

CHILD HELP FOUNDATION

January'23 Journal



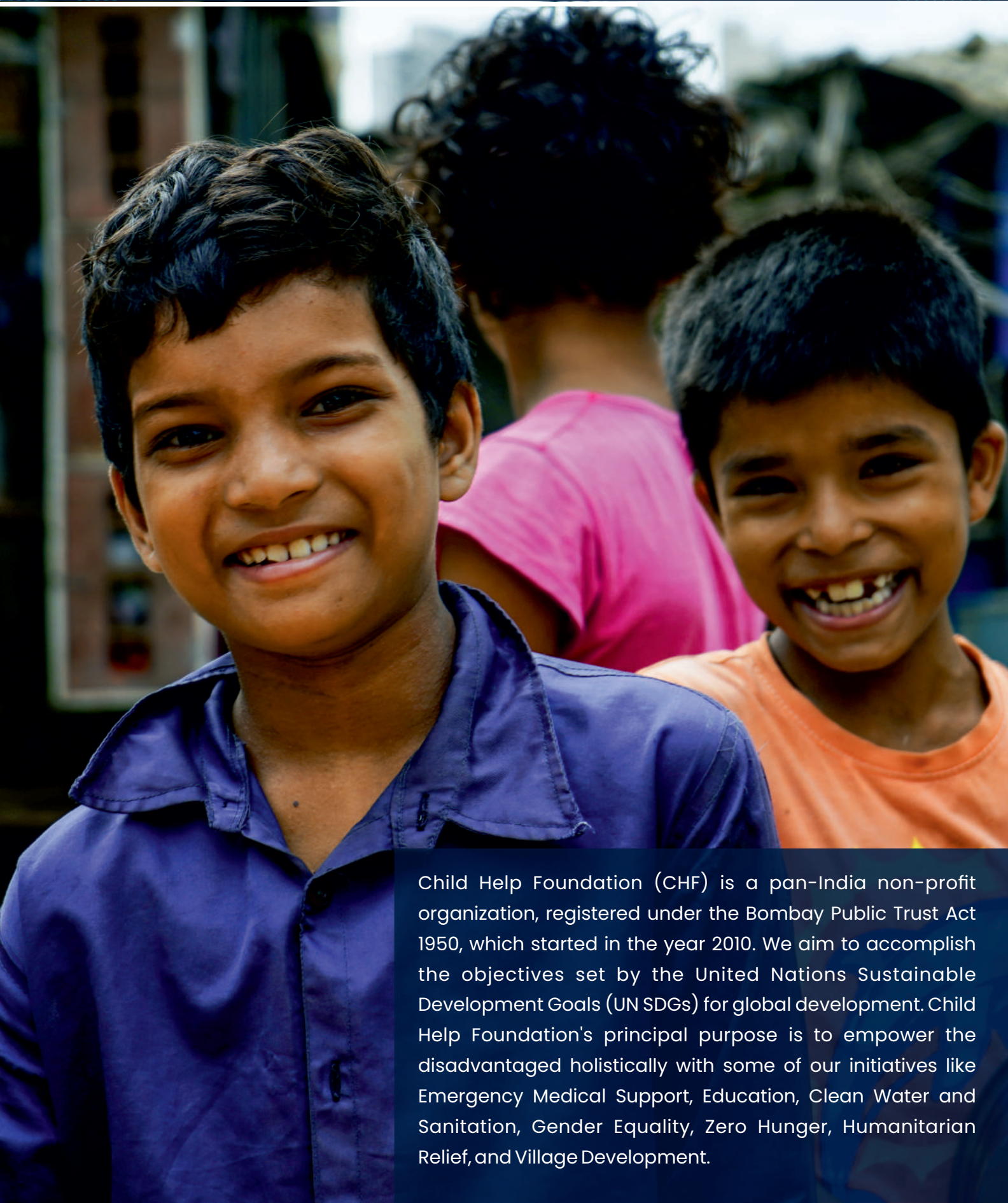
Child Help Foundation's Glorious Run at TATA Mumbai Marathon, 2023



Bringing Smiles



About Us



Child Help Foundation (CHF) is a pan-India non-profit organization, registered under the Bombay Public Trust Act 1950, which started in the year 2010. We aim to accomplish the objectives set by the United Nations Sustainable Development Goals (UN SDGs) for global development. Child Help Foundation's principal purpose is to empower the disadvantaged holistically with some of our initiatives like Emergency Medical Support, Education, Clean Water and Sanitation, Gender Equality, Zero Hunger, Humanitarian Relief, and Village Development.

Child Help Foundation at TATA Mumbai Marathon, 2023





Child Help Foundation's Glorious Run at TATA Mumbai Marathon, 2023



Tata Mumbai Marathon held in Mumbai, Maharashtra is an annual international marathon and is amongst the top 10 marathons in the world. It is the largest marathon in Asia as well as the largest mass-participation sporting event on the continent. Child Help Foundation participated in the Tata Mumbai Marathon for the cause they stand for i.e., 'Welfare of the underprivileged section of the society'. The marathon takes place on the third Sunday of January every year and this year it was held on 15th January 2023. Like every year this year too people participated in the Mumbai Marathon in huge numbers making it a great success. It was attended by 46,000 participants including amateurs, fitness enthusiasts, NGOs and the world's best distance runners. Tata Mumbai Marathon has six different race categories – Full Marathon (42.195 km), Half Marathon (21.097 km), Dream Run (5.9 km), Senior Citizens Race (4.7 km), Champions with Disability category (2.1 km) and the Open 10K (10 km).

