

NEWSLETTER

CHILD HELP FOUNDATION

May'25 Journal



Child Help Foundation at the Forefront of Healthcare Collaboration



Training Session on Financial Literacy

Kurla, Maharashtra

On 30th May, student interns from Narsee Monjee Institute of Management Studies (NMIMS)'s economics stream, representing Child Help Foundation, conducted a financial literacy session for the women's group of Masoom NGO. The session focused on understanding finance, including basic concepts of

needs, wants, and savings in daily life, and emphasized the importance of women's economic empowerment as a key driver of development. Government schemes such as the Sukanya Samriddhi Yojana were also discussed to raise awareness about available support for women and girls.

About Us



Child Help Foundation (CHF) is a pan-India non-profit organization, registered under the Bombay Public Trust Act 1950, which started in the year 2010. We aim to accomplish the objectives set by the United Nations Sustainable Development Goals (UN SDGs) for global development. Child Help Foundation's principal purpose is to empower the disadvantaged holistically with some of our initiatives like Good Health and Well Being, Quality Education, Zero Hunger, Clean Water and Sanitation, Gender Equality, Humanitarian Relief, Life on Land, Life Below Water and Village Development.

Child Help Foundation at the Forefront of Healthcare Collaboration



Child Help Foundation at the Forefront of Healthcare Collaboration

Child Help Foundation (CHF), a pan-India non-profit organization dedicated to the welfare of underprivileged children, continues its mission to bridge critical gaps in healthcare, education, and overall well-being. On May 18th, 2025, CHF was honoured to be recognized as a Guest of Honour at a prestigious event hosted by **Amrita Hospital**, Asia's largest super-speciality hospital in Faridabad, Haryana. This landmark occasion underscored CHF's unwavering commitment to forging partnerships that advance healthcare accessibility for those in need.

Representing CHF at this event was **Mr. Sanjay Sinha**, who engaged with distinguished delegations and leading medical professionals from across India. The gathering provided CHF with an invaluable platform to showcase its core mission, improving health outcomes for marginalized communities through strategic interventions and collaborative efforts.

Amrita Hospital, renowned for its cutting-edge medical facilities and compassionate care, served as the perfect venue to highlight CHF's ongoing initiatives in oncology and pediatric healthcare. Through meaningful interactions with top oncologists and specialists, CHF explored potential avenues for collaboration aimed at enhancing treatment access and patient support for children battling cancer and other life-threatening diseases.

This event also provided an opportunity to present CHF's flagship healthcare programs, including its **Financial Assistance for Medical Treatment** initiative, which has supported thousands of children across India in receiving timely and life-saving medical care. By aligning with Amrita Hospital's vision of excellence in healthcare, CHF aims to scale its impact and extend critical services to even more families in need.

Reflecting on this momentous occasion, Mr. Sanjay Sinha remarked:

"Child Help Foundation has always believed that collaboration is the key to creating sustainable healthcare solutions. Being recognized as a Guest of Honour at Amrita Hospital reaffirms our commitment to working hand-in-hand with India's top medical institutions to ensure that every child, regardless of their socio-economic background, has access to quality medical care and support."

This milestone event not only strengthened CHF's ties with the medical community but also reinforced its dedication to creating a healthier, more equitable society. As CHF continues to build impactful partnerships, its efforts remain rooted in the belief that every child deserves a fighting chance at life, dignity, and a brighter future.

Through such collaborative endeavors, CHF reaffirms its mission to transform lives by addressing pressing health needs, fostering hope, and paving the way for a society where every child can thrive.



Emergency Medical Support



Lenka Saarvani, 1 Year 10 Months
Thalassemia Major

Help 1-Year-Old Saarvani Beat Thalassemia

On March 11, 2023, Lenka Appalanaidu and Thorothu Bangarulakshmi were overjoyed to welcome their baby girl into the world, filled with dreams and hope for her

future. But their joy was short-lived. At just 1 year and 10 months old, their daughter has been diagnosed with Thalassemia Major—a severe blood disorder that can be fatal without urgent medical intervention.

Doctors at Medicover Cancer Institute, Visakhapatnam, Andhra Pradesh (3.3 km from Visakhapatnam Railway Station) have recommended a Haplo-Identical Bone Marrow Transplant, the only treatment that can save her life. The estimated cost of this critical procedure is Rs 20,00,000 (Rupees Twenty Lakhs Only).

Lenka Appalanaidu, a daily wage labourer, and his wife have done everything they can—spending their savings and borrowing from friends and family. But it's not enough.

Please come forward and help give this little girl the chance to live the life she deserves.

There are many more children who need urgent treatments, and your small contributions can make a huge difference.

Please Donate!



