



Bringing Smiles

# CHILD HELP FOUNDATION

November'23 Journal



## 13<sup>th</sup> Anniversary of Child Help Foundation

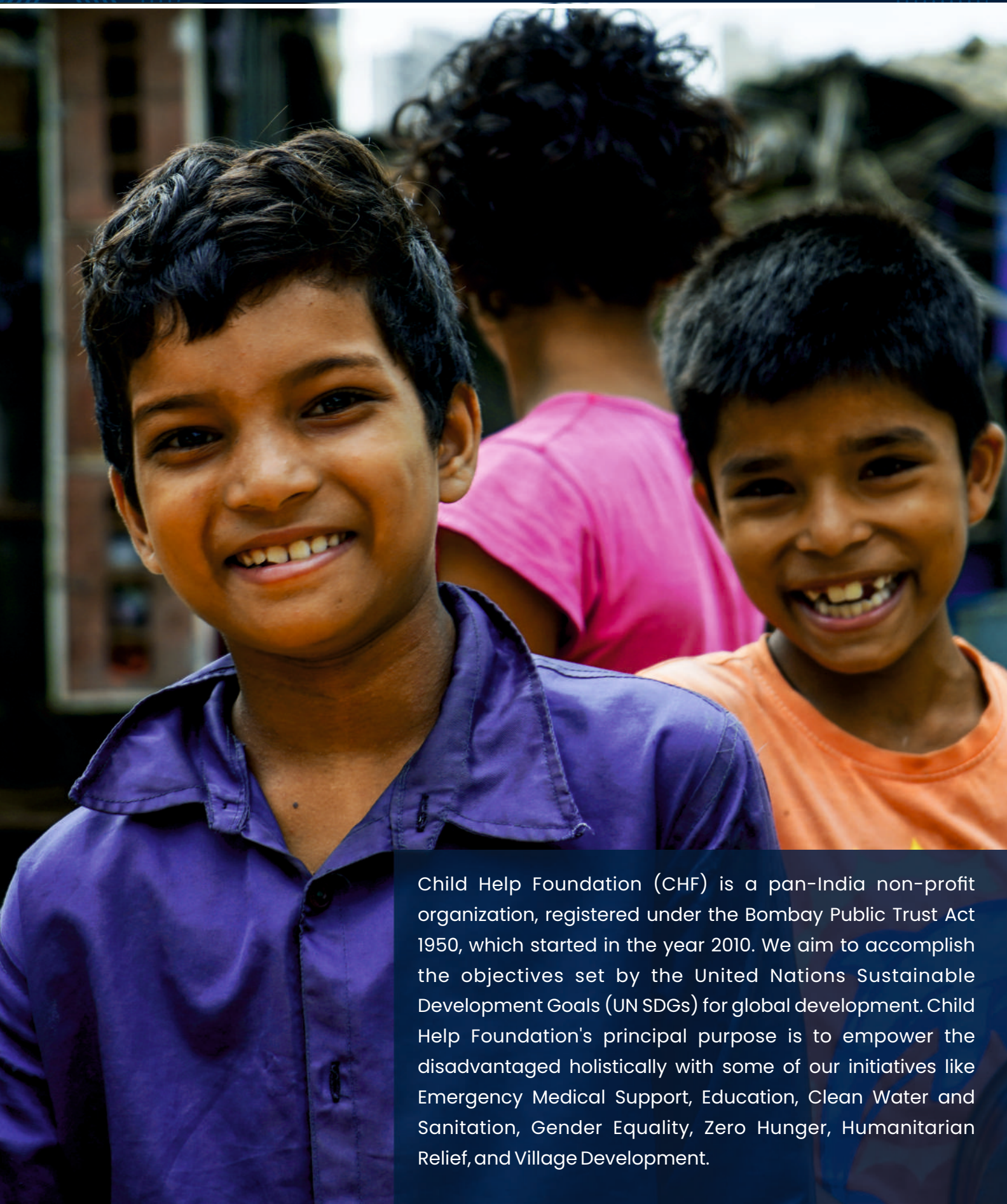
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# About Us



Child Help Foundation (CHF) is a pan-India non-profit organization, registered under the Bombay Public Trust Act 1950, which started in the year 2010. We aim to accomplish the objectives set by the United Nations Sustainable Development Goals (UN SDGs) for global development. Child Help Foundation's principal purpose is to empower the disadvantaged holistically with some of our initiatives like Emergency Medical Support, Education, Clean Water and Sanitation, Gender Equality, Zero Hunger, Humanitarian Relief, and Village Development.



# +Celebrating 13 Years of Child Help Foundation:





# Celebrating 13 Years of Child Help Foundation: A Glimpse into 2023's Foundation Day

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On November 18, 2023, Child Help Foundation (CHF) celebrated its 13th Foundation Day. The celebration was held with all the offices of CHF via a Zoom meeting. The Foundation Day falls on 19th November. Since the 19th of November was a Sunday, Child Help Foundation decided to hold the celebration on Saturday to give a memorable occasion for all its employees.

