



Bringing Smiles

CHILD HELP FOUNDATION

April'23 Journal

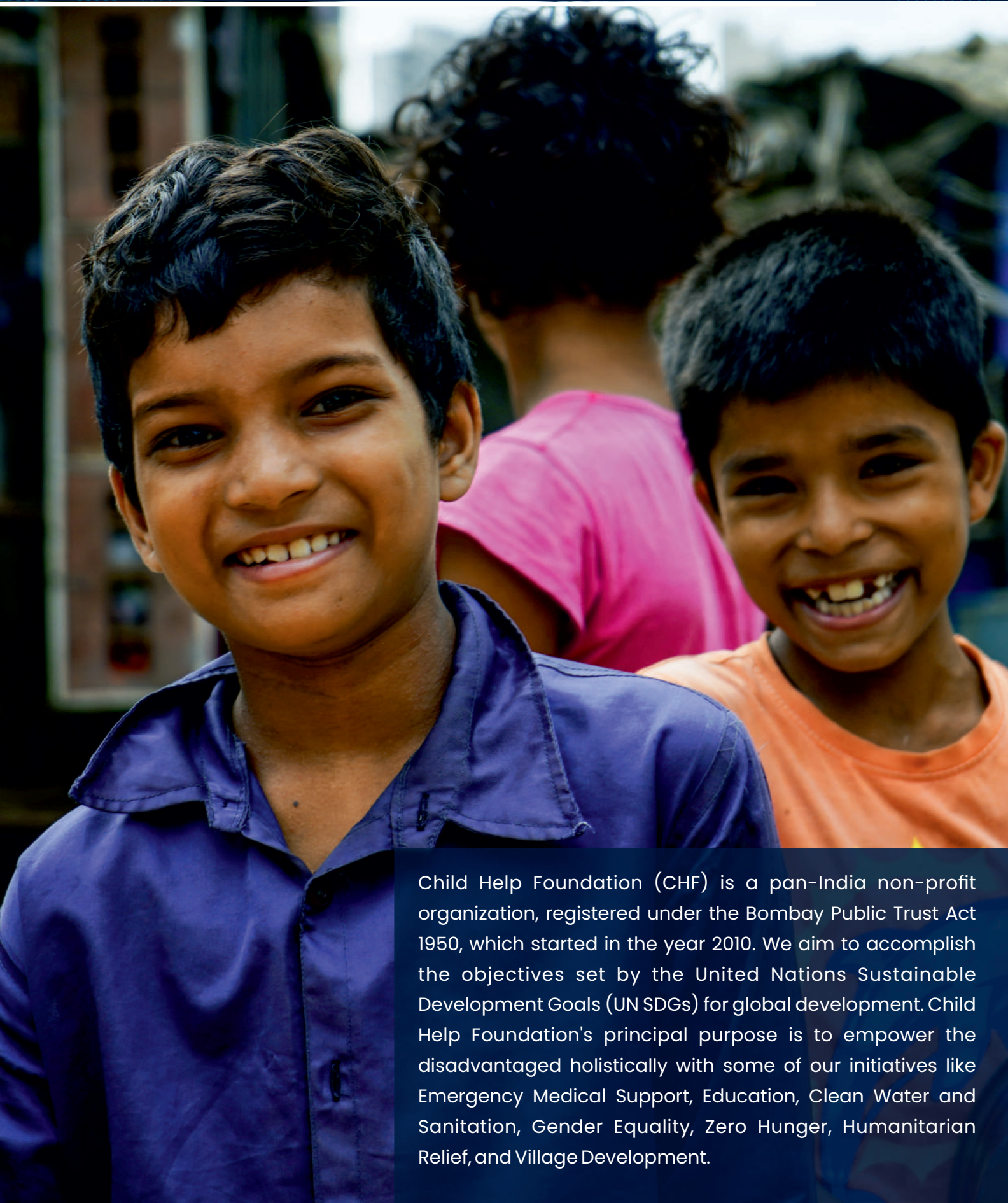


WORLD LIVER DAY

**'Be Vigilant, Do Regular Liver Check-Ups
Fatty Liver Can Affect Anyone.'**



About Us

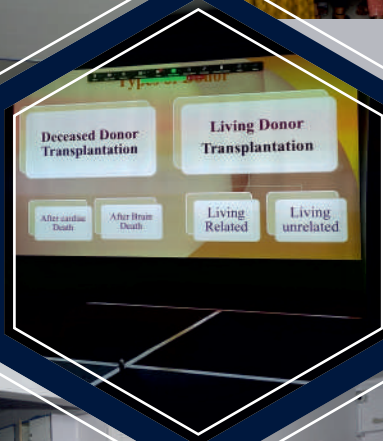


Child Help Foundation (CHF) is a pan-India non-profit organization, registered under the Bombay Public Trust Act 1950, which started in the year 2010. We aim to accomplish the objectives set by the United Nations Sustainable Development Goals (UN SDGs) for global development. Child Help Foundation's principal purpose is to empower the disadvantaged holistically with some of our initiatives like Emergency Medical Support, Education, Clean Water and Sanitation, Gender Equality, Zero Hunger, Humanitarian Relief, and Village Development.