Child Help Foundation has been participating in the Mumbai Marathon event since This year 70 enthusiastic volunteers and the core team participate in different race categories under the CHF banner. CHF volunteers participated in the Dream run dressed traditionally in their NGO colours which was an attraction to the audiences. These volunteers were dressed in various attires with their faces painted and runner bibs on them, holding banners, placards, and dummies and highlighted the need for breastfeeding for better health of mother and child, one of their initiatives by sending a message "Step up for Breast

Feeding" in chanting while running. This year Child Help Foundation took an initiative to cheer the participants in different categories by setting up a Motivation Zone along the runners' path. In the motivation zone, 500+ CHF volunteers from various Mumbai colleges were present and were cheering the runners in different categories.

The CHF volunteers also conducted skits at regular intervals on the theme of Breast Feeding. Child Help Foundation is also an NGO partner for the Tata Mumbai Marathon event conveyed a message to all participants about the various activities being undertaken by it besides the necessity of Breastfeeding and CHF's initiative to help lactating mothers by setting up Baby Feeding Centre at various public places in several states.

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Emergency Medical Support



Kirti Lokesh

Blood Transfusions

Life Dependent on Blood Transfusions, Save 10-Year-Old Kirti Lokesh

"Ever since my Kirti Lokesh turned two, a single day's comfort has become a distant dream for him. He always keeps asking me, when his visits to the hospital would come to an end. At such a moment, I have no option but to give him false assurances. But I don't know how long I can continue this. I fear that one day I might have to look into his innocent eyes, and break the harsh truth to him." – Keerthi Balaji ; (Father)

Kirti Lokesh, a ten-year-old child, has been cursed by Thalassemia Major. His childhood has been caged because of this disease. It all started when Lokesh was two years old. What started as a mere fever turned into an unimaginable catastrophe. Soon, he started losing strength in his body, and he shrunk into skin and bones. After undergoing numerous tests, Lokesh was diagnosed with this bloodthirsty disease.

Doctors at Rela Hospital, Chennai have said that he needs to undergo blood transfusions after fixed intervals. But these painful transfusions are only buying him some time, the only way to free him from pain is through a bone marrow transplant. But the transplant comes with a price tag of Rs 35,00,000/- (Rupees Thirty-Five Lakhs)

Kirti's father, Keerthi Balaji is an auto driver in Visakhapatnam, Andhra Pradesh. He barely earns enough to feed his family of five. Somehow he has managed to arrange some amount for his treatment. But right now he has exhausted all sources of funding. He has no option but to rely on your kindness and generosity. Please come to the aid of this ten-year-old child, who has been forced to battle such a dreadful disease. Your support can bring back his smile, his joviality, and his playful nature. And he will be able to live with his family to create the bright future that awaits him. Please donate as much as you can for the sake of Lokesh. His life is in your hands right now.

There are many more children who need urgent treatments, and your small contributions can make a huge difference. [Please Donate!](#)



Baby of Ramla

6 Months
Pre-Maturity



Rusun Vignesh

7 Months
Heart Defect



Baby of Mamatha

1 Day
Pre-Maturity

+

Emergency Medical Support



Shreya Ghorpade
5 Years
Heart Defect



Burhanuddin Y. Vhore
3 years 9 months
MS-LCH



Karthikeyan
6 years
Heart Defect



Dibyanshu Naik
2 years
Heart Defect



Inayath
7 years
Thalassemia Major



Prayag Dutt Mishra
2 years 5 months
Gaucher's Disease



Parwati
15 years
Spinal Defect



Sudarshan Jana
12 years
Spinal Defect



Adham Parwiz
3 years 3 months
Neurological Disorder



Amulya
9 years
Thalassemia Major



Aditya Binnar
12 years
Spinal Defect



Siddharth
11 months old
Spinal Defect

+

Emergency Medical Support



Jeshwanth Malavath
7 Years
B-Thalassemia Major



Shrutika Vasant Naik
6 months
Blood Cancer



Baby of Rubina Khatoon
1 Month
Pre-maturity



Bhagyashree
15 years
Spinal Defect



Nimisha Kadam
11 years
Liver Defect



Lila Prasad
17 years
Heart Disease



Bhargavi Tare
11 years
Heart Disease



Lakshmi Reddy
7 months
Respiratory Defect



Sara Swain
5 years, 10 months
Thalassemia Major



Shaik Khaja
14 years
Thalassaemia



Halima Shaikh
2 months
Heart Disease



Arfa Naiza
9 Days
Respiratory Illness

Success Stories



Bo Mahfuza

The baby of Mahfuza was born in severe pain and distress. Mahfuza gave birth to the baby while she was only seven months pregnant. Naturally, the baby was born extremely weak and had severe respiratory issues. Doctors at Silver Crest Hospital said that he needed Post Surfactant and Post Mechanical Ventilation PPHN/ PDA shock, which came with the cost of Rs 5,00,000 (Rupees Five lakhs only). Mahfuza's husband, Abubakkar Siddik worked in a hotel and earned minimum wage, which was barely enough to put food on the table. However, with the help of the Child Help Foundation, he was able to treat his baby boy successfully.



Ananya

A price tag of Rupees 14,00,000 (Rupees Fourteen lakhs only), was put on the normal life of one-year-old Ananya. Diagnosed with Mucopolysaccharidosis type, a rare disease which hampers the motor skills of children, Ananya needed a Hematopoietic Stem Cell Transplant. The doctors at Rainbow Children's Hospital, Hyderabad said that her uncle was a perfect match but her father, Saidhulu worked as a driver and earned a minimum income. He didn't have the means to raise such a huge amount of money. He reached out to the Child Help Foundation. After verification, we could successfully arrange the money for her treatment, and she has been successfully treated.



