



Bringing Smiles

CHILD HELP FOUNDATION

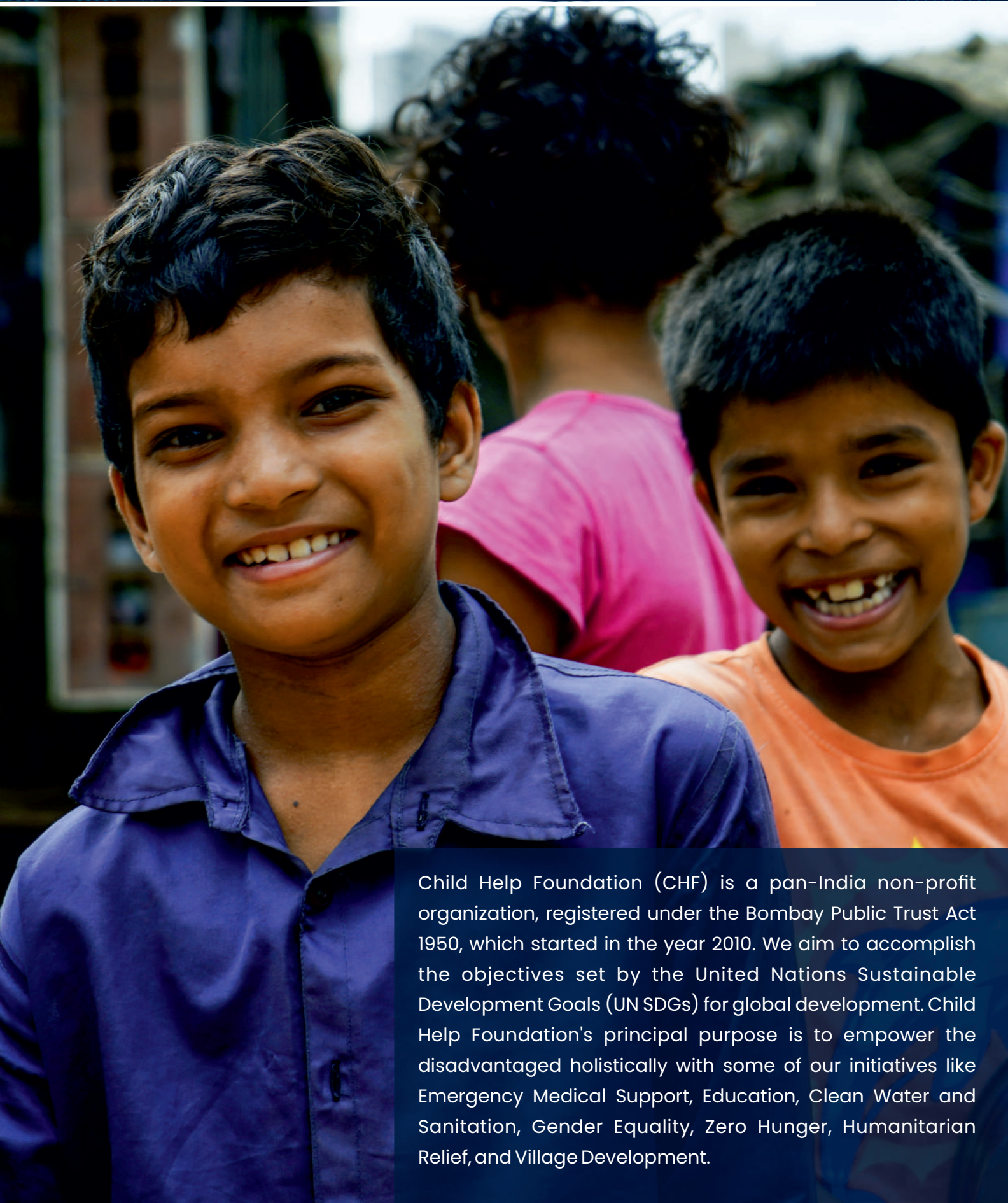
May'23 Journal



Bazaar Haat Inauguration



About Us



Child Help Foundation (CHF) is a pan-India non-profit organization, registered under the Bombay Public Trust Act 1950, which started in the year 2010. We aim to accomplish the objectives set by the United Nations Sustainable Development Goals (UN SDGs) for global development. Child Help Foundation's principal purpose is to empower the disadvantaged holistically with some of our initiatives like Emergency Medical Support, Education, Clean Water and Sanitation, Gender Equality, Zero Hunger, Humanitarian Relief, and Village Development.

Bazaar Haat Inauguration





Bazaar Haat Inauguration



On 1st May 2023, Bazaarhaat, a business hub, was inaugurated by IIFL Foundation and Child Help Foundation in Gulaabi Gaon, Nashik, Maharashtra. Bazaarhaat will help the local villagers to set up shops to sell products like groceries, household items, electronics, clothing, cutleries and tailoring. Medical Stores, Beauty Parlours and Salons can also be accessed by the customers in the village. The inauguration ceremony was exceptionally hosted by Mr Suhas Tare-Associate Vice President of IIFL Foundation.

Shilpa Lokhande, a project team member of Child Help Foundation gave a tour of the village to the beneficiaries and the Sarpanch of the Village, Mr Ragunath Jadhav. She explained about the products that will be sold, the team also visited the computer training centre, providing the villagers with valuable skills.

The inauguration of the Business Hub (Bazaarhaat) in Bhintghar, Nashik, is expected to bring several benefits to the villagers in the area. One of the primary benefits of this project is that it will create new employment opportunities for local residents. With the setting up of several shops in the business hub, people will be able to start their own businesses and earn a livelihood. This will not only improve the economic condition of the villagers but also contribute to the overall development of the region.

