



Bringing Smiles

CHILD HELP FOUNDATION

October'23 Journal



A Week of Love and Humanity

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About Us



Child Help Foundation (CHF) is a pan-India non-profit organization, registered under the Bombay Public Trust Act 1950, which started in the year 2010. We aim to accomplish the objectives set by the United Nations Sustainable Development Goals (UN SDGs) for global development. Child Help Foundation's principal purpose is to empower the disadvantaged holistically with some of our initiatives like Emergency Medical Support, Education, Clean Water and Sanitation, Gender Equality, Zero Hunger, Humanitarian Relief, and Village Development.

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A Celebration of Giving





A Celebration of Giving



From 2nd to 8th October, Child Help Foundation conducted DAAN UTSAV, as the name suggests is a celebration of giving. Throughout this week-long celebration, activities were conducted with the help of our staff, volunteers and corporate sponsors, which made the lives of underprivileged people easier and happier.

Child Help Foundation conducted activities like Notebook, T-Shirt, Baby Sleeping Sack, Nutrition Kit, Stationery Kits, Blanket and Clothes Distributions in various places. Fund Collection and Feeding Drives for animals were also conducted. A glass board was also distributed to Murbad Ashram School in Palghar, Maharashtra.

This week-long celebration of giving not only helped underprivileged families but also brightened up the days of our volunteers and staff, as seeing the smiles on their faces was heartwarming and made our volunteers feel as if they were making a difference in the world.

Speaking on the importance of Daan Utsav, Mr. Shaji Varghese (The Chief Executive Officer) said "Child Help Foundation was born out of the desire to give back to the community and uplift the impoverished. Throughout our existence, we have ensured

that the lives of the downtrodden are made easier through various means. Daan Utsav is a reflection of our core values, where we conduct a week-long celebration, in order to make the lives of the underprivileged easier. I would like to thank my staff, volunteers and our corporate sponsors for making this year's DAAN Utsav possible."

Like last year, DAAN UTSAV managed to reach the hearts of underprivileged children throughout India. Child Help Foundation would like to extend gratitude to its staff, team of volunteers and all the corporate sponsors for helping us conduct the week-long event. Without their help, this event would not have been possible. Thanks to bringing smiles to the faces of the underprivileged and helping us in fulfilling our mission.

Emergency Medical Support



Relapsed Cancer Returns To Strike Fear Once Again, Please Help Abhinay

"We thought our worst days were behind us, but this sickness refuses to die. My son bravely fought this terrible malady five years ago, and now he might have to do it all over again. Would my son ever be able to live a normal life?"-

S. Kalyani ; (Mother)

Master S. Abhinay Reddy
Acute Myeloid Leukemia

Abhinay is a boy of thirteen years old, who has lived most of his life in sickness. It was five years ago when he bravely fought cancer, and now he has to do it all over again. How difficult it is for an already weakened body to fight cancer, is something only a few of us can comprehend.

According to the doctors at Telangana's Rainbow Children's Hospital (8.6 km away from Hyderabad Railway Station), Abhinay needs to undergo a bone marrow transplant to recover from Acute Myeloid Leukemia. The cost of the treatment is coming at Rs 16,00,000/- (Rupees Sixteen Lakhs Only).

Abhinay's father, Venkat Ram Reddy, is a teacher at a private school and has immense respect in his vicinity. However, respect doesn't translate to income, and Venkat has to rely on your kindness and generosity to save his son.

Please don't let cancer claim another beautiful soul. Donate to save Abhinay and share this fundraiser with all your friends and family members.

There are many more children who need urgent treatments, and your small contributions can make a huge difference.

[Please Donate!](#)



Sanskruti
13 Years
Ewing Sarcoma



Rithi Renjith
3 Years
Leukaemia



Mohd Ahsan
4 Months
Heart Disease



Avula Amulya
11 Years
Heart Disease



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Emergency Medical Support



Baby of Sankeerthana
1 Day
Heart and Lung Complications



Shaikh Shifa Maryam
9 Months
Neuroblastoma



Bo Nivedita Dhepe
11 Days
Premature Birth Complications



Kavyanjali Kulkarni
7 Years
Heart Disease



Tanuja Naveen Kumar
2 Years
Heart Disease



Baby of Sunita
7 Days
Premature Birth Complications



Parasram
11 Years
Thalassemia



Naveen Jinkala
4 Years
Heart Disease



Anuj
8 Years
Hydrocephalus



Baby of Sandhya Rani
8 Days
Neonatal Meningitis



Baby of Aruljyothi
1 Month
Premature Birth
Complication



Lavanya D.
7 Years
Kyphoscoliosis



Shashanka
9 Years
Kyphoscoliosis



Neha Karanjkar
12 Years
Heart Disease



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Emergency Medical Support



B/o Sandhya
Infant

Premature Birth Complications



Bo Ranju
Infant

Premature Birth Complications



Sanjana Setpally
8 Years

Congenital Heart Disease



Sanisth Bisen
7 Months 23 Days

Premature Birth Complications



B/o Sneha Sukumaran
Infant

Premature Birth Complications



Twins of Pooja
3 Days

Premature Birth Complications



Twins of Preeja
27 Days

Premature Birth Complications

Success Stories



Sakshi Lagashetti

The pain of Sakshi was unlike any other. She had two holes in her heart. Her condition caused her to be underweight. Being a daughter of daily wage labourers, Sakshi's treatment seemed impossible. However, what was once deemed impossible became possible, thanks to the unwavering support of our donors.