Baby of Varsha Chaudhary, 7 Days
Premature Birth Complications



Kirubai Jensis, 5 Years
Complex Heart Disease



Samarth Kadam, 11 Years, 5 Months
Heart Disease



Baby of Chakali Sumalatha, 1 Month
Heart Disease

Emergency Medical Support



Shreyaraj Malakar, 11 Years
Neuroblastoma



Baby of Dinesh Kumar, 1 Month
Complex Heart Disease



Sai Vighnesh, 5 Years
Urinary Disease



Adiba, 13 Years
Heart Disease



Josmy, 13 Years
Adolescent Idiopathic Scoliosis



Mallikarjun Pujari, 3 Years
Blood Cancer

Emergency Medical Support



Hasnain Sheik, 6 Years 7 Months
Blood Cancer



Baby of Saloni Twin II, 9 Days
Premature Birth Complications



Arnavi Bandre, 4 Years
Kidney Complications



Baby of Anju Joseph, 1 Month
Premature Birth Complications



Abhiket Pawara, 9 Month
Complex Heart Disease



Shubhangi Mote, 11 years 7 months
Complex Heart Disease

Success Stories



Mohammed Armaan Patel

Being the son of an auto driver, it was getting extremely difficult to arrange funds for Mohammed Armaan Patel's treatment. With a faint glimmer of hope, the parents approached Child Help Foundation and their faith was rewarded as donors came up with support and saved the child from harm.



Aaref Khan

With time, Aaref Khan's condition was getting worse. He was born with this heart disease, and his parents were afraid that the disease was all he was going to know in his life. But our donors were not ready to let him go, and saved him from misfortune through donations and shares.



Maruf Mistry

Thalassemia was wreaking havoc on Maruf's life, and only a bone marrow transplant could've saved him. But Maruf had the misfortune of being born into a family of limited means, and the life-saving surgery was out of reach. Thankfully, Child Help Foundation saved him from harm through relentless campaigning.

Success Stories



Rigvedh

Life was nothing but a series of medical procedures for Rigvedh, but thanks to our donors, he need not visit the hospital anymore as his medical problems are history. Rigvedh's parents are falling short of words as their year-long problems have finally come to an end. Thank you to all the donors for helping to save the life of this precious child.



Edwin Rojan

Little Edwin's first months were filled with worry as he battled complications from decompensated chronic liver disease with portal hypertension, a condition that threatened his very life. Edwin's father, George Rojan, a daily wage labourer, worked tirelessly to care for his family under a makeshift tarpaulin shelter, but the cost of the life-saving liver transplant seemed beyond their reach. But thanks to the compassion and generosity of donors like you, Edwin's story took a miraculous turn. Through the unwavering support of Child Help Foundation, Edwin received his urgent liver transplant and is now thriving.



Sanvi

Sanvi, an 8-year-old girl from Karnataka, faced a daunting challenge when she was diagnosed with Medulloblastoma, a serious brain tumour. She needed eight cycles of chemotherapy to fight this disease, a treatment her family couldn't afford on their own. Thanks to the generosity of donors and the support of Child Help Foundation, Sanvi completed her treatment successfully. Today, she is healthy, active, and looking forward to a bright future. Her family is overwhelmed with gratitude for the kindness that gave their daughter a second chance at life.

Success Stories



Tanmay Ahire

Tanmay Ahire, a bright 12-year-old, has battled Complex Heart Disease since birth. After his first surgery at age four, he needed another open-heart surgery that his family struggled to afford. Thanks to generous donors and the dedicated team at Child Help Foundation, Tanmay underwent his life-saving surgery at Ashoka Medicovert Hospitals. Today, he is healthy and full of hope, with a smile that says it all. His parents are forever grateful to everyone who made this miracle possible.



Anumala Deekshith Sai

Anumala Deekshith Sai, a bright 9-year-old from Vijayawada, was diagnosed with Acute Lymphoblastic Leukaemia and required chemotherapy as per the ICICLE protocol. His father works at a petrol pump, and his mother is a housewife. Facing a daunting treatment cost of 10 lakhs, the family was overwhelmed. Thanks to the generous support of donors and Child Help Foundation, Deekshith received the life-saving treatment he needed. Today, he is healthy, smiling, and ready to embrace his future. His family is deeply grateful for the kindness that brought their son back to health.



Samarth Kadam

Born with three holes in his heart, young Samarth battled pain and breathlessness every day. His parents, struggling to make ends meet, had no means to afford his life-saving treatment. But thanks to the generosity of donors of Child Help Foundation, Samarth received the care he desperately needed. Today, he is on the road to recovery, healthier, stronger, and filled with new hope.

Success Stories



Shivalika Shinde

Shivalika Shinde was born with a heart condition that made every breath painful and left her body too weak to grow. Her father, a labourer from Kolhapur, tried everything to gather funds for her treatment, but it wasn't enough. Thanks to the generous donors of Child Help Foundation, Shivalika received the care she desperately needed. Today, she is on the path to recovery, smiling brighter with every heartbeat.



Khushi Kumari

Khushi, a 9-year-old girl from Uttar Pradesh, was suffering from a painful tumour on the side of her neck. Her condition required urgent surgery, but her family couldn't afford the treatment. Thanks to the kind-hearted donors of Child Help Foundation, Khushi received the care she needed. Today, she is on the path to recovery and smiling once again.



Juwal Shaiju

Juwal, an eight-year-old girl, was once full of life until a rare condition, Autoimmune Neuropathy, left her weak and struggling to move. Her father, a driver, tried everything to gather funds for her treatment, but the cost was too high. Thanks to the generous donors of Child Help Foundation, Juwal received the life-saving plasmapheresis she needed. Today, she is on the path to recovery, smiling once again.

