

NEWSLETTER

CHILD HELP FOUNDATION

August'25 Journal



Child Help Foundation Celebrates 79th Independence Day



Child Help Foundation Recognised for Environmental Efforts

Mumbai Suburban, Maharashtra

Mira-Bhaingar Municipal Corporation (MBMC), Maharashtra, has secured first place in the country in the 3-10 lakh population category under the Central Government's Swachh Bharat Mission 2.0 - Swachh Survekshan 2024 - 2025 and has been awarded the President's Award. The city also earned the 5-Star Garbage-Free City rating and Water Plus certification.

In recognition of this achievement, MBMC extended

its heartfelt gratitude to Child Help Foundation (CHF), honouring the organisation for its outstanding work and valuable contributions toward maintaining cleanliness and promoting environmental sustainability in the region. CHF has played an essential role in supporting MBMC's sanitation initiatives, raising awareness about the "Reduce, Reuse, Recycle" (RRR) campaign, conducting impactful community outreach, and reinforcing civic participation in cleanliness drives.

About Us



Child Help Foundation (CHF) is a pan-India non-profit organization, registered under the Bombay Public Trust Act 1950, which started in the year 2010. We aim to accomplish the objectives set by the United Nations Sustainable Development Goals (UN SDGs) for global development. Child Help Foundation's principal purpose is to empower the disadvantaged holistically with some of our initiatives like Good Health and Well Being, Quality Education, Zero Hunger, Clean Water and Sanitation, Gender Equality, Humanitarian Relief, Life on Land, Life Below Water and Village Development.

Child Help Foundation Celebrates 79th Independence Day



Child Help Foundation Celebrates 79th Independence Day

On 15th August 2025, Child Help Foundation (CHF) proudly celebrated India's 79th Independence Day with vibrant events across multiple locations in the country. The day was marked with joy, unity, and patriotism, with volunteers, children, and community members coming together to honor the spirit of freedom.

At Holy Cross Church, Palghar, Maharashtra, CHF joined hands with the Feast of the Sodality Women's Group from Nirmal to celebrate Independence Day. The program highlighted the true essence of freedom for women today, emphasizing solidarity and group bonding. The Sodality women brought the stage alive with group songs, drama, and humorous performances, leaving the audience delighted and inspired.

In Mumbai, Maharashtra, CHF organized a student engagement activity at Sanvedana Social Foundation, Vikhroli East. The celebration focused on differently-abled children, who were gifted drawing books and color boxes to nurture their creativity. The smiles on their faces reflected the joy and inclusiveness that Child Help Foundation strives to create.

Meanwhile, in Kochi, Kerala, Child Help Foundation partnered with St. Joseph's LPS, Cheriya Kadavu, for a grand Independence Day celebration. Parents, teachers, and children participated in the event, which echoed with patriotic songs, flag hoisting, and heartfelt cultural performances, making it a memorable gathering for all.

Extending the spirit of giving, Child Help Foundation, in collaboration with Cognizant, distributed groceries to Sneha Orphanage in Bangalore as part of the celebrations. This thoughtful gesture ensured that the children not only experienced the joy of the occasion but also felt cared for and supported.

Speaking on the occasion, the Chief Executive Officer of CHF, Mr. Shaji Varghese, said, "Independence Day is not only about honoring the past but also about shaping a brighter future for our children. Every initiative, from cultural celebrations to supporting underprivileged communities, reflects our vision of building an inclusive and compassionate India. I extend my heartfelt gratitude to our volunteers, donors, and partners who make this possible."

The Independence Day celebrations across the country were a reflection of Child Help Foundation's mission to spread joy, inclusivity, and empowerment. Whether through cultural events, awareness activities, or acts of kindness, every effort carried the message of unity and progress. With continued support from volunteers, donors, and well-wishers, CHF remains committed to building a nation where every child and community has the opportunity to grow with dignity and freedom.



Emergency Medical Support



Srushti Raut, 10 Year
Infection in Legs and Lungs

Her Smile Is Fading, But We Can Bring It Back: Help Srushti Heal

"She was in pain, but none of us imagined it was something so serious. My daughter is only ten... She should be playing, not lying in a hospital bed."

— Omprakash Raut (Father)

Srushti Raut, a bright 10-year-old from a small farming family in Parbhani, Maharashtra, began complaining of pain and swelling in her leg. What started as a minor infection quickly worsened, leaving her

family in shock. After rushing her to a nearby hospital, the doctors diagnosed her with a severe, life-threatening infection that had spread rapidly, affecting her leg and lungs, and placing her body in a critical state.

She is currently undergoing treatment at Galaxy Superspeciality Hospital & Research Institute, Aurangabad, Maharashtra (4.6 km from Aurangabad Railway Station), where doctors are fighting to save her life. Srushti urgently needs multiple plastic surgeries to recover from the damage caused by the infection and prevent any permanent disability.

Her father, Omprakash, is a farmer and the sole earner for a family of eight. With barely enough to meet daily needs, the cost of treatment, Rs. 9,00,000/- (Rupees Nine Lakh Only), is far beyond what the family can afford. He has already borrowed from friends and relatives, but it is not enough.

Your support can bring hope back into Srushti's life. With your help, this little girl can get the treatment she needs and return to the carefree childhood she deserves. Please help us save her.

There are many more children who need urgent treatments, and your small contributions can make a huge difference. [Please Donate!](#)



B/O Khushbu Kumari, 2 weeks
Premature Birth Complications



Manav Budhar, 5 months
Complex Heart Disease

Emergency Medical Support



Blessy Tandra, 2 years
Recto Vaginal Fistula



Swaransh Gund, 4 years
Burkitt's Lymphoma



B/O Sakshi, 15 days
Premature Birth Complications



Rudraj Kamble, 6 years
Liver Disease



Ishrat Rafeed, 6 years
Langerhans's Cell Histiocytosis



Harshi Singh, 7 months
Spina Bifida with Myelomeningocele

Emergency Medical Support



Rudransh Behera, 2 years
Complex Heart Disease



Aarohi Bavdhane, 11 years
Acute Lymphoblastic Leukaemia (ALL)



