

CHILD HELP FOUNDATION

NEWSLETTER

April'24 Journal



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to Make
Velankanni Beach Clean**

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About Us Newsletter



Child Help Foundation (CHF) is a pan-India non-profit organization, registered under the Bombay Public Trust Act 1950, which started in the year 2010. We aim to accomplish the objectives set by the United Nations Sustainable Development Goals (UN SDGs) for global development. Child Help Foundation's principal purpose is to empower the disadvantaged holistically with some of our initiatives like Emergency Medical Support, Education, Clean Water and Sanitation, Gender Equality, Zero Hunger, Humanitarian Relief, and Village Development.

Volunteers Flock to Make Velankanni Beach Clean

Newsletter





Cleaning Velankanni Beach to Honour World Heritage Day *Newsletter*

Making beaches pristine again is one of the core mottos of Child Help Foundation (CHF). CHF has cleaned numerous beaches by partnering with other NGOs and corporations. On World Heritage Day, i.e. 18th April, WIRC & WICASA joined hands with CHF to clean Velankanni Beach in Mumbai Suburban, Maharashtra.

The beach cleaning event saw 100s of volunteers come together with one goal in mind, making the sands of Velankanni Beach clear and saving as many marine lives as possible. Approximately, 200 kgs of waste were collected through tireless and selfless efforts by these volunteers. The collective effort could save up to 6,000 marine animals.

Speaking on the beach cleaning event, **Mr. Shaji Varghese, Chief Executive Officer** said, "Water Pollution is one of the major issues impacting the environment. Plastics can be ingested by these marine animals causing widespread harm. Marine Animals sometimes also get entangled in these plastics which may cause death via suffocation. It is our duty as citizens to ensure that our beaches remain clean and this event was an attempt not only to clean the beach but also to encourage others to do the same."

Overall, Child Help Foundation has saved **2,09,33,460** marine lives with its Life on Land programme. Child Help Foundation has made a positive impact on the lives of **48,45,101** people across 12 sustainable development goals in the last thirteen years.

Emergency Medical Support Newsletter



Janvi Shikre

9 Years
Thalassemia

Blood –Thirsty Thalassemia Strikes Janvi, Please Save Her

“Watching my daughter battle Thalassemia has been a heart-wrenching journey. As a father, all I wish for is to hold her pain and bear her burdens. I am determined to do whatever it takes to help Janvi heal and thrive again.”

Manoj Shikre ; (Father)

Janvi Shikre is a 9-year-old girl who lives in Ahmednagar, Maharashtra with her family. In 2015, she was diagnosed with Thalassemia. Since then, her days have revolved around regular blood transfusions every 20 days, a lifeline that keeps her going.

According to doctors at Pune’s Jupiter Hospital, (14 km from Akurdi Railway Station), Janvi needs to undergo a Bone Marrow Transplant urgently. The cost of this vital procedure stands at Rs. 10,00,000/- (Rupees Ten Lakh only).

Janvi’s father, Manoj Shikre works as a farmer and is the only breadwinner in his family of five. He manages to earn a daily wage of Rs. 350 per day. Despite depleting his savings on Janvi’s treatment, he faces a shortfall. Your support can lighten their burden during this challenging journey.

Please consider donating to this fundraiser or share it with your friends and family members. Every contribution counts towards giving Janvi a chance at a brighter tomorrow.

There are many more children who need urgent treatments, and your small contributions can make a huge difference. [Please Donate!](#)



Alladi Anvith

6 Years
Leukaemia



G. Vihaath

5 Years
Adenotonsillitis



Ranjana

17 Years
Scoliosis



Pavan Sandesh

15 Years
Complex Heart Disease

Emergency Medical Support *Newsletter*



Puja
10 Years
Leukaemia



Bhakti
7 Years
Leukaemia



B/O Pushpavathi
5 Days
Premature Birth Complications



Kunal
4 Years
Hypospadias



Gurman Kaur
1.5 Years
Heart Disease



Ruhi
2.5 Years
Heart Disease



B/O Manga
78 Days
Premature Birth Complications



Vedant
1 Year
Heart Disease



V Charan
10 Years
Heart Disease

Emergency Medical Support *Newsletter*



Ayat
1 Year
Spine Bifida



Reshma
15 Years
Ewing Sarcoma



Sanskar
12 Years
Congenital Heart Disease



Swaransh
1.4 Years
Leukaemia



Dhanya Sri
1 Year
Complex Heart Disease



Swagat
13 Years
Leukaemia



Thabitha Glory
9 Years
Complex Heart Disease



Shalini
9 Years
Complex Heart Disease

Success Stories

Newsletter



Before After

Muskan

5-year-old Muskan's heart complication caused her poor weight gain, fatigue, and troubled breathing. She needed urgent surgery, but with her father being a mere daily wage labourer it seemed impossible. However, the donors of Child Help Foundation made the impossible possible and saved little Muskan from further trouble.