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WORLD LIVER DAY

'Be Vigilant, Do Regular Liver Check-Ups Fatty Liver Can Affect Anyone





WORLD LIVER DAY

'Be Vigilant, Do Regular Liver Check-Ups Fatty Liver Can Affect Anyone'



The liver is a vital organ in the human body, it is one of the largest organs in the body and has many essential functions, including detoxifying harmful substances from the blood, producing bile from digestion, storing vitamins and minerals, regulating blood sugar levels, and producing proteins for blood clotting.

Every year on April 19th World Liver Day is observed to raise awareness about liver-related diseases such as Hepatitis B and C, liver cancer, and autoimmune diseases, and their prevention. Various activities are conducted on this day, pertaining to making people aware of the severity, early detection and prevention of liver diseases.

As Usual, World Liver Day has a theme. The theme for this year was 'Be vigilant, do a regular liver check-up, fatty liver can affect anyone.' The objective of the theme was to encourage people to do regular liver checkups. This day also encourages people to take steps towards maintaining a healthy liver by eating a balanced diet, avoiding alcohol and drugs, and getting vaccinated for Hepatitis B.

Child Help Foundation of Mira Road branch on World Liver Day conducted a "Collage Making Activity to create awareness about the importance of a healthy liver. Groups were divided and the best 3 collage winners were given prizes. It was also a reminder to take care of our liver and to support those suffering from liver-related problems

Emergency Medical Support



Ronit

Thalassemia Major

Single Mother seeks help for her son, Please save 14-Year-Old Ronit.

"Ever since my child was two months old, he has been battling Thalassemia Major. Today, he is fourteen years old. Yet, he is still in pain. He tries to hide his pain. But I can clearly see that he is putting on a fake show of strength for his mother. I have no idea how I'll save my son. Please donate as much as you can."

Sangeeta Bajaj (Mother)

Sangeeta Bajaj stitches clothes for a living, but her monthly income is barely enough to put food on the table for her family of four. She has no idea how she will save her son, Ronit, who has been battling Thalassemia Major, ever since he was two months old. Doctors at NH Mazumdar Shaw Medical Center – Bangalore, have said that he needs to undergo a bone marrow transplant, which would cost Rs. 43,00,000/- (Rupees Forty-Three Lakhs Only).

She has exhausted all her savings for her son's regular blood transfusions. She has no way of amassing forty-three lakh rupees. Please spare as much as you can for Ronit. Even a small donation can go a long way in helping him bid farewell to his disease.

Spare as much as you can for Satyam's sake and allow him to live a healthy childhood.

There are many more children who need urgent treatments, and your small contributions can make a huge difference.

Please Donate!



Naira Khan

7 Months
Spinal Defect



Vedansh

1 Year 5 Months
Burn Injuries



Aniket

17 Years
Heart Disease

Emergency Medical Support



Daan Aneesh
2 Years 6 Months
Neuroblastoma



Yash
10 Years
Spinal Defect



B/o Mahadevi
Four Months
Multiple Organ Defect



Dheeksha Sai
Five Years
Thalassemia Major



Soyam Vennela
Three Months
Heart Disease



Karan Hajare
9 Years
Heart Disease



Ishwari
7 Years 10 Months
Heart Condition



Harshada
5 Months
Heart Condition



Meraj Alam
13 Years
Thalassemia Major



Harsh Raj
14 Years
Post-Transplant Complications

Emergency Medical Support



Jeet Jain
17 Years
Leukaemia



Poojashree
13 Years
Thalassemia



Kavya Pasupala
5 Years
Heart Disease



Krushna Behera
8 Years
Heart Disease



Medisetti Sriram
2 Years 3 Months
Heart Disease



Preethika
2 Years
Thalassemia



Dharmik
5 Years
Leukaemia



Sarathak
1 Year 6 Months
Absent Thumb



Devanshi
2 Years
Kidney Disease



B/o Deepika
2 Weeks
Premature Birth Complications

Success Stories



Sufiya

Sufiya, a five-year-old child, was born with a severe foot deformity called 'Fibular Hemimelia.' To live a normal life she required a limb-lengthening surgery worth Rs. 3,00,000/- (Rupees Three Lakhs only). Sufiya's father was unemployed and didn't have the means to amass the required funds. The funding was arranged by the donors of the Child Help Foundation. Sufiya is now completely treated and recovering towards a healthy life.



