



Bringing Smiles

CHILD HELP FOUNDATION

March'23 Journal



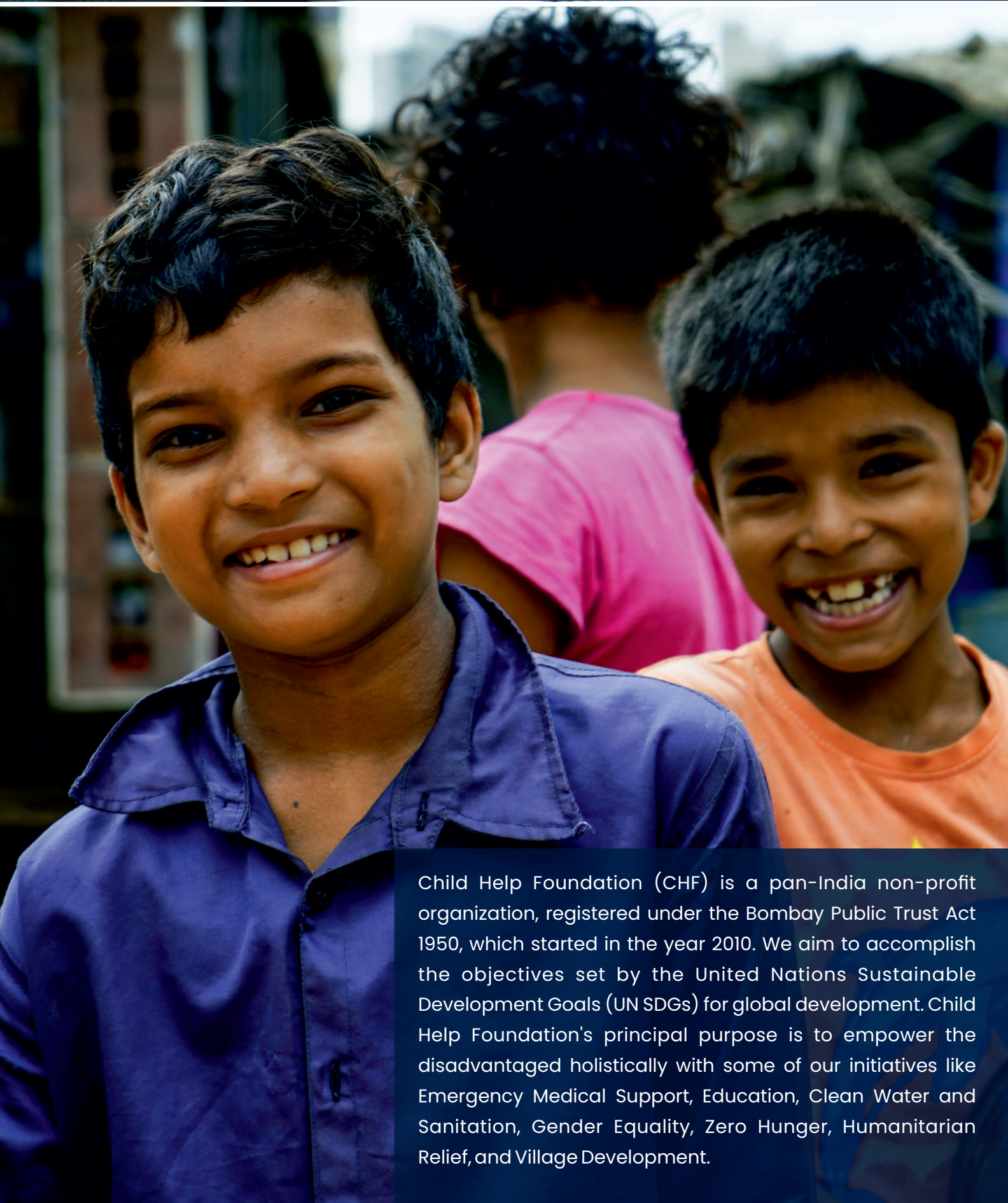
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About Us



Child Help Foundation (CHF) is a pan-India non-profit organization, registered under the Bombay Public Trust Act 1950, which started in the year 2010. We aim to accomplish the objectives set by the United Nations Sustainable Development Goals (UN SDGs) for global development. Child Help Foundation's principal purpose is to empower the disadvantaged holistically with some of our initiatives like Emergency Medical Support, Education, Clean Water and Sanitation, Gender Equality, Zero Hunger, Humanitarian Relief, and Village Development.

+ Greener, Cleaner, the Better Swachh Utsav 2023





Greener, Cleaner, the Better Swachh Utsav 2023



Swachh Utsav or Swachhotsav is the Union government's women-led swachhata campaign under the Swachh Bharat Mission. The WINS Awards-Women Icon Leading Swachhata aims to recognise, celebrate and disseminate inspiring and exemplary initiatives in urban sanitation and waste management by women-led organisations and individual women. Child Help Foundation is participating in the awards with its various activities like beach clean-up drives, tree plantation, menstrual hygiene management and so on.

Menstrual hygiene is essential for maintaining good health during menstruation. Awareness session on MHM and sanitary pads distribution event conducted on 24th March 2023 at Mira Road community. The purpose of this activity was to create awareness among women and adolescent girls about menstrual health management and the promotion of menstrual hygiene. Those who attend awareness sessions on menstrual health management were taught proper cleanliness techniques. 2 packets of sanitary pads were distributed during the event.

On March 24, 2023, a corner meeting was conducted in Jetwan Vihar on Mira Road. The meeting's objective was to raise awareness about Swachhostav and the Swachh Bharat Mission among the local population. There were about 64 mothers and teenage girls at the meeting. Topics like hand washing, oral hygiene, personal grooming, Environmental Cleanliness, Community Cleanliness, and Food Hygiene were discussed at the meeting.