Before After

Alishba

Fever, cough, and cold became the norm for Alishba as she was suffering from Tetralogy of Fallot. Alishba's father worked as a peon and he couldn't afford the treatment. So, he approached Child Help Foundation and after the necessary verification, the case was uploaded and the donors saved Alishba from further harm.



Before After

Nishant Rathod

A scarred kidney took down Nishant Rathod and plagued his days with pain and misery. His parents toiled day and night to help their son, but it was proving to be in vain. They reached out to Child Help Foundation for help whose donors made sure that Nishant recovered from his heinous disease.



Before After

Spoothi Bhagwan

Spoothi at fourteen years of age had big dreams and wanted to help her family get out of poverty. However, scoliosis proved to be a big hindrance to her plans. Seeing no way out, Spoothi's parents took the help of Child Help Foundation. After the case was verified, Spoothi's treatment was helped by our donors.

Success Stories

Newsletter



Chanda Namkuda

Chanda Namkuda's future was put in doubt when she met with an accident. She was a bright studious girl whose parents had big hopes for her but now they feared for her survival. Thankfully, the donors of Child Help Foundation made sure that this intelligent girl would go on to make a name for herself in the future.



Soujanya

At an age when she should be playing with dolls, Soujanya was forced to battle a deadly heart disease. Instead of friends, she had pain and suffering as her constant companions. However, today she can play like a normal child thanks to our generous donors.



Erolla Srujan

Happiness was absent in Erolla Srujan's life as he bore the pain of a deadly heart disease. His parents feared for him day and night. But the entire family can breathe a sigh of relief, as Erolla Srujan's disease couldn't overpower the love and support of our donors who helped him fight back against the disease.



Baby of Anjani

Anjani gave birth to a baby girl during the seventh month of her pregnancy. Being born prematurely, Anjani and her husband's happiness were put at risk. But our donors had other ideas and helped this little angel recover.

Success Stories

Newsletter



Annritha

Comfort was a distant stranger to Annritha as she was suffering from scoliosis. She desired to live an independent life, but her condition prevented that and she had to depend on her parents' care. But today, she can live her life on her own thanks to the selfless efforts of our donors.



G. Vihaath

Being a single mother, it was difficult for G. Sirisha Reddy to pay for her son, G. Vihaath's treatment, who was suffering from Adenotonsillitis. She also had to take care of her mother who was bedridden. To relieve some of her burden she took the help of Child Help Foundation, whose donors helped her son to get back on his own two feet.



Shivadhya

Shivadhya's parents were warned about their son's condition before he was even born. Even though they knew about their unborn child's condition beforehand, they were still devastated. Their son had a weak heart and only surgery could save him. Thankfully, the money for the surgery was raised by the donors of Child Help Foundation.



Baby of Manasa

Today, Manasa's child rests peacefully in the arms of her parents but that was not the case a couple of months ago when the baby was battling for her very life. The baby was born prematurely and hence the parents approached Child Help Foundation. The case was uploaded and the rest is history.



Understanding Gender Dysphoria and Transgenderism

Newsletter

6-Year-Old Rahul goes through his day just like any other kid. He hangs out with his friends, plays sports and goes to school regularly. But the only time he is 'himself' is at night when he finally sheds the mask and becomes what he actually is.

He tries on his mother's make-up and puts on a dress that he secretly bought with his pocket money and likes to be referred to by feminine pronouns. 'His' parents think that this is just a phase, which will pass along with age. But this is not a children's game. Rahul is going through, as classified by psychologists, 'gender dysphoria'.

Mayo Clinic defines Gender Dysphoria as 'the feeling of discomfort or distress that might occur in people whose gender identity differs from their sex assigned at birth or sex-related physical characteristics'. It is important to understand the difference between gender and sex. Sex is biological while gender is social and cultural.

Gender Dysphoria is not a made-up problem as many would like to believe. It comes under the Diagnostic and Statistical Manual of Mental Disorders (DSM 5), which is a publication by the American Psychiatric Association (APA) for the classification of mental disorders.

Another myth is that transgenderism is a new phenomenon which is false. The Hijra community is famous in India, but it is not the

only place with a term for transgenders. Khanith is a term normally used in Oman and the Arabian peninsula to describe transgenders. Waria is a term used in Indonesia and Kathoey is used by people of Cambodia, Laos and Thailand.

A Roman Emperor, Elagabalus, was recently reclassified as a transgender woman by the North Hertfordshire Museum after finding out that classical texts claim that the emperor once said: "Call me not Lord, for I am a Lady".