Hridya Sunil

The hearts of Hridya Sunil's family members throbbed with fear when they found out that their daughter was diagnosed with 'Right TMJ Ankylosis'. Right TMJ Ankylosis is a pathological condition where the jaw is fused by bony or fibrotic tissues. It leads to limitations in speaking, breathing and chewing. Rs 1,04,000/- (Rupees One Lakh Four Thousand), was the cost of her normal life, which was impossible for her parents to arrange. So, they reached out to the Child Help Foundation. After this, the donors helped Hridya Sunil to recover from her ailment.



Avni

Dread came knocking on the doors of Avni's family, just three-four months after her birth. They found out that Avni had to battle with the 'Tetralogy of Fallot/PDA'. Her treatment was worth Rs. 4,00,000/- (Rupees Four Lakh Only). Avni's father had no way of arranging this huge sum of money. In such a crucial time, The donors of the Child Help Foundation stepped in and helped with Avni's treatment.

Success Stories



Pooja

The Dreams of fourteen-year-old Pooja were in peril, as she was forced to put them aside to battle “Complex Cyanotic Heart Disease with large MAPCA”. Doctors suggested a treatment that came with the cost of Rs.4,50,000/- (Rupees Four Lakhs Fifty Thousand Only). The combined income of both her parents was barely enough to put food on the table for their family, it was unimaginable for them to arrange such a huge sum of money. But when all hope was lost, kind souls like you poured in love and support, which helped in the successful treatment of Pooja.



Mitanshee

What started as a drop in pulse rate turned into an unimaginable catastrophe for the Jadhav family, as they found out that their youngest member, Mitanshee was diagnosed with ‘Congenital Acynotic Heart Disease’. Rs. 2,55,000/- (Rupees Two Lakhs Fifty-Five Thousand Only) was required for her treatment, which was impossible for her parents to arrange. However, after taking help from the donors of the Child Help Foundation, they were able to pay for their daughter’s treatment.



Riyanshivitha

Life was extremely cruel to one-month-old Riyanshivitha. She had an unenviable fate of battling meningitis. She required an extended NICU stay, along with ventilator support. The total cost of her treatment was coming around Rs 5,00,000. (Rupees Five Lakhs Only). Riyanshivitha’s father worked at a mobile shop and was finding it difficult to manage the expenses of the treatment. With the support of our donors, Child Help Foundation was able to help the family with the arrangement of funds and her treatment was successful.

Success Stories



Madhupriya

For more than eleven years, peace and comfort were distant strangers for Madhupriya. Ever since her birth she has been battling a severe heart condition. A Complex Open Heart surgery worth Rs.3,50,000/- (Rupees Three Lakhs Fifty Thousand Only) was the only way to help her. However, her parents worked as daily wage labourers and had no way to bear the cost of the treatment. Child Help Foundation thus completed the necessary verification and the donors helped the family in arranging funds for the Madhupriya's treatment.



Shifa

It was a nightmare for 11 year old Shifa and her parents when she was suffering from congenital heart disease. She wanted to undergo VSD Surgical closure, and this procedure would cost Rs 4,75,000/- (Rupees Four Lakhs Seventy-Five Thousand Only). The mere mention of the amount sent a chill down his spine. Her father worked as a contract labourer and was sole breadwinner. Child Help Foundation with the support of our donors, was successful in helping the family and paving a way for her recovery.



Eashani

What started as a mere fever, turned out to be the worst nightmare for three-year-old Eeshani and her parents Jayakesh and Lakshmi, when the doctors diagnosed her with High-Risk Acute Myeloid Leukemia and was suggested for Bone Marrow Transplant and cost of the treatment was Rs 25,00,000/- (Rupees Twenty-Five Lakhs Only). Jayakesh had lost his job due to an accident and it was impossible for him to arrange such a huge amount. Child Help Foundation was able to help the family and arrange the required funds with the help of our donors.

