

# NEWSLETTER

CHILD HELP FOUNDATION

March'25 Journal



## International Women's Day Celebrated Throughout India!



### Inauguration of Ophthalmic Surgical Microscope

Sir C.V. Raman General Hospital, Bengaluru, Karnataka

On March 28th, an impactful inaugural program was held at Sir C.V. Raman General Hospital. With the generous support of Anthology, Essae, and Mr. Mukesh Kumar, Child Help Foundation successfully installed an Ophthalmic

Surgical Microscope at the hospital. This initiative is expected to benefit an average of 10 patients per day, significantly enhancing the quality of eye care services provided.

## About Us



Child Help Foundation (CHF) is a pan-India non-profit organization, registered under the Bombay Public Trust Act 1950, which started in the year 2010. We aim to accomplish the objectives set by the United Nations Sustainable Development Goals (UN SDGs) for global development. Child Help Foundation's principal purpose is to empower the disadvantaged holistically with some of our initiatives like Emergency Medical Support, Education, Clean Water and Sanitation, Gender Equality, Zero Hunger, Humanitarian Relief, and Village Development.



## International Women's Day Celebrated Throughout India!



## International Women's Day Celebrated Throughout India!

Child Help Foundation (CHF), a pan-India non-profit organization committed to uplifting underprivileged communities, commemorated International Women's Day 2025 with a series of meaningful initiatives across Maharashtra and Kerala. Each activity was thoughtfully curated to honor the spirit of womanhood and promote awareness around gender equality, mental well-being, and holistic community development.

In Kamlesh Nagar, Mumbai Suburban, a vibrant community celebration was organized for around 100 women and girls, many of whom are domestic helpers. The event began with an inspiring speech by Ms. Jyoti on the importance of Women's Day and the need for women to value and uplift themselves. This was followed by an enlightening talk by Ms. Sujata on gender equality, where she encouraged women to know their rights and seek equal opportunities. As part of the initiative, sanitary napkins were distributed to 70 women and girls, promoting menstrual hygiene awareness. A respected woman leader from the community was also felicitated for her ongoing contributions, adding a powerful note of recognition to the event. The celebration concluded with the distribution of small gifts and snacks, creating an atmosphere of warmth and joy.

At Nirmala Mata School in Vasai, CHF was invited to conduct a parenting session as part of the school's Women's Day program. With over 200 enthusiastic parents in attendance, the session focused on the theme of parenting, especially the importance of raising daughters in today's fast-evolving world. The talk empowered parents with tools, values, and perspectives needed to foster gender-neutral homes and raise confident, resilient girls.

Recognizing the mental health challenges faced by law enforcement personnel, CHF conducted a Mental Health Awareness Session at Bolinj Police Station in Virar,

Maharashtra. The session saw participation from 20 officers and addressed the critical need for mental well-being amidst the pressures of police duty. Practical strategies to manage stress and emotional resilience were discussed, reinforcing CHF's commitment to supporting those who serve and protect society.

Meanwhile, in Kerala, CHF marked the occasion with a thoughtful distribution drive at Malayala Manorama Daily's Ernakulam Edition office. Bedsheets and pillow covers were distributed as a gesture of care and appreciation, bringing comfort to the recipients while upholding the essence of Women's Day—respect, dignity, and kindness.

Speaking about the occasion, Mr. Shaji Varghese, Chief Executive Officer of Child Help Foundation, said:

"International Women's Day is not just a celebration—it's a call to action. At Child Help Foundation, we believe in creating sustainable change by uplifting women and equipping communities with the tools to thrive. From grassroots outreach to institutional engagement, every initiative this Women's Day was a step toward a more inclusive and empowered society. We invite individuals, organizations, and partners to join us in this mission—because when we empower women, we strengthen the future of our nation."

These diverse and impactful initiatives reflect CHF's continued dedication to advancing gender equality, community health, and empowerment across India.





## Emergency Medical Support



**Arnav Kumar, 9 Years**  
Blood Cancer

### Leukemia Is Stealing Little Arnav's Life, Please Save Him

Nine-year-old Arnav Kumar from Alappuzha, Kerala, should be spending his days playing, learning, and dreaming about his future. But instead, he has been battling for his life since the tender age of three and a half. Diagnosed with B-cell Acute Lymphoblastic Leukemia (B-ALL), Arnav's childhood has been filled

with hospital visits, painful chemotherapy sessions, and unimaginable struggles.

Now, doctors at Kerala's Believers Church Medical College Hospital (1 km from Thiruvalla Railway Station) have given his family a ray of hope. An Allogenic Stem Cell Transplant could save his life. But the cost of the procedure is

Rs. 40 00,000/- (Rupees Forty Lakh Only), an amount far beyond the reach of his father.

Sanoj Kumar is an electrician by profession who works tirelessly to provide for his family. Despite pouring his life savings into Arnav's treatment, Sanoj is still far from raising the required amount. Relatives have stepped in to help, but it's not enough. Time is running out, and Arnav needs your help.

Your kindness can give this little boy a second chance at life. If you are unable to donate, please share this appeal with your friends and family.

**There are many more children who need urgent treatments, and your small contributions can make a huge difference. [Please Donate!](#)**



**Krushna Tharkude, 2 Years**  
Heart Disease



**Shivansh Nale, 1 Year**  
Blood Cancer

## Emergency Medical Support



**Baby of Amish Kumari, 11 Days**  
Premature Birth Complications.



**Ishika Paramanik, 1 Year 4 Months**  
Liver Cancer



**Trishul Patil, 2 Years**  
Kidney Disease



**Aaref Khan, 10 Years**  
Complex Heart Disease



**Suhana Shah, 6 Years 2 Months**  
Complex Heart Disease



**Muhammed Aflah, 10 Years**  
Blood Cancer

## Emergency Medical Support



**Baby of Saba Anwar Shaikh, 14 Days**  
Respiratory Distress



**Arsalan Shaikh, 9 Years 7 Months**  
Heart Disease



**Nisha & Nidhi, 16 and 14 Years**  
Congenital Syndromic Scoliosis



**Juwal Shaiju, 8 Years**  
Probable Autoimmune Neuropathy



## Success Stories



**Ali Shaikh**

The joys of childhood were unknown to the two-year-old Ali Shaikh. He had a painful heart condition that caused him horrific symptoms. His father didn't have the means to pay for the expensive medical procedure and had to approach Child Help Foundation. The donors then showed their support and saved him from misfortune.