On 26th March 2023 beach cleaning activity was held at Uttan Beach, Mira Road. It was led by Child Help Foundation's diligent women officials. A beach cleaning activity led by women is a great initiative that has a positive impact on both the environment and society. Women from various locations and various professional backgrounds (housewives, Social Workers, Domestic Labour, and Small Scale Workers) actively participated in this activity of beach cleaning.

To promote the need for a green and clean environment, tree plantation is necessary and hence, Child Help Foundation volunteers planted seeds on 28th March, 2023 so that new trees can be grown. The activity was named- 'Greener, Cleaner, the Better' under the Swachhostav initiative by the government. These saplings would be grown and taken care of later for keeping the environment clean and green. On 29th March, a rally was conducted at Mira Road.

Child Help Foundation and Filaantro, a crowdfunding platform of CHF conducted an awareness session on Waste Management. Women in the neighbourhood were informed about the significance of waste segregation, waste management, at-home composting, and recycling. Awareness was raised of the effects of waste on the environment and the resulting pollution from it. 27 women attended this session, and we hope this initiative will inspire more people to manage their waste efficiently.

Emergency Medical Support



Satyam

Cancer Terrorizes

Cancer Terrorizes Eight-Year-Old Satyam, Please Save Him

"For more than two years, my son, Satyam hasn't experienced a moment of ease. I have done my best to raise him, but right now it feels like I am failing to do anything. Your kindness is the only hope I have left. Please save my son."

- Ghanshyam Potdar ; (Father)

On 24th March, Ghanshyam and his wife, Jayashree held a small birthday celebration for their cancer-ridden son, Satyam, in order to cheer him up. But behind all those smiles was a deep fear throbbing in their hearts. Thousands of questions raced through the minds of the family members, but the most important question was 'Is this the last joyful moment in Satyam's life?' It all started two years ago when Satyam was taken down by a high fever, upon taking him to the doctors, they said that his platelet count was exponentially high. They asked the parents to take him to another hospital. It was there they found out that Satyam was suffering from Relapsed `B` Cell Acute Lymphoblastic Leukemia.

Every Alternate Day, Satyam has to go to Shri Siddhivinayak Ganapati Cancer Hospital in Miraj for check-ups. According to the doctors, he needs to undergo an Allogenic Bone Marrow Transplant, which comes with a cost of Rs. 12,00,000/- (Rupees Twelve Lakhs Only). Ghanshyam works as a driver and only earns enough to feed his family of four. He has managed to pay the medical bills by taking loans but has run out of options now. The only way Satyam can be saved is through your kindness and generosity.

Spare as much as you can for Satyam's sake and allow him to live a healthy childhood.

There are many more children who need urgent treatments, and your small contributions can make a huge difference. [Please Donate!](#)



Pradnya Kodale

9 months
Leukemia



Riyanshvitha

1 month
Meningitis



Binsha Binu

14 years
Kidney Disease



Mitanshee Jadav

18 months
Heart Disease

Emergency Medical Support



Baby of Sheeba

6 days
Prematurity



Pooja

14 years
Heart Disease



Avni

4 years
Heart Disease



Maheshwari Morapakka

11 years
Heart Disease



Hridya

4 years
Ankylosis



Ajwal

3 years
Heart Disease



Baby of Sunita

3 days
Prematurity



Twins of Lakshmi

5 days
Prematurity



Sufiya

5 years
Limb Deformity



Angel Jojo

18 years
Scoliosis

Success Stories



Shrutika

At the tender age of six, Shrutika was tasked with battling deadly leukaemia. Doctors told her parents that she needs treatment as soon as possible, which will cost Rs 8,00,000/- (Rupees Eight Lakhs Only). Shrutika's father was a mere farmer, who didn't have the resources to amass such a huge sum of money. He reached out to The Child Help Foundation in the last hour. After which, the donors poured their hearts out to save this little angel.



Alkesh

Alkesh's heart was throbbing with fear. The ten-year-old boy had the unenviable fate of battling a deadly heart disease. However, his treatment cost around Rs. 2,50,000/- (Rupees Two Lakhs fifty Thousand only), which was impossible for his father, who worked as a farm labourer. In his moment of distress, he contacted Child Help Foundation. The donors of the Child Help Foundation made it possible for this boy to see the light of the day



Jhalli Manvitha

Jhalli's playtime turned into a horrific nightmare when she suffered from severe burns. Her right leg and belly got severely affected by the accident. Doctors said her dressing would require at least Rs.4,00,000/- (Rupees Four Lakhs only). The parents were not in a position to pay such a huge sum of money. So, they contacted Child Help Foundation for assistance. After verification, We opened a crowdfunding page, where the donors supported Jhalli by providing donations. Thanks to the donors, Jhalli got successfully treated.

Success Stories



Aarohi

Aarohi's parents were concerned when they saw her deteriorating every single day. She was diagnosed with a severe heart condition. The treatment of her condition was worth Rs. 3,75,000/- (Rupees Three Lakhs Seventy-Five Thousand only). Being an electrician, Aarohi's father couldn't even imagine such a huge sum of money in his wildest dreams. When all hope seemed lost, the donors became a beacon of light. They poured love and affection for Aarohi, which helped her to recover from her deadly disease.



Aditya Binnar

Aditya Binnar was bending to his scoliosis, which was making daily life difficult for him. His condition could have been solved with Scoliosis Deformity Correction. The only problem was that it was worth Rs 6,50,000/- (Rupees Six lakhs Fifty Thousand). Adding to the parents' misery, The untimely rain washed away all their crops, which severely affected their income. It was at this moment, the donors stepped in and rescued Aditya from his condition. Today, Aditya looks forward to living a disease-free life.



Surya Tej

Battling pneumonia was not easy for the four-year-old Surya. Doctors informed his parents that he would require a PICU stay and ventilator support. The total cost of the treatment was coming up to Rs 5,00,000/- (Rupees Five lakh only). Surya's father worked at a local restaurant and made barely enough to put food on the table for his family. However, after taking the help of the Child Help Foundation, he was able to treat his little son.

