

NEWSLETTER

CHILD HELP FOUNDATION

June'25 Journal



International YOGA DAY 2025



MoU Signed with Metropolis Healthcare for Adolescent Skilling & ARSH Project

Palghar District, Maharashtra

Child Help Foundation has proudly signed a Memorandum of Understanding (MoU) with Metropolis Healthcare Limited to launch the Adolescent Skilling and ARSH (Adolescent Reproductive and Sexual Health) project in Palghar district. This meaningful collaboration is designed to equip adolescents with vital life skills and reproductive health

education, promoting their overall growth and well-being.

We extend our heartfelt gratitude to Dr. Kirti Chadha and Ms. Shalini Sahay from Metropolis for their unwavering support. Special recognition also goes to Mr. Jiji John, Dr. Sunil Pandey, Ms. Shilpa Lokhande and Ms. Chris Shenoy from CHF for their dedication.

About Us



Child Help Foundation (CHF) is a pan-India non-profit organization, registered under the Bombay Public Trust Act 1950, which started in the year 2010. We aim to accomplish the objectives set by the United Nations Sustainable Development Goals (UN SDGs) for global development. Child Help Foundation's principal purpose is to empower the disadvantaged holistically with some of our initiatives like Good Health and Well Being, Quality Education, Zero Hunger, Clean Water and Sanitation, Gender Equality, Humanitarian Relief, Life on Land, Life Below Water and Village Development.

Yoga for Every Body: Fostering Wellness, Inclusion, and National Unity



Yoga for Every Body: Fostering Wellness, Inclusion, and National Unity

Child Help Foundation (CHF), a pan-India non-profit dedicated to uplifting underprivileged communities, celebrated International Yoga Day 2025 with a strong emphasis on accessibility, youth empowerment, and national participation. Guided by the belief that yoga is for every body and every ability, CHF organized a series of impactful yoga initiatives that brought together children, youth, and communities across diverse geographies — from the classrooms of Mumbai Suburban to the grand coastline of Vizag.

On 21st June 2025, student interns from Mumbai University, Christ University, UPES, and Lovely Professional University conducted lively and inclusive yoga sessions at Toddlers International School, Mumbai, Maharashtra. Engaging 28 students from Grades 1 to 6, the sessions introduced foundational yoga postures and mindful breathing techniques, helping children develop physical strength, emotional balance, and mental focus. This early introduction to yoga served as a gentle step toward building self-discipline, inner calm, and holistic well-being in young learners.

CHF's Vizag branch, in partnership with HVR Youth, proudly participated in the Record-Breaking International Yoga Day 2025 celebration held along a 28 km coastal stretch in Vizag, Andhra Pradesh. With over 3,000 participants, including dignitaries like Hon'ble Prime Minister Shri Narendra Modi, CM Shri N. Chandrababu Naidu, and Dy. CM Shri Pawan Kalyan, the event was a historic testament to yoga's power to unite the nation.

CHF's 50+ staff and volunteers actively managed 15 segments of the event, ensuring

smooth logistics, assisting participants, and upholding safety protocols. Their contribution was appreciated by state and central officials, reinforcing CHF's role as a key grassroots partner in national wellness campaigns.

"This year's theme, 'Yoga for Every Body,' reflects our belief that wellness is a right, not a privilege," said Mr. Shaji Varghese, CEO of Child Help Foundation. "Through youth leadership, disability empowerment, and national collaboration, we are making sure that yoga's benefits reach every corner of our society."

Child Help Foundation's Yoga Day celebrations are more than symbolic—they are living demonstrations of inclusion, healing, and unity in action. Whether it's a young child learning to focus through mindful breathing or a differently-abled individual accessing wellness through assistive tools, CHF's vision of a healthier, more equitable India is taking shape—one breath, one stretch, one life at a time.



Emergency Medical Support



Vijay Thakare, 11 Year
Relapsed Blood Cancer

Holding on to Hope: Vijay's Fight Against Cancer

"Every night, I lie awake listening to my son's breathing, wondering if tomorrow will come for him. I've never felt so helpless in my life. I would give anything..just to see him healthy again. But I cannot do this alone. Please, help me save my son's life."

—Raju Thakare;(Father)

Eleven-year-old Vijay Thakare from Nashik, Maharashtra, is a spirited child whose life took a drastic turn when a seemingly harmless fever turned into every parent's worst nightmare. After weeks of uncertainty, blood tests revealed the unthinkable: Vijay was battling **Relapsed Blood Cancer**.

Doctors at **Namco Hospital, Nashik (14.1 km from Nashik Railway Station, Maharashtra)**, have recommended an urgent **Bone Marrow Transplant** along with essential supportive care. The total estimated cost of this life-saving treatment is **Rs.10,00,000/- (Rupees Ten Lakh Only)**.

Vijay's father, Raju, a daily wage labourer, is the sole breadwinner for the family. With his limited income and existing debts, affording this critical treatment is beyond his means.

Despite his illness, Vijay remains full of life, with dreams just like any child his age. Your support can give him the chance to live those dreams. Let's come together and help Vijay fight cancer once again.

There are many more children who need urgent treatments, and your small contributions can make a huge difference. [Please Donate!](#)



Manasvi Pardeshi, 12 Years
Complex Heart Disease



B/O Gunjan, 23 Days
Premature Birth Complications

Emergency Medical Support



Rupesh Bhangare, 4 Years
Head injury



Chinmay Sawant, 11 Years
Budd-Chiari Syndrome



Mohammed Afsal, 16 Years
Congenital Heart Disease



S Hemanth Veerendra, 11 Years
Anaplastic Large Cell Lymphoma



B Manisha, 16 years
77% TSBA second-degree burns



B/O Mayuri Jadhav, 14 Days
Premature Birth Complications

Emergency Medical Support



G Hananya, 4 Years
Acute Lymphoblastic Leukaemia



B/O Arti Kumari, 25 Days
Gross Hydrocephalus



B/O Bai Sindhuja, 2 Months
Premature Birth Complications



Prathamesh Patil, 1 Year
Complex Knee Disease



B/O Aswani Viswambharan, 26 Days
Premature Birth Complications



B/O Anjalee, 2 Days
Meningocele

Success Stories



B/O Reji

Born prematurely, this little warrior faced severe complications and couldn't breathe on his own. His father, a graphic designer, was struggling to meet the overwhelming medical expenses. But thanks to the generous donors of Child Help Foundation, the family received the support they desperately needed. Today, their baby is recovering well, bringing smiles and hope back into their lives.