Bo Laya

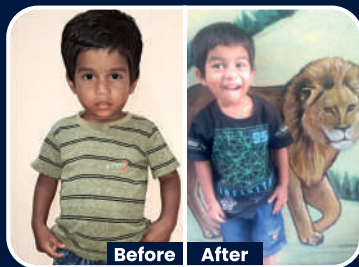
Having already been financially ruined by the treatment of Kattekola Lagadeeswar's neurological disorder in 2017. The already faint glimmer of happiness in the family's life was the expected baby. However, the baby was born extremely weak. Doctors at Rainbow Childrens Hospital diagnosed the baby boy with Respiratory Distress Probable Sepsis Thrombocytopenia Severe PPHN (Persistent Pulmonary Hypertension). The baby needed a treatment consisting of a prolonged mechanical ventilator inotropic support, IV fluids, IV antibiotics, and ICD and warmer care. However, the treatment came with a cost of Rs 5,00,000 (Rupees Five Lakhs Only). Kattekola works at a garment shop and earns a minimum wage, it was difficult for him to raise money for his little munchkin. However, after taking the help of the Child Help Foundation, he was able to treat his baby boy.

Success Stories



Bo Rubina

A catastrophe struck the family of Rubina and Kazi when their baby was born prematurely. Doctors at Silver Crest Hospital, Haryana said that the baby girl needed a NICU stay which would cost around Rs 1,50,000 (Rupees One Lakh Fifty Thousand Only). Kazi, who works as a housekeeper, only earned Rs 12,000, which was barely enough to support his family of four. He had no way of paying for the treatment. But when all hope was lost, kind souls like you poured in love and support, which helped in the successful treatment of Rubina's daughter.



Sarfaraz

Having been diagnosed with Abdominal distension by the doctors of Sowmya Hospital, Hyderabad. Daily life became a burden for the two-year-old Sarfaraz, his days were plagued by intense pain. He needed first, a colostomy and second, a biopsy of the rectum and colon followed by second surgery of closure and colostomy. The total cost of the treatment came to around Rs 4,00,000 (Rupees Four Lakhs Only), which was difficult for Sadat, Sarfaraz's father, to arrange. Sarfaraz worked as a salesperson and only earned Rs 10,000 per month. On being aided by the Child Help Foundation, Sarfaraz received his much-needed treatment.



Barnali

A gifted student, the future was looking bright for twelve-year-old Barnali. However, fate decided to play a cruel joke on her, and she was taken down by Left Dorsolumbar Kyphoscoliosis. Her spinal cord took a grotesque structure, and the disease even stopped her growth. They had to travel from Darjeeling to Bengaluru to get her treated at Bhagwan Mahaveer Jain Hospital. Doctors said that Barnali needs to undergo Bilateral posterior deformity correction vertebral column resection and fusion. The problem was that the treatment cost around Rs 6,00,000/- (Rupees Six Lakhs Only). Barnali's father, Nayan Mahanta worked as a labourer in a fish market and only earned Rs 10,000. He couldn't even imagine such a huge sum of money. In such a crucial time, Child Help Foundation stepped in and helped in Barnali's treatment.

Success Stories



Hitesh Patro

Hitesh had never experienced a single day of comfort. Being diagnosed at six months old with B-Thalassemia Major. Hitesh had to take medicines before he could even swallow food. His life depended on regular blood transfusions. Doctors said that he would have to undergo a bone marrow transplant in the future. However, five years later, his condition began to deteriorate. His mother, Shankari had to quit her job to take care of her son. The entire financial burden fell on Dulal Patra who had to arrange 10,00,000/- (Rupees Ten Lakhs Only) for his son's bone marrow transplant at HCG/ MSR Cancer Centre. But his meagre income of 10,000/-, was not nearly enough for his son's treatment. But with the help of the Child Help Foundation, Hitesh was able to undergo a much-needed bone marrow transplant.



Bhargavi

Eleven-year-old Bhargavi became a shell of her former self when she found out that she was diagnosed with Large OS ASD, which meant that she had a hole in her heart. She experienced symptoms like irregular heartbeats (arrhythmias), fatigue and the sensation of rapid palpitations or skipped beats. Happiness withered from the academically brilliant child, her fate now rested on heart surgery. Doctors at Balaji Heart and Diagnostic centre, Mumbai said that the treatment would cost Rs 2,50,000/- (Rupees Two Lakhs Fifty Thousand Only). Bhargavi's father, Amritav worked as a farmer and made a minimum wage. It was next to impossible for him to raise this much money. The parents needed help to be able to pay for their daughter's treatment. Child Help Foundation was successful in helping Bhargavi with her complete treatment.



Afifa

Cancer has been known to take down full-fledged adults, let alone a child of four years old. But such fate was placed on the fragile shoulders of Afifa, who was diagnosed with Acute Lymphoblastic Leukemia by the doctors of Bharati hospital, Pune. Doctors said that she would have to undergo rigorous sessions of chemotherapies, which would cost around 9,00,000/- (Rupees Nine lakh only). Afifa's father, Amir worked at a garage and earned a minimum income. Even in his wildest dreams, he couldn't imagine such a huge sum of money. So, he approached Child Help Foundation for support. We helped the family in arranging the funds and the

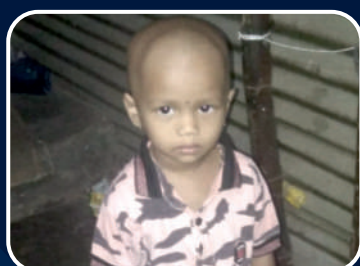
Success Stories



Husenabasha

treatment was successfully undertaken.

What started as pain in his legs, transformed into the biggest nightmare for Husenabasha's family. Upon getting tested by the doctors, the reports confirmed that the twelve-year-old Husenabasha was suffering from Acute lymphoblastic leukaemia. He was transferred to Kolhapur Cancer centre for his treatment consisting of Chemotherapy and supportive care. But the treatment came with a price tag of Rs 5,00,000/- (Rupees Five lakh only). Husenabasha's father was a daily wage labourer. He couldn't amass such a huge sum of money by himself. The funding was arranged by the team of the Child Help Foundation. Husenabasha is now completely treated and recovering towards a healthy life.



