

CHILD HELP FOUNDATION

NEWSLETTER

March'24 Journal



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Women's Day Celebrations Held Far and Wide

About Us *Newsletter*



Child Help Foundation (CHF) is a pan-India non-profit organization, registered under the Bombay Public Trust Act 1950, which started in the year 2010. We aim to accomplish the objectives set by the United Nations Sustainable Development Goals (UN SDGs) for global development. Child Help Foundation's principal purpose is to empower the disadvantaged holistically with some of our initiatives like Emergency Medical Support, Education, Clean Water and Sanitation, Gender Equality, Zero Hunger, Humanitarian Relief, and Village Development.

Women's Day Celebrations Held Far and Wide

Newsletter





International Women's Day: Our Token of Gesture to Women

Newsletter

Women are the symbol of strength, bravery and hope. They have risen from shackles of historic oppression to compete with men and with time they have proved their doubters wrong by showcasing how they are equal contributors to society.

However, all is not good as women are still undervalued and underappreciated by mainstream society. This is the importance of 8th March, as it is not only a day to celebrate women and highlight their achievements, but also to shed light on their plight.

One of Child Help Foundation's main programmes is Gender Equality. Through this programme, we have helped 53,426 people. The program includes POSH-POCSO Sessions, Self-Defence Training and Awareness of issues like Gendercide and Women's Inequality.

Menstruation Awareness sessions are also held throughout the year in schools and other public institutions to eliminate the taboo associated with menstruation. These sessions have changed the minds of 13,637 people. 4,25,908 sanitary pads have been distributed to 60,844 girls to help them with menstrual hygiene.

Just two months before Women's Day, Child Help Foundation inaugurated a new computer lab at Tailika Balika Vidyalaya in Barbigaha, Bihar to empower underprivileged girls with digital learning.

To mark International Women's Day on 8th March, Child Help Foundation conducted a health awareness session and a health camp for women at Mashachapada, Kashigaon, Mumbai, Maharashtra, completely free of cost, which was done in collaboration with Mangala Foundation. A menstrual hygiene session was also conducted at GT Hospital Sarvajanik Ganeshotsav in Mumbai, Maharashtra.

Women's Day was also celebrated in the offices of Child Help Foundation. Lunch was organized for female volunteers and certificates were distributed to appreciate their hard work.

We are extremely grateful to all our female workers and women all around the world for their contribution to society. Belated Happy Women's Day to every woman in the world.

Emergency Medical Support *Newsletter*



Chetravika
5 Years
Leukaemia

Battling Cancerous Blood Valiantly, Chetravika Needs Your Help

"Since the time we got married, we harboured dreams of nurturing a family of our own. Those dreams materialized when my wife became pregnant. Little did we know then, the cruel twist fate had in store for us!" Vinod Kumar; (Father)

Chetravika is a five-year-old little girl who lives with her family in Hyderabad, Telangana. Unfortunately, her childhood has taken a challenging turn as she battles Acute Lymphoblastic Leukemia, a formidable foe that has gripped her with fever.

According to doctors at Telangana's Rainbow Children's Hospital (9.0 km from Hyderabad Railway Station), Chetravika needs chemotherapy for the Initial intensive phase of 6 months followed by a maintenance phase for 2 years. The total cost of the procedure would be Rs. 8,00,000/- (Rupees Eight Lakh Only).

Chetravika's father Vinod Kumar used to work as a supervisor in a reputed farm. However, to take care of his daughter, he has resigned from his job and taken a temporary job as a driver. His modest income barely covers the needs of their family of five, including the costs of renting their home. Despite their tireless efforts, the family has exhausted their savings, sold cherished possessions like gold and family land, and borrowed from friends and relatives. However, the financial burden remains daunting, eclipsing their ability to ensure Chetravika receives the care she urgently needs.

In the face of this adversity, a helping hand extended to Chetravika and her family can make all the difference. Your support, whether through contributions, spreading awareness, or connecting them with resources, can offer hope and relief in their time of need.

