

NEWSLETTER

CHILD HELP FOUNDATION

February'25 Journal



Kishori Conclave – Empowering Girls in Maharashtra!



Mental Health and Self – Awareness Session for Women

Mumbai Suburban, Maharashtra

On 19th February, Child Help Foundation organised a session on 'Mental Health and Self-Awareness' for the Sodality Women's Group at St. Michael's Church, Vasai, Maharashtra. The session emphasised the importance of mental well-being for

women, highlighting the need to maintain a balance between thoughts, emotions, and actions to nurture a healthy family and society. In today's fast-paced world, prioritising mental health is crucial for overall well-being.

About Us



Child Help Foundation (CHF) is a pan-India non-profit organization, registered under the Bombay Public Trust Act 1950, which started in the year 2010. We aim to accomplish the objectives set by the United Nations Sustainable Development Goals (UN SDGs) for global development. Child Help Foundation's principal purpose is to empower the disadvantaged holistically with some of our initiatives like Emergency Medical Support, Education, Clean Water and Sanitation, Gender Equality, Zero Hunger, Humanitarian Relief, and Village Development.

Kishori Conclave – Empowering Girls in India!



Kishori Conclave – Empowering Girls in India!

A Celebration of Culture and Leadership

As part of the **CSR Life Skill Project**, the **Kishori Conclave**, held on **February 25, 2025**, was a groundbreaking initiative aimed at **empowering adolescent girls** from **Dehere and Ozar Ashram Schools, Maharashtra**. What set this event apart was its unique **"for the Kishoris, by the Kishoris"** approach, ensuring that the young participants themselves played a central role in leadership, decision-making, and engagement.

The event commenced with a vibrant **Tarpa Nrutya performance**, a traditional dance that infused the atmosphere with energy and cultural pride. This was followed by a **pooja and lamp-lighting ceremony**, marking an auspicious beginning. The conclave was anchored by Ms. Nandini Sanjay Bhodava and Ms. Rohini Sadu Phadwale, who skillfully guided the event with enthusiasm and grace.

Key Highlights of the Conclave

Ice-Breaking Session: Led by Ms. Payal Janu Bhoje, this session set a dynamic and engaging tone, encouraging the participants to express themselves freely.

Felicitation of Key Influencers: Mentors and role models were honoured for their invaluable guidance and contributions in shaping the lives of these young girls.

Role-Play Session: A thought-provoking activity on problem-solving and decision-making, allowing the girls to explore real-life challenges and develop practical solutions.

Interactive Q&A Session: Moderated by Ms. Sneha Gotarana (Ozar Ashram School), this segment provided a platform for open discussions, enabling the girls to voice their concerns, seek advice, and gain insights from peers and mentors.

Inspiring Testimonials: Students Mayuri Gavit and Yogini Pawar (Dehere), along with Deepika Chavhan (Ozar), shared their personal experiences, highlighting the transformative impact of life skills education in their journeys.

Encouragement from Educators: Principals and teachers praised the initiative, emphasizing the **crucial role of life skills in shaping young minds** and preparing them for the future.

Vote of Thanks: The event concluded with an expression of gratitude by Tanvi Pramod Bhoire (9th grade), who eloquently acknowledged the efforts of organizers, mentors, and participants.

A Lasting Impact

The **Kishori Conclave 2025** was more than just an event—it was a **transformative experience** that instilled **confidence, leadership, and critical thinking** in the young girls who attended. The success of this conclave underscores the importance of **continued investment in life skills education**, paving the way for a future where adolescent girls across India are **empowered, self-reliant, and ready to take on the world**.

With such initiatives, we reaffirm our **commitment to nurturing young minds** and creating a **stronger, more confident generation of leaders!**



Emergency Medical Support



Samruddhi Dhage, 15 Years
Accidental Injuries

"My Daughter Fell from the Fifth Floor and Now She Is Battling For Her Life" – Satish

"We still don't know how it happened. All we remember is our neighbours calling us and telling us that she fell from the fifth floor. She has been silent ever since. It has only been six days since that incident and I am already missing her. What wouldn't I give to hear her voice once again but I don't have anything."

Satish; (Father)

Samruddhi is a bright fifteen-year-old child from Pune, Maharashtra. She dreams of becoming a doctor and helping everyone around her. She is one of the shining stars of her school, being a member of its student council. However, a recent incident threatens her promising future.

At midnight on 7th February, she was rushed to Vishwaraj Hospital (8.3 km from Pune Railway Station). She fell from the fifth floor and has been unresponsive ever since. She sustained multiple injuries, including:

1. brain injury
2. chest trauma
3. abdominal trauma
4. pelvic trauma
5. left tibia fracture
6. right and left calcaneum fracture
7. right and left lower limb degloving injury.

Blood clots have also formed in her brain, and she is under the threat of gangrene. The cost of her treatment is coming to Rs. 8,02,100/- (Rupees Eight Lakh Two Thousand And Hundred Rupees Only) floor

Satish is the sole breadwinner of his family and works as a farmer. His relatives have come forward to help him in this precarious situation, but it hasn't been enough.

Satish needs your help to hear his daughter's voice once again. The family needs you to see that sweet smile that brightens their hearts. Please donate as much as possible and share the link with your friends and family.

There are many more children who need urgent treatments, and your small contributions can make a huge difference.

Please Donate!