Shravaani

Living with a cancerous kidney made daily life a challenge for three-year-old Shravani Pawar. Her condition became so worse that she had to undergo surgery for the removal of her left kidney. But she still needed to undergo chemotherapy which was worth Rs. 5,00,000/- (Rupees Five lakh only) according to the doctors at Kolhapur Cancer Centre. The mere mention of the amount sent a chill down the spine of Shravaani's father, Sandeep, who worked as a construction labourer. Child Help Foundation helped Shravani complete her chemotherapy sessions, and now Shravani looks forward to living a cancer-free life.



Saloni

After observing swelling in Saloni's hands and legs, her parents immediately took her to the doctor. After undergoing some tests, the doctor found out that she had cysts in her stomach. Her cysts were then sent for examination, which confirmed that she was suffering from Acute lymphoblastic Leukemia. Doctors at HCG Manavta Hospital, Nasik said that her treatment would cost around Rs. 3,00,000/- (Rupees Three lakh only). Saloni's father, Prakash worked as a daily wage labourer. Adding to his miseries, he was the sole breadwinner of a family of five. Having no means of raising money by himself, he decided to take the help of the Child Help Foundation. Child Help Foundation successfully raised money for Saloni's treatment, and the eight-year-old looks

Success Stories



Bo Uma

forward to living a cancer-free life.

When Uma went into labour before her due date, she and her husband knew that their worst days were ahead. True to their fears, Uma's baby was born prematurely and had a severe respiratory illness. Doctors at Renova Neelima Hospital, Hyderabad, immediately placed the baby boy in NICU. Doctors said that the baby would require a NICU stay and CPAP support for at least a month, which would cost Rs. 3,50,000/- (Three Lakhs and Fifty Thousand Rupees only). Uma's husband, Srinivas worked as a housekeeper and was the sole breadwinner in his family of four. Adding to his misery, at least 4,000 of his income went to pay for his house's rent. It was impossible for the family to pay such a huge amount. Child Help Foundation thus completed the necessary verification and helped the family in arranging funds for the baby's treatment



Radha

Dealing with such a severe heart condition was extremely difficult for the eleven-year-old Radha. She was diagnosed with the disease in her infancy. But due to her parent's miserable financial situation, they had no option but to give temporary treatment to Radha. With time her condition got worse, and there was no option except Intracardiac Repair of TOF Surgery (Heart Surgery). Doctors at Fabiani and Budhrani Heart Institute, Pune said that the procedure would come with a price tag of Rs 4,50,000/- (Rupees Four Lakhs and Fifty Thousand Only). Radha's parents, Rahul and Aarti worked as daily wage labourers who only earned Rs 300 per day. They couldn't imagine affording to pay such a huge sum of money. With the support of our donors, Child Help Foundation was



What is the difference between Charity & Philanthropy?

The major difference between charity and philanthropy is that charity is more perceived as being an emotional, immediate response whereas philanthropy is more strategic and built on rebuilding. On a similar note, Charity aims at relieving the pain of a particular social problem whereas Philanthropy focuses on addressing the root causes of the problem.

An excellent example of charity would be the distribution of painkillers to malaria-affected patients. On the other hand, in the same scenario, a philanthropic organization would sponsor the education of the people in the affected areas and support medical research teams in finding a cure for malaria. Charity is giving, whereas Philanthropy is acting and changing a system for a better world.

The best way to describe the difference between charity and philanthropy is by using a very common phrase, "Give a man a fish, you feed him for a day. Teach a man to fish, you feed him for a lifetime".

Here is a list of the top five Charitable Trusts in India:

Child Help Foundation (CHF): Child Help Foundation (CHF) is a pan-India non-profit, non-governmental organization, that is registered under the Bombay Public Trust Act 1950, in the year 2010. They are a child-centric organization that works holistically to cater to the development of all the factors that directly or indirectly affect children. They work in alignment with the adopted Sustainable Development Goals of the United Nations. It functions for us as a roadmap to bring effective change in society. Emergency Medical Support, Swastha se Shiksha Tak, Mini Science Center Projects, Baby Feeding Centers, Roti Ghar Program, Village Development Program, and Humanitarian Relief are among the most effective initiatives that we have implemented.

Child Rights and You (CRY): Recognized as India's most trusted NGO, Child Rights and You (CRY) works tirelessly to ensure happier and healthier childhoods for India's underprivileged children. CRY addresses children's critical

needs of healthcare, nutrition, education, and protection from child labor and child marriage by working with parents, teachers, Anganwadi workers, communities, district and state-level governments, and the children. In the last 42 years, CRY has impacted the lives of over 3 million children across 19 states in India.

Smile Foundation: Smile Foundation is an NGO based in New Delhi, India. It was established in 2002 and was in 25 states across India. As of 2017, the Foundation reaches approximately 4 lakh children and their families. The Smile Foundation aims to provide free quality education to underprivileged, marginalized children. Their development program targets sectors like education, health, livelihood for women, etc. Some of their programs are Smile on Wheels, Mission Education, and Smile Twin e-learning.

Give India Foundation: Give India is a non-profit, non-governmental organization in India. It is an online donation platform and aims to provide channels and resources to trusted non-governmental organizations across India. As a web portal, it helps raise funds and contributions from individuals in India and worldwide and then distributes these donations to trusted NGOs.