Sanjana Chettapally

For more than eight years, ease and comfort were distant strangers for Sanjana Chettapally. She had been carrying a weak heart ever since she was born. The treatment was out of her reach, as it came with an enormous price tag. But, the donors built a bridge out of their love and compassion, which helped Sanjana to reach her life-saving treatment.



Alphonsa Biju

Walking was a distant dream for twelve-year-old Alphonsa, who suffered from Scoliosis. She longed to experience the joys of childhood which was robbed from her. Today her dream has become a reality, and she is experiencing the joys of childhood for the first time as the donors gifted her with timely treatment.



Twins of Pooja

Grief came along with the birth of Pooja's triplets. The babies were born prematurely, one of which passed away. To avoid the same fate for the remaining twins, Pooja and her husband, Sanjeev, approached Child Help Foundation. The donors showcasing unrelenting love and support, managed to save the twins from misery. Today, the babies are in the loving arms of their parents.

Success Stories



Suhani

The sight of Suhani was lost during a mere playtime. Tears rolled down her parents' eyes, as they wondered whether their daughter would ever be able to see them again. The parents placed their faith in the hands of the donors. Fortunately, the faith of parents, along with Suhani's sight was restored, as the donors helped Suhani undergo treatment.



Bo Ranju

The happiness of Ranju and her husband, Bittu was shattered when their son was born a month before the due date. The baby was snatched away from the parents' arms and placed in the NICU. The treatment came with an enormous price tag, which was beyond the means of the parents. Thankfully, the donors saved the day for the baby, who now resides in his house with his parents



Bo Shibitha

Shibitha and Visal dreamt of becoming parents for twelve years. Finally, their dreams were answered, but in a cruel way. Shibitha's twins were born prematurely during the sixth month of pregnancy. With a faint glimmer of hope, the parents approached Child Help Foundation. After the necessary verifications were done, the donors helped the twins to undergo treatment.



Bo Sandhya

Sandhya's baby boy was born with neonatal meningitis, a deadly brain infection. The baby suffered from immense weight loss and required NICU care, which was beyond the reach of the baby's parents. When all hope seemed lost, the donors of Child Help Foundation poured in like a ray of sunshine and saved the day for the little one.

Success Stories



Zainab

Pain and misery became constant companions of Zainab ever since she was born. Zainab had a weak heart and required treatment as soon as possible. But the parents' funds were dried up and required help. The help came in the form of donations and shares from Child Help Foundation's well-wishers. Today, Zainab is living a carefree life, which was only possible because of our donors.



Diya

The joys of childhood were unknown to Diya as she was suffering from an immense heart condition. The key to a carefree childhood came with the price tag of Rs 4,20,000/-, an amount which was unimaginable for the parents. When the last glimmer of hope was fading, the donors came in like a superhero for Diya and saved her from misery.



Sameer

The heart condition of Sameer made it impossible for him to stomach more than a few morsels of food. The doctors said that he needed treatment. But how were the parents supposed to raise the funds, when even daily meals were a luxury to them? Seeing no way out of the predicament, the parents made a decision to take the help of Child Help Foundation. Their trust was warranted, as Child Help Foundation helped Sameer to escape from the grasp of the disease.



Bo Deeparani

Due to some complications in pregnancy, Deeparani's baby boy had to be born before the due date. As expected, the baby was born extremely weak. Away from their arms, the parents had one simple wish; to hold their newborn baby in their arms. Their wish was granted through the love and devotion of donors, who helped the baby to undergo treatment.

Success Stories



Sanjana Joshi

Today Sanjana is living her life to the fullest extent possible. However, that was not always the case as Sanjana was diagnosed with Fanconi Anaemia and required a sibling donor transplant which was very expensive. But the cure to her disease was gifted by the donors of Child Help Foundation and the rest is history.



Bo Saranya

Mrs Saranya's journey from excitement to despair began with a heartbreaking discovery during her last pregnancy scan discovered a heart disorder in her unborn baby. Urged to have a sudden C-section, her beautiful daughter arrived with QTC Syndrome Bloodstream Sepsis. Her husband, being a Salesman and the sole provider for their family of four, found the financial burden overwhelming and approached the Child Help Foundation for help. Thanks to the generous contributions of our donors, the baby is out of danger and living a happy life with her parents.



Pradnay

What seemed to be a normal fever, turned out to be a deadly one for Pradnay, when it began to persist despite antibiotics. Pramod and Aarti found themselves consumed by worry when their ten-month-old son was diagnosed with B Cell Acute Lymphoblastic Leukemia. Having left with no other resources, the couple appealed to the donors for help. Thanks to their best wishes and donations, Pradnay's treatment was completed successfully.

