



NEWSLETTER

CHILD HELP FOUNDATION

January'25 Journal



Tata Mumbai Marathon 2025



Tata Mumbai Marathon

Maharashtra

Child Help Foundation (CHF) proudly participated in the 2025 Tata Mumbai Marathon on January 19th. With 63,561 participants, it is Asia's largest marathon. CHF had 48 volunteers in the Dream Run category, dressed in traditional and state-specific attire, promoting awareness of the POSH and POCSO Acts.

Additionally, CHF set up a lively "Motivation Zone" along the route, where 800 volunteers from Mumbai colleges cheered on runners and performed skits to spread awareness. As an NGO partner, CHF leveraged the event to highlight its initiatives and commitment to social causes, making a strong impact at this prestigious marathon.

About Us



Child Help Foundation (CHF) is a pan-India non-profit organization, registered under the Bombay Public Trust Act 1950, which started in the year 2010. We aim to accomplish the objectives set by the United Nations Sustainable Development Goals (UN SDGs) for global development. Child Help Foundation's principal purpose is to empower the disadvantaged holistically with some of our initiatives like Emergency Medical Support, Education, Clean Water and Sanitation, Gender Equality, Zero Hunger, Humanitarian Relief, and Village Development.

NEWSLETTER

Tata Mumbai Marathon 2025, Maharashtra



NEWSPAPER

Empowering Communities: Education and Livelihood Support in Delhi

At Child Help Foundation (CHF), we believe that education and economic empowerment go hand in hand in creating a sustainable future for underprivileged communities. On January 18th, as part of our Education Support Program, we extended a helping hand to the children and women of Modband, Badarapur, Delhi. This initiative carried out in collaboration with a Self-Help Group (SHG) member, aimed to support both education and livelihoods in the community.

Education for a Brighter Future

While the hardworking artisans of Modband were engaged in their daily labour, CHF ensured that their children were not left behind in their education. Fifty-two children participated in dedicated learning sessions, receiving academic support tailored to their needs. Education is a powerful tool that opens doors to better opportunities, and through this program, we aim to keep these young minds motivated and engaged in their learning journey.

Our volunteers provided continuous guidance and mentorship, ensuring that each child had access to a structured learning environment despite their socio-economic challenges. This initiative is a crucial step toward bridging educational gaps and fostering a love for learning among these young students.

Supporting Livelihoods & Women's Empowerment

Beyond education, CHF is committed to enhancing the economic independence of women in the community. In partnership with an SHG member (the wife of a working artisan), we provided local women with handicraft materials, empowering them to create and sell handmade products. This initiative not only helps them generate a steady income but also instils confidence and self-reliance.

To ensure long-term impact, volunteers from our Delhi office actively counsel and support these women. Through personalized guidance and skill-building sessions, we aim to strengthen their financial independence and improve their overall well-being.

A Step Towards Sustainable Change

At CHF, we firmly believe that education and economic empowerment go hand in hand. By creating opportunities for both children and their mothers, we are laying the foundation for sustainable development and long-term community growth.



NEWSLETTER

Emergency Medical Support



G Amar, 8 Years
Fanconi Anaemia

A Father's Fight to Save His Brave Son

"It's been months since my son was diagnosed, and our lives have changed completely. Watching him endure pain every day is heartbreaking, but his strength and resilience give me hope. As a father, it's devastating to feel helpless. I believe he will overcome this, but we cannot do it alone. We need your support to ensure he gets the treatment he deserves.

G Thrimurthulu; (Father)

G Amar was a cheerful boy until eight months ago when he started experiencing frequent fevers, rashes, and redness on his body. His parents, Thrimurthulu and Mani, were initially hopeful that these symptoms were temporary. However, after numerous visits to doctors and

multiple blood tests, their world and Amar's turned upside down when Amar was diagnosed with Fanconi Anaemia, a rare and life-threatening condition.

Amar became a prisoner in his own body and at his house, waiting to be released to meet his friends and resume his normal life, but his sentence remains indefinite.

Doctors at Medicover Cancer Institute, Vizag, Andhra Pradesh, have recommended an Allogenic Bone Marrow Transplant as the only cure. The estimated cost of the treatment is Rs.20,00,000 (Rupees Twenty Lakh Only), an amount far beyond the family's reach.

Amar's father, an auto driver, is the sole earner in the family of three. Despite his meagre earnings, he has taken on debts to cover initial medical expenses. His mother, a housewife, spends her days caring for Amar, while his father fights to gather funds for the life-saving treatment.

Amar dreams of returning to school and playing with his friends again. Your generous contribution can bring hope and healing to this little boy.



Nawathe Rishvith
2 Years, 11 Months
Heart Disease



Shreya Thoke
7 Years, 7 Months
Heart Disease



Ashwini Kurude
8 Years 7 Months
Heart Disease

There are many more children who need urgent treatments, and your small contributions can make a huge difference.

Please Donate!



Nand Kumar Nagesh, 3 Years
Acute Lymphoblastic Leukemia
(B Cell ALL)



K V Sajjan Krishna, 15 Years 5 Months
Acute Lymphoblastic Leukemia
(Blood Cancer)



Md. Armaan Patel
1 Year
Complex Heart Disease

Emergency Medical Support



Zuhaa Sayyed
3 Years
Fanconi Anemia



Thigula Sai Durga
11 Years
Complex Heart Disease



Sion V.S
15 Years
Leukemia



Anandu T.S
10 Years
Multiple Complications



Samiksha Chavan
12 Years
Ewing Sarcoma

NEWSLETTER

Success Stories



Adhrith

Little Adhrith came into this world with a struggle that no child should ever have to face. Due to complications during delivery in Thrissur, Kerala, he suffered brain-related issues and internal bleeding. Diagnosed with Severe Gastroesophageal Reflux, he was dependent on a feeding tube—until it had to be removed due to a chest infection. However, thanks to donors from Child Help Foundation, Adhrith was able to make a successful recovery.