Shlok Sangadikar, 13 Years
Spinal and Extra Spinal Neurofibroma



M Rajan, 4 Years
Acute Lymphoblastic Leukemia

Emergency Medical Support



Shravani Ghuge, 8 Years 5 Months
Heart Disease



Baby of Iffat Khopatkar, 23 Days
Multiple Complications



Ali Shaikh, 2 years
Complex Heart Disease



Baby of Shivani, 5 Days
Meningomyelocoele



Maheshwari Nandkuntwar, 12 years
Heart Disease



Baby of Reji Twinson, 12 Days
Premature Birth Complications

Success Stories



Anandu TS

Anandu, a bright, young boy, was suddenly taken down by multiple complications. His father works as a driver, and it was impossible for him to raise the hefty amount. With the help of donors of Child Help Foundation, the amount was finally raised, and now Anandu is finally safe from harm.



Shravani

Gloom had overtaken the household when Shravani was diagnosed with a deadly heart disease. Only VSD Surgical Closure could have saved her, but it was beyond the reach of her parents. They reached out to Child Help Foundation for help, whose donors raised the amount to save her.



M. Jasvanth Vihar

M. Jasvanth Vihar's life was a tumultuous one from the start, as he was born prematurely, but when he was diagnosed with cancer, it was the biggest challenge for the five-year-old. But he was determined to fight it, and thanks to the donors of Child Help Foundation, he managed to beat cancer and can live a normal life.

Success Stories



Ajay Krishna

At just one year old, Ajay Krishna had already endured immense pain due to biliary atresia. Despite undergoing one surgery, he needed a liver transplant to survive. His father, Saji Kumar, a daily wage carpenter, struggled to afford the treatment while supporting his entire family. Your support gave Ajay the chance to grow up healthy and happy. Thank you for standing with him!



Nawathe Rishvith

Born with a severe congenital heart defect, little Rishvith's journey has been filled with struggles. His parents, Aavind and his wife, never lost hope, despite the immense financial burden. Thanks to the generosity of kind-hearted donors, Rishvith underwent the critical surgery he desperately needed. Today, he is on the road to recovery, bringing joy and relief to his family. Your support made this possible—thank you for giving Rishvith a second chance at life!



K Madhavan

Diagnosed with Gaucher Disease, little Madhavan's future seemed uncertain. His parents, Maheshwar and Alekha, fought tirelessly to afford his life-saving enzyme replacement therapy. Thanks to the generosity of donors, Madhavan is now receiving the treatment he needs. His condition is improving, giving his family renewed hope. Your kindness has made a world of difference—thank you for standing by this brave little boy!

Success Stories



Thansi Gawand

At just three years old, little Thansi has faced unimaginable challenges after being diagnosed with Caroli Disease Type A. Her father works as a driver, and it was impossible for him to arrange the hefty amount required for her Liver Transplant Surgery. Thanks to the generosity of Child Help Foundation donors, the necessary amount was finally secured, ensuring Thansi's safety and a brighter future.



Amrita Sav

Amrita's diagnosis of a life-threatening heart disease cast a shadow of despair over her family. The only hope was an open-heart surgery, but the cost was far beyond their means. Desperate for help, her parents turned to Child Help Foundation, where generous donors came together to raise the funds that ultimately saved her life. Your kindness has changed a life—thank you for standing by this brave little boy!



Baby of Khushi

Born prematurely, the baby of Khushi entered the world battling for his life. His fragile lungs struggled to function, and severe complications quickly followed. His parents, Khushi and Jatin, fought desperately to cover his medical expenses, but the costs were insurmountable. Thanks to the generosity of compassionate donors, he received the critical surgery he urgently needed. Today, he is on the path to recovery, filling his family's hearts with hope and relief.

Empowering the Future: Celebrating International Day of Women and Girls in Science

Every year on February 11th, the world comes together to celebrate the **International Day of Women and Girls in Science**. This day highlights the crucial role women and girls play in the fields of **science, technology, engineering, and mathematics (STEM)**. At Child Help Foundation (CHF), we believe in fostering equal opportunities for girls, breaking stereotypes, and encouraging them to explore the limitless possibilities in science and innovation.

Science and technology shape the world, from healthcare advancements to environmental conservation and space exploration. Despite their significant contributions, women remain underrepresented in STEM fields. According to **UNESCO, only 33% of researchers worldwide are women**, and they hold fewer leadership roles in scientific institutions. The gender gap in STEM is not due to a lack of ability or interest but rather societal barriers, biases, and a lack of access to resources.

At CHF, we recognize that education is the key to unlocking potential. Our initiatives aim to bridge the gender gap in science by providing young girls with the tools, mentorship, and encouragement they need to pursue careers in STEM.

One of CHF's flagship projects, the **Mini Science Centres (MSCs)**, aims to provide hands-on science education to children, especially in rural and underprivileged areas. These centres, equipped with interactive models and experiments, encourage curiosity and critical thinking. We ensure that girls have equal access to these centres, allowing them to experience the joy of discovery and innovation.

In today's digital era, computer literacy is essential. CHF has established computer labs in various schools to equip children with essential technological skills, even at an all-girls school, Tailik Girls' School in Bihar. These

labs are instrumental in ensuring that girls are not left behind in the digital revolution. Our efforts help them develop confidence in using technology and digital problem-solving.

CHF also integrates environmental awareness into its STEM initiatives. Through tree-planting drives, waste management programs, and climate action projects, we encourage girls to take leadership roles in environmental science. These activities not only nurture a love for science but also empower them to contribute to sustainability efforts in their communities.