Success Stories



Ritesh

The life of seventeen-year-old Ritesh took a tragic turn after a bike accident shattered his world. Instead of starting his dream business to support his family, Ritesh was diagnosed with Malignant Mesenchymal Tumor Osteosarcoma High Grade (RT) Tibia, a life-threatening cancer. The news devastated Ritesh's father, Balister who was already unemployed and burdened with loans. But with your incredible support and heartfelt donations, Ritesh is now taking steps toward reclaiming his aspirations. Your unwavering kindness has become the beacon of hope guiding Ritesh back towards his dreams and a brighter future.



Jovita Joppu

During Savitha's fifth month of pregnancy, concerns arose about her child's kidney health, leading to surgery 45 days after delivery. Yet, Jovito's struggles continued, diagnosed with hydronephrosis, his left kidney ceasing to function. Having been abandoned by her husband, Savitha was left with no income and had to rely on the kindness of neighbours and relatives to support her children. Thanks to your generosity and prayers, Jovito now enjoys a healthier life.



Bhadra

Imagine being fifteen, full of dreams and aspirations, yet grappling with a condition that twists the path of normalcy. Bhadra's dreams of aiding her father in managing their household, of simply living a self-sufficient life, seemed like distant mirages when Scoliosis, an invisible adversary, contorted her reality, bending not just her throat but also the trajectory of her life. The poignant narrative was transformed by the power of collective kindness and compassion of strangers-turned-saviors who gifted Bhadra another chance at life. The symphony of relief and gratitude now reverberates through the corridors of Bhadra's home, painting a portrait of triumph over adversity

Success Stories



Aditi

The day unfurled like any other until chaos eclipsed tranquillity. Sunil heard a piercing scream and reached out to the source only to confront a sight that tore his insides. The sight of his precious daughter, Aditi, engulfed in pain with burn marks etched a tragic tale across her body. Since that day, every moment became a testament to the aftermath of a devastating accident that robbed her of peace and replaced it with a relentless reminder of trauma. Amidst this anguish, a glimmer of hope flickered through the guidance of doctors offering a path to recovery through multiple surgeries, but it came with a hefty price tag. Sunil, a labourer pouring every ounce of strength into sustaining his family of five, has already emptied his savings into Aditi's treatment. Having no options left, he approached the donors of the Child Help Foundation for their help. Aditi's story is now woven with threads of generosity and serves as a testament to the profound impact of collective empathy.



Rohit

Imagine the gut-wrenching sight of a 10-month-old child, tiny and fragile, writhing in discomfort, his cries a haunting echo of his parents' helplessness. What should have been the cherished beginnings of Rohit's life swiftly transformed into an agonizing struggle when it was discovered that his tiny heart carried an immense burden—a disease that threatened to steal his future. In the depths of despair, Rohit's parents, Kishan and Soni Devi turned to the Child Help Foundation, clinging to a flicker of hope. And in this dire hour, that hope was not in vain. Through unwavering support, their donors and well-wishers became the guardian angels that liberated Rohit from the clutches of this merciless disease with successful open heart surgery.

Success Stories



Preethika

Ramesh Naik's heart ached for his two-year-old daughter, Preethika. Instead of the carefree laughter that should have filled her days, she had to endure relentless pain and suffering, battling Thalassemia Major. Her fragile health was hanging by a thread, dependent on regular blood transfusions that offered temporary relief from her relentless ordeal. When it felt like hope was slipping away, Ramesh bravely reached out to the Child Help Foundation, clutching at a glimmer of hope for Preethika's future. And then, through the profound generosity and boundless love of strangers-turned-donors, a miracle unfolded. After a long and painful journey, Preethika received the precious gift of a successful bone marrow transplant.



Poojashree

Poojashree's days turned into a cycle of coughing and cold since she was diagnosed with Aplastic Anemia. Once a bright student, she gradually faded into a mere shadow of her former self. Her father, Selvaraj, a hardworking daily wage driver, found himself plunged into a financial abyss when doctors prescribed a bone marrow transplant as the only lifeline for his daughter. In this bleak moment, a ray of hope emerged as donors rallied with kindness and unwavering support for this courageous teenager. Their generosity became the beacon of light guiding Poojashree towards a chance at healing and reclaiming her lost dreams.

Success Stories



Samarth

Samarth, once a vibrant and cheerful six-year-old, found his world darkened by Burkitt Lymphoma, stealing his laughter and engulfing his days in excruciating pain. His father, Akash Lakhe, toiled as a daily wage labourer, his earnings eclipsed by overwhelming expenses. Already burdened with the challenge of meeting daily needs, he had no means to rescue his son from the clutches of this ruthless disease. It is only due to the incredible generosity of the donors, Samarth's story took a turn. Their compassion and support paved the way for Samarth to receive the treatment he desperately needed.