Success Stories



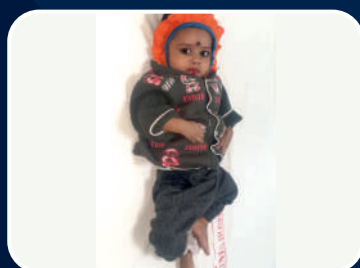
Krishant Chouhan

Kamlesh and Sonu, parents of Krishant thought a liver transplant would give their son a new chance at life. Little did they know that their worst troubles were just starting to form. After the transplant, it resulted into a blood infection and the doctors of Rainbow Children's Hospital, Hyderabad, diagnosed him with sepsis. For further treatments, Krishant required expensive antibiotics antifungals and immunoglobulin and the cost was Rs 15,00,000/- (Rupees Fifteen Lakhs Only). His father had already spent around Rs 21 lakh for his son's treatment but he had no option rather than seeking help. That's when Child Help Foundation with the help of our donors came in Krishant's aid and helped him in his successful treatment.



Shrutika

Six year old Shrutika's happiness had drained out of her life when she was diagnosed with Acute Promyelocytic Leukemia, a type of blood cancer. She couldn't enjoy her life like the rest of the kids. She was advised for chemotherapy along with necessary supportive care and the estimated amount was around Rs. 8,00,000/- (Rupees Eight Lakhs only). A farmer who barely earned enough found difficulty in managing such a huge amount. They further approached Child Help Foundation and with the help of our generous donors, we were able to to arrange the money for her treatment and is successfully under recovery.



Tanuj Sheler

Little Tanuj's parents were the happiest when he was born but didn't know that this happiness wouldn't last longer. Their son was detected with congenital heart defects and suffered from painful symptoms. The doctors proposed repair of subaortic ventricular septal total correction heart surgery and cost of treatment was Rs 5,20,000/- (Rupees Five Lakhs Twenty Thousand Only). This was the only hope for their child to get better. The sole bread winner with minimum salary was in no shape to afford such a huge expenditure. The fundings was arranged by the help of donors through Child Help Foundation and the parents could pay for little Tanuj's treatment.

Success Stories



Aarush

Since five years Aarush and his parents were living a struggling life. Aarush was diagnosed with Thalassemia major when he was five months old. To survive, he required a Bone Marrow Transplant. The therapy cost around Rs. 20,50,000. (Rupees Twenty Lakh Fifty Thousand only). His parents managed to make Rs. 5000 each month by farming on a tiny plot of land they own. With this scanty income it was difficult for them to gather the amount required to save their son. They connected to Child Help Foundation and with the help of our donors, we could get his treatment successful.



Ayush Sachin Shigvan

The bitter truth knocked the door of Ayush's parents when he suffered from a rare heart condition. It was diagnosed when he was five months old and his parents couldn't continue his treatment because of covid - 19. Later, the doctors suggested that Ayush needed an urgent BDGS with conduit Surgery and the estimated amount was ₹ 6,50,000/- (Rupees Six Lakhs Fifty Thousand Only). The amount shook his parents and sought help from Child Help Foundation. The donors poured the funds required and helped Ayush in his successful treatment.



5 Female Activists you should know about



Battling through thousands of years of oppression has created many setbacks for the Dalit community. However, Dalits have proven themselves resilient and have broken through glass ceilings to make a name for themselves.

The movement started with Dr Babasaheb Ambedkar, and today his legacy is carried out by several of his followers. To honour Dr Ambedkar, 14th April is celebrated as Dr B.R. Ambedkar Remembrance Day.

But a single day is not enough to celebrate the achievements of the Dalits. Hence in 2015, a group of Dalit women started a project called Dalit History Month. The project took inspiration from Black History Month. It has also been formally recognized in Canada's British Columbia province.

Story Telling Sessions, Discussions, Art Works, and Exhibitions are organised during this month by the followers of Ambedkar. Besides being an advocate for Dalit rights, Ambedkar was also a huge feminist. Ambedkar famously said:

"Unity is meaningless without the accompaniment of women. Education is fruitless without educated women and agitation is incomplete without the strength of women."

So what better way to celebrate Dalit History Month than honouring five female Dalit activists alive today.

1. Meena Kandasamy

Hailing from Chennai, Meena Kandasamy is a fearless Dalit activist. She is also a fiction writer, poet, and translator. She made her debut as a fiction writer in 2014 by publishing a novel called 'The Gypsy Goddess'. The novel is a fiction story based on the 1968 Kilvenmani massacre. Meena Kandasamy has faced numerous death threats for her criticism of the

caste hierarchy. But Meena is not someone who is going to bow down easily. In reply to her death threats, she said:

"This threat of violence shouldn't dictate what you are going to write or hinder you in any manner."

2. Thenmozhi Soundararajan

Thenmozhi Soundararajan is a Dalit activist who lives in the United States of America. She voices her advocacy through songs and films. Her songs can be found on her Soundcloud profile. She explained her experience as a Dalit, living in The United States, in an essay titled 'The Black Indians', which was published in Outlook Magazine. She also hosts a podcast titled 'Caste in the USA.' For her efforts, Robert Rauschenberg Foundation included her in their first Artist as Activist fellows.

