

CHILD HELP FOUNDATION

NEWSLETTER

December'24 Journal



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by Silver Feathers**

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About Us *Newsletter*



Child Help Foundation (CHF) is a pan-India non-profit organization, registered under the Bombay Public Trust Act 1950, which started in the year 2010. We aim to accomplish the objectives set by the United Nations Sustainable Development Goals (UN SDGs) for global development. Child Help Foundation's principal purpose is to empower the disadvantaged holistically with some of our initiatives like Emergency Medical Support, Education, Clean Water and Sanitation, Gender Equality, Zero Hunger, Humanitarian Relief, and Village Development.

Best NGO of the Year by Silver Feathers *Newsletter*



Child Help Foundation Wins The Best NGO of The Year *Newsletter*

Child Help Foundation (CHF) has reached a significant milestone by being honoured with the prestigious "Best NGO of the Year" award at the Silver Feather Awards 2024. This coveted accolade stands as a testament to CHF's unwavering dedication to its mission of transforming the lives of underprivileged children and empowering communities in need.

The Silver Feather Awards, known for recognizing organizations that drive positive societal change, spotlight CHF's tireless efforts in the areas of advocacy, education, health, disaster relief, and community development. The award serves as a powerful acknowledgement of CHF's ability to not only provide aid but also empower individuals to overcome challenges and achieve sustainable progress.

Since its inception, CHF has been a beacon of hope for countless children and families across the country. By implementing impactful programs tailored to address the most pressing needs of vulnerable communities, the organization has made a measurable difference in the lives of those it serves. Initiatives such as free health camps, environmental sustainability projects, educational support, and relief for disaster-affected areas have been pivotal in shaping a better tomorrow for marginalized populations.

The "Best NGO of the Year" award reflects CHF's commitment to creating systemic change and inspiring collective action. It highlights the dedication and hard work of CHF's volunteers, staff, and supporters who have consistently gone above and beyond to deliver meaningful results. Every effort by CHF is a step toward fulfilling its vision of a world where every child has access to education, healthcare, and opportunities for a better future.

This recognition not only celebrates past achievements but also sets the stage for greater impact in the years to come. It motivates CHF to continue pushing boundaries, innovating its approaches, and collaborating with like-minded partners to address emerging societal challenges.

As CHF celebrates this incredible honour, it calls upon individuals, organizations, and communities to join its journey of making a difference. Together, we can amplify efforts to bring hope, dignity, and opportunity to every child in need.

The Silver Feather Award is more than just a trophy; it's a reminder of the power of compassion and the enduring impact of collective action in shaping a better world for generations to come.

Emergency Medical Support *Newsletter*



Ajay Krishna
1 Year
Liver Transplant

Only a Liver Transplant Can Save Him, Please Help Ajay

"I see no way out of my situation. I am the only earning member of my family. I have no idea what answers I can give to my family members who have a million questions racing through their minds. I need to save my son but how?"

Saji Kumar ; (Father)

Ajay Krishna is a one-year-old child living in Thiruvananthapuram, Kerala. He has been diagnosed with biliary atresia and has already gone through one operation and yet he needs another.

Doctors at Kims Health (7.5 km from Trivandrum Central Railway Station) in Kerala have said that he needs to undergo a liver transplant costing Rs.18,00,000/- (Rupees Eighteen Lakh Only).

Saji Kumar is the only breadwinner in his family. In addition to Ajay, he has to take care of his mother-in-law, a cancer patient, and a father-in-law as well as his wife and daughter. He works as a carpenter and earns a daily wage.

Your kindness is the only way to help Ajay. Please donate as much as you can and share the fundraiser with all your friends and family members.

There are many more children who need urgent treatments, and your small contributions can make a huge difference.

Please Donate!



Rohini Bhatia
8 Years
Nasopharyngeal
Rhabdomyosarcoma



Baby of Priya
10 days
VLBW, Respiratory Distress
with NHH with Sepsis



Urvi
1 Year, 2 Months
Moderately Large
Perimembranous VSD



Shifa
11 Years
TOF/Hypoplastic Branch
PAS/MAPCAS

Emergency Medical Support *Newsletter*



Bekkam Ankitha

12 Years

Left Hydroorefeonephrosis Disease



P Shivani

13 Years

Aplastic Anemia



Baby of Salma

11 Days

Premature Birth Complications



Ryagari Vaibhavi

13 Years

Ureteric Stricture



Adhrith Jithin

11 Months

Severe Gastro Oesophageal reflex



Amrita Sav

6 Years

Heart Disease

Emergency Medical Support *Newsletter*



Samrth Nagve
12 Years
Heart Disease



P Mohan
16 Years
Leukaemia



Baby of Khushi
5 Days
Respiratory Distress Syndrome



Thansi Gawan
3 Years
Type IV A Choledochal Cyst



Vadde Ammulu
5 Years
Heart Disease



Shivansh Bartakke
1.2 Years
Heart Disease

Success Stories *Newsletter*



Ankitha Bekkam

Ankitha, a 12-year-old girl diagnosed with a severe kidney condition, faced immense challenges. Thanks to the heartfelt support of Child Help Foundation's donors, she received the treatment she urgently needed. Today, Ankitha is on the road to recovery, smiling brighter than ever. The family is forever grateful for your kindness and generosity.



Baby of Salma

Baby of Salma, born prematurely with severe respiratory distress, fought against overwhelming odds. Thanks to the generosity of Child Help Foundation's donors, he received the urgent care he needed. Today, he is on the path to recovery, and his family is filled with gratitude for the support that gave their baby a second chance at life.



Janvi Kumar

Four-year-old Janvi, born with a severe spinal condition, faced immense challenges. Thanks to the kindness of Child Help Foundation's donors, she received the surgery she urgently needed. Today, Janvi is recovering well, and her family is filled with hope for her brighter future. They extend their heartfelt gratitude to everyone who supported her journey toward a better life.



Jennifer James

Twelve-year-old Jennifer, diagnosed with scoliosis, faced immense challenges that threatened her dreams of becoming a doctor. Thanks to the generous support of Child Help Foundation's donors, she received the treatment she desperately needed. Jennifer is now on her way to recovery, with renewed hope to chase her aspirations. Her family expresses heartfelt gratitude to all who contributed to her brighter future.

