

CHILD HELP FOUNDATION

NEWSLETTER

August'24 Journal



**Child Help Foundation Receives
Prestigious Award of
Appreciation
at CSR Conclave**

Page No. 37



**Curbing Sexual Harassment Cases
Including Rape At Workplaces**

Page No. 11



**Child Help Foundation
Bags
Award of Appreciation!!**

About Us *Newsletter*



Child Help Foundation (CHF) is a pan-India non-profit organization, registered under the Bombay Public Trust Act 1950, which started in the year 2010. We aim to accomplish the objectives set by the United Nations Sustainable Development Goals (UN SDGs) for global development. Child Help Foundation's principal purpose is to empower the disadvantaged holistically with some of our initiatives like Emergency Medical Support, Education, Clean Water and Sanitation, Gender Equality, Zero Hunger, Humanitarian Relief, and Village Development.

Child Help Foundation Receives Prestigious Award of Appreciation at CSR Conclave

Newsletter

Child Help Foundation (CHF) was honoured with an Award of Appreciation Certificate at the recent CSR Conclave, recognizing its outstanding contributions to social welfare and development. The award was presented by Mr. Sanjay Katkar, IAS, Commissioner of the Mira Bhayandar Municipal Corporation (MBMC), in acknowledgement of CHF's impactful projects in the MBMC region, which collectively exceeded ₹10,00,000 during the financial year 2023-2024. These initiatives focused on critical areas such as health, education, and community welfare, underscoring CHF's unwavering commitment to societal betterment.

The CSR Conclave took place at the esteemed Bharatratna Lata Mangeskar Natyagruh in Mumbai Suburban, Maharashtra serving as a gathering for key stakeholders, including government officials, non-profit organizations, and corporate leaders dedicated to Corporate Social Responsibility (CSR) initiatives. CHF's contributions were highlighted as exemplary models of how NGOs can effectively collaborate with local authorities and corporations to drive meaningful social change.

The CHF team, led by Mr. Rajendra Pathak, Founder and Managing Trustee, and Mr. Jiji John, Executive Director, actively participated in the event. Both were invited to be panelists in discussions on CSR strategies within the health and education sectors, reflecting CHF's prominent role in these areas.

During the panel discussions, Mr. Pathak and Mr. John shared valuable insights into CHF's various projects aimed at improving access to healthcare and education for underprivileged communities. They

emphasized the importance of partnerships among NGOs, corporations, and government entities to maximize the impact of CSR initiatives, while also addressing the challenges of implementing large-scale projects in semi-urban and rural areas.

In a statement, Shaji Varghese, CEO of Child Help Foundation, expressed his gratitude, saying, "We are deeply honored to receive this recognition, which is a testament to the dedication of our team and the support of our partners. Our mission is to create sustainable, long-term solutions for marginalized communities. This award motivates us to continue our efforts in empowering women, enhancing child health, and improving quality education in the Mira Bhayandar area."

The event not only marked a moment of recognition for CHF's hard work but also served as a platform for fostering new partnerships and collaborations with other organizations and government departments. The accolade reinforces CHF's ongoing commitment to implementing sustainable solutions that address the needs of marginalized communities.

Emergency Medical Support *Newsletter*



Nuha
12 Years
Fanconi Anemia

Aspiring Doctor Needs Your Help, Don't Let This Bright Mind Perish

"My daughter's intelligence astonishes me. Even at the mere age of twelve, she knows so much that I have no words to express it. I don't wish to let her talents go to waste. She has a bright future if only I could do something about her current situation."

Ejajkhan; (Father)

At a humble abode in Ahmednagar, Maharashtra, stays a family of five, a couple and three children, who all are brilliant in their own right. Two aspiring engineers and one who dreams of becoming a doctor. The father, Ejajkhan, does all he can to ensure that the dreams of his children stay alive. Unfortunately, he now has to not only keep the dreams of his children alive but also one of them.

Nuha, his youngest daughter, has been diagnosed with Fanconi Anemia. It all started with occurrences of fever. Soon, she started getting sick frequently and the time period between the sickness grew shorter and shorter. Later, the truth was found out.

Today, Nuha has to take a platelet transfusion every three days and a blood transfusion every eight days. Her ambition and studies have been forced to take a rest as she now has to battle for her life, but she is determined to stop it.

The doctors at Maharashtra's Jupiter Hospital (13.2 km from Pune Junction Railway Station) have said that Nuha needs to undergo a bone marrow transplant which would cost Rs.25,00,000/- (Rupees Twenty-Five Lakh Only).

Ejajkhan runs a stationery shop. He is the sole breadwinner in his family of five and lives in a rented house. He has sold his land and taken loans from his friends to fund the treatment.

There are many more children who need urgent treatments, and your small contributions can make a huge difference.

Please Donate!



Aditya Mohite
1 Year
Heart Disease



Roshan Kalapad
3 Years 4 Months
Heart Disease



Kartik
10 Months
Spine Bifida with
Myelomeningocele



Alina Shaikh
2 Years
Aspiration Pneumonia

Emergency Medical Support *Newsletter*



Arpan Raj
9 Months
Hepatoblastoma



Baby of Pooja
78 Days
Premature Birth Complications



Deekshit Sai
9 Years
Acute Lymphoblastic
Leukemia



Om Lad
15 Years
Thalassemia Major



Shabudheensha
10 Years
Complex Heart Disease



Amerah Denson
3 Years
Neurogenic Bladder



Kaveri SS
1.5 Years
Blastic Plasmacytoid Dendritic
Cell Neoplasm



Muhammed Zayan
9 Years
Necrotising
Pneumonia



Ayansh Prajapati
1.5 Years
PUJ Obstruction

Emergency Medical Support *Newsletter*



Rithwik
11 Months
Complex Heart Disease



Aradhya
3 Years
Severe burns

Success Stories Newsletter



Before After

Bhakti

Working as a driver, Baliram was finding it difficult to raise funds for the treatment of his own daughter. His savings were exhausted and he had no option but to seek help. Luckily, the donors of Child Help Foundation helped him raise the money and saved his daughter from misfortune.