A video from 1937 also details the life of Peter Alexander (the former Mavis Higgins), who transitioned from a woman to a man. However, transgender men don't get highlighted as masculine in general society is considered the norm, while feminine is categorised as 'the other', a deviation from the norm.

The symptoms of gender dysphoria are:

- Distress
- Anxiety
- Depression
- Negative Self-Image
- Strong Dislike of Your Sexual Anatomy
- Strong Preference For The Toys And Activities Associated With The Other Gender (In Children)

Children are diagnosed with gender dysphoria if they experience distress for six months. Some common behaviours of children with gender dysphoria are:

[Read More](#)

GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*



Visiting Vikramgad with The LTPCT Team for A Survey of New Schools for The Project Expansion

Mumbai Suburban, Maharashtra

On 12th April, LTPCT team along with Manjusha (Secretary – LTPCT) and Blossom (Project Coordinator – Health), visited four schools to expand the School Health Program.

1) The first school visited was Aadarsha Vidyalya in Utavali village. Mr. Yadnesh Patil, the principal, emphasised the urgent need for health interventions due to the students' limited access to healthcare, stemming from their impoverished backgrounds and lack of nearby facilities.

2) The team then visited Z.P. School in Sarshi village, facing challenges due to its remote location, hindering access to health services for students. Mr. Sunil Vighne, the principal, mentioned the school has been selected by the government for developing it as a model school. Additionally, the LTPCT is implementing a Digital Skills program to enhance computer literacy among underprivileged tribal students.

3) They visited Kasturba Gandhi Vidyalya in Waki village, where Mrs. Kirti Thorat, the principal, shared that 250 girls, are primarily orphans or from single-parent households, residing in the school hostels. She highlighted the need for facilities like a water purification system and cupboards for their belongings, seeking support from donors.

4) Finally, the team concluded their visit at the high school in Malwada village, which is similarly remote and lacking essential amenities for students. The school staff highlighted the challenges in providing medical assistance due to remoteness and limited access to basic facilities like medicines at the Primary Health Centre.





GOOD HEALTH AND WELL-BEING (SDG-3) Newsletter



Discussing The Digital School Program Vikramgad, Maharashtra

On 12th April, a visit was organised for the School Health Program in Vikramgad. A meeting was held with the team to discuss activity planning for the upcoming year and the necessary preparations. The team reviewed the school needs assessment form provided by LTPCT, delving into each point in detail.

A meeting was convened with Manjusha from LTPCT to discuss the implementation of the Digital Skills program planned by Child Help Foundation for 15 schools in Vikramgad block. The meeting was attended by the principal of the ITI College, who shared details about the facilities available for teaching students and discussed collaboration with LTPCT to enhance technical education for rural students. Mr. Chumble, the Principal, pledged assistance in identifying suitable candidates for computer teaching positions and coordination roles.

Updates of Baby Feeding Centres

Child Help Foundation volunteers visited Baby Feeding Centres to get updates on the maintenance of the centres. Centres at Palghar Railway Station (Maharashtra), Boisar Railway Station (Maharashtra), CAMA Hospital (Maharashtra), St. George's Hospital (Maharashtra), Sir JJ Hospital (Maharashtra), Urban Health Centre (Maharashtra), Pune Railway Station (Maharashtra) General Hospital (Kerala), Lakeshore Hospital (Kerala), Chottanikkara Temple (Kerala), Vizag Railway Station (Andhra Pradesh), CV Raman Hospital (Karnataka) and Shri Atal Bihari Vajpayee College (Karnataka) were found to be well-maintained and well-utilized. In Maharashtra's Kalyan and Kurla Railway Stations, the keys to the centres were handed over to the staff to guide the mothers using the centre. Signboards are being prepared for Kashimira Police Station in Maharashtra to indicate the presence of the centre. However, usage of centres at Katihar Railway Station (Bihar) and New Jalpaiguri Railway Station (West Bengal) was found to be average.



Palghar Railway Station
Maharashtra



Kashimira Police Station
Maharashtra



Boisar Railway Station
Maharashtra



Lakeshore Hospital
Kerala



General Hospital
Kerala



Chottanikkara Temple
Kerala



GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*



Kalyan Railway Station
Maharashtra



Kurla Railway Station
Maharashtra



Pune Railway Station
Maharashtra



Urban Health Centre
Maharashtra



Cama and Albles Hospitals
Maharashtra



Sir J.J. Hospital
Maharashtra



St. George's Hospital
Maharashtra



Katihar Railway Station
Bihar



New Jalpaiguri Railway Station
West Bengal



C. V Raman Hospital
Karnataka



Lady Curzon Hospital,
Shri Atal Bihari Vajpayee College
Karnataka



Shri Atal Bihari Vajpayee College
Karnataka

GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*

Year-End Review Meeting of School Health Program

Andheri, Mumbai, Maharashtra

On April 24th, the year-end review meeting took place at the head office of LTPCT in Andheri, Mumbai, Maharashtra. The meeting primarily focused on the annual project activities, which were discussed using a PowerPoint presentation.