Priya Warshi

Sachin Warshi, overwhelmed by his daughter Priya's ongoing suffering from a lockdown accident, felt her cries pierce his heart like sharp daggers. The mishap, while handling hot processed noodles, inflicted severe burns on Priya, tormenting her for years with excruciating pain and periodic fluid leaks causing fever. In the moment of despair, the donors from the Child Help Foundation emerged like a beacon of hope, bringing much-needed relief and saving the day for the twelve-year-old.



Ronit Bajaj

Sangeeta Bajaj carried the weight of her son Ronit's Thalassaemia Major, a battle that began when he was merely two months old. At fourteen, Ronit learned to shield his pain behind a facade of strength, but his silent struggles never escaped his mother's watchful eyes. Sustaining her family by stitching clothes was already difficult after her divorce, added to this was Ronit's bone marrow transplant surgery which seemed a nearly impossible task for the mother. However, the donors of the Child Help Foundation came forward and helped Ronit to undergo the crucial treatment. Today, amidst their kindness, Ronit is on his way to reclaiming a life of joy and normalcy, a testament to the immense impact of heartfelt contributions.

International School Library Month: Introducing Reading to a New Generation

The modern digital world has made readers a dying breed. Where once stood a culture of reading, now stands trends dominated by a culture of short-form content. The primary reasons for the decline in reading culture can be attributed to various factors: busy lifestyle, information overload and a general lack of interest.

A lack of interest in reading can be due to a lack of topic relevancy. This can be blamed on institutions mainly recommending age-old classics, which might not interest the child. Discussing books among friends, librarians and teachers can help students to pick a book they might find interesting.

A lack of interest in reading among the populace can have various detrimental factors, like intellectual stagnation, social isolation, reduced attention span and a narrow perspective. The loss of reading also creates a lack of empathy, which can be witnessed in modern society. The world is more divided than ever, with a sharp antagonism among people with different views being witnessed, which is exploited by various public figures to use fear-mongering and promote their own dangerous agendas.

International Association of School Librarianship celebrates October as International School Library Month. It is an annual celebration of school libraries worldwide, and the role they play in helping the development of students. The theme for this year is "The School Library: My Happy Place Where Creativity and Imagination Flourish."

In this article, we will look at why reading is important and as a bonus, we will include some recommendations for teenagers and children alike to read:

Strengthens Your Brain

A study conducted by Gregory S. Berns, Kristina Blaine, Michael J. Prietula, and Brandon E. Pye of Emory University, used MRI scans to measure the effect of reading a novel on the brain. It was found that as the story progressed and tension arose, more areas of the brain lit up with activity. Doctors at Cleveland Clinic, also recommend reading to children in their infancy. Reading to babies helps to boost language skills, increases bonding and leads to emotional development and academic success.

Increases Empathy

Reading about the experiences of characters makes you receptive to their feelings and pain. This was even confirmed by David Comer Kidd and Emanuele Castano of The New School for Social Research. This ability is called 'Theory of Mind', a set of skills vital for building, navigating and maintaining social relationships.

For example, A person with negative perceptions of mental health might learn to empathise with people suffering from them, after reading about a character suffering from them. Reading about a character with mental illness will help the reader to understand the emotional turmoil they are going through. Similar feelings and empathy can be felt while reading about characters belonging to different races, cultures, and genders.

Maintains Cognitive Health Even in Aging Populations

To keep your mind active and engaged as you grow older, reading has been recommended by National Institute on Aging. A study in 2013 by Rush University Medical Centre also confirmed that people engaged in mentally

[Read More ...](#)

Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• Session on World Mental Health Day, Ashram Schools in Maharashtra

Child Help Foundation celebrated World Mental Health Day on 10th October 2023 by creating awareness among the students from ten ashram schools where Child Help Foundation is implementing the School Health Project. Through the awareness sessions, a total of 1,715 students were sensitized by counsellors from ten ashram schools. Apart from conducting awareness sessions, some video clips were also shown to the students to get proper knowledge of the subject. The sessions included a quiz competition and gifts were distributed to the winners from the participants.

In Talwada Ashram Schol, a Psychiatrist from Sub District Hospital, Jawhar, Maharashtra was invited as chief guest to conduct a session on mental health. Students from the higher secondary section performed two skits which were based on mental health at the event.



Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

Update of Baby Feeding Centres

Child Help Foundation visited Baby Feeding Centres (BFCs) in Pune, Palghar, Boisar, Kalyan, and Kurla Railway Stations and JJ Hospital, Cama Hospital, St. George's Hospital, Urban Health Centre Hospital, Kashmirira Police Station in Maharashtra, BFCs in Chottanikkara Temple, General Hospital and Lakeshore Hospital, in Kerala, Atal Bihari Vajpayee and C. V Raman Hospital in Bengaluru, Karnataka, BFCs in Katihar Railway Station, Bihar and New Jalpaiguri Railway Station, West Bengal and Egmore Medical Hospital, Tamil Nadu, throughout the month of October to take updates. All BFCs were found to be well-maintained and hygienic. A brand new BFC was also inaugurated at Vizag Rly Station, Andhra Pradesh on 20th October, 2023.