Before After

Mani Shiva

Mani Shiva's life became a series of complications and miseries due to his heart condition. His father had no support and was finding it hard to save his son. With a faint glimmer of hope, he approached Child Help Foundation for help. His hope was rewarded by our donors who saved his son with donations and shares.



Before After

Selvi Ranjana

17 years of age and yet needing support for daily tasks, Selvi Ranjana longed for a normal life. She needed surgery which was expensive for her parents. Thankfully, the donors of Child Help Foundation granted her wish and helped her get the treatment she needed.



Before After

Baby of Melba Priya

Melba Priya's child started suffering from the womb itself as the foetus was detected with anaemia. Adding to the child's miseries, the child was born prematurely. He needed blood transfusions and an ICU stay. All of this was provided by donors, who ensured that the baby wasn't lacking and returned him to his parents safe and secured.

Success Stories Newsletter



Alladi Anvith

For more than a year, rest and comfort became a distant dream for Alladi Anvith, who was diagnosed with blood cancer. He could only be saved by an expensive treatment, which his parents couldn't afford. However, the donors did everything in their power to save the boy and now he is cancer-free.



Dhanshri

Dhanshri was an ambitious young teenager who suddenly met a roadblock on her path to success. Hit with a liver disease, she needed a liver transplant which was difficult for her father, who worked as a farmer. He approached Child Help Foundation, who after the verification uploaded the case and the rest was taken care of by the donors.



Pawani Jain

It was a moment of celebration when Pawani was born. However, happiness didn't last long as the baby was diagnosed with a dangerous liver condition and needed a transplant as soon as possible. The donors of Child Help Foundation came to the rescue and saved the young girl with donations and shares that built a bridge that helped her reach the much-needed liver transplant.



Vaishali

Vaishali, a 15-year-old girl, was diagnosed with a heart disease during a school health camp. With the help of Child Help Foundation's generous donors, she received the critical treatment she needed. Vaishali is now on the path to recovery, bringing renewed hope and joy to her family. Your support has truly made a life-saving difference for her.

Success Stories Newsletter



Roshan Kalapad

Baby Roshan was diagnosed with a heart condition at just three months old. Thanks to the kindness of Child Help Foundation's donors, he underwent the necessary VSD surgical closure. Roshan is now on his way to recovery, bringing relief and happiness to his family. Your support has been a beacon of hope for little Roshan's future.



Twins of Veena

Surath and Veena's newborn twins were born with neonatal issues, requiring immediate NICU care. Thanks to the generosity of Child Help Foundation's donors, the twins received the essential treatment. Their lives have been saved, and the family is deeply grateful for the support that made this possible. Your kindness has given these little ones a chance at a healthy future.



Sara Sultana

Sara was diagnosed with a Proximal Humerus Bone Mass, a condition that threatened her hand's future. After seeking treatment, hope was finally found at Kamineni Hospital. Thanks to the generosity of Child Help Foundation's donors, Sara received the necessary surgery and chemotherapy. Her hand has been saved, and her family is profoundly grateful for the support that made this possible. Your kindness has truly made a difference.



Baby of Revathi

Born prematurely, Rangasamy and Revathi's surviving twin battled breathing issues and a critical condition. With the unwavering support of donors of Child Help Foundation, the baby received life-saving treatment in the NICU. Today, the little one is gaining strength and overcoming the odds. Rangasamy and his family are deeply thankful for the kindness, and generosity of donors in saving their baby's life.

Success Stories Newsletter



Baby of Ansiya

Ansiya's baby girl, born prematurely faced severe health challenges, including a low pulse rate and the need for oxygen support. Thanks to the generosity of donors of Child Help Foundation. Her treatment in the NICU was successful. The little warrior is now on the road to recovery, bringing immense relief and joy to her family. We extend heartfelt gratitude to all the donors for making this possible.



Alina Shaikh

Three-year-old Alina Shaikh from Maharashtra had been suffering from recurrent urinary tract infections, causing her and her family immense distress. With the compassionate support of kind-hearted donors of Child Help Foundation, Alina received the necessary medical treatment. Today, she is on the path to recovery, bringing hope and relief to her family. Alina's parents are profoundly grateful to everyone who contributed to her healing journey.



Yashraj Sonavane

Eleven-year-old Yashraj was diagnosed with Acute Lymphoblastic Leukemia, a condition that required immediate chemotherapy to give him a fighting chance. Thanks to the unwavering support of Child Help Foundation donors, Yashraj received the essential treatment he needed. With the love and support from his community, Yashraj is now bravely battling his illness.

Curbing Sexual Harassment Cases Including Rape At Workplaces

Newsletter

The Nation has been shook by the recent rape tragedy that happened with a resident doctor at R G Kar Medical College and Hospital in Kolkata, West Bengal. A doctor after working her shift was raped and murdered.

On the eve of Independence Day, tricolour flags were replaced by placards demanding justice; parades proudly showcasing the glory of our nation were replaced with protests of people who were ashamed at the fact that even after 78 years of our independence, women are still not allowed to live freely. It seems that the country does not care about the independence of women and is content with the independence of men.

If women are not even safe while working, where are they safe? At times like this, Child Help Foundation strongly feels that we need to make workplaces safer for women.

One such provision in our country is the POSH (Prevention of Sexual Harassment) Act, 2013. The act provides legal protection to female workers in our country.

