

NEWSLETTER APRIL 2018



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Programmes at a glance:



- Medical Support programme and statistics of underprivileged children supported by Child Help Foundation
- Education Support Programme
- Orphanage Support Programme
- Health & Nutrition Programme
- Village Development Programme
- Projects with corporate partners
- Activities in April 2018



Gyan Vigyaan



Water Conservation

The most important step in the direction of finding solutions to issues of water and environmental conservation is to change people's attitudes and habits. This means each one of us has to make behavioural changes and conserve water because it is the right thing to do.

Although the hydrological cycle ensures that the quantity of water on earth has remained constant since the first signs of evolution began, the amount of potable water that is available to us has shrunk considerably.

If we do not want our future generations to suffer, we will all have to work together to stem further degradation of water sources.

Committed to community welfare



"I love the idea that it doesn't take one person only to achieve your potential. It takes a village, it takes a community, a street, a teacher, a mother"

Mira Nair, Film Maker



Our Hospital Partners

- 01) Tata Memorial Hospital - Mumbai
- 02) Hinduja Hospital - Mumbai
- 03) Kokilaben D. Ambani Hospital - Mumbai
- 04) HN Reliance Hospital - Mumbai
- 05) HCG Hospital - Bengaluru
- 06) St. John Hospital - Bengaluru
- 07) Curie Manavta Hospital - Nashik
- 08) DM Hospital - Pune
- 09) Meenakshi Mission Hospital - Madurai
- 10) Vedanta Hospital - Ahmedabad
- 11) Eden Hospital - Dimapur
- 12) CMC Hospital - Vellore
- 13) V.S Hospital - Chennai
- 14) Puducherry Cancer Trust Hospital - Puducherry
- 15) Erode Cancer Centre - Tamil Nadu
- 16) G. Kuppaswamy Naidu Memorial Hospital - Coimbatore
- 17) K E M Hospital - Pune
- 18) Jupiter Life Line Hospital - Thane
- 19) Wockhardt Hospitals - Mumbai
- 20) Bai Jerbai Wadia Hospital for Children - Mumbai



Underprivileged children supported by CHF's emergency medical support programme.

Particulars:	Beneficiaries:	Amt paid by CHF in INR:
Cancer Patients	184	13,405,220/-
Heart Surgeries	71	23,716,000/-
Kidney Transplant	7	33,50,000/-

By 2019, we will fund the treatment of 100 underprivileged children who require heart surgery and 500 underprivileged children who need cancer treatment.

Our 'Swastha Se Shiksha' Programme ensures that young patients who have recovered from an illness do not end up as dropouts. We motivate the cured patient to return to schooling and ensure that they gain admittance in our partner schools.

We also provide counseling and vocational training and sponsor the school fees of children from BPL families, who cannot afford to educate their children.

Emergency Medical Support & 'Swastha Se Shiksha' Programme

Emergency medical cases of children that are referred to us are taken up for medical support on a case-to-case basis, depending on financial condition of parents or guardians and criticality of the patient. Many of these children, especially those afflicted by cancer, take many months and sometimes even years to recover; during this treatment phase, many of them are unable to attend school.

Due to the extended periods of absence from school and the lack of motivation or financial backing, many of them end up as dropouts. Through our intervention we ensure that once they recover, they are counselled and encouraged to return to school. In addition, their school admission is secured in our affiliate schools and their education is sponsored with the help of our corporate partners. This ensures that their future prospects do not suffer and they can be successfully integrated with mainstream society.

Committed to reducing child mortality

There are many children in India who suffer constant pain and anxiety due to congenital heart diseases and cancer. Approximately 70% of these children are from poor families, In numerous cases, we have managed to save precious lives.



Health & Nutrition Programme



Programme to reduce child malnutrition

Location:	Nature of Intervention:	Beneficiaries:
Jawhar Taluka, Palghar District	Rations are provided to a local self help group and the salaries of cooks are borne by Child Help Foundation.	36
Anganwadis in Vasai and Jawhar Taluka, Palghar District	In collaboration with Vitamin Angels, doses of vitamin A supplements and deworming tablets were administered to 5000 children.	5000

Programme to reduce maternal malnutrition

Location:	Nature of Intervention:	Beneficiaries:
Jawhar Taluka, Palghar District	In collaboration with Vitamin Angels, doses of multivitamin tablets were distributed to 300 pregnant and lactating women in 6 anganwadis in Jawhar Taluka, Palghar District, Maharashtra.	300

Programme to improve menstrual hygiene among underprivileged students in government schools in Maharashtra.