There are many more children who need urgent treatments, and your small contributions can make a huge difference. [Please Donate!](#)



Kunal
10 Years
Heart Disease



Muskan
5 Years
Heart Disease



Alishba
1 Year
Heart Disease



Ranjith Kumar
12 Years
Heart Disease

Emergency Medical Support *Newsletter*



Mohd Arhan
3 Years
Heart Disease



Shivadhya
1 Year
Heart Disease



Tanmay Kar
5 Years
Leukaemia



Annritha
11 Years
Scoliosis



Baby of Anjani Kumari
12 Days
Premature Birth Complications



Rohan Londhe
11 Years
Osteosarcoma



Hridya Sunil
6 Years
Ankylosis



Chanda Namkuda
15 Years
Accidental Injuries



Vedhavrith R
4 Years
Leukaemia

Emergency Medical Support *Newsletter*



Baby of Mounika

2 Days

Premature Birth Complications



Urvashi Sutar

1.5 Years

Right Quadriceps Contracture



Nishant Rathod

1 Year

Acute Glomerulonephritis



Nihar Burkule

8 Years

Duchenne Muscular Dystrophy

Success Stories

Newsletter



Mohammad Arsh

Mohammad Arsh frequently got tired and his lips took a blueish hue due to his unrelenting heart disease. His father was the sole breadwinner in his family of five and worked as a mere carpenter. Seeing no other option, he approached Child Help Foundation for assistance. After the necessary verifications, the donors helped to raise money for the treatment.



Shaik Jahangir

When Jahangir started developing a blueish hue on his fingernails, his parents took him to the doctor. Upon examination, it was confirmed that he was suffering from a deadly heart condition. However, what was once deadly is now gone and Shaik Jahangir is safe thanks to our lovely donors.



Anushka Punia

Rest and comfort were distant strangers to Anushka as she was born with a weak heart. Her parents didn't have the means to afford the expensive treatment. The donors of Child Help Foundation made sure that Anushka got her much-needed treatment. Today, Anushka can finally rest easily for the first time in her life.



Abhishek Ratheesh

Being a single mother, it was difficult for Anju to provide care for her son, Abhishek. Anju's parents were the ones providing financial support to her at their ripe old age. Anju seeing no way to help her son, reached out to Child Help Foundation for help. After that, the donors relentlessly supported Abhishek and now he is finally free from his malady.

Success Stories

Newsletter



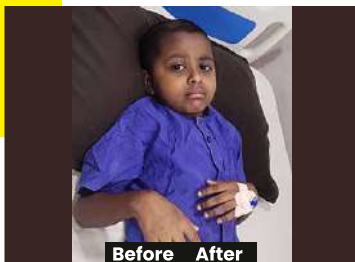
Aleena

Suffering from thalassemia, bone marrow transplant was the only way out for Aleena. However, the financial situation of Aleena's family made it hard for them to raise money for the transplant. Aleena had to rely on constant blood transfusions. However, she can say goodbye to blood transfusions as she is completely healed thanks to the donors of Child Help Foundation.



Baby of Rinitha

Dreams and happiness of Rinitha and Shaj Chemmariyil were at stake when their newborn had to be delivered before the due date. Shaj Chemmariyil worked at a bakery and was finding it difficult to raise money. The concerned parents requested help from Child Help Foundation. After the case was uploaded, the donors poured support through donations and shares and saved the baby.



Shanmukha Sai

When Shanmukha Sai was diagnosed with cancer, the house took a gloomy turn. Fear was in the air as no one had any idea what the future holds for him. He required bone marrow transplant, which was provided to him by our generous donors, who supported him with donations and shares.



Mohd Arhan

The spirit of Ramadan was absent in Mohd Arhan's household as he was battling heart disease. The entire family was busy taking care of the child and had no time for joy. However, due to the generosity of donors, Mohd Arhan and his family can finally enjoy Ramadan and look forward to celebrating Eid.

Success Stories

Newsletter



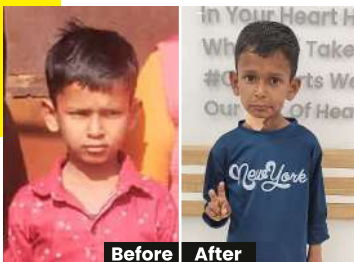
Vrukshika Hiwale

Cancer can prove deadly for a full-fledged adult. Imagine a child of four years dealing with the same disease. Such was the sad fate of Vrukshika Hiwale, who had to face the rigorous sessions of chemotherapies. However, today Vrukshika is cancer-free and we can only thank our donors for making this miracle happen.



Veera Davbhat

Even though Veera was five years old, one couldn't figure that out by her appearance, as her heart condition made it impossible for her to gain weight. But thanks to the help provided by donors of Child Help Foundation, Veera has now been healed and will soon grow like a healthy child.



Kunal

Today, Kunal lives his life to the fullest but that was not the case a couple of months ago as he was battling a deadly heart disease. His days were plagued by breathing complications, recurring fever and latrine issues. However, when the donors found out about the condition through Child Help Foundation, they took the matter into their own hands and the rest is history.