B/O Velpoor Lahari Twin II, 14 days
Premature Birth Complications



Athul Renjith, 14 years
Osteochondroma



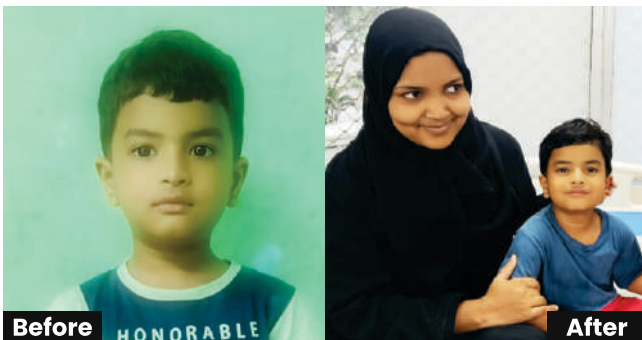
Bandari Dhanalakshmi, 12 years
Relapsed Acute Myeloid Leukaemia

Success Stories



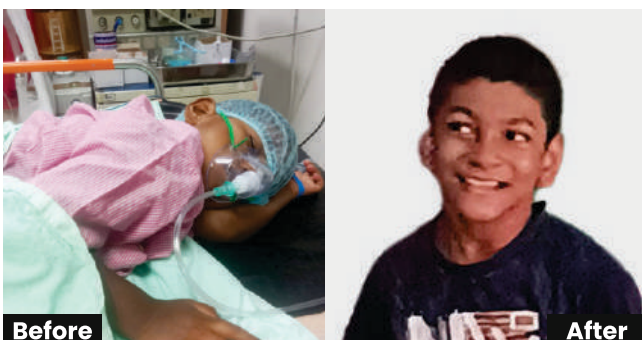
Hasnain Sheik

Six-year-old Hasnain was battling Relapsed-Acute Myeloid Leukaemia. His condition demanded an urgent stem cell transplant, but the treatment cost was beyond his family's reach. With the generous support of Child Help Foundation donors, Hasnain received timely treatment. Today, he is recovering well and smiling brightly once again.



Arhaam Shaik

Five-year-old Arhaam from Telangana was diagnosed with Rt PUJO and urgently required surgery. His father, a daily wage labourer, couldn't afford the treatment. Thanks to the generous support of Child Help Foundation donors, Arhaam successfully underwent surgery. Today, he is recovering well and smiling once again.



Kirubai Jenesis

Five-year-old Kirubai was born with a severe heart condition, leaving his family helpless as they had already exhausted their savings. With the support of Child Help Foundation's donors, he received the treatment he desperately needed. Today, Kirubai is safe, healthy, and filled with hope for the future.

Success Stories



Saloni Pawar

At just seven years old, Saloni was diagnosed with an Atrial Septal Defect, a heart condition requiring urgent surgery. Her father, a farmer, struggled to afford the treatment. Thanks to the generous donors of Child Help Foundation, Saloni received her surgery and is now recovering well, bringing joy to her family.



Shivansh Nale

Little Shivansh from Kolhapur was diagnosed with blood cancer at just one year old. His family was struggling to meet the high cost of chemotherapy. With the generous support of donors through Child Help Foundation, Shivansh received timely treatment and is now on his way to recovery.



Johan Shekh

At just three months old, Baby Johan was diagnosed with a heart defect that threatened his growth and health. His father, a farmer, struggled to meet the high medical costs. With the support of Child Help Foundation donors, Johan underwent surgery successfully and is now recovering well, bringing joy to his family.

Success Stories



N Harshitha

Seven-year-old Harshitha from Hyderabad suffered from infective endocarditis that damaged her heart and other organs. With her father struggling financially, treatment seemed impossible. Thanks to the generosity of Child Help Foundation donors, Harshitha received the medical care she urgently needed. Today, she is on her way to recovery and happiness.



B/O Bai Sindhuja

Born prematurely, Sindhuja's baby struggled for survival in the NICU, while the family faced unbearable financial strain. With the support of generous donors through Child Help Foundation, the little one received timely treatment. Today, the baby is safe in the arms of the parents, bringing immense joy and relief.



B/O Vaishali Gaikwad

At birth, Vaishali and Deepak's baby boy was diagnosed with low birth weight, Respiratory Distress Syndrome, and clinical sepsis. He required intensive NICU care that his family could not afford. Thanks to the kindness of donors, he received timely treatment and is now safe, healthy, and thriving.

Success Stories



Vidhur

Seven-year-old Vidhur was born without hands and legs and also suffered from Temporomandibular Joint Ankylosis, making it hard for him to eat or speak. His family couldn't afford the costly surgery, but with the generous support of Child Help Foundation's donors, he received treatment and now lives with hope and dignity.



B/O Varsha Chaudhary

Born prematurely, Baby of Varsha Chaudhary needed intensive NICU care to survive. With the generous support of Child Help Foundation's donors, his treatment became possible. Today, the little one is safe and recovering well. The family is deeply grateful to all the kind hearts who stood by them in their toughest time.



Satvik Ghadling

Baby Satvik was diagnosed with Chronic Liver Disease soon after birth. His parents were heartbroken when doctors recommended a liver transplant, a treatment they could not afford. With the generous support of Child Help Foundation donors, Satvik received the care he needed. Today, he is healthy and thriving.

Lord Ganesha's Teachings for Modern Life: Wisdom Beyond Festivities

Every year, Ganesh Chaturthi is celebrated with immense devotion and joy across India. Colourful idols of Lord Ganesha are welcomed into homes and communities, accompanied by prayers, music, and sweets. While the festival itself is vibrant and deeply rooted in tradition, the essence of Lord Ganesha's wisdom extends far beyond rituals and celebrations. His teachings are timeless, offering valuable lessons that remain relevant in our modern lives filled with challenges, distractions, and uncertainties.

Symbolism Beyond the Idol

Lord Ganesha, fondly called the "Vighnaharta" or remover of obstacles, is more than just a deity of prosperity and wisdom. Every part of His form carries a deeper meaning that we can apply to our daily lives. His large head symbolises the importance of thinking big and cultivating wisdom. His small eyes remind us to focus and pay attention to the finer details, while His large ears encourage us to listen more and speak less. Even the position of His trunk, flexible yet strong, teaches adaptability – a quality essential for navigating the ever-changing modern world.

Embracing Knowledge and Humility

One of the greatest lessons from Lord Ganesha is the balance between knowledge and humility. In today's competitive society, where academic achievements and career milestones often define success, Ganesha reminds us that true wisdom lies not just in acquiring knowledge but in applying it with humility. He shows us that intellectual growth must go hand in hand with respect for others, compassion, and groundedness.