Success Stories *Newsletter*



Meghana Pawar

Meghana, a courageous 9-year-old girl, faced unimaginable challenges after being diagnosed with a congenital heart defect. Despite the overwhelming odds, she never gave up. With the compassionate support of Child Help Foundation's donors, Meghana received the critical treatment she needed. Today, she is on the path to recovery, filled with newfound hope and strength. Her family is profoundly grateful for the kindness and generosity that have given Meghana a chance at a healthier, brighter future.



Prem Damble

When 14-year-old Prem suffered severe burns to his left hand, lower limb, and chest, his parents were devastated. The situation seemed dire, but thanks to the generosity of Child Help Foundation's donors, Prem received the critical care he needed. Today, he is recovering and regaining his strength, and his family is deeply grateful for the support that has given their son a second chance at life.



Tanushka Pawara

When seven-year-old Tanushka was diagnosed with a Large Perimembranous VSD, her parents were overwhelmed by the high cost of the treatment, which amounted to Rs. 2,50,000. In their time of need, they turned to Child Help Foundation for support. Tanushka's story touched the hearts of generous donors, who came together to make her life-saving surgery possible. Her family is forever grateful for the compassion that has given her the opportunity for a healthy and happy future.



Urvi Ughada

Diagnosed with a congenital heart defect, Urvi's parents faced insurmountable challenges due to the high cost of surgery. Desperate for help, they turned to Child Help Foundation, and her story deeply moved countless compassionate donors. Thanks to their unwavering support, Urvi was able to undergo life-saving surgery. Today, she is steadily recovering, growing stronger with each passing day.

Success Stories *Newsletter*



Harsha Chandran

Even after undergoing five surgeries, Harsha could only go to college twice a week. Her disfigurement brought untold grief and misery to her life. Seeing no way out, Harsha's parents reached out to Child Help Foundation, whose donors went beyond their way to help Harsha get treatment and pursue her dreams.



Khwahish Hasnani

Twenty-five lakhs was the price of Khwahish's cancer treatment, an amount her parents could never hope to raise as they made their living through a small electric shop. Despite Khwahish's bravery, the situation seemed bleak and hopeless. However, they approached Child Help Foundation with a little glimmer of faith, which was rewarded by the donors with their donations and shares.



Prathamesh Matiwaddar

When news broke out that Prathamesh was diagnosed with cancer, all the happiness was sucked out of the family's life. The treatment seemed seven oceans away as the price was too exorbitant. They took the help of Child Help Foundation, who after necessary verifications uploaded the case on their website and the donors saved him from misfortune.



Reshma Ramesh

Reshma's courageous battle against cancer was made possible with the generous support of donors from Child Help Foundation. Facing overwhelming treatment costs, her parents turned to the organization for help. Reshma's bravery and resilience deeply inspired the donors, whose contributions not only supported her treatment but ultimately helped save her life.

New Beginnings: Celebrating New Year's Eve *Newsletter*

As the clock ticks toward midnight on New Year's Eve, we at Child Help Foundation (CHF) take a moment to reflect on the past year—a year filled with hope, challenges, and extraordinary achievements—and to look forward to a future brimming with possibilities.

In 2024, CHF proudly expanded its reach and impact across communities in need. Through the unwavering support of donors, partners, and volunteers, we were able to touch countless lives. From educational programs to healthcare initiatives, environmental projects, and relief operations, our journey this year has been remarkable.

Here's a glimpse of our accomplishments:

Health and Well-Being

Medical Support: Assisted 601 medical cases.

Baby Feeding Centers: Provided 44,973 mothers with safe spaces to feed their infants

Health Initiatives: Benefitted 58,810 individuals through health-related activities.

Education and Awareness

Quality Education: Reached 43,520 beneficiaries through educational initiatives, including Mini Science Centres and Computer Labs.

Water, Sanitation, and Hygiene (WASH)

Sanitary Pads Distribution: Supported 50 beneficiaries with 100 sanitary pads distributed.

Installed 4 water purifiers, benefiting 645 individuals.

Conducted 491 activities related to WASH.

Environment and Sustainability

Tree Plantation: Planted 1,550 trees, contributing to environmental conservation. Additionally, 3,000 trees were planted to celebrate Child Help Foundation's 14th Foundation Day.

Livelihood Support: Distributed 47 cows and buffaloes, enhancing rural economic sustainability.

Life Below Water: Collected 422 kilograms of waste, benefiting 12,660 individuals (30 beneficiaries per kg).

Zero Hunger and Gender Equality

Zero Hunger: Addressed food insecurity for 26,090 individuals.

Gender Equality: Empowered 43,072 beneficiaries through gender-related activities.

Humanitarian Relief and Partnerships

Supported 166 beneficiaries through humanitarian relief operations.

Strengthened 183 partnerships under the SDG goal "Partnership for the Goals."

Economic Growth and Reduced Inequalities

Conducted initiatives promoting decent work and economic growth, benefitting 20 individuals.

[Read More](#)

GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*



School Health Program

Palghar, Maharashtra

The School Health Program is dedicated to enhancing the physical and mental well-being of underprivileged tribal students in the Vikramgad block of Palghar district, Maharashtra. Implemented across 14 schools, the program benefits over 10,000 students by offering health screenings, illness treatment, and capacity-building sessions for both students and teachers. This month, key activities included health check-ups, specialized camps, and awareness initiatives to foster a healthier and more informed school community.

December Program Highlights

Health Screenings and Treatments

- **Health Screenings:** 457 students were screened during 40 health visits, with health cards updated for each student.
- **Illness Treatments:** 1,598 cases, including anaemia, dental issues, ophthalmic conditions, ENT problems, and

gynaecological concerns, were treated with medication provided.

- **Referrals:** Seven students requiring advanced care were referred to hospitals including Rural Hospital Vikramgad, Sambare Hospital, Zadpoli, Civil Hospital Palghar, and Rotary Hospital Talwada.

Gynaecology Camps

- Six camps were conducted, screening 455 girls. Gynaecologists addressed various health concerns and provided necessary medications.

Awareness and Education

- **Health and Social Behaviour Awareness:** 3,160 students from primary to higher secondary levels participated in 59 sessions covering topics such as good and bad touch, menstrual health, POSH-POCSO, peer pressure, anaemia, and nutrition.
- **Mental Health Awareness:** 4,771 students attended 82 sessions focused on mental health, including managing thoughts, learning disorders, and fostering relationships.
- **Personal Counselling:** Individual counselling was provided to 53 students, helping them address various mental health challenges.