3. Sanghapali Aruna

Sanghapali Aruna is one of the prominent and well-known Dalit activists we have today. She is the Executive Director of Project Mukti, which describes itself as 'an incubator working as a Dalit, Bahujan, and Adivasi women and children focused start-up working to end the effects of caste, tribe, and class discrimination.' Their workshops focus on building resilience, addressing trauma and mental health among women and children. She can also be seen during protests. She famously participated in Dalit Mahila Swabhiman Yatra (Dalit Women's Self-Respect Tour), travelling through India to raise awareness about Caste-Based violence.

4. Asha Kowtal

Holding A Master's degree in social work, Asha Kowtal uses the skills acquired by her education to good use. Currently, she serves as the General Secretary of All India Dalit Mahila Adhikar Manch. She is also a part of the

[Read More ...](#)

Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• World Liver Day

On 13th April 2023, Child Help Foundation volunteers along with Rotto Sotto team conducted an impactful session, to create awareness about Organ Donation and create an impact on Society. The Activity was coordinated by Ms Pranisha Lopes, Project Team Member.

Mr Kalpesh Mhatre and Mrs Sujata Atekar from Rotto Sotto visited Child Help Foundation Head office. They created an awareness session with the help of a PowerPoint presentation. In the end, The volunteers filled out the consent forms for Donation.



Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• **Tata Gluco, Biscuits and Ration Kit Distribution – Ashraya-Home for Children (CCI)**

On 9th April 2023, with the support of an individual donor Mr Aditya Sonkar Battu, The Child Help Foundation distributed Tata Gluco and Biscuits to the Ashraya Home for Children. They also distributed ration which included Rice-50kg, Dal-10kg, Sugar-5kg, Chili Powder-1kg, Turmeric Powder-1kg, Refine Oil-5L, Soap 30 Pcs, Sanitizer-5 Bottles, Potatoes and Onions. The beneficiaries expressed their gratitude towards CHF.



• **Stationary and Ration Kit Distribution – Ashraya Home for Children (CCI)**

On 27th April 2023, with the support of an individual donor Mr Mongraj Mohanty, The Child Help Foundation distributed stationary kits to the Children of the Ashraya –Home for Children. The stationary kit included 450 Notebooks, 50 Pens, 50 pencils and 60 Erasers. They also distributed Rations on the same day which included 49 Biscuits, 29 Soaps, 20 Toothpaste and 1-litre hair Oil. The beneficiaries expressed their gratitude towards CHF.



Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• Visit to Schools in Palghar (L & T project)

On 19 April 2023, Ms Meena Lokhane Lee, Ms Chris Shenoy, Ms Sendra D'souza, and Ms Deepika Rathod visited Government Secondary and Higher Secondary Ashram School in Sakhare, Vikramgad, Man, Kurze and spoke to the principal about the L&T project and asked for permission to set up a health care program at the school, prior to surveying the room which would be allotted for the Healthcare setup, which they agreed to.



• Visit to Schools in Palghar (L & T project)

On 21st April 2023, The team of Child Help Foundation planned the visit to Government Ashram Schools in Murbad, Talwada, and Karhe. The team first visited Government Secondary Ashram School, Murbad to meet their respective school principals. During the meeting, the team explained the programmes of Child Help Foundation in detail along with the LTPCT project, the requirements from schools like providing separate rooms, tables and chairs to conduct the Health Screening Camp, Follow-up Health Screening Camp, Counselling Sessions, Awareness session, Information about the total strength of the school, and Proper Internet Connection.

All 3 schools gave their approval to implement the project by providing 2 tables, separate rooms and chairs to conduct the health screening program.



Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• Visit to Baby Feeding Centre – St. Georges Hospital, G T Hospital, & Urban Health Centre

The Project team members of Child Help Foundation visited St. Georges Hospital, G T Hospital and Urban Health Centre to inspect or collect information about the construction of the baby feeding centres. On 5th April, Ms Jyoti, a project team member, visited G.T. Hospital to take the permission letter for the construction of a baby feeding centre. She also inspected the site for the construction. She later went to the same hospital on 28th April to monitor the centre and gather feedback. A visit to St Georges Hospital was conducted on 17th April. Upon her visit, she found that the door was closed due to a prevailing incident. She also visited Urban Health Centre on 28th April, where the sisters of the paediatric ward expressed their gratitude.