Encouraging girls to pursue STEM careers requires a shift in societal mindsets. Families, schools, and communities play a crucial role in fostering a supportive environment. CHF actively engages with parents and educators to dispel myths about girls' abilities in science and advocate for gender-inclusive education.

The International Day of Women and Girls in Science is a reminder that progress is ongoing. At CHF, we remain committed to empowering girls through education, mentorship, and equal opportunities in STEM fields. By investing in their potential today, we are building a future where innovation knows no gender.

As we celebrate this important day, let us pledge to support, encourage, and uplift the next generation of women scientists and innovators.



GOOD HEALTH AND WELL-BEING (SDG-3)

School Health Program

Vikramgad, Palghar District, Maharashtra

The School Health Program focuses on a range of physical and mental health activities, including student health screenings, illness treatment, and capacity building for students and teachers through awareness sessions and counselling activities. The program is implemented in fourteen schools in the Vikramgad block of Palghar district of Maharashtra, benefiting over ten thousand underprivileged tribal students. Additionally, special days and events are celebrated in these schools to engage students and teachers in raising awareness on relevant topics such as World Mental Health Day and other topics such as anxiety, fear of exams, and sexual reproductive health.

In February, the following activities were implemented:

- **42 health visits** conducted, benefiting **549 students**, with updated health records.
- **1,909 illness cases** treated, covering anaemia, dental, ophthalmic, ENT, and gynaecological concerns.
- **12 students** were referred to local health institutions for further treatment.
- **18 awareness sessions** held for **1,064 students**, focusing on anaemia, nutrition, menstrual health, and hygiene.

- **49 mental health** sessions conducted for **3,002 students**, addressing reading and learning disorders, exam anxiety, and self-esteem.
- **Personal counselling** provided to **43 students** for mental health concerns.

Through these efforts, we continue to create a healthier future for children.



Arogya Sadan

Mumbai, Maharashtra

Arogya Sadan is a facility dedicated to supporting patients undergoing Bone Marrow Transplant (BMT) and their families by providing accommodation and care during their treatment period.

Arogya Sadan – Beneficiaries Details

Master Aryan Kumar	Remark: Transplant Cancelled	Platelet Increase
Master Aarav Kumar	Remark: BMT Done	Case Completed Successfully
Miss Aradhya Kumari	Remark: BMT Done	Case Completed Successfully
Master Aman Ahirwar	Remark: BMT Done	Case Completed Successfully
Master Vikrant Thakur	Remark: BMT Done	Case Completed Successfully
Master Amit Kumar	Remark: BMT Failed	Returned home
Master Abhishek Kumar	Remark: BMT Done	Case Completed Successfully
Akash Kumar	Remark: Transplant Cancelled	Liver Enlarged
Swati Hasanda	Remark: BMT Done	Case Completed Successfully
Aiyan Reza	Remark: BMT Done	Case Completed Successfully
Deep Kumar	Remark: BMT Done	Case Completed Successfully
Aditya Kumar	Remark: BMT Done	Case Completed Successfully
Taabis Rehan	Remark: BMT Done	Case Completed Successfully
Harshwardhan	Remark: BMT Done	Case Completed Successfully
Ujala Kumari	Remark: BMT Done	Case Completed Successfully
Piyush Kumar	Remark: 2-3 Days Stay	
Mannat Raj	Remark: 2-3 Days Stay	
Krashika Urkude	Remark: Pre-BMT Treatment Ongoing	
Ansh Kumar	Remark: Pre-BMT Treatment Ongoing	



Update of Baby Feeding Centres

Maharashtra



Kalyan Railway Station

140 beneficiaries

5 mothers use it daily; supported by Childline staff



Boisar Railway Station

112 beneficiaries

located on Platform 2; good utilization



Kurla Railway Station

24 beneficiaries

6 mothers use it weekly



Kashmiri Police Station

28 beneficiaries,

1 mother uses it daily; also used for resting.



Palghar Railway Station

112 beneficiaries

4 mothers use it daily



Cama & Albless Hospital

140 beneficiaries

excellent utilization in ANC OPD with nursing staff support.

Update of Baby Feeding Centres

Maharashtra



Sir J J Hospital

28 beneficiaries



Pune Railway Station

112 beneficiaries



St George Hospital

84 beneficiaries

3 mothers use it daily



Civil Hospital, Satara

112 beneficiaries

4 mothers use it daily



Urban Health Centre

224 beneficiaries

8 mothers use it daily.



Rural Hospital, Palghar

168 beneficiaries

6 mothers use it daily

Update of Baby Feeding Centres

Karnataka



Sir C. V. Raman Hospital 1
Bengaluru
56 beneficiaries



Majestic Metro Railway Station
Bengaluru
672 beneficiaries; 24 mothers use it daily



Yashwantpura Metro Station
1240 beneficiaries
Remark: An average of 30 women use daily.



Baiyyappanahalli Metro Station
1395 beneficiaries
Remark: An average of 45 mothers use daily.



Sir Atal Bihari Vajpayee College-1
700 beneficiaries
25 mothers use it daily



Kengeri Bus Terminal Metro Station
3875 beneficiaries
Remark: Average 125 mothers per day.

Update of Baby Feeding Centres

Tamil Nadu



Taluk General Hospital Chennai

420 beneficiaries
15 mothers use it daily.

Odisha



Puri Railway Station

560 beneficiaries
regularly cleaned by railway staff; 20 users daily.