Palghar Railway Station
Maharashtra



Boisar Railways Station
Maharashtra



Kashimira Police Station
Maharashtra



Kalyan Railway Station
Maharashtra



Kurla Railway Station
Maharashtra



Pune Railways station
Maharashtra

Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

Update of Baby Feeding Centres



Urban Health Centre
Maharashtra



Cama and Alless Hospital
Maharashtra



Sir J.J. Hospital
Maharashtra



St. George's Hospital
Maharashtra



Katihar Railway Station
Bihar



New Jalpaiguri Railway Station
West Bengal



C. V Raman Hospital
Karnataka



C. V Raman Hospital
Karnataka



Atal Bihari Vajpayee
Karnataka

Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

Update of Baby Feeding Centres



Chottanikkara Temple
Kerala



General Hospital
Kerala



Lakeshore Hospital
Kerala



Chennai
Tamil Nadu



Egmore Medical Hospital, Tamil Nadu



Vizag Rly Station, Andhra Pradesh

Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• A Visit to Palghar Civil Hospital, Maharashtra

On 5th October, 2023, Ms. Jyoti, Mr. Shashibhushan and a contractor visited the Palghar Civil Hospital in Maharashtra. The place for constructing the BFC was again visited and finalized in the meeting.



• Site Survey at Satara Civil Hospital, Maharashtra

On 20th October, Mr Shashibhushan visited the Civil Hospital, Satara, Maharashtra along with a representative from IDBI Trusteeship Services Ltd. They met the Civil Surgeon and the MSW Mr. Gaur and finalized the place for the BFC installation



• Permission and visits for installing New BFCs in Maharashtra

Child Help Foundation is in the process of approaching BMC hospitals to get permissions for the installation of Baby Feeding Centres and finalizing the place for the centre. A total of 26 hospitals in Mumbai, Maharashtra were finalized. Ms. Chris and Ms. Jyoti visited the following hospitals during the month of October:

1. Cooper Hospital (Vile Parle)
2. Topiwala Hospital (Goregaon)
3. SK Patil Hospital (Malad)
4. M W Desai Hospital (Malad)
5. VN Desai Hospital (Santacruz)
6. Muktabai Hospital, Ghatkopar.
7. KEM Hospital
8. Lokmanya Tilak Hospital.



Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• Preparation visit to Indira Nagar, Ghatkopar, Maharashtra

On 19th October, Ms. Jyoti met the ICDS Officer Mr. Shinde and gave him the letter to seek permission for the distribution of baby sacks with the help of Anganwadi workers.

• BABY SLEEPING SACK DISTRIBUTION

The baby sack distribution, titled 'Sleeping Sack Kiddie Comforts', is a comfortable sleeping sack for children of 6 months to 2 years, where the material is made from comfortable as well as baby-friendly in terms of dryness and cleanliness. These baby sacks are to be distributed among the less privileged masses to help their children during the various seasons keeping them comfortable and warm. The baby sacks were distributed in Bengaluru (Karnataka), Kolkata (West Bengal), Visakhapatnam (Andhra Pradesh), Mumbai (Maharashtra), Pithanwas Anganwadi (Haryana), Thane (Maharashtra), Kollam (Kerala), Rewari (Haryana) and Indira Nagar (Maharashtra).



Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING



Bengaluru, Karnataka



Visakhapatnam, Andhra Pradesh



Mumbai, Maharashtra



Thane, Maharashtra

• Arogya Sadan

Arogya Sadan (Child Help and Care Centre) serves as an essential facility to provide care, support, and safe environment for children living with various types of diseases and disorders. Arogya Sadan provides Free Accommodation, Free Food (Nutrition), Free Transportation, Hygiene and Sanitation, Psychosocial Support, Non-Formal Education Services, and Recreational facilities to the paediatric patient and their families.



Monthly Highlights

SDG4: QUALITY EDUCATION

• Inauguration Ceremony of Science Festival – Daspalla, Odisha

In a joint effort with The Enabler Foundation, Child Help Foundation organized a Science Festival in Daspalla, Odisha. The festival's primary focus was on promoting education in astronomy, robotics, and drone technology among students. Giving them different perspectives towards using these technologies in their life and exploring beyond their horizon.

Over 1,300 students representing various schools in the region across Daspalla, enthusiastically participated in an engaging astronomy show. The basics of astronomy and how it has changed the lives of every individual were explained. Giving them a glimpse of the latest technology and a recent project of ISRO called Chandrayan-III. This Project tried to give them a realistic outlook of how Vikram Lander landed, how the rover detached from it, the purpose of these missions and how it will affect our research in India.

The Students had the opportunity to hold robots in their hands and understand every component. In addition to robotics, students also had the chance to experience the excitement of drone technology. The event received significant recognition and support from the Daspalla Department officer and his team from the Ministry of Education.

Overall Impact: The event not only brought educational opportunities to the forefront but also inspired and motivated students of Dasapalla, Odisha to explore the fascinating worlds of astronomy and technology. It served as a bridge between traditional education and modern technology, paving the way for future innovators and learners.

