



Bringing Smiles

CHILD HELP FOUNDATION

December'23 Journal



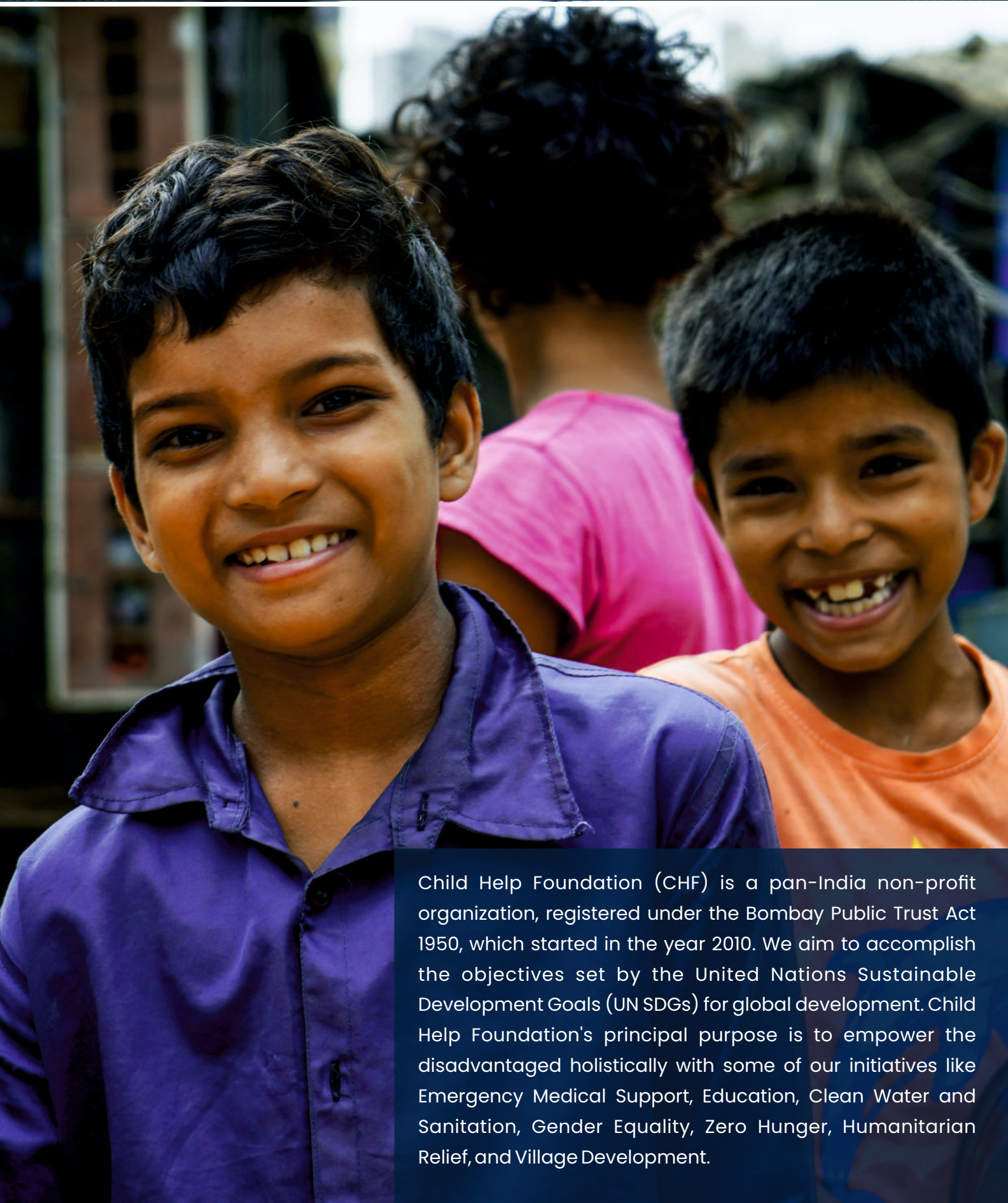
Joys of Christmas Brought to Child Help Foundation

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About Us



Child Help Foundation (CHF) is a pan-India non-profit organization, registered under the Bombay Public Trust Act 1950, which started in the year 2010. We aim to accomplish the objectives set by the United Nations Sustainable Development Goals (UN SDGs) for global development. Child Help Foundation's principal purpose is to empower the disadvantaged holistically with some of our initiatives like Emergency Medical Support, Education, Clean Water and Sanitation, Gender Equality, Zero Hunger, Humanitarian Relief, and Village Development.

+ Child Help Foundation Indulges in Merry and Mirth





Child Help Foundation Indulges in Merry and Mirth



Christmas is about the joy of giving and Child Help Foundation lives to serve the humanity. Therefore on 23rd December, 2023, the spirit of Christmas was witnessed in every corner of the organization. Child Help Foundation conducted fun activities for their staff which included a game of Housie, Secret Santa and Carol Singing.

All staff members actively participated in the celebrations, resulting in a day filled with joy and laughter. The Secret Santa was heartwarming to witness, as the smiles were clearly visible upon receiving the gifts. The staff definitely didn't spare any expense when it came to selecting the gifts. The Secret Santa was preceded by a game of Housie, in which five participants won prizes. The celebrations were closed with a carol singing, where some of the famous and well-known carols were sung by the staff of Child Help Foundation.