Andhra Pradesh



Institute for Child Health & Hospital for Children Egmore, Chennai

560 beneficiaries, well-utilized



Vizag Railway Station

420 beneficiaries
15 mothers use it daily

Bihar



Institute of Obstetrics and Gynaecology Egmore, Chennai

420 beneficiaries, 15 mothers use it daily



Katihar Railway Station

28 beneficiaries

Update of Baby Feeding Centres

Kerala



General Hospital

812 beneficiaries
well-utilized.



Chottanikkara Temple, Ernakulam

1,400 beneficiaries
heavily used due to large crowds



Lakeshore Hospital

420 beneficiaries
15 mothers use it daily



Shoranur Railway Station

420 beneficiaries; 15 mothers use it daily

West Bengal



New Jalpaiguri Railway Station

A functional Baby Feeding Centre is at the station.

New Delhi



Civil Hospital Sector 10

Gurugram, Haryana

A functional Baby Feeding Centre

Baby Sack Distribution

Rewari, Haryana

February 3, 2025 – Baby Sack Distribution

A Child Help Foundation volunteer visited multiple locations in Rewari, Haryana, to distribute baby sacks.

Locations Covered:

- Dhamlawas Anganwadi Kender
- Thothwal Anganwadi Kender
- Nangali Godha Anganwadi Kender

Villages Covered:

- Hasanka
- Masani
- Jonawas
- Seoraj Majra

Total Beneficiaries: 80

February 6, 2025 – Baby Sack Distribution

CHF volunteers distributed baby sacks at various Anganwadi Centers in Rewari, Haryana.



Villages Covered:

- Sahranwas
- Jadra
- Raliawas
- Dehlawas
- Gulabpura

Total Beneficiaries: 100

- Hari Nagar Anganwadi Kender
- Ravindra Child Hospital

Total Beneficiaries: 100

February 4, 2025 – Baby Sack Distribution

CHF volunteers distributed baby sacks at Anganwadi Centers in Rewari, Haryana.



Ration Kit Distribution

Mumbai Suburban, Maharashtra

On **2nd February 2025**, **Child Help Foundation (CHF)**, in collaboration with the **Mira Bhaingar Municipal Corporation (MBMC)**, successfully distributed **Free Nutrition Kits** under the **Pradhan Mantri TB Mukta Bharat Abhiyaan**. The distribution took place at **Indira Gandhi Hospital, Mumbai Suburban**, benefiting **20 tuberculosis patients and their families**.

On **11th February 2025**, under the same initiative, **CHF**, in partnership with the **Mira Bhaingar Municipal Corporation**, conducted another round of **Free Nutrition Kit distribution at Arogya Kendra** for **20 tuberculosis patients and their families**.

This initiative aimed to provide **essential nutritional support** to aid in the **recovery and well-being** of TB patients, reinforcing the commitment to a **TB-free India**.



Wish Tree Activity

Chennai, Tamil Nadu

On 16th February, a Wish Tree activity was conducted at S&S Sarvam Apartment, Pallikaranai, Chennai, as part of community engagement efforts to combat Tuberculosis.



Wish Tree Activity

Chennai, Tamil Nadu

On February 22nd, the Chennai team organized the Wish Tree Activity as part of their initiative to engage communities in the fight against Tuberculosis. Held at Sai Sarovar Apartment, Velachery, the activity aimed to raise awareness and encourage collective action against tuberculosis, fostering a sense of responsibility and support within the community.



Annual Sports Meet 2025

Mumbai, Maharashtra

The Annual Sports Meet 2025 was held on 21st February at P.G. Vora ground, bringing together 75 enthusiastic participants. The event featured exciting games, including musical chairs and cricket, creating a lively and spirited atmosphere. It was a day filled with fun, laughter, and friendly competition, leaving everyone looking forward to more such enjoyable gatherings in the future.



Health Check-up for Primary School Children

Gurugram, Haryana

In February, with the generous support of CSR partners like Richa Global and Hanna Anderson, Child Help Foundation (CHF) successfully conducted a large-scale health check-up for primary school children at a government school in Gurugram.

The event was graced by key dignitaries, including the Legal Head, Company HR Head, and the CHF team, Sanjay, Noopur, Kanchan,

Lata, and Vishal. Additionally, the school's Principal and Vice Principal, local health workers, and Gurugram President, Mr. Balbir, were present, further strengthening the initiative's impact. Ms. Hanna was delighted to interact with the children and appreciated the organization's presentation, expressing her enthusiasm for the initiative's positive impact on young lives.

Quality Education (SDG-4)

Digital Skills Program

Computer Training Centre

Amboli, Dadra & Nagar Haveli

- A total of 63 classes were conducted, with 841 attendees, including 121 unique beneficiaries.
- Covered topics included network types, basic programming concepts, input and output devices, Logo, C programming, Tux Math, Tux Paint, and Xara application.



Computer Training Centre

Silvassa, Daman & Diu

- Conducted 122 classes with 3,772 attendees, including 428 unique beneficiaries.
- Training topics included typing, Paint, Microsoft Excel, PowerPoint, and English keyboard skills.



Digital Skills Program

Vikramgad Block, Maharashtra

- Implemented across 15 schools (8 Z.P. schools and 7 ashram schools).
- A total of 705 classes were conducted, benefiting 23,159 students, with 4,667 unique beneficiaries.
- Topics covered included Notepad, WordPad, Tux Typing, booting processes, MS Office applications, and input/output devices.