Teacher Capacity Building

- A Training of Trainers (TOT) session was conducted in five schools, with 63 staff members, including hostel superintendents and teachers, attending. Topics covered included POSH, POCSO, and mental health, facilitated by trained counsellors.

GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*



Baby Feeding Centres

Maharashtra : The Baby Feeding Centers (BFCs) in Maharashtra are strategically located to serve mothers and their children. The Kalyan Railway Station BFC caters to 150 beneficiaries, with five mothers using it daily, supported by the Childline staff. Similarly, the Pune Railway Station Centre benefits 124 individuals, though it requires improved maintenance by the railway authorities. At Kurla Railway Station, 24 beneficiaries are served weekly, averaging six mothers. The Palghar Railway Station centre is well-maintained and sees four mothers daily, supporting 120 individuals. Likewise, the Boisar Railway Station centre, located on platform 2, caters to 120 beneficiaries and has good utilization.

Kashimira Police Station has a facility serving 30 beneficiaries, primarily one mother daily, and also provides a resting area for women. CAMA &

Albless Hospital's centre, located in the ANC OPD, is excellently maintained and serves 150 beneficiaries. However, Sir J J Hospital's BFC sees low utilization, benefiting only 30 individuals due to its corner location in the OPD. St. George Hospital supports 120 beneficiaries, averaging four mothers daily, while UHC Hospital caters to 240 individuals, with an average of eight mothers utilizing the facility daily. Rural Hospital in Palghar serves 186 beneficiaries, with six mothers visiting the centre daily. Civil Hospital in Satara, benefiting 124 individuals, is well-maintained and serves an average of four mothers daily.

Kerala : Kerala's Baby Feeding Centers have significant utilization, starting with the General Hospital, which serves 899 beneficiaries, benefiting from a high footfall. Lakeshore Hospital supports 465 beneficiaries, with 15 mothers using the facility daily. The Chottanikkara Temple in Ernakulam has the highest utilization in the state, with 1,550 beneficiaries, attributed to the daily crowds at the temple. Similarly, the Shoranur centre supports 465 beneficiaries, with an average of 15 mothers using it daily.

Karnataka : In Karnataka, the C V Raman Hospital - 1 in Bengaluru has lower usage, with 62 beneficiaries, as the centre is located on a less frequented floor. However, the Sir C V Raman General Hospital - 2 serves 620 beneficiaries, averaging 20 users daily. The Majestic Metro Railway Station centre is well-maintained, with 465 beneficiaries and an

GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*

Updates of Baby Feeding Centres

average of 15 mothers daily. On December 18, 2024, new BFCs were inaugurated at Namma Metro Station, Baiyyappanahalli, and Kengeri Bus Terminal Metro Stations in Bengaluru, supported by the Savlamban Foundation.

Tamil Nadu : Tamil Nadu's Baby Feeding Centers are efficiently utilized. The Institute for Child Health & Hospital for Children in Egmore, Chennai, supports 620 beneficiaries with excellent utilization. The Institute of Obstetrics and Gynaecology in Egmore serves 465 beneficiaries, with 15 mothers visiting daily. Similarly, the Taluk Government Hospital in Chennai caters to 465 beneficiaries, averaging 15 mothers daily.

Bihar : In Bihar, the Katihar Railway Station BFC is functional. It serves 31 beneficiaries and remains in use.

West Bengal : The New Jalpaiguri Railway Station BFC in West Bengal is non-functional due to poor maintenance, including the removal of essential furniture, rendering it unusable.

Andhra Pradesh : In Andhra Pradesh, the Vizag Railway Station Centre supports 465

beneficiaries, with an average of 15 mothers using the facility daily.

With a total of 8,920 beneficiaries, Baby Feeding Centers across these states play a critical role in supporting mothers and their children. These centres, located in hospitals, railway stations, temples, and police stations, are largely functional and well-maintained, except for a few exceptions, such as the New Jalpaiguri Railway Station in West Bengal.



Palghar Rural Hospital
Maharashtra



Palghar Railway Station
Maharashtra



Kashimira Police Station
Maharashtra



Katihar Railway Station
Bihar



Boisar Railway Station
Maharashtra

GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*



Kalyan Railway Station
Maharashtra



Kurla Railway Station
Maharashtra



Pune Railway Station
Maharashtra



Urban Health Centre
Maharashtra



Cama and Albless Hospitals
Maharashtra



Sir J.J. Hospital
Maharashtra



St. George's Hospital
Maharashtra



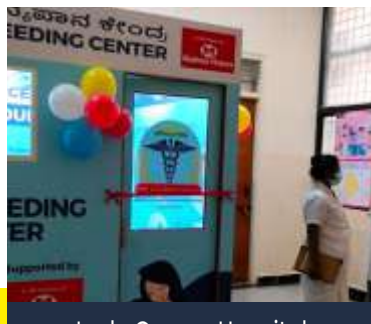
Krantisinh Hospital
Satala, Maharashtra



New Jalpaiguri Railway Station
West Bengal



C. V Raman Hospital
Karnataka



Lady Curzon Hospital,
Shri Atal Bihari Vajpayee College
Karnataka



Shri Atal Bihari Vajpayee College
Karnataka

GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*



Yeshwantpur Metro Station
Karnataka



Majestic Metro Station
Karnataka



Taluk General Hospital
Hoskote, Karnataka



Sir Atal Bihari Vajpayee
Medical College and Institute
Bengaluru, Karnataka



Civil Hospital Sector 10
Gurugram, Haryana



Visakhapatnam Railway Station
Andhra Pradesh



General Hospital
Ernakulam, Kerala



Institute of Child Health
and Hospital for Children
Egmore, Chennai, Tamil Nadu



Institute of Obstetrics
and Gynaecology Egmore
Chennai, Tamil Nadu



Chottanikkara Temple
Kerala



Lakeshore Hospital
Kochi, Kerala



Shornur Railway Station
Kerala

GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*



Baby Feeding Centre Inauguration

Namma & Kengeri Bus Terminal
Metro Station, Bengaluru, Karnataka

The Baby Feeding Centers (BFC) were inaugurated at Namma Metro stations in Bengaluru on 18th December 2024. This initiative, implemented by Child Help Foundation (CHF) and supported by SIDBI, aims to provide a comfortable and safe space for mothers to feed their babies while using the metro. The centres were launched at two significant locations: Baiyyappanahalli Metro Station and Kengeri Bus Terminal Metro Station. This project is a step towards promoting convenience and supporting the well-being of mothers and children, enhancing the accessibility of essential facilities for families travelling in the city.