Highlights:

Gayatri commenced the meeting by acknowledging the effective implementation of the project and the positive feedback received from team members.

Discussions encompassed achievements, targets, and deliberations regarding the inclusion of new schools in the project and expansion opportunities.

It was collectively agreed to incorporate four new schools into the project for the upcoming year while maintaining project activities in existing schools.

Gayatri proposed screening selective students based on morbidity ratios, which received consensus.

Additionally, Gayatri suggested organising a conclave involving all organisations from the Vikramgad block, regardless of their roles or donor partnerships.

Actions Agreed Upon:

Incorporate four new schools into the project for the upcoming year.

Continue project activities in existing schools.

Implement selective student screening based on morbidity ratios.

Organise a conclave involving organisations from the Vikramgad block.

Conclusion: The meeting concluded with a consensus on the proposed actions, signifying a commitment to furthering the project's objectives and expanding its reach.

An additional meeting was convened by LTPCT to discuss the forthcoming Digital School Program. Chaired by Manjusha, the focus was on dissecting the Memorandum of Understanding (MOU) in detail. Manjusha made several suggestions, which were meticulously incorporated into the MOU.

Manjusha's suggestions included:

Incorporating activities and competitions into yearly planning.

Planning to expand the program to additional schools in the upcoming years.

Emphasising sustainability by enhancing teachers' capacities.

Adjustments to the sequence of the document.

Conclusion : The meeting served to refine the MOU for the Digital School Program, integrating valuable suggestions from Manjusha to enhance the program's effectiveness and sustainability.

GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*



Ration Kit Distribution for Tuberculosis Patients Mulund, Maharashtra

On 29th April, nutritional kit distribution was organised in TB Hospital, Mulund, Maharashtra. The beneficiaries were connected and invited by the hospital itself. There were a total of 40 patients who were entitled to receive the kits. The Patients are getting treated in both government as well as private hospitals. The Families of the patients are not stable financially that they can handle both the cost of treatment as well as nutritional care of their children. These Ration Kits are distributed to TB patients every month.



GOOD HEALTH AND WELL-BEING (SDG-3) *Newsletter*



Arogya Sadan Mumbai, Maharashtra

On 9th April 2024, a donation of groceries was received from the Suman Ramesh Tulsiani Trust on the occasion of Gudi Padwa. Public Relations Officer, Mr. Mahesh Chavan, attended the event from the side of Suman Ramesh Tulsiani Trust.

Here are the details of all the patients from Arogya Sadan:

- Master Narayan Thakur - Bone Marrow Transplant Failed
- Master Aryan Kumar - Transplant Cancelled due to Platelet Increase
- Master Aarav Kumar - Bone Marrow Transplant Done; Case Successfully Completed
- Miss Aradhya Kumari - Bone Marrow Transplant Done; Case Successfully Completed

- Master Aman Ahirwar - Bone Marrow Transplant Done; Case Successfully Completed
- Master Vikrant Thakur - Bone Marrow Transplant Done; Case Successfully Completed
- Master Amit Kumar - Bone Marrow Transplant Failed; Returned to their Home
- Master Abhishek Kumar - Bone Marrow Transplant Done; Discharged from Hospital; Now in Arogya Sadan for After Care
- Master Akash Kumar - Transplant Cancelled due to Liver Enlargement
- Miss Swati Hasanda - Bone Marrow Transplant Done; Discharged from Hospital; Now in Arogya Sadan for After Care
- Master Aiyam Reza - Bone Marrow Transplant Done; Currently in Hospital
- Master Ankit Kumar - Bone Marrow Transplant Done; Currently in Hospital
- Master Deep Kumar - Pre-Bone Marrow Transplant Treatment is Ongoing
- Master - Aditya Kumar - Pre-Bone Marrow Transplant Treatment is Ongoing



QUALITY EDUCATION (SDG-4) *Newsletter*



Session on Women's Health and Nutrition

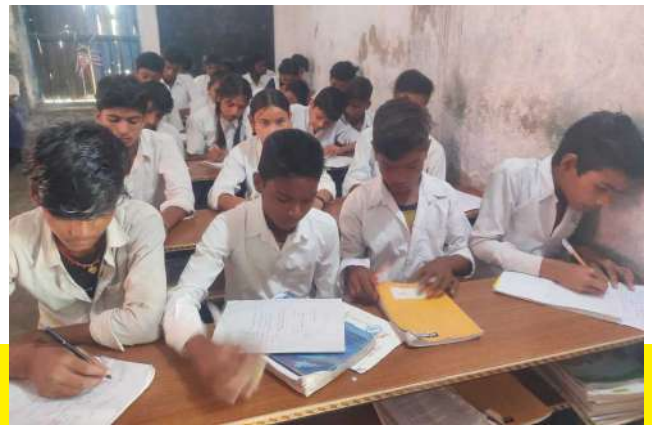
Pali Ashram School, Palghar, Maharashtra