Centre of Excellence Project

Mumbai Suburban, Maharashtra

On 13th February, Mr. Sanjay Katkar, IAS, Commissioner of MBMC, Maharashtra, invited Child Help Foundation for a meeting to discuss support for social causes, including education and skill development. He requested the foundation to conduct a survey of single-parent and orphaned children in 36 Mira Bhaindar Municipal Corporation (MBMC) schools through home, field, and school visits.

In response to the commissioner's request, teachers from Child Help Foundation began the survey on 17th February 2025. The survey aims to identify underprivileged children—either with single parents or no parents—studying in corporation schools, and it is being conducted through field visits as per the survey plan.



National Science Day

Mahajan Guruji Ashram School, Palghar, Maharashtra



On the 28th February, Child Help Foundation (CHF) celebrated National Science Day in honour of Dr. C.V. Raman. As part of the event, CHF organised a Science Project Exhibition under the Mini Science Project initiative, supported by Samata Equal Footing. The program took place at Mahajan Guruji Ashram School, Talwada, Palghar.

The school principal, Mr. Dode, explained the significance of National Science Day, while Ms. Jyoti highlighted CHF's efforts in promoting science education through initiatives like the Mini Science Project. She also emphasised the role of science in everyday life.

This programme provided students with a platform to showcase their talent, benefiting a total of 600 students.

Mini Science Centre Bihar

The Mini Science Centre (MSC) project has been implemented at M.S. Maur and M.S. Koyaribigha School in Barbiga, Bihar, with support from National Fertilizers Limited. The MSC coordinator utilised the models provided under the project to teach Science and Mathematics. Due to the extremely cold weather this month, student attendance remained low. Despite this, the coordinator conducted lessons using the models, revised concepts, and administered tests.



Computer Labs Bihar



A Computer Lab project has been established at Tailik School Utkramit Uchch Vidhyalaya, Lodhipur, and Madhya Vidhyalaya Samas, located in the Barbiga block of Sheikhpura, Bihar. Each lab is equipped with 21 computers and is well-furnished and properly maintained. Three teachers have been appointed for each lab to conduct sessions with students at both schools.



These projects are supported by National Fertilizers Limited, benefiting a total of 2,502 students.



School for School Awareness Program Eastern Zone

Child Help Foundation maintains its presence in the Eastern Zone of India through various awareness programs in schools. These programs inform students about CHF's missions and values, hoping to pass the same on to the next generation.



School for School Awareness Program



School for School Awareness Program



Assembly Talk on School for School Program

Palghar, Maharashtra

On **February 13th**, a dedicated **Child Help Foundation (CHF) volunteer** conducted an engaging **Assembly Talk at M B International School, Nalasopara**, as part of the **School For School Program**. The session aimed to raise awareness among students about the importance of education, social responsibility, and the role they can play in helping underprivileged children access quality learning opportunities.

The following day, on **February 14th**, the program continued at **Kids' Valley School**, where another **CHF volunteer** delivered an equally insightful **Assembly Talk**. The session emphasized the need for collective efforts in bridging educational gaps and fostering a culture of empathy, inclusivity, and support among students.



Meeting with Vikramgadh MLA

Maharashtra



On 17th February, a Child Help Foundation (CHF) Volunteer met Mr. Harishchandra Bhoje, MLA of Vikramgad, to discuss CHF projects and extend an invitation to be the chief guest at the National Science Day Program. Additionally, they visited the Talwada and Kurnje Ashram Schools in Palghar to oversee MSC activities.



Zero Hunger (SDG-2)

Ration Kit Distribution

Amma-Nanna Old Age Home, Vizag, Andhra Pradesh

On **February 27th, 2025**, in celebration of **World NGO Day**, **Child Help Foundation's Vizag branch**, in collaboration with **Reliance Smart Bazaar**, organized a **ration distribution drive** to support the elderly residents of **Amma-Nanna Old Age Home**. This heartfelt initiative aimed to enhance the **well-being of 50 senior citizens**, reflecting the true spirit of **compassion and community care**. Each essential ration kit included:

- ✓ 50 kg of rice
- ✓ 5 liters of refined oil
- ✓ 3 kg of toor dal
- ✓ 5 kg of sugar
- ✓ 10 kg of wheat flour
- ✓ 10 packets each of bread and rusk biscuits
- ✓ 100 shampoo sachets
- ✓ 5 kg each of onions, potatoes, and tomatoes
- ✓ ½ kg each of green chillies, ginger, and garlic
- ✓ 3 kg each of brinjal, cauliflower, cabbage, and lady finger

Through this initiative, Child Help Foundation reaffirmed its commitment to serving the underprivileged, ensuring that vulnerable communities receive the nutrition and care they deserve.



Gender Equality (SDG-5)

Life Skills Project (ARSH Initiatives)-METROPOLIS

As part of the Metropolis Life Skill Project, the Kishori Conclave stood out as a significant initiative to **empower adolescent** girls. Held on February 25, 2025, the event was a collaborative effort between students from Dehere and Ozar Ashram Schools in Maharashtra.

What made this conclave truly special was that it was organized and led by the Kishoris, for the Kishoris, **fostering student leadership and engagement**. The event was anchored by Ms. Nandini Sanjay Bhodava and Ms. Rohini Sadu Phadwale, students from the Ozar and Dehere schools, respectively.