Breaking the Stigma: Celebrating Menstrual Hygiene Day with Action and Awareness

Every year, on May 28, the world comes together to observe Menstrual Hygiene Day—a global platform to raise awareness about the importance of good menstrual hygiene management (MHM). Despite being a natural biological process, menstruation continues to be shrouded in stigma and silence in many parts of the world, particularly in India. This silence contributes to poor menstrual hygiene practices, leading to adverse health outcomes, increased school dropouts among adolescent girls, and a deepening cycle of gender inequality.

At the heart of Menstrual Hygiene Day is the vision of a world where no girl is held back because of her period. To bring this vision closer to reality, organizations like Child Help Foundation (CHF) have been at the forefront of spreading awareness, distributing resources, and empowering young girls across the country.

As of March 2025, CHF has positively impacted 61,089 adolescent girls through its menstrual hygiene awareness programs. These initiatives are designed not just to distribute sanitary products but to equip young girls with critical knowledge about menstrual health, hygiene practices, and self-care. In addition, CHF has distributed over 4,26,248 sanitary pads in under-resourced communities, schools, and slum areas—providing girls with the basic necessities they need to manage their periods with dignity and confidence.

The impact of these interventions goes far beyond numbers. For many girls, having access to sanitary pads means they no longer have to miss school every month. It means being able to participate in sports, social activities, and studies without fear or shame. It means learning about their own bodies in a safe, supportive environment, and being able to pass that knowledge forward.

CHF's initiatives also include training sessions for teachers, parents, and community members to break the myths and taboos surrounding menstruation. In many regions, girls are still taught that periods are impure or that they should isolate themselves during menstruation. These harmful ideas not only damage self-esteem but also prevent girls from seeking help when they need it most. CHF combats this through community-led conversations that normalize menstruation and promote open dialogue.

Menstrual Hygiene Day is not just a date on the calendar; it's a reminder that menstrual health is a human right, not a privilege. Access to affordable, safe menstrual products, clean water, proper sanitation, and accurate information should be universal.

As we mark Menstrual Hygiene Day this year, let's applaud the work done by CHF and countless other changemakers. But more importantly, let's recommit ourselves to ending period poverty, dismantling the stigma, and creating a world where every girl can thrive—period or no period.

Because when we invest in menstrual health, we invest in education, equality, and the future. Join Child Help Foundation in its mission to normalize conversation about menstruation and eliminate the stigma surrounding it.



GOOD HEALTH AND WELL-BEING (SDG-3)

School Health Program

Vikramgad Block, Palghar District, Maharashtra

This month, the Child Help Foundation team developed IEC materials, including training modules, student worksheets, and flipcharts, for classroom sessions on various health and mental health topics such as HIV/AIDS, early marriage, nutrition, and emotional awareness. They conducted mock awareness sessions to enhance facilitation skills and subject knowledge.

On 14th May, the counsellor and coordinator attended a meeting at Govardhan Eco-Village with LTPCT, the DHO, and NGO representatives to discuss community needs and government roles in Palghar. On 20th May, the School Health Program team met with LTPCT leadership at the Vikramgad office to review project targets, student health screenings, referrals, and counselling

activities. An online meeting on 22nd May, led by EY, the firm conducting a need assessment survey in Kurnze block, finalized Focus Group Discussion schedules, family surveys, and stakeholder engagement strategies. On 24th May, a full-day Training of Trainers session on managing mental health conditions was facilitated by clinical psychologist Ms. Riya Bagade.

From 27th May onwards, the team actively participated in a community survey conducted by EY, mobilizing diverse groups including ANC/PNC women, elderly individuals, persons with disabilities, local health workers, and Digital Skills Program participants.



Arogya Sadan

Mumbai, Maharashtra

Arogya Sadan is a facility dedicated to supporting patients undergoing Bone Marrow Transplants (BMT) and their families by providing accommodation and care during their treatment period.

Arogya Sadan – Beneficiaries Details

1. Master Narayan Thakur	BMT Failed – Returned home
2. Master Aryan Kumar	Transplant Cancelled – Platelet Increase
3. Master Aarav Kumar	BMT Done – Case Completed Successfully
4. Miss Aradhya Kumari	BMT Done – Case Completed Successfully
5. Master Aman Ahirwar	BMT Done – Case Completed Successfully
6. Master Vikrant Thakur	BMT Done – Case Completed Successfully
7. Master Amit Kumar	BMT Failed – Returned home
8. Master Abhishek Kumar	BMT Done – Case Completed Successfully
9. Master Akash Kumar	Transplant Cancel – Liver Enlarged
10. Miss Swati Hasanda	BMT Done – Case Completed Successfully
11. Master Aiyan Reza	BMT Done – Case Completed Successfully
12. Master Deep Kumar	BMT Done – Case Completed Successfully
13. Master Aditya Kumar	BMT Done – Case Completed Successfully
14. Miss Taabis Rehan	BMT Done – Case Completed Successfully
15. Master Harshwardhan	BMT Done – Case Completed Successfully
16. Miss Ujala Kumari	BMT Done – Case Completed Successfully
17. Master Piyush Kumar	2–3 Days Stay
18. Master Mannat Raj	2–3 Days Stay
19. Miss Krashika Urkude	BMT Done – After Care (Hospital)
20. Master Ansh Kumar	BMT Done – After Care (Arogya Sadan)
21. Miss Aradhya Gangurde	7 Days Stay
22. Master Mohammad Saad	Transplant Cancelled – Spleen Enlarged
23. Master Adarsh Kumar	Pre-BMT Treatment
24. Master Sk Rizwan	Pre-BMT Treatment
25. Miss Bhagwanti Shailendra Vishwakarma	Pre-BMT Treatment