Success Stories



Bo Padmaja

When Padmaja went into labour during her seventh month of pregnancy, she knew that the worst things were ahead of her. As expected Padmaja's daughter was born severely weak and required RDS/ HMD hypotension, probable sepsis, thrombocytopenia apnea of prematurity anaemia and unconjugated hyperbilirubinemia. The total cost was coming around Rs. 10,00,000/- (Rupees Ten Lakhs only). Padmaja and her husband, Patil were determined to save their daughter. So they reached out to Child Help Foundation, who with the help of the donors, managed to save the baby girl from misfortune.



Sinchana

Sinchana's body was taking an abnormal shape due to her spinal defect. Doctors diagnosed her with Congenital Kyphoscoliosis and said that she would require Bilateral posterior instrumentation, deformity correction, vertebral column resection and fusion. The total cost of the treatment was Rs. 4,00,000/- (Rupees Four Lakh Only), which was a cruel blow to her parents. But when all hope was lost, kind souls like you poured in love and support, which helped in the successful treatment of Sinchana.



Chetan

At an age when he should be playing with toys, Chetan was confined to the hospital. He was diagnosed with a serious heart defect that was threatening to take his life. The cost of his treatment was Rs 5,00,000/- (Rupees Five Lakhs Only). Chetan's father made barely enough to pay the monthly expenses for his family, five lakh rupees was unimaginable for him. On being aided by the donors of Child Help Foundation, Chetan received his much-needed treatment.

Success Stories



Shreya

Shreya, a five-year-old girl, had the misfortune of battling a severe heart disease. She required surgery along with other procedures to be saved. But the cost of her treatment was Rs.3,11,000/- (Rupees Three Lakhs Eleven Thousand Only), which was difficult for her parents to arrange, as both her parents were landless labourers. The donors of the Child Help Foundation successfully raised money for Shreya's treatment, and the five-year-old looks forward to living a disease-free life.



Bo Saista

Being born prematurely, Saista's baby boy was extremely weak and could only be saved by a prolonged stay in the NICU. However, upon finding out that the treatment would cost Rs 2,00,000/- (Rupees 2 lakhs only), the parents were distraught. The family barely managed to pay for their monthly expenses, and they had no way of paying for their son's treatment. Child Help Foundation thus completed the necessary verification and the donors helped the family in arranging funds for the baby's treatment



Dibyanshu

Dibyanshu's toys were gathering dust, as he was forced to fight a deadly heart disease. He needed a complex open heart surgery, which came with a cost of Rs. 4,50,000/- (Rupees Four Lakhs Fifty Thousand only). Dibyanshu's father worked as a labourer and didn't have the means to arrange such a huge sum of money. With the support of our donors, Child Help Foundation was able to help the family with the arrangement of funds and his treatment was successful.

Success Stories



Karan

What started as mere fatigue and weakness, turned out to be the worst nightmare possible for Karan and his parents. He was diagnosed with a severe heart defect called Large Os ASD. He urgently needed to undergo treatment, which cost around Rs 2,50,000/- (Rupees Two Lakh Fifty Thousand Only). Karan's parents had no option but to rely on the kindness of the donors, as they were unfit to pay the huge bills. However, after taking help from the donors of the Child Help Foundation, they were able to pay for their son's treatment.



Rushikesh

No child should have to worry about their life at the age of nine. But such was the sad fate of Rushikesh, who had been forced to battle a deadly heart condition. The only way to save Rushikesh Multiple Mid Muscular VSD, which was worth Rs 3,30,000/- (Rupees Three Lakh Thirty Thousand Only). The mere mention of the amount sent a chill down Ravi's spine.

Ravi works as a welder, while his wife works as a farm labourer. They had no way of paying for the medical treatment. But when all hope was lost, kind souls like you poured in love and support, which helped in the successful treatment of Rushikesh.



Baby of Ummaheni

Ummehani and Syed Shah didn't even get a chance to name their son. At the mere age of forty days, the baby's woes began to trouble him. Doctors diagnosed him with multiple diseases. The treatment of the disease would have required Rs. 7,00,000/- (Repees Seven Lakhs Only). Being a mere electrician, Syed Shah couldn't even imagine such a huge sum of money. In such a crucial time, The donors of the Child Help Foundation stepped in and helped with the baby's treatment.

Success Stories



Siddharth

As an eleven-month-old orphan, Siddharth's situation looked extremely grim and dire. He was suffering from Cervical Meningomyelocele with Chiari and Holocord Syrinx, a rare spinal defect. Doctors said that he needed to undergo surgery, which would cost Rs 1,60,900/- (Rupees One Lakh Sixty Thousand Nine Hundred Only). The orphanage couldn't afford the treatment, as it also had to pay for the expenses of fifty children, residing on their premises. So, they reached out to the Child Help Foundation. After this, the donors helped Siddharth to recover from his ailment.



Ayush Phanse

Cancer struck terror in the hearts of two-year-old Ayush and his parents. The gruesome disease had him in its grip ever since he was fifteen years old. Doctors said that Ayush could only be saved by chemotherapy and supportive care. The cost of the entire treatment was coming around Rs. 8,00,000/- (Rupees Eight Lakhs Only), which was insurmountable for his parents, as they earned barely enough to put food on the table. The funding was arranged by the donors of the Child Help Foundation. Ayush Phanse is now completely treated and recovering towards a healthy life.



Kartik

Eleven-Year-Old and already in a heap of pain, Kartik Naik had the misfortune of being diagnosed with a severe heart condition. Doctors said that he would have to undergo a procedure called ICR of subaortic membrane resection, which came with the cost of Rs 2,50,000/- (Rupees Two Lakhs Fifty Thousand Only). The mere mention of the amount sent a chill down the spines of his parents, who had no way of arranging the money. In such a dire situation, the donors stepped in and save the day for Kartik Naik. Today, the child looks forward to leaving a normal life.