ARSH staff conducted the session for women and girls at Gorthan village near Pali Ashram School in Palghar, Maharashtra. Activity conducted under MSC, with the CSR support by Samata Equal Footing. The topics covered by the guest speakers from ARSH were "Women/Adolescent Reproduction and sexual health awareness" and nutrition. Women liked the session as it was very informative. They requested for such more sessions in the future.

Mini Science Centre

M S Maur and M S Koyaribigha School, Barbigha, Bihar

The Mini Science Centre project is being implemented at M S Maur and M S Koyaribigha School, Barbigha, Bihar. The project is supported by National Fertilizers Limited. The teacher helped the students in preparing for the exams and in actually conducting and supervising the exams.



QUALITY EDUCATION (SDG-4) *Newsletter*



Computer Training Centre Project

Amboli Marathi Primary School, Dadra Nagar Haveli, Silvassa

Throughout the month of April, a total of 32 classes were conducted by the instructor, with an attendance of 333 students. The curriculum covered various subjects, including Microsoft Excel: creation of tables, applying formulas such as sum, subtraction and multiplication applying alignments, border and merge, preparation of mark sheets and creative painting.

By offering a diverse range of subjects and practical learning experiences, the computer training centre equips students with valuable digital skills essential for their personal and professional development.

Computer Lab Projects

Tailik Girls High School, Barbigha, Bihar

A Computer Lab was set up in Tailik Girls High School, Barbigha, Bihar. The project was started in the month of January 2024. The project is supported by National Fertilizers Limited.

After the survey, a new project in two more schools namely Utkramit Uchch Vidhyalay, Lodhipur and Madhya Vidhyalaya, Samas, in Barbigha was started by Child Help Foundation. The work has already been started and it continued in the month of April. Labs will be ready by the second week of May 2024. Nearly 1000 students are going to benefit from this project. This project is supported by National Fertilizers Limited. The Schools will be given a total of 40 computers in these two computer labs.



QUALITY EDUCATION (SDG-4) *Newsletter*



Charis Foundation (Chennai, Tamil Nadu) - Birthday Celebrations

Special School of Joy (Jharkhand) - Celebrated World Autism Awareness Day and Picture Colouring Competition.

Saraswati Anath Shikshan Ashram (Pune, Maharashtra) - Celebrated Dr Ambedkar & Mahatma Phule's Birth Anniversaries, Tree Plantation, Career Counselling And Dance Classes.

Child Care Institutions (CCI)

Child Help Foundation supports seven CCIs, every month. The children from these institutions are provided with educational support. These institutions spend the money on fees, stationery and education-related expenses.

The following Activities were conducted in these CCIs

Needs Charitable Trust (Bengaluru, Karnataka):
Birthday Celebration and Counselling Program

Ashraya (Handicapped Welfare Organisation)
(Bhubaneswar, Odisha) - Celebrated Odia Naba, Song And Quiz Competition

Khirod Basini Kanya Ashram (Angul, Odisha) -
Counselling, Celebration of Utkal Divas and Health Camp

Koel Saraswati (Angul, Odisha) - Celebration Of Utkal Divas, Tree Plantation and Song Competition



GENDER EQUALITY (SDG-5) Newsletter

POSH Meeting – GEPL Capital Bandra, Maharashtra

On 2nd April 2024, Jyoti was invited by GEPL Capital for a meeting in their office at Bandra. The purpose of the meeting was the selection of the IC members. Ms Jyoti and Ms Sadhana, the chairperson discussed about the criteria and who can be selected as a committee member. It was discussed that the HR head (a lady), one lady employee, one male employee who has legal knowledge and one more male employee would chair the committee. Thus the committee will be of 5 members.

POSH Sensitization Training Program – Ketto Online Ventures

Ms. Chris Shenoy, Program Manager conducted a virtual POSH training on the 19th of April 2024 for the employee at Ketto Online Ventures. There were approx. 40 – 45 employees attending the training program. There were good responses from the employees during the sensitisation training with the use of immediate software for feedback or responses on their know-how on the subject. The HR of Ketto Online Ventures remarked it was a very interactive and good workshop that they had attended.