The PoSH Act, 2013:

Creates a formal complaint mechanism

Defines roles and responsibilities

Ensures prompt inquiry and action

Provides safeguards against victimization

This combined with rampant educational campaigns detailing the legal provision has the provision to greatly reduce the number of sexual harassment complaints.

Child Help Foundation strongly encourages every company to have an Internal Complaint Committee (ICC). ICC is a committee with a minimum of four members, with half of the members being women. This committee takes action against every sexual harassment complaint recorded.

However, the inclusion of the ICC is not enough as Child Help Foundation believes that students should be educated about women's safety right from childhood. Child Help Foundation holds sessions educating children about 'good-touch-bad-touch', these sessions not only make children aware of sexual harassment but also teach boys to not engage in inappropriate behaviour with women.

While protesting has a huge impact on the collective consciousness of the nation, the fight for a better world for women does not stop there. We need to make a change in our daily lives. Stop your friends from making inappropriate jokes about women, and start treating women as human beings rather than objects of lust or possession. When you start thinking of them as flesh-and-blood human beings with their own needs, wants and desires, you automatically change your perception.

When someone robs men of accountability and suggests that women themselves are responsible for such heinous crimes, remind them these are not new cases but have been happening for decades and engage them with rhetoric that

Person 1: "This is a direct consequence of Western feminism which has poisoned our society. If women don't stay out at night, these things won't happen."

Person 2: "If men are so subservient to their desires and are a threat to women. Shouldn't they be the ones forced to stay at home?"

While engaging in such a dialogue you are not advocating for reduced rights for men but exposing their flawed logic and rationale. You can also remind them that women are not safe even in their own homes and are unsafe from their own relatives, which could be their husband, uncles or even their fathers.

Child Help Foundation regularly raises awareness of POSH and has helped to form ICC in various organisations. We also regularly hold sessions educating people about gender equality. 86,895 people have been educated about gender equality through our work.

Thank you for taking the time to read this article. Make sure to share it with your friends and family members.

GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*



Update of Baby Feeding Centres

The Baby Feeding Centers (BFC) initiative by Child Help Foundation (CHF) aims to provide safe, hygienic, and accessible spaces for breastfeeding mothers across public places such as hospitals, railway stations, police stations, and temples. These centres ensure that lactating mothers have a dedicated area where they can comfortably breastfeed their infants, promoting child nutrition and supporting maternal health, in line with Sustainable Development Goal 3 (Good Health and Well-Being).

In August 2024, CHF continued to monitor, maintain, and improve Baby Feeding Centers in multiple states across India, reaching a total of 6033 beneficiaries. The BFCs are operational in major public locations across Maharashtra, Bihar, Kerala, West Bengal, Andhra Pradesh, Tamil Nadu, and Karnataka.

Key Observations

Maintenance and Hygiene:

The BFCs at most locations are reported to be well-maintained and regularly cleaned by hospital, railway, or local staff. Proper hygiene is essential to maintain the trust of mothers, and the feedback indicates a high level of cleanliness at centres in Kerala, Maharashtra, and Karnataka.

Katihar Railway Station (Bihar): This BFC requires attention as cleanliness standards were not met during the month. The CHF team has planned further discussions with railway authorities to address these issues.

Pune Railway Station (Maharashtra): The centre lacks proper lighting and ventilation (missing fan and light). The CHF team has scheduled a meeting with the station master to resolve these concerns and improve the facility.

Utilization Rates:

- Centres located in high-traffic public spaces such as railway stations and temples (e.g., Chottanikkara Temple, Vizag Railway Station, and Sir Atal Bihari Vajpayee College) have recorded the highest utilization, reflecting the convenience and accessibility for mothers travelling through these crowded areas.
- The hospital-based BFCs such as those in CAMA Hospital, Lakeshore Hospital, and General Hospital Kerala continue to serve a consistent number of mothers daily. The registers maintained at these hospitals help track the usage and ensure the services provided are aligned with the needs of the visitors.
- BFCs in police stations (such as Kashimira Police Station) provide not only a space for breastfeeding but also a place for women to rest, especially during long waiting times, further enhancing their usefulness.

GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*

Support from Local Staff:

Cooperation from Childline staff, railway personnel, and hospital staff is instrumental in the smooth functioning of these centres. In locations like Kalyan Railway Station, Kurla Railway Station, and Boisar Railway Station, the staff actively guides mothers to the BFCs and ensures the centres are used properly.

Feedback and Challenges:

Positive Feedback: Feedback from the staff and beneficiaries at locations such as Kashimira Police Station and CAMA Hospital has been overwhelmingly positive, with mothers expressing gratitude for having a dedicated space to breastfeed in public areas.

Challenges: The main challenge identified was the lack of proper maintenance in a few locations such as Katihar Railway Station, where cleanliness was an issue. Additionally, in Pune Railway Station, the lack of essential amenities like fans and lights hinders the comfort of the space.

The Baby Feeding Centers have proven to be an essential resource for mothers, especially in busy public spaces, where finding a safe and private area to breastfeed can be challenging. In August 2024, a total of 6033 mothers and infants benefited from these centres, highlighting the growing need and acceptance of these facilities.



GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*

Ration Kit Distribution

Mulund, Maharashtra

On 30th August 2024, as part of the TB Mukta Bharat Abhiyaan, a significant initiative unfolded at the TB Hospital in Mulund, Maharashtra. In a bid to alleviate the burdens faced by TB patients and their families, a nutrition kit distribution program was meticulously organized. With the hospital taking charge of coordinating the event and extending invitations to beneficiaries, a total of 40 patients, spanning both government and private healthcare sectors, were identified as recipients. The Nutrition Kit Distribution initiative under the TB Mukta Bharat Abhiyaan aims to provide essential nutritional support to tuberculosis (TB) patients across India. Proper nutrition plays a crucial role in the recovery process for TB patients, as the disease often weakens the immune system and reduces the body's ability to fight infections. These nutrition kits include high-protein foods, essential vitamins, and minerals to help boost immunity and promote faster recovery. By addressing the nutritional needs of patients, the initiative enhances the effectiveness of TB treatment and helps improve patient outcomes.