SEEDS: The full form of SEEDS is the Sustainable Environment and Ecological Development Society. SEEDS is a 26-year-old organization that is active across India and Nepal. The goal of SEEDS is to protect the people exposed to disasters. Their dedicated team partners up with local and central governments, companies, and other nonprofits to reach out to families affected by earthquakes, floods, cyclones, climate emergencies, and pandemics. SEEDS specializes in disaster preparedness, disaster response, and rehabilitating homes and community infrastructure.

On a concluding note, Charitable Trusts or Philanthropic Institutions both work on the overall development of the society, region, and the overall country. We as a child-centric organization work holistically towards the betterment of all

Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• Visit Baby Feeding Centre, Kerala

On the 1st January 2023, Mr K.N. Ninan, & Kerala Medical In charge visited Baby Feeding Centre at Lakeshore Hospital (Ernakulam), Chottanikkara Temple (Ernakulam) and General Hospital (Kochi). As per the feedback received from beneficiaries, the baby feeding centre is useful and helpful for them. The main motive behind these centres is to provide a private space for mothers to feed their children.

The total number of beneficiaries reached

- Chottanikkara Temple's (Ernakulam) average usage per day is increased to 53
- Lakeshore hospital's (Ernakulam) average usage per day is 12
- General Hospital(Kochi), average usage per day is 7



• Visit to Baby Feeding Centre – Sir J. J. Hospital, Mumbai, Maharashtra

On 4th January 2023, Ms Jyoti went to meet the MSW J.J. Hospital Authorities. Dr Tanvi told that it is not kept open as the sister in charge feels that it is not safe. They kept it open for a few days and they found that people were sitting and eating food inside the premises. Hence, they were forced to keep it locked. They were ready to keep the BFC door open, only if CHF keeps a volunteer during the OPD hours. Dr Tanvi got the boards written on the first floor and near the OPD. Ms Sonu suggested speaking to the Medical Superintendent, Dr Surase about instructing Dr Tanvi to keep the BFC open.



Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• Visit to Baby Feeding Centre – Kalyan & Kurla, Mumbai, Maharashtra

On 7th January 2023, Child Help Foundation resource person visit Kurla railway station and met the station master. He informed that the BFC is being used, and an average of 2 mothers visit the centre. There is a board written on the BFC that the mothers can use the centre for breastfeeding.

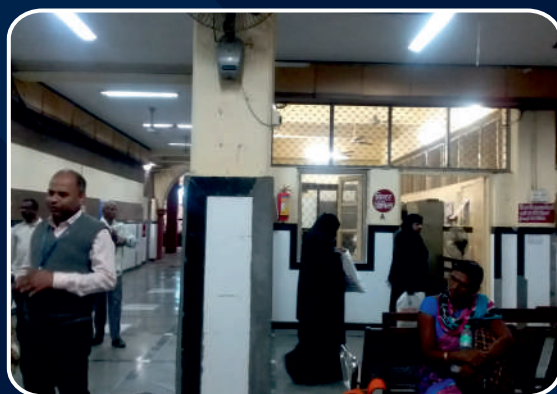
Then, The foundation resource person went to Kalyan Railway station and observed the centre. It was observed that the facilities were adequate. He went with her to inspect the condition himself. Then he



• Visit to Baby Feeding Centre – Sir J. J. Hospital, Mumbai, Maharashtra

On 10th January 2023, Ms Chris Shenoy and Ms Jyoti went to visit Sir J J Hospital. The purpose was to meet Dr Surase (Medical Superintendent) and resolve the issue of keeping the door of BFC open. They met Dr Tanvi and Mr Rathod (Senior RMO). Mr Rathod approved of keeping the door open during the OPD hours.

They also met the sister in charge, Ms Jyoti from the Immunization OPD and discussed the possibility of referring mothers to the BFC for breastfeeding when they come for the immunization of the children. The sister shared that after the immunization of the child, the child cries and she makes them sit in the OPD immediately. Thus it can be done in front of her and she is able to guide the women on how to breastfeed.



Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• Visit to Baby Feeding Centre – Sir J.J. Hospital, Mumbai, Maharashtra

On 18th January 2023 & 19th January 2023, Ms Sendra visited Sir. J. J. Hospital. On the first day, she visited the social worker Ms Sonu. Then she went to the BFC in the OPD. She gathered women who were present in the OPD. Ms Sendra conducted a short session about the importance of breastfeeding and the Baby Feeding Centre available free of cost. Two out of ten women used the BFC for feeding their babies. The women expressed their happiness and gratitude.



• Visit to Urban Health Centre – Mumbai, Maharashtra

On 28th January 2023, Ms Jyoti met the sister in charge, Ms Hemlata and briefly oriented about CHF activities and informed her about the construction of the BFC. Ms Jyoti introduced Mr Santosh to Ms Hemlata and informed her that the construction will start on Monday 30th January.

Ms Jyoti showed the place to Mr Santosh. She called Mr Shinde and told him that she had shown the place, and told him that the wall where the BFC is to be constructed. Ms Jyoti went to meet the Medical Officer, Dr. Akash. Introduced herself and told him about the concept of BFC and the starting of construction of the BFC. The place for BFC was shown to Mr Santosh. The board, TV monitor and fan will be removed on Monday. The construction work is supposed to start on Monday, 30th January 2023.