BFC Inauguration

Puri Railway Station, Odisha

The state of Odisha launched its first initiative to create more inclusive railway stations by establishing Baby Feeding Centres (BFCs), secure, private, and comfortable spaces designed for lactating mothers and infants by inaugurating a BFC at Puri Railway Station. This initiative was led by Team Bhubaneswar, consisting of Namrata Prasad, Jayant Parida, Ranu Dinda, Sunita Bal, and Ganesh Lenka, along with Team Cuttack, including Hitesh and Sujata. The event was graced by Mr. Jiji John, Executive Director of CHF, Mrs. Sumana Sarkar, AGM, Mr. Renzdon Rodrigues, CSR Officer of India Exim Bank, and senior railway officials.

GOOD HEALTH AND WELL-BEING (SDG-3) Newsletter



Arogya Sadan – Beneficiaries Details

Arogya Sadan has been instrumental in providing care and support to patients and their families during critical medical treatments, particularly Bone Marrow Transplants (BMT). Below is a summary of patient details, categorized based on outcomes and current status:

Master Aarav Kumar – BMT successfully completed on 09/09/2023.

Miss Aradhya Kumari – Successfully underwent BMT on 27/09/2023.

Master Aman Ahirwar – BMT completed successfully on 26/09/2023.

Master Vikrant Thakur – Successfully completed BMT on 28/09/2023.

Master Abhishek Kumar – BMT case completed successfully on 13/11/2023.

Swati Hasanda – BMT completed successfully on 14/01/2024.

Aiyan Reza – Successfully underwent BMT on 14/03/2024.

Taabis Rehan – BMT completed successfully on 02/05/2024.

Deep Kumar – Discharged after a successful BMT on 18/04/2024 and now in Arogya Sadan for aftercare.

Aditya Kumar – After a successful BMT on 20/04/2024, he is receiving aftercare at Arogya Sadan.

Harshwardhan – Discharged post-BMT on 08/06/2024 and is under aftercare.

Ujala Kumari – Discharged from the hospital after a successful BMT on 19/06/2024, now in Arogya Sadan.

Master Narayan Thakur – BMT failed; returned home on 09/09/2023.

Master Aryan Kumar – Transplant cancelled due to an increase in platelet count on 09/09/2023.

Master Amit Kumar – BMT failed; returned home on 07/10/2023.

Akash Kumar – Transplant cancelled on 14/01/2024 due to liver enlargement.

Piyush Kumar – Short stay of 2–3 days on 27/02/2024.

Arogya Sadan has catered to a diverse range of patients, ensuring effective post-treatment care for successful cases and compassionate support for families during challenging times. While many cases have seen positive outcomes, the facility also handles more complex and sensitive situations with care.

GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*



Signing of Memorandum of Understanding (MOU) with Bharat Petroleum Corporation Ltd (BPCL)

Maharashtra

Child Help Foundation (CHF) has signed a significant Memorandum of Understanding (MOU) with Bharat Petroleum Corporation Ltd (BPCL), a leading Public Sector Unit (PSU). This partnership will help CHF provide essential support to 500 Tuberculosis (TB) patients in Govandi, Mumbai, Maharashtra.

As part of this collaboration, CHF will provide critical medical equipment, including the MGIT Machine, which is essential for the diagnosis and treatment of TB. Additionally, ration kits will be distributed to meet the nutritional needs of these patients, further supporting their recovery process.

This initiative marks a pivotal moment for both organizations, demonstrating a shared commitment to improving the health and well-being of TB-affected individuals.



Ration Kit Distribution

Maharashtra

On 2nd December, 20 TB Ration Kits were distributed at the TB Arogya Centre, Ideal Park in Mulund. This initiative aimed to help TB patients strengthen their immunity through improved nutrition, which is essential for recovery and overall health.

On 3rd December, an additional 20 TB Ration Kits were distributed at Indira Gandhi Hospital, Mumbai Suburban, and MBMC (Mira-Bhaindar Municipal Corporation) Hospital. This thoughtful effort continued to address the nutritional needs of TB patients, providing essential support for their immunity and recovery journey.



GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*



Session on 'Anaemia and Healthy Diet'

Hamrapur Village, Palghar, Maharashtra

A session on 'Anemia and Healthy Diet' was held for women from the Gram Panchayat of Hamrapur village, Manor-Wada, in Palghar District. Facilitated by Dr. Preeti from the School Health Program, the session covered key topics, including the definition of anaemia, its causes, health impacts, and dietary recommendations for prevention and overall well-being. The event was organized by the NSS unit of Nirmala College, Mumbai, with a focus on promoting awareness and fostering better health practices among the participants.



Women's Mental Health Training

Our Lady of Health Church, Virar, Maharashtra

Child Help Foundation, in collaboration with Jivhalla Assumption Social Centre, conducted a training program today at Our Lady of Health Church, Rajodi-Virar, Maharashtra, focusing on women's mental health issues. The program emphasized the importance of mental well-being and addressed topics such as stress and depression management. Participants found the session highly motivating, reporting a significant reduction in their stress levels and a renewed sense of positivity. This initiative highlighted the importance of mental health awareness and support for women in the community.

GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*



International Disability Day

Pune, Maharashtra

On the occasion of International Disability Day, the Pune team visited the Indian Red Cross Society's School for Deaf and Dumb Children to celebrate with the students. The team distributed cakes, spreading joy and smiles among the children. This initiative was aimed at promoting inclusivity, celebrating the abilities of these incredible children, and making the day a memorable one for them. It was a heartfelt gesture to acknowledge their strength and resilience, fostering a sense of belonging and celebration for everyone involved.



Meeting with Dr. Parthasarathy and his Team

Chennai Tamil Nadu

On 9th December, the CHF Team in Chennai had the opportunity to meet Dr. Parthasarathy and his team from Dr. Parthasarathy Memorial Eye Hospital, Chennai. During the meeting, we shared details about our programs and achievements, which were well received by Dr. Parthasarathy. He expressed keen interest in forming a long-term association with Child Help Foundation (CHF). Dr. Parthasarathy proposed collaborating on several future initiatives, including:

Eye Camps

CSR Activities

POSH (Prevention of Sexual Harassment) Programs

He also assured his support and contributions toward CHF's mission, laying the foundation for a meaningful and impactful partnership that promises to make a significant difference in the community.