Women's History Month: Five Modern Female Leaders You Should Know About

While March 8 is celebrated as International Women's Day, this one day is not enough to celebrate the contributions of women all over the world. So, in order to inspire little girls, the entire month is celebrated as Women's History Month. The accomplishments and deeds of historical female leaders like Rani Laxmibai, Joan of Arc and Rosa Parks have been sung for time immemorial. Resulting in modern-era living-breathing female leaders getting overlooked.

So, here are five female leaders of the world, who have earned a name for themselves through sheer wits and foresight.

Jacinda Ardern

The people of New Zealand and the world let out a collective sigh when they found out that the young prime minister of New Zealand had resigned. And rightfully so, as Jacinda Ardern made a name for herself as one of the world's most beloved heads of state. Adopting a feminine empathetic form of leadership, she united the entire country in grief after the Christchurch terror attack. Not one to stand by, she immediately announced gun regulations to ensure that such an attack never took place. She also quickly curbed the COVID-19 pandemic, which resulted in less than 2,500 deaths in the island nation. She also made sanitary products free for school children.

Sanaa Marin

Being Elected at the mere age of 34, Sanaa Marin is one of the youngest heads of state in the world. In order to introduce gender equality, Sanaa Marin introduced a bill which entitled a father to an equal number of parental leaves as a mother. She also paved the way for Finland's entry into NATO, thereby securing the country from Russia. Her handling of the COVID-19 pandemic was also praised, as the country only experienced around 8,000 deaths. She also aims to make the country carbon-neutral by 2035.

Katrín Jakobsdóttir

Katrín Jakobsdóttir has been serving as the prime minister of Iceland ever since 2017. In her tenure, she has managed to extend the already generous parental leave for the citizens of the Scandinavian country. Not satisfied with the strides made by Iceland's gender wage gap, she made it illegal for men to be paid more than women for the same job. She was also among the female leaders who stood out as a great example of pandemic management, with the country only experiencing 293 deaths.

Tsai-Ing Wen

Coming ahead as the ally of LGBTQ+ rights, Tsai-Ing Wen was the key proponent of legalizing same-sex marriage in Taiwan, Taiwan was the first country in Asia to make same-sex marriage legal. She also reformed the country's labour policy, reducing the work week to 40 hours per week, with one compulsory rest day and one flexible rest day. She has also committed to attaining a net zero carbon target by 2050.

Robinah Nabbanja

The Prime Minister of Uganda, Robinah Nabbanja has been in office ever since 21st June 2021. Amidst the sea of doubters, Robinah would go on to prove all of them wrong, as she has been a great leader of the country. 95% of the beneficiaries received the COVID-19 relief fund, which has been dubbed as the 'Nabbanja Money'. She quickly took action against corruption, as she fired four of her own staff members, upon finding the relief materials to be inadequate during Kasese Floods.

So, these were some of the prime examples of women leading in the modern world. Share this blog with all the little girls to help them get a positive role model.

Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• **Donated Nutrition Kits to Tuberculosis-Affected Paediatric Patients in Mumbai, Maharashtra**

On 24th March 2023, World Tuberculosis Day Child Help Foundation donated Nutrition Kits to Tuberculosis-affected pediatric patients. The event was conducted under Pradhan Mantri Tuberculosis Mukht Bharat Yojna and MCGM. In this event, 40 Nutrition Kits were donated to Tuberculosis-affected patients. The aim of this project was to give proper Nutrition to patients, which will help to nurture their growth. Child Help Foundation in collaboration with Nikshay Mitra decided to do this activity every month. Dr. Sampada Talekar was the Organizer from MCGM.



• **Visited Patient Krishna Jaiswar for Emergency Support, Mumbai Maharashtra**

On the 27th / 28th of March, Chris Shenoy, our project team member visited Wockhardt to meet Krishna Jaiswar, a 4-year-old who met with an accident by falling from the stairs. The fall caused him a Severe Traumatized Brain Injury. He was rushed to Sai Multispecialty Hospital but that worsened the situation of the child. But later, his father trusted his instincts and brought him to Wockhardt Hospital. His father is a daily wagger and his mother is a homemaker. Krishna is the only child of their parents. They live in a joint family. His grandparents were known for selling grams and earning their living. He had been unconscious and was in ICU for more than one and a half months. Chris Shenoy visited the patient and got the detail of the case. She met the social worker as well as the billing department and found out that Rs 7,000/- is pending on that day for the patient's stay in the hospital. They are struggling to pay the bills for the hospital. The Child Help Foundation will extend the support of Rs 50,000/- and also run the case on their crowdfunding site.



Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• Visit to Baby Feeding Centre– Sir J.J. Hospital, St. Georges Hospital, Cama Hospital, & Urban Health Centre, Mumbai Maharashtra

The table below provides detailed information about Baby Feeding Centres located at Hospitals in Maharashtra State

Sr. No.	Date	Hospital Names	Number of Beneficiaries	Remark
1.	13/03/2023	Urban Health Centre, Bandra, Mumbai, Maharashtra	0	Ms Jyoti & Mr Shashibhushan, Project team members, visited to check the status of the construction of the BFC structure. It was seen that the structure was completely ready.
2.	15/03/2023	Sir J. J. Hospital Mumbai, Maharashtra	155	Ms Jyoti, the Project team member, paid a monitoring visit. The premises were found to be clean.
3.	23/03/2023	Urban Health Centre, Bandra, Mumbai, Maharashtra	58	The inauguration of the Baby Feeding Centre was done by Mr Pradipkumar Malhotra (MD, IDBI Trusteeship), Dr Usha Ranganathan (Principal In charge, UHC)
4.	24/03/2023	Sir J. J. Hospital & Cama Hospital Mumbai Maharashtra	200	Mrs Jyoti, a Project team member, met the MSW, Ms Sonu. Then they both went to meet the sister in charge.
5.	25/03/2023	Sir J. J. Hospital Mumbai Maharashtra	93	Ms Sendra, the project team member, went for a monitoring visit. She found the door open and 3 women used the centre during her visit. She met the sister in charge and asked for her feedback.
6.	27/03/2023	Sir J. J. Hospital St. Georges & Cama Hospital Mumbai Maharashtra	62	Ms Sendra, the Project team member, got the stickers stuck inside the BFC centre.
Total Number of Beneficiaries			568	

Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING



Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• Visit to Baby Feeding Centre, Mumbai, Maharashtra

The table below provides detailed information about Baby Feeding Centers located at Railway Stations in Maharashtra State

Sr. No.	Date	Hospital Names	Number of Beneficiaries	Remark
1.	16/03/2023	Kalyan Rly. Station	56	As per the observation of Ms Sendra D’Souza, a Project team member, the mothers were using the Baby Feeding Centres. Both centres were kept clean and in good condition. She met the housekeeping department at the station to check who did the needful clean-up at the centre.
2.		Kurla Rly. Station	56	
Total Number of Beneficiaries			112	



St. Georges Hospital



Cama Hospital

Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• Visit Baby Feeding Centre, Kerala

The table below provides detailed information about baby feeding centres at various locations in the state of Kerala.

Sr. No.	Date	Hospital Names	Number of Beneficiaries	Remark
1.	24/03/2023	Lakeshore Hospital, Ernakulam	558	As per the feedback received from beneficiaries, the baby feeding centre is very helpful for them to feed their babies
2.		Chottanikara Temple, Ernakulum	1705	
3.		General Hospital	186	
Total Number of Beneficiaries			2449	



Lakeshore Hospital, Ernakulam



Chottanikara Temple, Ernakulam



General Hospital

• Appreciation Certificate given to the Five Interns of Social Work, Ideal Arts and Science College, Palakkad, Kerala

On **21st March 2023**, Appreciation Certificates were given to the 5 interns of the Department of Social Work, Ideal Arts, and Science College. All of them were Bachelor in Social Work (BSW) students from the same college. They did their internship with us from 9th February 2023 to 6th March 2023 and have contributed to the volunteering work assigned to them. All the Interns completed 24 days of internship. They invested their valuable time and assisted in office work such as Website Reading, Orientation on SDGs, Patient Consent Forms, Translation of Patient Consent Forms, and Medical forms & K Y C forms, they conducted a Survey in the Fisherman colony, at Cherai Beach in Kerala.

Monthly Highlights

SDG4: QUALITY EDUCATION

Individual Educational Support to 13 Students

In March 2023, Educational Scholarship aid was given to 13 students. Child Help Foundation aims in providing good future life to kids by helping them with financial aid to pursue their education. CHF supported these kids to achieve their dreams and provide a good future to the less privileged. The aim of the activity is to provide good future life to kids by helping them financially. Child Help Foundation supported bright kids who are less privileged but have many dreams to achieve. Parents were very happy to receive the support rendered by Child Help Foundation.

The details related to individual educational support for the month of March 2023 are mentioned below –

Sr. No.	Name of Student	Std	School Name	Location	Supported Amount in Rupees	Remark
1	Enaya Toufeeq Ahmed	6th	Don Bosco High School	Mira Road	15,300	Verification done by Intern Divya Pujari & Anand Kumbhar
2	Mursalim Kazi	5th	Raval International School	Mira Road	5,000/-	Verification done by Sendra
3	Steven Francis	2nd	Holy Mary High School	Nalasopara	11,200/-	Verification done by Intern Divya Pujari & Anand Kumbhar
4	Leon Francis	6th	Holy Mary High School	Nalasopara	12,300/-	Verification done by Intern Divya Pujari & Anand Kumbhar
5	Sudha Paswan	1st	P. G. Vora School	Mira Road	21,700/-	Verification done by Sendra
6	Ziaan Dedhiya	5th	Our Lady of Nazareth School and Junior College	Bhaindar	10,200/-	Verification done by Sendra
7	Dhairya Darji	7th	The Divine Image English high School & Junior College of Commerce, Science and IT	Bhaindar	5,00/-	Verification done by Sendra
8	Partha Darji	Jr. Kg	Blossom's High School & Junior College	Bhaindar	9,730	Verification done by Sendra
9	Angad Yadav	5th	St. Paul's High School	Mira Road	3,000	Verification done by Intern Divya Pujari & Anand Kumbhar
10	Ansh Sandip Kuwar	2nd	Saraswati Vidyalaya	Bhaindar	6,400	Verification done by Sendra
11	Akash Vengurlekar	7th	Oxford English School	Thane	15,600	Verification done by – Chris
12	Nidhi Balerao	2nd	Oxford English School	Thane	14,800	Verification done by – Chris
13	Tanmay Bagga	9th	City Vocational Public School	Meerut	19,300	Reference – Shalini

Monthly Highlights

SDG4: QUALITY EDUCATION



Monthly Highlights

SDG4: QUALITY EDUCATION

• TATA Mumbai Marathon Certificate Distributed to the NSS students of Nirmala Memorial Foundation College of Commerce and Science, Kandivali

On 10th February 2023, the team of Child Help Foundation visited Nirmala Memorial Foundation College of Commerce and Science. The purpose of the visit was to award certificates of appreciation to students of National Service Schemes for their active participation in the Tata Mini Marathon initiative. Students of Nirmala College actively participated in the Motivational Zone established by Child Help Foundation. On the same day, the Child Help Foundation team met Ms Svidal D'Cunha, Principal of Nirmala College. We gifted a photo frame of the TATA Mumbai Marathon to the principal. She appreciated the work of the Child Help Foundation and requested us to provide more opportunities to their students. The project team members discussed with Ms Megha, the coordinator of the NSS department, for more opportunities in the field. The certificate distribution program was held in the corridor of the NSS room. The program got a spontaneous response from the students.