As part of the TB Mukta Bharat Abhiyaan, this initiative aligns with the broader goal of eliminating TB by ensuring that patients receive holistic care, which includes medical treatment along with nutritional support. The distribution of nutrition kits is focused on underprivileged communities, where malnutrition is often prevalent, making TB patients more vulnerable to complications. Through partnerships with local healthcare providers and community organizations, this initiative has successfully reached a large number of TB patients, contributing to their overall health and well-being while advancing the mission of a TB-free India.

The total number of beneficiaries reached- 40.



GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*



GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*



Arogya Sadan Mumbai, Maharashtra

Arogya Sadan is a facility dedicated to supporting patients undergoing Bone Marrow Transplant (BMT) and their families by providing accommodation and care during their treatment period. From September 2023 to August 2024, Arogya Sadan has supported a total of 18 beneficiaries, ensuring they receive the necessary support throughout their medical journey. The detailed beneficiary list provided underscores Arogya Sadan's unwavering dedication to providing essential care and support to individuals undergoing treatment, exemplifying their mission to ensure the well-being of each patient under their care.

Here are the details of all the patients from Arogya Sadan:

Master Aarav Kumar - Bone Marrow Transplant Done; Case Successfully Completed

Miss Aradhya Kumari - Bone Marrow Transplant Done; Case Successfully Completed

Master Aman Ahirwar - Bone Marrow Transplant Done; Case Successfully Completed

Master Vikrant Thakur - Bone Marrow Transplant Done; Case Successfully Completed

Master Abhishek Kumar - Bone Marrow Transplant Done; Case Successfully Completed

Miss Swati Hasanda - Bone Marrow Transplant Done; Case Successfully Completed

Master Aiyan Reza - Bone Marrow Transplant Done; Currently in Arogya Sadan AfterCare

Master Ankit Kumar - Bone Marrow Transplant Done; Currently in Arogya Sadan AfterCare

Master Deep Kumar - Bone Marrow Transplant Done; Currently in Arogya Sadan AfterCare

Master Aditya Kumar - Bone Marrow Transplant Done; Currently in Arogya Sadan AfterCare

Master Taabis Rehan - Bone Marrow Transplant Done; Case Successfully Completed

Master Narayan Thakur - Bone Marrow Transplant Failed

Master Aryan Kumar - Transplant Cancelled due to Platelet Increase

Master Amit Kumar - Bone Marrow Transplant Failed; Returned to their Home

Master Akash Kumar - Transplant Cancelled due to Liver Enlargement

Master Harshwardhan - Pre-BMT treatment is in progress

Miss Ujala Kumari - Bone Marrow Transplant Done; Case Successfully Completed

Master Piyush Kumar - Transplant Cancelled

GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*



Palghar NGO Forum Meeting Maharashtra

On August 7, Ms. Mary Vanmali from Child Help Foundation (CHF) actively participated in an input session on de-addiction organized by SUPPORT NGO at their Safale center. The session included discussions on de-addiction strategies, followed by an NGO sharing forum, where plans for further networking and collaboration on this critical issue were outlined. Ms. Vanmali represented CHF, contributing to the ongoing dialogue and efforts to address substance abuse through collective action.



GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*

Digital Laboratory at Hoskote, Bengaluru, Karnataka

In response to the request from the Taluk Government General Hospital in Hoskote, Bengaluru, for upgraded computers and laptops for their Billing and Administration departments, Mr. Jimson Rajan, Regional Manager, reached out to CSR for support. The hospital sought to replace its outdated systems with new ones. As part of this initiative, Anthology International Pvt. Ltd. generously donated five computers and five laptops to fulfill the hospital's needs. This donation was facilitated by Child Help Foundation, ensuring the hospital's operations could continue efficiently with the new equipment.

Donation of Utility Table

CV Raman Hospital, Indiranagar, Karnataka

Child Help Foundation extended its support to CV Raman Hospital in Indiranagar, Karnataka by donating a utility table to enhance the hospital's services. This contribution is aimed at improving the efficiency of hospital operations and providing better care to patients.

GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*



Free Oral Health Screening Camp

St. Xavier's High School, Palaspalli, Bhubaneswar

Child Help Foundation's Odisha team, in collaboration with Hi-Tech Dental College and Hospital, organized a Free Oral Health Screening Camp at St. Xavier's High School, Palaspalli, Bhubaneswar. Students from 4th to 10th grade received free oral check-ups, including minor tooth extractions, teeth scaling, and nominal cavity fillings. A total of 310 students were screened. The students were transported to and from the hospital by bus, accompanied by school staff, ensuring a smooth and effective health service experience.

Free Oral Health Screening Camp

St. Xavier High School, Samantarapur, Odisha

On August 21, 2024, Child Help Foundation, in collaboration with Hi-Tech Dental College and Hospital, Bhubaneswar, conducted a Free Oral Health Screening Camp at St. Xavier High School, Samantarapur. Students from Class I to IV, totaling 200, received free oral check-ups, minor tooth extractions, simple teeth scaling, and nominal cavity fillings. This initiative aimed to promote better oral health among young students and provide essential dental care services at no cost.



QUALITY EDUCATION (SDG-4) *Newsletter*

School Health Program, Palghar, Maharashtra, Supported by L&T Public Charitable Trust

The School Health Program in Vikramgad, implemented by Child Help Foundation and supported by L&T Public Charitable Trust, is a comprehensive health initiative designed to improve the physical and mental well-being of underprivileged tribal students in the Vikramgad block of Palghar district, Maharashtra. This initiative serves a critical role in addressing the healthcare needs of children in 14 schools, including Zilla Parishad (Z.P.) schools and Ashram schools, which cater to more than 10,000 tribal students.