Monthly Highlights

SDG4: QUALITY EDUCATION

• Celebration of Birth Anniversary of Savitribai Phule

On 3rd January 2023, on the occasion of the birth anniversary of the Poetess Savitribai Phule, pioneer of women's education, the social reformer was celebrated in Murbad, Sakhare and Vangani Ashram Schools, Palghar District, Maharashtra. Information about efforts made by Savitribai Phule in the sector of Women's Education, Eradication of Child Marriage, Sati, Dowry System, Prevention of infanticide, and Widow Discrimination was given by teachers. Vangani Ashram School Students created beautiful pictures of Savitribai Phule, using Rangoli colours. Some female students from Murbad, Sakhare and Vangani Ashram School dressed up as Savitribai Phule and gave a valuable message to motivate the students toward education. Also, some students gave a speech on Savitribai Phule's contribution to Indian society



• Prize Distribution to Zilla Parishad school students and Orientation for Khalsa college volunteers, Maharashtra

On 6th January 2023, the Child Help Foundation team travelling to the Akaloli village in Vajreshwari, visited the Zilla Parishad School, Maharashtra, interacted with the school students, watched the sports event and handed over the prizes to the ZP school students. The prize distribution was followed by an orientation session for Guru Nanak Khalsa college by the NSS volunteers who had organized the sports event on our NGO Child Help Foundation and our activities.



Monthly Highlights

SDG4: QUALITY EDUCATION

• Educational Support to 3 Students – Sharon Awale, Nitya Kamble and Kavyansh Taywade

On 9th January 2023, Educational scholarship aid (Third Instalment) was given to students namely, Sharon Awale, Nitya Kamble and Kavyansh Taywade in the month of January 2023. The aim of the activity is to provide a good future for kids by helping them financially. Child Help Foundation supported bright kids who are underprivileged but have dreams to prosper. Parents were very happy to receive the support rendered by Child Help Foundation. The amount supported by Child Help Foundation in the month of January 2023 was Rs. 23,300 /-



• Orientation to Medical Students

On 11th January 2023, CHF staff Ms Chris (Manager-Projects & Programs), Ms Jyoti and Ms Pranisha, delivered a presentation on Child Help Foundation's programs. All the programs and activities of Child Help Foundation were presented. The medical students asked their queries during the session. Queries like, with whom CHF collaborates in the community, how tribal people react, whether they cooperate etc, were raised. Then Ms Pranisha asked them about the diseases like cancer in children, atrial septal defect (hole in the heart) etc. The medical students explained various diseases, their causes, the surgery etc. The students shared their interest in volunteering for the campaigns and activities.



Monthly Highlights

SDG4: QUALITY EDUCATION

• Meeting with Dr Reddy Foundation staff for mobilizing youth, Mumbai, Maharashtra

On 12th January 2023, there were two representatives from Dr Reddy's Foundation who had come for partnering with us for mobilizing youth in communities. Ms Chris presented about the Child Help Foundation's Programmes and Activities. Following up on this, a group of student interns conduct the survey in Nallasopara and Virar West; of which 41 households were interviewed. None of them shared their interests. But the data was shared with Dr Reddy Foundation who will do a follow-up on the name and their connect number.



• MSC Teachers' Training at Vangani Ashram School, Palghar, Maharashtra

On 18th January 2023, Ms Jyoti went for the Teacher Training session at Vangani Ashram School, Palghar district, Maharashtra, which was conducted with 13 teachers of Vangani Ashram School attending the training. The training was conducted by the coordinator, Mr Jagannath Khirari. He explained some of the rules of science and showed 15 models of MSC (Science and Mathematics) and explained them about the models. Some of the names of the models are as follows; Law of momentum, lens camera, math formulas, kinescope, acid-base, and a reflection of light. He also conducted one activity in which they prepared a Kaleidoscope. The teachers shared their happiness and expressed their thanks.



Monthly Highlights

SDG4: QUALITY EDUCATION

• **Appreciation Certificate presented to R. D. & S. H. National & S. W. A. Science College Interns, Mumbai**

On 20th, January 2023, Appreciation Certificates were given to the 7 interns of R.D. & S.H. National & S.W.A. Science College. All of them were F.Y. BSc. Students of the same college. They did their internship with Child Help Foundation from 26th December 2022 to 2nd January 2023 and have contributed as an assigned volunteer to the Mira Road Project Office. All of them completed 40 working hours of internship. They invested their valuable time and assisted in office work such as Website Reading, Orientation on SDGs, BFC and surveys, Medical Cases, Patient Consent forms, Translations, and also Prepared a Slogan for Tata Mumbai Marathon and Conducted Survey in Community.



• **Special Session on Maths & Science, Palghar, Maharashtra**

On 20th January 2023, Ms Jyoti visited Murbad Ashram School, Palghar District, Maharashtra for the Special session on Math and science conducted at Murbad Ashram School. There were 9th-grade students and a total of 92 students attended the session. There were two guest speakers, Dr Jayashree Parikh (MSC, PHD, and Retired Principal) and Dr Swati Desai (Ex Principal, Laxmichand Golwala College of commerce and Economics, Ghatkopar). Dr Jayashree Parikh presented a Powerpoint presentation. She spoke about great International scientists, great Indian scientists and female scientists. She also talked about the future of scientific innovations. Dr Swati Desai taught them certain tricks and formulas to solve the questions fast. She showed a PPT and explained the formulas. The session was very interesting and students were very happy to know the math tricks.



Monthly Highlights

SDG4: QUALITY EDUCATION

• Teacher's Review Meeting

On January 23, 2023, a teacher's review meeting was conducted by project team members. In the meeting, the team prepared the planning and schedule for Republic Day. Cross-verification of teacher attendance and location was done by a project team member. 21 question sets, answer sheets and study material required by teachers from both schools and according to mail for the requirement set by the project team.



• Stationery Kit and Sanitary Napkins Distribution, Jorhat, Assam

On 13th January 2023, Stationery and Sanitary Kit distribution was done at Kartik Sapori near Jorhat District. Stationery kits and Sanitary Napkins were distributed to underprivileged children. The Millennium Development Goal to ensure Quality Education for all children is also the primary motive of the organization and distributing sanitary napkins to raise awareness about menstrual health was the major objective of the event.