Urban Health Centre



St. Georges Hospital



G T Hospital

Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• Visit to Baby Feeding Centre – Kalyan, Kurla (Railway Station)

On 15th April, Sandra D'Souza, a project team member, visited the baby feeding centres at Palghar and Boisar Railway Station. She found that both the railway stations were cleaned on a regular basis. Later on 24th April, She visited Kalyan and Kurla Railway stations, where the results of her monitoring visit were the same.



Kurla



Palghar

• Visit Baby Feeding Centre – Kerala

On 26th April 2023, Child Help Foundation conducted a monitoring visit to the baby feeding centres situated in Kerala. The Baby feeding centres at Lakeshore Hospital, Chottanikara and General Hospital was found to be beneficial to lactating mothers.



Lakeshore Hospital,
Ernakulam



Chottanikara Temple,
Ernakulam



General Hospital

Monthly Highlights

SDG4: QUALITY EDUCATION

• Individual Educational Support to A Student

On 8th April 2023, Educational Scholarship Aid was given to a student. Child Help Foundation aims to provide a good future to kids by helping them with financial aid to pursue their education. Child Help Foundation support kids to achieve their dreams and provides a good future to the less privileged. Child Help Foundation has supported bright kids who are less privileged but have many dreams to fulfil. Ms Megha Kayal was provided with scholarship support and is currently studying in Std.VI in Holy Mother English School, Nalasopara. Her mother being a housekeeping maid couldn't afford to pay the school fees. The cheque of Rs. 19,800/- was handed over to the school principal of Holy Mother English School, Nalasopara to support Ms Megha Kayal's education. Her mother was very happy to receive the support rendered by Child Help Foundation.



• Dr B R Ambedkar Birth Anniversary (Drawing Competition)

On 14th April, a drawing competition was organized at Green Village Complex, Mira Road. The program was organized on the occasion of Dr. B R Ambedkar's birth anniversary. Ms. Jyoti, our project team member along with two other CHF staff visited the community. A stage was built for the Birth Anniversary program. The activity was conducted with the children and material was also provided to the children from the community. The age group of the children was 4 years to 12 years. Children made beautiful drawings on different themes and also enjoyed the activity. Apart from children, the adult members of the society were present. Ms Jyoti conducted an introduction to CHF with the group. They were very happy to know about the organization. The best three drawings were selected and were given prizes to the children.



Monthly Highlights

SDG4: QUALITY EDUCATION

• **MSC Monitoring & Videography Visit to Pali & Murbad Ashram School – Palghar**

On 10th April 2022, Ms Jyoti Kamble, a Project team member and Mr Upender with his team visited Mini Science Centre at Pali and Murbad Ashram Schools for shooting a short video for Child Help Foundation. They took the interview of the principals of Pali and Murbad Ashram Schools, Mr Sawant and Mr Khotare respectively, along with the feedback of some students.

• **Monitoring Visit to Vangani School**

On 17 April 2023, Ms Shilpa Lokhande, a project team member paid a surprise visit to the Vangani Ashram School. Observations and reactions to the surprise visit are mentioned below –

As per Ms Shilpa's observation, Mr Dinesh Madi was available at Vangani Ashram School.

All registers and documents have been checked by Ms Shilpa Lokhande during the visit. As per verification all registers and documents are well-maintained and updated.

• **MSC Monitoring Visit to Pali Ashram School – Palghar**

On 20th April 2023, Ms Jyoti visited the school for a monitoring visit.

Ms Jyoti checked the two registers maintained in the MSC. The registers were well maintained.

The coordinator told her that two models are broken and needed to be repaired. Ms Jyoti called Ms Vaibhavi and discussed it with her. She assured that her team members would help in resolving the issue.

A meeting was held with the coordinator to discuss a plan for the next week of the month. Tasks were finalised and a deadline was set for next week.



Monthly Highlights

SDG4: QUALITY EDUCATION

• POCSO Session

On 1st April 2023, Ms Jyoti had been to St John school, Goregaon to conduct a session on the Protection of Children from Sexual Offences. The session was for the staff of the school, which included the bus driver, bus attendant, and the other staff members, there were 70 members in total. The session was about the laws, the provisions under the law, what are the responsibilities of the staff, and all precautions they need to take. Feedback from the staff was taken after the session. One of the staff members expressed that the information given was very useful and thanked CHF. The principal of the school gave a thank you letter and a small plant to Ms Jyoti.



• Summer Vocational Classes

Since 24th April 2023, Summer Vacation Supportive Classes have been started in numerous villages. Projects teachers are regularly going to the various padas and villages to provide education to the children. Currently, through this programme, teachers and volunteers are providing children with information related to various social and environmental issues. As per the feedback received from the students, they are enjoying the daily lectures and are finding them helpful at the same time.