The conclave opened with a vibrant Tarpa Nrutya performance, setting an energetic tone for the day. This was followed by a pooja and lamp-lighting ceremony, symbolizing enlightenment and positivity. To encourage interaction and ease participants into the session, Ms. Payal Janu Bhoje led an engaging ice-breaking activity.

One of the key highlights of the conclave was the **felicitation of Key Influencers**, where the Kishoris **honoured mentors and guides** who played a crucial role in their growth. A role-play session focusing on essential life skills, such as problem-solving and decision-making, was conducted by students from

both schools, offering practical insights into real-life applications.

Adding depth to the session, a question-and-answer segment was led by Ms. Sneha Gotarana from Ozar Ashram School, providing students with an opportunity to clarify doubts and expand their understanding of life skills. Additionally, impactful testimonials were shared by:

Mayuri Gavit (9th Std, Dehere Ashram School)

Yogini Pawar (9th Std, Dehere Ashram School)

Deepika Chavhan (9th Std, Ozar Ashram School)

These young girls reflected on their personal experiences, highlighting how life skills have shaped their confidence, decision-making abilities, and overall personal growth.



Life Skills Project (ARSH Initiatives)-METROPOLIS

Principals and teachers from both Ashram Schools shared valuable feedback, underscoring the effectiveness and success of the conclave. The event concluded with a heartfelt vote of thanks by Tanvi Pramod Bhore, a 9th-grade student, who expressed gratitude to all participants, trainers, and organizers for their contributions.

The Kishori Conclave proved to be an enriching and transformative experience, fostering self-confidence, leadership, and critical thinking among the students. Through role-playing, cultural performances, and shared experiences, the event successfully reinforced the importance of life skills in daily life.

The overwhelmingly positive response from students and faculty highlights the success of the conclave and the growing need for similar initiatives in the future. It reaffirmed

the power of collaborative efforts in life skills education, strengthening the commitment of both schools toward nurturing and empowering young minds.

Target & Details of Beneficiaries till February 2025

No of adolescents reached through ARSH-based life skills- 9158

No of Kishori Manch formed-423

No of Key influencers oriented on project-156

No of action plans made by Kishori Manch-215

No of action plans implemented by Kishori Manch-185

No of referrals done in project- 62

No of girls integrated with Govt schemes-41

No of girls champions-83



Invisible Girl Project

Maharashtra & Haryana

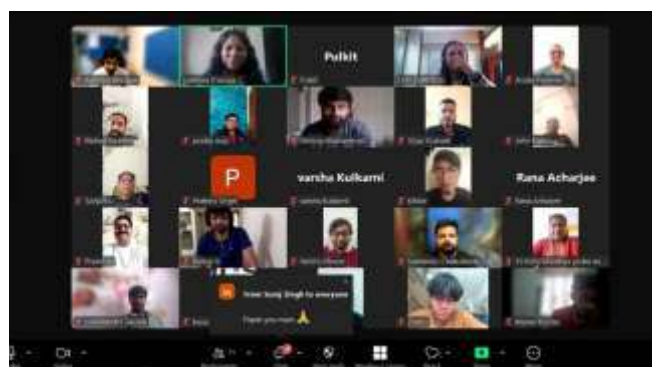
The third phase of the IGP project commenced in February, with selected areas including Beed, Palghar, and Mumbai Suburban in Maharashtra and Rewari and Mehendragarh in Haryana. This phase also saw new staff appointments: Annarao Waghmare continued as the IGP trainer for Palghar, Sujata Kondurkar was appointed as the coordinator, and Samarth Dongre joined as a trainer for the Beed district. In Haryana, Anubharati and Anita Yadav were appointed as trainers, with Ajit continuing as the coordinator.



POSH & POCSO Online Session – Furtado’s School of Music

Mumbai, Maharashtra

On February 1, 2025, Child Help Foundation (CHF) conducted an online training session on the POCSO (Protection of Children from Sexual Offences) Act and the POSH (Prevention of Sexual Harassment) Act at Furtado’s School of Music (FSM). This virtual program aimed to educate participants on the legal framework surrounding child protection and workplace safety, ensuring a secure and respectful environment for students and staff. The session was attended by 90 participants, including FSM team members and music teachers, who actively engaged in discussions and gained valuable insights into safeguarding practices. Through such awareness initiatives, CHF continues its commitment to promoting child safety, gender equality, and a harassment-free learning and working environment.



Certificate of Appreciation Presented to Students for Participating in TATA Mumbai Marathon

Mumbai, Maharashtra

In February 2025, Ms. Sendra D'Souza, a project team member, visited Patkar College of Arts and Commerce, Mumbai, and St. John College of Engineering and Management, Palghar, to recognize the National Service Scheme (NSS) students for their enthusiastic participation in the Tata Mumbai Marathon (TMM) Initiative. The students from both colleges actively contributed to the motivational zone set up during the event.

As a token of appreciation, Child Help Foundation (CHF) presented each student with a photo frame capturing the spirit of the TMM initiative. The principals of both colleges expressed their gratitude and admiration for CHF's efforts in promoting social responsibility.

To formally acknowledge the students' dedication, a certificate distribution

program was organized, receiving an overwhelmingly positive response. The students eagerly gathered to receive their Certificates of Appreciation, marking a proud moment for their contributions. The event not only celebrated their involvement but also inspired them to continue participating in social initiatives, fostering a sense of responsibility, leadership, and community engagement.