**Baby of Iffat**

Iffat and Ayaj were horrified when they found out that their baby was going to be delivered prematurely. The child wasn't welcomed with celebrations but prayers for the worst. Luckily, they had donors from Child Help Foundation by their side who saved the little angel.



**Baby of Shivani**

Thanks to the generous support of kind-hearted donors, Shivani and Ajit's little warrior successfully underwent the life-saving surgery he desperately needed. After weeks of intensive care at Narayana Mother & Child Care Centre, he made a remarkable recovery and was finally discharged, cradled in the loving arms of his parents. Overwhelmed with gratitude, Ajit expressed his heartfelt thanks to everyone who stood by them in their darkest hour. Today, their baby boy is thriving, a true testament to the power of compassion and community.



## Success Stories



**G Amar**

G Amar's world was turned upside down by Fanconi Anaemia, a rare and life-threatening condition. His parents, Thrimurthulu and Mani, fought tirelessly to secure his treatment, but the cost was beyond their means. Thanks to the generosity of donors, Amar received a life-saving bone marrow transplant. Today, he is on his way to recovery, ready to embrace childhood once again. Your kindness gave him a second chance—thank you!



**Maheshwari Nandkuntiwari**

Born with a heart condition, Maheshwari's journey was filled with struggles. Despite her illness, she held onto her dream of becoming a doctor. With the support of our generous donors, she underwent a successful VSD Surgical Closure. Today, Maheshwari is recovering well, ready to chase her dreams with a healthy heart. Your kindness made this possible—thank you for giving her a second chance at life!



**Samiksha Chavan**

Samiksha, a bright and kind-hearted girl from Kolhapur, was diagnosed with Ewing's Sarcoma after a small wound on her leg turned into a life-altering battle. Despite the pain and challenges, her spirit remained unshaken. With the generous support of donors, she received the surgery she urgently needed. Today, she is on the road to recovery, holding on to her dreams of becoming a teacher. Thank you for giving her hope and a second chance at life.

## Success Stories



**Shravani Ghuge**

Thanks to the generous support of donors, Shravani Ghuge, an 8-year-old girl from Maharashtra, has successfully undergone the life-saving VSD surgical closure. After months of battling her heart condition, Shravani is now on the road to recovery. Her family is incredibly grateful for the support that made this possible. With a bright future ahead, Shravani can now look forward to a life full of hope and opportunities. Thank you to all those who contributed to making this miracle happen.



**Suhana Shah**

Suhana Shah, a brave and resilient child from Aloka, Maharashtra, was battling a severe heart disease that brought intense fever, cold, and relentless coughs. Despite the hardships, her determination never wavered. With the generous support of donors, she received the life-saving heart surgery she urgently needed. Today, she is on the path to recovery, filled with hope and dreams for the future.



**Baby of Anusha**

Diagnosed with Severe Hyaline Membrane Disease, Anusha's baby struggled to breathe, making every moment a battle for survival. He urgently needed mechanical ventilation and surfactant treatment to give him a chance at life. In their darkest hour, Anusha and Rajesh turned to Child Help Foundation. With unwavering love and support, their precious baby received the critical care he needed. Anusha and Rajesh will forever carry gratitude in their hearts for the generosity that saved their son. Thank you for being the light in their time of need.

## Success Stories



**Muhammed Shiras**

Muhammed Shiras, a brave and determined 15-year-old, has been fighting a relentless battle against cancer. Endless chemotherapy sessions drained his strength, replacing the joy of his childhood with pain and uncertainty. With the support of kind-hearted donors, Shiras embarked on a gruelling journey, five more rounds of chemotherapy and a year-long treatment plan. Thank you for standing by him and giving him the strength to keep fighting.



**Devanand**

Devanand, a bright 10-year-old from Kerala, was diagnosed with T-acute Lymphoblastic Leukemia. The road ahead was daunting, requiring three and a half years of chemotherapy at Aster MIMS Hospital-Kozhikode. Through the pain and uncertainty, Devanand fought with incredible strength, never giving up hope. And thanks to the unwavering support of kind-hearted donors of Child Help Foundation and the relentless care of his doctors, he made a remarkable recovery. With tears of gratitude, his father, Manoj, expressed his deepest thanks to everyone who stood by them in their darkest hour.



# Women in Rural Areas: Challenges & Success Stories

Women in rural areas across the world face unique challenges that often go unnoticed. Despite significant progress in gender equality, rural women continue to struggle with issues such as limited access to education, healthcare, economic opportunities, and social mobility. However, many women have defied these obstacles and emerged as beacons of hope, transforming not only their lives but also their communities.

## Challenges Faced by Women in Rural Areas

### 1. Limited Access to Education

Education remains a distant dream for many rural girls due to socioeconomic barriers, gender discrimination, and inadequate schooling facilities. Families often prioritise boys' education over girls', leading to high dropout rates among young girls.

### 2. Healthcare Disparities

Rural women often lack access to basic healthcare services, including maternal and reproductive health services. Poor infrastructure, long travel distances to medical facilities, and a shortage of healthcare professionals exacerbate this issue, resulting in high maternal and infant mortality rates.

### 3. Economic Dependence

Many rural women are confined to unpaid domestic labour or agricultural work without financial independence. Limited access to credit, land ownership restrictions, and gender pay gaps hinder their ability to break free from poverty.

### 4. Social and Cultural Constraints

Deep-rooted patriarchal norms continue to suppress women's rights and voices in many rural communities. Issues such as early marriage, domestic violence, and restricted mobility further hinder their progress.

## Success Stories: Inspiring Rural Women

Despite these challenges, countless rural women have demonstrated remarkable resilience and determination, proving that change is possible.

### 1. Kalpana Saroj – From Poverty to Entrepreneurship

Kalpana Saroj, often referred to as the “original slumdog millionaire,” was born into a Dalit family in rural Maharashtra, India. Facing early marriage, domestic abuse, and extreme poverty, she took control of her life and became a successful entrepreneur. Today, she leads a multi-million-pound business, inspiring thousands of rural women to pursue financial independence.