Farhan Shaikh

Farhan's life took an unexpected turn when he was diagnosed with T-cell Acute Lymphoblastic Leukemia. What began as a simple swelling near his neck in mid-June 2024 soon turned into his parents' worst nightmare. Despite multiple consultations and tests, the harsh reality set in—Farhan needed urgent chemotherapy at Habib Hospital, Mumbai, costing Rs. 8,00,000. But thanks to the kindness of generous donors, Farhan's treatment was made possible.



M D Muttaqi

MD Muttaqi, just 4 years and 8 months old, was diagnosed with Thalassaemia, requiring lifelong blood transfusions. Thanks to the generosity of donors, the funds were raised, and Muttaqi successfully underwent his stem cell transplant. Today, he is on the path to a healthier future, giving his family hope and gratitude for a new beginning.

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Success Stories



Narayan Sharma

Narayan was born with Congenital CTEV (clubfoot), affecting his mobility. His father's modest earnings as a carpenter, affording the treatment seemed impossible. But thanks to the kindness of donors, the surgery was completed. Today, Narayan is on his way to recovery, giving his family hope that one day, he will walk and run like any other child.



P Shivani

Shivani, a bright 13-year-old from Telangana, was diagnosed with Aplastic Anemia, a life-threatening bone marrow failure. Her mother, Renuka, a daily wage labourer, struggled to afford the Rs. 16,00,000 needed for a bone marrow transplant at Rainbow Children's Hospital, Hyderabad. Thanks to generous donors, the funds were raised, and Shivani successfully underwent her transplant. Today, she is on the path to recovery, bringing hope and joy back to her family.



P Yaswanth

Yaswanth, a teenager from Telangana, was diagnosed with Complex Heart Disease, leaving his family desperate for a solution. His father, Krishna, a labourer, struggled to afford the Rs. 5,50,000 needed for life-saving surgery at Apollo Institute of Medical Sciences, Hyderabad. Thanks to generous donors, Yaswanth underwent a successful operation and is now on his way to a healthy future. His family is overjoyed, forever grateful for the kindness that gave their son a second chance at life.

NEWTERR

Success Stories



Ranveer Mahole

Twelve-year-old Ranveer, once full of life, was diagnosed with Aplastic Anaemia, a rare condition that halted his body's blood cell production. After years of treatments, doctors at Jupiter Hospital, Pune, recommended a Bone Marrow Transplant to save his life. The cost of the transplant—Rs. 15,00,000—was beyond the means of his father, Nitin, a farmer. But with the support of generous donors, Ranveer underwent the surgery and is now on the path to recovery. His family is forever grateful for the kindness that saved their son's life.



Ryagiri Vaibhavi

Thirteen-year-old Vaibhavi suffered from constant pain due to Ureteric Structure, making every day a struggle. With the help of Child Help Foundation's generous donors, she underwent the necessary treatment and is now on her way to recovery. Her mother is overjoyed to see her daughter smile again. Thank you for your kindness and support in giving Vaibhavi a second chance at a healthy life!



Samrth Nagave

Twelve-year-old Samrth was diagnosed with Complex Heart Disease, leaving his mother desperate for help. Thanks to the generosity of Child Help Foundation's donors, he received the life-saving treatment he needed. Today, Samrth is on the path to recovery, bringing hope and joy back to his mother's life. Thank you for making a difference and giving him a chance at a brighter future!

NEWSLETTER

Success Stories



Shifa

Little Shifa, diagnosed with a complex congenital heart condition, faced an uphill battle for survival. Her parents' hopes were fading, but thanks to the kindness of Child Help Foundation's donors, she underwent life-saving surgery. Today, Shifa is recovering and looking forward to a bright future. Your support made this possible—thank you for giving her a second chance at life!



Shivanjali Pawar

Brave little Shivanjali was diagnosed with Embryonal Rhabdomyosarcoma, and her parents were heartbroken, struggling to afford her treatment. But thanks to the generosity of kind donors of Child Help Foundation, she received the chemotherapy she desperately needed. Today, Shivanjali is on the road to recovery, filled with hope for a brighter future. Your support made all the difference—thank you for saving her life!



Shreya Thoke

At a routine health camp, Shreya's parents received the shocking news of her heart condition. Their world turned upside down, but thanks to the kindness of Child Help Foundation donors, she underwent the life-saving surgery she needed. Today, Shreya is recovering well, ready to embrace a future filled with hope and happiness. Your generosity has given her a second chance at life—thank you for donating!

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Success Stories



Shreeyansh

Born with Left Obstetric Brachial Plexus Palsy, little Shreeyansh faced immense challenges from the start. His parents, Aarti and Rushikesh, longed to see him play like other children. Thanks to the kindness of Child Help Foundation donors, he underwent a crucial surgery, bringing new hope to his future. Today, he is on the path to recovery, proving that compassion can change lives. Thank you for making this possible!



Swaransh

At just 1.4 years old, Swaransh was diagnosed with B-Cell Acute Lymphoblastic Leukemia, turning his family's world upside down. His father, Saurav, fought tirelessly to afford his treatment, but the financial burden was immense. Thanks to your generosity, Swaransh received the chemotherapy he urgently needed. Today, he is bravely battling his illness with renewed strength. Your kindness has given this little warrior a fighting chance. Thank you for your support!



Twins of Harshitha

Harshitha's twins were born prematurely, struggling for their lives with severe respiratory distress, Apnoea of Prematurity, and evolving Bronchopulmonary Dysplasia. The odds were stacked against them, and every moment felt like a battle. But thanks to the incredible generosity of Child Help Foundation's donors, they received the urgent care they desperately needed in the NICU. Today, the twins are healthy, and growing stronger each day. Harshitha and her family are filled with deep gratitude for the life-saving support that gave her babies a second chance at life.