The spirit of Christmas was not only restricted to the offices of Child Help Foundation. The celebration was also held with the children of Aarey Colony in Mumbai, Maharashtra. The children were given gifts and fun games were played with them, which were conducted by Ms. Arwa, an intern at Child Help Foundation and a student of Psychology. The students also organized some performances, resulting in a joyous occasion for all of them involved.

As we enter the New Year, Child Help Foundation is proud of everything it has achieved in 2023 and is looking forward to reaching further heights in 2024. We would like to thank all our donors for their immense contribution to helping us save lives, our dedicated staff for working round the clock to ensure the smooth operation of Child Help Foundation, the selfless volunteers who dedicate themselves to our causes without wanting anything in return and the corporate sponsors who generously supported us in kind to make sure our programs were implemented and also making sure that we were not left wanting.

To reach further heights, we would need your support. Make sure to volunteer with us in our beach cleaning programs and continue to donate as much as possible. We would like to wish everyone a very happy new year. May 2024 bring you more success and happiness than ever before.

Emergency Medical Support



Rigvedh
Anorectal
Malformation

Anorectal Malformation Has Snatched Rigvedh's Childhood, Please Help Him

"Since my son's birth, he's been battling through unimaginable challenges. All I wish for is a simple, normal life for him. Will it ever be possible?"–

Shyju V. K., (Father)

Rigvedh, a resilient 4-year-11-months-old boy, faces a challenging journey due to health complications that have required numerous surgeries since birth. Born with Ano-rectal Malformation, Hypospadias with chordee, and cardiac abnormalities, his young life has been a series of medical procedures and ongoing struggles. Instead of the carefree joys of childhood, Rigvedh is confronted with persistent pain and hindrances in performing daily activities.

Despite enduring seven surgeries, Rigvedh still grapples with difficulties in passing stool. His path to recovery includes four more surgeries, crucial for alleviating his immense suffering. The dedicated medical team at Kerala's Aster MIMS Hospital (3 km from Calicut Railway Station) has proposed procedures like Reconstruction of absent bowel with Anoplasty, closure Colostomy, and Urethroplasty that hold the promise of bringing him relief. But, it will cost approximately Rs 25,00,000/- (Rupees Twenty Five Lakhs Only.)

The financial burden looms heavily over Rigvedh's family. Shyju V. K., Rigvedh's father and the sole provider for their family of six, struggles to earn a meagre income of Rs 200–300 per day as a driver. His ability to work consistently is limited due to Rigvedh's health demands, resulting in irregular earnings. The weight of exorbitant medical expenses has already pushed the family into significant debt, accumulating to 10 lakh rupees. The family's resources are thus stretched beyond their means, making it impossible to gather the substantial amount required for Rigvedh's impending surgeries.

Please join us in supporting Rigvedh and his family during this challenging time. Your support, whether through donations, spreading awareness, or any means possible, can significantly impact Rigvedh's life, offering him the chance to experience the joys of childhood without the constant burden of pain and medical hardships.

There are many more children who need urgent treatments, and your small contributions can make a huge difference.

Please Donate!



Shambu Borkar
5 Years
Neuroblastoma



Shristi Kumar
3 Years
Abdominal Tumor



Baby of Swarna
1 Month
Severe Gerd



Shamika
3 Years
Neuroblastoma

Emergency Medical Support



Aadvik Ojha
1 Year
Rectal Atresia



Rohan N
12 Years
Aplastic Anaemia



Anamika Rajeev
10 Years
Scoliosis



Dnyanda
2 Years
Heart Disease



Ayansh Prajapati
11 Months
Urine Infection



Neel Bahari
12 Years
Heart Disease



Haniya
8 Months
Heart Disease



Hasmita
1 Year 10 Months
Heart Disease



Heeba
1 Year 1 Month
Heart Disease



Amreen
8 Years
Heart Disease



Baby of Soni Azad
10 Days
Premature Birth Complications

Success Stories



Soban

For four years, five-year-old Soban was living with abject pain and misery. The cyst tormented him and made his existence a nightmare. With nowhere else to turn towards, Soban's parents approached Child Help Foundation. After the necessary verification, Soban was saved from the depths of despair by the donors of Child Help Foundation.



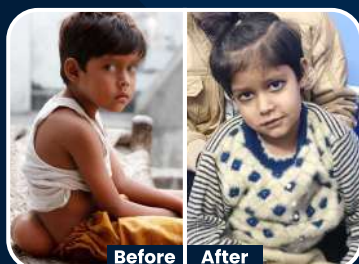
Ayaz Khan

Ayaz Khan was tormented by his kidney complications. Passing urine was extremely difficult for him, resulting in days spent in misery. Being the son of a cab driver, it was extremely difficult for Ayaz's parents to arrange the necessary amount required for his treatment. When all hope seemed lost, the donors of Child Help Foundation came to the rescue and saved Ayaz from misery.



Shivraj Shinde

Shivraj Shinde was born with a weak heart, which had troubled him for his entire five months of existence. Fearing the worst, Shivraj's parents reached out to Child Help Foundation. The donors of Child Help Foundation moved mountains and made sure the smiles returned to the Shinde household as they saved their little angel from misfortune.



Wajiya

Walking and playing around with friends was a lifelong dream for five-year-old Wajiya. But with her father being a mere mechanic, this dream seemed impossible. However, the donors of Child Help Foundation made the impossible possible as they raised funds for Wajiya's treatment. Today, Wajiya is looking forward to living a free and independent life.