Posh Sensitization Training Program – ITSPE Hyderabad, Telangana

Ms. Shalini Swanker, Asst. HR of CHF conducted A sensitisation training on POSH on the 20th of April 2024 for ITSPE (Hyderabad) Employees. The duration of the session was 2 hours (2.30 p.m to 4.30 p.m.) Approx. 50 people participated in the session. They were actively participating with good feedback.

GENDER EQUALITY (SDG-5) Newsletter



“Invisible Girl” Project Maharashtra & Haryana

In the month of **April 2024**, IGP team focused on conducting sessions with the Anganwadi workers of Integrated Child Development Services (ICDS) upon seeking permission from Dr. Shashikant Chavan Sir and Mrs. Bharathi Ambedkar of G North ward. 8 sessions were conducted and reached out to **250** beneficiaries.

Training with the **Haryana team** was also conducted online with the members. The Mumbai team shared their experiences and what was different from college and school students' sessions. We showed our methodology of what we used in the pilot stage. The training was conducted by Ms. Ria Noronha.

Mr. Micheal Yangad and Ms. Priya Juliet came to conduct a 2-day intensive training with the Mumbai team. The team received Training manuals created to help trainers develop material such as Helping Aids which will be efficiently utilised during session implementation.



Mr. Micheal Yangad and Ms. Priya Juliet and Jyoti, visited Haryana to conduct training with the Haryana team. That team also received training and training material.

On **30th April**, the first session was conducted by IGP Haryana team with 750 students of Government Girls' senior secondary school, Rewari.

The second phase of the Invisible Girl Project commenced in April, extending its reach to Maharashtra and Haryana. In Maharashtra, the project will be implemented in Thane and Palghar, while in Haryana, it will focus on Rewari and Gurugram.

New staff was recruited for the Haryana team, while the experienced staff from the first phase was retained for Maharashtra.

Leveraging the expertise of the Maharashtra team from the previous phase, they conducted online training sessions for the newly appointed Haryana team. The training covered various aspects such as session content, methodology, materials, processes, challenges, and reporting formats.

Mr. Micheal Yangad and Ms. Priya Juliet facilitated a comprehensive 2-day training

GENDER EQUALITY (SDG-5) Newsletter



session with the Mumbai team on the 22nd and 23rd of April. They provided training manuals to aid in the development of session materials and resources like Helping Aids for effective implementation.

Following this, Mr. Micheal Yangad and Ms. Priya Juliet, accompanied by Jyoti, conducted training sessions with the Haryana team on the 29th and 30th of April, equipping them with the necessary training materials.

The Haryana team successfully conducted their first session on 30th April, engaging 750 students from the Government Girls' Senior Secondary School in Rewari, and proceeded to obtain permissions for further sessions.

Meanwhile, in April 2024, the IGP Maharashtra team focused on conducting sessions with Anganwadi workers from the Integrated Child Development Services (ICDS). With permissions secured from Dr. Shashikant Chavan and Mrs. Bharathi Ambedkar of G North ward, they conducted 8 sessions, benefiting a total of 250 beneficiaries.



1. Institutions/Communities' visitation for IGP - April 2024 (Maharashtra Update)

Institutions/Communities	Total beneficiaries
• Rajiv Gandhi Nagar ICDS Beet	28
• Matunga Labour Camp, ICDS Beet	25
• Mahim Koliwada, ICDS Beet	24
• ICDS Sevika Group, Sion	25
• Lakshmi Bhag, Jeevan Jyoti, ICDS Beet	15
• Shiv Mandir, ICDS Beet	45
• ONGC Anganwadi workers	54
• Prabhadevi Anganwadi workers	29
• ICDS Supervisors	5
• TOTAL	250

Adolescent Reproductive and Sexual Health - Metropolis

Worli, Maharashtra

On 10th April 2024, Chis Shenoy with Shilpa Lokhande visited Metropolis Head Office, Worli for a meeting. The purpose of the meeting was to understand the objective and activities for 2nd phase of proposal writing. Currently as per the meeting both the trainers are visiting the various villages and communities to prepare the platform for the second phase of the ARSH project.

LIFE BELOW WATER (SDG 14)

Newsletter



Beach Clean-Up Velankanni Beach, Maharashtra

A beach clean-up activity was conducted on 18th April 2024 on World Heritage Day at Velankanni Beach jointly with the Institute of Chartered Accounts of India, Vasai Branch (WIRC) & WICASA. Volunteers and refreshments were supported by WIRC & WICASA for this activity. Approximately 200 kg of waste was collected from the activity.



ZERO HUNGER (SDG-2) *Newsletter*



Maharashtra



Maharashtra

Roti Ghar

Child Help Foundation in collaboration with Roti Ghar provided cooked food to 1,800 children in Maharashtra, Delhi, Karnataka, Odisha, and Telangana. Child Help Foundation's main aim is to provide food to needy children and make their future bright and better by providing nourishing meals and taking care of their health so they can know the importance of food. No child will go to bed hungry in this world.