The requirement for education Support and WAS service was received by Sabita (coordinating from school). The children were able to receive the requirements for a new start with the help of the Child Help Foundation. The quality of Education and acquirement of sanitation was possible through the support of the community. A total of 150 beneficiaries availed the kits.

Monthly Highlights

SDG4: QUALITY EDUCATION

• National Girl Child Day Program at Pali Ashram School, Palghar, Maharashtra

On January 24, 2023, Ms Jyoti visited Pali Ashram School, Palghar for the National Girl Child Day celebration at Pali Ashram School with 8th, 9th and 10th standard students. The program included a drama presentation on female foeticide and gender discrimination, a fancy dress competition (where girls dressed up like Jhansi ki rani, Jija mata, and Savitribai Phule.) and a poster-making activity. The students were given topics like 'save the girl child', stop female foeticide, gender discrimination, gender violence etc. Students prepared posters and the 3 best posters were selected. Some educational games were conducted which proved to be enjoyable. One was on team bonding, the second one was on problem-solving. There were also three speeches by students. The prize distribution ceremony was conducted. Three prizes were given for poster making, three for Fancy dress, and one for the speech competition.



• Republic Day Celebration – Murbad Ashram School, Palghar District, Maharashtra

On 26th January 2023, the 74th Republic Day was celebrated at Murbad Ashram School. Activities like the unfurling of the national flag, cultural and traditional performances and dance competitions were organized by the school. Trophies and certificates for the winners were sponsored and given by the Child Help Foundation to encourage and support the students in Ashram Schools. Also, a contribution of Rs. 1,000 was given to the school by CHF for the activity of republic day. Overall, the event showed that the students are working hard to do their best. School and project teachers are supporting the students as well.



Monthly Highlights

SDG4: QUALITY EDUCATION

• Republic Day Celebration Program – Hyderabad

On January 26th, 2023 on the occasion of Republic Day Child Help Foundation Vizag conducted games and a singing competition in A Mandal Parishad Primary School, Arilova Vizag, Hyderabad. In the event, Shields and Gifts were distributed to the children, teachers and domestic workers.



• Republic Day Celebration Program – Odisha

On 26th January 2023 Republic day and Vasant Panchami (Saraswati Pooja) were celebrated in Hemachandra Sanskrit Vidyala, Odisha in which 170 students participated. The Programme was followed by cultural events.



Monthly Highlights

SDG4: QUALITY EDUCATION

• Republic Day Celebration Program-Umele, Mumbai, Maharashtra

On 26th January 2023 Republic day was celebrated in Umele Ashram Shala, Naigaon West. The program was initiated with the unfurling of the Indian national flag, followed by the Cultural and Traditional Dance Competition. Many students participated in the event. For the event, snacks like biscuits, chocolates, and Fruity were sponsored by Child Help Foundation. From the team, Sendra D Souza and Samip Patil attended the event.



• Capacity Building Workshop in Schools, Dimapur, Nagaland

In order to have a clear understanding of the situation of children, families, community and system, the Nagaland Centre for Human Development and Information Technology (NCHD-IT) planned a research-based analysis of the situation with PRA. This survey is preliminary work to launch a new project program with a special focus on the government primary school. It was to generate specific information from the target population or household, to involve the community in Children's Education, and to assess and evaluate the success and failure of the project. The survey through PRA exercises is conducted in a focused manner on specific themes such as Community situation analysis, Livelihood analysis, Education and local services.

Tabulation and analysis of the whole exercise bring out some findings which are useful for the organization to carry out the program in the school. The Village Council and SMC showed a very positive acceptance and assurance of their participation in the project program. Parents' negligence of children's studies is because of their economic background wherein most parents work as daily wagers. So parents don't have time to monitor and spent quality time with their children. Additional assistance in TLRM like digitization of the teaching systems will attract children.



Monthly Highlights

SDG2: ZERO HUNGER

• Roti Ghar

Child Help Foundation in collaboration with Roti Ghar provided cooked food to 1800 children in Mumbai, Thane, Delhi, Bangalore, Odisha and Hyderabad. CHF's main aim is to provide food to needy children and make their future bright and better by providing nourishing meals and taking care of their health also so can know the importance of food. No child will be hungry in this world.



SDG 5: Gender Equality

• Training on Self Defense, Maharashtra

Sessions on POSH was conducted by Meena Lokhande-Lee, Head - Resource Mobilization. In the session, the provisions of POSH were elaborated in the session. Formation of the committee, cases of POSH, Gender Equality and Responsibilities of the Head was discussed. Details are mentioned below

Sr. No.	Date	Location	Number of Beneficiaries
1	17th January 2023	Andheri	50
2	17th January 2023	MONK-E	30
3	20th January 2023	GEPL Company, Colaba	30
4	23rd January 2023	Andheri	50
5	27th January 2023	Taj, Sancruz	50
Total Number of Beneficiaries			210

Monthly Highlights

SDG 6: WAS (Water & Sanitation)

• Inauguration of Wall Painting, Maharashtra

On 27th January 2023, Child Help Foundation's "Wall painting" for awareness was inaugurated. The inauguration was done in the presence of Additional commissioner Mr Panpate, Deputy Commissioner Mr Ravi Pawar, Mr Rathod, Mr Rajendra Pathak, Mr Jiji John, Ms Jyoti, Ms Ruchi (Siddhivinayak Organization) and the employees of MBMC. The inauguration was done by the hands of Mr Panpate, Mr Pawar, Mr Pathak and Mr John. It was declared that the painting work is starting from the day. The inauguration program went well. It was a short and sweet program, which happened in the presence of a few important people.

Child Help Foundation, in collaboration with MBMC, will paint the wall near Naya Nagar, (Mira road) the wall which is between the railway and the road parallel to the track. Mr Rathod took the CHF members to the Mira road station where he requested CHF to paint some of the walls and pillars outside the station.