Success Stories



Twins of Jyothi

Born during the seventh month of Jyothi's pregnancy, the Twin children of Jyothi were welcomed with tears rather than smiles. The babies were extremely weak and required oxygen support to breathe. As a last resort, the parents approached Child Help Foundation for help. Their attempt was warranted as their babies saw the light of the day and were saved from ill faith.



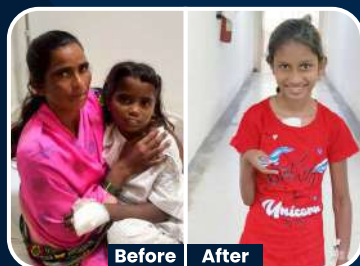
Shobha Waghmare

Today, Shobha is looking forward to her studies and career, but that was not the case a couple of months ago as she was battling a deadly kidney disease. Shobha's parents reached out to Child Help Foundation for help. After the necessary verification, Shobha's case was met with a positive response from the donors and the rest is history.



Anjali

Anjali has faced an arduous journey since birth, grappling with the relentless challenges posed by an Anorectal Malfunction. Despite her unwavering spirit, her condition inflicted upon her a diminished appetite, substantial weight loss, and lingering weakness, transforming the routine tasks into formidable hurdles. When all hopes seemed to have faded, the donors of Child Help Foundation came to rescue the little girl from her distress.



Amulya

Amulya's parents were left reeling when their newborn daughter was diagnosed with Congenital Heart Disease just a few months into her life. Over 11 years, Amulya valiantly battled this condition. However, with her parents both working as agricultural labourers and surviving on daily wages, the prospect of affording Amulya's extensive treatment seemed insurmountable. In a final act of desperation, the couple turned to Child Help Foundation imploring for assistance to save Amulya. Following thorough verification, Amulya's case received a heartening response from compassionate donors and the necessary funds were soon arranged for her operation.

Success Stories



B/O Arul Jyothi

Born prematurely, Arul Jyothi's twins entered the world fragile and weak, in need of oxygen support to breathe. Their arrival was met with concern rather than celebration. In a final act of desperation, the parents turned to Child Help Foundation for assistance. Their plea proved invaluable as the Foundation became the beacon of hope, ensuring that these precious babies not only saw the light of day but were also rescued from an uncertain fate.



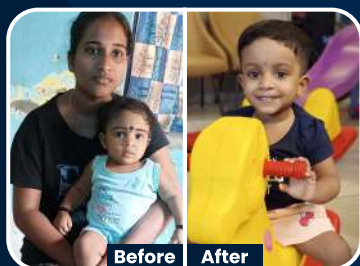
Dheeksha Sai

Five-year-old Dheeksha's toys were gathering dust as she spent most of her days in immense pain and misery. Diagnosed with Thalassemia major, her survival relied on monthly blood transfusions. However, her father, working as a delivery boy with limited income, couldn't afford the crucial lifeline for her: a bone marrow transplant. Witnessing his daughter's suffering, Dheeksha's father approached Child Help Foundation for assistance. Through the incredible generosity of donors, Dheeksha now thrives in a healthy and independent life.



Varshit Reddy

After a successful Bone Marrow Transplant, Mr and Mrs Reddy hoped for their child's life to return to normalcy. However, their hopes were shattered when young Varshith was diagnosed with Aplastic Anemia. Varshith's treatment demanded chemotherapy and Hematopoietic Stem Cell Transplantation (HSCT), but the expenses weighed heavily on the family. Faced with a tough decision, they reached out to Child Help Foundation for help. Through the extraordinary kindness of donors, Varshith is now out of danger.



Amerah Efra

Little Amerah entered this world with a complex Neural Tube Defect and challenging urinary issues. From birth, her legs lay numb, unable to move as a healthy newborn would. She underwent two surgeries to address the meningomyelocele and ventriculoperitoneal shunting, yet she needed two more years of physiotherapy to enhance her motor development. Amerah's father, a fisherman, faced a daunting obstacle in gathering the substantial funds needed for her treatment. Desperate for help, he turned to Child Help Foundation. Through the incredible compassion of donors, Amerah received the support she needed and had a successful surgery.



Celebrating UNICEF Foundation Day: A Legacy of Hope and Compassion



UNICEF - United Nations International Children's Emergency Fund emerged from the urgent need to provide emergency food and healthcare to children and mothers in nations ravaged by the aftermath of World War II. Every year on 11th December, the world comes together to celebrate the foundation day of UNICEF. It was established in the year 1946 viewing the aftermath of World War. UNICEF has played a crucial role in advocating for children's rights and providing healthcare, education and protection. It began to improve the lives of innocent children.

Its mission grew over time, and it is now a global organisation dedicated to promoting the rights and well-being of all children, regardless of race, religion, or nationality. The organisation works hard in over 190 countries and territories to address the most critical issues impacting children. The theme of UNICEF's World Children's Day in 2023 will be "For every child, every right." This yearly event serves as UNICEF's dedicated day of action for and by children. The fundamental goal of World Children's Day is to raise awareness about children's rights and to improve their general well-being.

As the year 2023 approaches, UNICEF recognises the halfway point of the 2030 Agenda for Sustainable Development. This achievement demonstrates the organisation's commitment to creating long-term and beneficial outcomes for children. UNICEF's efforts go beyond emergency aid to include a comprehensive education, health, and overall child development approach.