### 2. Rebecca Lolosoli – Championing Women's Rights in Kenya

Rebecca Lolosoli, a Kenyan women's rights activist, established the Umoja Uaso Women's Village, a sanctuary for women escaping gender-based violence. This self-sustaining village empowers women through handicrafts

[Read More](#)


# GOOD HEALTH AND WELL-BEING (SDG-3)

## School Health Program

Vikramgad, Palghar District, Maharashtra

The School Health Program focuses on a range of physical and mental health activities, including student health screenings, illness treatment, and capacity building for students and teachers through awareness sessions and counselling activities. The program is implemented in fourteen schools in the Vikramgad block of Palghar district of Maharashtra, benefiting over ten thousand underprivileged tribal students. Additionally, special days and events are celebrated in these schools to engage students and teachers in raising awareness on relevant topics such as World Mental Health Day and other topics such as anxiety, fear of exams, and sexual and reproductive health.

In March, the following activities were implemented:

Child Help Foundation conducted 30 health camps across 14 schools, screening 1,200 students and updating their health records. During these camps, doctors treated 930 illness cases and provided necessary medications.

In addition, 38 awareness sessions were organized for 1,115 students, covering essential topics such as personal hygiene, sexual and reproductive health, peer

pressure, POSH & POCSO, anaemia, nutrition, menstrual health, and hygiene.

To support mental well-being, 18 mental health sessions were held, benefitting 1,677 students. The sessions focused on learning disorders, mental wellness, goal setting, personality development, problem-solving, and building self-esteem.



## Arogya Sadan

Mumbai, Maharashtra

Arogya Sadan is a facility dedicated to supporting patients undergoing Bone Marrow Transplants (BMT) and their families by providing accommodation and care during their treatment period.

### Arogya Sadan – Beneficiaries Details

<b>1. Master Narayan Thakur</b>	BMT Failed – Returned to their home
<b>2. Master Aryan Kumar</b>	Transplant Cancel – Platelet Increase
<b>3. Master Aarav Kumar</b>	BMT Done – Case Completed Successfully
<b>4. Miss Aradhya Kumari</b>	BMT Done – Case Completed Successfully
<b>5. Master Aman Ahirwar</b>	BMT Done – Case Completed Successfully
<b>6. Master Vikrant Thakur</b>	BMT Done – Case Completed Successfully
<b>7. Master Amit Kumar</b>	BMT Failed – Returned to their home
<b>8. Master Abhishek Kumar</b>	BMT Done – Case Completed Successfully
<b>9. Master Akash Kumar</b>	Transplant Cancel – Liver Enlarged
<b>10. Miss Swati Hasanda</b>	BMT Done – Case Completed Successfully
<b>11. Master Aiyan Reza</b>	BMT Done – Case Completed Successfully
<b>12. Master Deep Kumar</b>	BMT Done – Case Completed Successfully
<b>13. Master Aditya Kumar</b>	BMT Done – Case Completed Successfully
<b>14. Miss Taabis Rehan</b>	BMT Done – Case Completed Successfully
<b>15. Master Harshwardhan</b>	BMT Done – Case Completed Successfully
<b>16. Miss Ujala Kumari</b>	BMT Done – Case Completed Successfully
<b>17. Master Piyush Kumar</b>	2–3 Days Stay
<b>18. Master Mannat Raj</b>	2–3 Days Stay
<b>19. Miss Krashika Urkude</b>	BMT Done – After Care Ongoing
<b>20. Master Ansh Kumar</b>	Hospitalized for BMT
<b>21. Miss Aradhya Gangurde</b>	7 Days Stay
<b>22. Master Mohammad Saad</b>	Transplant Cancel – Spleen Enlargement
<b>23. Master Adarsh Kumar</b>	Pre-BMT Treat Ongoing





# Update of Baby Feeding Centres

## Maharashtra



### Kalyan Railway Station

4 mothers use it daily. Childline staff are very supportive in guiding mothers to use the centre



### Boisar Railway Station

The utilisation is good



### Kurla Railway Station

Visited with interns from Atlas Skill Tech University.  
The key is kept at the Station Master's office on the platform



### Kashimira Police Station, Mumbai Suburban

Daily, one mother uses the facility.  
Visiting women use it for resting, too



### Palghar Railway Station

Looked after very well.  
4 mothers use it daily for feeding



### Cama & Albless Hospital, Mumbai

Excellent usage as the BFC is in the ANC OPD.  
Well maintained by nursing staff

# Update of Baby Feeding Centres

## Maharashtra



**Sir J J Hospital, , Mumbai**  
Functional BFC is present at the hospital



**Pune Railway Station**  
Utilisation is good



**St George Hospital, Mumbai**  
An average of 3 mothers visit daily



**Civil Hospital, Satara**  
Looked after well by hospital staff.  
An average of 4 mothers use it daily



**Urban Health Centre, Mumbai**  
Visited interns from Atlas Skill Tech University.  
The key is with the Station Master



**Rural Hospital, Palghar**  
6 mothers visit the centre daily



# Update of Baby Feeding Centres

## Karnataka



**Sir C. V. Raman Hospital 1,**  
Bengaluru  
Though the hospital is big, only  
10 mothers use the centre daily



**Majestic Metro Railway Station**  
Bengaluru  
Maintained well, an average of  
29 mothers use it daily



**Yashwantpura Metro Station**  
Bengaluru  
47 beneficiaries use it per day



**Baiyyappannahalli Metro Station, Bengaluru**  
The centre is used very well.  
49 beneficiaries use it per day



**Sir Atal Bihari Vajpayee College-1**  
Bengaluru  
Average utilization is 27 per day



**Kengeri Bus Terminal Metro Station**  
Bengaluru  
127 beneficiaries use it per day



# Update of Baby Feeding Centres

## Tamil Nadu



### Taluk General Hospital

Chennai

Utilization is average, 15 mothers per day

## Odisha



### Puri Railway Station

Regularly cleaned by railway staff, well-maintained. Approx. 20 users daily

## Andhra Pradesh



### Institute for Child Health & Hospital for Children

Egmore, Chennai

Excellent utilization by mothers. Average usage is 15 mothers daily



### Vizag Railway Station

An average of 15 mothers use it daily

## Bihar



### Institute of Obstetrics and Gynaecology

Egmore, Chennai

Good usage. 15 mothers visit daily



### Katihar Railway Station

Functional BFC is present at the railway station

# Update of Baby Feeding Centres

## Kerala



### General Hospital

Ernakulam

Footfall in the hospital is good, so utilization is high



### Chottanikkara Temple, Ernakulam

Excellent utilisation due to the daily crowd.  
An average of 60 mothers use it daily



### Lakeshore Hospital

Ernakulam

An average of 30 mothers use the facility



### Shoranur Railway Station

An average of 15 mothers use the facility daily

## West Bengal



### New Jalpaiguri Railway Station

A functional Baby Feeding Centre is at the station.

