

**Bringing Smiles** 

South Ballin

# ANNUAL REPORT 2018-19

D HELP

Registration No: E-6427/Thane/2009-10



www.childhelpfoundation.in

# **Bringing Smiles**

# **Project Locations Across India**



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The Annual Report 2018-2019, concisely outlines the results that the Child Help Foundation (CHF) achieved for the children pan India highlighting the different ways in

which we work efficiently and effectively across our branches, to advance the rights of every Indian child, with robust financial stewardship. With the resources generated, Child Help Foundation was able to touch the lives of over 2,00,000 underprivileged children. It was a humbling experience!

We fully understand that the journey undertaken by us is not an easy one, but our resolve is doubly strengthened by the commitment and dedication of each of our team members, who firmly believe in the vision of the organization and work tirelessly in accomplishing the same.

It's very difficult to measure success in providing humanitarian aid to the underprivileged children and communities in finite terms. Nevertheless, through our continuous interventions and with the support of our esteemed donors and corporate partners, we have created a culture of smiles. At CHF, we believe in serving with a smile and nothing gives us more satisfaction than seeing the smiles on the faces of our little beneficiaries.

The financial year 2018-19, has witnessed us making a footprint internationally - Child Help Foundation opened its first office in the USA. With our presence in the two great democracies of the world, we are excited about the new opportunities to serve the needy children across these two nations.

As we march ahead into the new financial year, we look forward to achieving new heights and successfully surmounting the future challenges that may come our way!



Child Help Foundation believes in creating a difference by enabling programs that help the underprivileged children and their families. We believe in the journey of

the development of the underprivileged, by providing them with proper resources that they have rights to. Recognizing the potential in every deprived individual, Child Help Foundation believes in empowering the masses, supporting them and helping them build a future. Our triumph moment will be when we establish and help in bringing smiles to every needy child and their family!

In the year 2018-19, Child Help Foundation has worked towards empowering children & women in underdeveloped and poverty-stricken areas, building them to be self-sustainable. We aim to maintain the highest standards of governance to emerge as a leading sustainable development organization.

Child Help Foundation has helped 675 individuals under Medical Cases sector. Also catering to other divisions of sustainable goals with more than 1,04,670 children beneficiaries in Education sector, 7200 under Clean water and sanitation, 15,670 under Humanitarian Relief & rehabilitation and more than 1 lakh beneficiaries under Gender Equality sector!

We welcome more enthusiastic volunteers from all spheres of the society that engage proactively to the changes we aim to bring. We hope to bring change by nurturing the thought of giving in the minds of people. We aim to bridge the gap between the well to do and the underprivileged in the coming future and venture out and accumulate smiles from the deprived sector of the society.

Sunil Varghese Rajendra Pathak Jugender Singh





Dear Friends of Child Help Foundation,

One more year of learning from the grassroots, a series of innovations and spreading thin and deep to achieve them all. Our year's annual report encapsulates the highlights of the year 2018- 2019. This year's report

has some insightful information and some powerful pictures from the programs we have embraced on a true depiction of the power of all the initiations that we have undertaken. We focused on our efforts to achieve our core values and missions, encouraging our donors and partners to build Child Help Foundation and help spread smiles.

At the start of our 10 years of work, it's time for a change. Child Help Foundation envisions to help bring a change in the lives of underprivileged children and help their families grow. When one donates for a child they donate to save and bringing back smiles of the families of the affected. We need an India that provides equal opportunities for the privileged and the underprivileged children. We have increased our associations with other organizations to help achieve our UN Sustainable Goals through social impact.

In our on-going programs, we have catered to 675 Medical Cases and are working on spreading awareness to adolescent girls through our menstrual hygiene program. Catered to 1,04,670 children under Quality Education sector, and, Impacted also 212 in zero hunger eradication program and rendered support to 15,670 Individuals under Humanitarian relief and rehabilitation program. We have provided Clean water & Sanitation to 7,200 beneficiaries Our dream is to make every deprived child, family, men and women self-efficient.

On behalf of the entire Child Help Foundation Team, I would like to thank each one of you for your kind support. We are elated with the suggestions that you have rendered to us and we will continue to move forward and spread smiles along our way!

With your contribution, we assure to bring smiles to the disadvantaged!

Looking forward to your unending support!

Jiji John





Dear Friends of Child Help Foundation,

Child Help Foundation believes in creating dignity and development without any discard. We recognize the potential in the underprivileged children and strive to make them self reliant. We are focused on bringing to the table our core values and put forth our sustainable development programs

at the forefront. We don't believe to grow only as an organization but as an idea.