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Success Stories



Purvi

Purvi's courageous battle with leukaemia seemed impossible to overcome until generous donors from Child Help Foundation stepped in. Faced with overwhelming treatment costs, her parents turned to the organization in desperation. Purvi's strength and resilience touched the hearts of donors, whose kindness not only funded her life-saving treatment but also gave her the chance to overcome the impossible. Thanks to their compassion, Purvi's life was saved, and her family will forever be grateful for the second chance they've been given.



Ashwini Kurude

Ashwini, an eight-year-old girl from Maharashtra, was living a blissful life until she was diagnosed with a rare congenital heart defect. The only hope for Ashwini's survival was a life-saving surgery costing a sum that was far beyond her family's reach. However, thanks to the overwhelming generosity of the Child Help Foundation's donors, Ashwini received the critical treatment she desperately needed. Today, she is slowly regaining her strength, and her family is grateful for the support that has given their daughter a precious second chance at life.



Jeremiah

When Jeremiah was diagnosed with leukaemia, it felt as though the light had been drained from his family's life. The cost of his treatment seemed insurmountable and his family had little savings left. In their darkest moment, they reached out to Child Help Foundation. After thorough verification, the foundation shared his case on their platform, and through the kindness of generous donors, Jeremiah was given the chance to fight for his life.

NEWS LETTER

Success Stories



Vadde Ammulu

Five-year-old Vadde Ammulu has faced a tough childhood. Diagnosed with Complex Heart Disease at birth, her parents have been relentlessly seeking treatment to give their daughter a chance at life. Ammulu's condition required urgent surgeries, including Partial AVSD Repair, ASD Closure, MV Repair, and PDA Ligation. However, the total cost of her treatment, amounting to Rs. 5, 00,000, was far beyond the means of her family. The couple then reached out to Child Help Foundation for help. Thanks to the generous donors, Ammulu's life was saved. With their support, this brave little girl is now on the road to recovery, giving her family the hope and joy they never thought possible.



Azlan

Azlan, a brave 3-year-old boy, was thrust into a world of unimaginable challenges when he was diagnosed with Cerebral Palsy, severely affecting his lower limbs. Despite the immense struggle, he refused to give up. With the unwavering support of Child Help Foundation's generous donors, Azlan received the life-changing treatment he so desperately needed. Today, he is on the road to recovery, his heart filled with hope and newfound strength. His family will forever be grateful for the kindness and compassion that have given Azlan the chance to embrace a brighter future.

NEWS LETTER

Success Stories



Feba

When three-year-old Feba was diagnosed with leukaemia, her parents were devastated, not only by the diagnosis but also by the overwhelming cost of treatment, which totalled Rs. 10,00,000. In their time of greatest need, they turned to Child Help Foundation for support. Feba's story resonated deeply with compassionate donors, who united to make her life-saving treatment a reality. Today, her family is forever grateful for the generosity and kindness that has given Feba the chance to live a healthy and happy life.



Before

After

Shivansh Bartakke

Diagnosed with congenital heart disease at a young age, little Shivansh faced immense challenges, battling severe sweating, fatigue, and difficulty gaining weight. Thanks to the generous support of Child Help Foundation's donors, he received the vital treatment he so desperately needed. Today, Shivansh is on a steady path to recovery, growing stronger with each day.

NEWSLETTER

World Braille Day: Uplifting Our Visually Impaired Friends

World Braille Day, observed annually on January 4th, honours the birth anniversary of Louis Braille, the inventor of the Braille writing system. This groundbreaking script enables millions of visually impaired individuals worldwide to read and write. Although officially recognized in 2019, the blind community has celebrated it informally for much longer.

According to the World Health Organization, an estimated 40–45 million people globally are visually impaired, with approximately 4.95 million in India. Accessibility remains one of the most significant challenges faced by the blind community. Society often caters to the needs of able-bodied individuals, leaving little room for inclusive design and facilities for the differently abled.

Technology has been a game-changer for the visually impaired. Smartphones now feature tools like talkback systems and double-tap functions, enabling independence and improving accessibility in education and daily life. Adding alt-text to images and videos is another crucial step, allowing the blind to understand and engage with digital content. Streaming

platforms like Netflix have made strides in inclusivity by introducing “Audio Descriptions” for their content, ensuring visually impaired users can enjoy their shows seamlessly.

Additionally, remote work opportunities have opened new doors for employment, creating a more inclusive job market.

Blindness manifests in different forms, ranging from total blindness to partial vision. For those with partial blindness, tactile signage, high-contrast colours, and bold patterns can significantly improve accessibility.

Urban planning should also prioritize inclusivity. Accessible pathways with clearly defined edges can aid navigation in cities, while complex environments like airports should integrate audio guidance systems for easier wayfinding.

While it's important to empathize with the blind community, overstepping boundaries can lead to discomfort. Offer assistance only when appropriate, such as when someone visibly struggles. Communication should be thoughtful and clear, avoiding

hand gestures or ambiguous language.

NGOs play a critical role in empowering the visually impaired by raising funds and providing essential tools like guide dogs, smart canes, and voice-activated devices. These contributions help foster independence and a better quality of life for the blind community.

World Braille Day reminds us of the importance of creating an inclusive environment for the visually impaired. Through technological innovation, accessible design, and compassionate interaction, we can work together to ensure a brighter future for all.

Child Help Foundation sympathizes with the issues of the blind community and will do whatever it can to help them. With its fundraising platform, Child Help Foundation can raise money for people with blindness to get eye transplants or get essential facilities like guide dogs, smart canes or technology. Child Help Foundation also helps people with other disabilities like auditory impairment, mobility issues and others.