Outcome:

- This project inspired over 1300 students who attended the event. Many expressed a new-found passion for the subject and a desire to explore it further.
- The event successfully raised awareness about the environmental impacts of traditional oil-burning diyas, we tried to promote a shift towards eco-friendly alternatives through the means of technology.



Monthly Highlights

SDG4: QUALITY EDUCATION

• International Girl Child Day Celebration at Sakhare Ashram School, Maharashtra

On 11th October, International Girl Child Day was celebrated at Sakhare Ashram school, Palghar, Maharashtra. The event was organized under Mini Science Centre project which is supported by Samata Equal Footing. The teachers of the school provided guidance on the day. They spoke about the importance of educating the girls, empowering them, also providing equal opportunities to the girls. They motivated female students through their speeches. The program was attended by both girls and boys. Students were very happy to attend the program and gave us a good feedback.



• Awareness session on Mental Health at Wangani Ashram School, Palghar, Maharashtra

On 27th October, an awareness session was organized for the 8th, 9th and 10th standard students from Wangani Ashram School, Palghar. The program was organized under Mini Science Centre project which is supported by Samata Equal Footing. Mr Nitin Pawar, a psychologist, was invited to conduct the session. He explained about the concept of balanced mental health, disturbed mind, mental disorders and what to do when mental health issues occur. He took the session in a very humorous way and through activities. The concept of mental health was clarified. Students participated in the activities and enjoyed the session.



Monthly Highlights

SDG4: QUALITY EDUCATION

• Mini Science Centre Project – Patna, Bihar

The Mini Science Centre project is being implemented at M S Maur and M S Koyaribigha School, Barbigha, Bihar. The project is supported by National Fertilizers Limited. Lessons of Science and Mathematics were regularly conducted with the help of the models provided under the Mini Science Centre. The students enjoy learning Science & Mathematics and are very eager to attend these classes. Students enjoy the classes under MSC and prepare the models themselves.



• Child Care Institute – CCI

The following events were organized in the respective organizations:

1. Birthday Celebrations – Needs Charitable Trust, Bengaluru, Karnataka
2. Hygiene Awareness Session – Needs Charitable Trust, Bengaluru, Karnataka
3. Drawing Competition – Needs Charitable Trust, Bengaluru, Karnataka
4. Yoga Activity – Special School of Joy, in Kadma, Jharkhand.
5. Cleaning Activity – Charis Foundation, Thirumullaivoyal, Chennai, Tamil Nadu.
6. Physical Exercise – Special School of Joy, in Kadma, Jharkhand.
7. Visit to Science Exhibition – Saraswati Anath Shikshan Ashram, Pune, Maharashtra.
8. Sardar Vallabhai Patel Anniversary Celebration – Saraswati Anath Shikshan Ashram in Pune, Maharashtra.
9. Gandhi Jayanti Celebration – Ashraya (Handicapped Welfare Organization), Dumuduma, H.B. Colony, Bhubaneswar, Odisha.
10. Gandhi Jayanti Celebration – Ashraya (Handicapped Welfare Organization), Dumuduma, H.B. Colony, Bhubaneswar, Odisha.
11. Eye Camp – Ashraya (Handicapped Welfare Organization), Dumuduma, H.B. Colony, Bhubaneswar, Odisha.
12. Cleaning Activity – Khirod Basini Kanya Ashram, Katada, Angul, Odisha
13. Essay and Debate Competition – Koel Saraswati, in Katada, Angul, Odisha.
14. Gandhi Jayanti Celebration – Koel Saraswati, in Katada, Angul, Odisha.

Monthly Highlights

SDG4: QUALITY EDUCATION

• Child Care Institute – CCI



Monthly Highlights

SDG2: ZERO HUNGER

• Roti Ghar

Child Help Foundation in collaboration with Roti Ghar provided cooked food to 1800 children in Mumbai and Thane (Maharashtra), Delhi, Bengaluru (Karnataka), Odisha, and Hyderabad (Telangana). Child Help Foundation's main aim is to provide food to needy children and make their future brighter and better by providing nourishing meals and taking care of their health so they can know the importance of food. No child will go to bed hungry in this world.



SDG 5: Gender Equality

• Training on POSH – Bandra Kurla Complex, Maharashtra

On 23rd October, 2023, Sessions on POSH were conducted by a Child Help Foundation team member Meena Lokhande for the employees of Oldendorff at Bandra Kurla Complex, Mumbai, Maharashtra. The provisions of POSH ACT were elaborated in the session. Formation of the committee, Cases of POSH, Gender Equality and Responsibilities of Head were discussed.

• POSH Sessions – Oilmax Energy Pvt Ltd, Maharashtra

A session on POSH was conducted for the staff of Oilmax Energy Pvt Ltd. The provisions of the POSH ACT were elaborated during the session. Formation of the committee, Cases of POSH, Gender Equality and Responsibilities of Head were discussed.