Moreover, the project will also provide training and skill development programs for the beneficiaries. The training centre at the

business hub will offer courses on various topics such as entrepreneurship, financial management, and marketing, which will help shop owners run their businesses more efficiently. This will enhance the capabilities of the beneficiaries and enable them to succeed in their ventures.

The business hub will also bring much-needed convenience to the villagers. With a variety of shops in one place, they will no longer have to travel long distances to purchase goods and services. The hub will offer a wide range of products, including groceries, clothing, and household items, making it a one-stop shop for all their needs. This will save the villagers time and money and provide them with greater accessibility to basic amenities.

The second part of the inauguration started with the felicitation of the IIFL Foundation team members, Sarpanch, Police Patil, Beneficiaries, and Field Volunteers. After the exchange of pleasantries, a performance was conducted which included a dance performance by the villagers and a skating performance by the children. The curtain was drawn with a vote of thanks by Ms Pranisha Lopes, a project team member, Child Help Foundation, and the distribution of snacks. CHF and IIFL Foundation are trying to make this business hub a success and a permanent source of income.

The Villagers expressed their gratitude and are looking forward to a new chapter in their village economy. We hope that Bazaarhaat will be beneficial to them.

Emergency Medical Support



Manthan Bagade
Cancer Treatment

I Am A Single Mother & Unable To Afford My Son's Cancer Treatment. Please Help!

"After my husband passed away, our world came crashing down. With a disabled daughter and a younger son, I thought it would be impossible for me to sustain them."
Lata bagade ; (Mother)

I never lost hope and started working to earn a living. My children are all I have, and I was determined to ensure they have a roof over their heads and food to eat.

My husband passed away due to kidney failure. He was an alcoholic. Due to his bad habits, his body gave up.

It has been a year since his demise, and we still face difficulty affording two square meals daily. I work on the farm as a wage labourer. I earn merely Rs.150 daily.

I was trying my best to look after my children until that fateful day...

Manthan and I went to the hospital to get his plaster removed. He had hurt his ankle while playing football in school.

On our way back home, I noticed a mild swelling on his ankle. Thinking that it would subside, I did not pay much heed to it.

Months passed by, and his swelling worsened. Manthan complained that his ankle was hurting.

Unable to heal it with home remedies, I took him to the nearest hospital.

Upon arrival, the doctors took him in. They began to run a series of tests and scans. They performed MRI, CT scan, blood test, and more.

[Read More ...](#)

There are many more children who need urgent treatments, and your small contributions can make a huge difference. [Please Donate!](#)



Ansh
1 Year, 4 Months
Congenital Heart Disease.



Priyontika Dey
3 Years
Bronchiolitis



Ansh Verma
12 Years
Heart Disease



Deepa Gavade
2 Years
Cancer

Emergency Medical Support



Aaditya Singh
2 Years
Leukaemia



Fidal Dev
12 Years
Heart Disease



Aadvik Ojha
10 Months
Rectal Atresia



Akanksha Arelli
14 Years
Complex Heart Disease



B/O Sabeena Khatun
1 Day
Premature Birth Complication



Siya
2 Years
Heart Disease



Ayush
2 Years, 6 Months
Heart Disease



Eldho Jain
13 Years
Kidney and Bladder Disease



Mahesh Gokak
14 Years
Scoliosis



Kainat
13 Years
Heart Disease



B/O Mohd. Nawaz Twins
7 Days Old
Premature Birth Complication



S. Tharsini
2 Years, 8 Months
Heart Disease

Emergency Medical Support



Twins of Dhivya

1 Month, 6 Days
Premature Birth Complication



Asna Bosco

2 Years, 6 Months
Rhabdomyosarcoma
(Tissue Cancer)



Aashrith

6 Years, 2 Months
Cancer



Nahida Begum

8 Years
Dorsolumbar Kyphoscoliosis



Akul Sreejith

9 Years
Polyarticular JIA and
Chronic Anterior Uveitis.



Jeshvitha

7 Years
Complex Heart Disease



Shraddha Shelke

2 Years, 10 Months
Heart Disease



Hisham

4 Years, 8 Months
Congenital Bilateral Vocal Cord Palsy



Ashwini Ashok

10 Years
Heart Disease



Hindavi

3 Years
Leukaemia



B/O Fauzia

2 Months
Premature Birth Complications



Naira Khan

7 Months
Terminal Lipomyelomeningocele

Success Stories



Vedansh

Deepak and Namrata were facing a harrowing situation when their one-year-old son, Vedansh, suffered severe burns after accidentally jumping into boiling water. With limited financial means, they felt helpless and unsure of how to afford the necessary Collagen Dressing treatment.

The cost of the treatment was 5,00,000 and Vedansh's parents arranged a little sum by asking their loved ones but later they were left with nothing and that's when Child Help Foundation stepped in. Through the network of donors, Child Help Foundation raised funds to cover Vedansh's treatment, providing hope and relief to the family.



Ishwari

Ishwari, a 7-year-old girl from Parbhani, Maharashtra, faced breathing problems and prolonged sickness, but her family couldn't afford the necessary treatment. With worsening symptoms, they rushed her to Balaji Heart Hospital in Mumbai, where doctors recommended an operation known as ICR of ASD closure. However, the estimated cost of the treatment, totalling Rs.2,50,000, seemed insurmountable for Ishwari's family.