• TATA Mumbai Marathon Certificate Distributed to the NSS students of Dalmia College, Mumbai, Maharashtra

On 13th February 2023, CHF staff Ms Jyoti and Mr Ibrahim went to P. Dalmia College to distribute the certificates to the students for their participation as a volunteer in the Tata Marathon event. A total of 80 students participated in the event. The Certificate distribution program happened in the college hall. 35 students were present and the students handed over the certificates and the remaining certificates were handed over to the NSS in charge. The Principal of the college handed over the Certificate and the frame with the picture of the TATA Mumbai Marathon. She was very happy and thanked the CHF team. The principal said that CHF can contact them if there is a need for volunteers in the future also.



Monthly Highlights

SDG4: QUALITY EDUCATION

• Teacher's Monthly Review Meeting–MOF & Nutanix

On March 27, 2023, a teacher's review meeting was conducted by project team members. The following point was discussed in the meeting–

1. Location and Attendance Verification
2. Teachers instructed for summer vacation teaching
3. Planning and Scheduling of Summer Vacation
4. Teaching, Learning and School-related programmes discussion
5. Discussion about activities for the month of April 2023



• Meeting with Ms. Amita Chaurasiya – CSR – Motilal Oswal Foundation (MOF) Project

For MOF Project's follow-up, updates, and the extension-related meeting was conducted with Ms Amita Chaurasiya at Motilal Oswal Tower. On 16th March 2023, Ms Meena Lokhande–Head Resource Mobilization, Ms Chris Shenoy–Manager Program and Projects, Ms Shilpa Lokhande–Assistant Manager and Mr Devram Sathe–MOF Project Teacher attended the meeting. The meeting started with the PowerPoint Presentation of the Child Help Foundation by Chris Shenoy. After that, the MOF project activities and outcomes were presented by Ms Shilpa Lokhande. During the presentation, Ms Amita asked Shilpa and Devram questions related to the MOF project. At the end of the meeting, Amita asked Shilpa to submit a one-page impact report. As per that, the report has been submitted to Motilal Oswal Foundation.



Monthly Highlights

SDG4: QUALITY EDUCATION

• Capacity Building Workshop in Schools, Dimapur, Nagaland

During the month of March, Colouring and Drawing, Handprint sunshine cards, Language learning through games/activities, and Skill Training on hand Embroidery were conducted. After the activities, it was found that the community stakeholder became responsible for children's education, and children improved their learning and are motivated to attend school. Also, a decrease in dropouts was observed in schools. Manuals and curriculums are replicated by the teaching staff in the schools. A meeting with the SMC, School In charge and Subject teachers were conducted to discuss the action plan and share their ideas with each other on how to mould up the school into a better school.



Monthly Highlights

SDG4: QUALITY EDUCATION

• Visit to Saraswati Annath Shikshan Ashram, Pune. Impact Assessment visit

On 21st March 2023, CHF team members Ms Jyoti and Ms Meena Lokhande, visited Saraswati Annath Shikshan Ashram, in Pune for the study of the Impact Assessment of the organisation. They were given the physical orientation of the Ashram. They conducted interviews with the children from each standard. Then there was a meeting with the founder member Mr Devidas Survase and the Superintendent Mr Sathe. The information gathered on the history, the committee, the services provided, the Structure of the staff, the facilities given to children, the maintenance, security arrangement, and the difficulties faced, organisational documents & audit reports were verified. Finally, some suggestions were given to the organization. They were asked to send some of the organisational documents.



• Zero Discrimination Day, Maharashtra

On 6th March 2023, Zero Discrimination Day was celebrated in Murbad Ashram School with 8th and 9th standard students. The session was on Gender Sensitization and Zero Discrimination and was conducted by Resource Person Ms Linsa Elizabeth, CSR Manager from Tribhuvandas Bhimji Zaveri. Two sessions were conducted by Ms Linsa Elizabeth at the Murbad Ashram School. All the students were divided into two batches for quality output and two-way communication. The first batch was for 61 students of 8th standard and another one was for 107 students of 9th standard

Misconceptions cleared on the following issues –

1. Outfits and ornaments according to male and female discrimination
2. Feminine and Masculine Gender
3. Gender and Sex
4. Stereotypes about the third gender
5. Stories of female and male frogs
6. Various genders wise examples

Each point mentioned above was explained by a resource person with appropriate demonstration, examples and active participation of students. The resource person also highlighted the problems of transgender people as they face more discrimination while living in society



Monthly Highlights

SDG2: ZERO HUNGER

• Roti Ghar: Mumbai, Thane, Delhi, Bangalore, Odisha, and Hyderabad

Child Help Foundation in collaboration with Roti Ghar provided cooked food to 1800 children in Mumbai, Thane, Delhi, Bangalore, Chilika and Hyderabad. CHF's main aim is to provide food to needy children and make their future bright and better by providing nourishing meals and taking care of their health also so can know the importance of food. No child will be hungry in this world.



Distribution of Donuts by MOD (Mad Over Donuts)

On 28th March 2023, Child Help Foundation along with Mad Over Donuts distributed over 2,500 doughnuts to the children across 5 locations namely Mumbai, Bangalore, Chennai, Pune and Delhi. The doughnuts were worth relishing and all the children were very happy to enjoy them. The soft bread was worth tasting and the delicious chocolate melted around their mouth. All the Children thanked Child Help Foundation and Mad over Donuts as it really made them "MAD" over the Donuts.