The celebration was inaugurated with a lighting of the lamp ceremony by Mr. Rajendra Pathak (Founder), Mr. Jiji John (Executive Director) and Mr. Shaji Varghese (Chief Executive Officer). A video was showcased in honour of the stellar work done by the organization. Further into the celebration, employees were rewarded for their long service to the organization and winners of competitions like Best Review on Google for CHF Contest and Social Media Engagement Contest were awarded. The curtain was drawn by a cutting of a cake with thirteen candles on it and snacks were distributed to all staff members.

The event was a joyous occasion for all the staff members of Child Help Foundation, which received a positive response from everyone involved. It was a tribute to the contribution of everyone, who helped the organization make a lasting impact in the lives of 44,81,098 people throughout India.

Expressing his joy on 13th anniversary of Child

Help Foundation, Mr. Shaji Varghese (The Chief Executive Officer) said "Ever since the inception of Child Help Foundation, we have dreamt of helping people throughout India. But in the initial years, I had no idea that Child Help Foundation would be able to make such a big difference. This was only possible through the dedication of our lovely staff members and the sheer good-will of our volunteers and donors. I have no words to express my gratitude to everyone who has been involved in the giant organization that is Child Help Foundation."

Child Help Foundation would like to thank all the donors, staff members, volunteers and corporate sponsors for helping CHF on its journey of 13 years. The organization hopes to continue this relationship of goodwill in years to come.





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# Emergency Medical Support



## Twin Babies of Poornima

Premature Birth  
Complications

### Twins of Poornima in Peril, Please Save Them from Misfortune

"I dreamt of being a father even since I married my wife, Poornima. When she broke the news that she was pregnant, I couldn't believe it. This was going to be the happiest thing that ever happened to us. But when my wife's water broke before her due date, I was shattered beyond belief."

Purushotham Reddy ; (Father)

On 16th November, 2023, Poornima gave birth to twin daughters. But the joy and happiness were absent on the faces of the couple.

The babies were born prematurely and are extremely weak.

The parents didn't even get a moment with their child, they were quickly placed in the NICU of Telangana's Sowmya Children's Hospital (7.8 km from Hyderabad Railway Station). The babies have to rely on a ventilator the cost of the treatment is coming at Rs 14,00,000/- (Rupees Fourteen Lakhs Only).

Purushotham is a computer operator and the sole breadwinner in his family of four. His meagere income is not enough to support the medical expenses, considering that he lives in a rented house.

The only way to save the babies is through your kindness and generosity. Please donate to the fundraiser and share this with your friends and family members. Your single contribution has the power to ensure that this couple stays happy forever.

**There are many more children who need urgent treatments, and your small contributions can make a huge difference.**

**Please Donate!**



**Shivraj Shinde**  
5 Months  
Heart Disease



**Pari Bana**  
3 Years  
Heart Disease



**Humna Fatima**  
3 Years  
Heart Disease



**Aadishree Gaikwad**  
3 Years  
Heart Disease

# Emergency Medical Support



**Thanmai**  
5 Years  
Kyphoscoliosis



**Dhiren Naik**  
3 Years  
Heart Disease



**Wajiya**  
5 Years  
Spina Bifida



**Mohd. Shiras**  
15 Years  
Cancer



**Ayaz**  
8 Years  
Pyeloplasty



**Kadajari Sukumar**  
3 Years, 4 Months  
Leukaemia



**Ansh Makwana**  
3 Years, 9 Months  
Leukaemia



**Niya Fathima**  
9 Years  
Thalassemia



**Anjali**  
10 Years  
Anorectal Malfunction



**Nibi Kumari**  
11 Years  
Medulloblastoma



**Shobha Waghmare**  
15 Years  
Renal Disease



**Baby of Manorama**  
2 Months  
Neonatal Encephalopathy

# Emergency Medical Support



**Baby of Sandhya Rani**  
8 Days  
Neonatal Meningitis



**Mahananda**  
13 Years Old  
Congenital Dorselo Scoliosis



**Soban**  
5 Years  
Multiple Metastasis and  
Carcinoma Cystic



**Twins of Jyothi**  
Infants  
Premature Birth Complications

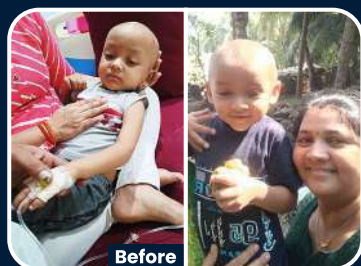


# Success Stories



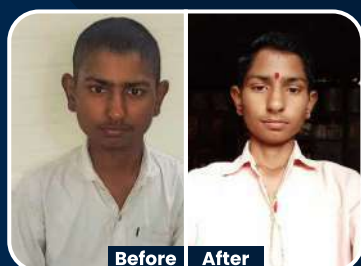
**Naveen Jinkala**

Naveen, a four-year-old child, was carrying a weak heart which had troubled him since he was nine months old. His father, Raju Jinkala, worked at a private firm. So, he couldn't arrange the amount required for Naveen's treatment. Seeing no choice, he approached Child Help Foundation. After verifying, the donors raised the money for Naveen's treatment.