Monthly Highlights

SDG 5: Gender Equality

• TOT (training of trainers) on POSH-POCSO - Kawale, Maharashtra

On 18th October, the TOT was organized with the participation of the school staff from Kawale Ashram School in Kawale, Maharashtra. Teachers, the male and female superintendents attended the session. The training was conducted by the counsellor from the School Health Project. In the beginning, the POCSO subject was discussed through a ppt presentation. She explained each section of the law by adding examples. The discussion helped the participants to know the types of misconduct which are punishable offences and understand the legal process and child protection. The trainer also asked some questions during the discussion to ensure that the participants understood clearly.

Then the POSH training was conducted by the trainer. The discussion helped to make participants realize this law is significant to prevent any misbehave or sexual harassment of women at the workplace. She shared a lot of personal experiences and examples which were highlighted by the media and got publicity. Also, she made her session interactive by sharing the history of cases committed by famous celebrities and well-known personalities from sectors such as corporate, media and cinema.

The discussion helped the participants to realize how this law is significant in preventing any misbehaviour or sexual harassment of women at the workplace.



• School/Colleges/Communities Visitation for IGP - Maharashtra

Child Help Foundation members Ms. Ria, Mr. Anna Rao Sir and Ms. Priyanka Jadhav had pitched together 65 schools/colleges and corporate institutes to seek permission from IGP to conduct the awareness sessions on female gendercide. A total of 41 schools/colleges/communities had been reached for the month of Oct 2023.

Monthly Highlights

SDG 5: Gender Equality

Schools/Colleges/Communities visitation for IGP- Maharashtra

In total 41 Schools/colleges/communities from Mumbai and Palghar in Maharashtra had been pitched by Child Help Foundation team members Priyanka, Ria and Annarao for the month of Oct 2023. Total 4 sessions have been conducted by Anna Rao and 2 sessions including 1 campaign rally at Guhir Village, Palghar, Maharashtra by Ria Noronha and 2 sessions and 1 Campaign by Priyanka at Guhir Village, Palghar.

Listed below are the schools where the IGP sessions have been conducted for the month of Oct 2023:

1. Parle Tilak School, Mumbai
2. Swami Vivekanand High School, Mumbai
3. Oxford English High School, Mumbai
4. ITI Vikramgad, Palghar
5. ITI Wada, Palghar
6. Sathaye College, Mumbai
7. Dolari Gram Panchayat, Palghar
8. Community Program with Asha Worker, Mumbai
9. IGP Campaign Program, Palghar
10. IGP Campaign Rally Program, Palghar



Highlights of the Month:

IGP Campaign had been launched at Guhir and Galtare Villages, Palghar, Maharashtra where women's issues and child marriage had been the key issues addressed.

Priyanka alongside Annarao and Ria has been conducting sessions too.

There was a Rally held at Guhir, Palghar Maharashtra for the IGP Campaign and we had a total of 90 participants in the event to stop child marriage.

There were 100 participants who we reached out to on the first day of the IGP Campaign when it started.

We also received an Appreciation Letter from the Gramsevika and the respected Panchayati Members of Guhir Gram Panchayat, Palghar, Maharashtra.



Monthly Highlights

SDG 5: Gender Equality

Adolescent Reproductive and Sexual Health – Ashram School, Maharashtra

The Adolescent Reproductive and Sexual Health (ARSH) project aims to address the critical issues of sexual and reproductive health among adolescent girls, specifically focusing on the challenges of child marriage and the lack of proper education on menstrual hygiene. By providing comprehensive SRH education, raising awareness about menstrual hygiene, and advocating for an end to child marriage, the project aims to empower adolescent girls with the knowledge and resources necessary to make informed decisions, protect their rights, and lead healthy lives.

The following activities have been conducted:

1. ARSH Awareness Session with Adolescent Girls
2. Formation of Kishori Group
3. Awareness Sessions with Teachers



Monthly Highlights

SDG 13: HUMANITARIAN RELIEF

● Choco Pie Distribution – Mumbai, Maharashtra

Students from Chetana College, Mumbai, Maharashtra wanted to distribute Lotte Choco Pie to the children and wanted to interact with children from the underprivileged community. On 16th October, they were taken to the Mashacha pada community for the event. The students distributed the eatables and then they had some dance and singing activities with the children.

● Snack Distribution

Mr. Harom Agarwal, a senior citizen, wanted to distribute snacks to children on the day of his Late wife's death anniversary. His grandson approached Child Help Foundation to help them in finding the underprivileged children from the community. 100 children from Kashigaon, Maharashtra were distributed dry snacks on 28th October, from Mashacha pada. The children and mothers were happy to receive the food and thanked CHF.



● Village Cleaning – Sahapur, Odisha

Every Sunday, Village cleaning activity was done by the 10-15 volunteers of Hemchandra Sanskrit Vidyalaya at the Village Sahapur, Odisha. Community and temple places were cleaned by volunteers and proper instructions were given to villagers to keep their areas clean and tidy. Through this activity, they learned to clean the premises of the village and also motivated others.