Celebrating World Water Day: Nurturing the Planet's Lifeline

Newsletter

Every year on March 22nd, people worldwide gather together to commemorate World Water Day, a day dedicated to campaigning for the sustainable use of freshwater resources. This commemoration, established by the United Nations in 1993, serves as a reminder of the crucial role of water in our lives and the need to protect this important resource for present and future generations.

Water is the very core of existence. It sustains ecosystems, aids agriculture, promotes industrialization, and is critical to human life. Despite its essential importance, millions of people still lack access to safe drinking water, and many countries are experiencing acute water shortages, which are worsened by climate change, population expansion, and unsustainable water consumption practices.

This year's World Water Day topic, "Valuing Water," encourages us to consider how water affects our lives and the need to recognise its actual value beyond its economic worth. Water has cultural, social, and environmental importance beyond monetary worth. It is inextricably related to our cultural behaviours, spiritual beliefs, and shared traditions. Furthermore, water is essential for biodiversity conservation and ecological health.

On World Water Day, it is critical to acknowledge the varied issues of water management. Millions of people throughout

the world still lack access to clean water, necessitating investments in infrastructure and community activities. Water conservation measures are critical to meeting rising demand, with an emphasis on efficient irrigation and innovative recycling technology. Pollution jeopardises water quality, necessitating tougher laws and sustainable practices. Climate change exacerbates water stress, necessitating resilience-building initiatives such as watershed management. Collaborative governance is critical for integrated water resource management, which ensures long-term outcomes and resilience in the face of water difficulties.

There are various activities to celebrate the World Water Day like:

Educational Workshops: Organize educational workshops to educate people about the importance of water conservation, pollution prevention, and the necessity of clean water for human health and sanitation.

Water Day Campaigns: Set up cleanup programmes along rivers, lakes, beaches, and other bodies of water. This is an opportunity to clean litter and contaminants from the environment while also raising awareness about water pollution issues. It is also critical to undertake water quality tests in local water sources and report the findings to the

[Read More](#)

GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*



Health Awareness Session on Women's Day

Mumbai Suburban, Maharashtra

On the occasion of Women's Day, Child Help Foundation in collaboration with Mangala Foundation arranged an awareness session for women in Mashachapada. Dr. Mangala Patil (Obstetric and Gynaecologist) practising at Wockhardt Hospital, Mumbai Suburban in Maharashtra took a session on Health and Nutrition. The importance of a balanced diet and exercise in day-to-day life was explained to all beneficiaries. The doctor also emphasized the importance of overall hygiene, menstrual hygiene and pre and post-partum care of women. Calcium tablet distribution was done by the doctor and her assistant Shraddha.

World Kidney Day - St. John's Hospital

Bengaluru, Karnataka

On **March 14th**, i.e. World Kidney Day, Child Help Foundation, in collaboration with the Department of Pediatric Nephrology at St. John's Hospital in Bengaluru, Karnataka commemorated a remarkable milestone of 105 successful transplants at St. John's Hospital, Koramangala, Bengaluru.

The event brought together esteemed figures from the hospital, corporate sector, and NGOs, joining hands to honour the selfless donors who have made kidney transplantation possible. Among the attendees were Master Ashok and his mother, Mrs. Navageni, who received recognition for their resilience and the hope they embody. Their journey exemplifies the spirit of perseverance and underscores the vital importance of kidney care and transplantation.

Through this celebration, the focus expanded beyond mere awareness-raising to tangible recognition of those directly impacted by kidney diseases and those contributing to life-saving interventions. It's a testament to the collaborative efforts of medical professionals, donors, and supportive communities in striving towards optimal kidney care and enhancing lives.





GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*



Baby Sleep Sack Distribution Kosli, Haryana

A baby sack distribution event was conducted in Kosli, Haryana in the presence of retired principal Ms. Krishna Yadav and ICDS workers, Anganwadis. It was a Child Help Foundation initiative, which was done in collaboration with Anganwadis. We are very thankful to Ms. Krishna Yadav and ICDS for helping us organise the distribution. The smiles of the mothers made this distribution a memorable one.

Updates of Baby Feeding Centres

Child Help Foundation volunteers visited Baby Feeding Centres to get updates on the maintenance of the centres. Centres at Palghar Railway Station (Maharashtra), Boisar Railway Station (Maharashtra), CAMA Hospital (Maharashtra), St. George's Hospital (Maharashtra), Sir JJ Hospital (Maharashtra), Urban Health Centre (Maharashtra), Pune Railway Station (Maharashtra) General Hospital (Kerala), Lakeshore Hospital (Kerala), Chottanikkara Temple (Kerala), Vizag Railway Station (Andhra Pradesh), CV Raman Hospital (Karnataka) and Shri Atal Bihari Vajpayee College (Karnataka) were found to be well-maintained and well-utilized. In Maharashtra's Kalyan and Kurla Railway Stations, the keys to the centres were handed over to the staff to guide the mothers using the centre. Signboards are being prepared for Kashimira Police Station in Maharashtra to indicate the presence of the centre. However, usage of centres at Katihar Railway Station (Bihar) and New Jalpaiguri Railway Station (West Bengal) was found to be average.