Arnavi Bandre

Despite being diagnosed with a severe kidney condition, little Arnavi from Raigad never gave up. Her bright spirit and academic excellence touched many hearts. With the generous support of our donors at Child Help Foundation, Arnavi underwent the urgent surgery she needed. Today, she is on the path to recovery and smiling again.



B/O Dinesh Kumar

At just three months old, Baby of Dinesh Kumar was diagnosed with a complex heart disease that required urgent surgery. With Dinesh working as a daily wage labourer, arranging the funds seemed impossible. But thanks to the kind-hearted donors of Child Help Foundation, the baby received the needed surgery. Today, he is on the path to recovery, bringing hope and smiles back to his family.

Success Stories



Shubhangi Mote

Twelve-year-old Shubhangi had lived with a hole in her heart since she was just six months old. As her condition worsened, surgery became urgent, but her farmer father couldn't afford the high cost. Thanks to the generous donors of Child Help Foundation, Shubhangi received her life-saving heart surgery. Today, she is healthy, smiling, and ready to chase her dreams.



K V Sajjan Krishna

At just 15 years old, Sajjan Krishna's dreams were disrupted by Acute Lymphoblastic Leukaemia. His family, struggling financially, could not afford the extensive treatment. But thanks to the generous donors of Child Help Foundation, Sajjan received the chemotherapy he needed. Today, he is on the path to recovery, filled with hope and ready to chase his dreams once again.



B/O Saloni Kumari

One of the twins born to Saloni faced serious complications due to premature birth. With the father unable to work and the family struggling financially, arranging for the treatment seemed impossible. But thanks to the generous support of Child Help Foundation's donors, the baby received timely care and is now on the path to recovery.

Success Stories



B/O Satya Mounika

Born prematurely at just seven months, this baby boy was extremely weak and placed on a ventilator soon after birth. His parents, already struggling financially, were heartbroken and helpless. But with the support of generous donors through Child Help Foundation, the baby received timely medical care. Today, he is recovering well, bringing smiles back to his family's faces.



Abhiket Pawara

At just nine months old, Abhiket Pawara was battling a life-threatening heart condition. Born into a humble farming family from Nandurbar, Maharashtra, affording the high cost of treatment seemed impossible. But thanks to the generous donors of Child Help Foundation, Abhiket received the surgery he needed. Today, he is on the road to recovery, bringing smiles back to his family's faces.



Tanishka Sawant

Tanishka, a 10-year-old girl from Sangli, Maharashtra, was suffering from a severe medical condition called Congenital Vesico Vaginal Fistula, which caused her continuous discomfort due to a urine leak. Her family struggled financially, and her father, a farm labourer, couldn't afford the costly surgery she needed. Thanks to the kind-hearted donors of Child Help Foundation, Tanishka underwent the treatment on time. Today, she is on the path to recovery and smiles freely once again.

Success Stories



Rupesh Bhangare

Life was full of pain and uncertainty for little Rupesh after a terrible bike accident left him with a severe head injury. His father, a daily-wage labourer, was shattered and helpless. But thanks to the generous support of our donors, Rupesh received the critical treatment he needed. Today, his smile is slowly returning, and his family finally sees hope.



Mothe Rajan

Four-year-old Mothe Rajan's world turned upside down after being diagnosed with leukaemia. His father, a watchman and the only earner for a family of five, was devastated as medical costs soared beyond his reach. But thanks to the incredible support of Child Help Foundation, Rajan is now undergoing chemotherapy with new hope for recovery. His bravery shines through, and your kindness is giving him the chance to fight and live.



B/O Mayuri Jadhav

Born prematurely, Mayuri's baby boy struggled with infection and low birth weight, needing urgent NICU care. With the family's financial resources exhausted, hope seemed distant. But thanks to the support of the generous donors of Child Help Foundation, the little one received the treatment he needed. Today, he is stable and recovering well, a true testament to the power of compassion.

Success Stories



Manasvi Pardeshi

Since infancy, 12-year-old Manasavi has battled Tetralogy of Fallot, a serious heart defect that kept her away from school and play. Her father, a daily wage labourer, couldn't afford the costly surgery she urgently needed. But thanks to the support of Child Help Foundation, Manasavi received the life-saving treatment, bringing her one step closer to the childhood she deserves.



Ishika Paramanik

At just one-year-old, Ishika Paramanik was fighting Hepatoblastoma, a rare liver cancer. Her father, the sole breadwinner, had exhausted all resources trying to save her. But thanks to the unwavering support of Child Help Foundation and their donors, Ishika began her treatment with new hope. Today, her fight continues, but no longer alone. Her journey toward healing has begun, filled with strength, love, and renewed faith.



Adiba

Complex Heart Disease turned 13-year-old Adiba's world upside down, leaving her struggling to breathe and confined to a hospital bed. Her father, a daily wage labourer, was helpless as the cost of open-heart surgery stood far beyond his means. But thanks to Child Help Foundation and the generosity of donors, Adiba received the critical treatment she needed. Today, her heart is healing, and so is her family's hope.

World Ocean Day 2025: Celebrating the Blue Heart of Our Planet

Every year on June 8th, the world comes together to celebrate World Ocean Day, a time to honour the vital role that oceans play in sustaining life on Earth. Oceans cover more than 70% of our planet, regulate the climate, produce over half the world's oxygen, and provide food and livelihoods to billions. Yet, they face grave threats — from plastic pollution and overfishing to rising sea levels and coral bleaching.

At Child Help Foundation (CHF), we understand that protecting our oceans is not a choice but a necessity. Environmental conservation has always been at the core of our mission, and World Ocean Day is a powerful reminder of our duty to act.

The Ripple Effect of Beach Cleanups

One of CHF's most impactful environmental efforts has been our beach cleanup initiatives across India's coastal regions. Through the relentless efforts of our volunteers, local communities, and partner organisations, CHF has not only helped restore the beauty of our beaches but also made a tangible difference to marine life.

We are proud to share that CHF has saved the lives of over 2,10,96,120 marine animals through dedicated beach cleanup drives. These efforts have removed tons of harmful waste, particularly plastics and microplastics, from entering the ocean — waste that could have been fatal to marine species like sea turtles, fish, seabirds, and dolphins.

Every piece of plastic removed is a life potentially saved. A discarded bottle or fishing net may seem insignificant to us, but for a sea creature, it can mean the difference between life and death.

Beyond cleanups, CHF actively works to spread awareness about ocean conservation. Through community outreach programs, school

activities, and environmental campaigns, we teach people, especially children, about the importance of protecting marine ecosystems. We believe that change begins with awareness, and empowering the next generation is key to ensuring a healthier planet.

In our interactive sessions, we encourage children and adults alike to reduce their plastic use, participate in cleanups, and become ocean ambassadors in their communities. Small steps, like saying no to single-use plastics or supporting sustainable seafood, can create big waves when adopted collectively.

