

CHILD HELP FOUNDATION

December'22 Journal

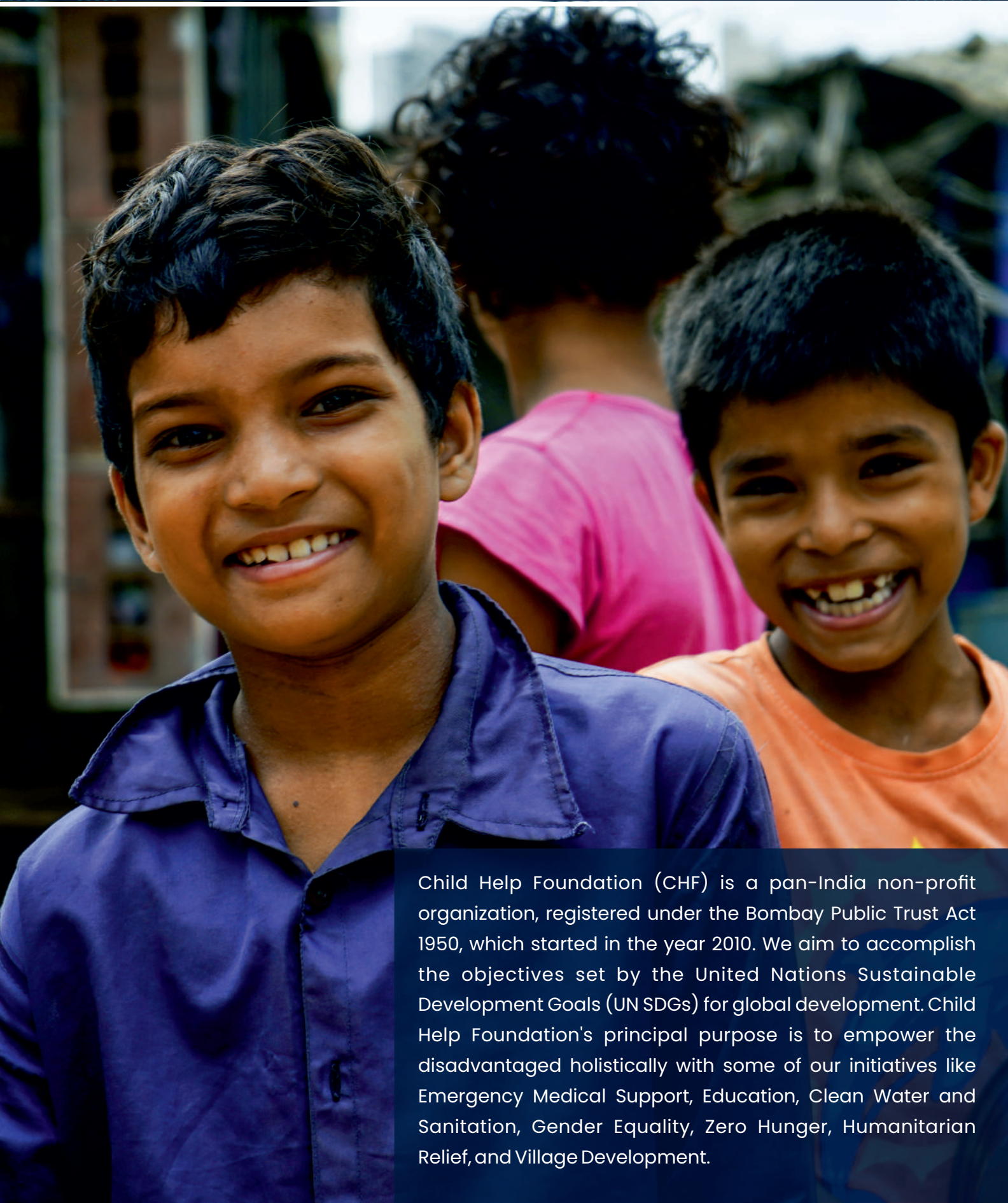


A Colorful Christmas Month

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About Us



Child Help Foundation (CHF) is a pan-India non-profit organization, registered under the Bombay Public Trust Act 1950, which started in the year 2010. We aim to accomplish the objectives set by the United Nations Sustainable Development Goals (UN SDGs) for global development. Child Help Foundation's principal purpose is to empower the disadvantaged holistically with some of our initiatives like Emergency Medical Support, Education, Clean Water and Sanitation, Gender Equality, Zero Hunger, Humanitarian Relief, and Village Development.

A Colorful Christmas Month





What brings Joy on Christmas Eve



Christmas is a joyous occasion, as it is the final holiday of the year and people love to spend time with their families and friends. Christmas is observed on December 25th and is both a holy religious festival and a significant global cultural event. Christians set aside this day to mark the birth of Jesus. The season begins on a Sunday, about four weeks before Christmas. Every year, children wait for this day to arrive as they get to enjoy vacation, gifts and also to participate in different Christmas traditions.