Palghar Railway Station
Maharashtra



Boisar Railway Station
Maharashtra



Kashimira Police Station
Maharashtra



Lakeshore Hospital
Kerala



General Hospital
Kerala



Chottanikkara Temple
Kerala



GOOD HEALTH AND WELL-BEING (SDG-3) Newsletter



Kalyan Railway Station Maharashtra



Kurla Railway Station Maharashtra



Pune Railway Station Maharashtra



Urban Health Centre Maharashtra



Cama and Albles Hospitals Maharashtra



Sir J.J. Hospital Maharashtra



St. George's Hospital Maharashtra



Katihar Railway Station Bihar



New Jalpaiguri Railway Station West Bengal



C. V Raman Hospital Karnataka



Lady Curzon Hospital, Shri Atal Bihari Vajpayee College Karnataka



Shri Atal Bihari Vajpayee College Karnataka

GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*



Ration Kit Distribution for Tuberculosis Patients Mulund, Maharashtra

On the Occasion of World Tuberculosis Day, nutritional kit distribution was organised in TB Hospital, Mulund, Maharashtra, as part of Pradhan Mantri TB Mukta Bharat Abhiyan. There were a total of 40 patients who were entitled to receive the kits. The Patients are getting treated in both government as well as private hospitals. The families of the patients are not financially strong enough to bear the cost of treatment as well as nutritional care of their children.



GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*



Inauguration of Baby Feeding Centre Rural Hospital, Maharashtra

1st Phase of the inauguration of Baby Feeding Centre at Rural Hospital in Palghar, Maharashtra happened on 23rd March. Mr. Indranil Maitra, Company Secretary of IDBI Trust, and Dr. Umesh from the hospital were present. The ceremony commenced with Mr. Shashibhusan providing an overview of Child Help Foundation's initiatives and objectives. Mr. Shashibhusan then invited Mr. Maitra to officially inaugurate the Baby Feeding Centre, a significant initiative aimed at addressing infant nutrition and health. During his address, Mr. Maitra highlighted the importance and impact of the newly inaugurated centre, emphasizing its role in promoting the well-being of infants and mothers in the community. Following Mr. Maitra's remarks, a vote of thanks was extended to all attendees for their support and participation in the event.

On 27th March, the 2nd Phase of the inauguration event was held. Ms. Jyoti provided an overview of Child Help Foundation's work before introducing esteemed guests, including Dr. Marad, the civil surgeon. After the ribbon-cutting of the Baby Feeding Center (BFC), Dr. Marad shared insights on its significance, followed by feedback collection from attendees, marking the successful establishment of the vital healthcare facility.



GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*



Arogya Sadan Mumbai, Maharashtra

Child Help Foundation is committed to making a positive impact on the lives of various disease and disorder-affected pediatric patients and their families. We are working to provide support and assistance to these young warriors who battle with unwavering courage. Arogya Sadan serves as an essential facility to provide care, support, and a safe environment for children living with various types of diseases and disorders. Arogya Sadan provides Free Accommodation, Free Food (Nutrition), Free Transportation, Hygiene and Sanitation, Psychosocial Support, Non-Formal Education Services, and Recreational Facilities to the pediatric patient and their families. Arogya Sadan offers disease and disorder-affected paediatric patients and their families a supportive and caring environment to manage their condition effectively.

Here are the details of all the patients from

Arogya Sadan:

1. Master Narayan Thakur - Bone Marrow Transplant Failed; Doctors are trying other treatment options
 2. Master Aryan Kumar - Transplant Cancelled due to Platelet Increase
 3. Master Aarav Kumar - Bone Marrow Transplant Done; Case Successfully Completed
 4. Miss Aradhya Kumari Kumari - Bone Marrow Transplant Done; Discharged from Hospital; Now in Arogya Sadan for After Care
 5. Master Aman Ahirwar - Bone Marrow Transplant Done; Case Successfully Completed
 6. Master Vikrant Thakur - Bone Marrow Transplant Done; Case Successfully Completed
 7. Master Amit Kumar - Bone Marrow Transplant Failed; Returned to their Home
 8. Master Abhishek Kumar - Bone Marrow Transplant Done; Discharged from Hospital; Now in Arogya Sadan for After Care
 9. Master Akash Kumar - Transplant Cancelled due to Liver Enlargement
 10. Miss Swati Hasanda - Bone Marrow Transplant Done; Discharged from Hospital; Now in Arogya Sadan for After Care
- Master Aiyan Reza - Pre-Bone Marrow Transplant Treatment Ongoing
- Master Ankit Kumar - Pre-Bone Marrow Transplant Treatment Ongoing

GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*



School Health Project

Palghar, Maharashtra

The School Health Program implemented by Child Help Foundation in the ten Ashram schools of the Vikramgad block in Palghar district of Maharashtra has several key objectives:

Maintaining Medical Records: The program aims to maintain comprehensive medical records for each student to facilitate ongoing monitoring and provision of medical care.

Providing Medical and Psychological Aid: The primary goal is to provide students with access to medical care and psychological support as needed, ensuring their overall well-being.

Health Screening and Treatment: Regular health screenings are conducted to identify any health issues among students, and appropriate treatment is provided to address illness cases promptly.

Awareness of Health and Mental Health: The program includes educational initiatives to

raise awareness among students about various health and mental health topics, empowering them to make informed decisions about their well-being.

Organizing Special Health Camps: Special health camps are organized within the community to target specific health issues or provide comprehensive health services to a larger population beyond the school setting.

Personal Counselling Sessions: Individual counselling sessions are offered to students who may require personalized support or guidance, addressing their specific needs and concerns.

By addressing these objectives, School Health Program aims to contribute to the overall health and well-being of students in the Vikramgad block, promoting a conducive learning environment and fostering their holistic development.

In March 2024, a team visited schools for health visits. Health screening along with illness cases were taken up by the doctors and medicines were prescribed on a case-to-case basis. Awareness sessions on Mental Health, Health and Hygiene were conducted, along with individual counselling.

Additionally, on the **28th of March**, a special health camp was organized at Kawale-Divepada village in Maharashtra to identify leprosy cases. 54 individuals from the village were screened, and awareness sessions on leprosy disease, symptoms, and medications were conducted. This initiative was carried out in collaboration with the leprosy eradication department from Vikramgad and doctors from Child Help Foundation's School Health Program.

QUALITY EDUCATION (SDG-4) *Newsletter*



Education Support to Nelson Swami of Abhinav School

Mumbai Suburban, Maharashtra

Dhanpathi Swami is a single parent working as a Telecaller with a monthly income of Rs 11,000/- and she has two children to support and has significant financial difficulties. Child Help Foundation supported her son, Nelson Stephen Swami, studying in the 9th Std, at Abhinav English Medium School in Mumbai Suburban, Maharashtra.

Inauguration of Mini Science Centers Palghar, Maharashtra

Child Help Foundation has inaugurated 6 new Mini Science Centres in schools of Palghar, Maharashtra. These 6 schools are as follows- Talwada, Maan, Vinval, Kunje, Karhe and Dadade Ashram Schools. The project is supported by Samata Equal Footing. This new project was started in February 2024. The models and lab are set up in three schools Talwada, Maan, and Vinval Ashram Schools.

The inauguration event of Mini Science Centre took place on 28th March at Talwada Ashram School in Vikramgad, Maharashtra. It was a well-organized event, featuring traditional ceremonies, student presentations, and speeches by the guest. Students showcased their knowledge through presentations, while the principal and representatives from Child Help Foundation emphasized the importance of practical learning and community support in education. The event concluded with appreciation for the foundation of the Mini Science Centre, expressing gratitude.



QUALITY EDUCATION (SDG-4) *Newsletter*



Mini Science Centre M S Maur and M S Koyaribigha School, Barbigha, Bihar

A Mini Science Centre project has been established at M S Maur and M S Koyaribigha School, Barbigha, Bihar. The project is supported by **National Fertilizers Limited**. Lessons in Science and Mathematics were regularly conducted with the help of the models provided by the Mini Science Centre. The new teacher conducted lessons in Science and Math with the help of the models. She taught 10 models during the month. Coordinator Ms Binita also conducted tests with the students. Students enjoyed the classes under MSC and prepared the models themselves. The students enjoyed learning Science & Mathematics and are very eager to attend these classes.

Computer Lab

Tailik Girls High School, Bihar

A new computer lab is set up in Tailik Girls High School, Barbigha, Bihar. The project was started in January 2024, which is supported by National Fertilizers Limited. There are 20 computers in the lab and a computer teacher has been appointed. During February, the teacher, Mr. Shahrukh Alam, taught the computer lessons to the students.