Thank you for taking the time to read this article. Make sure to share this with all your friends and family members.



GOOD HEALTH AND WELL-BEING (SDG-3)

School Health Program, Vikramgad, Palghar District, Maharashtra

The School Health Program focuses on a range of physical and mental health activities, including student health screenings, illness treatment, and capacity building for students and teachers through awareness sessions and counselling activities. The program is implemented in fourteen schools in the Vikramgad block of Palghar district of Maharashtra, benefiting over ten thousand underprivileged tribal students. Additionally, special days and events are celebrated in these schools to engage students and teachers in raising awareness on relevant topics such as World Mental Health Day and other topics such as anxiety, fear of exams, and sexual reproductive health.

In January, the following activities were implemented:

- ✓ **42 health visits** conducted, benefiting **549 students**, with updated health records.



- ✓ **1,909 illness cases** treated, covering anaemia, dental, ophthalmic, ENT, and gynaecological concerns.

- ✓ **12 students** were referred to local health institutions for further treatment.

- ✓ **18 awareness sessions** held for **1,064 students**, focusing on anaemia, nutrition, menstrual health, and hygiene.

- ✓ **49 mental health sessions** conducted for **3,002 students**, addressing reading and learning disorders, exam anxiety, and self-esteem.

- ✓ **Personal counselling** provided to **43 students** for mental health concerns.

Through these efforts, we continue to create a healthier future for children.

Arogya Sadan, Vikramgad, Palghar District, Maharashtra

Arogya Sadan is a facility dedicated to supporting patients undergoing Bone Marrow Transplant (BMT) and their families by providing accommodation and care during their treatment period.

Arogya Sadan – Beneficiaries Details

Master Aryan Kumar – Remark: Transplant Cancelled – Platelet Increase

Master Aarav Kumar – Remark: BMT Done – Case Completed Successfully

Miss Aradhya Kumari – Remark: BMT Done – Case Completed Successfully

Master Aman Ahirwar – Remark: BMT Done – Case Completed Successfully

Master Vikrant Thakur – Remark: BMT Done – Case Completed Successfully

Master Amit Kumar – Remark: BMT Failed – Returned home

Master Abhishek Kumar – Remark: BMT Done – Case Completed Successfully

Akash Kumar – Remark: Transplant Cancelled – Liver Enlarged

Swati Hasanda – Remark: BMT Done – Case Completed Successfully

Aiyan Reza – Remark: BMT Done – Case Completed Successfully

Deep Kumar – Remark: BMT Done – Case Completed Successfully

Aditya Kumar – Remark: BMT Done – Case Completed Successfully

Taabis Rehan – Remark: BMT Done – Case Completed Successfully

Harshwardhan – Remark: BMT Done – Case Completed Successfully

Ujala Kumari – Remark: BMT Done – Case Completed Successfully

Piyush Kumar – Remark: 2-3 Days Stay

Mannat Raj – Remark: 2-3 Days Stay

Krashika Urkude – Remark: Pre-BMT Treatment Ongoing

Ansh Kumar – Remark: Pre-BMT Treatment Ongoing



Update of Baby Feeding Centres

Maharashtra



Kalyan Railway Station

155 beneficiaries

Remark: 5 mothers use it daily. The Childline staff is very supportive.



Boisar Railway Station

124 beneficiaries

Remark: Though the BFC is on platform number 2, the utilization is good.



St George Hospital

93 beneficiaries

Remark: An average of 3 mothers visit daily.



Kurla Railway Station

24 beneficiaries

Remark: On average, 6 mothers use it every week.



Kashimira Police Station

31 beneficiaries

Remark: Daily, one mother uses the facility. The women who visit the police station also use it for resting.



Urban Health Centre

248 beneficiaries

Remark: An average of 8 mothers utilize the facility.



Palghar Railway Station

124 beneficiaries

Remark: Looked after very well. 4 mothers use it daily for feeding



Rural Hospital, Palghar

186 beneficiaries

Remark: 6 mothers visit the centre daily.



Sir J J Hospital

31 beneficiaries

Remark: Utilization is not so good as the centre is in the corner of the OPD.

Update of Baby Feeding Centres

Maharashtra



Civil Hospital, Satara

124 beneficiaries

Remark: Looked after well by hospital staff. An average of 4 mothers use it daily.



Pune Railway Station

124 beneficiaries

Remark: The utilization is good, but there is a need to look after the centre by the railways.



CAMA & Albles Hospital

155 beneficiaries
excellent usage in ANC OPD, with nursing staff ensuring proper maintenance.

Karnataka



Majestic Metro Railway Station Bengaluru - 744 beneficiaries

Remark: Inauguration of Baby Feeding Centres at Namma Metro station, Bengaluru, supported by the Savlamban Foundation. On average, 24 mothers use it daily.



Baiyyappanahalli

1395 beneficiaries

Remark: An average of 45 mothers use daily.



Sir Atal Bihari Vajpayee College-1

868 beneficiaries
average utilization of 28 mothers per day.



Yashwantpura

1240 beneficiaries

Remark: An average of 30 women use daily.



Kengeri Bus Terminal

Metro Stations - 3875 beneficiaries

Remark: Average 125 mothers per day.



Sir C.V. Raman General Hospital - 2

620 beneficiaries
Remark: The hospital is huge. The average utilization is 20 per day.

Update of Baby Feeding Centres

Tamil Nadu



Taluk General Hospital Chennai

465 beneficiaries

Remark: Utilization is average, 15 mothers per day.

Kerala



Lakeshore Hospital

465 beneficiaries

Remark: An average of 15 mothers use the facility.