The program aims to create a sustainable model of healthcare support within schools by focusing on early diagnosis, treatment, and prevention of illnesses, along with promoting mental health awareness and fostering a healthy school environment. Below are the detailed activities and outcomes for August 2024:

Teacher Capacity Building

To ensure the sustainability of the program and to empower educators, the Training of Trainers (TOT) model was implemented to build teachers' capacities in health education. In August:

- A specialized training session was held at Sarashi School in Palghar, Maharashtra with 11 teachers participating. These teachers were trained in mental health awareness and were provided with tools and techniques to address student mental health in the classroom.
- The training focused on helping teachers identify signs of distress or mental health issues among students and provided strategies for intervention, such as counselling or referral to health professionals. The TOT model ensures that the knowledge and skills imparted to teachers can be continuously shared and implemented across all participating schools, promoting a long-term impact on student well-being.

QUALITY EDUCATION (SDG-4) *Newsletter*

Educational Support

Caring Hands Orphanage, Uttan, Maharashtra

Child Help Foundation is committed to ensuring that children from underserved communities, such as orphans at Caring Hands Orphanage in Uttan, Thane in Maharashtra, receive quality education. On 6th August 2024, CHF's team, led by Ms. Sendra, visited St. Joseph English School, Uttan, where they handed over a cheque to the principal to cover the annual school fees for the orphans residing in Caring Hands Orphanage. This initiative aims to alleviate financial burdens and ensure these children do not miss out on their education.

Mini Science Centers

Palghar, Maharashtra

To improve science and mathematics education in rural schools, CHF, in partnership with Samata Equal Footing, set up Mini Science Centers (MSC) at six schools in the Palghar district of Maharashtra. These MSCs are equipped with interactive science and mathematics models designed to simplify complex concepts through hands-on learning.

- Schools Benefitted: Talwada, Maan, Vinval, Kunje, Karhe, and Dadade Ashram Schools.
- Beneficiaries: 600 students.
- Project Details: Each MSC is furnished with tools and kits for teaching fundamental scientific concepts. CHF also organized a Teacher Training Program, ensuring teachers can effectively utilize the MSC tools in their lesson plans.

During the reporting month of August 2024, the MSCs at Talwada, Maan, and Dadade have been successfully inaugurated, with the remaining three scheduled for formal opening in the coming months. Teachers have already started incorporating these tools into their teaching methods, and feedback from both students and educators has been overwhelmingly positive. The project is poised to significantly boost students' interest in STEM (Science, Technology, Engineering, Mathematics) subjects, setting a strong foundation for their future academic pursuits.

QUALITY EDUCATION (SDG-4) *Newsletter*



Inauguration of Mini Science Center Kurnje Ashram School, Maharashtra

On 31st August 2024, CHF inaugurated a new Mini Science Center at Kurnje Ashram School, Palghar. The inauguration was attended by CHF's team members from the Head Office, including Ravsaheb and Jyoti, who oversaw the setup and integration of the MSC in the school's curriculum. Students demonstrated various scientific principles using the MSC models, showcasing their increased understanding and enthusiasm for science.

- **Beneficiaries:** 600 students.
- **Impact:** Immediate engagement of students in interactive science lessons, with plans for ongoing teacher-led practical classes to further enhance the learning experience.



QUALITY EDUCATION (SDG-4) *Newsletter*

Impact Assessment

Sakhare Ashram School, Maharashtra

On 26th August 2024, CHF conducted an Impact Assessment at Sakhare Ashram School, Palghar, to evaluate the outcomes of projects such as the Mini Science Center (MSC), Centre for Excellence (CFE), Health initiatives, and Arsh programs. The assessment included:

- Survey of 60 male and 60 female students to gather their feedback on the project's impact on their learning.
- Survey with 20 teachers to assess changes in teaching methods and student engagement.
- Focus Group Discussions (FGDs) with the school's Principal, teachers, and students to obtain qualitative insights into the program's effectiveness.

The findings revealed that the MSCs had significantly increased student participation and enthusiasm for STEM subjects. Additionally, the health and wellness programs had positively impacted students' awareness of personal hygiene and well-being, contributing to a healthier school environment.

Mini Science Center and Computer Lab Project

Barbigha, Bihar

CHF extended its MSC and Computer Lab initiatives to Barbigha block, Bihar. In M S Maur School and M S Koyaribigha School, CHF installed MSCs in January 2024 to improve students' understanding of core science and math subjects.

Teachers' Feedback: The use of models in the MSC has made abstract concepts more tangible for students, particularly in subjects like Physics and Geometry.

Furthermore, CHF supporting a Computer Lab at Tailik School, which serves 987 students. This lab is equipped with 20 computers, and a full-time computer teacher has been appointed to impart regular lessons in basic computer skills, Microsoft Office, and internet usage. This initiative is especially critical in a rural region where students had limited access to digital resources prior to this intervention.

QUALITY EDUCATION (SDG-4) *Newsletter*



New Computer Labs Barbigha, Bihar

In June 2024, CHF established two additional Computer Labs at Utkramit Uchch Vidyalaya, Lodhipur and Madhya Vidhyalay, Samas in Barbigha block, equipped with state-of-the-art systems. These labs provide digital literacy to students and teachers alike, allowing the school to adopt modern teaching methods.

Impact: The introduction of these labs has equipped students with essential 21st-century skills, contributing to their holistic development and preparation for future academic or professional endeavours.

Support to Child Care Institutions (CCIs)

CHF continues to provide education-related support to seven Child Care Institutions (CCIs) across India. These institutions cater to vulnerable children, and CHF ensures their educational needs—such as school fees, uniforms, and study materials—are met.