Maternal and Child Health Initiatives

Palghar District, Maharashtra

Child Help Foundation trainers, with the support of Diagnosearch, have been diligently collecting essential data from relevant stakeholders and beneficiaries. The following data have been gathered by CHF trainers to date:

0-5-Year-Old Children — Proposed Target is 1000 – 1000 (Target Reached)

Pregnant Women (First Trimester Completed) – Proposed Target is 500 – 500 (Target Reached)

The total number of beneficiaries is 1122.



Update of Baby Feeding Centres

Maharashtra



Kalyan Railway Station, Thane

124 beneficiaries;
4 mothers use it daily; supported by Childline staff.



Boisar Railway Station, Palghar

90 beneficiaries;
good utilization.



Kurla Railway Station, Thane

30 beneficiaries



Kashimira Police Station, Mumbai Suburban

31 beneficiaries;
1 mother uses it daily; also used for resting



Palghar Railway Station, Palghar

124 beneficiaries;
4 mothers use it daily



Cama & Albles Hospital, Mumbai

155 beneficiaries;
excellent utilization in ANC OPD
with nursing staff support

Update of Baby Feeding Centres

Maharashtra



Sir J J Hospital, , Mumbai
31 beneficiaries;



Pune Railway Station, Pune
124 beneficiaries;



St George Hospital, Mumbai
93 beneficiaries;
3 mothers use it daily



Civil Hospital, Satara
124 beneficiaries;
4 mothers use it daily



Urban Health Centre, Mumbai
248 beneficiaries;



Rural Hospital, Palghar
180 beneficiaries;
6 mothers use it daily

Update of Baby Feeding Centres

Karnataka



Sir C. V. Raman Hospital 1 & 2
Bengaluru
10 mothers use it daily



Majestic Metro Railway Station
Bengaluru
29 mothers use it daily



Yashwantpura Metro Station
Bengaluru
47 users per month



Baiyyappanahalli Metro Station
Bengaluru
49 users per month



Sir Atal Bihari Vajpayee College-1
Bengaluru
27 mothers use it daily



Kengeri Bus Terminal Metro Station
Bengaluru
127 users per month

Update of Baby Feeding Centres

Tamil Nadu



Taluk General Hospital
Chennai
15 mothers use it daily

Odisha



Puri Railway Station, Puri
620 beneficiaries; regularly cleaned by
railway staff; 20 users daily

Andhra Pradesh



**Institute for Child Health &
Hospital for Children**
Chennai
15 mothers use it daily; well-utilized



Vizag Railway Station
Vizag
15 mothers use it daily

Bihar



Institute of Obstetrics and Gynaecology
Chennai
15 mothers use it daily



Katihar Railway Station
Katihar
31 beneficiaries

Update of Baby Feeding Centres

Kerala



General Hospital
Ernakulam
750 beneficiaries; well-utilized



Chottanikkara Temple, Ernakulam
1,800 beneficiaries; 60 mothers use it daily;
heavily used due to large crowds



Lakeshore Hospital
Ernakulam
900 beneficiaries; 30 mothers use it daily



Shoranur Railway Station
Shoranur
450 beneficiaries; 15 mothers use it daily

West Bengal



New Jalpaiguri Railway Station
New Jalpaiguri
A functional Baby Feeding Centre is at the station.

Haryana



Civil Hospital Sector 10
Gurugram
A functional Baby Feeding Centre

Site Verification Meeting for Health Project

Civil Hospital, Ratnagiri, Maharashtra

On 14th May 2025, a meeting was held at Civil Hospital, Ratnagiri, Maharashtra, to discuss and assess the site for the upcoming health project. Attendees included Mr. Bhaskar Jagtap, Chief Surgeon, representatives from UTI, Mr. Datta Shenavi and Mr. Dinesh Yadav, and other hospital staff. The discussion focused on site suitability, infrastructure readiness, and collaboration plans to ensure successful project implementation.



Nutrition Kit Distribution for TB Patients

Vikhroli, Maharashtra

Child Help Foundation (CHF), in partnership with Filaantro, the National Tuberculosis Elimination Program (NTEP), and the Brihanmumbai Municipal Corporation (BMC), conducted a nutrition kit distribution drive under the Pradhan Mantri TB Mukta Bharat Yojna (PMTBMBY). Led by Mr. Mahindra Patil, PMTBMBY Coordinator, the event took place in Vikhroli, Maharashtra, where CHF staff distributed nutrition kits to 20 TB-affected patients. Each kit included immunity-boosting essentials such as rice, wheat flour, groundnuts, cooking oil, and other vital food items. This drive expands CHF's ongoing monthly nutrition kit distribution efforts in Mumbai Suburban and Mulund, supporting TB patients' recovery by enhancing nutrition and immunity alongside medical treatment. Through collaboration with local health departments and the BMC, CHF remains committed to contributing toward a TB-free India.



