibility for maintaining cleanliness in their surroundings.



HUMANITARIAN RELIEF (SDG -11,13,17) *Newsletter*



Humanitarian Relief – Andhra Pradesh and Telangana

Floods have wreaked havoc in the districts surrounding Vijayawada, Andhra Pradesh and Khammam, Telangana displacing over 450,000 individuals and leaving them without necessities such as food and shelter. In light of this disaster, the senior management of the Child Help Foundation (CHF) acted promptly, recognizing the immediate need for assistance. CHF decided to distribute substantial supplies, including 310 blankets, 200 thick bedsheets, 500 baby sleeping bags, and 6,000 sanitary pads, amounting to a total value of over ₹35 lakhs. CHF made the strategic decision to hand over the materials to Mrs. K. Vetriselvi, the Collector and District Magistrate of Eluru.

LIFE BELOW WATER (SDG 14) *Newsletter*



Beach Clean-up at Visakhapatnam, Andhra Pradesh

After the immersion of the Ganesh Idols in the water bodies, the water bodies are generally choked. It is the responsibility of every citizen to clean the water bodies, as they are the main sources of water for all living beings. CHF Vizag took this responsibility and went to the immersion sights in Vizag beaches in the morning and spent their time cleaning the beaches. Seeing our staff, many local youths also volunteered and joined the Vizag team in the cleaning activity. Coincidentally, the sanitary inspector of GVMC (Greater Visakhapatnam Municipal Corporation), Mr. Chhinna Rao was present there. He too appreciated this initiative a lot. He was there to monitor the cleaning drive at the beaches to clear the accumulated garbage due to Ganesh Visarjan in the last few days. He took the office head's phone number and said would visit our branch office.

Mega Beach Clean Up at Uttan Beach, Maharashtra

The Mega Beach Clean-Up Drive held on 21st September 2024 at Uttan Beach was organized in collaboration with the Mira Bhayandar Municipal Corporation and the Child Help Foundation. The event aimed to tackle the growing issue of coastal pollution by focusing on waste removal, raising environmental awareness, and engaging the local community. The initiative emphasized the importance of protecting the marine ecosystem and preserving the natural beauty of the beach, which has been under threat from the increasing amounts of waste and pollutants along the coastline.

A total of 122 volunteers from Child Help Foundation, comprising students from Royal College, Patkar College, and Rotidas Patil College, participated in the drive. These young volunteers were instrumental in collecting a significant amount of waste, showcasing the critical role that youth can play in environmental conservation efforts. The volunteers dedicated their time and energy to removing plastic waste, non-recyclable trash, and other pollutants that posed a danger to both the beach's aesthetic value and the marine life in the area.

LIFE BELOW WATER (SDG 14) *Newsletter*



OTHER ACTIVITIES

Newsletter

Student Orientation Visit to CHF Head Office

Child Help Foundation hosted postgraduate social work students of Sri Ramakrishna Mission Vidyalaya College of Arts and Science from Coimbatore, Tamil Nadu, to introduce the foundation and its programmes to these future thinkers. The students were oriented to programmes like Emergency Medical Support, Arogya Sadan, POSH, POCSO, and many more. It was a great learning opportunity for these students, and we hope that these students use this newfound knowledge for good in their future endeavours.

Palghar NGO Forum Meeting (WFF planning) - Maharashtra

Many attended the Palghar NGO Forum meeting to represent Child Help Foundation. The meeting was to decide the role and responsibility of the core members from the different NGOs in the Walk for Freedom event.



OTHER ACTIVITIES

Newsletter



Meeting with the Chief of the Field Office, UNICEF

On September 23rd, Mr Sunil Pandey had a productive meeting with Mr Sanjay Singh, Chief of the Field Office at UNICEF Maharashtra. They engaged in insightful discussions about potential collaboration opportunities between Child Help Foundation and UNICEF, focusing on critical issues affecting Maharashtra. The meeting served as a valuable platform to explore areas of mutual interest, particularly in education, health, and water and sanitation. Mr. Singh outlined UNICEF's strategic priorities and ongoing initiatives in Maharashtra, while Mr. Pandey presented our organization's expertise and success stories. They identified potential synergies and agreed to further explore collaborative projects, aiming to leverage each other's strengths to maximize impact.

Our Programs Newsletter



2 ZERO HUNGER



3 GOOD HEALTH AND WELL-BEING



4 QUALITY EDUCATION



5 GENDER EQUALITY



6 CLEAN WATER AND SANITATION



8 DECENT WORK AND ECONOMIC GROWTH



10 REDUCED INEQUALITIES



11 SUSTAINABLE CITIES AND COMMUNITIES



13 CLIMATE ACTION



14 LIFE BELOW WATER



15 LIFE ON LAND



17 PARTNERSHIPS FOR THE GOALS

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