Christmas is a religious and non-religious holiday. Children enjoy celebrating Christmas as various fun activities are organized in different groups and communities. The beginning of Christmas is marked by creating an advent wreath, a circle of leaves typically decorated with pine or other materials with four or occasionally five candles. These candles are lit on Sundays during Advent, except for Christmas Eve, when the central candle is burned. Advent is a time for people to prepare themselves for Christmas by cleaning and decorating their houses, buying presents, writing cards and letters for their loved ones, making sweets and cooking the Christmas feast. Some people also utilize this time for prayer, fasting, studying, and meditation. Christmas also includes fun traditions at the same time. Different activities are pre-planned for children to enjoy the Christmas spirit and have a fun time. Several Christmas traditions that have been followed from olden times bring a lot of joy along. Few of them are:

Building Christmas Tree and Making Christmas Ornaments

The tradition begins with constructing a Christmas tree, as children love building and

decorating different ornaments and lights. Ornaments are sometimes handmade by these children, made of paper, cutouts, clay, wood and others. There are many ornaments decoration activities held in different communities and places for children to have fun and increase their Christmas spirit. Some ornamental lights are added to the tree to make it even more beautiful.

Making the Crib

Christmas Crib is a custom in many places to set up the scene of the "Nativity" or birth of Jesus. Children come up with different themes and scenery, get together and build the Christmas Crib. There are many Christmas play stories and skits where children enact the birth of Jesus Christ and enjoy themselves. Children also enjoy watching these performances because they get to learn about different themes of the festival.

Making Sweets, Cards and Handmade Gifts

One of the benefits of Christmas is not only savoring the abundance of sweets but also participating in their preparation with family and friends. Families gather together and spend an entire day making Christmas sweets. Children appreciate participating in these events because they can spend time with their families while having fun. The practice of sending cards and presents has a long history. Children make handmade gifts and send them to their distant family members and friends. Another tradition of Santa Clause as the "Christmas Father" is a joyous part of the Christmas Celebration for the children. It is believed that he brings gifts and grants wishes to the little ones.

[Read More....](#)

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Emergency Medical Support



Dheeraj

Fatal
Aplastic Anemia

Help Little Dheeraj Fight Fatal Aplastic Anemia

"At this budding age, he is crippled. All our hopes and dreams are also devastated. We are worried to death about his future. If we don't get your help now, we won't be able to see our son living a fulfilled life in the future. It has already been a few onths and we have seen no progress in his condition so far."
– Greeshma (Dheeraj's mother)

It was a typical sunny day in the tiny hamlet of Cherai, Kerala when suddenly four-year-old Dheeraj fell ill. At first, his parents thought it might be seasonal flu or another viral fever. But days went by, and Dheeraj got sicker than before. His condition worsened, and his parents had to admit him to the Amrita Institute of Medical Sciences. The doctors there diagnosed little Dheeraj with severe Aplastic Anemia. It is a condition that occurs when your body stops producing enough new blood cells. The doctors there proposed an Immuno Suppressive Therapy, that would cost around Rs 8,00,000/- (Rupees Eight Lakhs Only).

Dheeraj's father, Vishuraj is a daily wage labourer and earns a meagre daily wage. Greeshma, the mother of Dheeraj, is a daily wage labourer but mostly stays at home due to Dheeraj's worsening condition. Dheeraj's parents have already spent a whopping three lakh rupees on his diagnosis. They mortgaged their only house and are now living with their in-laws. They have exhausted all their savings and are struggling to get by each day.

"All we have in this world is my son Dheeraj only. We have never asked God anything else. We are poor people and don't have much savings left. Please donate as much as you can so that our son lives a joyous life." – Vishuraj (Dheeraj's Father)

There are many more children who need urgent treatments, and your small contributions can make a huge difference. [Please Donate!](#)