**Ansh Makwana**

Ansh was losing his strength and his hopes to cancer. He had lost all his hair due to rigorous chemotherapies. The cost of saving his life was Rs 1,25,000, which was impossible for Ansh's father, who works as a labourer. With a faint glimmer of hope, he reached out to Child Help Foundation. His hopes were answered, as the donors saved Ansh through donations and love.



**Omkar Warad**

Omkar's intelligence was being wasted as he had to deal with Hodkin's Lymphoma. His days were plagued by immense pain in his legs and his head. The only way to save him was through an expensive treatment, which was beyond the means of his parents. When all doors seemed closed, donors of Child Help Foundation came to the rescue and saved Omkar from depths of despair.



**Aadishree**

The joys of childhood became unknown to Aadishree as she was diagnosed with a deadly heart condition. The treatment was expensive. Especially for a family which relied on the income of Aadishree's father and grandmother. The malady was strong, but the love of donors was stronger, and it helped Aadishree to reach her treatment.



# Success Stories



**Anuj**

Fearing mockery, Anuj shut himself in and started living a life of recluse. Hydrocephalus gave his skull an abnormal shape, making him a target of cruel japes. His condition even prevented him from going to school, even though he was eight years old. But with the help of donors, Anuj has finally received treatment and will soon resume his normal life.



**Bo Sunita**

Sunita Devi and Ajay Kumar Mishra were heartbroken when their baby arrived prematurely, weighing very little. The newborn needed extensive care in the NICU and relied on a ventilator to pull through. However, the costs were daunting for the family. Facing a difficult choice, the couple turned to Child Help Foundation for assistance. Thanks to the incredible generosity of donors, Sunita Devi's baby is out of danger now.



**Ruhan**

Four-year-old Ruhan was born with a heart condition that doctors believed would heal on its own. Unfortunately, that wasn't the case, and he's lived with this condition for years. The only hope for him was a costly surgery. But, Ruhan's father, Shahabaj, a labourer supporting a family of four in a rented home, couldn't afford it despite borrowing extensively from relatives. In desperation, Shahabaj turned to Child Help Foundation. The donors then stepped in and saved the little boy.



**Maihir**

For a year, three-year-old Maihir has battled Hepatoblastoma Pretext IV, a liver tumour disease. His father, Atrakul, had to quit his job to care for him, relying on his loved ones for daily expenses. However, the daunting expense of a vital liver transplant remained beyond their means. Driven by desperation, Atrakul sought assistance from Child Help Foundation. Miraculously, the donors' love and support answered his prayers and Maihir had a successful surgery.

# Success Stories



**Bo Sandhya**

The arrival of their first child filled S. Gangaraju and S. Sandhya Rani with joy, but it swiftly turned to concern when their baby boy was diagnosed with neonatal meningitis. It was a deadly brain infection that led to severe weight loss, demanding urgent NICU attention. Just when hope seemed elusive, the compassionate donors stepped in, becoming their lifeline and rescuing the family from the depths of despair.



**Aluva Amulya**

Eleven-year-old Amulya has bravely faced Congenital Heart Disease since she was a mere few months old. Her parents, Suresh and Sujatha, toil as agricultural labourers, relying on daily wages to sustain their family. Affording the staggering Rs 5,50,000/- needed for Amulya's treatment felt utterly impossible for the couple. Faced with this overwhelming hurdle, the couple reached out to Child Help Foundation for a glimmer of hope. Thanks to the incredible kindness and compassion of donors like you, Amulya received the treatment she so desperately needed.





# International Volunteer Day: Extending Gratitude to the Selfless Humanitarians

“On this important day, let’s re-commit to ensuring that all people can lend their energies to shaping a better future for all people and the planet we share. Let’s stand with volunteers, everywhere.” – António Guterres

December 5 is annually celebrated as International Volunteer Day, which is a United Nations-designated international celebration. It offers an opportunity for volunteer-involving organizations and individual volunteers to promote volunteerism, encourage governments to support volunteer efforts and recognize volunteer contributions to the achievement of the Sustainable Development Goals (SDGs) at local, national, and international levels.