With little hope and nowhere to turn, Ishwari's family found support through Child Help Foundation. Recognizing the urgency of her situation, the foundation stepped forward to provide the necessary funds for Ishwari's treatment



Nimisha Kadam

Nimisha Kadam, an 11-year-old battling Autoimmune hepatitis and chronic liver disease, received the vital support she needed. Through the assistance of Child Help Foundation and the community, the necessary funds for her deceased donor liver transplantation were raised. Nimisha successfully underwent the life-saving surgery, marking a remarkable turning point in her journey towards recovery.

Success Stories



Daan Aneesh

Daan Aneesh, a young boy barely two years old, faced a devastating battle with neuroblastoma. Tumours formed on his body, leading to the heart-breaking diagnosis. The road to recovery required a bone marrow transplant, tumour removal, and the possibility of kidney removal. The extensive treatment took a toll on the family's finances, as Daan had already undergone two cycles of chemotherapy.

Amidst their struggles, Child Help Foundation stepped in to provide a glimmer of hope. Recognizing the urgency of Daan's situation, the foundation offered their assistance. With their support, the family was able to cover the substantial cost of Rs. 31,00,000 for his treatment at Aster MIMS Hospital in Kerala.



Karthikeyan

Karthikeyan, a six-year-old with complex heart disease, despite undergoing one operation, Karthikeyan's journey was far from over, and he was informed by the doctors that he would need another procedure called Cardiac Catheterization followed by Fontan. He was receiving treatment at the Amrita Institute of Medical Sciences.

His father is a welder, and he struggled to afford the necessary amount for his son's treatment. Then, Child Help Foundation stepped in, covering the cost of Rs 3,50,000/- (Rupees Three Lakh Fifty Thousand). With the support of the donors, Karthikeyan underwent successful treatment, inspiring hope for others in need.



B/O Sunita

Sunita Devi and her husband, Ajay, faced their worst nightmare when their premature baby girl was born extremely weak. Placed in the NICU, their dreams crumbled, compounded by the news that the treatment cost amounted to Rs. 4,00,000/-. Ajay, the sole breadwinner, earned just Rs. 10,000 per month. However, their despair turned to hope when Child Help Foundation intervened. Through fundraising efforts and community support, the necessary funds were secured, saving their baby's life and turning their sorrow into a tale of success and gratitude.

Success Stories



B/O Lakshmi

Lakshmi and her husband were thrilled to be expecting twins, but their joy turned to anguish when the babies were born prematurely. Weighing just 1000 grams and 650 grams, the twins required intensive care in the NICU. The cost of their treatment, totalling 13,00,000/- (Rupees Thirteen Lakhs Only), left Lakshmi and her husband financially drained. In their hour of need, the Child Help Foundation stepped in, rallying support from the community and covering the treatment expenses. Thanks to their intervention, the twins received the specialized care they needed, offering a glimmer of hope in their challenging journey.



Devanshi

Devanshi's journey began with a diagnosis of Right Kidney Multicystic Dysplastic, a condition that hindered her kidney's proper development, resulting in various complications. Her parents, Vijay and Seema, received the heart-breaking news during her infancy that she was not yet suitable for surgery. They had to patiently wait for her to grow older, hoping for a better chance at treatment.

As Devanshi grew, the medical experts at Orbit Children's Hospital in Akola determined that she urgently required a major surgery, amounting to Rs 1,50,000/- (Rupees One Lakh Fifty Thousand Only). However, Vijay and Seema, who worked as farmers, faced the tremendous challenge of supporting their family of five while also gathering the necessary funds for their daughter's critical medical intervention.

Child Help Foundation reached out to Devanshi and her family, extending a helping hand in their time of need. They recognized the urgency of Devanshi's situation and promptly took action. They mobilized their resources, utilizing their network of supporters and donors to launch a heartfelt campaign to secure the funds required for Devanshi's surgery. And her surgery was done successfully.

Success Stories



Medisetti

Medisetti Sriram, a two-year-three-month-old boy from Uppangala, Andhra Pradesh, faced an uncertain future due to a heart defect. His father, a watchman earning a modest income, struggled to make ends meet, let alone afford the costly treatment for Sriram's condition.

Despite being aware of their son's need for surgery since birth, the Medisetti family faced financial hurdles that prevented them from seeking the necessary medical intervention. Each fever or breathing difficulty Sriram experienced only deepened their fear and uncertainty. However, a ray of hope emerged when the Child Help Foundation learned about Sriram's plight. Recognizing the urgency of his deteriorating health, the foundation swiftly intervened to provide the much-needed support.

Sriram was taken to the Apollo Institute of Medical Sciences in Hyderabad, where doctors diagnosed him with a complex heart disease. To address his condition, the medical team proposed VSD closure, PDA ligation, and CoA repair, essential procedures that came with a significant cost. The estimated amount required for Sriram's treatment totaled Rs. 5,50,000/-.

Child Help Foundation raised Funds for Medisetti's treatment, which was done successfully.



B/O Sheeba

Sandeep Chandran and his wife, Sheeba, found themselves facing a harrowing ordeal. Sheeba gave birth prematurely to a baby boy on March 18, 2023. The joyous anticipation of becoming parents was abruptly overshadowed by the stark reality of their baby's fragile health.

As their son fought for every breath in the neonatal intensive care unit (NICU) at Tiruvalla Medical Mission Hospital, Sandeep and Sheeba grappled with a whirlwind of emotions. the financial burden associated with the prolonged NICU stay loomed heavily over Sandeep and Sheeba.