Child Help Foundation is going to establish computer labs in two schools, namely-Utkramit Uchch Vidhyalay, Lodhipur and Madhya Vidhyalaya, Samas in Barbigha, Bihar. The work has already been started and the labs will be ready by mid-April 2024. Nearly 1000 students are going to benefit from this project. This project is supported by National Fertilizers Limited. The School will be given 40 computers to have this established computer lab.



QUALITY EDUCATION (SDG-4) *Newsletter*



Computer Training Centre Project

Amboli Marathi Primary School, Dadra Nagar Haveli, Silvassa

In its efforts to empower underprivileged rural children with digital skills, Child Help Foundation has established a modern computer training centre at Marathi Primary School. This initiative aims to provide practical learning experiences to children by making digital equipment available and appointing a full-time teacher dedicated to imparting digital skills.

Throughout March, a total of 44 classes were conducted by the instructor, with an attendance of 624 students. The curriculum covered various subjects, including Microsoft Word.

Microsoft Word: The Students were taught how to use Microsoft Word, a fundamental skill that

enables them to create, edit, and format documents effectively.

Resume Preparation: The instructor guided students in preparing resumes, an essential skill for future employment opportunities, helping them showcase their qualifications and experiences effectively.

Making Digital Birthday Cards: The students learned to create digital birthday cards, fostering creativity and providing them with practical experience in graphic design.

Marathi Typing Using Google Inputs: The curriculum included Marathi typing using Google inputs, enabling students to type in their native language efficiently.

Marathi and Hindi Typing Within Specific Time Limit: To improve typing skills, students practised typing in both English and Hindi within specific time limits, enhancing their proficiency and speed in these languages.

The computer training centre equips students with valuable digital skills essential for their personal and professional development by offering a diverse range of subjects and practical learning experiences. Child Help Foundation's commitment to bridging the digital divide and empowering rural children with technological proficiency is commendable and contributes significantly to their overall education and future prospects.

QUALITY EDUCATION (SDG-4) *Newsletter*



Stationery Kit Distribution in Primary School

Kosli, Haryana

A stationery distribution event happened in Haryana. The event was done in collaboration with the Anganwadi and Child Help Foundation. In the presence of retired principal Ms Krishna Yadav and ICDS workers in Kosli, Haryana, stationery was distributed to the students of Primary School, Kosli, Haryana.

Child Care Institutions

Child Help Foundation supports seven CCIs, every month. The children from these institutions are provided with educational support. These institutions spend the money on fees, stationery and education-related expenses. Within these CCIs, the organization curates a wide range of activities like birthday celebrations, health camps, yoga sessions, sports events and Holi celebrations. These events were organized in Needs Charitable Trust in Sai Geetham, Horamavu, Bengaluru, Karnataka, Ashraya (Handicapped Welfare Organisation) in Dumuduma H.B. Colony, Bhubaneswar, Odisha, Khirod Basini, Kanya Ashram in Katada, Dist-Angul, Odisha, Koel Saraswati, Katada, Dist-Angul, Odisha, Charis Foundation in Thirumullaivoyal, Chennai, Tamil Nadu, Special School of Joy in Kadma, Jharkhand and Saraswati Anath Shikshan Ashram in Pune, Maharashtra.



GENDER EQUALITY (SDG-5) *Newsletter*

Visit to Grand Hyatt for Networking

Mumbai, Maharashtra

On the 14th of March 2024, A global HR Conference was conducted at the Grant Hyatt which was attended by Child Help Foundation members Gopi, Deepika and Chris. This conference could help in getting the network of many point persons working in various renowned companies.

POSH Committee Meeting

Palghar, Maharashtra

Ms Meena Lokhande was on the POSH committee at the Police Commissioner's office. Since she is being relocated to the US, she referred Ms Jyoti Kamble, a Child Help Foundation team member to be on the committee in her place. Thus Ms Jyoti was invited for the meeting as there was a case. Ms Jyoti attended two meetings where the hearing happened. The meeting was held at the Police Commissioner's office which is in the compound of the Collector's office in Palghar, Maharashtra.