## New Delhi



### Civil Hospital Sector 10

Gurugram, Haryana

A functional Baby Feeding Centre



# Recognition by The Ministry of Health and Family Welfare

## Mumbai, Maharashtra

Child Help Foundation has been recognized by the Ministry of Health and Family Welfare, Maharashtra, for its valuable contribution to the Pradhan Mantri TB Mukht Abhiyaan.

On this occasion, Child Help Foundation successfully implemented a CSR project in collaboration with Indian Oil Corporation Limited, by handing over five Mobile X-ray Machines at the TB Office in Thane, Maharashtra. These mobile units are designed to aid in the early detection and diagnosis of Tuberculosis across underserved communities.

The project marks a significant step in the fight against TB. The foundation sincerely appreciates the dedication and tireless efforts of Mr. Gopi Menon and Mr. Sunil Pandey, whose contributions were instrumental in bringing this impactful initiative to life.





## Awareness Camp

### Bhubaneswar, Odisha

On 9th March 2025, Team Bhubaneswar organized a two-day field camp activity at the IOCL Filling Station, Chintamaniswar, Bhubaneswar, Odisha. The activity offered a valuable learning experience for our new joiners.

Continuing the momentum, another two-day camp was held on 16th March 2025 at the IOCL Filling Station, Rajiv Bhawan, Unit-V, Bhubaneswar. This session saw the enthusiastic involvement of new joiners.

These field activities not only strengthen team bonding but also provide hands-on exposure, fostering personal and professional growth among team members.



## Patient Visit

Max Hospital, Saket, New Delhi

On 9th March 2025, Mr. Sanjay Sinha visited Max Hospital, Saket, to meet a child battling cancer, who is being supported under Child Help Foundation's CSR initiative.

During the visit, he also had the opportunity to meet Dr. Ramandeep, Head of Oncology, and engaged in a meaningful discussion about CHF's ongoing efforts and impact in the healthcare sector. The visit reinforced our commitment to providing critical support and care to children in need through impactful CSR collaborations.



## Baby Sack Distribution

Haryana

On 17th March, a team member from Child Help Foundation visited several Anganwadi Centres in villages such as Kosli, Rewari, Haryana, and distributed baby sack dresses to infants. A total of 40 babies benefited from this initiative. The mothers expressed their gratitude and happiness, sharing that the baby sacks provide added comfort and warmth to their children, especially during the night.





## Awareness Session on Child-Friendly Components and Safe and Responsive Framework

Seventh-day Adventist School, Visakhapatnam, Andhra Pradesh

On March 21st, the Child Help Foundation (CHF) Vizag team conducted an engaging assembly session at the Seventh-day Adventist School in MVP Colony, Visakhapatnam. The session was organized as part of the Child-Friendly Components (CFC) and Safe and Responsive Framework (SFR) program, aiming to promote a safer, more inclusive, and child-centric school environment.



## Wish Tree Activity for TB Awareness

Sai Sarovar Apartments, Velachery, Chennai, Tamil Nadu

On March 22nd, Child Help Foundation conducted a "Wish Tree" activity at Sai Sarovar Apartments, Velachery, Chennai, as part of its community engagement initiative to raise awareness and support the fight against Tuberculosis. The event encouraged residents to share their thoughts, wishes, and commitments toward a TB-free future.





## Inauguration of Ophthalmic Surgical Microscope

Sir C.V. Raman General Hospital, Bengaluru, Karnataka

On March 28th, an impactful inaugural program was held at Sir C.V. Raman General Hospital. With the generous support of Anthology, Essae, and Mr. Mukesh Kumar, Child Help Foundation successfully installed an Ophthalmic Surgical Microscope at the hospital. This initiative is expected to benefit an average of 10 patients per day, significantly enhancing the quality of eye care services provided.



## Wish Tree Activity for TB Awareness

Purva Windermere, Pallikaranai, Chennai, Tamil Nadu

Child Help Foundation conducted a "Wish Tree" activity as part of its community engagement efforts to raise awareness and support the fight against Tuberculosis. The event took place at Purva Windermere Apartments, Pallikaranai, Chennai, encouraging residents to participate in the cause and express their support through heartfelt wishes and messages.





## Awareness Camp

### Dompada, Odisha

On 19th March 2025, Chetana Institute for the Mentally Handicapped organized "A Day of Remembrance". This year, Child Help Foundation Bhubaneswar was invited to be part of this heartfelt initiative. Our team held a discussion on intellectual disability, emphasizing the importance of compassion, understanding, and patience when supporting individuals with such conditions.

As part of our contribution, we distributed sanitary napkins along with a 3-month supply to 14 adolescent girls. Younger children received hand-washing bottles, promoting hygiene awareness. Additionally, we provided biscuit packets, noodles, and dry rations including poha, sugar, and suji to the beneficiaries.

It was a deeply meaningful experience, and we are grateful to be part of Anshu's enduring legacy of kindness and care.



# Quality Education (SDG-4)

## Digital Skills Program

### Computer Training Centre

Amboli, Dadra & Nagar Haveli

- **Total classes conducted:** 44
- **Total attendees:** 553 (with 121 unique beneficiaries)
- **Topics covered:**
  - Types of networks
  - Usage of basic programming
  - Input and output devices
  - Logo programming
  - C programming
  - Tux Math
  - Tux Paint
  - Xara application

### Computer Training Centre

Silvassa, Daman & Diu

- **Total classes conducted:** 102
- **Total attendees:** 4,683 (with 562 unique beneficiaries)
- **Topics covered:**
  - Typing
  - Paint
  - Microsoft Excel
  - Microsoft PowerPoint
  - English keyboard skills

### Digital Skills Program

Vikramgad Block, Maharashtra

- **Implemented in:** 15 Schools (8 Zilla Parishad and 7 Ashram Schools)
- **Total classes conducted:** 416
- **Total attendees:** 21,853 (with 4,404 unique beneficiaries)
- **Topics covered:**
  - Notepad
  - WordPad
  - Tux Typing
  - Booting
  - MS Office applications
  - Input and output devices

#### Additional Activity:

- Yearly examinations were conducted in all 15 schools
- Exam papers were based on the academic syllabus covered during the year





## Centre of Excellence Project

### Mumbai Suburban, Maharashtra

On 19th March 2025, Mr. Radhavinod Sharma (IAS), Commissioner of Mira-Bhaindar Municipal Corporation (MBMC), Maharashtra, invited Child Help Foundation along with other key NGOs for a special meeting.