Andhra Pradesh



Vizag Rly Station

465 beneficiaries

Remark: An average of 15 mothers use it.



Institute for Child Health & Hospital for Children Egmore, Chennai

620 beneficiaries

Remark: Excellent utilization by mothers.



Chottanikkara Temple Ernakulam

1550 beneficiaries

Remark: Excellent utilization as the temple is very crowded every day.

Odisha



Puri Railway Station

620 beneficiaries

Remark: Regularly cleaned by the railway staff. Well maintained, and approximately 20 users use it daily.



Institute of Obstetrics and Gynaecology Egmore, Chennai

465 beneficiaries

Remark: Good usage recorded. 15 mothers visit daily.



Shoranur Railway Station

465 beneficiaries

Remark: An average of 15 mothers use the facility.



General Hospital

899 beneficiaries; high hospital footfall leads to good utilization

Child For Child Campaign – Gyan Jyoti English Medium School, Maharashtra

Students of Gyan Jyoti English Medium School in Pune, Maharashtra got a valuable educative session on cancer, courtesy of Child Help Foundation (CHF) volunteers. More than three hundred students attended this session, from all classes, and gained newfound information on cancer. This initiative was a part of CHF's Child for Child programme, designed to create a generation of informed and aware citizens.



Meeting with Lakeshore Hospital Ernakulam, Kerala

On January 29th, Sachin from the Kerala team met Dr. Navin Anto John, HOD of Pediatrics and Neonatology at Lakeshore Hospital, Ernakulam, Kerala, along with Sankar, the Facility Manager. During the meeting, Sachin provided an overview of the programs across India, including those in Kerala. Dr. Navin Anto John assured the team of support for medical cases from Kerala.

Child For Child Campaign – – Kidz Paradise School, Maharashtra



The Pune team conducted an Advocacy Program on Cancer Awareness and the Child for Child Campaign at Kidz Paradise School, Alandi, Pune. An incredible 550 students from classes 1 to 9 participated in the program, learning valuable lessons on health and compassion. Advocacy appeal forms were also distributed to inspire action and spread awareness.



Baby Sack Distribution Karnataka

On January 24, 2025, a Baby Sack distribution event was organized by the Headmaster of New Government School in Chintamani, Karnataka. A total of 400 Baby Sleep Sacks were distributed to those in need from 15 villages surrounding the school.

Sports Mela – Bhopoli Ashram School, Palghar, Maharashtra:

A Sports Mela featuring a range of recreational activities was organized by CHF in collaboration with Servier at Bhopoli Ashram School. The event included a trophy and prize distribution ceremony for the winners of the sports competition. With 150 participants, Servier played a key role in motivating and encouraging the students, making the day a memorable and inspiring experience for all.



Baby Sack Distribution

Haryana

Child Help Foundation (CHF) conducted a Baby Sack distribution drive across multiple locations in Rewari and Bawal, Haryana, providing warmth and comfort to newborns.

On January 21, 2025, CHF distributed Baby Sacks at Kalawali Hospital, Kamla Nursing Home, and Shakuntala Hospital in Rewari. The initiative was warmly received, with Dr. Poonam Yadav (Kalawali Hospital), Dr. Narender Yadav (Kamla Nursing Home), and Dr. Shweta (Shakuntala Hospital) expressing their heartfelt gratitude for the donation.

On January 22, 2025, CHF continued its efforts at Civil Hospital, Rewari, where the team was welcomed by Civil Surgeon Mr. Surender Yadav, Chief Medical Officer Dr. Subhash Yadav, Dr. Inderjit Singh, and the hospital staff. CHF expressed deep appreciation for their support in making this initiative possible.



On January 23 and 24, 2025, CHF expanded the distribution to several locations in Rewari and Bawal, including Anganwadi Centers in Kasola, Bawal, Kutubpur, Jaswant Nagar, and Saini Mohalla, as well as Sunrise School, Rewari, and Civil Hospital, Bawal. The event was attended by Mrs. Promila Bhargav, former Juvenile Justice Board member and Zila Parishad member, who commended CHF for its dedication and extended her gratitude to the team.

On January 27, 2025, the distribution drive concluded with the delivery of Baby Sacks at the Primary Health Center in Dharuhera, along with Anganwadi Centers in Panchor and Ashiyaki, Rewari. The distribution was carried out in the presence of the village Sarpanch, who appreciated CHF's efforts in supporting newborn care.



On January 30, 2025, Child Help Foundation distributed Baby Sleep Sacks at the Primary Health Center in Bikaner, PHC Gokalgarh, and Anganwadi Centers in Gokalgarh, Bikaner, and Uttam Nagar, Rewari, Haryana. The distribution took place in the presence of the Anganwadi Supervisor and PHC Asha Worker.



Quality Education (SDG-4)

1. Digital Skills Program

a. Computer Training Centre, Amboli, Dadra & Nagar Haveli

The Computer Training Centre in Amboli, Dadra & Nagar Haveli, conducted 53 classes, benefiting a total of 759 attendees, including 146 unique beneficiaries. The training sessions covered essential topics such as Microsoft Word, input devices, internet browsing, and document formatting to enhance the participants' digital literacy and computer skills. The program was designed to equip individuals with the necessary knowledge to effectively use technology in their daily lives and improve their overall productivity.



Centre of Excellence Project Maharashtra



b. Computer Training Centre, Silvassa, Daman & Diu



The Computer Training Centre in Amboli, Dadra & Nagar Haveli, conducted 53 classes, benefiting a total of 759 attendees, including 146 unique beneficiaries. The training sessions covered essential topics such as Microsoft Word, input devices, internet browsing, and document formatting to enhance the participants' digital literacy and computer skills. The program was designed to equip individuals with the necessary knowledge to effectively use technology in their daily lives and improve their overall productivity.