Recognizing the urgency of the baby's condition, Child Help Foundation swiftly stepped in to offer help to the parents. Child Help Foundation launched a fundraising campaign to cover the extensive medical expenses. And played a vital role in saving the baby's life.

Success Stories



Aniket

The grief-stricken journey of the Mali family began two years ago when their fifteen-year-old son, Aniket Sharanappa Mali, was diagnosed with Large ASD (Atrial Septal Defect). This devastating news shook the family to its core, but they remained resolute in their determination to help Aniket overcome his condition. Now seventeen years old, Aniket continues to face daily struggles, with severe cold and cough further adding to his woes.

The doctors at Balaji Heart Hospital & Diagnostic Centre in Mumbai concluded that Aniket required an Interventricular Septal Defect Closure procedure (ICR) to address his condition. The cost of this crucial surgery amounted to Rs. 2,50,000/- (Rupees Two Lakhs Fifty Thousand Only).

Child Help Foundation stepped in, raising funds for Aniket's ICR procedure. With their support, Aniket received the surgery, marking a turning point in his life.



Karan Hajare

Nine-year-old Karan Hajare, from Parbhani, Maharashtra, faced the challenges of Large Subpulmonic VSD with RVOT muscle hypertrophy, a complex heart defect. His weakened body prevented him from playing with friends or participating in school activities. Determined to alleviate their son's suffering, Karan's parents sought help at Balaji Heart and Diagnostic Centre in Mumbai.

Upon consultation, the doctors recommended ICR of VSD Closure + RVOT relief as part of Karan's treatment. The estimated cost of the surgery was a daunting Rs. 2,50,000/-. Despite their best efforts, Karan's parents struggled to gather the necessary funds.

In their darkest hour, Child Help Foundation emerged as a beacon of hope. The foundation recognized Karan's urgent need and swiftly initiated a campaign to raise funds for his surgery. Through the support of compassionate individuals and donors, the required amount was surpassed.

With the financial burden lifted, Karan underwent the crucial surgery with the expertise of the medical team. The successful procedure marked a turning point in his life, providing hope for a healthier future.

Success Stories



B/O Fauzia

Fauzia's world shattered when she had to deliver her baby prematurely due to high blood pressure. Their daughter was immediately placed in the NICU at Hope Children's Hospital in Hyderabad, leaving Fauzia and her husband, Mohammed Mubeen, unable to even hold their newborn.

The doctors informed them that their baby would require a NICU stay for a minimum of four to five weeks, with the treatment costs totalling Rs. 5,25,000/- (Rupees Five Lakhs Twenty-Five Thousand Only). This amount seemed insurmountable for Mubeen, who worked as a daily wage labourer and struggled to make ends meet while supporting his joint family in a rented house.

With his heart full of love and desperation to save his precious daughter, Mubeen turned to Child Help Foundation for assistance. Recognizing the urgency and the family's financial constraints, the foundation stepped in to provide the necessary support. And now the once fragile baby is healthy and safe.



Mindfulness Matters: How Meditation Can Improve Your Mental Health.



Mental Health includes our emotional, psychological and social well being. It affects how we think, feel and act and also helps in determining how we handle stress and other issues and make healthy choices. Mental Health is important in every stage of life from childhood to adolescence to through adulthood.

Mental and physical health are equally important. If one disturbs the other, it affects the overall mechanism of the body. For instance, depression increases the risk of physical health problems like diabetes, heart disease and stroke. Similarly, the presence of chronic conditions can lead to an increase in mental health problems.

May is the Mental Health Awareness Month. It was recognized in 1949 to understand the role mental health plays in our overall well-being and raising awareness. It was developed to inform people about mental issues, increase awareness of research and therapies, lessen the stigma attached to it, and recognize those who have recovered from mental illness. People frequently suffer in silence and refuse treatment because of stigma and misunderstandings around mental health disorders.

Meditation is a practice in which individuals use techniques such as mindfulness or focusing the mind on a particular object, thought or activity to train attention and awareness and to achieve a mentally clear and emotionally calm and stable mind. There are different forms of meditation like Mindfulness Meditation, Transcendental Meditation, Loving-kindness Meditation and Yoga Meditation. There are many benefits of Meditation to have a good mental health. So, here are five benefits of meditation through which you improve your mental health:

Reduces Stress:

Everyone in today's world needs to deal with stress. It is becoming a widespread issue, particularly in cities. Cortisol levels of hormones typically rise in response to both mental and physical stress. In the long run, this can cause sleep disturbances, encourage sadness and anxiety, and raise blood pressure. One of the main reasons individuals practice meditation is to reduce stress through proper, regular meditation.

Controls Anxiety:

People often turn to meditation to ease their anxiety after a major incident or a buildup of minor stressful life circumstances. You become less prone to dwell on worrisome thoughts that can aggravate depression as a result of it training your mind to concentrate on the present moment.

Better focus and concentration:

Nowadays, majority of the people lack concentration because of technological advances and people neglecting their physical health. Through Mindfulness Meditation, it helps you focus in the present which can improve concentration on tasks of daily life.

Fight Addictions:

Addictions and stressful situations often coexist. Nowadays, it's hard for people to maintain their mental health, so many turn to harmful behaviours to relieve their stress. Meditation improves brain clarity and can assist in controlling impulse triggers. You can use this to control unhealthy eating, overcome addiction, and break other bad habits.