During the gathering, Mr. Sharma appreciated the impactful work carried out by all participating NGOs and expressed his desire to continue and strengthen collaborative efforts for the betterment of society.

Child Help Foundation is honoured to be acknowledged and remains committed to driving positive change through meaningful partnerships with civic bodies and community stakeholders.



## Mini Science Centre

### Palghar, Maharashtra

The Mini Science Centre (MSC) project, supported by Samata Equal Footing, is actively being implemented across 10 Ashram Schools in District Palghar, Maharashtra. Three dedicated teacher-cum-coordinators have been appointed to the project. They regularly visit the schools and conduct engaging science and mathematics sessions using the hands-on models provided in the MSC labs.

Despite the academic calendar being focused on final examinations this month, the coordinators were able to conduct a few interactive sessions. Notably, the Principal of Sakhare School allotted an additional room for the MSC. The team efficiently relocated all the educational models to the new space and installed display boards, enhancing the learning environment.



## Mini Science Centre Bihar

The Mini Science Centre (MSC) project is currently being implemented at M.S. Maur and M.S. Koyaribigha Schools in Barbigaha, Bihar, with generous support from National Fertilizers Limited. The MSC coordinator continues to deliver Science and Mathematics lessons using interactive models provided under the project, making learning more engaging and hands-on for the students.

Despite the cold weather affecting student attendance this month, the coordinator conducted effective sessions, including model-based teaching, revision exercises, and student assessments.

As of this month, the project has positively impacted 1,122 student beneficiaries.



## Computer Labs Bihar

The Computer Lab Project is being successfully implemented at Tailik School Utkramit Uchch Vidhyalay, Lodhipur and Madhya Vidhyalay, Samas, located in Barbigaha block, Sheikhpura district, Bihar. Each lab is equipped with 21 computers, and both are well-furnished and properly maintained, ensuring an optimal environment for digital learning.

To ensure effective instruction, three dedicated computer teachers have been appointed. These educators have continued conducting regular sessions, providing students with practical knowledge and skills in computer literacy.

This transformative initiative is supported by National Fertilizers Limited as of this month.





## Child Care Institutions:

Child Help Foundation provides monthly support to seven Child Care Institutions (CCIs) across India, covering school fees, stationery, and other education-related expenses.

### **Needs Charitable Trust**

Horamavu, Bengaluru, Karnataka

**Activity:** Birthday Celebration and Counselling

**Total beneficiaries:** 20 children



### **Ashraya (Handicapped Welfare**

**Organisation),** Bhubaneswar, Odisha

**Activity:** Holi Celebration and Picnic to Fatehgadh

**Total beneficiaries:** 48 children



**Khirod Basini Kanya Ashram,** Angul, Odisha

**Activity:** Women's Day Celebration and Counselling

**Total beneficiaries:** 30 girls



**Koel Saraswati,** Rourkela, Odisha

**Activity:** Essay and Debate Competition

**Total beneficiaries:** 50 students

**Charis Foundation, Thirumullaivoyal, Chennai, Tamil Nadu**

**Activity:** CCI Continues to Function

**Total beneficiaries:** 38 children

**Special School of Joy,** Kadma, Jharkhand

**Activity:** Holi Celebration and World Down Syndrome Day

**Total beneficiaries:** 10 children



**Saraswati Anath Shikshan Ashram,** Pune, Maharashtra

**Activity:** Holi and Women's Day Celebration, Robotics Competition, and Yoga Classes

**Total beneficiaries:** 35 children



## Education Programme

### Badarpur, Delhi

On 12th March 2025, Child Help Foundation welcomed a group of children to our office, accompanied by the teacher from our Education Program in Badarpur and the Head of the Self-Help Group (SHG) leading our Women Empowerment Project focused on promoting handicrafts and local artisans. The team engaged in meaningful interactions with the children, who were specially invited as part of a forthcoming initiative.



## Stationery Kit Distribution

### Government Primary School, Kosli, Haryana

On 17th March 2025, Child Help Foundation distributed stationery items and biscuits to students at the Government Primary School in Kosli, Haryana. The initiative benefited over 100 students, bringing smiles to the children and supporting their educational needs.





## Child For Child Programme – Eastern India

Child Help Foundation maintains its presence in the Eastern Zone of India through various awareness programs in schools. These programs inform students about CHF's missions and values, hoping to pass the same on to the next generation. Mr. Partha Roy conducts and oversees the affairs of the programme.





## Gender Equality (SDG-5)

### Life Skills Project (ARSH Initiatives)

In March 2025, a total of 16 micro-conclaves were conducted across various locations in Maharashtra, including Vinval, Dehere, Dabhosa, Nandgaon, Zaap, Sakur, Ozar, Palsunde, Gonde, Ghanwal, Kurnze, Karhe, Kawale, Sakhare, Aina, Paali, and Aamgoan Ashram School and surrounding communities. These conclaves were organized by Kishoris (adolescent girls) with support from Child Help Foundation as part of the Life Skills Project. The conclaves featured a vibrant mix of cultural and educational activities such as Tarpa dance performances, speeches, skits, question-and-answer sessions, and various life skill-based activities designed to empower and educate.

The events were well-attended by community stakeholders including the Sarpanch, ASHA workers, ICDS workers, villagers, teachers, headmasters, and other local leaders. During the sessions, students shared personal experiences and reflections on how life skills training had positively influenced their growth, confidence, and decision-making abilities. Principals and teachers from Ashram Schools provided encouraging feedback, acknowledging the impact and success of the conclaves in creating awareness and fostering life skills among adolescents.