Location:	Nature of Intervention:	Beneficiaries:
Sakur Ashram Shala Dehere Ashram Shala Dabhosa Ashram Shala Dabheri Ashram Shala Nyhalda Ashram Shala Sakhare Ashram Shala Bhopoli Ashram Shala Kurje Ashram Shala (Jawhar Taluka, Palghar District, Maharashtra)	CHF facilitated the distribution of sanitary napkins and installed a sanitary napkin vending machine in Sakur Ashram Shala, Jawhar Taluka, Palghar District. The distribution was concluded with advocacy sessions on menstrual hygiene conducted by a gynaecologist.	1800 underprivileged students.
ZP School - Maljipada ZP School - Rajavali, ZP School - Kaman Urdu school - Kaman ZP School - Kole (Vasai Taluka, Palghar District)	Child Help Foundation facilitated the distribution of sanitary napkins in Zilla Parishad schools that we support in Vasai Taluka.	1200 underprivileged students.



Campaign to address malnutrition in Jawhar, Palghar District



Distribution of sanitary napkins in Sakur Kanya Ashram, Jawhar, Palghar District.



Campaign to promote awareness on menstrual hygiene in schools in Vasai, Palghar District

The health of women and girls can be considered as the basic indicators for the health of a society. However due to poverty, gender discrimination and a lack of awareness the reproductive health of women in rural India has generally suffered. There are multiple negative health impacts of poor reproductive health; reproductive tract infections are rampant among underprivileged women and prolonged infections cause infertility if left untreated. Child Help Foundation is trying to address this by facilitating the distribution of sanitary napkins in government schools in Maharashtra and by running advocacy campaigns on reproductive health and menstrual hygiene.

**Committed to
child &
adolescent
healthcare**



Child Help Foundation – India, a child-centric organisation, works for the best interests of the child and constantly endeavours to empower women & children by making holistic education and health care available to underprivileged communities across India.



Orphanage Support Programme:

Through our Orphanage Support Programme, Child Help Foundation's goal is to provide care and assistance to those children who have lost their parents' love and support, thus allowing them to blossom and receive holistic education. Children need consistent and comprehensive care and support to grow and prosper. Child Help Foundation's Orphanage Support Programme provides orphaned children with hope, love and prospects for the future.

Orphanages that we support on a Pan-India Level:

Name of Orphanage:	Area:	Age Group:	Beneficiaries:
Saraswati Anath Shikshan Ashram	Pune	6 - 14 years	30
Khirod Basini Kanyashram	Odisha	5 - 14 years	82
Ashraya Rehabilitation Centre	Odisha	5 - 14 years	46
The Lords Home	Mysore	4 - 8 years	22
Charis Foundation	Chennai	4 - 16 years	40
Asha Sadan	Vasai	5 - 15 years	70 girls
Needs Charitable Trust	Bengaluru	4 - 16 years	75
Desire Society	Pan India	5 - 15 years	225
Therissa Sphurti Charitable Trust	Vizag	5 - 15 years	40
Adarsh Home for Orphan Children	Hyderabad	5 - 15 years	45
Childlife Preserve Shishur Savay	Kolkata	5 - 15 years	15
Andha Shishu Vidyalay	Assam	5 - 18 years	31
Special school of Joy	Jharkhand	5 - 15 years	71
792 children have benefited from our intervention.			

- In collaboration with our corporate partners we organise employment engagement programmes, which are both educational and recreational in nature.
- We organise movie shows for children and also participate in various activities on days of national importance.