The theme for this year is “The power of collective action: if everyone did”. The theme calls for everyone to volunteer, to make this world a better place and create limitless possibilities for sustainable development – food and education for everyone, a clean environment and good health, inclusive and peaceful societies, and more. Use the hashtags #IfEveryoneDid and #IVD2023 to join the conversation.

To celebrate the selfless volunteers, who dedicate themselves to making this world a better place without anything in return, we would like to talk about how they make a difference in the world.

## **Volunteers Raise Awareness about Issues**

When a Volunteer dedicates themselves to a cause, they are not only making a difference but are also educating people about different issues. Curiosity around their peers arises, and volunteers get an opportunity to educate their loved ones. This creates a chain reaction of awareness and education, that has immense power to change the world.

## **Volunteers Provide an Extra Hand**

NGOs and orphanages have staff at their disposal to carry on their task. But a limited number of people can only bring a limited amount of utility. This is where a volunteer can be helpful. They make extra efforts that are helpful to make sure that as many needs as possible are met.

## **Volunteers provide comfort and support to all people.**

Volunteers cater to the people who need help the most. During such times of crisis, volunteers have been known to bring comfort and support to the people during the most tumultuous times. They give hope and direction to the people who may be missing it.

## **Volunteers foster community development and success.**

Volunteers make the lives of marginalized people better just by committing to the task. This is important if we want to uplift the lower class. By making things easier for the lower strata of society, we are giving them more power to rise in the future.

## **Volunteers Save Lives**

During times of crisis, Volunteers have been at the forefront of providing humanitarian aid. The amount of lives they saved is immeasurable. They provide help in making areas safe after natural disasters, provide emergency support, and deliver vital goods like water, food, and medical supplies to areas in desperate need.

Child Help Foundation is incredibly thankful to all our volunteers, who thanklessly commit to fulfilling our goals. We are indebted to their

[Read More ...](#)

# Monthly Highlights

## SDG3: GOOD HEALTH AND WELLBEING

### • World Cancer Awareness Day

On the occasion of World Cancer Awareness Day, i.e. 9th November, 2023, Child Help Foundation organized awareness sessions in three villages named, Karhe-Talawali, Sakhare and Bhadangepada in Palghar District, Maharashtra. The sessions were conducted by Mr. Ravsaheb, Dr. Preeti and Dr. Sanjeevani, covering the topic of cancer, its reasons, prevention measures and facts. The topics of breast and cervical cancer were discussed in detail and the ill effects of tobacco on the human body were also discussed, as tobacco consumption is common in rural areas and is the biggest cause of cancer. The flip charts and posters were used during the session and it proved an effective tool of communication, as most of the participants were illiterate. The sessions were made interactive by sharing experiences, stories and examples. Through the sessions, 121 villagers were sensitized.



### • LTPCT Meeting at Head Office

The team members of the School Health Program, Vikramgad in Maharashtra called for a project review meeting at Child Help Foundation Head Office, Mumbai Suburban on 25th November, 2023. The targets, activity planning for the upcoming month and work strategy were discussed. The team was given information on Child Help Foundation's ongoing projects, and HR rules. After that, the digital team organized the discussion on data entry software which was developed to capture all the data of individual students from ten ashram schools under the School Health Program. The review was taken on the current status of data entry, remaining data, challenges and suggestions from data entry operators. Ms Shalini, a member of Child Help Foundation also conducted a test on Child Help Foundation's current activities and the other topics which the organization focuses on through its initiatives.



# Monthly Highlights

## SDG3: GOOD HEALTH AND WELLBEING

### Update of Baby Feeding Centres

Child Help Foundation visited Baby Feeding Centres (BFCs) in Pune, Palghar, Boisar, Kalyan, and Kurla Railway Stations and Sir J. J Hospital, Cama And Albless Hospitals, St. George's Hospital, Urban Health Centre Hospital, Kashimira Police Station in Maharashtra, BFCs in Chottanikkara Temple, General Hospital and Lakeshore Hospital, in Kerala, Atal Bihari Vajpayee and C. V Raman Hospital in Bengaluru, Karnataka, BFCs in Katihar Railway Station, Bihar, Vizag Railway Station, Andhra Pradesh and New Jalpaiguri Railway Station, West Bengal and Egmore Medical Hospital, Tamil Nadu, throughout November to take updates. All BFCs were found to be well-maintained and hygienic. A board was placed outside the Baby Feeding Centre in Kashimira Police Station to inform the mothers about its presence, as the centre was not being utilized. A brand new baby feeding centre was inaugurated at the Institute of Obstetrics and Gynaecology in Egmore, Chennai, Tamil Nadu.