On March 25th, 2025, a CSR Conclave was held at the Kohinoor Park Hotel in Dadar. The event was attended by three Kishoris from Sakhare Ashram School along with their parents, the village Sarpanch, and project trainers. The Kishoris represented Child Help Foundation in the experience-sharing segment and participated in an engaging question-and-answer session. Mr. Jiji John, Executive Director of Child Help Foundation, was a panelist in the Rural Section Experience Presentation and also took part in the Q&A discussion.

During the CSR Conclave, the Kishoris from the Life Skills Project were honored with medals in recognition of their active participation and achievements. Additionally, Child Help Foundation was awarded a prestigious Award of



## Life Skills Project (ARSH Initiatives)–METROPOLIS

Appreciation by the Metropolis Foundation for its impactful work under the Corporate Social Responsibility (CSR) initiative focused on the Adolescent Reproductive and Sexual Health (ARSH) Project.

Looking ahead, the team has already laid out plans for March 2025. As part of the ongoing efforts under the ARSH-based Life Skills Project, the team has successfully reached and, in some areas, exceeded its set targets for the outreach and engagement of adolescents. By March 2025, a total of 10,029 adolescents have been reached through ARSH-based life skills sessions, surpassing the original target of 10,000.

A total of 450 Kishori Manch groups have been formed across various communities, meeting the target exactly. In terms of capacity building, 156 key influencers have been oriented on the project, exceeding the initial goal of 150.

The enthusiasm and involvement of the Kishori Manch groups have been particularly commendable. These groups have developed 215 action plans for the future, significantly exceeding the target of 140. Out of these, 185 action plans have already been implemented.

Under the referral services component of the project, 62 referrals have been made so far against a target of 100.

Efforts to integrate girls with government schemes are also underway, with 41 girls successfully linked to various schemes out of a target of 100.

Lastly, the project has successfully identified and recognized 150 Girl Champions, achieving the target in full.





## Invisible Girl Project

### Maharashtra

Following the training, Mr. Annarao, Ms. Sujata, and Mr. Samarth initiated outreach efforts across Maharashtra, targeting educational institutes, schools, and communities to spread awareness and conduct interactive sessions. These initiatives aimed to engage a wide range of beneficiaries and continue the momentum built during the training phase.

While approaching schools and colleges, the team faced a common challenge; many institutions were in the midst of examinations and advised the team to return in June. However, the team remained proactive and conducted sessions wherever possible. Mr. Annarao successfully conducted sessions at ITI College and Vangaon College in Dahanu. Ms. Sujata carried out awareness sessions at Mira Bhaindar Municipal Corporation School No. 14 and School No. 20. Mr. Samarth conducted sessions at a social work college, Dnyanyash Coaching Classes, and Vektesh Vidyalaya in Beed.

A significant portion of the outreach work was carried out within communities. In total, 13 sessions were conducted in various community spaces and Anganwadi Kendras. Mr. Annarao led 6 of these sessions in the Palghar region, while Ms. Sujata conducted 7 sessions in the Mira Bhayandar area. Additionally, two special sessions were

conducted in collaboration with the NGO Magic Bus, further expanding the reach of the initiative.

In terms of session count, the team conducted a total of 23 sessions across Maharashtra. Mr. Annarao led 9 sessions in Palghar, Ms. Sujata carried out 11 sessions, and Mr. Samarth facilitated 3 sessions in Beed. These efforts collectively reached a total of 1,566 beneficiaries, with 936 from Palghar, 338 from Mira Bhayandar, and 292 from Beed.

Looking ahead, the team has already laid out plans for the month of April. Outreach sessions are scheduled to take place in schools, communities, NGOs (staff), PHC centers, and among groups of ASHA workers. These upcoming activities aim to strengthen the program's presence and continue fostering community awareness and engagement throughout the state.



## Invisible Girl Project

### Haryana

On the 6th and 7th of March, a two-day training session was conducted by Ms. Priya Juliet and Mr. Sunil Pandey for the outreach team. The training was attended by Mr. Ajit, Ms. Anubharati, Ms. Anita, and Mr. Bhupinder Singh. This session helped prepare the team for their upcoming field engagements and strengthened their approach for community and institutional outreach.

Following the training, Mr. Ajit, Ms. Anita, and Ms. Anubharati initiated outreach efforts across Haryana, focusing on educational institutes, schools, and communities. However, since most schools were on a short vacation after exams and are scheduled to reopen in April, permissions for sessions were granted for the following month.

In the interim, the team focused on conducting sessions within communities. A total of six sessions were held at Anganwadi Kendras in Rewari. Additionally, five sessions were conducted with university and college students, offering valuable engagement with youth. One session took place at I.T.I. Kosli, and two sessions were held at private schools in Mahendergarh, making the most of the available opportunities despite the school break.

In total, 14 sessions were conducted across Haryana. Mr. Ajit led seven sessions in Rewari and one session in Kanina, Mahendergarh. Ms. Anubharati conducted two sessions in Mahendergarh, and Ms. Anita led four sessions in Kosli, Rewari. One session was also conducted by Krishna Mm, contributing to the team's outreach efforts.

These efforts reached a total of 686 beneficiaries, with 568 individuals from Rewari and 118 from Mahendergarh. Looking ahead, the team has planned further outreach programs in schools starting in April, aiming to continue expanding their reach and impact in the region.





## Tata Mumbai Marathon Certificate Distribution

### Maharashtra

As a token of appreciation for their enthusiastic participation in the Tata Mumbai Marathon (TMM), Child Help Foundation proudly distributed certificates of appreciation to the dedicated student volunteers from various colleges.

The distribution took place at:

- Maniben Nanavati College, Vile Parle (West)
- Khalsa College, Dadar (East)
- M. D. College, Lower Parel (East)
- Royal College, Mumbai Suburban (East)
- S.N. College

The students were thrilled to receive their certificates and expressed sincere gratitude to Child Help Foundation for recognizing their involvement. Their commitment, enthusiasm, and spirited participation in this prestigious event were truly celebrated.