Make you more kind or loving:

Every person in this world is taught the fundamental value of kindness and love, yet

[Read More ...](#)

Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• Orientation, Training and Capacity Buildings of Volunteers:

On the **2nd, 8th and 15th of May 2023**, Child Help Foundation organized weekly review meetings with project volunteers conducted at HO office. The discussions were related to weekly reporting format, activities and events, timeline to complete etc. The volunteers also shared their inputs to finalize the health card parameters, preparation of the training module and schedule of mock training sessions. The newly recruited staff were also oriented during these days about the project activities.

On 22nd May 2023, training was organized for participating project volunteers on the subject of POSH-POCSO.. The training was part of the TOT (training of trainers) program in which trainers will be trained to repeat this training to the school children and health champions.



• Visits to the Schools

On **9th May 2023**, Child Help Foundation team members visited schools in Vikramgad, Man, Kurnze, Kawale and Sakhare to identify the location and review the screening and counselling rooms. The meetings were also conducted with the school authorities from each school to orient them about the program and finalize the schedule. All schools liked the project proposal and assured that they will provide the necessary support for the smooth functioning of the project activities. According to them, project activities will be resumed once the schools reopen and admission process is completed.



Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• Networking visits to local practitioners, PHCs, hospitals and medical colleges

On **17th May 2023**, the local health clinics visited to make aware them of our project and find out suitable candidates for the doctor position. After the visit, a meeting was conducted with Dr Kale from Rural Hospital – Vikramgad regarding the appointment of doctors.

On **16th May 2023**, Ravsaheb, a Child Help Foundation team member, visited G.T. hospital, Mumbai along with Mr Shashibhushan Mijar- Manager- Resource Mobilization, regarding the appointments of doctors. The meeting was conducted with Mr Vijay Gaikawad-Medical Social Worker. He also said that the government were facing difficulties hiring doctors in rural areas despite offering a hefty salary package.

On **19th May 2023**, Mr Shashibhushan Mijar and Ravsaheb Mote visited Anjuman-I-Islam Unani College, Andheri (W). They met Prof Rashid Qazi (M.S. (U), the principal and superintendent of the college. Discussions were held regarding the invitation of Child Help Foundation to inform students about the project.

• Meeting with donor – LTPCT

On **20th May 2023**, a meeting was conducted with– Mr Akshay Katad-LTPCT coordinator to orient him about preparation related to a project at Vikramgad field office. The meeting was attended by all project volunteers. In the meeting, Akshay informed about the project activities which were accomplished until the date and the future plan of action. He praised Child Help Foundation for hiring experienced staff and dedicated efforts of team members took to achieve the project-related goals.

On **22nd May 2023**, Child Help Foundation attended a virtual meeting with LTPCT regarding the software demo. From Child Help Foundation, Meena Lokhande, Susanta Manna, Ravsaheb, Shilpa Lokhande and Dipika Rathod participated. The meeting was chaired by Rucha Patki who represented LTPCT, and shared her inputs on data software.

On **24th May 2023**, Jiji John, Meena Lokhande, Susanta Manna, Ravsaheb Mote, Shilpa Lokhande, and Jayprakash attended the meeting at LTPCT head office. The discussion was held on the software demo and the health indicators on the health card. Apart from that, Child Help Foundation gave an orientation on project progress through a PPT presentation.



Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• Meeting with ITDP

On **29th May 2023**, Child Help Foundation conducted a meeting with Ayushi Singh-P.O.-ITDP at Jawhar office. The School Health Management project was discussed, sharing all the details by Meena Lokhande and Ravsaheb Mote. Ms Ayushi Singh shared her input on the health screening card and suggested focusing on sickle cell anaemia and underweight children. Along with Ayushi Singh, Mr Pardesi Dy. PO also participated in the discussion. The ITDP suggested that the project should be implemented for a longer period.



• IEC material development

The team had been developed the training module of awareness sessions incorporating various topics such as Bad Touch and Good Touch, Peer Pressure, Reproductive system, STI, HIV AIDs etc. Apart from that, the IEC material was collected such as posters, pamphlets, and pictures from various institutions to prepare the health corner in each school.

• Weekly project staff meeting of School Health Management Project (LTPCT)

On **15th May 2023**, Mr Ravsaheb Mote – Manager Program & Resource Mobilization, conducted a meeting with the LTPCT volunteers. The following point was discussed in the meeting–

- To give an orientation of the project to newly recruited staff
- To review the status of the project
- To lead the discussion on training module preparation
- To finalize monthly & weekly activity planning

• Survey Ganesh Deval Nagar Awareness about Medical Camp

On **11th & 15th May**, Ms Pranisha Lopes, Ms Sendra Dsouza, along with two interns visited Ganesh Deval Nagar to conduct a survey. As there is a need to conduct a medical camp for the women of the community. The community was explored by the interns. A total of 70 women were identified.



Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• Nutrition Kits Distribution

On **25th May 2023**, Child Help Foundation donated Nutrition Kits to TB-affected paediatric patients. The event was conducted under 'Pradhan Mantri TB Mukh Bharat Yojna' and MCGM. In this event, Nutrition Kits were donated to TB-affected paediatric patients. The aim of this project is that pediatric patients get proper Nutrition which will help to nurture their growth. Child Help Foundation in collaboration with Nikshay Mitra decided to do this activity every month. Dr. Sampada Talekar was the Organizer from MCGM.