Quality Education (SDG-4)

COE Project Presentation at MBMC Review Meeting

Mumbai Suburban, Maharashtra

On 6th May 2025, Child Help Foundation member Shilpa Lokhande presented the Centre of Excellence (COE) project achievements at the Mira-Bhayandar Municipal Corporation (MBMC) Review Meeting in Mumbai Suburban, alongside Sunil Pandey. The presentation showcased key milestones, outcomes, and the project's ongoing impact, contributing to a productive review and discussion.



Mini Science Centre Palghar, Maharashtra

The Mini Science Centre project, supported by Samata Equal Footing, is being implemented across 10 Ashram Schools in Palghar district, Maharashtra.

Three teacher-coordinators appointed for the project visit these schools to conduct classes using models from the MSC labs. With schools closed for summer vacation, the teachers adapted by organizing summer classes in various villages and padas, teaching small groups of 5-6 children on different subjects.

These sessions help students stay connected with their studies during the break. So far, the project has reached a total of 4,855 beneficiaries.



Mini Science Centre Bihar

The Mini Science Centre project, supported by National Fertilizers Limited, is currently being implemented at M S Maur and M S Koyaribigha School in Barbigaha, Bihar. The project aims to enhance Science and Mathematics learning using the models provided under the Mini Science Centre.

Despite the cold weather, which affected student attendance, the MSC coordinator conducted lessons, revision sessions, and tests to ensure continued learning. To date, a total of 1,122 beneficiaries have been reached through this initiative.



Computer Labs Bihar

A Computer Lab project is being implemented at Tailik School Utkramit Uchch Vidhyalay, Lodhipur, and Madhya Vidhyalay Samas in Barbigaha block, Sheikhpura, Bihar, with support from National Fertilizers Limited.

Each lab is equipped with 21 well-maintained computers, and three teachers are assigned per lab to conduct regular classes. Throughout May, each teacher delivered 114 lessons, 12 revisions, and 6 tests, despite the extremely hot weather. To ensure effective implementation, Mr. Vilas Mukhiya, a CHF volunteer, conducted a monitoring visit to assess progress, teacher performance, and any issues.

The visit confirmed that classes were running smoothly, students were actively engaged, and the principal expressed gratitude to CHF and NFL for the valuable support in setting up the labs.



Digital Skills Program

Computer Training Centre

Amboli, Dadra & Nagar Haveli

During the summer vacation, the trainer organized extra classes at the school, despite it being officially closed, to ensure continuous learning. A total of 42 classes were conducted, reaching 332 beneficiaries, including 32 unique participants, with lessons on Input and Output Devices, Microsoft Word, and Microsoft PowerPoint. To support attendance, the trainer, together with school teachers, conducted home visits to encourage parents to send their children. Additionally, the trainer contributed to a needs assessment survey in several local schools to identify specific requirements for computer education.

Computer Training Centre

Silvassa, Daman & Diu

Due to the summer vacation, regular in-person sessions were not conducted at the school. However, trainers sustained student engagement through a blended learning approach, organizing extra classes at the school level three days a week and conducting online classes on the remaining days. A total of 42 classes were held, with 890 cumulative attendees representing 42 unique beneficiaries. The topics covered included the history of computers, internet surfing and security, different Google apps, and an introduction to artificial intelligence.

Digital Skills Program

Vikramgad Block, Maharashtra

This month, with schools closed for summer vacation, the trainer dedicated their time entirely to conducting community sessions.

Before beginning the workshops, participants completed pre-assessment survey forms to facilitate the analysis of learning outcomes after the sessions. The topics covered during the community sessions included Parts of a Computer, Tux Typing, Tux Math, Tux Paint, MS Paint, Notepad, WordPad, MS Word, MS Excel, and PowerPoint.

Sessions were conducted at:

- Vakdupada (26 sessions)
- Karhe (26 sessions)
- Murbad (26 sessions)
- Khand (26 sessions)
- Kegave (26 sessions)
- Kunj (26 sessions)



Child Care Institutions

Child Help Foundation extends monthly support to seven Child Care Institutions (CCIs), ensuring that children have access to essential educational resources.

This support covers school fees, stationery, and other academic needs, enabling underprivileged children to continue their education with dignity and hope. By investing in their learning, CHF is helping build a foundation for brighter, more empowered futures.

Needs Charitable Trust

Horamavu, Bengaluru, Karnataka

Activities: Birthday Celebration, Counselling Program

Ashraya (Handicapped Welfare Organisation)

Bhubaneswar, Odisha

Activities: Celebrated Mother's Day, Summer Camp

Khirod Basini Kanya Ashram

Angul, Odisha

Activities: Celebrated Shramik Diwas, Drop Out Survey and Community Outreach, Awareness Sessions

Koel Saraswati

Rourkela, Odisha

Activities: Summer Camp Activities

Charis Foundation

Thirumullaivoyal, Chennai, Tamil Nadu

Activities: Summer Camp, Computer and Music Classes and Birthday Celebration

The Special School of Joy

Kadma, Jharkhand

Activities: Summer Camp

Saraswati Anath Shikshan Ashram

Pune, Maharashtra

Activities: Yoga Classes, Art & Craft Activity, Buddha Purnima



Internship Programme

Mumbai Suburban, Maharashtra

On 3rd May 2025, student interns from Narsee Monjee Institute of Management Studies (NMIMS) College and Mumbai University (Kalina Campus) began their internships at the Child Help Foundation Head Office. Both groups actively participated in orientation sessions designed to clarify their objectives, roles, and responsibilities.