QUALITY EDUCATION (SDG-4) *Newsletter*



Computer Training Centre Silvassa, Daman and Diu

The computer training centre held a total of 112 classes throughout December, with an impressive cumulative attendance of 4,338 students, including 428 unique beneficiaries. The curriculum covered a wide range of subjects, such as Microsoft Word, PowerPoint, Excel, Paint, and English typing, providing students with essential digital skills to enhance their proficiency.

Since May 2024, the Digital Skills project has been successfully implemented across fifteen schools in the Vikramgad block, including eight Z.P. schools and seven ashram schools. This initiative aims to empower underprivileged rural students by enhancing their digital skills through computer training.

In December, trainers conducted 686 classes across these schools, reaching a total of 24,113 students, including 5,156 unique beneficiaries. The sessions featured a combination of hands-on practical demonstrations, theoretical



lessons, and engaging extracurricular activities such as games, skits, and rhymes.

As part of the capacity-building efforts, a Training of Trainers (TOT) program was organized in all fifteen schools. The sessions focused on various computer-related skills essential for daily tasks, including Microsoft Excel, Microsoft Word, data entry and storage techniques, and internet browsing. A total of 211 teachers actively participated in the training, further strengthening the program's impact.

Computer Training Centre Amboli, Dadra and Nagar Haveli

Throughout December, the instructor successfully conducted 64 classes with a total of 958 students, including 147 unique beneficiaries. The curriculum included essential topics such as basic internet browsing, using the Paint tool, creating digital storybooks, building spreadsheets in Excel, and applying formulas. The computer training centre is dedicated to equipping students with crucial digital skills, enhancing both their personal and professional development.

QUALITY EDUCATION (SDG-4) *Newsletter*



Child Help Foundation and its Project Overview (Sevier's NGO Partner) - Centre For Excellence Maharashtra

Child Help Foundation (CHF), with the support of Servier, successfully launched the "Supportive Classes" initiative for 8th, 9th, and 10th-grade students at Bhopoli Ashram Shala in Jawhar Block, Palghar district, Maharashtra. This project aimed to address the challenges students face in challenging yet scoring subjects such as Mathematics, Science, and English. The supportive classes provided targeted coaching, helping students better understand complex concepts and improve their academic performance. In partnership with Servier Pvt. Ltd., CHF delivered focused lessons on topics in Mathematics, including Linear Equations in Two Variables, Quadratic Equations, Financial Planning, Probability, Statistics, Similarity, the Pythagorean Theorem, and Geometric Constructivism.

The science lessons taught in the classes covered key topics such as gravitation, classification of elements, the effects of electric current, heat, refraction of light, lenses and their uses, and space missions. Beyond academic coaching, the project emphasized the overall development of students by providing essential educational resources. In collaboration with Servier, these resources played a crucial role in enriching the student's learning experiences last year, promoting not only academic growth but also fostering creative development and holistic progress.

QUALITY EDUCATION (SDG-4) *Newsletter*



Centre Of Excellence Project

Mumbai Suburban, Maharashtra

The Supportive Education and Digital Learning components of the Centre of Excellence project are currently being implemented at three MBMC schools: MBMC School No. 20 Mire School, MBMC School No. 36 Bandarwadi School, and MBMC School No. 24 Morva School. Computer teachers are delivering lessons based on the developed syllabus, with all teachers consistently attending school.

Additionally, a Protection of Children against Sexual Offences (POCSO) training session was conducted by Ms. Mary Vanmali, Resource Person from Child Help Foundation, at the three schools. The session received an active and positive response from the students.



STEM Lab Installation and Upcoming Inauguration

Goa

Child Help Foundation (CHF) has established a STEM Lab at the Government High School, Tharmatha Bhile, Surla, Bicholim, North Goa, as part of a pilot project supported by Skypath Solutions Pvt. Ltd., the Goa CSR Authority, and the Government of Goa. Following the lab's installation and teacher training, Mr. Rajendra Pathak, Founder & Managing Trustee of CHF, along with a representative from the Goa CSR Authority, visited the school in December to assess additional needs for the lab. During the visit, the school highlighted the need for essential furniture, including tables, chairs, and other items to fully equip the lab. Once the furniture is arranged and the lab is fully equipped, the official inauguration will be conducted by the Chief Minister of Goa, scheduled for January.

QUALITY EDUCATION (SDG-4) *Newsletter*



Mini Science Centre Bihar

The Mini Science Centre (MSC) project is being implemented at M.S. Maur and M.S. Koyaribigha School in Barbiga, Bihar, with support from National Fertilizers Limited. The MSC coordinator has been teaching Science and Mathematics using 17 educational models provided as part of the initiative. These models have been used to enhance the learning experience, with regular revisions and tests conducted to reinforce the concepts for the students.



Computer Labs Bihar

The Computer Lab project has been successfully implemented at Tailik School Utkramit Uchch Vidhyalay, Lodhipur, and Madhya Vidhyalay Samas, in Barbiga block, Sheikhpura, Bihar. Each lab is equipped with 21 computers, well-furnished, and meticulously maintained. Three teachers have been appointed to manage each lab. At Tailik School, the teacher conducted 18 lessons and administered tests across different standards. At Utkramit Uchch Vidhyalay Lodhipur, the teacher conducted 126 sessions, along with regular revisions and monthly tests. At Madhya Vidhyalay Samas, the teacher delivered 17 lessons, along with revision sessions and tests. These projects are supported by National Fertilizers Limited.



QUALITY EDUCATION (SDG-4) *Newsletter*



Child Care Institutions

Child Help Foundation supports seven CCIs, every month. The children from these institutions are provided with educational support. These institutions spend the money on fees, stationery, and education-related expenses.