• Visit to Baby Feeding Centre – St. Georges Hospital, G T Hospital, & Urban Health Centre

The Project team members of Child Help Foundation visited St. Georges Hospital, G T Hospital and Urban Health Centre to inspect or collect information about the construction of the baby feeding centres. On **5th April**, Ms Jyoti, a project team member, visited G.T. Hospital to take the permission letter for the construction of a baby feeding centre. She also inspected the site for the construction. She later went to the same hospital on **28th April** to monitor the centre and gather feedback. A visit to St Georges Hospital was conducted on 17th April. Upon her visit, she found that the door was closed due to a prevailing incident. She also visited Urban Health Centre on **28th April**, where the sisters of the paediatric ward expressed their gratitude.



Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• Visit to Baby Feeding Centre–Palghar, Boisar, Kalyan, Kurla (Railway Station)

Ms Sendra D'Souza, a project team member visited Baby Feeding Centres constructed at Palghar, Boisar, Kalyan and Kurla Railway station on **13th and 22nd of May 2023**. Baby Feeding Centres at Palghar and Boisar were found to be 'cleaned and in good condition'. The same could be said about centres at Kalyan and Kurla railway stations, she added in her observation that centres in these stations were regularly used by lactating mothers.



Palghar



Kurla

• Visit Baby Feeding Centre–Kerala

On **31st May 2023**, Child Help Foundation visited Baby Feeding Centres located in Lakeshore Hospital, Chottanikara Temple, and General Hospital in Kerala. The centres were found to be very helpful to the lactating mothers.



Lakeshore Hospital,
Ernakulam



Chottanikara Temple,
Ernakulam



General Hospital

Monthly Highlights

SDG4: QUALITY EDUCATION

• Education Support

On **3rd May 2023**, Child Help Foundation provided education support to Ankitha Seer, a nursery student of St Paul High School. Her father is unemployed and the mother is the sole earner of the family. She couldn't afford to pay her daughter's school fees. Child Help Foundation supported them by paying Ankitha's fees for 2022-2023 with a sum of 14,600/-. The gesture was appreciated by the principal of the school.



• Summer Vacation Supportive Classes

Centre for Excellence Project's teachers are regularly going to various padas and villages to provide education to the village children. Currently, through summer vacation supportive classes along with teachers and volunteers are providing them with information related to various social and environmental issues. As per the feedback received from the students, they like to attend the classes daily and they are finding it very useful and helpful.



Monthly Highlights

SDG4: QUALITY EDUCATION

• Powada, Bharud Activity

On **19th May 2023**, Through the medium of Powada and Bharud, Teachers from the Centre For Excellence Project created awareness among the people of various villages in Vikramgad taluka. The activity was conducted at Jadhav Pada-Chabke Talawali, Lahangepada- Vikramgad, Ghaneghar- Gaothan Pada. Through this activity, Child Help Foundation created awareness among people about social issues like Child Marriage and Suicide, and Child Labour Prohibition Day. Approximately, 500 people attended the event.



• International Day of Family

On **15th May**, the project team member Ms Jyoti along with Ms Utkarsha, Mr Mayur, and the Intern, Ms Namrata reached Palghar to celebrate the "International Day of the Family" in Murbad. There were 22 families present for the event. After reaching the place, an introduction of the members and the program was done by Mr Jagannath. Ms Jyoti spoke about the program and the importance of the day. Shri. Ravindra Bendar, the Sarpanch of the village also joined the program. He was welcomed with a bouquet. The families participated in games like Ball and the Bucket, Pop balloons with legs, musical chairs and lighting candles. The Families were very excited to participate. The winners were selected and the prizes were distributed. The event ended with the distribution of refreshments.



Monthly Highlights

SDG4: QUALITY EDUCATION

• Benefits of Plants

On **26th May 2023**, Ms Jyoti, a project team member and Mr Mayur from the digital team, visited Sakhare village for the 'Benefits of Plants' event. Mr Mahesh, currently serving as a BSF soldier served as the special guest. The event was in one of the padas (Kundacha pada) of the village. 15 students from the Sakhare school participated in the activity, and each did a presentation about different plants and their usage in particular types of illness. The parents of the students, the children and people from the village were present for the program. The three best presentations were selected for the first, second, and third prizes. They were given trophies and certificates. Other participants were given participation certificates. The villagers were very happy to have CHF in their village as no other organization visited their village before.



• School Development Project (Bihar)

The construction of toilets and the installation of water purifiers in the two schools namely, M S Maur & M S Koyaribigha School, Barbiga Block, Sheikhpura, Bihar was completed in the month of April. The project was in collaboration with the CSR partner 'The National Fertilizers Limited'. Soon, the Mini Science Centre will be started in these schools. The models were ordered from VASCSC Science Shop and the setting of the models was completed. The training of the teachers from both the schools was done, in which they were explained about the models, and how to use them for teaching. The training was done by the coordinator, Mr Jagannath Khirari and Mr Raju Gangoda.



Monthly Highlights

SDG4: QUALITY EDUCATION

• Capacity Building Workshop in Schools, Dimapur, Nagaland

During the month of May, Special learning classes were conducted. Colouring and Drawing, Handprint Sunshine Card, Handprint, Language learning through games/activities, and Skill Training on Hand Embroidery were conducted. Children were excited to learn many new activities and were interested in playing games. The children were also given snacks and gifts also. It was observed that children become more interactive day by day. Parents were also happy about these extra special classes.