Summer Vacation Classes

Palghar, Maharashtra

Child Help Foundation (CHF) has launched summer vacation classes for children from various villages in Palghar district, Maharashtra. Led by dedicated CHF teachers, these sessions keep children engaged during the break while reinforcing their academic skills. This initiative supports continued learning and provides a safe, nurturing environment for rural children throughout the summer months.



Visit to Pragyam Slum School in Collaboration with Indraprastha University

Delhi

On 18th May 2025, Child Help Foundation volunteers Sanjay Sinha, Vishal, and Vandana visited Pragyam Slum School alongside professors from Indraprastha University to explore potential collaborations, including volunteering and support for the school's needs.

The university professors showed strong interest in academic and resource support. Child Help Foundation's internship program was introduced and well-received, opening doors for future collaboration. During the visit, goodies were distributed to 42 children, bringing joy to an enriching day.

This visit marked a promising step toward community engagement and building academic-social partnerships to uplift underprivileged children.



Meeting on Digital Skills & School Health Programs

Vikramgad, Maharashtra

On 19th May 2025, meetings were held in Vikramgad, Maharashtra, focusing on two key programs:

Digital Skills Program: Attended by Mr. Akshay Katad from Larsen & Toubro Public Charitable Trust (LTPCT) and the Child Help Foundation team, the discussion centred on the implementation and progress of the program aimed at empowering youth with essential tech education and vocational skills.

School Health Program: A separate meeting reviewed ongoing activities, assessed impact, and planned future health interventions in local schools.

These meetings were vital to strengthening program delivery and fostering collaboration with key stakeholders in Vikramgad.



Training Session on Financial Literacy

Kurla, Maharashtra

On 30th May, student interns from Narsee Monjee Institute of Management Studies (NMIMS)'s economics stream, representing Child Help Foundation, conducted a financial literacy session for the women's group of Masoom NGO. The session focused on understanding finance, including basic concepts of needs, wants, and savings in daily life, and emphasized the importance of women's economic empowerment as a key driver of development. Government schemes such as the Sukanya Samriddhi Yojana were also discussed to raise awareness about available support for women and girls.



A Meeting on School Health Program with LTPCT

Vikramgad, Maharashtra

A School Health Program team meeting was held with LTPCT, chaired by Ms. Madhu Singh (Director), along with Dr. Manjit, Ms. Sugandha Kale, and Mr. Akshay. The meeting covered a review of last year's targets and achievements, finalisation of current-year goals, and planning for overall implementation. As an action point, the Vikramgad team was tasked with preparing for the upcoming planning meeting with Ms. Madhu.



Child for Child Programme

Eastern India

Child Help Foundation maintains its presence in the Eastern Zone of India through various awareness programs in schools. These programs inform students about CHF's missions and values, hoping to pass the same on to the next generation. Mr. Partha Roy conducts and oversees the affairs of the programme.



Gender Equality (SDG-5)

Invisible Girl Project Maharashtra

In May, Mr. Annarao and Ms. Sujata continued their outreach efforts by visiting various institutions and communities. In the Beed district, the trainer assigned was removed from the project due to underperformance, and the team is now considering relocating to a more accessible area for better monitoring.

During visits to schools and colleges, principals informed the team that students were on summer vacation and requested sessions to resume in June, and Anganwadi workers were also on leave. Despite these challenges, sessions were conducted wherever possible. Mr. Annarao led sessions at Revan Industry, Utawali PHC, Khaniwali PHC, Prajapati Nursing College, RH Center in

Jawhar, and in communities like Manor and Gargaon. Ms. Sujata facilitated sessions at multiple community locations, including Anna Mandir Madhvi Pada, Chenna Gaon Anganwadi, Sarita Transit Camp, and others.

Most sessions were held in community areas since schools were closed, with Mr. Annarao conducting eight sessions in Palghar and Ms. Sujata conducting fourteen in other communities, reaching a total of twenty-two sessions. Overall, 1,344 beneficiaries were reached: 286 in Palghar, 978 in Mumbai Suburban, and 80 in Beed. Moving forward, the team plans to conduct more sessions in schools, communities, and with Anganwadi parents, NGO staff, PHC centers, and ASHA workers.



Invisible Girl Project

Haryana

In May 2025, the Child Help Foundation (CHF) team members Mr. Ajit, Ms. Nitanshi Yadav, and Ms. Anu Bharti carried out extensive outreach and awareness sessions under the Invisible Girl Project (IGP) across schools and institutes in Haryana, focusing on the Rewari and Mahendergarh districts of Haryana.

Mr. Ajit conducted 46 sessions, Ms. Nitanshi Yadav facilitated 14 in Rewari, and Ms. Anu Bharti led 13 in Mahendergarh, collectively reaching 7,933 beneficiaries (4,431 in Rewari and 3,502 in Mahendergarh). Highlights included impactful sessions with active student and staff engagement, expressions of interest in continuing the program in June, and positive feedback from institutions acknowledging CHF's commendable work.