A Call to Action

World Ocean Day is not just a celebration; it is a call to action. The oceans are in danger, and it's up to each of us to help protect them. Whether you live near the coast or far inland, your choices matter. By supporting initiatives like CHF's beach cleanups, reducing plastic use, and spreading awareness, you can be part of the solution.

At Child Help Foundation, we remain committed to safeguarding our oceans and the life they hold. This World Ocean Day, join us in pledging to protect the blue heart of our planet — not just for us, but for the generations to come.

Let's keep our oceans clean, vibrant, and full of life.

Together, we can turn the tide.



GOOD HEALTH AND WELL-BEING (SDG-3)

Inauguration of Baby Feeding Centre

Benniganahalli Metro Station, Bengaluru, Karnataka

The Baby Feeding Centre at Benniganahalli Metro Station, Bangalore, was recently inaugurated, marking a significant step toward building maternal and child-friendly public infrastructure. The event was graced by Ms. Joohee Smitha Sinha, Chief General Manager, State Bank of India, along with senior dignitaries Shri V. N. Sarma, Shri Rajesh Chourey, and Shri Alok Chaturvedi, accompanied by SBI staff whose ongoing support has been vital to this initiative. Key

representatives from Bangalore Metro Rail Corporation Ltd. (BMRCL), including Mr. Lakshman Singh, Mr. Muniveera Gowda, Mr. Raghavendra Rao, Mr. Santosh Kumar N. A., and Mr. Raghavendra Jumma, along with staff from Benniganahalli Metro Station, also played a key role in bringing this project to life. The initiative highlights a collective commitment to inclusive, safe, and accessible spaces for mothers and children.



Inauguration of Baby Feeding Centre – Indira Gandhi Institute of Child Health

Bengaluru, Karnataka

The Baby Feeding Centre at Indira Gandhi Institute of Child Health Hospital, Bengaluru, was officially inaugurated this month. This initiative is designed to offer a safe, hygienic, and private space for lactating mothers, promoting maternal and child health in a respectful and supportive

environment. The inauguration was well-received by hospital staff and visitors, marking another meaningful step in Child Help Foundation's ongoing efforts to support child and maternal welfare.



Community Health Camp Supported by DiagnoSearch

Vinval Village, Jawhar, Maharashtra

A Community Health Camp was successfully launched today at Vinval Village, Jawhar, with the generous support of DiagnoSearch. Key activities included a registration counter to manage participation, health check-ups for children aged 0–5 years to monitor growth and nutrition, and antenatal check-ups for pregnant women to ensure maternal and fetal well-being. Additionally, anaemia

and diabetes screenings were conducted through blood tests to enable early detection and timely referral. The camp aimed to improve access to essential healthcare for underserved rural communities while promoting awareness around preventive health.



Memorandum of Understanding (MoU) Signed with GAIL for Primary Healthcare (PHC) Project



Participation in Blood Donation Programme

Ernakulam, Kerala

On the occasion of World Blood Donor Day, Child Help Foundation (CHF) team Kerala actively participated in a blood donation programme organized by Aster volunteers at Aster Medcity, Ernakulam. The event emphasised the critical role of voluntary blood donation in saving lives and encouraging a culture of regular donors. A total of 12 team members from CHF Kerala

took part in the initiative, with several volunteers donating blood and receiving certificates and donor kits in appreciation of their contribution. The team was joined by Dr. C. Dhinesh Kumar, Senior Specialist – Blood Bank & Transfusion Medicine, Aster Medcity. This initiative reflects Child Help Foundation's ongoing commitment to healthcare and humanitarian efforts.



Blood Donation Drive on World Blood Donor Day Delhi

On the occasion of World Blood Donor Day, team Delhi of Child Help Foundation (CHF), in collaboration with Bharat Seva Charitable Blood Center, organized a large-scale blood donation camp on 14th June 2025 at Mohan Estate. Despite soaring temperatures reaching 45°C, the event saw unwavering participation, with over 30 individuals, including students, office workers, and committed volunteers, stepping forward to donate blood. The camp,

which is still ongoing, continues to witness enthusiastic engagement.

Donors were acknowledged with certificates of appreciation from the Seva Mandal, CHF brochures and notepads, and an ISI-marked helmet as a token of gratitude and safety. The successful execution of the event was made possible by the dedication and efforts of team members who worked tirelessly to ensure the smooth coordination of the camp.



Baby Sleep Sack Distribution Drive

Sadpura Village, Haryana

Today, team Delhi from Child Help Foundation (CHF), conducted a baby sack distribution drive in Sadpura Village, Haryana. The initiative reached approximately 92 mothers with infants, with over 150 villagers in attendance, reflecting strong community engagement and support. The village sarpanch was present and expressed sincere gratitude for the

foundation's continued efforts in child welfare. The villagers warmly acknowledged the impact of CHF's initiatives and extended an invitation to participate in upcoming village festivals and local events, strengthening the Foundation's bond with the community.



2-Day Awareness Camp

Bhubaneswar, Odisha

Child Help Foundation (CHF) recently conducted a two-day awareness camp at Ramamani Motors (IOCL Fueling Station), NH5, Baramunda, Bhubaneswar, engaging customers and staff in activities to promote its mission and social causes. In partnership with HPCL under SDG17, a Wish Tree Activity has also been launched across three

locations in Bhubaneswar, with official permission from HPCL. The month-long initiative began on 1st June 2025, with the first four-day leg currently underway at Chintamaniswar Filling Station, Pahala. These efforts aim to engage the public and spread awareness about CHF's work across Odisha.



Arogya Sadan

Mumbai, Maharashtra

Arogya Sadan is a facility dedicated to supporting patients undergoing Bone Marrow Transplants (BMT) and their families by providing accommodation and care during their treatment period.