POSH and POCSO Awareness and Training Sessions

A series of POSH (Prevention of Sexual Harassment) and POCSO (Protection of Children from Sexual Offences) awareness and training sessions were conducted across multiple locations to educate individuals on workplace safety, legal compliance, and child protection.

POSH Sessions: Interactive and informative sessions were conducted at various institutions, including Taj Lands End (Mumbai), ITSP (Hyderabad), Magic Bus Academy (Thane), Ravindranath Tagore School (Pune), Nishamani Maternity Nursing Home (Cuttack), Andhra Mahila Sabha College (Hyderabad), Tecnogluance Pvt. Ltd. (Bhubaneswar), and Team Pumpkin (Virtual). These sessions engaged corporate employees, teachers, medical staff, students, and professionals, equipping them with knowledge about the POSH Act, workplace rights, and measures to create a harassment-free environment.



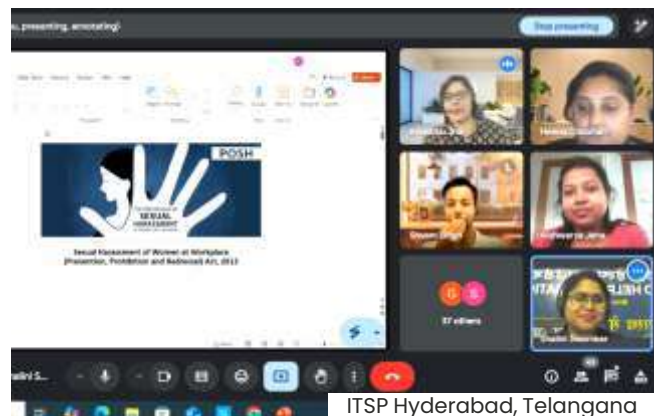
Taj Lands End, Mumbai, Maharashtra



Taj Lands End, Mumbai, Maharashtra



Magic Bus Academy, Thane, Maharashtra



ITSP Hyderabad, Telangana



Ravindranath Tagore School, Pune, Maharashtra



Ravindranath Tagore School, Pune, Maharashtra

POSH and POCSO Awareness and Training Sessions



Nishamani Maternity Nursing Home, Cuttack, Kerala



Nishamani Maternity Nursing Home, Cuttack, Kerala



Andhra Mahila Sabha College, Hyderabad, Telangana



Andhra Mahila Sabha College, Hyderabad, Telangana



Tecnog lance Pvt. Ltd., Bhubaneswar, Odisha



Tecnog lance Pvt. Ltd., Bhubaneswar, Odisha



Team Pumpkin, Virtual



Team Pumpkin, Virtual

POSH and POCSO Awareness and Training Sessions

POCSO Session: A **comprehensive training session** was conducted at **Oasis NGO (Palghar)** for children from the **Nallasopara Community Center**, focusing on **child safety and protection**. The session covered crucial topics such as the **POCSO (Protection of Children from Sexual Offences) Act**, the **concept of Good Touch & Bad Touch**, and practical ways for children to **identify, report, and prevent child sexual abuse**. Through engaging discussions and interactive learning methods, the children were empowered with knowledge and awareness, equipping them with the confidence to safeguard themselves and others. By organizing such vital awareness programs, **Child Help Foundation (CHF)** continues its mission to **protect and educate young minds**, ensuring they grow up in a safer and more informed environment.



Oasis NGO, Palghar, Maharashtra



Oasis NGO, Palghar, Maharashtra

On **February 25, 2025**, **GEPL Capital in Mumbai** hosted the **quarterly POSH-ICC meeting**, marking a significant step toward strengthening workplace safety and gender equality. During this session, the **Internal Complaints Committee (ICC)** was formally constituted, ensuring compliance with the **Prevention of Sexual Harassment (POSH) Act** and reinforcing a safe and respectful work environment. Additionally, the **POSH agreement** was officially signed, underscoring the organization's commitment to addressing and preventing workplace harassment. By implementing such proactive measures, **GEPL Capital**, in collaboration with **Child Help Foundation (CHF)**, continues to advocate for workplace safety, gender sensitivity, and the well-being of employees.



GEPL Capital, Mumbai, Maharashtra

These sessions collectively fostered awareness, engagement, and meaningful discussions on workplace safety and child protection, ensuring that participants across different sectors are well-informed and empowered.

Bedsheet And Pillow Cover Donation Drive

Kochi, Kerala

On the occasion of **International Day of Women and Girls in Science**, the **Child Help Foundation (CHF) Kochi team** organized a **bedsheet and pillow cover donation drive** at **Vimala Bhavan**, an orphanage for children and women in **Ervaely, Mattancherry, Kochi, Kerala**.

The team actively **volunteered and participated** in a children's program conducted in collaboration with **Malayala Manorama Balajanasakyam** and **St. Joseph's LPS, Cheriyaadavu Unit**.

The event concluded with the **distribution of prizes and sweets**, bringing joy to the children and making the day memorable.



Integrated Child Development Scheme

Parol, Maharashtra

On **8th February 2025**, **Child Help Foundation** participated as a **guest speaker** at the **Mahila Melava** organized by **ICDS – the Integrated Child Development Scheme of the Government** at **Parol, Maharashtra**.

- A session was conducted on the **POSH Act and workplace safety for women**, empowering **50 participants** with crucial knowledge.
- The event also featured **singing and dance performances** by **Anganwadi children**, a **rangoli competition**, and a **paushtik ahar (nutritious food) recipe competition** for **Anganwadi Sevikas**.