• Child Care Institute-CCI (Number of Students-252)

A series of activities were conducted in Child Care Institutes all over India. Needs Charitable Trust in Bengaluru bore witness to Counseling, Health Awareness Session, and a visit by an IT company. Mother's Day Celebration, Quiz & Dance competition were held at Ashraya (Handicapped Welfare Organisation) in Bhubaneswar, Odisha. Meanwhile, Khirod Basini Kanya Ashram, also in Bhubaneswar, were treated to a Labour Day celebration, Buddha Jayanti celebration, Counselling and Hygiene Kit Distribution. Residents of Koel Saraswati in Odisha were glad to see Drawing and Debate competitions held in their residency. Summer camp, a Drawing competition, and a Birthday celebration were held at Abhita Foundation - Hyderabad. Tamil Nadu's Charis Foundation was delighted with Summer camp, Yoga, Zumba, Finger Painting and Craft activities. Summer camp, Yoga, Zumba, Finger Painting and Craft activities were also held at Jharkhand's Special School of Joy. Lastly, Saraswati Anath Shikshan Ashram in Pune, Maharashtra got to witness Yoga, Exercise, Health information, and summer activities.



Monthly Highlights

SDG2: ZERO HUNGER

• Roti Ghar: Mumbai, Thane, Delhi, Bangalore, Odisha, and Hyderabad

Child Help Foundation in collaboration with Roti Ghar provided cooked food to 1800 children in Mumbai, Thane, Delhi, Bangalore, Odisha and Hyderabad. CHF's main aim is to provide food to needy children and make their future bright and better by providing nourishing meals and taking care of their health.



SDG 5: Gender Equality

• POC SO Session

On **22nd May 2023**, Ms Jyoti conducted a session on the Protection of Children from Sexual Offences (POCSO) for the staff of the School Health Management Project of Vikramgad. In her session, she spoke about the importance, provisions and background of the law. Participants shared their experiences, while Ms Jyoti shared some cases. Ms

Jyoti also gave a questionnaire to the participants to understand whether the participants understood the law. Finally, the film, Komal, was showcased, which had themes of child sexual abuse. The film screening was followed by a discussion. The session ended after instructions from Ms Jyoti on how to conduct a session with the children or with the community group.

• Training on POSH

From 19th to **30th May**, Numerous Sessions on POSH were conducted by Meena Lokhande-Lee, Head- Resource Mobilization. The provisions of POSH were elaborated during the session. Formation of the committee, Cases of POSH, Gender Equality and Responsibilities of the Head were discussed. The training was conducted at Taj Palace - Colaba, Maharashtra and Viterra in Goregaon, Maharashtra. An online session was conducted for the staff of Taj Land Ends - Bandra, Maharashtra. A session was also held for the LTPCT project staff of Child Help Foundation on **22nd May 2023**.



Monthly Highlights

SDG 6: WAS (Water & Sanitation)

• Sanitary Pad Distribution – Odissa

On **5th May 2023**, Child Help Foundation distributed sanitary pads to 106 school students from 6th to 10th standard. The event was successful and important for changing the mindset.



SDG 11: SUSTAINABLE CITIES AND COMMUNITIES

• Village Cleaning– Sahapur, Odisha

On **13th May 2023**, a Village cleaning activity was done by 10-15 volunteers of Hemchandra Sanskrit Vidyalyaya at Sahapur, Odisha. Community and temple places were cleaned by volunteers and proper instruction was given to villagers to keep their areas clean and tidy. Through this activity, they learned to clean the premises of the village and also gave motivation to others.



Monthly Highlights

SDG8&10: VILLAGE DEVELOPMENT PROJECT

• Supportive Classes for Village Students

Currently, the volunteers are providing assisted classes to the students of the village. Volunteers are taking tuition of village children regularly. Project beneficiaries are selling their products and services from the allotted shops in the bazaar haat.



• Inauguration of Bazaar Haat

On **1st May 2023**, the inauguration program of the Business hub was conducted. In the inauguration program team from IIFL Mr Suhas Tare – Associate Vice President, Mr Devanshish Upadhyay– Sr. Relationship Manager, Mr Amol Patekar – Sr. Relationship Manager, Abhay Aouti – Sr. Relationship Manager, were present. The program was started with a welcoming ceremony. An orientation about the project and business centre was given to the team of IIFL foundation by Shilpa Lokhande – Assistant Manager – Child Help Foundation. During the orientation, the team were briefed about training centres, computer room, and shops and their products. Good wishes were exchanged between the villagers and the team of IIFL.

The second part of the inauguration ceremony was conducted at the Sansrutik Bhawan. Child Help Foundation felicitated the IIFL team members, Sarpanch, Police Patil, the Shop's Beneficiaries, and the Field Volunteers. Sarpanch Mr Raghunath Jadhav gave a speech about the project, some motivational words were also given by Mr Suhas Tare. Guests were treated to a dance and skating performance, done by the villagers and children respectively. A Vote of Thanks was given by Ms Pranisha Lopes – Executive Projects – Child Help Foundation at the end of the program. Snacks were also provided by the end.





Monthly Highlights



SDG17: PARTNERSHIPS FOR THE GOALS

• Child – Friendly Police Station

On the **25th of May**, a visit was paid by Ravsaheb to the Police Commissioner's office which is located at Shanti Garden, Mira Road. The PA of DCP- Mr. Jagtap was oriented about the project with a letter. On 30th May, Ravsaheb met with Prakash Sir and gave the details of project activities. He gave a positive response to the idea and immediately connected to the senior PI from Kashimira police station and instructed him to provide the required support. On the same day, Mr Rajendra Pathak and Ravsaheb conducted a meeting with Sr. PI. It was agreed that some dedicated space will be handed over to CHF to develop facilities at Kashimira police station after the completion of the renovation.