Women's Day Celebration

Ganapati Mandal, GT Hospital, Mumbai, Maharashtra

The event was graced by notable attendees, including Ms. Chris Shenoy, Head of the Project Team at Child Help Foundation, Ms. Jyoti Kamble, a Project Team Member, eight volunteers from Taj Mahal Palace, and representatives from the Ujjas Project, Ms. Deepika Kharat and Jayashree Belwade, supported by the Aditya Birla Foundation. Mr Vijay Gaikwad, President of Maharashtra State Social Workers, also honoured the event with his presence. Ms. Jyoti Kamble expertly hosted the program, starting with a warm welcome and an introduction to Women's Day. Mr. Vijay Gaikwad shared insights on the significance of Women's Day, expressing gratitude to Child Help Foundation and Ujjas for their efforts. The

GENDER EQUALITY (SDG-5) *Newsletter*



session focused on women, particularly mothers in the GT Servant Quarters, with Ms. Deepika Kharat from Ujjas leading an informative discussion on menstrual hygiene management, stressing the importance of hygiene during menstruation. The Taj Mahal Palace volunteers, wearing Pathya aprons, distributed sanitary napkins, and Child Help Foundation contributed by providing baby sacks to the mothers. Ms. Chris Shenoy concluded the program with heartfelt thanks, recognizing all participants and contributors for their valuable support.



GENDER EQUALITY (SDG-5) Newsletter



“Invisible Girl” Project

Industrial Zones / Communities Visitation for IGP

In March 2024, staff reached out to industrial zones and communities. Sessions were conducted in a few colleges. In Palghar region of Maharashtra, Annarao did sessions with industrial workers. Follow-up will be done in the coming week. Mr Ibrahim Khan along with trainers organised and accompanied them to conduct the training in Colleges and Industrial zones.

On March 19th, 2024, Ria and Annarao Sir met with Mr. Kamble Sir and Rathod Sir, the Women & Child Development Officers. They also visited Mrs. Rupali Kadam at Virar Vasai Corporation to discuss supporting IGP permissions for Bachat Ghats and Mahila Mandals in Mumbai and its vicinity. Additionally, Ms. Ria Noronha and Gopi visited Dr. Usha Shelar Ma'am, Head of the Health Department in Dadar, along with her assistant Dr. Ujjwala Ma'am. They discussed submitting a proposal to the Education Officer & Executive Health Officer to

implement activities of interest for BMC school students. Child Help Foundation will submit the proposal and follow up with authorities to prepare MOUs and proposals as needed.

Industrial zones/Communities' visitation for IGP- March 2024

1. Chedda Foods
2. Kanak Buvan Industries Pvt. Ltd.
3. Guru Nanak Khalsa College of Arts, Science & Commerce
4. Nirmala Memorial Foundation College of Commerce & Science
5. St. John's College of Engineering and Management



GENDER EQUALITY (SDG-5) Newsletter



Adolescent Reproductive and Sexual Health in Ashram Schools - Palghar, Maharashtra

In March 2024, Anand Mela was organized in Sakhre, Bhopoli, Aina, Ozar, Amgaon, Pali and Murbad Ashram Schools of Maharashtra. In the presence of Shilpa Lokhande-Project Head, Mahanagar, various competitions like Rangoli Competition, Face Painting Competition, and Hand Painting Competition were conducted in the above-mentioned schools. The competition covered the following topics – Menstrual Health Management, Gender Equality, Good Touch and Bad Touch, Emotional and Behavioural Changes in Puberty and Nutrition.

Details of Beneficiaries-Metropolis

1. ARSH Awareness Session with Adolescent Girls covered 11815 adolescent girls.
2. 36 Kishori Groups were formed.
3. In Awareness Sessions With Teachers, information has been given to 171 teachers.



ZERO HUNGER (SDG-2) *Newsletter*



Maharashtra



Maharashtra

Roti Ghar

Child Help Foundation in collaboration with Roti Ghar provided cooked food to 1800 children in Maharashtra, Delhi, Karnataka, Odisha, and Telangana. Child Help Foundation's main aim is to provide food to needy children and make their future bright and better by providing nourishing meals and taking care of their health so they can know the importance of food. No child will go to bed hungry in this world.



Odisha



Delhi

ZERO HUNGER (SDG-2) Newsletter



Ration Kits Distribution to the Children of Caring Hands 'Sewakutir'

Mumbai Suburban, Maharashtra

On March 20th, representatives Aman, Sendra, and Sunil from Child Help Foundation visited Caring Hands' Sewakutir to provide ration support to the children residing there. Caring Hands is dedicated to the welfare of underprivileged children, specifically those without parental care or proper guardianship. The organization operates in multiple locations, extending its efforts to support young orphans.

During the visit, ration supplies were distributed to the children under the supervision of Mr. Vikas, the Project Coordinator at Caring Hands. Mr. Vikas expressed gratitude to Child Help Foundation for their continuous support in providing essential resources to the children in need.