Baby of Rajimol
6 days
Prematurity



Babies of Pavithra
1 month
Premature twins



Baby of Madhuri
15 days
Extreme Prematurity



Baby of Sivagami
20 days
Extreme Prematurity

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Emergency Medical Support



Jagdish Bharwad

5 years
Heart Defect



Priti Padvi

8 years
Heart Defect



Gourav Swain

3 years
Heart Defect



Kanaiya Gangurde

9 years 10 months
Heart Defect



Shivaraj Karhale

9 years
Heart Defect



Prathik K

9 months
Heart Defect



Bhagyashree Kanvate

11 months
Heart Defect



Krishna Mudnar

11 years
Heart Defect



Tanuj Shelar

7 months
Congenital Heart Defect



Radha Lokhande

11 years
Inherited Heart Defect



Shrija

7 years
Heart Disease



Rajeshwari Sable

9 years
Complex Heart Disease

+

Emergency Medical Support



Sarthak Das

4 months

Rare Genetic Disorder



Ritika

6 years

Vertebral Deformity



Baby of Saranya

25 days

Rare Heart Disorder



Rishnak Bhopale

6 years

Neurological Disorder



Baby of Laya

3 days

Respiratory Distress



Baby of Janagam

1 day

Respiratory Distress



Baby of Uma Maheshwari

10 days

Respiratory Distress



Sinchana

8 years

Spinal Defect



Aleena

4 years

Thalassemia Major



Sayabana

14 years

Spinal Deformity



Devika

6 years

Spinal Deformity



Midhun

2 years

Nephrotic Syndrome



Basavaraj Yarazai

13 years

Paralysis

Success Stories



Prathik K

Nine months old Prathik is the only son of Mr. Kalyan Kethavath and Mrs. Santhosha Kethavath of Konetiwada in Telangana. He had been under treatment for more than 6 months before being diagnosed with ACHD Large perimembranous VSD with Inlet Extension Additional Tiny Mid muscular VSD, Dilated Left Heart, Mild Tricuspid Regurgitation, Confluent Branch PA's and Severe Pulmonary Hypertension. Prathik's family lacked the resources to arrange Rs. 3,50,000/- (Rupees Three Lakhs and Fifty Thousand only) for his open heart surgery at the Care Hospital at Telangana. His father works as a security guard to support his family. He reached out to Child Help Foundation for help. After the verification process, we could arrange the money for him and he has been successfully treated.



Baby of Janagam

Baby of Janagam is a small boy from the village of Buttaigudem in Telangana, Andhra Pradesh. His father Mr. Sunaarkani Chiranjeevi is a daily wage labourer and makes Rs. 7,000/- per month to support their family. At the time of birth, the baby of Janagam had irregular heartbeats and faced severe issues with breathing. The doctors of the Sowmya Children's Hospital diagnosed him with Severe Respiratory Distress. The estimated cost of his treatment was Rs. 9,00,000/- (Rupees Nine Lakhs Only.) The family had already drained all their savings and could not find any help. Child Help Foundation came forward to help the family and the baby has completely recovered now.



Krishna Mudnar

Krishna Gajanan Mudnar is a 11-year-old son of Mr. Gajanan Mudnar and Mrs. Archana Mudnar. They are both daily wage labourers belonging to Hingoli, Maharashtra. They work in farms to run their family and look after their three children. Krishna was diagnosed with heart defect at the time of birth and used to undergo yearly health checkups. After recommendation from doctors at a health camp, he was taken to the Balaji Heart and Diagnostic Centre in Mumbai where the doctors recommended a heart surgery worth Rs. 3,30,000/- (Rupees Three Lakhs and Thirty Thousand only.) On being aided by Child Help Foundation, the surgery was successfully undertaken.

Success Stories



Shivaraj Karhale

Shivaraj Karhale is the 9 year old son of Mr. Gangadhar Karhale and Mrs. Parvati Karhale. The parents are farm labourers. They struggle to find work and manage to collectively earn only around Rs 4000/- per month. During a school camp, the visiting doctors identified significant issues in his breathing. They suggested an immediate intervention and the parents were informed. At the Balaji Heart and Diagnostic Centre, Shivaraj was diagnosed with Large Perimembranous VSD Anterior Extension and DCRV. The cost of his surgery was Rs. 3,30,000/- (Rupees Three Lakhs and Thirty Thousand only.) After receiving support from Child Help Foundation, the parents could manage the surgery of their son Shivaraj. He is now discharged from the hospital and is recovering.



Abel Arun

Eleven-month-old Abel is the only son of Mr. Arun and Mrs. Blessy Mol Joseph who hails from Idukki, Kerala. One fine day, Abel had a seizure and he was taken to the hospital and he was diagnosed with Cerebral Artery Territory Infarct Status post Decompressive Craniectomy. It is a condition which causes brain haemorrhage. The suggested treatment for Abel was a Cranioplasty, the repair of a skull vault defect costing Rs. 1,35,000/- (Rupees One Lakh and Thirty Five Thousand only.) When the parents were actively seeking help, they came across a volunteer of our organization. Child Help Foundation came forward to help Abel. He is now successfully treated.



Maryam Salim Pirjade

Maryam is a 6-year-old girl of Mr. Salim Pirjade and Mrs. Tabasum Prijade from Pune, Maharashtra. Upon noticing Maryam's fast heart beats and discoloration of the skin, the parents took her to a doctor. It was found out that she has a hole in her heart and only surgery can cure it. At the AIMS Hospital in Pune, the doctors suggested Urgent Aggressive Medical Management, following PDA Closure Device Heart Procedure. The cost of which was Rs. 2,55,000/- (Rupees Two Lakhs and Fifty Five Thousand only.) Child Help Foundation supported the family in arranging the funds for the treatment. Further, aid was also provided to the family after Maryam was discharged from the hospital.