SDG 11- SUSTAINABLE CITIES AND COMMUNITIES

• Village Cleaning in Sahapur, Odisha

On 8th January 2023, 22nd January 2023 and 29th January 2023 Village cleaning activity was done by 10-15 volunteers of Hemchandra Sanskrit Vidyalyaya at the Village Sahapur, Odisha. Community and temple places were cleaned by volunteers and proper instruction was given to villagers to keep their areas clean and tidy. Through this activity, they learned to clean the premises of the village and also gave motivation to others.

Monthly Highlights

SDG8&10: VILLAGE DEVELOPMENT PROJECT

• New Year Gift Distribution & Meeting With Villagers Nashik, Maharashtra

On 13th January 2023, New Year Gifts were distributed to 75 children. 35 gifts were distributed to children below eight years old and 40 gifts were distributed to children above eight years old. The children were very happy after receiving the gifts and the villagers appreciated the initiative taken by the Child Help Foundation.

After the gift distribution, with the presence of the Sarpanch, Police Patil, Other Dignitaries, Women beneficiaries and villagers, A meeting was held to take project updates and follow up. Questions related to construction, difficulties in project implementation, and problems faced by employees were discussed in the meeting accordingly, and instructions were laid to the concerned stakeholders and beneficiaries of the project. Also, low participation in computer education was discussed in the meeting.

As per the feedback received from the Sarpanch, Police Patil and Villagers, Child Help Foundation is the only organization that is working at Gulabi Gaon practically with their quality activities like various skill development training and computer education.



Monthly Highlights

• Visit to Rajbhawan, Maharashtra

On 25th January 2023, Team of Child Help Foundation Mr. Rajendra Pathak – Trustee, Mr. Sunil Verghese – Trustee, Mr. Jugender Singh – Trustee, Mr. Shaji Verghese (CEO), Mr. Jiji John (Executive Director), Ms. Chris Shenoy (Manager Programmes & Project) and Ms. Shilpa Lokhande (Assitant Manager Projects and Resource Mobilization) visited Rajbhawan to give invitation of inauguration program of Bazaarhaat to Honourable Governor, Mr. Bhagat Singh Koshyari. Initially, the meeting time was 15 minutes but was extended to 50 minutes to understand various projects and programs of the Child Help Foundation. Valuable information and guidance were given by Hon'ble Governor Shri Bhagat Singh Koshyari during the visit.



SDG 13 : HUMANITARIAN RELIEF

• Blankets Distribution – Kumuli, Kerala

On 10th January 2023, Mr. Ninan and team members of the Child Help Foundation, distributed blankets to the tribal people from Kumuli. The program was done with the help of the Kumuli panchayat. People were very grateful for the initiative taken by Child Help Foundation. 50 people were benefitted with the distribution of blankets at this location



Monthly Highlights

SDG 13 : HUMANITARIAN RELIEF

• Ration Kit Distribution–Mashacha Pada, Mumbai, Maharashtra

On 13th January 2023, Ms Jyoti, Ms Pranisha and Mr Sameep (CHF team members) went to distribute Ration kits to the underprivileged members of the community. The list included the names of the aged, differently abled, and the widows who live in that community. The names of the beneficiaries were called out and each one was handed the Ration Kit. In total, 64 people were given the Ration Kits. The ladies who took the initiative in doing the survey and making the list were showered with gratitude. The new community was identified and the women from the community were very cooperative and quick to respond.



SDG 14 : LIFE BELOW WATER

• Bleach Clean-Up, Kerala

On 20th January 2023, there was a beach cleaning activity held at Kuzupilli, Kerala. It was done in collaboration with GIDA. GIDA Secretary, Mr Raghuraman inaugurated the program. The Panchayat president and the ward members were present. Mr Mathew delivered a welcome speech. Five CHF members and 35 people participated in the activity.

Sr. No.	Date	Name of Beach	Location	No. of volunteer	Collection of Garbage (kg)	Number of Beneficiaries (By using the Formula)
1	20 th January 2023	Kuzupilli	Kerala	35	78	2340
Total					78 kg	2340



Monthly Highlights

Other Activities:

• Christmas Gift Distribution – Mumbai

On 7th January 2023, Child Help Foundation in collaboration with YMCA, Bombay distributed 150 gifts to the Children in Ambedkar Nagar (Bhaindar west Community). Children in the Age group of 3 to 15 were given gifts including hygiene kits, stationery items, cups, mugs and sweets.



• Christmas Gift Distribution – Mumbai, Maharashtra

On 8th January 2023, Ms Sendra went to the Santosh Bhavan community, Nallasopara for Christmas Gift distribution. The activity was done as part of the 'The Joy of Giving' campaign. 75 children were given Educational Kits on that day.



Monthly Highlights

Other Activities:

• Tata Mumbai Marathon 2023, Mumbai, Maharashtra

On 15th January 2023, there was a TATA Marathon event. The CHF team participated in the Dream run and in the Motivational zone as well. It was decided that CHF would promote Baby Feeding Centre during the TATA Marathon and the theme was finalized as 'Step up for Breast Feeding'. 53 members of CHF participated in the dream run and completed the run. They received medals after the event. In the Motivational zone, CHF was given a stage beside the road. Several stage events were done on the stage. There were dance performances, skits on Breastfeeding, gender violence, and songs. Around 425 student volunteers joined the event from 6 colleges from Mumbai.



• TCS World 10K Marathon

On 31st January 2023, CHF members attended the meeting. It was an orientation programme for the TCS 10 K WORLD MARATHON to be held on May 21st. The discussion was done about the registration process and raising of funds. Around 35 people attended from different NGOs.



Our Programs



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