Arogya Sadan – Beneficiaries Details

1. Master Narayan Thakur	BMT Failed – Returned home
2. Master Aryan Kumar	Transplant Cancelled – Platelet Increase
3. Master Aarav Kumar	BMT Done – Case Completed Successfully
4. Miss Aradhya Kumari	BMT Done – Case Completed Successfully
5. Master Aman Ahirwar	BMT Done – Case Completed Successfully
6. Master Vikrant Thakur	BMT Done – Case Completed Successfully
7. Master Amit Kumar	BMT Failed – Returned home
8. Master Abhishek Kumar	BMT Done – Case Completed Successfully
9. Master Akash Kumar	Transplant Cancel – Liver Enlarged
10. Miss Swati Hasanda	BMT Done – Case Completed Successfully
11. Master Aiyan Reza	BMT Done – Case Completed Successfully
12. Master Deep Kumar	BMT Done – Case Completed Successfully
13. Master Aditya Kumar	BMT Done – Case Completed Successfully
14. Miss Taabis Rehan	BMT Done – Case Completed Successfully
15. Master Harshwardhan	BMT Done – Case Completed Successfully
16. Miss Ujala Kumari	BMT Done – Case Completed Successfully
17. Master Piyush Kumar	2-3 Days Stay
18. Master Mannat Raj	2-3 Days Stay
19. Miss Krashika Urkude	BMT Done – After Care (Hospital)
20. Master Ansh Kumar	BMT Done – After Care (Arogya Sadan)
21. Miss Aradhya Gangurde	7 Days Stay
22. Master Mohammad Saad	Transplant Cancelled – Spleen Enlarged
23. Master Adarsh Kumar	Pre-BMT Treatment
24. Master Sk Rizwan	Pre-BMT Treatment
25. Miss Bhagwanti Shailendra Vishwakarma	Pre-BMT Treatment
26. Rekha Rana	Pre-BMT Treatment is going on



Maternal and Child Health Initiatives

Palghar District, Maharashtra

On 11th June 2025, Child Help Foundation (CHF), in collaboration with DiagnoSearch, organized a one-day Community Health Camp at Vinval Village, Jawhar, Palghar, under the Maternal and Child Health Initiative. The camp aimed to provide basic health services, with a focus on women and children. A total of 288 beneficiaries received health checkups, consultations, and free medicines and supplements. Screenings were conducted for anaemia, diabetes, and other common conditions, with 11 critical cases referred to nearby hospitals. Health education sessions raised awareness on hygiene, nutrition, and preventive care. Despite a high turnout and logistical challenges, the camp made a significant impact in improving healthcare access in this underserved community.

The health camp benefited a total of 288 individuals, including 104 children, with a majority of 226 female beneficiaries and 62

males. Screening and diagnostic tests were conducted for 57 participants, and 11 were referred to nearby hospitals for further treatment. Common health issues reported included respiratory and general complaints such as fever, cough, vomiting, and joint pain (133 cases), followed by abdominal and menstrual pain, lower limb pain, and loose motion (79 cases). Other observed conditions included back and body pain (16), skin infections (10), fungal infections (9), epigastric discomfort (15), and minor issues like dental (6), ENT and eye problems (5), and GERD-related complaints (5). A few cases also reported blurry vision (1), irregular menstrual cycles (2), and lymph node swelling (1). Out of those screened, 46 individuals were found to be within normal health parameters, while 11 were diagnosed with conditions like anaemia, typhoid, platelet abnormalities, or abnormal blood sugar levels.



Update of Baby Feeding Centres

Maharashtra



Kalyan Railway Station
Thane



Boisar Railway Station
Palghar



Kurla Railway Station
Mumbai



Kashimira Police Station
Mumbai Suburban



Palghar Railway Station
Palghar



Cama & Albles Hospital
Mumbai

Update of Baby Feeding Centres

Maharashtra



Sir J J Hospital
Mumbai



Pune Railway Station
Pune



St George Hospital
Mumbai



Civil Hospital
Satara



Urban Health Centre
Mumbai



Rural Hospital
Palghar

Update of Baby Feeding Centres

Karnataka



Yeshwantpura Metro Station
Bengaluru



Majestic Metro Railway Station
Bengaluru



Benniganahalli Metro Station
Bengaluru



Baiyappanahalli Metro Station
Bengaluru



Indira Gandhi Institute of Child Health
Bengaluru



Kengeri Bus Terminal Metro Station
Bengaluru

Update of Baby Feeding Centres

Karnataka



Sir C. V. Raman Hospital 1
Bengaluru



Sir C. V. Raman Hospital 2
Bengaluru



Sir Atal Bihari Vajpayee College-1
Bengaluru

Tamil Nadu



Taluk General Hospital
Chennai



**Institute for Child Health &
Hospital for Children**
Chennai



Institute of Obstetrics and Gynaecology
Chennai

Update of Baby Feeding Centres

Kerala



General Hospital
Ernakulam



Chottanikkara Temple
Ernakulam



Lakeshore Hospital
Ernakulam



Shoranur Railway Station
Shoranur

West Bengal



New Jalpaiguri Railway Station
New Jalpaiguri

Haryana



Civil Hospital Sector 10
Gurugram

Update of Baby Feeding Centres

Odisha



Puri Railway Station
Puri

Bihar



Katihar Railway Station
Katihar

Andhra Pradesh



Vizag Railway Station
Vizag

To combat the stigma around public breastfeeding in India, Child Help Foundation (CHF) has set up several Baby Feeding Centres (BFCs) nationwide. These centres offer safe and comfortable environments for nursing mothers, enabling them to move freely without the worry of breastfeeding in public. So far, 2,29,010 mothers have benefited from these supportive spaces, which prioritise dignity, ease, and care for both women and their babies.

Nutrition Kit Distribution for TB Patients

Vikhroli, Mumbai, Maharashtra

On 28th June 2025, Child Help Foundation (CHF), in collaboration with Filaantro, the National Tuberculosis Elimination Program, and the Brihanmumbai Municipal Corporation (BMC), organized a nutrition kit distribution drive under the Pradhan Mantri TB Mukta Bharat Yojna (PMTBMB) at Vikhroli, Mumbai. Led by Mr. Mahindra Patil, PMM Coordinator, the initiative supported 20 TB-

affected patients with essential nutrition kits containing rice, wheat flour, groundnuts, cooking oil, and other immunity-boosting staples. Following successful monthly distributions in Mulund and other parts of Mumbai's suburban region, CHF has now extended its reach to Vikhroli, further reinforcing its commitment to building a TB-free India.



Sickle Cell Anaemia Awareness Session

Palghar, Maharashtra

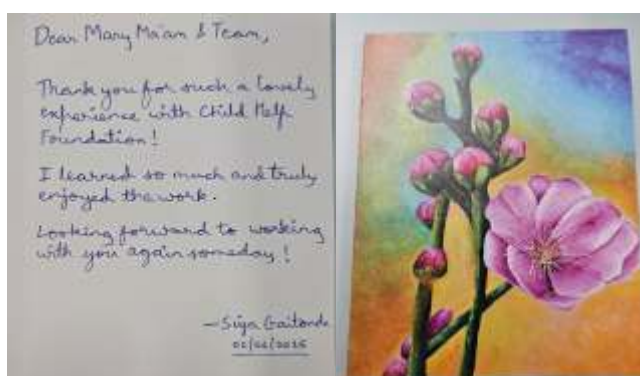
On June 19, Child Help Foundation (CHF) reached Palghar's tribal communities to raise life-saving awareness about sickle cell anaemia through interactive sessions and creative art activities. By turning knowledge into stories, we empowered young minds to recognize, prevent, and fight this silent threat.