Success Stories



Deshik Viraj

Deshik Viraj is the child of Dommeti Kiran and Kothapeli Aishwarya. They hail from Nalgonda, Telangana. Deshik was playing on the terrace when he came across this deadly accident in which his skull was fractured, oxygenation in the brain was hampered and his left part of the body was paralysed. The cost of the treatment for the Decompressive Craniectomy, Traumatic Brain Injury was Rs. 6,00,000/- (Rupees Six Lakhs only.) The parents needed help to be able to pay for their son's treatment. Child Help Foundation was successful in helping Deshik Viraj with his complete treatment.



Kalayi Aishya

Kalayi Gari Aishya is a 4-months-old infant born to Mr. Kalayi Gari Chanpsha and Sameena. They hail from Naladhar, Andhra Pradesh. She was born with congenital heart disease and had already undergone one operation. The complications in her heart constantly kept her ill. The doctors at the Care Hospital, Telangana suggested a Surgical PA Plasty Complex Open Heart Surgery within 8-10 days for her to survive. The estimated cost for which is Rs. 3,50,000/- (Rupees three lakhs, fifty thousand only). As a daily wage labourer, the father had no idea how he would arrange such a huge amount. So, he approached Child Help Foundation for support. We helped the family in arranging the funds and the treatment was successfully undertaken.



Nakka Tej

Three-year-old Uday Tej is the son of Mr. Sri Sailam and Mrs. Padhma from Telangana. Uday was suffering from a rare heart defect present since birth (Large SVS Sinus ASD L-R). It is a rare heart defect present since birth. He was being treated at Care Hospital, Hyderabad where the doctors suggested a complex open heart surgery which could cost Rs. 3,50,000/- (Rupees Three Lakhs and Fifty Thousand only). Due to financial constraints, the family did not have any money to pay for their son's treatment. The funding was arranged by the team of Child Help Foundation. Uday is now completely treated and recovering towards a healthy life.

Success Stories



Aradhya Lokhande

Aradhya Lokhande of Pune, Maharashtra was suffering from Bilateral Retinoblastoma. It is a tumor of the eyes. Her father, Mr. Samadhan Lokhande is the only breadwinner of the family and earns up to Rs. 200/- per day. For Aradhya's treatment, she had to undergo 6 cycles of chemotherapy along with a Bone scan and Radiotherapy to treat cancer. The estimated cost of the treatment was Rs 1,54,000/- (Rupees One Lakh Fifty Four Thousand Only.) It was impossible for the family to pay such a huge amount. Child Help Foundation thus completed the necessary verification and helped the family in arranging funds for Aradhya's treatment.



Reksha Sreeraj

Reksha Sreeraj is the nine-year-old daughter of Mr. Amruth Sreeraj and Mrs. Rekha Raju of Kerala. She met with an awful road accident that left severe injuries in her head. At Aster Medcity, Kerala, Reksha had to undergo three minor and five major brain surgeries along with daily physiotherapy sessions for her to recover completely. She required months of intensive care and observation. The estimated cost of the treatment was Rs.13,80,000/- (Rupees Thirteen Lakhs Eighty Thousand Only). With the support of our donors, Child Help Foundation was able to help the family with arrangement of funds and her treatment was successful.



Mohd. Sofian

Mohammed Sofian is the 8-year-old son of Mr. Mohammed Ahmed and Mrs. Asha. They live in a small town in Telangana. Sofian accidentally burnt himself with hot water and his abdomen and chest were severely affected with 25-30% superficial deep burns. The doctors at the Sowmya Children's Hospital, Hyderabad suggested several collagen dressings and a prolonged ICU stay as a part of Sofian's treatment. The estimated cost of treatment was Rs. 4,00,00/- (Rupees Four Lakhs only). The family reached out to Child Help Foundation for help. With the support and prolonged medical care, Sofian has now completely recovered and is doing well.



How can Children's Human Rights be protected?



Every year, 10th December is celebrated as Human Rights Day. The United Nations General Assembly chose this day in 1948 to commemorate the adoption and declaration of Human Rights. On 4th December 1950 at the General Assembly's 317th Plenary Meeting, resolution 432(V); was adopted, officially establishing Human Rights Day and urging all state members and other interested groups to observe the day as they saw fit. A "common standard of success for all people and nations" was announced to be the Declaration of Human Rights. The call was made for people and communities to "strive through progressive measures, national and international, to guarantee their universal and effective acknowledgment and practice". Even though the declaration of civil, political, social, economic, and cultural rights was undocumented, it served as a role model for more than 60 other human rights documents, which collectively formed a global standard of human rights. Today the basic human rights laid down in the declaration makes it even firmer and emphasizes its relevance in our daily lives. Human Rights Day is marked by political meetings, conferences, as well as by human rights-related cultural events and exhibitions.

The term 'Human Rights' refers to a broad variety of rights, including freedom from slavery and torture, the right to life and liberty, the right to free expression, the right to education and work, among many others. There are around 1 billion people on earth, and the numbers have been rising due to overpopulation. The effect of which shows up in the form of inequalities and poverty especially among the marginalized groups. They face unfair trials, tortured or abused and restricted in their freedom of expression. Children continue to face the harshest condition anywhere in the world with

malnutrition, child abuse, forced beggary, childhood sickness and so on.