Monthly Highlights

SDG5: GENDER EQUALITY

• International Women's Day

On the 6th and 8th of March 2023, International Women's Day was celebrated in various locations through Child Help Foundation. Accordingly, the activities were conducted by the responsible team member. The details about the activities are mentioned below –

Sr. No.	Branch Name	Location of the Activity	No. of Beneficiaries	Target Group	Remark
1	Mumbai, Maharashtra	Libania Niketan, Vasai	14	Mentally Challenge Destitute Girls	- Creative activities and Fun Games were conducted by Ms. Pranisha Lopes with Mentally Challenge Destitute Girls of Libania Niketan - Crayons, Clay Dough, Jigsaw Puzzles were distributed to the beneficiaries - Softs toys were given to the winners - Snacks like cake, bhel and fruity were distributed to them at the end of the program
2	Mumbai, Maharashtra	CHF Head Office	65	CHF Head Office	Various Competitions and Fun Games were conducted by HR. also gifts were distributed to all women.
3	Thane, Maharashtra	Thane Railway Station	30	Female Sweeper from Thane Railway	- The program was conducted with female sweepers of Thane Railway Station - Health and Hygiene kits were distributed to the female sweepers in the event - The kit included essential items like sanitary pads, hand wash, sanitiser, and antiseptic liquid for their safety and good health.
4	Rewari, Haryana	Sector-3 Rewari, Haryana	72	Sanitation Worker	- This activity was organized with female sanitation workers - Sarees were distributed to them in the activity - Musical chair activity was conducted with these women - The participants enjoyed dancing during the activity
5	Palghar, Maharashtra	Collector's Office	30	Female Government Employees	- On International Women's Day session on POSH was conducted by Ms Meena Lokhande-Lee, Collector's office Palghar - The session was conducted with Female Government Employees - POSH was elaborated in the session. Formation of the committee, Cases of POSH, Gender Equality and Responsibilities of Head was discussed
6	Boisar, Maharashtra	Siyaram Company	80	Female Staff of Siyaram Company	- On International Women's Day session on POSH were conducted by Ms Meena Lokhande-Lee. - The session was conducted with female staff of Siyaram Company - In the provision of POSH was elaborated in the session. Formation of the committee, Cases of POSH, Gender Equality and Responsibilities of the Head were discussed - The cake was cut during the event
Total Beneficiaries			291		

Monthly Highlights

SDG5: GENDER EQUALITY

• International Women's Day



Monthly Highlights

SDG 6: WAS (Water & Sanitation)

• Installation of Water & Water Filter

On the 6th and 8th of March 2023, International Women's Day was celebrated in various locations through Child Help Foundation. Accordingly, the activities were conducted by the responsible team member. The details about the activities are mentioned below -

Sr. No.	Date	Location	Number of Beneficiaries
1.	02/03/2023	Life Cell, Online	75
2.	06/03/2023	Hotel Taj Palace, Colaba	20
3.	07/03/2023	Life Cell, Online	75
4.	08/03/2023	Siyaram Mills, Boisar	80
5.	08/03/2023	Collector's office, Palghar	30
6.	09/03/2023	Life Cell, Online	75
7.	13/03/2023	Hotel Taj Palace, Colaba	20
8.	14/03/2023	Life Cell, Online	75
9.	18/03/2023	Taj Lands end	30
Total Number of Beneficiaries			480



Monthly Highlights

SDG 6: WAS (Water & Sanitation)

• Awareness Session on Menstrual Health Management (MHM) and Sanitary Pads Distribution- (Under WINS-Swachhtostav), Maharashtra

Awareness session on MHM and sanitary pads distribution event was conducted on 24th March 2023 at Mira Road community. The purpose of the activity was to create awareness among women and adolescent girls about menstrual health management and the promotion of menstrual hygiene. Menstrual hygiene is essential for maintaining good health during menstruation. Awareness sessions on menstrual health management educate individuals on proper hygiene practices. The information helps in preventing infections and other health complications. Menstrual taboos and stigma are still prevalent in many parts of India. Awareness sessions help break down these taboos and stigmas by educating individuals about menstruation and addressing common misconceptions. Access to menstrual products such as sanitary pads is limited in certain areas, particularly in low-income communities. The distribution of sanitary pads helps individuals who may not have access to these products. Awareness sessions on MHM also help in promoting gender equality by normalizing menstruation and menstrual health management for all gender. During the activities, 72 packets of sanitary pads were distributed.



Monthly Highlights

SDG 6: WAS (Water & Sanitation)

• Corner Meeting – (Under WINS-Swachhtostav)

A corner meeting was held on 24 March 2023 at Jetwan Vihar, Mira Road. The purpose of this meeting was to create awareness among the surrounding communities about Swachhotostav and Swachh Bharat Mission. Approximately 64 women and adolescent girls attended the corner meeting. The following concepts were covered in the corner meeting –

Personal Hygiene – Hand washing, oral hygiene and personal grooming were elaborated

Environmental Cleanliness – Waste management, sanitation, and pollution control were elaborated

Community Cleanliness – Keeping public places clean, preventing littering, and promoting recycling were elaborated

Food Hygiene – Safe food handling, food storage and food preparation were elaborated

Health and Hygiene – Disease prevention, immunization and healthcare practices were elaborated

Water Sanitation – Safe drinking water, water conservation and preventing water pollution were elaborated

At the end of the meeting, a Swachhta pledge was taken by all the women and girls present.



Monthly Highlights

SDG 6: WAS (Water & Sanitation)

• **Monthly Visit to 3 Villages of Igatpuri Block and Monthly IIFL Project Visit at Bhintghar, Maharashtra**

On 9th March 2023, a team member of the Child Help Foundation visited the Panchayat Samitte Office of Igatpuri block to meet various government authorities of the livelihood department for a new project of IIFL. The team met with Dr Lata Gaikwad, Mr Bhusaware-Assistant, Mr Milind, Ms Deepali Wagh and Mr Kailash Bhangar. During the visit, the project team member was given orientation on Child Help Foundation and its various programs and projects. After that, as per the guidance of the above-mentioned authorities along with the block manager and cluster coordinator, the CHF team members visited Bhortembhe Village, Chichlekhair Village, and Khambale Village in Nashik, Maharashtra. There they met with the ladies of Self Help Groups, the Sarpanch, and the villagers. A discussion about the proposed project was conducted with them by the team members. CHF team also visited the three lands with the purpose of constructing of business hub. At the end of that day's visit, the hard copy of the question form was given to Ms Deepali Wagh for data purposes.