Quality Education (SDG-4)

Gratitude and Impact: NMIMS Mumbai Student Interns at CHF

A group of student interns from NMIMS Mumbai recently completed a 30-day internship with Child Help Foundation, gaining firsthand exposure to the challenges faced by underserved communities. Stepping out of their comfort zones, the interns showed commendable initiative by voluntarily raising Rs. 28,536/- and collecting stationery and clothes for children in need. They have also expressed interest in staying engaged with the Foundation's work through ongoing support and awareness efforts.



Centre Of Excellence Project (COE)

Mumbai Suburban, Maharashtra

COE (Centre of Excellence) teachers resumed their duties in MBMC schools on June 15, 2025. Currently, they are focusing on reviewing student progress, as attendance has been relatively low. During a recent visit by Ms. Shilpa Lokhande, it was observed that the computers in the schools were non-functional. As a result, the teachers have been conducting theoretical lessons in place of practical computer sessions. A formal request has been submitted to MBMC officials to address the issue and provide the required computer systems to ensure effective learning.



Mini Science Centre

Palghar, Maharashtra

By June 30th, 2025, 22 school visits were conducted across 14 schools, where 430 students were screened and their health cards updated. Doctors treated 409 cases, mainly related to seasonal illnesses like fever, cough, diarrhoea, and abdominal pain. Three students were referred to higher healthcare centres for advanced treatment.

On June 10th, a Training of Trainers (TOT) session was held on Advanced Paediatric Health, Emergency Management, and the treatment of tuberculosis and leprosy, led by a paediatrician and a medical officer. Another TOT on June 14th focused on Life Skills Education and Facilitation Skills, using interactive methods like role play and group work.

In addition, 2,643 students attended 40 mental health awareness sessions covering relationships, mental disorders, and goal setting. As part of a capacity-building drive, 3,174 students were engaged in 46 sessions on topics like good and bad touch, hygiene, peer pressure, anaemia, nutrition, and reproductive health.



Mini Science Centre

Bihar

The Mini Science Centre project, supported by National Fertilizers Limited, is currently being implemented at M.S. Maur and M.S. Koyaribigha Schools in Barbiga, Bihar. Due to the government-declared summer vacation, schools remained closed from June 1st to 20th and reopened on June 23rd. With new admissions still underway, the MSC Coordinator has commenced engaging Science and Mathematics classes using the interactive models provided under the Mini Science Centre, ensuring a hands-on and effective learning experience for students.



Computer Labs

Bihar

The Computer Lab project, supported by National Fertilizers Limited, has been successfully implemented at Tailik School Utkramit Uchch Vidyalay, Lodhipur, and Madhya Vidyalay, Samas, in the Barbiga block of Sheikhpura, Bihar. Each lab is equipped with 21 computers, fully furnished and well-maintained to provide a conducive learning environment. Three dedicated teachers have been appointed to manage and conduct sessions in each lab. Following the summer vacation from June 1st to 20th, schools reopened on June 23rd, and computer classes have since resumed, with teachers actively engaging students in digital learning.



Digital Skills Program

Vikramgad, Maharashtra

Field Visit to Kawale Ashram School and Onde Z.P. School – Digital Skills Program Review

A field visit was conducted to assess the implementation of the Digital Skills Program at Kawale Ashram School and Onde Z.P. School. At Kawale Ashram School, a meeting with Principal Mr. Sonavane highlighted his overall satisfaction with the ongoing Health and Digital Skills Programs. He acknowledged the importance of these initiatives in supporting student development and future readiness. At Onde Z.P. School, interactions with the principal, teachers, and program trainer revealed positive feedback, particularly emphasizing the program's impact on underprivileged children in rural areas. Both visits reaffirmed the program's effectiveness in equipping students with essential digital skills and enhancing access to technology-based learning.



Digital Skills Program – Team Meeting & Transition

Vikramgad Office, Maharashtra

As part of the Digital Skills Program (LTPCT), a team meeting and supervision visit was conducted at the Vikramgad office to review ongoing progress, share key updates, and align on upcoming goals. During the visit, a farewell ceremony was held to acknowledge and appreciate the contributions of Mr. Ravindra Handva, a dedicated team member whose efforts have been instrumental to the program. The team also extended a warm welcome to Ms. Sonal Handva, who has joined the Digital Skills Program and will be continuing the work toward empowering youth through digital education.



Digital Skills Program

Training of Trainers (ToT) Session

Vikramgad Office, Palghar, Maharashtra

A Training of Trainers (ToT) session was successfully conducted today at the Vikramgad office, with active participation from team members of the School Health Program. Facilitated by Ms. Manjusha, an experienced trainer, the full-day session focused on Life Skills Education and Facilitation Skills. Key topics included essential life skills for school children, effective facilitation techniques, and practical approaches for engaging young learners. The interactive session provided valuable insights and tools, empowering participants to enhance their effectiveness in delivering impactful school-based health education.



Digital Skills Program

Personality Development & Leadership Training for Women SHGs

Rajodi, Maharashtra

Child Help Foundation (CHF) conducted a training session on Personality Development and Leadership for newly formed Women Self-Help Groups (SHGs) associated with Jivhalla Assumption Social Centre, Rajodi, Maharashtra. The session focused on building self-appreciation, boosting self-confidence, fostering teamwork, and encouraging women to take on leadership roles in their daily lives. Designed to be interactive and empowering, the training reinforced the message that women are inherently strong and capable leaders. This initiative represents a significant step toward empowering women at the grassroots level to lead with confidence and purpose.



Panel Discussion on World Day Against Child Labour

Mumbai Suburban, Maharashtra

On 12th June 2025, to commemorate the World Day Against Child Labour, Child Help Foundation (CHF) was invited by Oasis India to participate in a panel discussion held at Nallasopara. With 70 participants in attendance, the event brought together a diverse group of stakeholders, including government officials, educators, law enforcement authorities, NGOs, and community leaders. The discussion focused on raising awareness and strengthening collaborative efforts to eliminate child labour from society. It served as a vital platform for sharing insights, addressing challenges, and exploring actionable strategies to ensure every child's right to education, safety, and a childhood free from exploitation.



Child Care Institutions

Child Help Foundation (CHF) extends monthly support to seven Child Care Institutions (CCIs), ensuring that children have access to essential educational resources.

This support covers school fees, stationery, and other academic needs, enabling underprivileged children to continue their education with dignity and hope. By investing in their learning, CHF is helping build a foundation for brighter, more empowered futures.