Odisha



Delhi

VILLAGE DEVELOPMENT PROJECT (SDG 8 & 10)

Newsletter



Village Cleaning Sahapur, Odisha

On Odia's New Year, the volunteers made it a point to start the year with a high commitment to clean the school and village. Therefore during April, Village cleaning activity was done by the 30 volunteers of Hemchandra Simanta Sanskrit Vidyalaya at the Village Sahapur, Odisha. Community and temple places were cleaned by volunteers and proper instruction was given to villagers to keep their areas clean and tidy. Through this activity, they learned to clean the premises of the village and also got the opportunity to motivate others.



COLLABORATION WITH OTHER *Newsletter*



Branding at Kashimira Police Station

Mumbai Suburban, Maharashtra

The purpose of the branding was to give visibility to the projects, so that people, especially the women visiting the police station would come to know that Baby Feeding Centre is available. The boards were prepared and boards were fixed on 13th April. Now after putting up the boards, it is expected that the people (especially the mothers with small babies) would know and use the facilities.



OTHER ACTIVITIES

Newsletter



Women Entrepreneurship Conclave 2024 - S.N.D.T. Women's University Juhu Campus, Maharashtra

Chris Shenoy attended the Women Entrepreneurship Conclave 2024 at S.N.D.T. Women's University, Juhu Campus. The key messages of the guests, names and designations are as follows:

Speech by Guests:

- Swati Pandey, M.D. of Airport Development Company
Women think differently driving deep into the unknown and giving way to neutral gender
Women empowerment schemes such as Annapurna - 60000/- 3 YRS Food serves.
- R. Ramanan - CEO of CMC Ltd
13% are all women entrepreneurs
Almost 50% of our population are women and girl children.
Yet there are less than 14% of women start-up entrepreneurs and less than 20% of women heading Micro Small and Medium enterprises.

- Ashish Panat - Directors, innovation & incubation & linkages.
Decisions taken by men are from Mothers.
- Nidarshana Gowani - Entrepreneur, social activist & the managing director of real estate and power generation plant for Kamala Group of Industries
Empower Women more together with respect.
Women are the future who will create disruption and plan an active role in making India a developed country.
- Priya Pansare - CEO of IBG [INDIAN BUSINESS GROUP] Chamber of Women - IBG helps women to build international relations.
- Namrata Thakker - Founder of Entrepreneur Excel, Partner in happysoul, capSAVVY & cap70.
EntrepreneurExcel is happy to support founders seeking funds - this one's for you.
- Chahatt Khanna - Actor, writer, Founder of Ammarzo Industries Pvt Ltd.
- Dr. Megha Sharma - Founder & Director of Toggle v Empower All MBA - serial Entrepreneur.
My mission is to improve women's health in India as an entrepreneur.
Success is not about gender, it's about your attitude.
- Purna Arora - Indian film producer and Co-founder of films like Rustom & Toilet - Ek Prem Katha
- Simran Ahuja - entrepreneur, MS India, Actress, TV host.
If you want to do it do it with your heart & soul.
- Tanuja Yogesh Rane - Founder & Owner of Tanuja & Associates
You should be where your heart is.
- Ganesh Gokhale - Co-founder & director of Konkan estate.
- Laxmi Goritoyal - CEO, Women Innovation Startup Entrepreneurship.

OTHER ACTIVITIES

Newsletter



Meeting with CDPO M Ward - Beggars Home

Chembur, Maharashtra

On 4th April, 2024, Shilpa Lokhande-Deputy Manager Project along with Gopi Menon-CSR visited Beggars Home, Chembur. The purpose of the visit was to get information about issues and concerns of the ICDS project. The meeting was fruitful and Ms. Namrata Bhalerao-Shinde (CDP-Child Development Pedagogy) is ready to support Child Help Foundation for this project.

Activities with the Children of Caring Hands Organisation

Mumbai Suburban, Maharashtra

Three interns from Nanawati College were placed with CHF for their field experience. On 17th April, they prepared games and activities which they conducted with the children of Caring Hands Organisation in Mumbai Suburban, Maharashtra. The activities were conducted to increase the sharpness of mind and memory. All the children enjoyed the activities and games.



Celebration of Dr. B. R. Ambedkar's Birth Anniversary

Mumbai Suburban, Maharashtra

The birth anniversary of Dr. B.R. Ambedkar was commemorated with great enthusiasm alongside the children of Mashacha Pada, Kashigaon. Esteemed guests including Mr. Prashant Sawant, Mr. Narendra Uparkar, Mr. Shreyas, and local leaders graced the occasion with their presence.