Resilience in the Face of Challenges

As the remover of obstacles, Ganesha teaches us that challenges are not to be feared but embraced as opportunities for growth. Modern life is full of hurdles, stress at

work, financial struggles, and personal setbacks. Ganesha's symbolism inspires resilience and patience, reminding us that every obstacle carries a hidden lesson. His story of how He circled His parents, Shiva and Parvati, instead of the world, to win a test of wisdom, also highlights the importance of finding smart and thoughtful solutions rather than chasing the obvious path.

The Power of Letting Go

One of the most profound aspects of Ganesh Chaturthi is the visarjan, the immersion of idols into rivers, lakes, or seas. Beyond its ritualistic element, this act carries a universal lesson: the art of letting go. In our modern, fast-paced lives, we often cling to grudges, failures, and fears, which weigh us down. Ganesha's visarjan encourages us to release negativity, embrace change, and move forward with faith and gratitude.

Simplicity and Joy in Living Lord Ganesha is often associated with modaks, a simple yet delightful sweet. This association conveys an important life lesson: that true joy lies in simplicity. In a world constantly chasing luxury and material possessions, Ganesha reminds us that happiness often comes from small, meaningful moments with loved ones, acts of kindness, and a grateful heart.

[Read More](#)


Arogya Sadan

Mumbai, Maharashtra

Arogya Sadan is a facility dedicated to supporting patients undergoing Bone Marrow Transplants (BMT) and their families by providing accommodation and care during their treatment period.

Arogya Sadan – Beneficiaries Details

1. Master Narayan Thakur	BMT Failed – Returned home
2. Master Aryan Kumar	Transplant Cancelled – Platelet Increase
3. Master Aarav Kumar	BMT Done – Case Completed Successfully
4. Miss Aradhya Kumari	BMT Done – Case Completed Successfully
5. Master Aman Ahirwar	BMT Done – Case Completed Successfully
6. Master Vikrant Thakur	BMT Done – Case Completed Successfully
7. Master Amit Kumar	BMT Failed – Returned home
8. Master Abhishek Kumar	BMT Done – Case Completed Successfully
9. Master Akash Kumar	Transplant Cancel – Liver Enlarged
10. Miss Swati Hasanda	BMT Done – Case Completed Successfully
11. Master Aiyan Reza	BMT Done – Case Completed Successfully
12. Master Deep Kumar	BMT Done – Case Completed Successfully
13. Master Aditya Kumar	BMT Done – Case Completed Successfully
14. Miss Taabis Rehan	BMT Done – Case Completed Successfully
15. Master Harshwardhan	BMT Done – Case Completed Successfully
16. Miss Ujala Kumari	BMT Done – Case Completed Successfully
17. Master Piyush Kumar	2–3 Days Stay
18. Master Mannat Raj	2–3 Days Stay
19. Miss Krashika Urkude	BMT Done– Case Completed Successfully
20. Master Ansh Kumar	BMT Done– After Care (Arogya Sadan)
21. Miss Aradhya Gangurde	7 Days Stay
22. Master Mohammad Saad	Transplant Cancelled – Spleen Enlarged
23. Master Adarsh Kumar	Pre-BMT Treatment
24. Master Sk Rizwan	BMT Done– After Care (Arogya Sadan)
25. Miss Bhagwanti Shailendra Vishwakarma	BMT Done– After Care (Hospital)
26. Rekha Rana	BMT Done– After Care (Hospital)
27. Manan Ananda Thakare	BMT Done– After Care (Hospital)
28. Nitya Druv	Pre-BMT Treatment



Update of Baby Feeding Centres

Maharashtra



Kalyan Railway Station
Thane



Boisar Railway Station
Palghar



Palghar Railway Station
Palghar



Kashimira Police Station
Mumbai Suburban



Cama & Albles Hospital
Mumbai



Rural Hospital
Palghar

Update of Baby Feeding Centres

Maharashtra



Sir J J Hospital
Mumbai



Pune Railway Station
Pune



St George Hospital
Mumbai



Civil Hospital
Satara



Urban Health Centre
Mumbai

Update of Baby Feeding Centres

Karnataka



Yeshwantpur Metro Station
Bengaluru



Majestic Metro Railway Station
Bengaluru



Benniganahalli Metro StationBengaluru



Baiyappanahalli Metro Station
Bengaluru



Indira Gandhi Institute of Child Health Hospital
Bengaluru



Kengeri Bus Terminal Metro Station
Bengaluru

Update of Baby Feeding Centres

Karnataka



Sir C. V. Raman Hospital 1
Bengaluru



Sir C.V. Raman General Hospital 2
Bengaluru



Sir Atal Bihari Vajpayee College
Bengaluru

Tamil Nadu



Taluk General Hospital
Chennai



Institute for Child Health & Hospital for Children
Chennai



Institute of Obstetrics and Gynaecology
Chennai

Update of Baby Feeding Centres

Kerala



General Hospital
Ernakulam



Chottanikkara Temple
Ernakulam



Lakeshore Hospital
Ernakulam



Shoranur Railway Station
Shoranur

West Bengal



New Jalpaiguri Railway Station
New Jalpaiguri

Haryana



Civil Hospital Sector 10
Gurugram

Update of Baby Feeding Centres

Odisha



Puri Railway Station
Puri

Bihar



Katihar Railway Station
Katihar

Andhra Pradesh



Vizag Railway Station
Vizag

To combat the stigma around public breastfeeding in India, Child Help Foundation (CHF) has set up several Baby Feeding Centres (BFCs) nationwide. These centres offer safe and comfortable environments for nursing mothers, enabling them to move freely without the worry of breastfeeding in public. So far, 2,29,010 mothers have benefited from these supportive spaces, which prioritise dignity, ease, and care for both women and their babies.

Child Help Foundation Celebrates World Breastfeeding Week 2025 Across India

Child Help Foundation (CHF), a national non-profit dedicated to the welfare of underprivileged children and mothers, marked World Breastfeeding Week 2025 with a series of impactful initiatives across multiple states. Observed globally from 1st to 7th August, the campaign aimed to highlight the critical importance of breastfeeding for healthier beginnings, stronger families, and a more equitable society.

1. Palghar, Maharashtra: Child Help Foundation organised a special programme on 7th August 2025 at the Rural Hospital. The event featured awareness sessions led by Ms. Jyoti and Ms. Krutika, who emphasised the nutritional, immunological, and gender equity dimensions of breastfeeding. To support new mothers, baby sleep sacks were distributed across the OPD, Neonatal Care Unit, and Paediatric Department, especially benefiting families from economically disadvantaged backgrounds. The programme was graced by the Medical Superintendent and Sister-in-Charge, Smt. Deokar, whose encouragement made the initiative even more meaningful.