Violation of rights happens everywhere around the world. The reasons being lack of awareness and means to enforce rights. Children are the most vulnerable group to become victims of such violation while they should be the primary beneficiary of all human rights. They represent the nation's future and are entitled to the basic fundamental rights such as the right to freedom, expression, health care, education opportunities and so on. There are millions of children who are targeted because of their young age, physical weakness, and inability to care for themselves.

Violence can be physical, sexual or emotional. It can also be interpersonal or in the form of structures that allow or promote violent behavior. Children of poor socio-economic background are more often prone to abuse and exploitation. These exploited children are rendered helpless and are simple targets for abuse. Research and evidence states the knowns of an abused child, such as parents, other family members, caregivers, teachers, employers, law enforcement officials, and other children, frequently themselves engage in violence, exploitation, and abuse.

The major challenges that needs to be dealt with to prevent violation of children's rights are;

1. Child Labor- Work that robs children of their childhood, potential, and dignity and is detrimental to their physical and mental development is known as "child labour." The different types of child labour are forced child labour, child trafficking, drug trafficking, slavery, debt bondage and so on. Many children are pressured to work as people hire

[Read More....](#)

Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• Visits to Baby Feeding Center at St. George's Hospital, Mumbai, Maharashtra

On 1st December 2022, the project team members, Ms. Jyoti and Ms. Sandra D'Souza, visited the Baby Feeding Center which was being constructed at St. George's Hospital in Mumbai, Maharashtra.

Consecutively on 5th December and on 7th December, our team members visited the hospital again to invite the dean and other authorities for the inauguration of the Baby Feeding Center. After the inauguration, the project team member Ms. Jyoti visited St. George's Hospital again on 13th December, 2022 and met Mr. Baig (MSW) and Dr. Ganesh (RMO) to discuss the responsibilities of the staff working for the maintenance of the Baby Feeding Center.

• Visits to Baby Feeding Centers at G. T. Hospital and Cama and Albless Hospital, Mumbai, Maharashtra

On 8th December 2022, the project team members Ms. Jyoti and Ms. Sandra D'Souza visited G.T. Hospital to invite Mr. Gaikwad for the inauguration program at the St. George's Hospital.

On 13th December 2022, Ms. Jyoti visited the Baby Feeding Center at the Cama and Albless Hospital to inform the nursing staff Ms. Savita that it is essential for record purposes that they maintain the register to note down the names of women who utilize the facility of the BFC.



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Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• Visit to Urban Health Centre, Bandra, Mumbai, Maharashtra

On 15th December 2022, the project team member Ms. Jyoti visited Urban Health Centre in Bandra region of Mumbai to seek permission for establishing a Baby Feeding Center in the hospital. She met the MSW Mr. Sunil Shinde who introduced to her the in-charge of the Center. After the meeting, the incharge agreed to the proposal and the place for the construction of the BFC was finalised.



• Visit to Baby Feeding Centers in Kerala

On 27th December 2022, Mr. K. N. Ninan & Kerala Medical In charge visited the Baby Feeding Centres at Lakeshore Hospital (Ernakulam), Chottanikkara Temple (Ernakulam) and General Hospital (Kochi). As per the feedback received from beneficiaries, the Baby Feeding Center has been useful and helpful for them. The main motive behind these centers is to avail a private space for mothers for feeding their children.

According to Mr. K. N. Ninan, the current utilization of BFC is -

- Chottanikkara Temple BFC (Ernakulam) average usage per day is 45
- Lakeshore Hospital BFC (Ernakulam) average usage per day is 12
- General Hospital BFC (Kochi) average usage per day is 5



Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• Visit to Baby Feeding Centers in Palghar & Boisar, Maharashtra

On 27th December 2022, the project team members Ms. Jyoti and Ms. Sandra D'Souza, visited the Baby Feeding Centers in Palghar and Boisar in Maharashtra. They observed that although the centres were kept clean.

The team members spoke to the Deputy Station Manager regarding the BFC feedback, which is required for the BFC permission at Pune Railway Station. Mr. Chauhan, the Station Master of the Boisar Railway Station also agreed to give his feedback in the required format.

On 28th December 2022, Ms. Sandra D'Souza visited the railway stations to receive feedback from the authorities and check on the pending work completed by the contractor.



Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• **Celebration of International Day of Persons with Disabilities- Vasai, Palghar, Maharashtra**

On 3rd December 2022, on the Occasion of International Day of Persons with Disabilities, Child Help Foundation organized fun activities for the specially abled people at the Umed Centre for Handicapped in Vasai, Maharashtra. At Umed Centre, the students are taught a way to lead an independent life in the society. They prepare candles, paper envelopes, and also make hosts (raw material for processed bread used as Communion). Our event included fun activities like painting with thumb, paper bleeding, action songs and dance. All the participants enjoyed the event to the fullest. Snacks were also given to them post the activities. A total of 20 participants had gathered for the occasion. The members of Civil Hospital, Palghar also attended the event.