UNICEF's impactful work has been in healthcare, education, protection, and emergency responses. UNICEF works within the context of the Sustainable Development Goals (SDGs). The SDGs are a series of 17 interrelated goals approved in 2015 by all United Nations Member States to solve global concerns and promote people's and the planet's well-being by 2030.

Here are some of the key SDGs that UNICEF contributes to, SDG 3 - Good Health and Well-being, SDG 4 - Quality Education, SDG 5 - Gender Equality, SDG 16 - Peace, Justice, and Strong Institutions and SDG 17 - Partnerships for the Goals.

UNICEF's commitment is unshakeable, and as we move forward, we must renew our commitment to creating a world in which every child may thrive. As an individual, you can contribute by supporting through donations and volunteering, raising awareness about children's rights, and educating yourself and the people surrounding you.

Child Help Foundation along with their crowdfunding partner Filaantro has always aimed at working with children and for children, with the support of underprivileged families, a lot of development could be provided to these families. The organization has taken up the UNICEF's SDGs of SDG 3 - Good Health and Well Being, SDG 4 - Quality Education, SDG 6 - Clean Water and Sanitation (WAS), SDG 5 - Quality Education, SDG 2 - Zero Hunger, SDG 11,13,17 - Humanitarian Relief, SDG 14 - Life on Land, SDG 15 - Life Below Water, and SDG 8 and 10 - Decent Work and Economic Growth and Reduce Inequality.

Since the inception of the organization, with the help of generous donors and huge support from people all over the world, a total of 25,043,430 people have benefitted from our work. The organization aims to help more underprivileged people, considering their needs and necessities.

Let us commemorate UNICEF Foundation Day by honouring the organization's legacy of kindness, resilience, and optimism. Our united efforts can pave the road for a brighter, more fair future. Let us continue to support UNICEF's goal and work together to create a world where every child has the opportunity to grow, learn, and thrive.

Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• Visit to Satara Civil Hospital

Ms Jyoti, a Child Help Foundation (CHF) team member visited Satara Civil Hospital in Satara, Maharashtra on 1st December. After the completion of the construction, Ms Mansi and the Civil Surgeon had some suggestions to revise the work regarding the Baby Feeding Centre.



• LTPCT Meeting at Head Office

A meeting was organized involving the team members from the School Health Program funded by LTPCT. In the meeting, monthly activities were finalized by taking a review of the project activities that were pending. Apart from that, the vouchers were collected with a necessary explanation of expenditure from each volunteer. The orientation of the newly appointed volunteer for the post of nurse – Manisha Gahala was done. The role and responsibilities, the location of each school where the project is undergoing, documentation, and other details of the project were explained to her.

Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• Meeting with LTDP- PO

The meeting was organized to orient the PO about the activities which would be implemented under the School Health Program in Vikramgad, Maharashtra. The demonstration of software made to capture all the data of project was given to her explaining all the details of each parameter. The doctor – Priti explained the other details especially common morbidities that are found among the children locally. After that, the demo of the software was given to the assistant PO – Subhas Pardeshi.



• Yoga Session – Murbad Ashram School, Maharashtra

A session was organized as part of Wellness Activities which are planned in the project School Health Program funded by LTPCT. A yoga session was conducted by the certified trainer – Maya Ravte at Murbad Ashram School in Palghar, Maharashtra. She explained the importance of yoga in day-to-day life and conducted the yoga exercise with students. She taught some simple but health-beneficial asanas (exercises) to the students. A yoga session was also organized at Kawale Ashram School in Palghar, Maharashtra on 20th December, 2023.



Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• Session on Substance Abuse – Raigarh, Maharashtra

The NSS (National Service Scheme) department of Nirmala College which is based in Mumbai, Maharashtra invited Child Help Foundation to conduct the session for the high school students from the village called Hamrapur in Raigarh, Maharashtra. They organized this session as a part of their social activities which they undergo during week-long camp. They had chosen this village to do the social services as a part of social activities.

After gathering the students from 8th to 10th classes in the hall, the session started at 3:30 pm. The session started with a video on substance abuse. After showing the video clip, the discussion was done through a PowerPoint presentation. The ppt slides contained information about topics such as types of drugs and how they are consumed by people as addictive, harmful chemicals, and substances.



• Review Meeting at the LTPCT Office

A meeting was organized by LTPCT at their office in Mumbai, Maharashtra to discuss the project for the quarter. The meeting was attended by Mr. Jiji John, Mr. Ravsaheb, Dr. Priti, Mr. Susanta and Mr. Jayprakash. From LTPCT, the discussion was led by Mrs. Gayatri Oleti and Mrs. Rucha Patki. The meeting started at 11:15 a.m. and the project activities were explained by Mr Ravsaheb through a PowerPoint presentation. Some valuable suggestions were given by the LTPCT for the overall improvement of the project implementation. The discussion was led by Mr. Susanta on the project software which was created to capture all the project details. To better view the project on the software page, Mrs. Gayatri gave the inputs such as adding the details of the Vikramgad including the information of health facility, educational institutions and other Govt. institutions located in this block



Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

Update of Baby Feeding Centres

Child Help Foundation visited Baby Feeding Centres (BFCs) in Pune, Palghar, Boisar, Kalyan, and Kurla Railway Stations and Sir J. J Hospital, Cama And Albless Hospitals, St. George's Hospital, Urban Health Centre Hospital, Kashimira Police Station (Maharashtra), BFCs in Chottanikkara Temple, General Hospital and Lakeshore Hospital (Kerala), Atal Bihari Vajpayee and C. V Raman Hospital (Bengaluru, Karnataka), BFCs in Katihar Railway Station (Bihar), Vizag Railway Station (Andhra Pradesh), New Jalpaiguri Railway Station (West Bengal), Institute for Child Health & Hospital for Children (Tamil Nadu) throughout December to take updates. All BFCs were found to be well-maintained and hygienic. A BFC is under construction at Krantisinh Nana Patil Civil Hospital in Satara, Maharashtra.