Needs Charitable Trust

Horamavu, Bengaluru, Karnataka

Activities: Birthday Celebration, Counselling Program

Ashraya (Handicapped Welfare Organisation)

Bhubaneswar, Odisha

Activities: World Environment Day, Raja festival, Yoga Diwas

Koel Saraswati

Rourkela, Dist, Sundergarh Odisha

Activities: Yoga competition, Health Camp

The Special School of Joy

Kadma, Jharkhand

Activities: World Environment Day, World Yoga Day

Khirod Basini Kanya Ashram

Angul, Odisha

Charis Foundation

Thirumullaivoyal, Chennai, Tamil Nadu

Saraswati Anath Shikshan Ashram

Pune, Maharashtra



Child for Child Programme

Eastern India

Child Help Foundation (CHF) maintains its presence in the Eastern Zone of India through various awareness programs in schools. These programs inform students about CHF's

missions and values, hoping to pass the same on to the next generation. Mr. Partha Roy conducts and oversees the affairs of the programme.

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Gender Equality (SDG-5)

Invisible Girl Project Maharashtra

As of 16th June 2025, a new trainer, Mr. Annarao, has been appointed for the Raigad district. With schools reopening this month, he will begin conducting sessions there, alongside Ms. Sujata, who, along with him, has also started engaging parents through sessions at PHC centres and Anganwadis.

Over the past few weeks, Mr. Annarao has conducted sessions at multiple institutions, including Jawhar RH (sessions 2 and 3), Shree Datt Nursing College, Gagangiri Nursing College, Kanchad community, Manor PHC, ITI College Vangaon, Dabhosa community, Ideal College of Ayurveda, various Kishor Musle Skill Training Centers, Gorhe Shivaji Maharaj School, Saraswati School Kanchad, Manor Anganwadi, Lal Bahadur Shastri School, and additional community and health centers like Khuapari, Hamarapur High School, Tuse Health Centre,

Parali PHC, and Parali ASHA Sevika. Meanwhile, Ms. Sujata has conducted sessions at locations such as Laxmi Park Community 2, Kankiya Indira Gandhi Hospital, Mira Road Market, Madhvi Pada 1, Mashacha Pada 1, and Chena Gao.

Due to school exams and holidays, the majority of sessions this month were community-based, with Mr. Annarao holding 22 sessions in the Palghar community and Ms. Sujata conducting 10 sessions in other communities, totaling 32 sessions overall. These sessions reached 2,986 beneficiaries in Palghar and 479 in Mira Bhayander, amounting to a total outreach of 3,465 people. Moving forward, more sessions are planned across schools, communities, Anganwadi centers for parents, NGO staff, PHC centers, and ASHA workers in the upcoming months



Invisible Girl Project Haryana

Child Help Foundation (CHF) team comprising Mr. Ajit, Ms. Nitanshi Yadav, and Ms. Anu Bharti conducted extensive outreach and awareness sessions across schools and institutions in Rewari and Mahendergarh districts of Haryana. Mr. Ajit led 46 sessions, while Ms. Nitanshi Yadav facilitated 14 sessions in Rewari and Ms. Anu Bharti conducted 13 sessions in Mahendergarh. Together, they reached a total of 7,933 beneficiaries, including 4,431 in Rewari and 3,502 in Mahendergarh. These sessions saw active participation from students and staff, with several institutions expressing interest in continuing the initiative in June. The feedback received was highly encouraging, with many schools appreciating CHF's commendable efforts to empower youth through skill-based awareness. The team faced certain challenges such as managing

time effectively, aligning with academic schedules, delays in receiving necessary permissions, and coping with the extreme summer heat. To address these issues, the team is now focusing on better coordination with schools for timely approvals, strategic outreach planning, and exploring innovative and engaging formats to maintain student interest and involvement.



POSH & POCSO Sessions – Pan India

Child Help Foundation (CHF) continues to lead the way in promoting safe, respectful, and inclusive spaces through impactful awareness sessions on the Prevention of Sexual Harassment (POSH) Act and the Protection of Children from Sexual Offences (POCSO) Act. CHF organized several dynamic training programs across India, engaging a wide range of participants.

POSH Awareness Sessions

- Taj Lands End, Bandra, Maharashtra:** On 5th July 2025, a POSH awareness session was conducted for the corporate batch at Taj Lands End, Bandra. The interactive session focused on fostering a gender-inclusive and respectful workplace culture. With 54 participants in attendance, the session covered key aspects of the POSH Act, gender sensitivity, and strategies for building inclusive work environments. Attendees actively engaged in discussions, making the session both informative and impactful.
- Taj Lands End, Bandra, Mumbai, Maharashtra:** A POSH (Prevention of Sexual Harassment) awareness session was successfully conducted on 17th June at Taj Lands End, Bandra, with a total of 60 participants in attendance. The session aimed to promote a safe and respectful workplace by educating attendees on the key provisions of the POSH Act, roles and responsibilities of stakeholders, redressal mechanisms, and preventive strategies. The session concluded with an interactive Q&A segment, fostering open dialogue and enhancing awareness among participants.
- City Hospital, Ernakulam, Kerala:** Child Help Foundation – Kerala conducted a POSH (Prevention of Sexual Harassment) training session for the staff of City Hospital, M.G. Road, Ernakulam. Facilitated by Mr. Rino John, the session was interactive and engaging, with 53 participants actively involved in discussions aimed at fostering awareness and understanding of workplace safety and respect. Special appreciation goes to Ms. Agnus and Ms. Swathi, CSR and Project Executives, for their efforts in organizing and smoothly executing the session. This initiative marks another significant step toward building safer and more respectful work environments.
- ICC Members, Micro Pneumatics Pvt. Ltd., Mumbai Suburban, Maharashtra:** Mr. Vijay and Ms. Mary conducted a comprehensive POSH (Prevention of Sexual Harassment) training session on “Dealing with Workplace Sexual Harassment Complaints and Processes” for the Internal Complaints Committee (ICC) members of Micro Pneumatics Pvt. Ltd., Vasai, Maharashtra. This marked the second training session with the ICC team and focused on strengthening their understanding of handling complaints
- St. Peter's Higher Secondary School, Kumbalangi, Kochi, Kerala:** Child Help Foundation – Kerala conducted a POSH (Prevention of Sexual Harassment) training session for 30 staff members of St. Peter's Higher Secondary School, Kumbalangi, Kochi. Facilitated by Ms. Anu K. P., the session was interactive and focused on building awareness and ensuring compliance with the POSH Act to create a safe, respectful, and inclusive school environment. Special appreciation goes to field executives Ms. Agnus and Ms. Swathi for their dedicated efforts in initiating and coordinating the session. This initiative reflects CHF's ongoing commitment to fostering safe and supportive workplaces and learning spaces through preventive education.