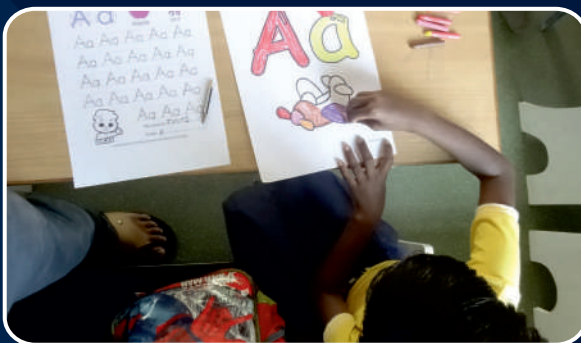


Monthly Highlights

SDG4: QUALITY EDUCATION

• Capacity Building Workshop in Schools, Dimapur, Nagaland

During the month of April, Colouring and Drawing, Handprint Sunshine Card Making, Language learning through games/activities, Skill Training on hand, and Embroidery were conducted. After the activities, it was found that after the community stakeholder became responsible for children's education, children improved their learning and were motivated to attend school, which led to a decrease or stop in dropouts in schools. Manuals and curriculums are replicated by the teaching staff in the schools. A meeting with the SMC, School In charge and Subject teachers was conducted to discuss the action plan and share with each other on how to mould the school into a better school.



• Supportive Classes for Village Students

Now that the grape harvesting season is over, the villagers have started returning to their homes. Currently, volunteers are providing assisted classes to the students of the village. Volunteers are taking tuition of village children regularly. At present the beneficiaries are selling their products and services from the allotted shops in the bazaar haat. Surgana weekly market is every Friday so most people buy goods from the Surgana market 1 day before Gulabi village market so village customers don't want to buy goods again after the 1-day gap. So the villagers of Gulabigaon decided to change the day of the weekly market from Sunday to Tuesday so that people can approach

Monthly Highlights

SDG4: QUALITY EDUCATION

• World Earth Day (Drawing competition)

On 26th April 2023, Ms Jyoti and Ms Sendra, Project team members, visited the Ganesh Deval Nagar, Bhaindar West community to conduct the activity. Smt. Saroj, the volunteer who is an Anganwadi Sevika, helped in mobilizing the children from the community. The purpose of the activity was to create awareness amongst the children about the importance of Earth, and how pollution is causing danger to the Earth. Children were provided with the material for drawing. They drew beautiful pictures showing the effects of pollution, the causes and what can be done to save the earth. Three drawings were selected for the first three positions and three consolation prizes were given. They enjoyed the activity. The volunteer Smt. Saroj requested CHF to conduct such activities in future so that children can benefit from them.



• Certification by MBMC

MBMC celebrated 'Earth Week' from 22nd April to 27th April. They conducted various activities (under the cleanliness drive) during the week along with different schools and organizations. CHF had also conducted various activities during the week. On 27th April 2023, Child Help Foundation was invited and our Project team members Ms Jyoti and Ms Shilpa represented CHF to receive the memento and the certificate. A certificate and memento were also awarded to an additional organisation called Ocean and a school from Mira Bhaindar. The MBMC's commissioner, Mr Dhole, thanked everyone for their support of the organisation throughout this drive.



Monthly Highlights

SDG4: QUALITY EDUCATION

• Child Care Institute-CCI (Number of Students-247)

A plethora of fun activities were conducted in numerous organisations for the month of April. Counselling programs, Birthday celebrations & distribution of school requirements were held at Needs Charitable Trust in Bengaluru. On the occasion of Pana Sankranti, Child Help Foundation organised a Health Camp, Debate, Song & Quiz competition at Ashraya (Handicap Welfare Organisation) in Bhubaneshwar. Maha Bisuba Sankranti and Utkal Divas were celebrated at Khirod Basini Kanya Ashram in Katada, Odisha. Also, Counselling for adolescent girls and nutritional services were held. Stationery Kits, Toys and Food were distributed at Abhita Foundation situated in Hyderabad. Tamil New Year along with three birthday celebrations was held at Charis Foundation in Thirumullaivoyal, Tamil Nadu. Finally, An Autism Awareness Session with parents, Yoga, Physical exercise, Painting, Art & craft activities were conducted at Special School of Joy, which is based in Kadma, Jharkhand.