Palghar Railway Station
Maharashtra



Boisar Railway Station
Maharashtra



Kashimira Police Station
Maharashtra



Kalyan Railway Station
Maharashtra



Kurla Railway Station
Maharashtra



Pune Railway Station
Maharashtra

Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

Update of Baby Feeding Centres



Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

Update of Baby Feeding Centres



Chottanikkara Temple
Kerala



General Hospital
Kerala



Lakeshore Hospital
Kerala



Chennai
Tamil Nadu



Egmore Medical Hospital, Tamil Nadu



Vizag Railway Station, Andhra Pradesh

Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• Site Survey at Civil Hospital, Palghar, Maharashtra

On 21st December, 2023, Ms Jyoti, Mr. Shashibhushan and the contractor visited the Civil Hospital in Palghar, Maharashtra. The purpose of the visit was to meet the Dean to ask his approval for starting the construction of the Baby Feeding Centre. Ms. Jyoti and Mr. Shashibhushan met the Civil Surgeon and explained to him the purpose as the Dean was not available.



• BABY SLEEPING SACK DISTRIBUTION

The baby sack distribution, titled 'Sleeping Sack Kiddie Comforts', is a comfortable sleeping sack for children of 6 months to 2 years, where the material is made comfortable as well as baby-friendly in terms of dryness and cleanliness. These baby sacks are to be distributed amongst the less privileged masses to help their children during the various seasons keeping them comfortable and warm. The sacks were distributed in Govandi, Bandra (In collaboration with Bombay YMCA) in Mumbai, Maharashtra, Godabari School in Cuttack, Odisha and Darshan Hospital in Meerut, Uttar Pradesh.



Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• Arogya Sadan

Child Help Foundation is committed to making a positive impact on the lives of various disease and disorder-affected paediatric patients and their families (currently started with paediatric patients with thalassemia). We are working to provide support and assistance to these young warriors who battle with unwavering courage. Arogya Sadan (Child Help and Care Centre) serves as an essential facility to provide care, support, and a safe environment for children living with various types of diseases and disorders. Arogya Sadan provides Free Accommodation, Free Food (Nutrition), Free Transportation, Hygiene and Sanitation, Psychosocial Support, Non-Formal Education Services, and Recreational facilities to the paediatric patient and their families. Arogya Sadan offers disease and disorder-affected paediatric patients and their families a supportive and caring environment to manage their condition effectively.

The status of the patients is as follows:

1. Master Narayan Thakur – Transplant Canceled due to Spleen Enlargement
2. Master Aryan Kumar – Transplant Canceled due to Increase in Platelets
3. Master Aarav Kumar – Bone Marrow Transplant Done, Now in Arogya Sadan After Care
4. Miss Aradhya Kumari Kumari – Bone Marrow Transplant Done, Now in Arogya Sadan After Care
5. Master Aman Ahirwar – Bone Marrow Transplant Done, Case Closed
6. Master Vikrant Thakur – Bone Marrow Transplant Done, Case Closed
7. Master Amit Kumar – Bone Marrow Transplant Done, Now in Arogya Sadan After Care
8. Master Abhishek Kumar – Bone Marrow Transplant Done, Now in Arogya Sadan After Care



Monthly Highlights

SDG4: QUALITY EDUCATION

• Educational Support for Megha and Koyal – Holy Mother English School, Nallasopara East, Maharashtra

The parents of Megha and Koyal approached Child Help Foundation for educational support as they were facing difficulty paying school fees and therefore needed assistance for their daughters, Ms. Megha Kayal and Ms. Mohana Kayal. They are studying in Holy Mother English High School Nallasopara (East), Palghar, Maharashtra. After the verification, both the students were provided with educational support. The school was handed over the cheque of Rs. 1,937.50/ for Ms. Megha Kayal and Rs. 3,250 for Ms. Mohana Kayal.



• Educational support for Sudha and Ameira – P G Vora School, Mumbai Suburban, Maharashtra

Educational support was provided to Ms. Sudha and Ms. Amaira Paswan as their family is not financially stable. The mother works as a domestic help and the husband does not have any permanent income. The students are studying in the P G Vora School in Mumbai Suburban East, Maharashtra. The school was handed over a cheque of Rs.17,400/- for Sudha Paswan and Rs.14,580/- for Amaira Paswan.



Monthly Highlights

SDG4: QUALITY EDUCATION

• Remembering Dr. B.R. Ambedkar –Pali Ashram School, Palghar, Maharashtra

On 11th December, 2023, Child Help Foundation organized an event in honour of Dr. B. R. Ambedkar at Pali Ashram School in Palghar, Maharashtra. The theme of the event was "Importance of Education". Students delivered speeches on Dr. B R Ambedkar, his life, and his contribution to Indian society. One boy spoke about Birsa Munda the revolutionary, (who belonged to a tribal community) and his contribution.

Two street plays were also performed by the students. The script was prepared by the students with the help of the MSC coordinator. One story was about a rebellious tribal girl and the other street play was also about the importance of education.