Shankar Narayan College of Arts and Commerce, Bhayandar, Thane



Maniben Nanawati Women's College, Mumbai



Guru Nanak Khalsa College of Arts, Commerce and Science, Mumbai



Mumbai, Maharashtra, India  
 National Pankaj Bhargava, Mumbai East  
 Mumbai, Maharashtra 400019, India  
 Guru Nanak Khalsa College of Arts, Commerce and Science, Mumbai



M.D. College of Arts, Science and Commerce, Mumbai



Royal College of Science and Commerce, Mumbai



## POSH & POCSO Sessions – Pan India

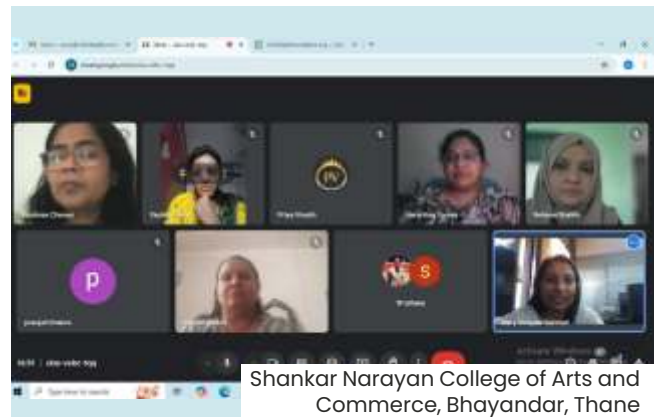
Child Help Foundation (CHF) has been at the forefront of fostering safe, respectful, and inclusive environments through comprehensive awareness sessions on the Prevention of Sexual Harassment (POSH) Act and the Protection of Children from Sexual Offences (POCSO) Act. In March 2025, CHF conducted multiple impactful training sessions across India, reaching diverse audiences from hospitality staff to educators and corporate professionals.

### POSH Awareness Sessions

- Taj Lands End, Bandra, Maharashtra
- Hotel Green Park, Visakhapatnam, , Andhra Pradesh
- Pacific Ocean Logistics, Kochi, Kerala:
- Edwings Overseas Educational Consultants, Rajaji Road, Ernakulam, Kerala
- Ketto Online Ventures, Mumbai, Maharashtra (Online)
- Panchayat Samiti, Vasai, Maharashtra

### POCSO Training Sessions

- Mumbai Mobile Creche NGO, Mumbai, Maharashtra
- BeyondSkool Institution, Mumbai, Maharashtra (Online)



Shankar Narayan College of Arts and Commerce, Bhayandar, Thane



Mumbai Mobile Creches



POSH - Edwings



POSH session at Ketto



POSH - Pacific Ocean Logistics



## POSH & POCSO Sessions – Pan India



POSH session at Ketto



POSH Training – Taj Lands



POSH SESSION at three star

## International Women's Day Mumbai Suburban, Maharashtra

On March 8th, International Women's Day was celebrated with great enthusiasm. The program was organized for the women and girls of the community, most of whom work as domestic helpers and reside in the inner parts of the locality.

Ms. Jyoti opened the event by speaking on the importance of Women's Day and why women should value and uplift themselves. This was followed by an insightful talk on gender equality delivered by Ms. Sujata, encouraging women to understand their rights and strive for equal opportunities.

As part of the initiative, sanitary napkins were distributed to 70 women and girls, promoting menstrual hygiene awareness. A respected woman leader from the community was also felicitated for her contributions.



## Talk on Parenting

### Nirmala Mata School, Vasai, Maharashtra

On the occasion of International Women's Day, Child Help Foundation was honoured to be invited as a guest speaker at Nirmala Mata School, Vasai, Maharashtra, on 8th March 2025.

The session focused on the theme of parenting, with a special emphasis on raising a girl child in today's evolving society. The event witnessed an enthusiastic turnout of over 200 parents, who actively participated in the meaningful conversation.

The initiative aimed to empower parents with tools, perspectives, and values that foster gender equality and nurture confident, resilient daughters.



## Recognition by The Institute of Chartered Accountants of India For CA Women Run 2025

### Mumbai Suburban, Maharashtra

Child Help Foundation was honoured to receive a certificate of appreciation from the Institute of Chartered Accountants of India (ICAI) in recognition of its support for the CA Women Run 2025, held on 9th March 2025.

This recognition highlights CHF's continued commitment to promoting women's empowerment and supporting community-driven initiatives that foster health, inclusion, and gender equality.





## Mental Health Session

**Bolinj Police Station, Vasai, Maharashtra**

To commemorate International Women's Day, Child Help Foundation organized a Mental Health Awareness Session for the dedicated team at Bolinj Police Station, Virar, Maharashtra.

The session focused on the importance of mental well-being among police personnel, acknowledging the high-pressure environment and demanding schedules they navigate daily. A total of 20 participants attended the session, which aimed to equip them with strategies to manage stress and maintain emotional resilience.

Mental health in law enforcement is vital, and CHF is proud to support those who serve and protect us.



## Women and Effective Leadership Session

**SNDT Women's University, Mumbai, Maharashtra**

On 11th March 2025, in celebration of International Women's Day, Child Help Foundation was invited as a keynote speaker to deliver a session on the theme "Women and Effective Leadership."

The session was conducted for the B.Sc. Nursing students and staff of SMES College, affiliated with SNDT University, Mumbai, Maharashtra. With a total of 70 participants, the session aimed to inspire and empower future healthcare professionals by highlighting the role of women in leadership and the importance of nurturing confidence, resilience, and vision in their professional journeys.



## Bedsheet & Pillow Cover Distribution

Malayala Manorama Daily – Ernakulam Edition, Kerala

On 8th March 2025, to mark International Women's Day, Child Help Foundation organized a distribution activity at the Malayala Manorama Daily – Ernakulam Edition, Kerala.

As part of the initiative, bedsheets and pillow covers were distributed, bringing comfort and a thoughtful gesture to celebrate the spirit of the day.



## Training Session to Cultivate Vigilance About Sexual Abuse – Community Vigilant Group

Mumbai Suburban, Maharashtra

On 12th March, Child Help Foundation conducted a training session for the Community Vigilant Group (CVG) comprising 22 children from the local community associated with OASIS NGO. The session focused on the theme of 'Leadership in Preventing Child Abuse', aiming to empower the children with essential leadership skills, foster vigilance, and encourage proactive reporting of sexual abuse cases within their community.





## Gendercide Awareness

**Bhagat Phool Singh Mahila Vishwavidyalaya, Sonipat, Haryana**

On 17th March, Child Help Foundation conducted an awareness session on Female Gendercide at Bhagat Phool Singh Mahila Vishwavidyalaya, Regional Center, Krishan Nagar, Haryana. The session was held in the presence of the Centre Director, Mr. Balbir Singh, and aimed to educate and sensitize attendees about the critical issue of gender-based violence and the importance of gender equality.