- **Needs Charitable Trust**

Location: Horamavu, Bangalore, Karnataka

Activities: Birthday Celebration, Counselling Program, Health Awareness Program

- **Ashraya (Handicapped Welfare Organisation)**

Location: Bhubaneswar, Odisha

Activities: Drawing Competition On Veer Bal Diwas, Celebrated Christmas

- **Khirod Basini Kanya Ashram**

Location: Angul, Odisha

Activities: Session on Child Rights on the occasion of Human Rights Day

Annual Picnic to Chandikhol, Jajpur, Remedial Classes

- **Koel Saraswati**

Location: Angul, Odisha

Activities: Christmas celebration and Quiz competition

The Charis Foundation

Location: Thirumullaivoyal, Chennai, Tamil Nadu

Activities: Christmas celebration and Birthday celebration

- **The Special School of Joy**

Location: Kadma, Jharkhand

Activities: Celebrated an International Day of Persons with Disabilities, Celebrated Christmas

- **Saraswati Ananth Shikshan Ashram**

Location: Pune, Maharashtra,

Activities: Annual Day, Interschool sports competition, Christmas celebration, Eye Check-up



QUALITY EDUCATION (SDG-4) *Newsletter*



Centre Of Excellence Review with Additional Municipal Commissioner, MBMC

– Mumbai, Maharashtra

Child Help Foundation has been awarded the opportunity to implement its project in three schools. This initiative, driven by a mission to transform lives, seeks to empower students with academic excellence, holistic development, and digital literacy while addressing critical health and hygiene needs.



Empowering the Future: Driving Change through Infrastructure.

Bihar

Child Help Foundation is thrilled to announce the successful completion of a transformative project in New Government Schools, Chintamani, Karnataka. This initiative, focused on "Making Schools Better," highlights the foundation's commitment to empowering future generations by improving educational infrastructure. It serves as a testament to CHF's dedication to creating an environment where students can thrive and reach their full potential.



QUALITY EDUCATION (SDG-4) *Newsletter*



New Year's Event

Talwada Ashram School
Palghar, Maharashtra

At the end of December 2024, a series of events took place at Talwada Ashram School, located in Palghar District. The activities included a speech competition focused on raising awareness about female foeticide, a street play performance by students addressing child marriage, and an essay writing competition. A total of 600 students benefited from these initiatives. The students also welcomed the New Year with Child Help Foundation (CHF). Trophies and certificates were distributed to the winners, marking the occasion.



Stationery Distribution

Sri Banashankari Vidya Peeta High
School, Bengaluru, Karnataka

Child Help Foundation Bengaluru branch distributed stationery items provided by SmartQ at Sri Banashankari Vidya Peeta High School. These materials were given to the most underprivileged students, ensuring that the children from the poorest backgrounds received essential educational support.



ZERO HUNGER (SDG-2) *Newsletter*



Ashraya Lunch Donation Odisha

On 3rd December, a compassionate donor chose to celebrate her birthday in a meaningful way by spending time with the children of Ashraya Orphanage, Bhubaneswar, Odisha. She generously contributed to providing a hearty lunch for everyone, creating moments of happiness and togetherness. The children thoroughly enjoyed the meal and the thoughtful gesture, making this day truly special for all involved. We extend our heartfelt thanks to the donor for her kindness and support.



St. Mary's School Supports Needs Charitable Trust

Bengaluru, Karnataka

On 20th December 2024, St. Mary's School extended its support to Needs Charitable Trust, Bengaluru, by donating essential groceries and other items to support the Trust's initiatives.

The donated items included 5 sacks of rice, 10 kg of toor dal, 10 kg of sugar, 20 liters of cooking oil, 10 kg of various dals, 1 box of detergent, phenyl, and moisturizer, 1 box of biscuits, 1 box of stationery items, 8 kg of spices. Additionally, a Collection Box was placed at St. Mary's School, encouraging students to contribute. This act of generosity exemplifies the school's collective spirit of compassion, making a meaningful contribution to the community and supporting the efforts of Needs Charitable Trust.



GENDER EQUALITY (SDG-5) *Newsletter*



Life Skills Project (ARSH Initiatives)

Maharashtra

From 3rd to 5th December 2024, the Beneficiaries Verification Process was conducted by CSR representative Mr. Shivanand Pol at eight Ashram Schools, including Pali Ashram School, Aamgao Ashram School, Gonde Ashram School, Aina Ashram School, Sakhare Ashram School, and Kurunze Ashram School, among others.

During the CSR visit, prizes were distributed to the winners of the Kishori Manch at Aina Ashram School and Kurunze Ashram School. Additionally, participation certificates were awarded to CHF trainers and SPOC personnel for their active involvement in the training sessions.

Target & Details of Beneficiaries till December 2024

The ARSH-based (Adolescent Reproductive and Sexual Health) life skills initiative has achieved significant milestones while continuing progress in other areas. A total of 8,591 adolescents have been reached, moving closer to the target of 10,000. Additionally, 403 Kishori Manch groups have been formed, nearing the goal of 450, and 148 key influencers have been oriented, just two short of the target of 150.

Remarkably, the number of action plans created by Kishori Manch has exceeded expectations, reaching 215 compared to the target of 140. Similarly, 185 action plans have been implemented, surpassing the target of 140. These accomplishments highlight the proactive engagement and commitment of the initiative's participants.

However, progress remains ongoing in certain areas. Only 62 referrals have been completed against the target of 100, and 41 girls have been integrated with government schemes, compared to the goal of 100. Additionally, while the target for girls' champions is 150, only 6 girls have been identified as champions thus far.

Overall, while there are areas requiring further attention, the initiative is on a promising trajectory toward achieving its overarching goals.



GENDER EQUALITY (SDG-5) *Newsletter*



- An awareness program was conducted at Talwada Ashram School Palghar. This program included a street play performed by the students on the topic of child marriage and a speech competition on female foeticide. 650 students were present at this activity.

“Invisible Girl” Project

Highlights of the Month

Maharashtra

- Ms. Priya Juliet had asked for the segregation of data in terms of the number of sessions in schools, colleges and communities, and age group. Compilation of impact stories and FAQs for Mumbai, as well as PowerPoint presentations for teachers, school, college, and community groups.
- The focus for December was to conduct sessions with the teachers. 23 sessions were conducted with teachers in different schools at Palghar. CHF reached out to 223 teachers through these sessions. Certificates of appreciation were distributed to the schools and colleges.



GENDER EQUALITY (SDG-5) Newsletter



Highlights of the Month

Haryana

The team continued taking sessions with schools, colleges, and communities. Six sessions were conducted at Rewari covering 1675 beneficiaries and 16 sessions were conducted at Gurugram covering 3512 beneficiaries. A total of 5187 beneficiaries were covered by the Haryana team.