POSH & POCSO Sessions – Pan India

with sensitivity and confidentiality, the redressal procedures outlined under the POSH Act, and the defined roles and responsibilities of ICC members. The session also included case studies and best practices to support effective implementation. It was highly interactive, with participants actively engaging in group discussions and team presentations, contributing to a deeper and more practical learning experience.

- Ketto Online Ventures, Mumbai, Maharashtra:** On 27th June 2025, Child Help Foundation conducted a virtual POSH (Prevention of Sexual Harassment) awareness session for the employees of Ketto Online, based in Andheri East, Mumbai. The session focused on creating a safe and gender-inclusive workplace by addressing key aspects such as legal provisions under the POSH Act, roles and responsibilities in the workplace, redressal mechanisms, and proactive strategies to foster equity and respect. A total of 30 employees participated actively, engaging in discussions and gaining clarity on implementing inclusivity and maintaining a respectful professional environment.



POSH Kerala



POSH Taj Lands

- Quarterly Meeting Conducted at GEPL Capital Pvt Ltd:** On 4th June 2025, Child Help Foundation, in its capacity as the external member of the Internal Complaints Committee (ICC) at GEPL Capital Pvt Ltd, conducted the 1st Quarterly POSH ICC Meeting online. The session, attended by five participants, focused on strengthening awareness of the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013, and clarifying the roles and responsibilities of ICC members. Emphasis was placed on fostering a safe, inclusive workplace environment and encouraging regular engagement to uphold compliance and

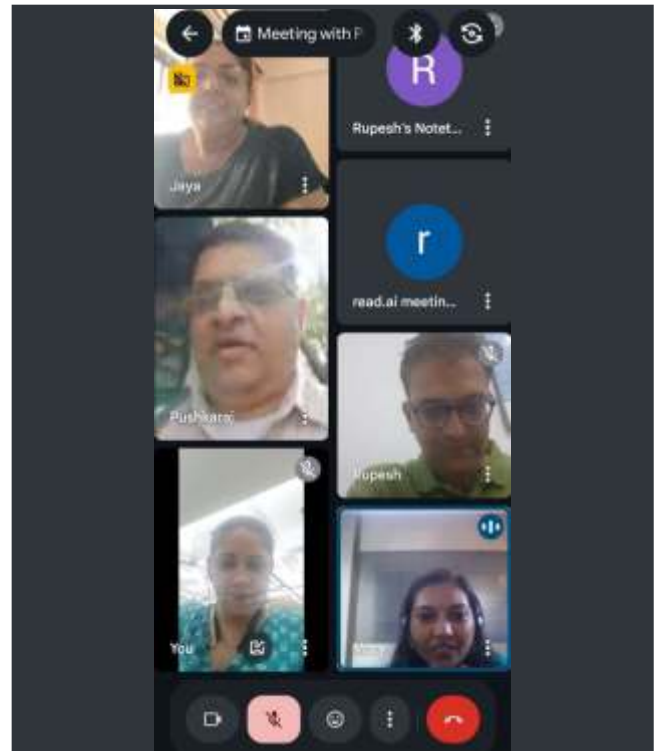


Micro Pneumatics

POSH & POCSO Sessions – Pan India



POSH



Good Touch, Bad Touch Awareness Session

Happy Kids Preschool, Mumbai Suburban, Maharashtra

Student interns affiliated with Child Help Foundation (CHF), representing Christ University and UPES, conducted a “Good Touch, Bad Touch” awareness session at Happy Kids Preschool, Mumbai Suburban, Maharashtra. Designed to educate young children on personal safety in an age-appropriate and interactive way, the session focused on helping them understand the difference between good and bad touch, introduced the “No, Go Away, Tell” rule, and encouraged open communication with trusted adults. The children responded with enthusiasm and engagement, making the session a valuable step toward early safety education and awareness.



Clean Water & Sanitation (SDG-6)

School Inspection Visit with NSIC Officials – Water Purifier CSR Initiative

New Delhi

A joint inspection was conducted today with officials from NSIC to review schools where water purifiers have been installed under their CSR initiative. The team assessed the condition and usage of the installed units, and NSIC officials provided suggestions for improvements to enhance the initiative's effectiveness and sustainability. All feedback will be documented, and necessary steps will be taken to ensure students continue to have reliable access to safe drinking water.



Life Below Water (SDG-15)

Beach Cleaning-Uttan Beach

Mumbai Suburban, Maharashtra

Beaches should be adorned with pebbles and seashells, not strewn with plastic and toxic waste. Sadly, our oceans are absorbing these pollutants, putting millions of marine creatures at risk.

To address this pressing issue, Child Help Foundation (CHF) partnered with SGS India Private Limited and the Mira Bhayandar Municipal Corporation (MBMC) for a Beach Clean-Up Drive on 8th June 2025 at Uttan Beach, Maharashtra.

Our dedicated volunteers, including Mr. Nilesh Kothari, came together with one shared mission: to make our coastline cleaner, safer, and more beautiful. Their commitment was appreciated by Mr. Manoj Kamble, Sanitary Inspector at MBMC, and all volunteers were honoured with certificates in recognition of their valuable contribution.



Other Activities

Clothes distribution-Laxmi Park Initiatives

Mumbai Suburban, Maharashtra

While working in the Laxmi Park community, it was observed that many families live in extremely poor conditions, lacking access to even basic facilities. As the area is a slum and the residents face severe financial hardships, Child Help Foundation (CHF) reached out to the principal of Rohidas Patil College with a request to support the community through donations of essential items.

Responding with compassion, the college organized a collection drive with help from its students, gathering clothes and other utility items. On 6th June, a distribution event was held in the Laxmi Park community, attended by professors and students from Rohidas Patil College along with the CHF team.

The event saw participation from women, men, and children of the community, and essential items were distributed to over 40 individuals. The beneficiaries expressed heartfelt gratitude to both the college and CHF for their thoughtful support and solidarity.



World Environment Day Celebration at Auto-Lek Electric

Palwal, Haryana

On 5th June 2025, Child Help Foundation (CHF) celebrated World Environment Day at Auto-Lek Electric, an electric vehicle manufacturing unit in Palwal, Faridabad. The event focused on promoting sustainability in industrial growth and saw enthusiastic participation from 70–80 employees. A thought-provoking session led by Ms. Noopur and senior managers highlighted the importance of tree plantation, reducing carbon emissions, and addressing climate change. As part of the initiative, 30 fruit-bearing trees were planted on the company premises, each given a unique name to foster a personal connection and a stronger sense of environmental responsibility among employees. The day stood out as a powerful example of collective action and environmental awareness in the NCR region.