The challenges encountered involved time management, scheduling amid academic calendars, delays in securing permissions, and navigating the summer heat. To address these, the Haryana team is strategically planning improved outreach, proactive coordination with schools for timely permissions, and exploring innovative session formats to keep students engaged and motivated.



POSH & POCSO Sessions – Pan India

Child Help Foundation (CHF) continues to lead the way in promoting safe, respectful, and inclusive spaces through impactful awareness sessions on the Prevention of Sexual Harassment (POSH) Act and the Protection of Children from Sexual Offences (POCSO) Act. In May 2025, CHF organized several dynamic training programs across India, engaging a wide range of participants.

POSH Awareness Sessions

- Quiosco Retail India Pvt. Ltd.:** On 6th May 2025, the 1st Quarterly POSH Internal Complaints Committee (ICC) meeting with Quiosco Retail India Pvt. Ltd. was successfully conducted online. As the appointed external member for their ICC for one year, we ensure compliance with the POSH Act while supporting the organization in fostering a safe and respectful workplace.
- Taj Lands End, Bandra, Maharashtra:** On 6th May 2025, a POSH (Prevention of Sexual Harassment) awareness session was successfully conducted at Taj Lands End, Bandra. The session educated employees about the POSH Act, workplace rights, responsibilities, and grievance redressal mechanisms. It was well-received, contributing to a safer and more inclusive workplace culture.
- Furtados School of Music, Bandra, Maharashtra:** On 15th May 2025, Child Help Foundation (CHF) conducted a comprehensive training on the POCSO (Protection of Children from Sexual Offences) and POSH (Prevention of Sexual Harassment) Acts for 80 performing arts teachers from Furtados School of Music during their Annual Teachers' Training in Mumbai. The session focused on creating
 - safe, inclusive environments;
 - understanding legal protections;
 - empowering teachers to prevent and respond to abuse; and
 - reinforcing their role as responsible role models.
 This initiative reflects CHF's commitment to promoting awareness and safeguarding vulnerable groups, particularly within educational and creative spaces.
- ICC Hotel Green Park, Vizag, Andhra Pradesh:** Child Help Foundation (CHF) representative was invited as a guest to the Mango Festival hosted by Hotel Green Park, Visakhapatnam, Andhra Pradesh. During the event, the management formally handed over a Letter of Intent (LOI) and an official invitation to CHF to join as an External Member of their Internal Complaints Committee (ICC) under the POSH Act. This marks the first official POSH collaboration for the CHF Vizag branch. We look forward to fostering a safe, inclusive, and respectful workplace through this partnership.
- Quiosco Retail Pvt Ltd, Mumbai, Maharashtra:** On 22nd May 2025, Child Help Foundation conducted POSH Act training for 41 employees of Quiosco Retail Company Pvt Ltd in Mumbai. The training emphasized the importance of gender equality as a key factor in challenging patriarchal attitudes and ensuring women's rights to employment and a safe workplace.
- Micro Pneumatics, Vasai, Maharashtra:** On 22nd May 2025, Child Help Foundation conducted a training session for ICC members of Micro Pneumatics Pvt Ltd, Vasai, Maharashtra, focusing on their roles and responsibilities under the POSH Act.

POSH & POCSO Sessions – Pan India

- Taj Lands End, Bandra, Maharashtra:** On 19th May 2025, Child Help Foundation conducted a POSH (Prevention of Sexual Harassment) awareness session at Taj Lands End, Bandra, attended by 80 participants comprising both new joiners and long-standing employees. The session focused on promoting workplace safety, gender inclusivity, and fostering a respectful, harassment-free environment. Participants were actively engaged and showed particular interest in real-life case studies that helped contextualize the legal and ethical aspects of the POSH Act. Feedback from the session highlighted a strong request for future training to include more relatable case studies and practical scenarios, enabling better understanding and application of the Act in everyday workplace situations.
- Ketto, Maharashtra:** On 23rd May 2025, Child Help Foundation conducted a POSH awareness session for 28 advisors at Ketto. The session emphasized promoting gender equality, understanding the POSH Act, and fostering a safe and respectful workplace environment.
- Team Pumpkin, Bengaluru, Karnataka:** An Internal Committee meeting was held at Team Pumpkin's Bengaluru office, where a case study was discussed to promote learning and practical application of POSH guidelines. IC members from multiple branches participated, emphasizing the importance of maintaining a healthy, inclusive, and safe work environment across all locations.