The Centre of Excellence project, running in three MBMC schools—MBMC School No. 20 Mire School, MBMC School No. 36 Bandarwadi School, and MBMC School No. 24 Morva School—focuses on providing supportive education and digital learning. Under this initiative, computer teachers deliver lessons based on a developed syllabus, ensuring that students are equipped with essential digital skills. All teachers involved in the program attend the schools regularly, maintaining a consistent educational experience for the students. The project aims to enhance the quality of education through technology-driven learning.

c. Digital Skills Program, Vikramgad Block, Palghar, Maharashtra

The initiative was implemented across 15 schools, including 8 Z.P. and 7 ashram schools, with a total of 668 classes conducted. These sessions reached 20,425 students, with 5,937 unique beneficiaries. The curriculum covered a variety of essential topics, including Notepad, WordPad, Tux Typing, booting processes, MS Office applications, and input/output devices, providing students with valuable skills in basic computer usage and digital literacy.



Republic Day Celebration, Mumbai Suburban, Maharashtra

Republic Day was celebrated with great enthusiasm at Zilla Parishad School, Umele, Vasai, Maharashtra. CHF volunteers visited the school, bringing materials for art activities to engage the students. The children, ranging from 6 to 13 years old, belonged to various classes from 1st to 8th standard. They created beautiful drawings on the theme of Republic Day. The three best drawings were selected and awarded prizes. The children thoroughly enjoyed the activity and were delighted to receive snacks after the program.



STEM Laboratory Goa

Child Help Foundation has established a STEM Lab at the Government High School in Tharmatha Bhile, Surla, Bicholim, North Goa. This pilot project is made possible with the support of Skypath Solutions Pvt. Ltd., the Goa CSR Authority, and the Government of Goa. The school had requested essential furniture, including tables, chairs, and other items, which were crafted over the past month. A design for the board to be placed outside the lab was created and submitted to the Goa CSR Authority for approval. After receiving the go-ahead, it was sent to the vendor for printing. The inauguration will take place when the Honourable Chief Minister of Goa is available.

Mini Science Centre, Barbigha, Bihar



The Mini Science Centre project is being implemented at M S Maur and M S Koyaribigha School, Barbigha, Bihar. The project is supported by National Fertilizers Limited. The MSC coordinator taught Science and Mathematics with the help of the models provided by the Mini Science Centre. The MSC coordinator was able to teach 17 models and took revisions and tests for the students.



Furniture Donation, St. Mark Middle School, Chennai, Tamil Nadu

Child Help Foundation (CHF) generously donated 6 tables and 6 chairs to St. Mark Middle School in Adambakkam, Chennai, benefiting 40 students in the 1st Standard. The donation aims to improve the learning environment for these young students, ensuring they have the necessary furniture to sit comfortably and engage in their studies. This initiative supports CHF's commitment to enhancing educational opportunities for children in need.



Shishu Shala School Renovation Rewari, Haryana:



The Renovated School Program at Shishu Shala School in Rewari was successfully completed, thanks to the efforts of CHF. The organization has carried out extensive renovation work to enhance the school's infrastructure, ensuring a better learning environment for the students.



Education and Livelihood Support, Badarapur Delhi

On January 18th, as part of the Education Support Program, Child Help Foundation, in collaboration with an SHG member (wife of a working artisan), provided educational support to 52 children in Modband, Badarapur. Classes were held while the artisans were at work. The foundation also supports the mothers with handicraft materials, which they sell to sustain their livelihoods. Volunteers from the Delhi office are providing continuous counselling and support to these women.



Gender Equality (SDG-5)

Tata Mumbai Marathon 2025, Maharashtra

The Tata Mumbai Marathon, held annually in Mumbai, Maharashtra, is one of the top 10 marathons globally and the largest marathon in Asia, making it the continent's largest mass-participation sporting event. This prestigious race, which takes place every third Sunday of January, celebrated its 2025 edition on January 19th. With an impressive 63,561 participants, including fitness enthusiasts, NGOs, and world-class distance runners, the marathon was a resounding success. The event features six race categories: Full Marathon (42.195 km), Half Marathon (21.097 km), Dream Run (5.9 km), Senior Citizens Race (4.7 km), Champions with Disability (2.1 km), and the Open 10K (10 km).

Child Help Foundation (CHF) has proudly participated in this global event for several years, advocating for the welfare of underprivileged communities. This year, 48 enthusiastic CHF volunteers took part in the Dream Run category, proudly representing the NGO. They wore traditional attire in CHF's signature colours, drawing attention and creating a lively atmosphere. Many volunteers also wore state-specific costumes, with painted faces,

runner bibs, and carrying banners and placards to promote the important themes of the POSH (Prevention of Sexual Harassment) and POCSO (Protection of Children from Sexual Offences) Acts.

In addition to participating, CHF set up a vibrant "Motivation Zone" along the runners' path to cheer on participants in all categories. The zone was energized by over 800 CHF volunteers from various Mumbai colleges, who kept their spirits high with chants, cheers, and regular skits promoting POSH & POCSO awareness.

As an NGO partner for the Tata Mumbai Marathon, Child Help Foundation used the event as a platform to raise awareness about its ongoing initiatives and emphasize its commitment to social causes. The efforts of CHF volunteers and their dedication to spreading crucial messages made the 2025 Tata Mumbai Marathon a memorable and impactful event.



Life Skills Project (ARSH Initiatives) METROPOLIS, Maharashtra

In January 2025, trainers conducted life skills training sessions for adolescent girls in Ashram Schools and communities, focusing on essential skills such as problem-solving, decision-making, and interpersonal relationships. These sessions aimed to empower the girls with the tools they need to navigate challenges and build stronger, healthier relationships in their personal and social lives.