- On the next day, 10th March 2023, the donated handbags were distributed to the beneficiaries of the IIFL project. After that videographer, Mr Mayur Chavan interviewed 8 women. As per the observation, women had felt shy to speak in front of a camera.
- As per the observation all three villages are near the National Highway. The villages are filled with natural resources which can be used for the productivity of SHGs.
- As per the observation currently SHGs are taking the production of Patravali, Rice Polishing, Tiny Vade and papad making. So accordingly we can give exposure to them in Online and Offline Business and Marketing
- All three villages (Bhortembhe, Chinchalekhair and Khambale) have Scheduled-Tribe people belonging to Katkari Community
- The socio-economic status of the families belonging to Bhortembhe, Chinchalekhair, and Khambale villages is very poor
- There are approx. 50 active SHGs in those selected villages
- There is the support of the government system for implementing the IIFL project in Igatpuri block
- As per the observation, women of Gulabi Gaon, are shy and less spoken



Monthly Highlights

SDG 6: WAS (Water & Sanitation)

• **Swachhotsav Rally**

On 29th March, a Rally was organized by Mira Bhaindar Municipal Corporation. The objective was to spread awareness regarding the clean city. Around 1000 women from SHGs participated. 12 women from the community of Kashigaon participated as CHF volunteers. The rally started from the Mira road station and ended at Samrat Ashok Buddha Vihar, Ramdev Park. There was a certificate distribution program for the interns and the NGOs which worked hand in hand with MBMC. The guests for the program were the Commissioner of MBMC, Mr Pratap Sarnaik, the Parliament Member and Ms Priya Marathe, the well-known TV actress and other authorities from MBMC. Ms Jyoti received a certificate for Women leading NGO during the program.



• **Greener, Cleaner the Better activity(Plantation activity)**

On 28th March 2023 and 1st April 2023, The Child Help Foundation as a part of the Swachhtotsav initiated the sowing of seeds drive. The volunteers of the Child Help Foundation were given pots and seeds to plant. All the volunteers collectively planted 50 pots. The objective of this activity was to implement 'The Greener, Cleaner, The Better'. Later the plants were taken care of, for 4 days and 3 lucky draws and 2 best plants were evaluated. The winners were appreciated with plants to "Promote the Green".



Monthly Highlights

SDG 6: WAS (Water & Sanitation)

• Meeting with MBMC

On the 15th & 23rd of March meeting with MBMC was attended by Ms Shilpa Lokhande for WINS and Swachhtotsav. The following points were discussed in both meetings

Orientation on Swachhtotsav & WINS Award

Given application forms to the contestants

Guidelines and Criteria are given by MBMC authorities for activities and awards

Guidance was given by Ms Ashwin and Mr Akshay for filling out application form

• Home Composting

On 31st March 2023, Ms Pranisha Lopes, a Project team member created an awareness session on waste management, segregation and Home-composting. 27 women became a part of this awareness session. The home-composting class was given to the ladies and a practical demonstration was done as well. The ladies were very keen to learn about home composting and agreed to follow the same process.

Under the Swacchaotsav 2023 program organised by MBMC, the Child Help Foundation conducted an awareness session on the management of waste. Recycling, Managing and Segregation of waste were discussed. The management of household waste and home composting was taught to the women in the community. The benefits of home composting and the effects on the environment were also discussed. The ways of pollution reduction were also explained to the women.



Monthly Highlights

SDG 6: WAS (Water & Sanitation)

• Child Care Institute-CCI (Number of Students-247)



• CSR

On the 29th of March 2023, Ms Priyam, Chris Shenoy and Julie visited Bhopoli Ashram Shala for the project in Bhopoli Ashram Shala.



SDG 11: SUSTAINABLE CITIES AND COMMUNITIES

• Village Cleaning – Sahapur, Odisha

On 5th, and 12th March 2023, a Village cleaning activity was done by the 10-15 volunteers of Hemchandra Sanskrit Vidyalyaya at Sahapur, Odisha. Community and temple places were cleaned by volunteers and proper instruction was given to villagers to keep their areas clean and tidy. Through this activity, they learned to clean the premises of the village and also gave motivation to others.



Monthly Highlights

SDG14: VILLAGE DEVELOPMENT PROJECT

• Beach Cleaning, Maharashtra

In March 2023, there were beach cleaning activities conducted at various locations. The activity raised awareness about the importance of keeping beaches and oceans clean. It also educates people on the harmful effects of littering and the need for proper waste management. Beach cleaning activities help to remove harmful debris from the beach, which harms marine life and negatively impacts the ecosystem. This also helps to protect the environment and promote sustainable tourism. Details related to beach cleaning activities are mentioned below -

Sr. No.	Date	Location	Activity Partner	No. of Participants	Collected Garbage (Kg)	Number of Beneficiaries (By using the Formula)	Remark
1.	18/03/2022	Prabhadevi Dadar Mumbai	Khushiyaan Foundation	35	308 kg	9240	On the occasion of Global Recycling Day, a beach cleaning activity was conducted at Dadar Prabhadevi beach with the help of student volunteers from Wilson college. Beach was looking neat and clean after the activity. Child Help Foundation gave certificates to volunteers.
2.	19/03/2023	Juhu Mumbai	Khushiyaan Foundation	26	650 kg	19,500	On the occasion of Global Recycling Day, a beach cleaning activity was conducted at Juhu beach with the help of volunteers from Paatkar College. Beach was looking neat and clean after the activity. The Child Help Foundation gave certificates to volunteers.
3.	26/03/2023	Uttan Bhaindar	Child Help Foundation	50	100 Kg	3000	The activity was completely led by Women. Women from various locations and various professional backgrounds (housewives, Social Workers, Domestic Labour, and Small Scale Workers) actively participated.
Total					1058 kg	31740	

As per the above-mentioned data, the collection of garbage by beach cleaning activities is 1058 kg

Monthly Highlights

SDG14: VILLAGE DEVELOPMENT PROJECT

• Beach Cleaning, Maharashtra



Our Programs



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