The team conducted 9 sessions with teachers and covered 119 teachers during the month.

On 31st December, the team organized a social awareness rally on female foeticide, child marriage, gender equality, and dowry at village Sahbajpur and Padiyawas, District. Rewari, with the help of Govt. Senior Secondary School, Sahbajpur, Padiyawas.



GENDER EQUALITY (SDG-5) *Newsletter*



ICC Meeting of Child Help Foundation

On 5th December 2024, a discussion session was conducted at Child Help Foundation NGO with 11 participants. The session focused on the following key points:

POSH Annual Reports:

- Preparation and submission processes were outlined.
- Content to be included in the report was discussed.
- Guidelines on obtaining consent from all ICC members and identifying the signatory for the report were reviewed.
- Procedures for report submission were clarified.

POSH-Related Complaints:

- It was noted that no complaints had been reported from project offices in the past three months.

Addition of New ICC Members:

- Plans to add new ICC members to ensure equal regional representation were discussed.
- The current ICC list will be revised and shared soon.
- Emphasis was placed on displaying updated ICC member lists at all project offices.

The session concluded with actionable insights for strengthening compliance and inclusivity in the organisation.



Participation in JBG Invincible Women Run's "Pinkathon"

Maharashtra

On the 15th of December 2024, the teams from CHF Mumbai, Dombivli, and Thane proudly participated in the "JBG Invincible Women Run's "Pinkathon". This event celebrates women's strength and resilience, and our team was honoured to join and contribute to this inspiring cause.

GENDER EQUALITY (SDG-5) *Newsletter*



"Good Touch Bad Touch" Session

Mumbai Suburban, Maharashtra

From 17th to 20th December 2024, a series of POCSO sessions focusing on "Good Touch Bad Touch" was conducted across three MBMC (Mira-Bhaindar Municipal Corporation) schools under the Centre of Excellence project:

1. MBMC School - Mire (17th December 2024):

- Participants: 200 students from 1st to 7th standard.
- The session aimed to raise awareness about personal safety and boundaries.

2. MBMC School-Morva (19th December 2024):

- Participants: 180 students, with two sessions held: one for 1st to 4th standard and the other for 5th to 7th standard.
- The sessions focused on educating students about identifying safe and unsafe touch.



3. MBMC School - Bandarwadi (20th December 2024):

- Participants: 180 students, with two separate sessions for 1st to 4th standard and 5th to 7th standard.

The program aimed to instill a sense of personal security and awareness among the children.



GENDER EQUALITY (SDG-5) *Newsletter*



4. ZP School - Gokhivare, Vasai (21st December 2024):

- Participants: 150 students from 1st to 5th standard.
- The session focused on raising awareness about "Good Touch Bad Touch" and the POCSO Act, educating students on personal safety and protection.
- The celebration included dance performances, games, and cake distribution, generously provided by Ms. Regina Almeida, President of the Sodality Group and representative of Mahila Dakshata Samiti, Vasai Police Station.
- These initiatives are part of CHF's ongoing efforts to educate children on the importance of personal safety and help protect them from abuse.



CHF POSH Annual Report Submission & Networking Meeting

On 13th December 2024, Child Help Foundation (CHF) submitted its POSH Annual Report 2024 to the District Women and Child Development office in Thane, Maharashtra. The report outlines CHF's initiatives and compliance with the Prevention of Sexual Harassment (POSH) Act. During the visit, CHF representatives met with Mr. Amol Wagh, Supervisor of Child Line, to discuss potential training and collaboration opportunities related to the Protection of Children from Sexual Offences (POCSO) Act.

Additionally, they engaged with Ms. Rekha Hire, a Protection Officer from the department, to explore partnerships between POSH and the One Stop Centre, aiming to support women victims of gender-based violence. These engagements reflect CHF's commitment to enhancing child protection and supporting women affected by gender-based violence through strategic collaborations.

HUMANITARIAN RELIEF (SDG 11, 13 & 17) *Newsletter*



Blanket Distribution Andhra Pradesh & Telangana

On 29th December 2024, Child Help Foundation (CHF) organized an event called "Warm Winter for All" to distribute Blanket Kits to street dwellers and economically weaker communities. The initiative took place in Vizag and the Banjara community at Nidi Gadda Thanda village, Telangana.

The CHF Vizag branch bid farewell to the year 2024 by distributing blankets and baby sleeping sacks to homeless individuals and street dwellers. Similarly, in Telangana, the event aimed to support the economically weaker Banjara community.

The Telangana event was attended and graced by prominent dignitaries, including the former minister and tribal leader Mr. Amarsingh Tilawat, AIBSS National Treasurer Mr. B. Venkanna, and member of the



Telecom Advisory Committee Mr. B. Nageshwar Rao. Their presence highlighted the significance of the event and its impact on the community.

Through "Warm Winter for All," CHF reaffirmed its commitment to providing warmth and care to those in need, making the season more comfortable for the less privileged.



HUMANITARIAN RELIEF (SDG 11, 13 & 17) *Newsletter*



Gift Distribution

Delhi

On Saturday, 28th December 2024, Child Help Foundation, in collaboration with THE PRINT, a renowned media agency, brought joy to slum school children by interacting with them and fulfilling their heartfelt wishes. The HR Manager and Admin Head from the corporate organization personally attended the event to distribute the gifts. The generous donation included badminton sets, cricket sets, school bags, skating boards, skating shoes, doll houses, smart watches, kitchen sets, warm jackets, teddy bears, carrom boards, chess sets, and additional donations. A total of 143 children benefitted from this initiative. The corporate team expressed great satisfaction in witnessing the strong bond and engagement that Child Help Foundation has with the school. It was truly a heartwarming day spent with these children. The CHF team, including Noopur, Lata, Kanchan, and Vishal, played a pivotal role in organizing and ensuring the success of this event.



Distribution of Chair

Sir C V Raman General Hospital Bengaluru, Karnataka

CHF hosted the program and received great appreciation at Sir CV Raman General Hospital, Bengaluru, Karnataka. Chairs were distributed based on the hospital's needs, a gesture of charity that was warmly acknowledged by the hospital authorities.