• **Celebration of International Day of Persons with Disabilities in Changsari, Kamrup, Assam**

With valuable support from the volunteers of the Child Help Foundation, the International Day of Person with Disabilities was celebrated at Athiaboi, Changsari, Assam to give a platform to the specially-abled children. This was an active effort so that the children get a chance to show their talent and be encouraged to overcome the challenges they face in the society. The program included Plantation Drive, Free Health Campaign, Art Activities and Fun Games. Cultural Show was also organised for the specially abled children which included singing, dancing, poem recitation and drama.



Monthly Highlights

SDG4: QUALITY EDUCATION

• Speech Competition & Sketch Making Competition

Sakhare & Bhopoli Ashram School, Palghar District, Maharashtra

On 6th December 2022, Speech Competition and Sketch Making Competitions were conducted at Sakhare and Bhopoli Ashram School in Palghar, Maharashtra. This was organized to mark Mahaparinirvan Din of Dr. Babasaheb Ambedkar. The students were very enthusiastic and they actively participated in the competition. 3 winners were selected from each competition. Appreciation Certificates were given to the winners.

Winners of Speech Competition, Drawing Competition & Sketch Competition are mentioned below:

Bhopoli Ashram School			
Speech Competition		Sketch Competition	
1	St Sonali Raghunath Waghat - Class 8	1	St Pravin Shidwa Kolhe - Class 9
2	Sanchita Sandip Sutar - Class 8	2	Rupesh Madhav Dabake - Class 10
3	Dipesh Jayendra Bhuyal - Class 8	3	Priya Umesh Dalvi - Class 10
Sakhare Ashram School			
Drawing Competition		Sketch Competition	
1	Tushar Kuvara - Class 12	1	Urmila Jaywant Bhusara - Class 12
2	Mahesh Chaudhari - Class 7	2	Yash Pandurang Kadu - Class 10
3	Monica Comb - Class 9	3	Sanjay Darsharath Nadge - Class 9



Monthly Highlights

SDG4: QUALITY EDUCATION

• **Balmela at Murbad Ashram School, Palghar, Maharashtra**

On December 15, 2022, Balmela was organized at Murbad Ashram School in Palghar, Maharashtra for the students of Class 1 to Class 10. Handicrafts made by school students were exhibited in it. Along with this, competitions like the Rangoli competition, Mehndi competition, and Face Painting competition were conducted by the team of Child Help Foundation. 75 students participated in these competitions. The themes of the activities were:

Rangoli Competition	Mehendi Competition	Face-Painting Competition
Female Foeticide in India	Warli Mehendi	Tribal Arts
Girl Child Education		Arabic Mehendi General
Warli-Tribal Art		

3 winners of each competition were felicitated with gifts, trophies and certificates. At the end of the program, snacks were distributed to all the students of Murbad Ashram School. School teachers played an important role in guiding the students throughout the event. According to the feedback received from the school, the students enjoyed themselves and they look forward to more such events.



• **Educational Support – Miss Shreyanshi Mukherjee**

On 19th December 2022, Educational Scholarship Support was given to Ms Shreyashi Mukherjee of Bally, West Bengal. She is a student of Class 6. Her father passed away due to medical illness in September, 2022. He was the only earning person in the family. The principal of the school requested Child Help Foundation to provide financial help to this bright student by providing the yearly school fees till Class X. Miss Shreyashi Mukherjee was given the scholarship in the presence of Mrs. Seema Kedia (Vice Principal), Teacher In charge, Class teacher, 2 representatives of Child Help Foundation and her mother. The principal of the school was handed over the cheque of Rs. 37400/-. While the Principal of the school appreciated the organization's support to children like Shreyashi, her Mother showed immense gratitude and relief for it took away one of her major concerns while she works hard to bring her family together again.



Monthly Highlights

SDG4: QUALITY EDUCATION

• **National Mathematics Day Celebration** at Murbad Ashram School, Palghar, Maharashtra

On 22nd December 2022, National Mathematics Day was celebrated at Murbad Ashram School in Palghar, Maharashtra. This day marks the birth anniversary of the Indian Mathematician Shrinivasa Ramanujan. In the event, Rangolis were designed by the students. The themes of the rangolis were thoughtful and creative. They were based on Maths Formulas, Calculation and Bar Graphs. In addition, Speech Competition and Quiz Competitions on Mathematics were also conducted by the school.



• **Visit to Mini Science Centre at Sakhare & Pali Ashram School in Maharashtra**

On 22nd December 2022, the project team member Ms. Jyoti visited Mini Science Centres at the Ashram Schools in Sakhare and Pali, Maharashtra for monitoring purposes. As it was observed in the last science exhibition that the students lacked confidence, Ms. Jyoti also conducted a motivational and confidence building session with the Class 8 and Class 9 students.