2: Bengaluru, Karnataka: On 11th August 2025, Child Help Foundation joined hands with the Paediatrics Department of the Indira Gandhi Institute of Child Health. Doctors, nurses, and staff gathered to celebrate the week with an awareness drive that reinforced the health benefits of breastfeeding for both mothers and infants.

3. Ernakulam, Kerala: At Lakeshore Hospital, Child Help Foundation collaborated with the Paediatrics Department to host an awareness programme on 9th August 2025. The sessions were led by Dr. Maria George, Dr. Mary Xavier, Ms. Jasna, and Ms. Krishna Priya, alongside CHF executives and hospital staff, ensuring a comprehensive outreach to mothers and families.

4. Gurugram, Haryana: On 6th August 2025, CHF Delhi, in partnership with the Haryana medical fraternity, celebrated Breastfeeding Week at the Civil Hospital. Mothers received baby sleep sacks to encourage safe infant sleep practices. The hospital's Breastfeeding Corner, installed last year by CHF, was also revisited and received positive feedback from beneficiaries. Dr. Neeraj Yadav (Dy. Superintendent) and other authorities lauded CHF's continuous contributions to maternal and child health.

Through these diverse celebrations, CHF's Breastfeeding Week 2025 initiative underscored the vital role of awareness, community engagement, and compassionate support in nurturing the earliest stages of life.



Child Help Foundation Celebrates World Breastfeeding Week 2025 Across India



School Health Programme

Vikramgad Block, Palghar District, Maharashtra

By the end of August 2025, Child Help Foundation's (CHF) School Health Programme team had conducted field visits across multiple schools, screening the students and issuing them health cards. Doctors treated the cases of illness, with fever, cough, cold, diarrhoea, abdominal pain, and vomiting being the most common ailments.

Students with more serious conditions were not left behind—five were referred to higher health institutions, including Rural Hospitals, PHCs, and charitable hospitals, for further treatment and follow-up care. Alongside medical interventions, the team placed strong emphasis on mental health, conducting 46 awareness sessions that sensitised the students on adolescent well-being, including managing thoughts, behaviour, reading difficulties, and anger.

Through capacity-building sessions, the students were also educated on vital topics such as POSH-POCSO, anaemia, nutrition, HIV/AIDS, sexual and reproductive health, and their responsibilities within the school environment. To strengthen teacher involvement, two Training of Trainers (ToT) were organised for the teachers at Vikramgad Ashram School and Vikramgad High School, enabling them to better support their students' health and overall development.



Donation of Essential Supplies

Fort Kochi, Kerala

On 23rd August 2025, Child Help Foundation (CHF) donated essential supplies at Ashwasa Bhavan, Fort Kochi, Kerala. The contribution included essential food items, hygiene products, and sanitary supplies such as biscuits, jam, rice, sugar, cooking oil, soap powder, toothpaste, Lizol, and sanitary pads. The Kerala Team personally handed over the items, ensuring the children's daily needs were met with care and dignity.



Medical Equipment Handover

Palghar, Maharashtra

On 12th August 2025, Child Help Foundation (CHF) organised a Handing-Over Ceremony at Palghar Civil Hospital for the medical equipment donated by Saraswat Bank under its CSR initiative. The contribution included 9 Portable X-ray Machines, 9 DR Systems with Laptops, and 9 Healthcare Diagnostic Kits with Mobile Phones. The equipment was formally received by Civil Surgeon Dr. Ramdas Marad and his team of technicians, who also attended demonstrations to ensure proper usage and handling of the machines.



Backpacks and Water Bottle Distribution

Mumbai, Maharashtra

On 23rd August 2025, Child Help Foundation (CHF) visited Zilla Parishad School, Wadawali, to address the students' need for school bags. Following an earlier distribution of raincoats, donors Mr. Kalpesh Shah and Mrs. Shah personally traveled from Andheri to hand out backpacks and water bottles. The children's smiles delighted the donors, and teachers and staff expressed heartfelt appreciation to Child Help Foundation and the donors for their thoughtful support.



Child for Child Campaign

Pune, Maharashtra

An advocacy program on cancer and child welfare was conducted at Pai Public School, Pune, attended by students from classes 5th to 10th. During the session, awareness was raised on the issues, and appeal forms were distributed to engage students in the campaign.



Donation of Essential Supplies

Bhubaneswar, Odisha

On 22nd August 2025, Child Help Foundation (CHF) donated essential supplies at Ashraya Orphanage, Dumduma, Bhubaneswar, Odisha, by contributing essential food supplies. The donation included 6 quintals of rice, 50 kg of moong dal, 50 kg of toor dal, 15 litres of refined oil, 30 kg of soybean, and 30 kg of dry peas. The children at the orphanage were delighted and deeply grateful to receive these provisions, which will go a long way in supporting their daily needs.



Bicycle Distribution

New Delhi

Child Help Foundation (CHF), in collaboration with The Thought Bulb and Bain distributed cycles and snacks to underprivileged children. The initiative aimed to ease their commute to school, encourage regular attendance, and promote consistent education. Beyond improving accessibility, the program fostered joy, independence, and confidence among the children, creating a lasting positive impact on their academic journey.



Quality Education (SDG-4)

Centre Of Excellence Project

Mumbai Suburban, Maharashtra

The Centre of Excellence Project by Child Help Foundation (CHF) is an educational initiative aimed at improving the quality of learning in municipal schools through supportive education, digital literacy, inclusivity, and life skills. The programme currently benefits students from Standards 1st to 7th across three Mira Bhaindar Municipal Corporation (MBMC) schools, Municipal School No. 36 Bandarwadi (Bhayandar East), Municipal School No. 20 Miragaon (Mira Road East), and Municipal School No. 24 Morva (Bhayandar West).

Teachers have been deployed to conduct supportive education classes and implement a structured computer training curriculum covering both theory and practical skills such as the history of computers, hardware and software basics, MS Paint, MS Word, and typing. Alongside classroom learning, the initiative involves home visits to engage parents, awareness programmes on the POCSO Act, and special batches for 10th Standard students at MBMC School No. 4.