Target & Details of Beneficiaries till January 2025

No of adolescents reached through ARSH-based life skills - 8931

No of Kishori Manch formed - 418

No of the Key influencers oriented on project - 150

No of action plans made by Kishori Manch - 215

No of action plan implemented by Kishori Manch - 185

No of referrals done in the project - 62

No of girls integrated with Govt schemes - 41

No of girl champions - 31



POSH - ICC Quarterly Meeting, Mumbai, Maharashtra

The POSH-ICC Quarterly Meeting was held on 9th January 2025 at Nirali A M Naik Charitable Health Care Facility (L&T), Andheri, with five participants in attendance. The discussion focused on the preparation and submission of the POSH Annual Report, including its essential components, the process of drafting it, and the

requirement for all ICC members to provide consent before the final report is signed. Additionally, the meeting addressed where the report should be submitted. It was also noted that no POSH-related complaints had been reported in project offices over the past three months.



Special Day for Women, Taj Lands, Mumbai, Maharashtra



On a Special Day for Women organized at Taj Lands, Bandra, Child Help Foundation was invited as a keynote speaker to discuss the crucial topic of Women's Empowerment. The session was attended by 80 enthusiastic women who actively participated in the discussions. The session covered various aspects of women's empowerment, including gender equality, financial independence, education, and self-confidence. The engaging and insightful discussions resonated deeply with the participants, who appreciated the impactful session. As a result, Child Help Foundation has been invited to be a recurring speaker for future monthly Special Day for Women events, further strengthening efforts to empower and uplift women in society.

POSH Awareness Session for New Joiners

Ketto Online Ventures
Mumbai, Maharashtra

On 21st January 2025, Child Help Foundation (CHF) conducted a session on the Prevention of Sexual Harassment (POSH) at Ketto Online Ventures. The session aimed to educate employees about workplace safety, legal provisions, and the role of the Internal Complaints Committee (ICC). A total of 12 new joiners participated, gaining valuable insights into their rights, responsibilities, and the organisation's commitment to maintaining a safe and inclusive work environment.



POSH Awareness Session for New Employees

Head Office, Maharashtra

On 17th January 2025, a POSH (Prevention of Sexual Harassment) awareness session was conducted for new employees to educate them on the importance of maintaining a safe and respectful workplace. The session aimed to familiarise participants with the key aspects of the POSH Act, including its objectives, legal framework, and mechanisms for prevention, prohibition, and redressal of sexual harassment in the workplace. Ms. Chris Shenoy led the session, providing valuable insights and real-life examples to enhance understanding. The interactive session was well received by the 50 participants,

who actively engaged in discussions and expressed their commitment to fostering a workplace culture of dignity and safety.



POSH Awareness Training SAN Academy

Chennai, Tamil Nadu



Sathish and Nalaeni, dedicated volunteers of Child Help Foundation (CHF), conducted a POSH (Prevention of Sexual Harassment) training session at SAN Academy in Chennai. The session aimed to educate participants on workplace safety, legal frameworks, and measures to prevent harassment. Through interactive discussions and real-life examples, the training helped raise awareness about the importance of creating a safe and respectful environment. The initiative reflects CHF's commitment to promoting gender equality and ensuring that institutions are well-equipped to handle and prevent harassment cases effectively.

BRINGING SMILES

POCSO Training, Mahila Melava, Medhe Parol, Maharashtra

On 10th January 2025, Child Help Foundation participated as a guest speaker at the Mahila Melava organized by the ICDS (Integrated Child Development Schemes) in Medhe Parol, Maharashtra. The session focused on educating the attendees about the POCSO Act and the crucial role adults play in ensuring child safety. The event also featured engaging cultural activities, including dance performances by ZP school children, a rangoli competition, and a 'Paushtik Ahaar' recipe competition for Anganwadi Sevika. The gathering saw active participation from around 100 individuals, highlighting the community's involvement in promoting child welfare and safety.



POCSO Training

Mahila Melava, Bhatane Maharashtra

On 15th January 2025, Child Help Foundation participated as a guest speaker at the Mahila Melava event organized by ICDS (Integrated Child Development Schemes) in Bhatane, Maharashtra, with 70 participants. The focus of the session was on the POCSO (Protection of Children from Sexual Offences) Act and the critical role of adults in ensuring child safety. The event also featured vibrant dance performances by children, adding an engaging cultural aspect to the programme. This initiative helped raise awareness about child protection laws and the responsibilities of the community in safeguarding children's well-being.

POCSO Training (Good Touch Bad Touch),

Handmaids of the Blessed Trinity Orphanage, Mumbai Suburban, Maharashtra

A training session on 'Good Touch, Bad Touch' under the POCSO Act was conducted on 30th January 2025 at the Handmaids of the Blessed Trinity orphanage in Vasai, Maharashtra. The session, which aimed to educate and raise awareness among children about personal safety, was attended by 30 girls. The training focused on helping them understand the importance of recognizing safe and unsafe touches, empowering them with the knowledge to protect

themselves from any form of abuse. This initiative is part of a broader effort to ensure that children are equipped with the necessary tools for their safety and well-being.



CLEAN WATER AND SANITATION (SDG-6)

Toilet Renovation, New Government School, Chintamani, Karnataka

Under the WASH programme, ensuring access to safe and hygienic toilets in schools is a fundamental right of all children. In line with this, Child Help Foundation, with the support of Anthology International Pvt. Ltd., has renovated the toilets at the New Government School in Chintamani, Karnataka. This initiative aims to provide a clean and safe sanitation environment, benefiting 570 students. By improving sanitation facilities, the project contributes to better health, hygiene, and overall well-being of the students, ensuring they can focus on their education without concerns about basic hygiene needs.