The event featured insightful speeches by the children, shedding light on the remarkable life and achievements of Dr. Ambedkar. Additionally, the young talents showcased various performances, like dance, and poetry, adding vibrancy to the celebration. As a token of appreciation, trophies were given to the children who gave speech and stationery items were distributed among the children, symbolising the importance of education and learning.

The atmosphere was filled with joy as the children actively participated and expressed their talents. Their efforts were met with encouragement and support from the Child Help Foundation (CHF), motivating them to further showcase their skills. The heartfelt gratitude of both guests and local community members was extended to CHF for spearheading such a meaningful initiative, fostering education, and nurturing the potential of the younger generation.



OTHER ACTIVITIES

Newsletter



TCS 10K Marathon Bengaluru, Karnataka

The TCS 10k Marathon was held on 28th April 2024. 26 team members of Blr-1, Blr-2, Blr-3 and Blr-5 branches participated in Majja Run at 8.10 am and reached the finishing point at 10 am with placards which reflected the work of Child Help Foundation. Everyone was in black and blue jeans wearing the T-shirt of Child Help Foundation. The other participants of the event highly appreciated the placards. It was a rocking event with full of enthusiasm. The entire team was facilitated with a medal for participating in the 5.5 km Maja run. Mr Pandurang Vithu Chougule donated Rs 5,700 for charity bibs. He participated in the 10k marathon. Mr Siddharth Bhatia also donated Rs 5,500 for charity bibs and Mr Renuka Prasad H.R. has raised Rs 65,000 for Child Help Foundation for TCS 10K marathon.

Donation of Fridge to Caring Hands

Child Help Foundation received two fridges from St. George Orthodox Syrian Church, Borivali in Maharashtra as a donation. CHF decided to give one to Caring Hands as they were in need. The other fridge was given to Arogya Sadan, which is to be used as a Food Bank for Thalaesaemic Children and their families residing in Arogya Sadan.



Virtual 1-Day Dance Workshop

World Dance Day by Shaimak Davar, (Victory Art Foundation) was organised on 29th April. It was a dance therapy workshop and the objective was to teach this to the people and children who need this therapy to reduce stress. Child Help Foundation felt that children from Saraswati Anath Ashram (SASA) and Ashraya would be beneficial to them. Child Help Foundation head office team also participated in the workshop. It was an online workshop and Child Help Foundation coordinated it. The workshop was conducted between 11 am and 12 pm. SASA, Ashraya, and the Child Help Foundation Mumbai team participated and enjoyed the dance.



AWARDS AND APPRECIATION CERTIFICATION *Newsletter*

Appreciation Certificate from MBMC Mumbai, Maharashtra

Appreciation Certificate, Appreciation Letter and Trophy for Appreciation were given by Mr. Sanjay Shreepatras Katkar- IAS Commissioner & Administrator, Mira-Bhaindar Municipal Corporation to Child Help Foundation for its valuable support and cooperation in the Deep Clean Drive inaugurated by Chief Minister of Maharashtra Shri. Eknath Shinde and also for Child Help Foundation's participation on Women's Day.



AWARDS AND APPRECIATION CERTIFICATION *Newsletter*

Certificate of Gratitude for Volunteering to Save Lives Received at Walkathon at Vile Parle, Maharashtra Nanavati Hospital World Liver Day

The event had taken a step towards Good Health, taking a step towards Life and conducting a Walkathon to celebrate. On the 21st of April 2024, Nanavati Max Super Specialty Hospital organised a Walkathon event which was attended by Mr. Raj Kumar Hirani (Indian Filmmaker, Director and Editor), Mr. Abhijit Joshi- (Indian Screen Writer & Film Director) and the Treating Doctors of Nanavati Hospital, Dr Vibhor (liver Surgeon), Dr Jathin (liver surgeon) along with Mrs Sayli (Medical Social Worker) followed by the Liver Donors and Patients who had successful liver transplants along with the well-wishers of Nanavati Hospital. A total of approximately 100 participants attended the event. This event brought together a diverse group of participants, also conducted a Gift Distribution to the Liver Donors, and shared their testimonials. Child Help Foundation was given the privilege to be a partner in Supporting the Treatment of Patients and was rewarded a Certificate of Gratitude for Volunteering to Save Lives.



Our Programs *Newsletter*



2 ZERO HUNGER



3 GOOD HEALTH AND WELL-BEING



4 QUALITY EDUCATION



5 GENDER EQUALITY



6 CLEAN WATER AND SANITATION



8 DECENT WORK AND ECONOMIC GROWTH



10 REDUCED INEQUALITIES



11 SUSTAINABLE CITIES AND COMMUNITIES



13 CLIMATE ACTION



14 LIFE BELOW WATER



15 LIFE ON LAND



17 PARTNERSHIPS FOR THE GOALS

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