Palghar Railway Station  
Maharashtra



Boisar Railways Station  
Maharashtra



Kashimira Police Station  
Maharashtra



Kalyan Railway Station  
Maharashtra



Kurla Railway Station  
Maharashtra



Pune Railways station  
Maharashtra

# Monthly Highlights

## SDG3: GOOD HEALTH AND WELLBEING

### Update of Baby Feeding Centres





# Monthly Highlights

## SDG3: GOOD HEALTH AND WELLBEING

### • Update of Baby Feeding Centres



Chottanikkara Temple  
Kerala



General Hospital  
Kerala



Lakeshore Hospital  
Kerala



Chennai  
Tamil Nadu



Egmore Medical Hospital, Tamil Nadu



Vizag Rly Station, Andhra Pradesh

# Monthly Highlights

## SDG3: GOOD HEALTH AND WELLBEING

### • Permission and Visits for Installing New BFCs

Child Help Foundation is in the process of approaching BMC hospitals to get permission for the installation of Baby Feeding Centres and finalizing the place for the centre. They visited to seek permission and followed up with the hospital where the letters were given. Child Help Foundation members, Ms Chris and Ms Jyoti visited the following hospitals during the month of November – Cooper Hospital (Vileparle), Topiwala Hospital (Goregaon), SK Patil (Malad), Shatabdi (Kandivali), Ambedkar Hospital (Borivali), Rajawadi (Ghatkopar), Matoshree Ramabai, (Ghatkopar), Jyotiba Phule (Vikhroli), Bhabha Hospital (Kurla), Trauma Care (Jogeshwari), Nair and KEM (Parel), MAA (Chembur), Agarwal Hospital (Mulund) in Maharashtra

Permissions were successfully received from 4 hospitals, namely- Pt. M M M Centenary Hospital (Govandi), Sant Muktabai Hospital (Ghatkopar), Krantijyoti Savitribai Phule Hospital (Borivali), Kasturba Hospital (Chinchpokali). In Krantijyoti Savitribai Phule Hospital (Borivali), they have requested two BFCs. Therefore total of 5 BFCs are to be installed.





# Monthly Highlights

## SDG3: GOOD HEALTH AND WELLBEING

### • BABY SLEEPING SACK DISTRIBUTION

The baby sack distribution, titled 'Sleeping Sack Kiddie Comforts', is a comfortable sleeping sack for children of 6 months to 2 years, where the material is made comfortable as well as baby-friendly in terms of dryness and cleanliness. These baby sacks are to be distributed amongst the less privileged masses to help their children during the various seasons keeping them comfortable and warm. The baby sacks were distributed in the following places: Govandi (Mumbai, Maharashtra), Agarwadi, Maykhop Village (Palghar, Maharashtra), Hateri Vanvasi and Konkanpada Village (Jawhar, Maharashtra), Indira Gandhi Hospital (Mumbai Suburban, Maharashtra), Vilangee Village, Nagave Village, Kore Village, and Usarni Village (Maharashtra), Pithanwas Anganwadi (Haryana), Chabke Talavali (Palghar, Maharashtra), Ayiankavu Panchayat, Eleven Wards, Kazuhuthaurutti, and Aryan Kavu (Kollam, Kerala), Mashacha Pada (Maharashtra), Saphale (Maharashtra) and Palghar (Maharashtra). The distribution drive was done in collaboration with Support NGO and staff at Metropolis.



# Monthly Highlights

## SDG3: GOOD HEALTH AND WELLBEING

### • Visit to BMC Ward Office, Parel, Maharashtra

On 17th November, 2023, Ms Jyoti and Mr Ravsaheb, Project team members visited the Mumbai Municipal Corporation office in Parel, Maharashtra to meet the Health Officer. The purpose was to seek permission for the installation of Baby Feeding Centers in the Maternity Hospitals of BMC. The letter was dispatched to the department as the Health Officer was not present.

### • Arogya Sadan, Borivali, Maharashtra

Child Help Foundation is committed to making a positive impact on the lives of various disease and disorder-affected paediatric patients and their families. We are working to provide support and assistance to these young warriors who battle with unwavering courage. **Arogya Sadan** (Child Help and Care Centre) serves as an essential facility to provide care, support, and a safe environment for children living with various types of diseases and disorders. **Arogya Sadan provides Free Accommodation, Free Food (Nutrition), Free Transportation, Hygiene and Sanitation, Psychosocial Support, Non-Formal Education Services, and Recreational facilities** to the paediatric patient and their families. This is the status of the beneficiaries of Arogya Sadan:

Narayan Thakur – Transplant Cancel due to Spleen Enlargement

Aryan Kumar – Transplant Cancel due to increase in Platelet count

Aarav Kumar – Bone Marrow Transplant completed; Now undergoing After Care at Arogya Sadan

Aradhya Kumari – Bone Marrow Transplant completed; Now undergoing After Care at Arogya Sadan

Aman Ahirwar – Bone Marrow Transplant completed; Patient Fully Recovered

Vikrant Thakur – Bone Marrow Transplant completed; Patient Fully Recovered

Amit Kumar – Tests Ongoing

Abhishek Kumar – Tests Ongoing





# Monthly Highlights

## SDG4: QUALITY EDUCATION

### • Diwali Vacation Educational Sessions for Ashram School Students

There was Diwali vacation from 9th to 24th November in all the Ashram schools in Maharashtra. Teachers went to the villages and conducted sessions with the group of students on various subjects. The coordinator also made visits regarding the program on World Children's Day to promote a shift towards eco-friendly alternatives through the means of technology.