NEWS LETTER

Humanitarian Relief (SDG 11,13,17)

Blanket Distribution, Vrindavan Ashram, Uttar Pradesh

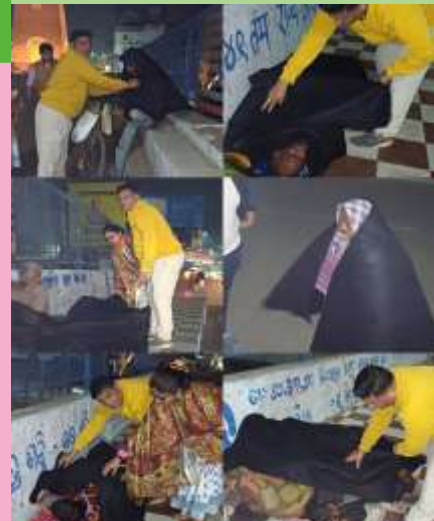
In collaboration with Om Aayam Charitable Trust, Child Help Foundation organized a blanket distribution drive at Vrindavan Ashram, Uttar Pradesh. With temperatures dropping in Northern India, the initiative aimed to provide warmth and comfort to those in need, addressing the essential requirement of blankets during the colder months. During the activity, monkeys were also fed, aligning with our commitment to supporting and caring for all living beings as part of our core mission.



Blanket Distribution

Delhi

Temperatures in Delhi are dropping below 10 degrees Celsius. In such cold climate, health takes a toll, especially for those living on the streets. To help them, volunteers from Child Help Foundation went around the city to distribute blankets. More than fifty blankets were distributed, spreading warmth and kindness.



Blanket Distribution, GTB Nagar, Delhi



To help combat the lowering temperatures, volunteers of Child Help Foundation, along with the students of Shriram College of Commerce went on the streets of GTB Nagar, Delhi to distribute warm woollen and clothes to the underprivileged. During winter, these cosy garments become essential for survival and Child Help Foundation is committed to doing whatever it can to make this cold season bearable for the downtrodden.

Shoe Donation by a Donor Hyderabad, Telangana

The owner of a local showroom generously donated 83 pairs of school shoes to CHF Hyderabad. There were 36 white shoes for boys, 32 white shoes for girls, and the remaining 15 pairs of slippers were also donated.

Blanket Distribution, Cuttack, Odisha

Warmth becomes essential when low temperatures become unavoidable. Volunteers of Child Help Foundation (CHF) reached out to the homeless people in Cuttack, Odisha and distributed more than twenty blankets to help them combat cold weather. This initiative was a part of a broader effort to make this winter bearable for the underprivileged people and CHF is looking to organise more such distribution drives. Please contact CHF if you are interested in helping your local community this winter.



Partnership for Goals (SDG 17)

Meeting To Explore Collaborations, Jawhar, Maharashtra

On 6th January, a meeting was organized by PO-ITDP, Jawhar, to engage with NGOs operating in their jurisdiction, particularly those focused on health. The purpose of the meeting was to explore potential collaborations aimed at addressing critical issues related to maternal and child health, as well as malnutrition.



BRINGING SMILES

Other Activities

Stall at Shri Shyam ji, Delhi

On 5th January 2025, Child Help Foundation had the opportunity to set up a stall at a significant bhajan event organized by Shri Shyam Ji. In collaboration with Sri Shyam Mitra Mandal Kalyan Samiti (Regd. 2009), CHF was provided with a free stall to showcase its work. The event saw the participation of over 350 families.



Republic Day Celebration

ZP School, Vasai, Maharashtra

Republic Day was celebrated with the students of ZP School, Umele, Vasai, Maharashtra. The children created beautiful drawings based on the theme of Republic Day, and the 3 best drawings were selected for prizes. The children thoroughly enjoyed the activity and were delighted to receive snacks after the program. A total of 40 children benefited from this celebration

Wish Tree Activity, Alok Bharati Towers, Bhubaneswar, Odisha



The Wish Tree Activity organized by Child Help Foundation brought smiles and hope to many at Alok Bharati Towers in Bhubaneswar, Odisha. The people around flocked to give donations for the important cause making this event a success. A heartfelt thank you to all volunteers who contributed and supported this meaningful initiative.

Wish Tree Activity, Chennai, Tamil Nadu

Child Help Foundation (CHF) rallied volunteers and communities to fight tuberculosis at Salma Pine Ridge Apartments in Puzhuthivakkam, Chennai, Tamil Nadu. The people around flocked to give donations for the important cause making this event a success.



Christmas Celebration, Miracle Charitable Society, Haryana



Christmas celebrations were held at Miracle Charitable Society in collaboration with Interactive Avenues. The event brought joy to the children as their wishes were fulfilled through thoughtful gifts, creating an atmosphere filled with laughter and excitement. It was a fun-filled day, with 9 special children also included in the celebrations.



Awards

CSR Project of the Year Award (NGO) 2025

Child Help Foundation (CHF) is honoured to receive the CSR Project of the Year Award (NGO) 2025 at the prestigious 15th CSR Awards in Bhubaneswar. This recognition celebrates CHF's unwavering dedication to transforming healthcare in underserved communities and reaffirming its commitment to creating a lasting impact.

Winning this award is a testament to the collective efforts of our team, partners, and supporters who share our vision of accessible and equitable healthcare for all. CHF remains committed to expanding its reach and making a meaningful difference in the lives of those in need.



BRINGING
SMILES

Our Programs

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3 GOOD HEALTH AND WELL-BEING

4 QUALITY EDUCATION

5 GENDER EQUALITY

6 CLEAN WATER AND SANITATION

8 DECENT WORK AND ECONOMIC GROWTH

10 REDUCED INEQUALITIES

11 SUSTAINABLE CITIES AND COMMUNITIES

13 CLIMATE ACTION

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