A similar session was conducted at the Pali Ashram School for the students of Classes 8, 9, 10 and 12. The Mini Science Centre at this school was well maintained.



Monthly Highlights

SDG4: QUALITY EDUCATION

• Visit to the Mini Science Centre at Murbad Ashram School, Maharashtra

On 29th December 2022, project team member Ms. Jyoti visited the Mini Science Centre at Murbad Ashram School in Palghar, Maharashtra for a monthly monitoring purpose. In the previous month's visit, it was observed that the MSC looked untidy, the boards were kept down. This time, it was observed that the MSC models and the boards were displayed properly. The rack where the models were kept was neat and tidy. In the month of December, 8 lectures were conducted at the Mini Science Centre of this school. Ms. Jyoti conducted a motivational and confidence building session for the students of Class 10.



• Balmela at Murbad Ashram School, Palghar, Maharashtra

On 27th December 2022, Balmela was organized by Child Help Foundation at Vangani Ashram School in Palghar, Maharashtra for the students of Class 1 to Class 10. The children participated in competitions like the Rangoli making, Mehndi competition and Face painting competition. 83 students participated in these events with great enthusiasm and themed presentations.

Rangoli Competition	Mehendi Competition	Face-Painting Competition
Female Foeticide in India	Warli Mehendi	Tribal Arts
Girl Child Education	Arabic Mehendi	General
Sanskar Bharti		Warli- Tribal Art

The grading process for selecting the winners was done by a team of teachers. 3 winners of each competition were felicitated with prizes, trophies and certificates. At the end of the program snacks were distributed to all the students of Vangani Ashram School. All the teachers worked hard for the success of the program. According to the feedback received from the school, the students thoroughly enjoyed the program.

Monthly Highlights

SDG4: QUALITY EDUCATION

• Training on POSH

On 10th, 12th and 15th, December 2022, POSH Training was conducted by the project team member, Ms. Meena Lokhande for the staff of D B Schenkar in Bhiwandi, Maharashtra. Provisions of POSH were elaborated in the session. Formation of the Committee, POSH cases, Gender Equality, and Responsibilities of the Head were discussed in the meeting. As per the feedback of the attendees, the sessions went very well. They shared their positive feedback as it helped them gain a better understanding of harassment at the workplace.



• Capacity Building Workshop in Dimapur, Nagaland

In the month of December 2022, workshop on Capacity Building was organised by Ms. Yashika of Child Help Foundation in the various schools of Dimapur, Nagaland. Parents and teachers meeting, outdoor activities related to educational learning were conducted by the team. The school teaching staff also coordinated in the administration and organization work. Sponsored by Child Help Foundation and partnered with the Village Councils, two machines of TATA Swach- capacity of 200 litres per 2 hours were placed in schools and 200 school bags were distributed among the students.



Monthly Highlights

SDG 11 - SUSTAINABLE CITIES AND COMMUNITIES



• Village Cleaning in Sahapur, Odisha

On 18th December 2022, Village Cleaning Activity was undertaken by 10-15 volunteers of Hemchandra Sanskrit Vidyalaya at the Village Sahapur in Odisha. Community and temple places were cleaned by volunteers and proper instructions were given to the villagers to keep their areas clean and tidy. Through this activity, awareness was spread about the importance of having a clean surrounding and it also motivated the villagers to actively contribute towards such responsible acts.

SDG2: ZERO HUNGER

• Roti Ghar

Child Help Foundation in collaboration with Roti Ghar provided cooked meals to 1800 children in Mumbai, Thane, Delhi, Bangalore, Chilika and Hyderabad. Our main aim is to provide food to the needy children and make their future bright and better. By providing nourishing meals, we ensure that health goals and hunger needs of the children are met.



SDG 13 : HUMANITARIAN RELIEF

• Blankets Distribution in Kumali, Kerala

On 21st December 2022, team members of Child Help Foundation Mr. K. N. Ninan distributed blankets to the tribal people of Kumali in Kerala. The program was done with the help of the Kumali Panchayat in response to the needs of the people during the chilly winters. People were very grateful for this initiative taken by Child Help Foundation.



Monthly Highlights

SDG 13 : HUMANITARIAN RELIEF

Blankets Distribution to People With Disabilities in Medchal-Malkangiri, Telangana

On 3rd December, 2022, Child Help Foundation distributed blankets at the Physically Handicapped Colony, Pocharam, Medchal-Malkangiri District, Telangana. Muthoot M George Foundation approached Child Help Foundation for this activity. Mr Neeli and seven team members of Child Help Foundation were present for the program. 100 blankets were distributed to the physically challenged parents and 50 toys were distributed to their children. Snacks were also distributed to 200 people.



Blankets Distribution in Kalyan, Maharashtra

On 28th December, 2022, blankets were distributed to 63 disadvantaged women in Kalyan, Maharashtra. Our volunteers and Mr. Shailesh of Child Help Foundation was present during the distribution drive. As per the feedback of the beneficiaries, they were very grateful for their needs being fulfilled.