### • Child Care Institute-CCI (Number of Students-263)

By partnering with multiple Child Care Institutes across India, Child Help Foundation ensures educational opportunities, aiming to nurture responsible, healthy citizens from underprivileged backgrounds. The organization has conducted several activities in the CCIs. Apart from special day celebrations like Diwali, Birthday, and Children's Day, counselling and health awareness sessions were also conducted. These events were organized in Needs Charitable Trust in Sai Geetham, Horamavu, Bengaluru, Karnataka, Ashraya (Handicapped Welfare Organisation) in Dumuduma H.B. Colony, Bhubaneswar, Odisha, Khirod Basini Kanya Ashram in Katada, Dist-Angul, Odisha, Koel Saraswati, Katada, Dist-Angul, Odisha, Charis Foundation in Thirumullaivoyal, Chennai, Tamil Nadu, Special School of Joy in Kadma, Jharkhand and Saraswati Anath Shikshan Ashram in Pune, Maharashtra.

# Monthly Highlights

## SDG4: QUALITY EDUCATION

### • World Children's Day

On 20th November, 2023, Child Help Foundation celebrated "World Children's Day" at Pagi Pada, Murbad Village Panchayat, Palghar, Maharashtra. The principal of Government Ashram school, Murbad was present for the program as a guest and other panchayat members were also present. The program was organized at the Panchayat Hall. Children made rangoli on the theme of "World Children's Day" and put up different performances like dances, songs, and drama. Two groups of girls put up traditional dances. The highlight of the event was the street play which was performed by the students from the Talwada School. A skit was also performed, the topic of which was mental health. The skit was directed by Mr Nitin Pawar (Child Help Foundation Team member). The performance was appreciated by the villagers. Around 400 people including children, men and women were present for the program. Villagers loved the program and appreciated Child Help Foundation for organizing the program. Ms Jyoti thanked the panchayat members for their cooperation. Children and adults were distributed snacks after the program. Children were also given gifts and prizes. Child Help Foundation distributed stationery and games to the performers and clothes to the villagers.





# Monthly Highlights

## SDG4: QUALITY EDUCATION

### • Visit to Govt. Kendra School – Silvassa, Dadra and Nagar Haveli

A visit was organized on 24th November, 2023 at Govt. Kendra School, Amboli from Silvassa, Dadra and Nagar Haveli to review the project preparation of the computer training centre donated by Dorf Ketel Chemicals Private Ltd. The meeting was conducted with the school principal- Mr. Ramu Choudhary and Rohit Vavre, who is appointed as a computer teacher. The review was taken in preparation for the inauguration program and schedule. The inspection was done of the venue where the inauguration ceremony will take place. The inspection of the computer lab was also done by checking each computer system installed there and other equipment such as air



### • Mini Science Centre Project –Bihar

The Mini Science Centre project is being implemented at M S Maur and M S Koyaribigha School, Barbigaha, Bihar. The project is supported by National Fertilizers Limited. Lessons in Science and Mathematics are regularly conducted with the help of the models provided by the Mini Science Centre. Ms Rajanikumari conducted Science and Math tests with the students of both the schools. This time she conducted it as a group test. They prepared science projects during the month. The students enjoy the classes under MSC and prepare the models themselves. This has increased their interest in Science and Mathematics.



# Monthly Highlights

## SDG4: QUALITY EDUCATION

### • Visit to Dimapur, Nagaland

#### PRESENTATION OF IMPACT ASSESSMENT OF SENJUM SCHOOL, GPS, DIMAPUR, NAGALAND

FOCUS GROUP Discussion with the School Management Committee (SMC) was conducted on the 28th of November. Seven members managed the committee. The Committee Members ensured that there is an impact of Child Help Foundation Intervention in the project area; The teaching method of Child Help Foundation Volunteers is different from the teaching method of the school teachers who follow the curriculum. The SMC ensures that teachers **will take full responsibility** after the project phases out its support from the school.

Chris Shenoy, a team member of Child Help Foundation, conducted house visits for parents in Senjum Village in Nagaland, where the program is implemented. These children's parents, who are daily wage earners with a monthly income of Rs 8000, reside in traditional Bamboo houses. Post-school hours, the children assist their parents with household chores and attend tuition. They have shown remarkable progress, becoming more interactive and confident. While they have enhanced their reading, and writing skills, and sense of responsibility, they have notably gained confidence in conversing with strangers and greeting them warmly.