To track progress, pre, midline, and post-surveys were conducted with the students from Grades 1st to 8th across the three schools, results showed significant improvement. While the project has achieved measurable impact, it continues to face several challenges that limit its full potential. Many partner schools either lack computer equipment altogether or have non-functional systems, making it difficult to deliver consistent digital learning. Frequent internet disruptions further disrupt lessons, while the absence of dedicated computer labs and proper seating arrangements restricts the quality of classroom experiences. In addition, systems require

frequent repair and troubleshooting, and wide learning gaps between students' age and grade levels make it harder to ensure uniform academic progress.

Looking ahead, the plan focuses on strengthening learning outcomes through regular academic assessments, continuous feedback collection from students, parents, and teachers, and targeted interventions to improve performance. The programme also envisions gender equality training across all the MBMC schools, alongside POCSO and POSH sessions for staff and faculty to create a safe, inclusive environment. To make this vision sustainable, support from MBMC will be crucial in providing essential educational equipment, ensuring regular maintenance and connectivity, developing proper infrastructure such as computer labs and seating, and fostering stronger collaboration from principals, teachers, and administrators.



Mini Science Centre

Palghar, Maharashtra

Child Help Foundation's (CHF) Mini Science Centre (MSC) project, supported by the Samata Equal Footing Foundation, is being implemented in 10 Ashram Schools across Palghar District, Maharashtra. Three teacher-cum-coordinators have been appointed to conduct interactive science sessions using MSC lab models during regular school visits.

In August, session schedules were impacted by heavy rainfall, school holidays, festivals including Rakshabandhan, Janmashtami, Ganesh festival, Independence Day, and examination days. Consequently, the coordinators were able to conduct sessions on 12 days during the month.



Mini Science Centre

Bihar

Child Help Foundation's (CHF) Mini Science Centre (MSC) project, supported by National Fertilizers Limited, is being implemented at M S Maur and M S Koyaribigha Schools in Barbigaha, Bihar. CHF teachers continued conducting regular science and math classes in the MSC labs.

In August, the schools remained closed for five festivals, but students eagerly look forward to visiting the Mini Science Lab and actively enjoy the interactive sessions conducted there.



Computer Labs Bihar

Child Help Foundation's (CHF) Computer Lab project, supported by National Fertilizers Limited, is implemented at Tailik School Utkramit Uchch Vidhyalay, Lodhipur, and Madhya Vidhyalay Samas, Barbiga block, Sheikhpura, Bihar. Each lab is equipped with 21 computers, well-furnished, and maintained, with three teachers appointed per lab to conduct sessions.

This month, the schools were closed for the festivals, limiting the number of classes conducted. Despite this, students actively participated in the sessions, enjoyed the learning experience, and gained valuable computer skills.



Mahindra University Internship Session

Hyderabad, Telangana

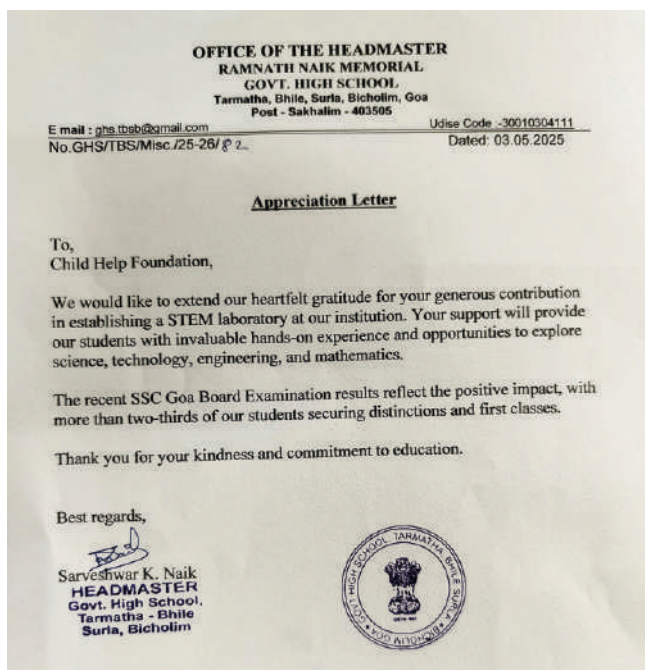
On 13th August 2025, Child Help Foundation (CHF) visited Mahindra University to attend students' internship presentations. Over 50 students participated, with 14 presenting their projects, including Child Help Foundation interns Ms. Saanvi and Mr. Bhavvik, who showcased the foundation's initiatives and impressed the faculty. The team also presented an overview of Child Help Foundation, engaged in in-depth discussions with faculty, and distributed brochures to raise awareness. The college expressed appreciation and interest, promising an additional session with prospective interns in the near future.



STEM Lab Goa

In January 2025, Child Help Foundation (CHF) installed a STEM Lab at Ramnath Naik Memorial High School, Goa, in collaboration with the Government of Goa and the CSR Authority of Goa. The lab is equipped with 80 science and math models, and students use it regularly for hands-on learning.

The Goa Board Examination 2025 reflected the lab's impact, with more than two-thirds of students securing distinction and first-class marks. The principal, Mr. Naik, expressed heartfelt gratitude to CHF, noting a significant increase in students' interest, engagement, and confidence in Science and Mathematics.



Digital Skills Program

Computer Training Centre

Amboli, Dadra & Nagar Haveli

In August, Child Help Foundation (CHF) conducted a total of 65 engaging digital skills sessions, which included a mix of interactive lessons, practical demonstrations, and participatory activities.



Computer Training Centre

Silvassa

In August, Child Help Foundation (CHF) conducted a total of 109 lectures. In addition to regular sessions, the trainer actively participated in school events, including Dadra Nagar Haveli Liberation Day on 2nd August, Independence Day, and various Eco-Club activities, engaging students through interactive and educational experiences.



Digital Skills Program

Vikramgad, Maharashtra

In August, Child Help Foundation (CHF) conducted 552 sessions across 15 schools, combining practical demonstrations, classroom lessons, and extracurricular activities such as games, skits, and rhymes. Training of Trainers (ToT) sessions were held in ten schools, with the teachers participating in modules covering syllabus overview, training methods, yearly activity planning, student progress tracking, and implementation mechanisms. Trainers also facilitated assessment surveys conducted by the Sys Foundation, covering 13 schools by the end of the month.

On 7th August, a coordination meeting was held at Vikramgad with Child Help Foundation trainers, the Program Manager, LTPCT representative Mr Akshay Katad, and Sys Foundation members to discuss syllabus implementation challenges and record-keeping. A follow-up Sys Foundation training session on HTML and syllabus revision was attended by all 15 trainers.