The program was loved by everyone. Students gave their feedback that they are very thankful for this program and providing them with this opportunity and providing a platform to showcase their talent, knowledge and skills.

The program was attended by the teachers of the school, the students and Child Help Foundation team. Around 500 students attended the program. Lastly, the performers were given away certificates of participation. Teachers also thanked Child Help Foundation for their support and for organizing such activities in the school.



Monthly Highlights

SDG4: QUALITY EDUCATION

• Educational Support to Anuj Ekka

The father of Anuj Ekka had requested educational support from Child Help Foundation as he does not have a good job and is not earning well. He finds it very difficult to pay the school fees of his son. Anuj Ekka is studying in Jr KG at Don Bosco High School & Junior College in Naigaon (East), Palghar, Maharashtra. Thus a cheque of Rs.14,000 was handed. He expressed his gratitude towards Child Help Foundation.

• Mini Science Centre Project (Palghar)

A Mini Science Centre is implemented in four schools in the Palghar district of Maharashtra. The Names of the schools are Murbad, Pali, Wangani and Sakhare Ashram School. The project is supported by Samata Equal Footing. Science and Math tests were conducted with the students during December. It is done to test the effectiveness of the centres



• Child Care Institute-CCI

Child Help Foundation collaborates with numerous Child Care Institutes throughout India, aiming to provide educational opportunities that foster the growth of responsible, healthy citizens from underprivileged backgrounds. The organization has conducted several activities in the CCIs. Apart from special day celebrations like Christmas and Birthday, counselling sessions, health camps, picnics and educational tours were also conducted. These events were organized in Needs Charitable Trust in Sai Geetham, Horamavu, Bengaluru, Karnataka, Ashraya (Handicapped Welfare Organisation) in Dumuduma H.B. Colony, Bhubaneswar, Odisha, Khirod Basini Kanya Ashram in Katada, Dist-Angul, Odisha, Koel Saraswati, Katada, Dist-Angul, Odisha, Charis Foundation in Thirumullaivoyal, Chennai, Tamil Nadu, Special School of Joy in Kadma, Jharkhand and Saraswati Anath Shikshan Ashram in Pune, Maharashtra.



Monthly Highlights

SDG4: QUALITY EDUCATION

• Inauguration of Computer Laboratory with Dorf Ketal – Central Marathi Primary School, Amboli, Dadra and Nager Haveli

The inauguration ceremony of the computer centre at Central Marathi Primary School in Amboli, Dadra and Nager Haveli was held on 5th December, 2023. The ceremony started upon the arrival of the CEO of Zilla Panchayat – Dr. Apurva Sharma and the Education Officer- Mr. Jayeshbhai Bhandari. The CSR General Manager of Dorf Ketal – Mr. Santosh Jagdhane and their CSR partner Dr. Nagesh Tekale from Navdrushti organization also joined the guests. The school principal and computer teacher who was appointed by Child Help Foundation shared the details of the project especially the number of computers and other facilities which have been installed. The details of the project were shared by the trustees of Child Help Foundation and the Manager of Resource Mobilization. The CEO appreciated the donor and Child Help Foundation for the excellent arrangement of the material and project implementation.

Thereafter a program was organized in the school hall. The ceremony started after lighting the lamp. Then felicitation of guests ceremony took place. Child Help Foundation trustee – Mr. Rajendra Pathak also communicated with the audience and shared how Child Help Foundation is focusing on solving the multiple problems of society which are the hurdles in the path of development. Then the education officer and CSR Manager of Dorf Ketal also added the words and motivated the students.

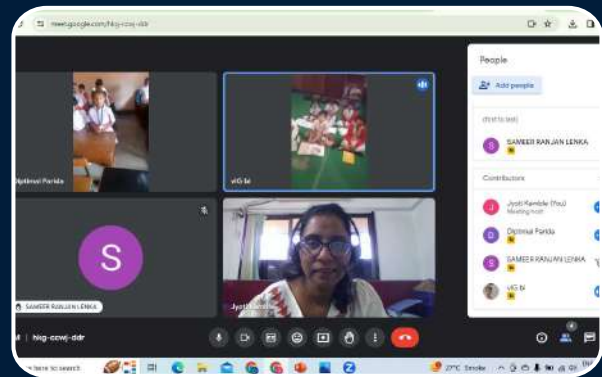
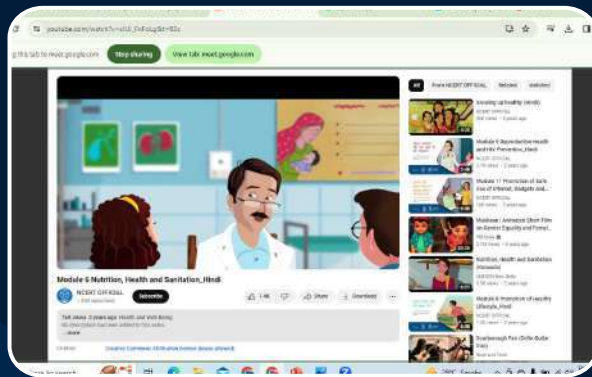


Monthly Highlights

SDG4: QUALITY EDUCATION

Health, Hygiene & Nutrition Session for CCI

On 16th December, an online session was conducted for the students of Koel Saraswati Shishu Vidya Mandir in Rourkela, Odisha. When Ms. Jyoti, a Child Help Foundation member took the attendance of the students, it was realized that students were absent due to ill health. The teacher said that because of the weather, the children were having cough, cold and fever. Therefore a need was felt for an awareness session to be conducted with the students. The session was conducted with the help of a PPT on Health, Hygiene & Nutrition and a film was also shown. The teachers cooperated very well, and the children too participated enthusiastically.