Other Activities:

• Meeting with Aranca

On **8th May**, Ms Jyoti, Mr Shashibhusahan and Ms Julie (volunteer) visited Aranca at Powai. They met Ms Qureshi and a team of 9 people from Aranca. An introduction to the programs and activities of Child Help Foundation was done. Employees of Aranca suggested that they want to do an employee engagement program and are interested in the education program of Child Help Foundation. Sanitary Pad Distribution, a Session on Gender, IT Skill Training and Career Guidance for students of Ashram Schools at Palghar, and Painting for Vesave School in Versova were some of the suggestions.

• CSR Meeting–Blue Cross Laboratories

On **12th May 2023**, Shilpa Lokhande-Project Team Member, Shashibhushan Mijar-Manager Resource Mobilization and Julie Chhaproo Visited to Blue Cross Laboratories. Orientation about Child Help Foundation and its program and project was given by Mr Shashibhushan and Ms Shilpa Lokhande. Plans to give the proposal for our Child Care Institution- Koel Saraswati & Kirod Basini Kanya Ashram are being prepared.

• Visit to Mandavi Range Office(Virar East) for Environment Day Activity

On **31st May 2023**, Ms Pranisha Lopes and Mr Ravsaheb Mote visited RFO Mandavi for a Plantation Drive activity. The discussion about Government's aim to plant 1 crore trees was done. Child Help Foundation's participation and how it can contribute to this activity were also discussed. RFO informed about the availability of locations of forest plants.

Monthly Highlights

Other Activities:

• Inauguration program – RRR

The inauguration ceremony of RRR Center was held on 20th May 2023. Shilpa Lokhande, project team member and volunteer of Child Help Foundation attended the event. Mr Dhole, Commissioner Mira-Bhayander Municipal Corporation (MBMC), Mr Ravi Pawar-Deputy Commissioner and other authorities from MBMC attended the event. The program started with a ribbon cutting. The program included a pledge and a signature driver. Mr Dilip Dhole guided the organization and volunteers for their support and contribution toward MBMC's RRR initiatives.



• Volunteering Work on RRR Centre– Haidari Chowk & Maxus Mall

On **31st May 2023** and **1st June 2023**, Volunteers of Child Help Foundation did volunteering work at RRR Centre of Mira-Bhayander Municipal Corporation (MBMC). Volunteers were divided into two groups of three and they were allocated to two different locations, Haidari Chowk and Maxus Mall in Mira- Bhayander, Maharashtra. Mantaja Ansari, Namrata Sathe along with Sahil Sathe were at Haidari Chowk. While Sakshi Kandwal along with Danish Mansoori and Piyush Pareek were at the Maxus Mall. The work started at 7 in the morning and ended at 1 in the afternoon. They were assigned to collect and register donations. Many people donated their old clothes, books, utensils, footwear, etc.



Monthly Highlights

Other Activities:

- **Collected Bins from MBMC (23rd May)**

On **23rd May 2023**, Shilpa Lokhande-Project Team Member visited Haidari Chowk's RRR Centre. Shilpa Lokhande met Mr Rathod-SI-Mira-Bhayander Municipal Corporation (MBMC) and discussed with him the requirement of bins for collection drives. Accordingly, 2 bins were provided by MBMC for collection drive.

- **TCS 10k Marathon**

On **21st May**, Child Help Foundation Bangalore's team participated in the annual TCS 10k Marathon. They displayed their commitment towards their goals by participating in the Marathon. It was seen as an opportunity to showcase the principles and objectives of CHF. The volunteers and the staff participated, for which they got medals.

- **Anand Sohala**

On **27th May**, Child Help Foundation coordinated an event to provide a platform for the children from Khushiya Foundation to perform for the senior citizens' group on the occasion of Smt. Shalini Dabhade's 77th birthday. It was an event in collaboration with Khushiya Foundation. The children from the orphanage of Khushiya performed various dance, poems and songs during the program. 21 children participated as a performer and 50 senior citizens were present. There was an orientation of Child Help Foundation and Mr Jiji John (Executive Director) invited all the senior citizens to become a volunteer of CHF and contribute towards the society. Smt. Shalini Dabhade was presented with a memento by Child Help Foundation. It was a unique event which was done for the first time and provided a platform for the children to perform for the senior citizens. Smt. Shalini Dabhade and her friends thanked Child Help Foundation for coordinating this wonderful event.



Monthly Highlights

Other Activities:

• Flash Mob On RRR

On **May 29, 2023**, Ms Shilpa Lokhande and her project team, performed a vibrant flashmob at Mira Road Station. The flashmob aimed to raise awareness about Mira Bhayander Municipal Corporation's (MBMC) Reduce, Reuse, and Recycle (RRR) initiative. Through a dynamic dance routine and captivating visuals, the flashmob effectively engaged bystanders and emphasized the importance of sustainable practices. This event successfully spread awareness about MBMC's RRR initiative, inspiring individuals to actively participate in creating a cleaner and greener environment.



• RRR – Collection and Donation Drive Activity

From **May 20th to May 30th**, team members and volunteers of Child Help Foundation launched a successful collection and donation drive. Offices including A&T Solutions, Tirumala Tirupati, Right-minded HR, and Data Matrix Technologies actively participated, making a significant impact in society. The volunteers, divided into groups, provided orientations and worked tirelessly to raise awareness. Special recognition goes to Kartik Surve, Kunal Mitalia, Prathamesh Kamble, Rahul Soni, Himanshu Mishra, Mantaja Ansari, Sakshi Kandwal, and Namrata Sathe, whose dedication and enthusiasm greatly contributed to the campaign's success. Some of the collected items were clothes, e-waste, plastic items, footwear, books, utensils, and toys.



Our Programs



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