Key Activities: Independence Day celebrations, health camps, and remedial classes were organized at CCIs in Bangalore, Bhubaneswar, Angul, Chennai, Jharkhand, and Pune.

Long-term Impact: These initiatives ensure children from disadvantaged backgrounds receive consistent educational support, helping them stay on track in their academic journey.



QUALITY EDUCATION (SDG-4) *Newsletter*

Centre of Excellence (COE)

Mumbai Suburban, Maharashtra

CHF initiated a Centre of Excellence (COE) project in collaboration with the Mira Bhayandar Municipal Corporation. This proposed project aims to transform schools into centres of academic and extracurricular excellence by upgrading infrastructure and educational tools. Shilpa visited the proposed schools for the scoping of the interventions.

Schools Visited: Municipal School No. 4, 20, 24, 36, 19, 14, and 32, covering Marathi, Hindi, and Urdu medium students.

Project Status: CHF identified key areas of improvement and is working on implementing measures to enhance the learning experience in these schools.

Digital Skills Program

Amboli, Dadra and Nagar Haveli

In Amboli, Dadra Nagar Haveli, CHF operates a Computer Training Centre, which conducted 36 computer classes in August 2024, with 640 students attending. The centre focuses on teaching essential digital skills such as typing, Microsoft Word, Excel, and PowerPoint, along with basic internet usage.

Impact: Enhanced digital literacy among students, enabling them to use computers for academic purposes and setting a foundation for future technological proficiency.

QUALITY EDUCATION (SDG-4) *Newsletter*



Computer Training Centre

Silvassa, Daman and Diu

CHF inaugurated a Computer Training Centre at Marathi Centre Primary School, Silvassa, Daman and Diu on 8th August 2024 with the support of Dorf Ketal. The centre is equipped with 30 laptops and projectors. Throughout August, 67 classes were conducted, with 8,375 students in attendance.

- **Curriculum:** Classes focus on MS Office applications, basic typing, and internet usage.
- **Impact:** Immediate improvement in student computer literacy, fostering digital competence in a region previously lacking such resources.

Through these diverse initiatives, Child Help Foundation contributes to SDG 4 (Quality Education) by providing financial assistance, interactive learning opportunities, digital education tools, and skill development for underprivileged children across India. Each project is aimed at creating sustainable educational support systems that empower students to achieve their academic goals and prepare for a successful future.



QUALITY EDUCATION (SDG-4) *Newsletter*

Digital Skills Project

Vikramgad, Maharashtra

Since May 2024, the Digital Skills Project has been actively implemented across 15 schools in the Vikramgad block, including eight Zilla Parishad (Z.P.) schools and seven ashram schools. This initiative was designed to empower underprivileged rural students by providing them with essential digital skills through structured computer training, bridging the digital divide in these remote areas.

The program's goal is to equip students with the technological knowledge and tools they need to navigate an increasingly digital world, ensuring that they have the skills necessary for future educational and employment opportunities.

Training of Trainers (TOT):

Total Teachers Trained: 198 teachers from the 15 participating schools

Training Topics Covered:

- Internet browsing and understanding its educational potential
- Basic functions of Microsoft Word and Excel, allowing teachers to create lesson plans and manage student data
- Integration of digital tools and resources into traditional teaching methods to make learning more interactive and engaging
- During the TOT sessions, a variety of resources and instructional materials were employed to ensure that the teachers were well-equipped to transfer their learning to the students. These included:

Computer Assignments: Teachers practised real-time tasks to reinforce their learning.

PowerPoint Presentations: Used to demonstrate how to structure lessons and effectively use digital tools for classroom instruction.

Audio-Visual Shows: These were introduced to demonstrate the role of multimedia in making subjects more accessible and engaging for students.

Through this multi-faceted approach, the Digital Skills Project has not only reached thousands of rural students but has also empowered educators to adopt and implement digital learning in their classrooms, creating a long-term impact on the educational ecosystem in Vikramgad.

QUALITY EDUCATION (SDG-4) *Newsletter*

School Fund Raising Eastern India

In the eastern regions of India, CHF organized extensive fundraising campaigns through its Child for Child initiative, aimed at engaging school children in raising funds for social causes. Locations such as Siliguri (West Bengal), Darjeeling Hills (West Bengal), Cuttack (Odisha), Malda (West Bengal), Dumdum (West Bengal), Bargarh (Odisha), and Raigarha (Jharkhand) were actively involved. CHF volunteers and team members worked closely with schools in Kolkata, West Bengal, and Odisha to ensure the success of the campaign. Among the team, individuals like Soumen, Disha, Rupa, and Aman were especially instrumental in field operations. The schools also acknowledged the top-performing students for their exceptional fundraising efforts.

Experiential Classes

Kolkata, West Bengal:

CHF Kolkata launched an internship program focusing on experiential learning for subjects like mathematics, science, art, and history. The program spans 11 months and is designed for children aged 4-9 years. Held every Saturday at Salt Lake Community, the initiative has over 150 beneficiaries and is gaining popularity among students and parents alike.



QUALITY EDUCATION (SDG-4) *Newsletter*

Workshop Mahindra University

Hyderabad, Telangana:

On 15th August 2024, CHF Hyderabad held an orientation workshop at Mahindra University, introducing students to CHF programs. Faculty members and students from the School of Media participated in the event, with discussions on future internships and collaborations



POSH Certification Process

CHF conducted a series of training sessions on the Prevention of Sexual Harassment (POSH) Act. The training, held from June to August 2024, involved four levels of assessment, culminating in the certification of seven CHF trainers from across India. The program provided participants with essential knowledge on workplace safety and legal frameworks, empowering them to train others.