Sensitization Program on World Day Against Child Labour

Masachapada, Mumbai Suburban, Maharashtra

On World Day Against Child Labour, Child Help Foundation (CHF) conducted a sensitization program at Masachapada, Mumbai Suburban, engaging 100 community mothers on the importance of ending child labour and prioritizing education. The session focused on raising awareness about children's rights and the long-term impact of education in breaking the cycle of child labour. A powerful moment emerged when the mothers united in a collective pledge: "No to Child Labour, Yes to Education." This initiative highlights CHF's ongoing commitment to empowering communities and ensuring every child has the right to a safe, educated, and dignified childhood.



Joy of Giving Initiative – Reaching Communities

Velachery and Chengalpet, Tamil Nadu

The Joy of Giving initiative was carried out at two locations—the Gypsy community in Velachery and the Pazhaveli Irular Tribes in Chengalpet. Made possible through generous contributions from the Wish Tree Activity, the outreach involved the distribution of clothes and toys to children and families in need. The experience was deeply touching, with smiles and heartfelt gratitude from the communities serving as a powerful reminder of how small acts of kindness can bring immense joy and dignity to those often overlooked.



In-Kind Donation Handover from SBI Securities

Mumbai, Maharashtra

Child Help Foundation (CHF) volunteer visited SBI Securities to collect the in-kind donation. The donation was formally handed over by Mr. Deepak Kumar Lalla, Managing Director, in the presence of the Chief Financial Officer and the Head of Human Resources. During the visit, Child Help Foundation volunteer shared insights into the impactful work undertaken by the Foundation, highlighting key programs and the positive changes being brought to the lives of children and underserved communities. The interaction served to strengthen the partnership and mutual commitment toward meaningful social impact.



Prasad Distribution at Ratha Yatra

Bengaluru, Karnataka

On 27th June 2025, Child Help Foundation joyfully participated in the vibrant Ratha Yatra celebrations at Sahakar Nagar, Bengaluru, by distributing Prasad to devotees and visitors. With hearts filled with devotion and a spirit rooted in service, the volunteers offered more than just food—they shared compassion, blessings, and a sense of togetherness. The occasion was a beautiful reminder of the power of community, faith, and selfless giving.



Free Food Distribution During Jagannath Rath Yatra

Puri, Odisha

The revered Rath Yatra of the sibling deities was celebrated today in Puri, Odisha, drawing lakhs of devotees from across the country to witness the divine presence of the 'Living God.' This nine-day festival is a powerful reflection of faith, community, and tradition. As a part of its continued commitment to service, Child Help Foundation received official permission to conduct free food distribution at two key locations: the Talabania Area (with approval from the Collector, Puri) and the East Coast Railway Premises, Puri (with approval from the Government of Odisha). Through this initiative, over 10,000 devotees were served, providing nourishment and care to those undertaking the spiritual journey.

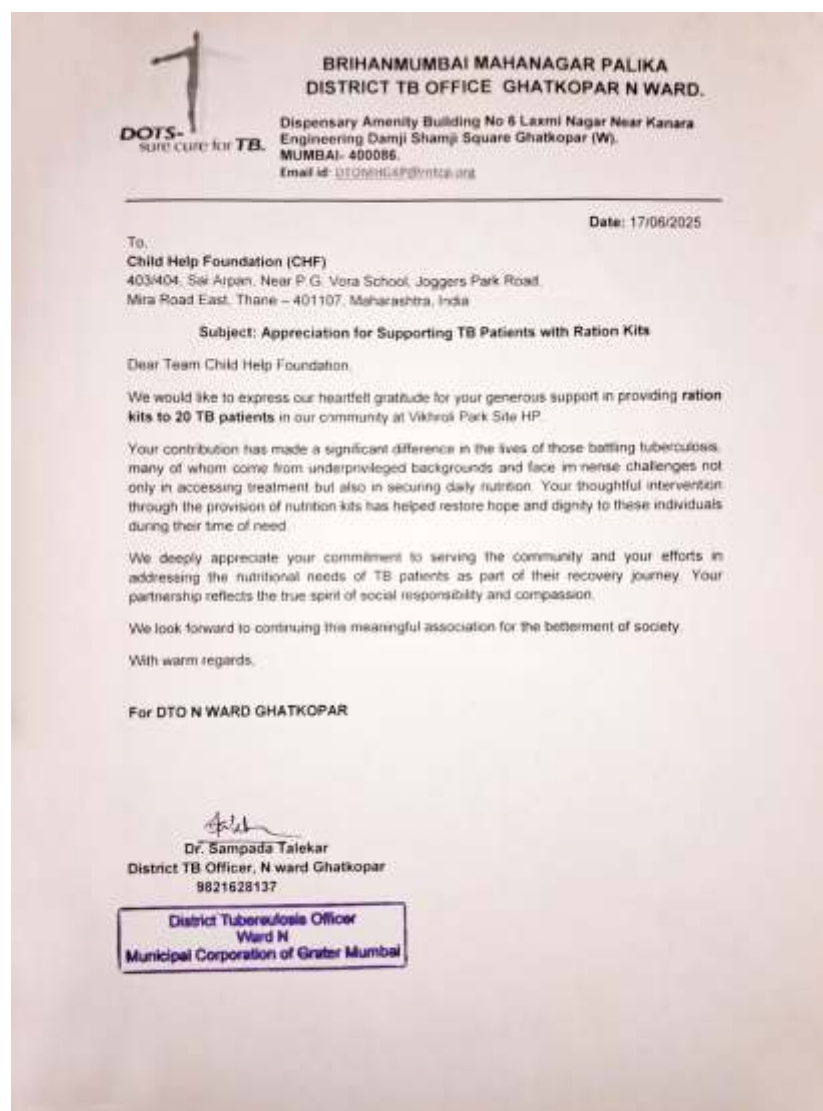


Awards and Appreciation

Appreciation Certificate

Brihanmumbai Mahanagar Palika District TB Office Ghatkopar N Ward, Mumbai, Maharashtra

Child Help Foundation received appreciation certificate from Brihanmumbai Mahanagar Palika District TB Office Ghatkopar N Ward, Mumbai, Maharashtra for supporting TB patients with ration kits.



Awards and Appreciation

Appreciation Certificate

Aster Medcity Hospital, Kochi, Kerala

Child Help Foundation received appreciation certificate from Aster Medcity Hospital, Kochi, Kerala for voluntary blood donation on the occasion of World Blood Donors Day, 2025.



Our Programs



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