Mini Science Centre Monitoring Visit to Murbad Ashram School (certificate distribution)

On 19th December, 2023, Ms. Jyoti and Child Help Foundation team visited Murbad Ashram School in Palghar, Maharashtra to monitor the Mini Science Centre. Then Mr. Jagannath, MSC coordinator conducted a class for the students of 8th standard, to teach about the properties of Magnet, with the use of a model.



Monthly Highlights

SDG4: QUALITY EDUCATION

• Session on Mental Health for NSS students of Nirmala College – Mumbai, Maharashtra

The NSS department of Nirmala College, Kandivali, Maharashtra had requested 2 sessions from Child Help Foundation (CHF) – one session on Mental Health awareness and the other on Substance Abuse. So Mr. Nitin, who has a degree in psychology, and is working with the School Health project of CHF, conducted the session for the NSS group. He explained the following concepts of mind and brain, cognition, emotion, verbal and nonverbal behavior. He also explained how to know abnormality and what to do when one is mentally disturbed. The students enjoyed the session as there was a lot of humour and activities. Teachers gave good feedback about the session.



• Arts and Crafts Session – Kolkata, West Bengal

Arts and Crafts session was conducted at Catalyst Coaching Centre, Kolkata, West Bengal by 4 student interns of Child Help Foundation. Pravar Agnihotri and his team from Premium Consultant work for internships for students aspiring to go abroad. It is conducted on every Saturday. The timings are from 2:00– 4:00 pm. The interns conduct basic drawing sessions for the primary class students who are from less privileged sections of society. A manual for the Arts and Crafts Session is also prepared by the Intern Pravar for rolling out.



Monthly Highlights

SDG4: QUALITY EDUCATION

• Mini Science Centre Project – Bihar

The Mini Science Centre project is being implemented at M S Maur and M S Koyaribigha School in Barbigaha, Bihar. The project is supported by National Fertilizers Limited. Lessons in Science and Mathematics were regularly conducted with the help of the models provided by the Mini Science Centre. Ms. Rajanikumari conducted Science and Math tests with the students of both schools. The students liked giving the test and scored well. They enjoyed the classes under MSC and prepared the models themselves.



• Art & Craft Activity at Dongri Mumbai Suburban

Child Help Foundation (CHF) volunteer mobilized children from the Dongri community of Mumbai Suburban, Maharashtra. Child Help Foundation conducted the activity with the support of an intern, Ms. Arwa. She studies psychology and is good at conducting memory games and arts and crafts activities. She conducted memory games and some activities with the help of colours and making drawings.



• Internship Opportunities for IIEBM–Pune Students in Maharashtra

Child Help Foundation had provided opportunity for internship of MBA students at IIEBM, Pune. They were given orientation at the head office in POSH, Projects and CSR. Mr. Jiji John and Mr. Dinesh Patwal had given college orientation about Child Help Foundation. The institute showed their interest and following month investing time in the field to contribute towards the causes CHF is working on.



Monthly Highlights

SDG2: ZERO HUNGER

• Roti Ghar

Child Help Foundation (CHF) in collaboration with Roti Ghar provided cooked food to 1800 children in Maharashtra, Delhi, Karnataka, Odisha, and Telangana. CHF's main aim is to provide food to needy children and make their future bright and better by providing nourishing meals and taking care of their health so they can know the importance of food. No child will go to bed hungry in this world.



SDG 5: GENDER EQUALITY

• Training on POSH

Sessions on POSH were conducted by Meena Lokhande-Lee, Head- Resource Mobilization in Taj Landsland, Data Book, Skhinker, ITPS, Aware Citizen Foundation, ITC Grand Hotel, ExactUs and Keto. The provisions of POSH were elaborated in the session. Formation of the committee, Cases of POSH, Gender Equality and Responsibilities of the Head were discussed.



• "Invisible Girl" Project

Schools/Colleges/Communities visitation for IGP- December 2023

In total, 43 Schools/colleges/communities sessions in Maharashtra have been conducted by Ria and Annarao for the month of Dec 2023.

A total of 27 sessions have been conducted by Anna Rao and 16 sessions by Ria.

Here is the list of schools where IGP sessions have been conducted for December 2023:

1. Gram Panchayat Kegawa Balapur
2. Gram Panchayat Suksale Session
3. Grampanchayat Jambhe Session
4. Gram Panchayat Waki Session
5. Grampanchayat Malwada Session
6. Gram Panchayat Khoste Session
7. Gram Panchayat Utawali session