Monthly Highlights

SDG 14: Life Below Water

• Beach Cleaning – Velankanni Beach, Maharashtra

On October 1st, 2023, Ms. Pranisha Lopes, representing the Child Help Foundation, led a successful beach cleaning activity at Velankanni Beach in Maharashtra. This noble endeavour attracted the participation of a total of 13 dedicated volunteers. Together, they worked tirelessly to clean up and preserve the beauty of Velankanni Beach, contributing to a cleaner and more sustainable environment for all to enjoy. Such community-driven initiatives play a vital role in protecting our natural resources and promoting environmental awareness. This had a positive impact on our environment.



Other Activities:

• Visit to National Art Gallery, Mumbai, Maharashtra

Students from Mumbai suburban visited the National Art Gallery on the occasion of Gandhi Jayanti and participated in the Gandhi Parv Activity.



Monthly Highlights

Other Activities:

- Daan Utsav**



Monthly Highlights

Other Activities:

• **A Place for the Ration Distribution with Transgenders**

On 5th October, CHF member, Ms Jyoti visited Santosh Nagar, Nallasopara, Maharashtra. She met the leader of the transgender group. She was also shown the place for the distribution of the Ration kit to the Transgender group. She finalized a shop for the purchase of the ration.



• **Charity Partner with the Social Charity Wing Aasha of IIT Bombay E CELL, Maharashtra**

On 14th October, Child Help Foundation partnered with IIT Bombay Entrepreneur E Cell. At an event in Mumbai, Maharashtra, the group of invitees appreciated the work done by Child Help Foundation. Among the donations received, one donor donated Rs. 25,000 on the spot. We are now empanelled as Charity Partners with the Social Charity Wing Aasha of IIT Bombay E CELL.



Monthly Highlights

Other Activities:

• Activity at SIES College, Nerul, New Mumbai, Maharashtra

The event commenced with an opening address, followed by a presentation explaining the rules and problem statements. Students of SIES College were organized into teams and had two hours to brainstorm, create a presentation, and propose solutions using technology. The event concluded with each team presenting their ideas, followed by feedback and evaluations.

Students demonstrated remarkable creativity and problem-solving skills, showcasing their potential in addressing social issues.

The event successfully fostered a spirit of innovation, with numerous fresh and brilliant ideas emerging.

Recommendations for future events include extending the duration of idea development to encourage more comprehensive solutions and organizing workshops to help students refine their technology integration skills.

Collaboration between industry experts, mentors, and students is essential to bridge the gap between academia and real-world problem-solving.

Child Help Foundation Representation: Valuable insights and feedback from mentors, including Chris Shenoy and Deepika Rathod, enriched the students' learning experience.

Meena Lee's judging expertise ensured fairness and accuracy in evaluating the presentations.



Monthly Highlights

Other Activities:

AWARDS AND APPRECIATION CERTIFICATION

- **Child Help Foundation awarded for supporting less privileged children by Paras Hospital, Haryana**

On "World Heart Day i.e. on 2nd October, Child Help Foundation received an award for supporting less privileged children. The award was given by Haryana's Paras Hospital. The award was received by Mr Jugender Singh (Trustee, Child Help Foundation) on behalf of Child Help Foundation.



- **Child Help Foundation has been awarded as The Most Impactful NGO of the Year**

On 9th October, Child Help Foundation was awarded as The Most Impactful NGO of the year. The award was given away in the CSR Awards Ceremony in New Delhi. The award was received by Mr Pathak (Founding Trustee) and Mr Jiji John (Executive Director)



Monthly Highlights

Other Activities:

• Recognition Child Help Foundation as a Partner NGO

On 16th October, Kokilaben Dhirubhai Ambani Hospital and Medical Research Institute recognized Child Help Foundation as a Partner NGO for our support to Thalassemia Patients. We have started a project "Arogya Sadan" to support Thalassemia Patients' stay along with their families, as well as food and transportation during the treatment in Kokilaben Hospital in Mumbai, Maharashtra. This Event was attended by Ms. Jasmine Majithia (85-year-old dynamic personality who wants to save the lives of Thalassemia Patients), Mr. Rajnish Seth (DGP of Police, Maharashtra), Santosh Shetty (CEO, Kokilaben Hospital), Mr. Patrick Paul (CEO, DKMS BMST Foundation India), Dr. Santanu Sen (Consultant, Pediatric Hematology, Oncology and Stem Cell Transplantation) and other dignitaries. This event was conducted on World Marrow Donor Day.



Our Programs



2 ZERO HUNGER



3 GOOD HEALTH AND WELL-BEING



4 QUALITY EDUCATION



5 GENDER EQUALITY



6 CLEAN WATER AND SANITATION



8 DECENT WORK AND ECONOMIC GROWTH

10 REDUCED INEQUALITIES



11 SUSTAINABLE CITIES AND COMMUNITIES



13 CLIMATE ACTION



14 LIFE BELOW WATER



15 LIFE ON LAND



17 PARTNERSHIPS FOR THE GOALS

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