The interview was conducted with the Nyamo Lotha, school in-charge, mentioning, 'Child Help Foundation Intervention', there has been improvement in communication and expression of words. The level of confidence of students also has been developed.





# Monthly Highlights

## SDG4: QUALITY EDUCATION

### Annual Fair Program

The Program was sponsored and organized by Child Help Foundation.

Hosted by NCHD&IT Team, Mr. Roland T. Nugullie, Pastor of Senjum Village, Shri. Nilo Kato, the Area Education Officer (AEO) of Dimapur, and Chris Shenoy (Child Help Foundation Team member) were special guests. SMC and Village Council members, teachers, students and parents attended the program. The AEO has assured his support in future endeavours

The Chairman of SMC ensured that he and his committee will **work to increase its enrolment due to the quality program being implemented.** They thanked for the support extended to the school.

The **village council and SMC expressed their gratitude** for choosing their village communities and their willingness to shoulder every responsibility.

Students of Senjum Government Primary School received gifts that included a water bottle, pencil and sharpener each along with their portfolio (activity report), which contained all their activities sponsored by Child Help Foundation.



# Monthly Highlights

## SDG2: ZERO HUNGER

### • Food Distribution Drive

On the 13th and 14th of November, 2023, Child Help Foundation along with its crowdfunding partner, Filaantro, conducted a food distribution drive at Ashraya Orphanage in Dumduma, Bhubaneswar, Odisha. This distribution was done on the occasion of Children's Day. Children of the orphanage enjoyed hot and nutritious food. Thus the hunger and sadness of 800 children was erased through this distribution drive.



### • Nutrition Kit Distribution

On 22nd November, Mr Mahesh, a Child Help Foundation team member, in support of the PMTBMB (Pradhan Mantri TB Mukht Bharat Yojna) actively distributed nutrition kits (it's the sixth month) in collaboration with the Brihanmummbai Municipal Cooperation. The support is provided to 40 paediatric patients in Mulund, Maharashtra. These nutrition kits consist of rice, wheat flour, groundnuts etc. These kits are to contribute to the government's cause of Tuberculosis Free India. This also supports the values of Child Help Foundation.



### • Roti Ghar

Child Help Foundation in collaboration with Roti Ghar provided cooked food to 1800 children in Mumbai, Thane, Delhi, Bengaluru, Chilika, and Hyderabad. Child Help Foundation's main aim is to provide food to needy children and make their future bright and better by providing nourishing meals and taking care of their health so they can know the importance of food.





# Monthly Highlights

## SDG 5: Gender Equality

### • POSH Training

Sessions on POSH were conducted by Meena Lokhande-Lee, Head- Resource Mobilization in FSG, Taj Lands, Taj Palace, Taj Santacruz, Haq Darshak and XYX in Mumbai, Maharashtra. The provisions of POSH were elaborated in the session. Formation of the committee, Cases of POSH, Gender Equality and Responsibilities of the Head were discussed.



### • "Invisible Girl" Project

School/Colleges/Communities Visitation for IGP

Child Help Foundation members, Ms Ria and Mr Anna Rao Sir had sought permission from around 30 schools/colleges and corporate institutes, and communities for IGP to conduct the awareness sessions on female gendercide.

Schools/Colleges/Communities visitation for IGP

In total 30 Schools/colleges/communities from Maharashtra had been pitched by Ria and Annarao for the month of Nov 2023. Here is the list of schools where IGP sessions have been conducted for November 2023:

1. Harampur IGP Session (Palghar)
2. Grampanchayat Murbad Village (Palghar)
3. Deshmukh Factory Workers (Palghar)
4. Community Session Mashachadpada (Mumbai)
5. Shravan Garage workers Session (Palghar)
6. Maan Grampanchayat Session (Palghar)
7. Dolari Gram Panchayat Session (Palghar)
8. Dadade Gram Panchayat Session (Palghar)
9. Khadaki Gram Panchayat Session (Palghar)
10. Sarshi Grampanchayat Session (Palghar)
11. Talwada Grampanchayat Session (Palghar)
12. Ambheghar Dharampur session (Palghar)
13. SVN School (Mumbai)
14. Kasa BK Gram panchayat (Palghar)