GENDER EQUALITY (SDG-5) *Newsletter*

Invisible Girl Project (Maharashtra & Haryana)

In August 2024, the IGP team members, Annarao, Ria, and Ibrahim, accompanied by Chris and Jyoti, conducted a series of sessions across various schools and colleges in the Palghar and Thane regions of Maharashtra. The purpose of these sessions was to raise awareness about gender equality, promote education for girls, and empower them with knowledge and skills to enhance their future prospects. The Haryana team is also focusing on the schools and community to raise awareness over the same topics.

Highlights of the Month:

Session Permissions: The team successfully received the necessary permissions from schools and colleges, allowing them to conduct all planned sessions without any cancellations. This ensured the smooth execution of the program as per the schedule.

National Service Scheme (NSS): The team received additional permissions to conduct sessions for the remaining classes in colleges through the NSS, expanding the program's reach.

Strategic Targeting: The team focused on institutions with a large number of beneficiaries, which helped maximize the program's impact. This strategic approach was highly successful in reaching a significant number of students.

Adolescent Life Skills Project (ARSH Initiatives) – Metropolis

On the 16th of August 2024, Shilpa Lokhande, a member of the project team, visited Bhopoli Ashram School in Palghar, Maharashtra to monitor and supervise the ongoing Life Skills Project under the ARSH (Adolescent Reproductive and Sexual Health) initiative. During the visit, several key observations were made regarding the quality of training being provided:

GENDER EQUALITY (SDG-5) *Newsletter*



Session on Prioritizing Oneself

On 4th August 2024, CHF conducted a training program for the alumni group of Jeevan Aadhar, an organization that supports children of sex workers and survivors of human trafficking. Held in Vasai, Maharashtra, the session focused on personal empowerment, with 28 participants benefitting. The program aimed to prepare these survivors for reintegration into society and provided them with valuable life skills.

POSH Workshop

ITC Grand Central, Parel, Maharashtra

On 1st August, a one-hour sensitization workshop was conducted at ITC Grand Central, Parel, focusing on the Prevention of Sexual Harassment (POSH) Act, 2013. A diverse group of 25 employees, including chefs, freshers, HR personnel, and Internal Complaints Committee (ICC) members, attended. The workshop was highly interactive, with participants leaving with a better understanding of the law and expressing gratitude for the valuable information provided.



GENDER EQUALITY (SDG-5) *Newsletter*



Child Sexual Abuse Prevention Training to Women Rajodi, Maharashtra

On August 30, 2024, Ms. Mary V. conducted a training session on "Child Sexual Abuse Prevention" for the women of the Self Help Group at Jivhalla Assumption Social Centre NGO in Rajodi. The session highlighted the recent Badlapur case of child sexual abuse, sparking important discussions among participants.

The training focused on empowering women in the community with knowledge and strategies to prevent child sexual abuse, emphasizing that addressing this critical concern requires a multi-faceted approach involving education, awareness, and active community involvement. A total of 15 participants attended the session, reinforcing CHF's commitment to creating a safer environment for children through community engagement and education.

Women's Equality Day at CHF Head Office, Mumbai, Maharashtra:

On Women's Equality Day, CHF's Head Office in Mumbai celebrated with a focus on SDG 5 (Gender Equality). The event emphasized empowering women and fostering gender equality. Through various activities, CHF reiterated its commitment to creating an inclusive environment and ensuring equal opportunities for all genders.



ZERO HUNGER (SDG-2) *Newsletter*



Anniversary Celebration and Meal Distribution at Caring Hands Orphanage, Maharashtra

The 18th Anniversary of Caring Hands Orphanage was celebrated on 18th August 2024. The event was a platform for the children to showcase their talents. CHF's CEO, Mr. Shaji Varghese, was invited as the guest of honour, further strengthening the relationship between CHF and the orphanage.

- **Activity:** Talent showcase by children, games, and activities.
- **Collaborators:** CHF and St. Joseph College, Uttan volunteers.

CHF staff, including Ms. Sendra and Ms. Ritisha, conducted games and interactive sessions with the children, focusing on building confidence and encouraging teamwork. The CHF team was also actively involved in distributing meals, contributing to a holistic celebration that combined education, engagement, and nourishment.



Snacks Distribution

Tehkhand Village, Delhi:

On 1st August 2024, CHF Delhi, in partnership with Orion India, distributed potato chips and snacks to 1,000 children in the slum areas of Tehkhand Village, New Delhi. The distribution event was attended by representatives of Orion India, including Ms. Kanika, along with CHF Delhi volunteers.

Food Distribution at Janmashtami Celebrations

Kolkata, West Bengal:

On 1st August 2024, CHF Delhi, in partnership with Orion India, distributed potato chips and snacks to 1,000 children in the slum areas of Tehkhand Village, New Delhi. The distribution event was attended by representatives of Orion India, including Ms. Kanika, along with CHF Delhi volunteers.



HUMANITARIAN RELIEF (SDG -11,13,17) *Newsletter*



Wayanad Landslide Relief Kerala

On 9th August 2024, CHF Kerala responded to the devastating landslide in Wayanad by providing financial aid to those affected. A cheque was handed over to Mr. Pinarayi Vijayan, Chief Minister of Kerala, as part of the relief efforts. CHF team members, including Mr. Ninan, Ms. Dhanya, and Mr. Wilson, were key facilitators in making this relief effort possible.

OTHER ACTIVITIES

Newsletter

Independence Day Celebration Arogya Sadan

Arogya Sadan celebrated Independence Day with enthusiasm and patriotism. The event included:

Painting Competition: Organized by Ms. Kumkum Dhaga, engaging patients and donors.

Cultural Performances: Patients, BMT donors, and staff members participated in dance performances showcasing cultural diversity.