On 8th August, a ToT session led by a School Health Program counsellor oriented trainers on essential life skills for students, including communication, teamwork, critical thinking, and goal setting through interactive activities.

On 21st August, the project was presented at a meeting organized by ITDP Jawhar, attended by the Project Officer, Assistant Project Officer, and representatives from organizations working in Vikramgad and Jawhar.



Child Care Institutions (CCI)

Child Help Foundation (CHF) extends monthly support to seven Child Care Institutions (CCIs), ensuring that children have access to essential educational resources.

This support covers school fees, stationery, and other academic needs, enabling underprivileged children to continue their education with dignity and hope. By investing in their learning, CHF is helping build a foundation for brighter, more empowered futures.

Needs Charitable Trust

Horamavu, Bengaluru, Karnataka

Activities: Birthday celebration and counselling program

Ashraya (Handicapped Welfare Organisation)

Bhubaneswar, Odisha

Activities: Celebrated World Environment Day, Raja Festival and participated Yoga diwas

Khirod Basini Kanya Ashram

Angul, Odisha

Activities: Independence Day celebration, Counselling and Health Camp

Koel Saraswati

Rourkela, Odisha

Activities: Janmashtami celebration, Debate and Drawing competition

Charis Foundation

Thirumullaivoyal, Chennai, Tamil Nadu

Activities: Pledge against Drug abuse, Independence Day celebration, Birthday celebration

The Special School of Joy

Kadma, Jharkhand

Activities: Independence Day celebration and regular activities

Saraswati Anath Shikshan Ashram

Pune, Maharashtra



Educational Support for Students

Mumbai Suburban, Maharashtra

On 22nd August 2025, Child Help Foundation (CHF) visited the U.S. Ostwal School, Nallasopara East, to hand over an educational cheque supporting 15 students from underprivileged backgrounds. This initiative aims to ease their educational journey and ensure equal learning opportunities.



National Space Day Celebrations

Palghar, Maharashtra

On 23rd August 2025, India proudly celebrated its second National Space Day, commemorating the historic success of Chandrayaan-3's Vikram Lander, which achieved a safe and soft lunar landing on the same day in 2023. To mark this milestone, Child Help Foundation (CHF), in collaboration with the students of Government Ashram School, Kurnze, organized a special celebration under the Mini Science Centre (MSC) project, aimed at sparking curiosity and interest in science and space exploration.

Students showcased their creativity and scientific understanding by preparing and presenting a range of space-themed science projects, guided by the dedicated

MSC teaching team. Despite ongoing examinations, the school extended full support, recognizing the initiative's educational significance. The event concluded with the distribution of participation certificates, celebrating the students' efforts and motivating them to continue their journey of scientific learning.



Gender Equality (SDG-5)

Prerna Manch - Empowering Adolescents through ARSH and Life Skills (Year 3 Initiatives- Palghar District)-METROPOLIS

Maharashtra

On 21st August 2025, ITDP Jawhar organized an NGO meeting where Ms. Shilpa Lokhande, Project Team Member, presented the work of Child Help Foundation (CHF) and the ARSH-3 (Metropolis) project. The meeting was successful, and Child Help Foundation received approval to continue the implementation of the project.

Here are the targets and outputs:

1. No of adolescents reached through Arsh based life skills- Target 19000-4521 (Target Reached)
2. No of Kishori Manch formed-Target 475-226 (Target Reached)
3. No of Key influencers oriented on project-Target 150- 160 (Target Reached)
4. No of Life Skill Touched-Target 5-3 (Target Reached) (Empathy, creative thinking and critical thinking)
5. No of actions plans made by Kishori Manch-Target 140
6. No of action plan implemented by Kishori Manch- Target 140
7. No of referrals done in project- Target 100
8. No of beneficiaries linked with Govt schemes-Target 150 - 70 (Target Reached)

9. Number of Model Village- Target 6

10. Kitchen Garden- Target 6

11. Inclusion of Person with Disability- Target 10



Invisible Girl Project Maharashtra

In August 2025, the Child Help Foundation (CHF) team conducted awareness sessions on child marriage and female foeticide across schools and colleges in Maharashtra. Students actively participated by sharing their views and emphasizing the importance of education, employment, and self-confidence in ending child marriage. Girls, in particular, expressed determination to continue higher studies and make independent decisions about their lives. The sessions helped students think critically, motivated them to bring change, and provided opportunities for CHF to connect with new institutions. Principals and teachers appreciated the "Save Our Daughter" initiative, which made the outreach even more meaningful.

The Maharashtra team completed 25 sessions, across Palghar, Mira Bhayandar/Thane, and Raigad. Trainers Akesh Minde (Beed/Raigad), Annarao Waghmare (Palghar), and Krutika Koli (Mira/Bhayandar) successfully conducted 9, 10, and 6 sessions respectively. Supportive teachers and principals enhanced engagement, while the students were encouraged to think responsibly and share their opinions. Challenges included limited resources such as halls, electricity, and digital tools, as well as social resistance due

to traditional beliefs. Outreach was also delayed during Ganesh Chaturthi due to school closures and festive activities.

Key learnings from August highlighted the need for regular sessions, use of local languages like Marathi, and targeting larger schools to reach more students efficiently. Moving forward, CHF plans to continue awareness sessions in schools, colleges, and communities, aiming to reach around more students and community members in the coming months. In September, sessions will focus primarily on schools and colleges to maximize outreach, spread awareness among both men and women, and empower young people to create a lasting societal impact.



Invisible Girl Project Haryana

In August 2025, Child Help Foundation (CHF) team conducted 39 awareness and sensitization sessions across educational institutions in Rewari and Mahendergarh. The sessions engaged students and teachers in meaningful discussions about social issues, their rights, and ways to challenge harmful social customs. Participants shared the challenges they observe in their communities and were encouraged to take proactive steps towards creating positive change. The initiative aimed to empower youth, students, and teachers while fostering awareness of social wellbeing and individual rights.

The trainers included Ms. Nitanshi Yadav (16 sessions in Rewari, 7 in Mahendergarh), Mr. Ajit (6 sessions in Rewari, 8 in Mahendergarh), and Ms. Anu Bharti (2 sessions in Mahendergarh). Participants highly appreciated the initiative, noting its positive impact on their communities and expressing confidence in the long-term benefits of such interventions. The Haryana team demonstrated strong initiative through strategic planning, effective coordination for permissions, adaptive outreach strategies, and efficient execution of sessions.