Distribution of Groceries at Sneha Orphanage, Bangalore

On 23rd December 2022, Mr. Rajiv Menon and other two volunteers of Child Help Foundation distributed grocery kits to the children of Sneha Orphanage at Bangalore. The groceries were given under the CSR initiative by the company named Zivame. The event started with the small introduction of the Zivame brand. It is a start-up company based in White Field, Bangalore and has 200 employees. The distribution was followed by singing and dancing performances by the children of the orphanage.



Monthly Highlights

SDG8&10: VILLAGE DEVELOPMENT PROJECT

• Awareness Session on De-Addiction at Gulabigaon, Nashik, Maharashtra

Overcoming addiction can be difficult and needs constant help and guidance. Child Help Foundation with funding partner India Info line Foundation organized an awareness session on De-Addiction at Gulabigaon (Bhintghar), Nashik, Maharashtra on 3rd December, 2022. The session was conducted in the presence of Mr. N. D. Gavit (Officer on Special Duty, Tribal Development), Mr Raghunath Jadhav (Sarpanch), Mr. Kuber Popati and Police Patil. The resource person Mr. Vikrant Lokhande (Masters in Globalization and Labor-TISS), Superintendent of De-Addiction Centre, Support, Saphale conducted the session using real life examples and by sharing his personal encounters. In the session they covered the points relating to the side effects of addiction on their personal health and on their families. The ways in which people become addicted, the available methods of de-addiction and the problems caused by addiction were also discussed. At the end of the session, a vote of thanks was given by Mr. N.D. Gavit, and Mr. Kuber Popati for organizing this important session for the villagers as they had recognised the need of such awareness in the village.

Volleyballs and Footballs were donated to the sports team members of the village to inculcate the spirit of sportsmanship and an active lifestyle. Villagers felt very thankful for this donation and they committed to make proper use of this sports equipment.



• Weekly market at the Bazaar Haat location in Gulabigaon, Nashik, Maharashtra

A weekly market was started on 4th December 2022 with the cooperation of the villagers at Gulabigaon (Bhintghar), Nashik, Maharashtra. Villagers took the initiative to create public awareness about the business hub established by Child Help Foundation and also the Bazaar Haat that is being constructed in the upper ground of the Business Hub. The beneficiaries of the IIFL project had put up their stalls in the market which consisted of snacks, clothes, vegetables, groceries, cutlery, dry fish, and grains. There were around 50 stalls. More than 200 customers shopped from the weekly market.

Monthly Highlights

Other Activities:



• **Appreciation Awards for Swachh Bharat Sarvekshan**

On 13th December, 2022, Child Help Foundation received an Appreciation Award and the Certificate of Appreciation from Mira Bhainder Municipal Corporation for its contribution in the Swachh Bharat Sarvekshan. Mr. Manoj Joshi (film actor) was present as the chief guest for the Awards Ceremony. The

felicitation was followed by mime acts presented by students of Don Bosco High School.

• **Wish Tree Activity**

On 22nd and 23rd December 2022, Ms. Sandra D'Souza organised a Wish Tree activity at the Taj Hotel, Santacruz, Mumbai to mark the occasion of the Christmas. She appealed to the people to contribute towards the organization's many projects of Child Welfare (Emergency Medical Support, Zero Hunger and Educational Support.) The donors generously contributed from their end. The Taj Hotel staff members cheered for the efforts made by Child Help Foundation to collect funds to support the underprivileged children.



Monthly Highlights

Other Activities:

- **Orientation session for the student volunteers of BITSOM, Mumbai, Maharashtra**

On 6th December 2022, an orientation session was conducted by project team member Ms. Meena Lokhande for the interns of BITS School of Management. It was specifically conducted to explain the responsibilities and tasks of the student volunteers. The allotted tasks within the mentioned timeline were pending to be emailed from the students' end.

- **Orientation and Work Allotment to Interns of R. D. National & W. A. Science College, Mumbai, Maharashtra**

On 26th December 2022, an orientation session for the purpose of work allotment was conducted for the 1st year BSC students of the R.D. National and W.A. Science College situated in Bandra, Mumbai. Tasks related to fundraising, field visits and project implementation were given to them. Based on our observation and monitoring, all the students performed well in the given task.

- **Visit to Aarey Colony, Goregaon, Mumbai, Maharashtra**

On 19th and 20th December, 2022, project team members Ms. Sandra D'souza and Ms. Shilpa Lokhande visited Unit no. 7 and Unit no. 32 of Aarey Colony in Goregaon, Mumbai for Skill Development Training. Meeting with the community people, leaders and stakeholders was organized along with the CSR Representatives. The shops and houses in the area were examined to inculcate changes through the skill development training being planned.



R. D. National & W. A. Science College



Visit to Aarey Colony

Our Programs



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