Monthly Highlights

SDG 5: GENDER EQUALITY

8. Gram Panchayat Vasuri Session
9. BMC School Maschapada
10. Prabhadevi Community session
11. Govt. Ashram school Rankol
12. Govt. Ashram school Aswali
13. Govt. Ashram school Kamladevi
14. Saiwan Ashram school Dahanu
15. BMC School Wadala
16. Sawane Ashram School
17. Ashram School Sutraker
18. YMCA Evening session
19. Ashram School Uplat Talasari
20. Shanti Nagar High School
21. St. Jude's High School
22. Ashram School Mendhawan
23. Ashram School Betegaon
24. St. Joseph's College
25. Patkar Varde College
26. Ashram School Embur
27. Ashram School Embur
28. Ashram School Tawa
29. Ranshet Ashram School
30. Ranshet Ashram School
31. Adivasi college Bapugaon
32. Balkanji Bari Ashram School
33. Murbad Ashram School
34. Nandra Ashram School
35. Ashram Shala Govade
36. Maswan High School
37. Gokhale College Jawhar
38. Balnandhnavan Shala Jamshet
39. Govt. Ashram Shala Ambesari
40. ITI Jawhar Session
41. Kasturba Gandhi Balika Vidyalaya Gortham
42. Ashram School Vinwal Jawhar
43. Dabhadi Ashram School Dahanu



Monthly Highlights

SDG 5: Gender Equality

• Adolescent Reproductive and Sexual Health – Metropolis

Child Help Foundation is dedicated to improving the lives of children and adolescents by addressing their unique needs and challenges. In line with our commitment, we propose a comprehensive project to promote adolescent health and well-being in Palghar School, located in the Palghar district of Maharashtra. The Adolescent Reproductive and Sexual Health (ARSH) project aims to address the critical issues of sexual and reproductive health among adolescent girls, specifically focusing on the challenges of child marriage and the lack of proper education on menstrual hygiene. By providing comprehensive SRH education, raising awareness about menstrual hygiene, and advocating for an end to child marriage, the project aims to empower adolescent girls with the knowledge and resources necessary to make informed decisions, protect their rights, and lead healthy lives. Here are the details of the program and the beneficiaries reached:

ARSH Awareness Session with Adolescent Girls (Covered 6515 adolescent girls)

Formation of Kishori Group (Formed 36 Kishori Groups)

Awareness Sessions with Teachers (Information given to 93 teachers)

In December 2023, 28 suggestion box have been installed in 28 schools.



Monthly Highlights

SDG 13: HUMANITARIAN RELIEF

• Sanitary Pad Distribution During the Chennai Flood

In Collaboration with India Care, Child Help Foundation distributed 6,000 sanitary pads on 18th December in the Thoothukudi district of Chennai, Tamil Nadu after it was badly ravaged by floods. 4,800 pads were distributed in mainland Chennai, while 1,200 were distributed in Thoothukudi. A medical camp was also organized by Indian Medical Association for free medical checkups and medications.



SDG 8 & 10: Village Development Project

• Village Cleaning- Sahapur, Odisha

On the 10th and 17th of December, a Village cleaning activity was done by the 30 volunteers of Hemchandra Simanta Sanskrit Vidyalaya at the Sahapur Village in Odisha. The temple and nearby places were cleaned by volunteers and proper instructions were given to villagers to keep their areas clean and tidy. Through this activity, they learned to clean the premises of the village and also motivated others.



Monthly Highlights

Other Activities:

• Agreement with ISCKON

Child Help Foundation has signed an Agreement with ISCKON, Juhu, Mumbai for a project in Wada, Maharashtra to supplement a healthy diet and reduce malnutrition for children.



• Christmas Celebration with the Children from Aarey Colony, Goregaon, Maharashtra

Christmas Celebration was done in collaboration with Community Development Centre, an organization working in Aarey colony in Mumbai, Maharashtra. The children were distributed gifts and Child Help Foundation (CHF) conducted the activity with the support of a CHF intern, Ms Arwa. She studies psychology and is good at conducting memory games, and arts and crafts activities. The organisation has a centre in the Aarey colony where children come and study. The intern conducted memory games and some activities with the help of colours and drawings. Thereafter children put up several performances and enjoyed the program. One boy from the community even dressed up as Santa and arrived at the program.



Monthly Highlights

Other Activities:

• Christmas Party at Head Office

On 23rd December, Child Help Foundation head office team celebrated Christmas. Several games and activities were conducted by the HR team. Gifts and snacks were distributed to the office staff. Games like Secret Santa and Housie were also played. The celebrations were commenced with a Carol Singing.



• Deep Cleaning Drive with MBMC

On 30th December, 2023, a Deep Cleaning Drive was held in Mumbai Suburban, Maharashtra. The honourable chief minister of Maharashtra, Eknath Shinde, graced the event with his presence. Child Help Foundation is the NGO partner of Mira-Bhaindar Municipal Corporation (MBMC). The Drive is important to raise awareness about cleanliness and hygiene in the city. Child Help Foundation is honoured to be invited to the ceremony by MBMC.



Monthly Highlights

Other Activities:

AWARDS AND APPRECIATION CERTIFICATION

- Award Ceremony in Bengaluru, Karnataka**

Child Help Foundation has been awarded The Best NGO for CSR Implementation at an Award Ceremony in Bengaluru on 7th December, 2023.



- Appreciation Certificate from Kashimira Police Station – Mumbai Suburban, Maharashtra**

The Kashimira Police Station from Mumbai Suburban, Maharashtra felicitated Child Help Foundation by giving a certificate of appreciation for the contribution made to make their police station women and child-friendly. Under this initiative, Child Help Foundation has implemented the activities by creating separate cells for women and children and installing the BFC. The certificate was presented by Sr. Police Inspector – Mr. Sandip Kadam and other senior officers from the police station. The certificate was received by Mr. Rajendra Pathak, Mr. Jiji John and Mr. Ravsaheb. The senior PI appreciated Child Help Foundation for their contribution and effective implementation of the project.



Our Programs



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