Challenges during the month included school holidays and excessive rainfall, which

led to postponements in some institutions. Despite these setbacks, the team successfully conducted the majority of planned sessions, and approvals have already been secured for rescheduled outreach in September. The August efforts highlighted the team's strong performance, strategic planning, and ability to adapt, while continuing to make meaningful connections with students and teachers across the state.



Invisible Girl Project Haryana



Good Touch, Bad Touch Session

Pune, Maharashtra

On 2nd August 2025, Child Help Foundation (CHF) conducted a "Good Touch, Bad Touch" session along with an SFR gifts distribution program at Ravindranath Tagore English Medium School, Pune. The program was attended by many young students, who actively participated, making it a successful and impactful initiative.



POSH Awareness Sessions

POSH Awareness Sessions

- Panchayat Samiti, Mumbai Suburban, Maharashtra** - On 11th August 2025, an Internal Complaints Committee (ICC) meeting was held at Panchayat Samiti, Mumbai Suburban, Maharashtra. The meeting introduced new members, Ms. Survese (CDPO) and Mr. Chhattar Singh Bhikubhai Rajput (BDO), reaffirmed Child Help Foundation's role as the external ICC member, finalized the committee's composition, and reviewed procedures for handling sexual harassment cases in line with the POSH Act to ensure workplace safety.
- EVM Honda, Ernakulam, Kerala** - On 5th August 2025, Child Help Foundation (CHF) conducted a POSH training session for the staff of EVM Honda, Vyttila, Ernakulam. The interactive session, led by Mr. Rino John and was successfully organized by Ms. Agnus and Ms. Swathi, CSR and Project Executives from CHF.
- Vasai Police Station, Mumbai Suburban, Maharashtra** - Child Help Foundation (CHF) recently conducted a comprehensive training session on the POCSO and POSH Acts for the police team at Vasai Police Station, Maharashtra. The program aimed to build a child-friendly police force in line with the POCSO Act and promote gender equality and workplace safety for women police officers under the POSH Act. Special thanks to ACP Shri. Navnath Ghogre and Senior Police Inspector Shri. Balkrushna Ghadigaonkar for their support and successful coordination of the training.
- Agape Charitable Foundation, Mumbai Suburban, Maharashtra** - Child Help Foundation (CHF) conducted a training session on the Protection of Children from Sexual Offences (POCSO) Act for the teachers and volunteers of Agape Charitable Foundation. The session focused on educating caregivers about child-friendly behavior, encouraging responsible practices in handling children, and promoting awareness and accountability to create a safer environment for children in society.
- St. George High School, Ernakulam, Kerala** - Child Help Foundation (CHF) conducted a POSH (Prevention of Sexual Harassment) training session for the staff of St. George High School, facilitated by Ms. Anu K. P. The interactive session created awareness about the POSH Act and its legal framework, highlighted employee rights and responsibilities, and clarified the role of Internal Committees in addressing workplace sexual harassment. It proved informative and empowering, equipping participants to foster a safe, respectful, and inclusive work environment. Special appreciation goes to Ms. Agnes and Ms. Swathi, CSR and Project Executives, for successfully organizing the program.
- Taj, Alibaug** - On 18th August 2025, Child Help Foundation (CHF) conducted POSH (Prevention of Sexual Harassment) awareness session was held at Taj Alibaug. The interactive session emphasized the importance of fostering a gender-inclusive workplace, encouraging open discussions and active engagement from attendees.
- Haindavi Degree & PG College, Hyderabad, Telangana** - On 20th August 2025, Child Help Foundation (CHF) conducted two internship orientation sessions for second-year and final-year students, along with a POSH (Prevention of Sexual Harassment) awareness session at Haindavi Degree & PG College,

POSH & POCSO Sessions – Pan India

Hyderabad. The students showed strong interest in joining as interns, while the college though currently without an Internal Complaints Committee (ICC) expressed intent to establish one, reflecting a proactive approach to PoSH compliance. The team also explained the PoSH commercial in detail, and the Principal requested it be shared with her for presentation to the management.

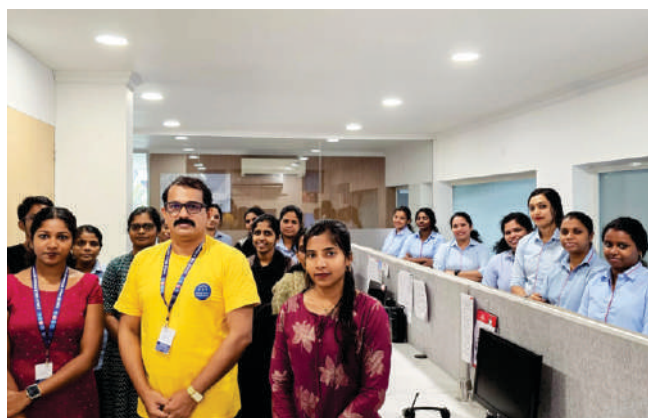
- **Deshbandhu College, Delhi** - On 20th August 2025, Child Help Foundation (CHF) team met with the NSS Head at Deshbandhu College, University of Delhi (Kalkaji, South Delhi). A formal MoU is expected to be signed soon, establishing a one-year collaboration between CHF and the college's NSS unit. Through this partnership, the team will drive social impact initiatives, provide internship opportunities, and conduct focused sessions on POSH (Prevention of Sexual Harassment) and POCSO (Protection of Children from Sexual Offences), among other programs.
- **Taj Lands End, Bandra, Mumbai, Maharashtra** - On 21st August 2025, a quarterly Internal Committee (IC) meeting was held at Taj Lands End, Bandra, focusing on building a gender-inclusive workplace. The session introduced and briefed participants on equality, respect, and inclusivity, helping them understand the importance of gender sensitivity, adopt respectful practices, and contribute to fostering a safe, fair, and positive organizational culture.
- **Ketto Online Ventures** - On 22nd August 2025, an online POSH (Prevention of Sexual Harassment) training session was conducted for the employees of Ketto Online Ventures, focusing on workplace rights and responsibilities while

promoting a safe, respectful, and inclusive environment.