# Monthly Highlights

## SDG 5: Gender Equality

### • Adolescent Reproductive and Sexual Health Awareness Session, Palghar, Maharashtra

Child Help Foundation is dedicated to improving the lives of children and adolescents by addressing their unique needs and challenges. In line with our commitment, we propose a comprehensive project to promote adolescent health and well-being in Palghar School, located in the Palghar district of Maharashtra, India. The Adolescent Reproductive and Sexual Health (ARSH) project aims to address the critical issues of sexual and reproductive health among adolescent girls, specifically focusing on the challenges of child marriage and the lack of proper education on menstrual hygiene. By providing comprehensive ARSH education, raising awareness about menstrual hygiene, and advocating for an end to child marriage, the project aims to empower adolescent girls with the knowledge and resources necessary to make informed decisions, protect their rights, and lead healthy lives. Here are the details of the program and the beneficiaries reached:

ARSH Awareness Session with Adolescent Girls (Covered 3979 adolescent girls)

Formation of Kishori Group (Formed 36 Kishori Groups)

Awareness Sessions with Teachers (Information given to 93 teachers)

## SDG 8 & 10: Village Development Project

### • Village Cleaning- Sahapur, Odisha

On the 5th and 26th of November, a Village cleaning activity was done by the 30 volunteers of Hemchandra Simanta Sanskrit Vidyalyaya at Sahapur, Odisha. Community and temple places were cleaned by volunteers and proper instruction was given to villagers to keep their areas clean and tidy. Through this activity, they learned to clean the premises of the village and also motivated others.





# Monthly Highlights

## Other Activities:

### • Daan Utsav Donations from India Exim Bank

On 7th November, 2023, Mr Shashibhushan, from Child Help Foundation team went to the Exim Bank office to receive the donation in kind from the staff of the company. Child Help Foundation received 7 boxes with several items like clothes, toys, and games. The donated materials are to be distributed to the less privileged children and adults.



### • Diwali Celebration

Child Help Foundation marked Diwali on 10th November with a joyous celebration, hosting a delightful lunch for the office staff and distributing gifts to everyone, fostering a festive and heartwarming atmosphere. There was a puja at the office and everyone added to the joy by donning ethnic attire, enhancing the celebratory ambience.



# Monthly Highlights

## Other Activities:

### • Child Help Foundation Foundation Day

19th November is the Foundation Day for Child Help Foundation. Since the day was a Sunday, the Foundation Day was celebrated on 18th November. The Day was celebrated at the PAN India level. Various activities and competitions were conducted in all the centres of Child Help Foundation. In the Mumbai office, the staff participated in the activities and enjoyed the day.



### • Bandra for Akshaya Patra Event

On 22nd November, Ms Meena Lee and Mr Ravsaheb attended the special event organized by Akshaya Patra. Akshaya Patra provides nutritious food to the students from the schools run by Bombay Municipal Corporation. Ms Meena Lokhande-Lee, Head- Resource Mobilization, was invited as a special guest for the program. The students who received the highest grades in the exams were awarded trophies and the best teachers were also felicitated. The distribution was done by the hands of Ms Meena Lee.



# Monthly Highlights

## Other Activities:

### • Child-Friendly Police Station Initiative

On 27th November, 2023, Mr Ravsaheb and Ms Jyoti, Child Help Foundation team members visited Kashimira Police Station, Mumbai Suburban to review the projects of Baby Feeding Center and Child-Friendly Police Station which were recently implemented there. Police Sub Inspector – Mr Dinkar Kolhe provided the update on the initiative and visited the rooms where the BFC is installed and the Child-Friendly section is started. The rooms are well maintained but not utilized enough. As per the information given by Ms Kusalkar, who is responsible for looking after the BFC, four to five lactating mothers use BFC in a week.



### • Internship Program for the Students from IIEBM, Pune, Maharashtra

The students of IIEBM, Pune are doing an internship with Child Help Foundation. After the orientation by Mr Jiji John (The Executive Director-Child Help Foundation) in the IIEBM, Pune in Maharashtra a possibility of association in terms of giving internships to the students, was explored and executed. A complete Internship program was planned by Child Help Foundation team in terms of 3 areas, Programs, CSR and POSH. An online orientation was done with the interns to explain the program and task division. The students started their first task with the community survey on 28th November.



# Monthly Highlights

## Other Activities:

### AWARDS AND APPRECIATION CERTIFICATION

- **Appreciation Certificate – Ashraya Orphanage, Odisha**

On 14th November, the Odisha team of Child Help Foundation received an appreciation certificate from Ashraya Orphanage, during the cultural program organized in the school on the occasion of Children's Day. The award was received by Mr Pathak (Founding Trustee) and Mr Jiji John (Executive Director).





# Our Programs



## Contact Us:

**Head Office :** 403/404, 4th Floor, Sai Arpan Bldg., Mira Road (E), Mumbai - 401107  
 +91-22-28118588, + (91) 9029010081 / 82 / 83 / 84  
[contact@childhelpfoundationindia.org](mailto:contact@childhelpfoundationindia.org) | [f](#) [@](#) [X](#) [v](#) [in](#) [p](#) [www.childhelpfoundationindia.org](http://www.childhelpfoundationindia.org)