Providing an orphan with shelter and education is just an elementary requirement. The core issue and challenge is that the lack or absence of biological parents leaves orphans without a sense of identity. This identity crisis combined with social exclusion makes them very vulnerable to depression. The loss of one or both parents as a result of conflict, illness, or abandonment is a distressing reality for millions of children in India. Child Help Foundation addresses this problem through direct and indirect intervention by creating an atmosphere whereby such children have access to education, healthcare and community support.



Employee engagement activity with vulnerable residents of Desire Society Shelter Home, Vashi



Special School of Joy, Jamshedpur, Jharkhand



CHF facilitated a donor sponsored activity in Asha Sadan Shelter Home, Vasai



Helping vulnerable children

We allocate resources to assist orphans & vulnerable children by partnering with new shelter homes on a pan-India level. By sponsoring their basic needs like education and health care we ensure that they can be successfully integrated in society.



Scholarship & Teacher Support Programme

Name of School and Location:	Strength:	Male:	Female:
ZP Marathi Shala, Rajavali, Naigaon, Palghar District	284	133	151
ZP Marathi Shala, Tiwri, Naigaon, Palghar District	104	49	55
Karamvir Bhaurao Patil School, Juichandra, Naigaon	97	49	48
Lal Bahadur Shastri School, Virar, Palghar District	178	80	98
The Lords Home, Mysore	22	22	NA
Koel Saraswati Vidyalaya, Rourkela, Odisha	210	100	110
Cozy Cot Special School	110	80	30
Total:	895	433	462

Individual Education Support Programme

No of Beneficiaries:	Total Amount:
30	2,01,060

RPG Foundation: Project Jeevan - Life Skills Training

Place:	No of beneficiaries who attended:
ZP Waghjai Nagar	44
Pragati Vidya Mandir	54
Saraswati Vidya Mandir	40

Topics Covered: Self-awareness, Self Esteem, Coping with emotions, Empathy skills, Peer resistance, Critical thinking, Creative Thinking, Decision making, Problem solving, Effective communication skills.

RPG Foundation: Project Jeevan (WASH)

Name of School:	Location:	Project Details:
Koel Shishu Mandir	Rourkela, Odisha	Renovation of 2 toilet complexes
Zilla Parishad School	Rajavali, Naigaon	6 toilets, 2 washbasins
Zilla Parishad School	Kaman, Bhiwandi	10 toilets, 3 urinals, 4 washbasins
Zilla Parishad School	Mathori, Nashik	4 toilets, 6 urinals, 2 washbasins
Zilla Parishad School	Mahiravani, Nashik	3 toilets, 4 urinals, 2 washbasins
Baliram Res School	Dari, Nashik	9 toilets, 9 urinals, 2 washbasins
Zilla Parishad School	Gavlane, Nashik	7 toilets, 10 urinals, 2 washbasins
Zilla Parishad School	Saiwan, Vasai	2 toilets, 4 urinals, 2 washbasins
Mohan Bhagat School	Vasai	Repairs of 2 toilet complexes
Bhairavnath Vidyalaya and Junior College	Chakan, Near Pune	4 toilets, 6 urinals, 2 washbasins, 4 additional taps

CHF facilitated the construction of toilets and urinals at a government school in Ramasaundra Village in Kolar District, Karnataka in collaboration with SCANIA INDIA Pvt. Ltd. Our team also conducted advocacy sessions on health and hygiene and the correct method of hand washing for the children and teachers of the school. Attention to WASH can improve health, life expectancy, student learning, gender equality, and other important developmental issues. Access to WASH includes safe water, adequate sanitation and hygiene education. This helps reduce illness and death, and also reduce poverty and improve socio-economic development.



Zilla Parishad school, Bapane
Palghar District



School stationery distribution,
Zilla Parishad School, Rajavali, Palghar Dist



Advocacy sessions on health & hygiene
Halol, Gujarat



Empowering
through
education
& sanitation



By facilitating school sanitation projects, we have successfully managed to reduce the dropout rates of children, especially among adolescent girls. CHF makes a sincere effort to contribute to Prime Minister Shri Narendra Modi's "Swachh Bharat Abhiyan"

Village Development Programme, Nagosali Village, Near Igatpuri (Nashik District)