Ration Kits Distribution & Health Check-Ups for Transgender

Nallasopara, Maharashtra

The event took place at Bavshetpada, Santoshbhuvan, Nallasopara, Maharashtra, the residence of a transgender leader, with support from Servier. The program began at 2 pm with a warm welcome by Ms. Jyoti, a Child Help Foundation member outlining the agenda which included ration kit distribution and medical check-ups. Ms. Chris Shenoy, Head of the Child Help Foundation Project Team, highlighted the event's significance and thanked everyone for their participation. Ms. Priyam Dhamankar, Company Secretary at Servier, expressed joy in contributing to the community and stressed the importance of medical check-ups.

Following the speeches, the Child Help Foundation team and Servier staff then distributed ration kits, while doctors conducted medical check-ups. This collaboration aimed to address immediate needs and promote the overall health of the transgender community.



VILLAGE DEVELOPMENT PROJECT (SDG 8 & 10)

Newsletter



Village Cleaning Activity Gulabigaon, Nasik, Maharashtra

On 20th March, 2024, a Village Cleaning Activity was conducted at Gulabigaon from Surgana block of Nashik, Maharashtra. The activity was performed by the volunteers of the village. In the activity, volunteers have cleaned the village premises.

Village Cleaning

Sahapur, Odisha

In March, 30 volunteers from Hemchandra Simanta Sanskrit Vidyalaya conducted a village cleaning initiative in Sahapur, Odisha. They meticulously cleaned community areas and temples, while also educating villagers on the importance of maintaining cleanliness. This effort not only enhanced the village's cleanliness but also inspired others to take pride in keeping their surroundings neat.



LIFE ON LAND (SDG 15)

Newsletter



Reconstruction of Shri Krishna Gaushala Bihar

Child Help Foundation is actively involved in the development of Gaushala shades in the Barbigha block of Shekhpur, Bihar. Spanning 500 feet in length and covering approximately 1600 sq. ft., the construction of "Shree Krishna Gaushala" is underway. Established in 1945 across a 2-acre area, this Gaushala shelters 45 cows.

The foundation has initiated the construction of a protective boundary wall using concrete, iron rods, Cement, Sand, and Chips, standing at 8 feet tall and spanning 500 feet in length. The project also includes a walking track alongside the boundary wall. Furthermore, a Chabutara, a raised platform for people or cows to rest, eat, or conduct meetings within the Gaushala, is being constructed. Progress on this project commenced in March and is scheduled for completion by April 2024, with support from National Fertilizers Limited.



OTHER ACTIVITIES

Newsletter



Meeting with Mira Bhandar Municipal Corporation

Mumbai Suburban, Maharashtra

In March 2024, the meeting was conducted at MBMC Head Office. The following points were discussed in the meeting

- Women’s Day Celebration
- Powada Performance –Women’s Day
- Voluntarily Contribution for Women’s Day from Child Help Foundation

Exploration Visit to CCI

On 13th March, Ms Jyoti visited the Caring Hands organisation at Mumbai Suburban, Maharashtra. Ms. Jyoti observed the facilities and activities at the centre, including the infrastructure, amenities, and services provided such as healthcare, and education to the children.

The Seva Kutir is a home for adolescent boys. This centre in Mira Bhandar has been operational for the past seven months. Currently, the Seva Kutir Centre in Uttan serves a total of 21 male children. By collecting these details, Ms. Jyoti gained a comprehensive understanding of the Seva Kutir Center and its role in serving underprivileged children. This information will be valuable for assessing potential collaboration opportunities and supporting the centre's efforts to make a positive impact on the lives of those it serves.



AWARDS AND APPRECIATION CERTIFICATION *Newsletter*

TMM Certification

Mumbai Suburban, Maharashtra

Ibrahim Khan, a Child Help Foundation team member visited 15 colleges to distribute the certificates to the student volunteers who had participated in the Tata Mumbai Marathon. The colleges are from Mumbai, Mira-Bhaindar and Palghar. Child Help Foundation distributed around 850 certificates during March.



Certificate of Appreciation from MBMC

Child Help Foundation was given an appreciation certificate for its participation and contribution to the Deep Clean Program. Child Help Foundation was awarded with a "Vasundhara Mahotsav" trophy.



Our Programs Newsletter



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3 GOOD HEALTH AND WELL-BEING



4 QUALITY EDUCATION



5 GENDER EQUALITY



6 CLEAN WATER AND SANITATION



8 DECENT WORK AND ECONOMIC GROWTH



10 REDUCED INEQUALITIES



11 SUSTAINABLE CITIES AND COMMUNITIES



13 CLIMATE ACTION



14 LIFE BELOW WATER



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