• Teacher's review meeting

On 27th April 2022, Monthly Review Meeting of MOF, Seveir and Self-Funded Project. the teacher's review meeting was conducted by Ms Shilpa Lokhande, a Project Team Member. The following points were discussed in the meeting-

1. Location and Attendance Verification
2. Teachers instructed for summer vacation teaching
3. Planning and Scheduling of Summer Vacation



Monthly Highlights

SDG2: ZERO HUNGER

- **Roti Ghar: Mumbai, Thane, Delhi, Bangalore, Odisha, and Hyderabad**

Child Help Foundation in collaboration with Roti Ghar provided cooked food to 1800 children in Mumbai, Thane, Delhi, Bangalore, Chilika and Hyderabad. CHF's main aim is to provide food to needy children and make their future bright and better by providing nourishing meals and taking care of their health also so can know the importance of food. No child will be hungry in this world.



- **Donated Nutrition Kits to the TB Affected Paediatric Patients**

On 27th April 2023, Child Help Foundation along with Municipal Corporation of Greater Mumbai (MCGM), Mulund under the 'Pradhan Mantri TB Mukta Bharat Yojna' decided to donate 40 Nutrition Kits to the paediatric patients in Mulund district. The aim of this project was to give proper nutrition to paediatric patients for their growth. With this Child Help Foundation became 'Nikshay Mitra', providing Nutrition kits to tuberculosis patients. Also, this activity will be done every month.



Monthly Highlights



SDG 5: Gender Equality

• Training on POSH

POSH Sessions were conducted by Meena Lokhande, Head Resource- Mobilization in numerous office spaces. Formation of the committee, Cases of POSH, Gender Equality and Responsibilities of the Head were also discussed. POSH sessions were conducted at Hotel Taj Palace in Colaba, Ketto and Taj Lands End, which was an online session.

• Awareness session on Women's Health

On 24th April 2023, Ms Jyoti, a Project team member visited the Mashacha Pada community, Mira Road to conduct an awareness session on Women's Health. Volunteer Ms Asmita helped her in mobilizing the women from the community. Most of the women were from North India and catered for the house. The husbands are workers and are daily wage earners. Ms Jyoti explained the factors that affect the health of women, the health issues faced, and how they should take care of their health. The women also shared about the health issues they are facing and expressed their happiness after the session.



Monthly Highlights

SDG 6: WAS (Water & Sanitation)

• School Development Project, Sheikhpura district, Bihar

Two government schools in Sheikhpura district, Bihar approached Child Help Foundation for support. They had asked for toilets, clean and safe water facilities and also for educational support for their students. CHF staff visited the two schools namely, M.S Maur & M.S Koyaribigha School, Barbigha Block, Sheikhpura, Bihar and decided to support the school in building toilets for girls, water purifiers and a Mini Science Centre. Under the school development project, two toilets were constructed and water purifiers were installed in both the schools in collaboration with the CSR partner The National Fertilizers Limited. The project was started in the month of March and completed in the month of April.



• Water purifier project in two schools, Satara district, Maharashtra

In the month of April 2023, two schools from Satara district in Maharashtra, namely, Jilha Parishad Prathamik Shala Bothe and New English School Bothe, Satara district were supported by Child Help Foundation under the WAS program, CHF provided those schools with water purifiers. The purifiers would be delivered to the schools at the beginning of May and the installation work will be completed in the month of June as the schools are closed for the summer vacation.

Monthly Highlights

SDG 11: SUSTAINABLE CITIES AND COMMUNITIES

• Village Cleaning – Sahapur, Odisha

On the 2nd, 9th, 16th, and 30th of April 2023, Village cleaning activity was conducted by 10-15 volunteers of Hemchandra Sanskrit Vidyalyaya at Village Sahapur, Odisha. Community and temple places were cleaned by volunteers and proper instructions were given to the villagers to keep their areas clean and tidy. Through this activity, they learned to keep the premises clean of their village and also provided motivation to others.



SDG14: VILLAGE DEVELOPMENT PROJECT

• Velankini Beach Cleaning, Maharashtra

In April 2023, there were beach cleaning activities conducted at various locations. The activity raised awareness about the importance of keeping beaches and oceans clean. It also educates people on the harmful effects of littering and the need for proper waste management. Beach cleaning activities help to remove harmful debris from the beach, which harms marine life and negatively impacts the ecosystem. This also helps to protect the environment and promote sustainable tourism. Beach cleaning activities were conducted at Uttan and Velankini Beach with the help of volunteers from Wilson College. A total of 156 and 122 kgs of garbage were collected from the beaches respectively. 37 people participated in Uttan Beach Clean Up, while 40 participated in Vellankini Beach Clean Up. As per the above-mentioned data, the collection of garbage by beach cleaning activities is 278 kg



Our Programs



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