- **Avener Capitals and Greens, Online** - An online POSH (Prevention of Sexual Harassment) training session was conducted for employees of Avener Capitals and Greens, facilitated by Mr. Chris Shenoy. The session focused on creating safer workplaces for women and fostering an inclusive organizational environment.
- **Ammavode School, Hyderabad, Telangana** - On 26th August 2025, Child Help Foundation (CHF) conducted three POCSO sessions and one POSH session at Ammavadi School, LB Nagar. The school director and principal appreciated the initiative and shared details about an upcoming International Abacus Competition in October, assuring that CHF would be invited, offering further opportunities for outreach and references. Following this, on 28th August 2025, a POSH session was held at Ammavode School with 15 teachers. The interactive session encouraged active participation, with teachers raising thoughtful questions that led to meaningful discussions and a deeper understanding of the subject.
- **Taj Vivanta, Mumbai, Maharashtra** - An Internal Committee (IC) Workshop was conducted at Taj Vivanta with IC members, providing detailed insights on creating a safe and inclusive workplace for women and an in-depth understanding of the POSH Act. Key topics included intervention timelines for handling cases within the organization. The highly interactive session encouraged brainstorming and thoughtful questions, making it an engaging and insightful learning experience.

POSH & POCSO Sessions – Pan India

- JD Institute of Fashion Technology, Ernakulam, Kerala** – On 29th August 2025, Child Help Foundation (CHF), conducted a POSH training session for 15 faculty members of JD Institute of Fashion Technology, Valanjambalam, Ernakulam. Led by Mr. Sachin Nair, the interactive session was well-received, providing participants with practical insights on workplace safety and gender inclusivity. Special appreciation to Ms. Jovitta and Ms. Rosemary, CSR and Project Executives, for successfully organizing the program.
- Consilium Safety India Pvt. Ltd., Kochi, Kerala** – On 30th August 2025, Child Help Foundation (CHF) conducted a POSH training session for 50 staff members of Consilium Safety India Pvt. Ltd., Ravipuram, Kochi. The interactive session was led by Rino John and successfully organized by Ms. Jovitta and Ms. Rosemary, CSR and Project Executives.



POSH & POCSO Sessions – Pan India



Clean Water and Sanitation (SDG-6)

Water Filter and Cooler Installation

Mumbai, Maharashtra

On 14th August 2025, Child Help Foundation (CHF) inaugurated a water filter and cooler installed at Mira Bhaindar Municipal Corporation (MBMC) school. This local initiative will benefit 2,000 children. The inauguration was attended by the Additional Commissioner of the Municipal Corporation and other officials, alongside Ms. Manisha Sonawane, marking a successful community-driven effort in Maharashtra.



Menstrual Health Awareness Session

Delhi

On 23rd September 2025, Navya Pandey, a Class 12 student from Dubai School and intern with Child Help Foundation (CHF), visited slum school to conduct an awareness session on menstruation and health. In this interactive session, she guided the children on self-care during menstruation, distributed organic, biodegradable sanitary pouches to the girls, and provided eco-friendly notebooks to all students.

The session was received with enthusiasm, as the girls engaged openly and taboos around menstruation were addressed with sensitivity. In addition, as part of her internship project, Navya successfully raised Rs. 25,000 in support of our organization, making her contribution both impactful and inspiring.



Water Cooler and Filter Installation

Mumbai, Maharashtra

On 1st September 2025, a Water Cooler and Filter were installed at Mira Bhaindar Municipal Corporation (MBMC), Ghodbunder School No. 9, benefiting around 350 students. The project, donated by Bank of Baroda and implemented by Child Help Foundation (CHF), aims to provide safe drinking water free from bacteria, chemicals, and contaminants, reducing waterborne diseases like diarrhea, typhoid, and dysentery.

Access to clean water helps lower illness-related absenteeism, supporting consistent learning, better academic performance, and improved focus and energy among students.

The program was attended by Mr. Rahul Yadav, Mr. Anil Kumar Singh, and Ms. Kirti Kumari from Bank of Baroda, along with Mr. Jiji John, Ms. Shilpa Lokhande, and Mr. Chris Shenoy from CHF.



Menstrual Hygiene Awareness Programme

Mumbai, Maharashtra

On 6th August 2025, Child Help Foundation (CHF) conducted a menstrual hygiene awareness program at Thane Mahanagar Palika School. Sanitary pads were distributed to underprivileged girls from classes 5th to 8th (morning and afternoon batches) to support better hygiene and health practices.



MoU Signed With HYNGO to Strengthen Water & Sanitation

Maharashtra

On 8th August 2025, Child Help Foundation (CHF) signed a formal Memorandum of Understanding (MoU) with HYNGO to support the Water and Sanitation Project in Maharashtra. The collaboration focuses on refurbishing community toilets for safe sanitation, installing water filters to provide clean drinking water, and promoting menstrual hygiene management among students in municipal schools, marking an important step toward improving health, hygiene, and dignity in underserved communities.



Other Activities

Child Help Foundation Joins 300 NGOs at Tata Mumbai Marathon 2025

Mumbai, Maharashtra

On 25th August 2025, the Tata Mumbai Marathon 2025, organized by Procam International and United Way Mumbai, brought together around 300 NGO partners. During the event at the Hall of Harmony, Nehru Planetarium, Worli, organizers shared the funding strategy for each run category and explained the registration process. Child Help Foundation (CHF) was an active participant in the campaign.



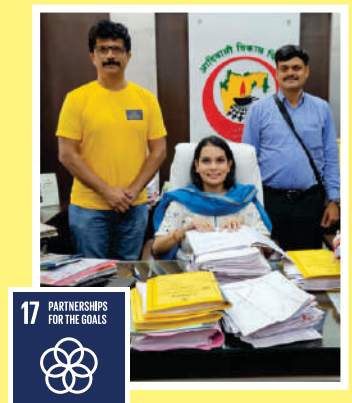
Strategic Discussion With Tamil Nadu Minister on Tribal Welfare Initiatives

Chennai, Tamil Nadu

Child Help Foundation (CHF) members met with Honorable Minister M. Mathiventhan, Minister for Tribal Welfare, Tamil Nadu, to present the foundation's achievements and explore potential collaboration with the government. The minister assured his support, marking a significant milestone. The discussion identified areas of alignment, including disability education, cultural heritage initiatives, livelihood support, and documentation of tribal traditions, paving the way for a joint action plan with defined goals, timelines, and expected outcomes such as training camps, scholarship programs, and research grants. Follow-up updates, proposals, and reports will help maintain momentum and demonstrate impact, positioning CHF to build a productive and lasting partnership within the state's welfare framework.



Our Programs



Contact Us :

Head Office: 403/404, Sai Arpan Bldg., Mira Road (E),
Mumbai - 401107, Maharashtra
Tel No: +91-22-28118588, +(91) 9029010081/82/83/84
contact@childhelpfoundationindia.org



www.childhelpfoundation.in