LIFE ON LAND (SDG 15) Newsletter



Table and Chair Distribution

Government Higher Primary School
Bengaluru, Karnataka

On 11th December 2024, Thought Bulb, Bengaluru, organized a collaborative event at the Taj Hotel, Bengaluru, in partnership with EY and Child Help Foundation. 19 eco-friendly chairs and 19 tables were donated to the Government Higher Primary School (GHPS), Kadirenahalli, Bengaluru, generously contributed by the employees of EY.



Table and Chair Distribution

Kochi, Kerala

Thought Bulb at Grant Hyatt had conducted an exhibition wherein recycled tyres and wood were used to prepare chairs and tables. A set of 16 tables and Chairs were distributed to LP School KG. Class, Mrs. Rose Meera (HM), St. Francis Church LPS, Fort Kochi, Kerala and Ms. Bincy K. A (Class teacher, LKG Division) @St. Joseph's H.S, Chullickal, Kochi, Kerala and Mrs. Maria Gorretty (Head Mistress) @St. Joseph's LPS, Cheriya Kadavu, Kochi, Kerala.



LIFE ON LAND (SDG 15) *Newsletter*



Furniture Donation

Chennai, Tamil Nadu

On 13 December, the Thought Bulb organized an event with CHF and EY at Feathers Hotel Chennai. They donated eco-friendly furniture crafted from recycled tyres with colourful paintings to our children.



Furniture Distribution

Shishu Shala School, Rewari, Haryana

On 18th and 20th December 2024, the Thought Bulb organized an event in collaboration with EY and CHF at The Leela Hotel, Ambience Mall, Gurugram. As part of this initiative, eco-friendly furniture, crafted from recycled tyres and wood, was donated to Shishu Shala School, Sector 3, Rewari, Haryana. Additionally, colourful painting work added a vibrant touch to the furniture, creating an engaging and cheerful environment for the students. The students expressed their heartfelt gratitude to the CHF Team for this thoughtful and creative contribution, which brings both functionality and sustainability to their school.



OTHER ACTIVITIES

Newsletter



Prize Distribution

Dr. Cyrus Poonawalla High School
Pune, Maharashtra

On 6th December, Prizes were distributed at C.E. Society's Dr. Cyrus Poonawalla High School for conducting the Child for Child campaign in Pune. The students raising the highest amounts were encouraged with the token of appreciation.

Kshitij 24 Paraevent

Mithibai College, Mumbai, Maharashtra

Child Help Foundation was honoured to collaborate with Kshitij '24, Mithibai College's grand cultural festival, celebrating inclusivity, talent, and joy. The event took a heartwarming step by inviting children with disabilities to participate in competitions like drawing, dancing, and singing. Their creativity and passion lit up the stage, earning applause and creating unforgettable moments. CHF thanks Mithibai College for providing such an extraordinary platform to celebrate and empower these young talents.



Meeting with Mr. Kishan Reddy

Vizag, Andhra Pradesh

Child Help Foundation met Mr. Kishan Reddy, Union Minister of Coal & Mines, Government of India. He was a special Guest of Honour at the event. He spoke briefly about the organisation. He also expressed his interest in our activities and extended an invitation to visit his office to briefly discuss CHF's vision and contributions.

OTHER ACTIVITIES

Newsletter



Meeting with Dr. Heeralal IAS

Mumbai, Maharashtra

A significant meeting took place between CHF Trustees, Mr. Rajendra Pathak and Mr. Jugender Singh with Dr. Heeralal IAS. The meeting provided a valuable opportunity for discussion and collaboration on critical issues. The primary focus of the meeting was the pressing concern of climate change and its far-reaching impact on children. Dr. Heeralal IAS, with his extensive expertise and experience in governance, shared valuable insights on the need for collective action to mitigate the effects of climate change on vulnerable populations, particularly children. Dr. Heeralal IAS offered guidance and support for the organization's future endeavours.

Teachmenix

Hyderabad, Telangana

CHF was part of the stall organized in Teachmenix. An exposure was received in the Teach Enix. Dr. Ankit Shah, (a reputed Chartered Accountant, SME, eminent Speaker & Author, GNLU legal incubation council, Expert in Geopolitics, first to predict de-dollarization, Galwan intrusion by China, etc) visited the stall at the ET-Tech X expo, Hyderabad. He gave assurance of his support and references.

OTHER ACTIVITIES

Newsletter

Christmas Celebration

Needs Charitable Trust, Bengaluru, Karnataka

On 26th December, Cognizant organized a special Christmas celebration by distributing dresses, chocolates, cakes, and goodies to the children of Needs Charitable Trust in Bengaluru. This thoughtful gesture brought joy to the children and made the festive season even more memorable for them.



Christmas Celebration

St. Mary's LPS, Chellanam, Kochi, Kerala

On 20th December, Child Help Foundation hosted a Christmas celebration at St. Mary's LPS, Chellanam, Kochi, Kerala. In collaboration with the School PTA, we distributed 300 cakes to the children, spreading joy and festive cheer. These children, from underprivileged families, were overjoyed by the gesture and excited to celebrate the occasion with us. The event was a heartwarming experience, bringing smiles and happiness to the children as we shared in the holiday spirit.



AWARDS AND APPRECIATION CERTIFICATION *Newsletter*

Change Maker Award International Rotary Club, Kerala

CHF received an award from the International Rotary Club. This was a Change Maker Award, based on Economic & Community Development at Grand Hyatt, Bolgatty, Kochi, Kerala. The CHF Team was thrilled to receive the most deserving award along with the CHF Kerala team.



AWARDS AND APPRECIATION CERTIFICATION *Newsletter*

Best NGO of the year – Silver Feather Awards

Child Help Foundation (CHF) has been honoured with the prestigious Silver Feather Award for the Best NGO of the Year, recognizing its exceptional contributions and unwavering commitment to social impact and community development.



Our Programs Newsletter



2
ZERO
HUNGER



3
GOOD HEALTH
AND WELL-BEING



4
QUALITY
EDUCATION



5
GENDER
EQUALITY



6
CLEAN WATER
AND SANITATION



8
DECENT WORK AND
ECONOMIC GROWTH



10
REDUCED
INEQUALITIES



11
SUSTAINABLE CITIES
AND COMMUNITIES



13
CLIMATE
ACTION



14
LIFE BELOW
WATER



15
LIFE ON LAND



17
PARTNERSHIPS
FOR THE GOALS

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