- Child Help Foundation conducted awareness and advocacy schemes on health and hygiene for the villagers. One of the most noteworthy effects has been the positive change in the attitude of parents of female students, who were now willing to send them to school and thus the enrolment of female students has increased.
- A few community initiatives were already in place in Nagosali; however, these were on the verge of stagnation. Child Help Foundation renewed and rejuvenated those schemes and introduced new programmes that would provide long-term benefits to the community.
- Microfinance has proved to be extremely effective as a means of improving the economic condition and empowering the rural poor through participatory credit lending schemes. Child Help Foundation helped the villagers secure documentation and became the intermediaries between them and the Union Bank (Ghoti Branch) so that they could open accounts and avail of loans.
- In collaboration with Government of Maharashtra's department of agriculture and horticulture, Child Help Foundation distributed seeds of higher quality to the farmers in the village. We also gifted 200 manual sprayers for improved irrigation. In addition, we distributed saplings of cash crops like chikoo, mango and guava, which were planted in the village.
- Child Help Foundation organised health camps and eye checkup camps in the village. Those villagers who required ophthalmological surgeries received free medical intervention through our partner hospitals. The general health checkups increased overall awareness about hygiene and reduced the overall percentage of illness in this rural community.

Our aim is to ensure sustainable and inclusive growth of communities in rural India through a multipronged strategy for eradication of poverty by increasing livelihood opportunities, providing a social safety net and developing infrastructure for growth. This will improve quality of life in rural India and address important developmental issues. By 2020 we hope to create many model villages across India thus reaching out and uplifting the most disadvantaged sections of society.



SHG meeting in Nagosali Village



Advocacy sessions on health and hygiene in Nagosali Village, near Nashik.



Innaguration of government school signboard, Nagosali Village



Reaching out to disadvantaged sections of society.

The aim of CHF's VDP programme is to create self-sustainable communities in villages by creating and strengthening self-help groups, facilitating micro-finance, improving agricultural practices and yield, and providing skill training.





The CHF team being felicitated at the Music Ustaad - folk fusion music festival in Borivili



The CHF team participated in the India CSR Summit, New Delhi



Underprivileged students sponsored by CHF participated in the Palghar Half-Marathon



Workshop for senior executives of CHF Mumbai on "Strategic & effective communication" - Conducted by Mr. Augustine Veliath former Communication Specialist UNICEF.



CHF Mumbai project team meeting.



Induction training for student volunteers from Chetana College.



Dear Colleagues

It is an incredible honour for me to lead and serve this great organization - the Child Help Foundation (CHF). I have exercised my choice to work with children in need and with the trustees who started with a marvelous idea, which led to a creation of a pan-India organization.

As we start a new phase of our journey together, I wanted to share some background on myself and what inspires and motivates me. Like anyone else, a lot of what I do and how I think, has been shaped by my family and my overall life experiences. Many people who know me say I am also defined by my curiosity, thirst for learning and my hard work. I fundamentally believe that if you are not learning new things, you stop doing great and useful things. So family, curiosity, hard work and hunger for knowledge all define me.

Why am I here?

I am here for the same reason I think most people are in a child-centric organization like Child Help Foundation - to make a difference in children's lives thus empowering them. I know it can sound hyperbolic - and yet it's true. We have done it, we're doing it today, and we are the team that will do it again.

I firmly believe that over the next decade CHF will reach out more in numbers and in programmes. CHF will work on the sustainable model involving children and underprivileged communities. Networking will play a key role in furthering our vision and mission and we will engage in broader network.

What do we do next?

This starts with clarity of purpose and sense of mission that will lead us to imagine the impossible and deliver it. We will pick up set of high-value activities which will be a part of our strategy and with the aim to serve every child in need, we shall move forward.



CHF will be action for child in a more meaningful way. We will connect to individuals and families and we will walk along our goals with 'Friend's of CHF' globally encouraging the 'culture of giving'.

CHF is already on its journey...As its new Executive Director ...I would with your consent promise children everywhere – dignity, freedom and protection along with facilities and opportunities they richly deserve. The future, no doubt belongs to them and their present is now in our hands. To them we cannot say no.

Bella Das
Executive Director
Child Help Foundation