The session reached over 110 college girls and 12 faculty members, fostering meaningful dialogue and awareness on this pressing social issue.



## International Women's Summit

**India Habitat Center, New Delhi**

On 17th March, Noopur represented Child Help Foundation at the International Women's Summit held at the India Habitat Centre, New Delhi. The summit focused on empowering women and encouraging entrepreneurship, bringing together inspiring voices and changemakers from across the country.

It proved to be a valuable platform for networking, knowledge exchange, and enhancing the organisation's visibility among like-minded stakeholders and leaders in the space of women's empowerment.



## Clean Water & Sanitation (SDG-6)

### Water Cooler Installation

Shishu Shala School, Rewari, Haryana

On 13th March, the vibrant festival of Holi was celebrated with joy and enthusiasm. On this special occasion, Child Help Foundation installed a water cooler at Shishu Shala School in Rewari, Haryana, under its WASH (Water, Sanitation, and Hygiene) programme. The installation was formally inaugurated by Mr. Surender Singh, SDM of Rewari, along with Team Haryana.



The event was graced by our senior member Smt. Krishna Yadav ji, Mr. Bhupinder Singh, School Principal, Smt. Ashu Arora and the teaching staff. The new facility is set to benefit over 125 students and teachers, ensuring access to clean and safe drinking water within the school premises.





## World Water Day Celebration – Science Activity on Water Conservation

**Hirapur, Bhubaneswar, Odisha**

On March 22nd, in observance of World Water Day, the Child Help Foundation Bhubaneswar team, in collaboration with the Sailabala Foundation, organized a science project activity on the theme “Water Conservation and Harvesting”. The event was held for students of Classes 5 to 8 at Hirapur village, Baliantha Block, Bhubaneswar, Odisha. The initiative aimed to raise awareness among young minds about sustainable water practices. The event also received encouraging support from Rotary Bhubaneswar, which helped motivate and inspire the participating children.



## Sanitary Pad Distribution

**Shah Jayesh Monji New Secondary English School, Dombivli East, Maharashtra**

On 8th March 2025, in celebration of International Women's Day, an impactful awareness and distribution activity was conducted at Shah Jayesh Monji New Secondary English School, Dombivli East, under the leadership of Ms. Sakshi Kadam.

As part of the initiative, sanitary napkins were distributed to 75 girl students and teachers, promoting menstrual hygiene and creating awareness around women's health. The event aimed to empower young girls with knowledge and access to essential hygiene products, marking the day with purpose and care.



## Life on Land (SDG-15)

### Donation Drive by The Thought Bulb

Hyatt, Gurugram, Haryana

On March 21st, Child Help Foundation (CHF) was honored to be a part of a meaningful event organized by The Thought Bulb at the Hyatt, Gurugram. The event brought together children from various government schools across Delhi, creating a platform for inspiration, collaboration, and impact. CHF's Delhi team proudly showcased their ongoing efforts to uplift and empower children in the NCR region, reaffirming their dedication to improving lives through education, health, and well-being initiatives. As a highlight of the event, The Thought Bulb made a generous contribution by donating beautifully crafted artistic chairs and desks made from recycled tyres – a creative step toward sustainability. Additionally, they gifted 19 bicycles, aiming to support the mobility and education of underprivileged children.





## Partnership for Goals (SDG 17)

### Meeting with Mr Ravi Kumar, Executive Director of National Small Industries Corporation

On 7th March 2025, Mr. Sanjay Sinha met with Mr. Ravi Kumar, Executive Director of the National Small Industries Corporation (NSIC) – a Government of India enterprise – to explore potential CSR collaborations with Child Help Foundation.

Mr. Ravi Kumar expressed his appreciation for the impactful work done by the Foundation and was pleased to engage with an NGO of such high repute. He conveyed his enthusiasm for future collaborations and assured us of continued support in the times to come.



### Meeting With MBMC Commissioner Mumbai, Maharashtra



On March 19th, the Commissioner of Mira-Bhaindar Municipal Corporation (MBMC), Maharashtra, Shri Radhabinod (IAS), invited Child Help Foundation, along with other leading NGOs, to acknowledge and appreciate their impactful work. He expressed his gratitude and emphasized the importance of continuing this collaborative effort for the betterment of society.



## Collaborative Networking Meeting With Senior Police Inspector Vijay Jadhav and the Palghar NGO Forum

### Palghar, Maharashtra

On March 19th, Child Help Foundation participated in a collaborative networking meeting with Senior Police Inspector Vijay Jadhav and the Palghar NGO Forum, joined by representatives from 14 different NGOs. During the session, the police acknowledged and appreciated the collective efforts of NGOs working in unison for community welfare. To strengthen coordination and enhance timely support for those in need, the establishment of a dedicated WhatsApp group for NGO-police collaboration was proposed.



## Participation in Focus Block Development Program – Regional Convergence Conclave, Chengalpet

### Tamil Nadu

Child Help Foundation participated in the Focus Block Development Program – Regional Convergence Conclave, organized by the Chengalpet District Administration, Government of Tamil Nadu. The event was graced by several distinguished dignitaries including Mr. S. Arunraj, IAS (Chengalpet), Mr. V. S. Narayana Sharma, IAS (Additional Collector, Chengalpet), Mr. Dheenabandhu, IAS (Retd.), and Prof. Sultan Ahmed Ismail, IAS (Retd.), both from the State Planning Commission. Representatives from various organizations and government departments also took part. The conclave provided a valuable platform for knowledge sharing and collaboration. The insights and resources gathered during the event proved to be immensely beneficial for Mr. Satish and the CHF team. It was a highly enriching and inspiring experience.





## Awards & Recognition

### Scroll of Honour by Navabharat Group for Best NGO for Healthcare

Child Help Foundation was proudly presented with the "Scroll of Honour" by the Navabharat Group, recognizing us as the Best NGO for Health Care. The award was conferred by Shri Pratap Sarnaik, Cabinet Minister of Transport, Government of Maharashtra.

This prestigious recognition is a testament to our unwavering commitment to improving healthcare access and outcomes for underserved communities across the country.



# Our Programs



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