Distribution of Fruits: At the end of the program, fruits were distributed to all participants as a token of appreciation.

This event provided an opportunity for patients and their families to engage in recreational activities, fostering a sense of community and well-being.

Independence Day Celebrations:

CHF offices across the country celebrated India's 78th Independence Day with a range of activities. In Mumbai, a collage-making competition on the theme of independence was held, showcasing the creative talents of volunteers. The winning entries were prominently displayed to inspire national pride. Similarly, in various Child Care Institutions (CCIs) supported by CHF, children performed skits, dances, and songs, expressing their patriotism.



OTHER ACTIVITIES

Newsletter



CSR Conclave and Award of Appreciation

Child Help Foundation (CHF) was honoured with a prestigious Award of Appreciation Certificate during the CSR Conclave, recognizing its outstanding contributions to social welfare and development. The award was presented by Mr. Sanjay Katkar, IAS, Commissioner of the Mira Bhayandar Municipal Corporation (MBMC). This recognition was for CHF's successful implementation of various impactful projects within the MBMC region, with a cumulative value exceeding ₹10,00,000 during the financial year 2023-2024. The awarded projects addressed critical areas such as health, education, and community welfare, reflecting CHF's unwavering commitment to societal betterment.

The CSR Conclave, held at the esteemed Bharatratna Lata Mangeshkar Natyagruh in Mumbai Suburban, Maharashtra, served as a gathering of key stakeholders, including government officials, non-profit organizations, and corporate leaders, all focused on Corporate Social Responsibility (CSR) initiatives. CHF's significant contributions were highlighted as exemplary models of how NGOs can collaborate with local authorities and corporations to drive meaningful social change.

The CHF team, led by Mr. Rajendra Pathak, Founder and Managing Trustee of CHF, and Mr. Jiji John, Executive Director of CHF, actively participated in the event. Both Mr. Pathak and Mr. John were invited to be panellists for discussions on CSR strategies within the Department of Health and Education. Their inclusion as key voices in the panel reflected CHF's prominent role in these sectors.

During the panel discussions, Mr. Pathak and Mr. John shared insights into the various projects CHF has successfully executed, focusing on improving access to healthcare and education for underprivileged communities. They spoke about the importance of partnerships between NGOs, corporations, and government bodies to maximize the impact of CSR initiatives. They also discussed the challenges faced in implementing large-scale projects in semi-urban and rural areas and how CHF has been able to overcome these through innovation, persistence, and community involvement.

The event was not only a moment of recognition for the hard work and dedication of the CHF team but also a platform for fostering new partnerships and collaborations with other organizations and government departments. The accolade is a testament to CHF's ongoing efforts to implement sustainable, long-term solutions for marginalized communities in the Mira Bhayandar area, particularly in areas such as women's empowerment, child health, and quality education.

OTHER ACTIVITIES

Newsletter

Independence Day Celebration

Mira Road Railway Station & Maxus Mall, Maharashtra

On the eve of India's 77th Independence Day, the Child Help Foundation collaborated with the Mira Bhayandar Municipal Corporation (MBMC) to organize celebrations across prominent public locations, including Mira Road Railway Station and Maxus Mall in Mumbai Suburban, Maharashtra. The events, held on the 14th of August 2024, were part of a larger initiative to bring together the community in celebration of India's independence, fostering a sense of national pride and unity.

The CHF team took centre stage during the celebrations by performing a series of patriotic songs, both as a group and in solo performances. The performances were carefully chosen to reflect the spirit of the occasion, with lyrics and melodies that celebrated the ideals of freedom, bravery, and national unity. The group's rendition of popular patriotic songs resonated with the audience, evoking feelings of pride and nostalgia. Individual performances added a personal touch, showcasing the artistic talents of CHF team members while also highlighting their commitment to spreading positivity and inspiration through music.

The venue, Mira Road Railway Station, was decorated in the tricolour of the Indian flag, with flags, banners, and lights creating a festive atmosphere. Similarly, at Maxus Mall, the celebrations were marked by the presence of large crowds who gathered to witness the performances and participate in the patriotic activities organized for the day. The CHF team's performances were received with enthusiasm and applause, contributing to the vibrant and celebratory mood.

In addition to the music performances, the CHF team also engaged with the public through interactive sessions, where they shared the foundation's mission and ongoing projects. The goal was to raise awareness about the importance of gender equality, child welfare, and education as pillars for building a strong and inclusive nation. By aligning their message with the themes of Independence Day, CHF emphasized the role of every citizen in contributing to the progress of the nation, particularly in supporting underprivileged and vulnerable groups.

Silver Award at CSR Times Awards 2024

CHF received the prestigious Silver Award at the 11th National CSR Summit on 23rd August 2024. The award was in recognition of CHF's exceptional contributions to Corporate Social Responsibility (CSR), particularly in social welfare and community support. CHF's Founder and Trustee, Rajendra Pathak, and Sunil Varghese accepted the award on behalf of the foundation.



Our Programs Newsletter



2

ZERO
HUNGER

3

GOOD HEALTH
AND WELL-BEING

4

QUALITY
EDUCATION

5

GENDER
EQUALITY

6

CLEAN WATER
AND SANITATION

8

DECENT WORK
AND ECONOMIC GROWTH

10

REDUCED
INEQUALITIES

11

SUSTAINABLE CITIES
AND COMMUNITIES

13

CLIMATE
ACTION

14

LIFE BELOW
WATER

15

LIFE ON LAND



17

PARTNERSHIPS
FOR THE GOALS

Contact Us :

Head Office: 403/404, Sai Arpan Bldg., Mira Road (E), Mumbai - 401107, Maharashtra

Tel No: +91-22-28118588, +(91) 9029010081/82/83/84

contact@childhelpfoundationindia.org



www.childhelpfoundation.in