POSH & POC SO Sessions – Pan India



Vizag



Taj Lands Ends



Quiosco Retail Company



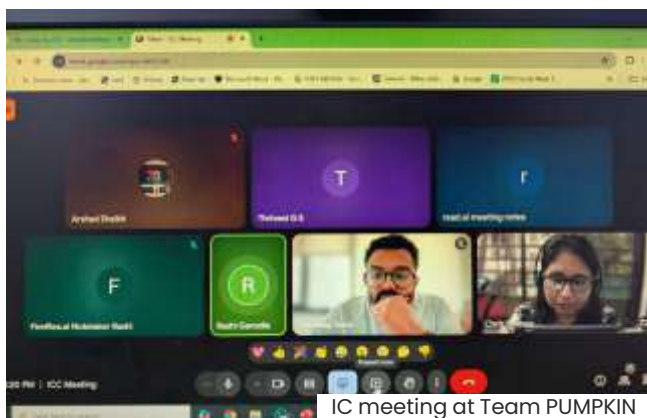
Quiosco Retail Company



Micro Pneumatics



Ketto



IC meeting at Team PUMPKIN



Ketto

Good Touch Bad Touch

Mandvi Pada, Mumbai Suburban, Maharashtra

During their internship at Child Help Foundation, students from Mumbai University organized self-initiated visits to the Mandvi Pada community in Maharashtra. They engaged local children in recreational activities and interactions, building trust and rapport. Following this, they conducted a session on distinguishing between good and bad touch, empowering children to recognize and protect themselves from sexual abuse. The interns demonstrated exceptional enthusiasm and a strong commitment to driving social change.



Awareness Session on Gender Equality

Rewari, Haryana

On 22nd May 2025, Child Help Foundation organized a Gender Equality awareness session at Government Senior Secondary School, Suma Khera, Block Jatusana, Rewari, Haryana. The session, conducted by Ms. Nitanshi Yadav and Mr. Bhupinder Singh, aimed to sensitize students about the importance of gender equality and foster inclusive attitudes for a more equitable society.



Mother's Day Celebration

RBS Model Public School, Rewari, Haryana

On 11th May 2025, Mother's Day was joyfully celebrated at RBS Model Public School, Rewari, Haryana, where the Child Help Foundation (CHF) Haryana team was honoured to serve as chief guests. The event was filled with warmth and appreciation, with mothers and teachers expressing gratitude for CHF's impactful work in improving the community.



Clean Water & Sanitation (SDG-6)

World Menstrual Hygiene Day

Faridabad, Haryana

On 28th May 2025, Child Help Foundation (CHF), in collaboration with ECOSWOP and Ambit India, organized a comprehensive Menstrual Health and Hygiene awareness session in Bhataula Village, Faridabad, Haryana, to mark World Menstrual Hygiene Day. The event engaged 80 local women in discussions on general health, daily hygiene, and menstrual health education, aiming to dispel myths, reduce stigma, and promote safe practices. Ms. Tarunima, Founder of Ambit India, and her colleague Ms. Neha, along with CHF representatives Ms. Vandana, Ms. Kanchan, and Ms. Neha, led the session. A key highlight was the distribution of sanitary pads sponsored by STRIEO, providing practical support for better menstrual health. The event also offered a valuable branding and outreach opportunity for CHF, with positive engagement from community leaders and residents. This initiative reflects CHF's dedication to empowering women and girls through education, access to hygiene products, and community involvement.



Menstrual Hygiene Awareness

Bhubaneswar, Odisha

Child Help Foundation Bhubaneswar, in collaboration with Sailabala Foundation, marked World Menstrual Hygiene Day on 28th May 2025 with an awareness program at Umadeibramhapur Gram Panchayat Conference Hall, Baliana, Hirapur near Bhubaneswar. Supported by the local Sarpanch, CDPO, and BDO, the event was graced by Smt. Drishanka Dyutisika, Head of Department of Women's Studies at UN Autonomous College of Science and Technology, Adaspur, as Chief Speaker, and Dr. Bighneswari Dash, Ayurvedic Medical Officer at Kalpana UPHC, Bhubaneswar, as Chief Guest. The program aimed to educate adolescent girls and women on menstrual health management, emphasizing access to WASH facilities, affordable hygiene products, accurate information, and stigma-free discussions. It also reinforced the global movement: "Together for a Period-Friendly World", advocating for a comprehensive, cross-sectoral response to menstrual health.



Other Activities

Vizag, Andhra Pradesh

Meeting with Hon'ble MP Mr. Ramvir Bidhuri – Collaboration for Welfare Initiatives

South Delhi

On 13th May 2025, Sanjay Sinha was honoured to be invited for lunch by Hon'ble Member of Parliament Mr. Ramvir Bidhuri at his office. During the meeting, they discussed collaborative efforts to support underprivileged communities in South Delhi, exploring initiatives aimed at creating a meaningful and sustainable impact. We look forward to working together to turn these plans into reality to address POSH and POCSO topics.



Visit to the State Child and Development Office

Haryana

On 16th May, Child Help Foundation visited the State Office of Child and Development, Haryana, for a productive meeting with Ms. Pinki, District Child Welfare Officer.

During the meeting, we discussed CHF's work and explored potential collaborations in Haryana, especially focusing on Faridabad. Ms. Pinki showed strong interest in our initiatives and committed to facilitating introductions with local bodies to help expand our impact for children's welfare and development in the region.



Other Activities

Vizag, Andhra Pradesh

3-Day Wish Tree Activity

Odisha

Child Help Foundation organized the Wish Tree Activity across several fuel stations in Odisha from 29th April to 1st May 2025. Our Odisha team showed remarkable enthusiasm, working tirelessly to raise awareness about the NGO's initiatives. Their dedication and teamwork were key to the success of this impactful event.



Our Programs



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