Mental Health and Self – Awareness Session for Women

Mumbai Suburban, Maharashtra

On 19th February 2025, Child Help Foundation (CHF) organized an insightful session on 'Mental Health and Self-Awareness' for the Sodality Women's Group at St. Michael's Church, Vasai, Maharashtra. The session emphasized the importance of mental well-being for women, highlighting the need to maintain a balance between thoughts, emotions, and actions to foster a healthy family and society. Discussions focused on stress management, self-care practices, and strategies to enhance emotional resilience, empowering women to prioritize their mental health amid daily challenges. In today's fast-paced world, where responsibilities can often feel overwhelming, nurturing mental well-being is essential for both personal growth and overall societal harmony. Through such initiatives, CHF continues its commitment to supporting and uplifting communities, ensuring that mental health remains a priority for all.



Child Help Foundation Joins ICDS Internal Complaints Committee

Mumbai Suburban, Maharashtra

On 13th February 2025, Child Help Foundation (CHF) was officially appointed as an external NGO member of the Internal Complaints Committee (ICC) for the Integrated Child Development Schemes (ICDS) of the Government at Panchayat Samiti Vasai, Palghar. In this crucial role, CHF will work towards addressing cases of workplace sexual harassment in compliance with the Prevention of Sexual Harassment (POSH) Act, ensuring that women staff within the ICDS framework have a safe, respectful, and secure working environment. By actively participating in the ICC proceedings, CHF continues its commitment to promoting gender equality, workplace safety, and legal awareness, reinforcing a culture of dignity and protection for women in the workforce.



Life Below Water (SDG-14)

Certificates of Appreciation Presented to Students of Rohidas Patil Institute of Management Studies

Maharashtra

On February 3, 2025, students of Rohidas Patil Institute of Management Studies received Certificates of Appreciation for their participation in the Beach Clean-Up Activity organized by Child Help Foundation at Uttan Beach on September 21, 2025, under the Swachhta Hi Seva Abhiyan of the Mira Bhaindar Municipal Corporation.

A total of 48 certificates were distributed to the dedicated student volunteers from Rohidas College in recognition of their efforts toward environmental conservation.



Life on Land (SDG-15)

Green Run For Chellanam

Kochi, Kerala

Team Kochi actively participated in the marathon, 'Green Run For Chellanam,' organized by the CII Foundation and Chellanam Grama Panchayat at Chellanam, Kochi, Kerala. The event brought together passionate runners in support of a meaningful cause, promoting community engagement and wellness.



Partnership for Goals (SDG 17)

Integration and Convergence Meeting

Lucknow, Uttar Pradesh

Our **Managing Trustee, Sri Rajendra Pathak**, was **honoured to be invited as a Co-Chair** for the **Integration and Convergence Meeting** with **startups and NGOs**.

The meeting took place at **Bhu-Mitra Bhawan in Lucknow** and was chaired by **Dr. Heera Lal, IAS**.

It brought together **representatives from various NGOs and startups** to discuss **collaboration, innovation, and sustainable development initiatives**.



Meeting with Richa Global Delhi

On 12th February 2025, Team Delhi of Child Help Foundation (CHF) held a productive meeting with the Chief Finance Manager and Ms. Dikhsha, the CSR and Compliance Manager of Richa Global. The primary focus of the discussion was to explore the scope of Corporate Social Responsibility (CSR) and identify potential areas of collaboration between Richa Global and CHF.

During the meeting, both teams deliberated on various social initiatives that could be undertaken to create a meaningful impact on underprivileged communities. Key topics included education, healthcare, environmental sustainability, and women's empowerment, aligning with CHF's ongoing efforts in these domains.

Richa Global expressed keen interest in partnering with CHF to support initiatives that drive long-term community development. The discussion also emphasized the importance of strategic CSR investments in fostering sustainable change, benefiting both society and the corporate sector.

This meeting marked an important step toward a potential partnership, paving the way for future joint initiatives that could transform lives and contribute to a more equitable and empowered society.



Other Activities

Appreciation by Gleaneagles Hospital

Mumbai, Maharashtra

Child Help Foundation (CHF) was **honored and felicitated** by **Gleaneagles Hospital, Mumbai**, for its **dedicated support and contribution** toward the **well-being of pediatric liver transplant patients**. This recognition underscores **CHF's unwavering commitment** to ensuring that children in need of **critical medical care** receive the **necessary support and assistance**. By actively working towards **fundraising, awareness, and patient care**, CHF continues to make a **meaningful impact** in the lives of children battling severe health conditions. This accolade serves as a testament to **CHF's mission** of bringing **hope and healing** to those in need, reinforcing its pledge to stand by children and their families during their most challenging times.



Paad Puja Utsavam

Hyderabad, Telangana

On 14th February 2025, the Hyderabad team attended the Paad Puja Utsavam program, organized by Bharat Vikas Parishad and Sunflower English School. The event was graced by the Assistant Commissioner of Fire Services, Mr. Simhachalam, and a former commander from the armed forces as the chief guests. During the program, the Assistant Commissioner assured support for awareness initiatives. Additionally, there was an opportunity to address POSH and POC SO topics.



Our Programs



Contact Us :

Head Office: 403/404, Sai Arpan Bldg., Mira Road (E),
Mumbai - 401107, Maharashtra

Tel No: +91-22-28118588, +(91) 9029010081/82/83/84

contact@childhelpfoundationindia.org



www.childhelpfoundation.in