In the year 2018-19, Child Help Foundation has catered to many underdeveloped sectors and helped build opportunities for the families and children of the underprivileged sector of the society. Child Help Foundation has empowered many families and helped build empathy and connect between the underprivileged and privileged. Our work with strong evidence has proven to solve the problem of Medical emergencies, water, sanitation, education, gender equality and provided humanitarian relief across India.

We have rendered our help to 675 Medical Cases and working on spreading awareness to adolescent girls through our menstrual hygiene program. We have also catered to gender equality programs and affected more than 1 Lakh individuals under it, provided clean water and sanitation to 7200 beneficiaries also provided aid to 212 individuals under Zero Hunger sector. Child Help Foundation has made possible the large participation of people from all walks of life.

Child Help Foundation has empowered communities that have been hit by the devastating floods in Kerala by rendering our services in developing the village's roads, providing nutritional value and help strengthen the affected families with medical support and other programs that have been enabled!

We are looking forward to spreading more smiles in the coming years and help the deprived build dignified lives for themselves! We look forward to working together to make the world a better place!

Shaji Varghese

## **REGISTRATION DETAILS**

Name of the organisation:	Child Help Foundation
Year of establishment :	19/11/2010
Organisation registration type and No.:	Registered under the Bombay Public Trust Act, 1950,
	Reg. No. E-6427, Thane /2009-10
	Registration no 2009-2010.
Organisation PAN Card No.:	AABTC2577M
FCRA registration No.:	083990229
Niti Ayog - Darpan ID:	MH/2011/0047916
Guidestar No.:	GSN 1535



Our VISION

> Reaching out to marginalized children in need, empowering them, bringing smiles and making them future ready.

#### **OUR OBJECTIVES AND ACTIVITIES**

# Health and Well-being of All Children: SDG 3

Medical Emergency Support to Children -Child Help Foundation is committed to saving lives of Children suffering from congenital anomalies and non-communicable diseases like childhood cancer, acquired heart diseases, organ failure and respiratory diseases. We ensure that children with serious illness do not have to die in the dawn of their lives. CHF is there reaching out and providing them with the best treatment in the best hospital. Our efforts have saved more than 600 critically ill Children across India.

# Promoting Quality Education Which is Inclusive: SDG 4

Education - Child Help Foundation aspires to provide quality education that is inclusive. The aim is to empower children to become informed, competent and compassionate thus making them global citizens. CHF has made a positive impact in the lives of 37,297 children.

# Ensuring Access to Clean Water and Sanitation: SDG 6

Clean Water and Sanitation - Improving sanitation is a key priority of the government, which has introduced its flagship programme the 'Swachh Bharat Abhiyan' to clean India. Child Help Foundation has been at the forefront in promoting dignity and safety by

# Our MISSION

Our Mission is to inspire and empower people to the culture of giving into changing the lives of the children in need making them future ready.

facilitating the provision of clean, separate toilets for boys and girls with WASH facilities. We promote Menstrual Hygiene and ensure that adolescent girls are taken care of in the residential schools. CHF has constructed toilets and WASH facilities in 15 schools, which have directly benefited 7,465 children.

#### Standing Up for Gender Equality: SDG 5

Gender Equality - Child Help Foundation works at the grassroots level to promote education for female children and our campaign is aligned with the national flagship programme 'Beti Bachao, Beti Padao.' Our education programme is designed to create equal opportunities for both boys and girls, thus creating a better balance of power between genders.

# Zero Hunger Letting No Child Die of Starvation: SDG 2

Zero Hunger - Child Help Foundation has strived to reduce the percentage of malnutrition in the predominantly tribal areas of Jawhar, thereby reducing child mortality and improved nutritional status.

#### Humanitarian Relief: SDG 11, 13 & 17

Humanitarian Relief - Child Help Foundation has been at the forefront in responding to natural calamities. During the extensive devastation after the floods in Uttarakhand, Assam, Bihar, Kerala, and Odisha, our teams reached out to provide immediate relief to 13,000 affected families.

## ORGANOGRAM



# **THE YEAR IN REVIEW**

#### **Key Highlights**

As we enter into the 10th Year of existence Child Help Foundation is doing whatever it takes to save the India's most vulnerable children– every day and in times of crisis. We are on the ground at 11 locations reaching out to children, who need our support the most. we save lives of child suffering from Cancer, Heart diseases and other non- communicable diseases. We ensure that Children do not die in their early dawn of lives; we educate them so that they realize their potentials, and we ensure access to clean water and sanitation and emergency relief. We do so because when children's lives are changed, the foundation is laid for a brighter India and the entire society can be transformed– including our own. In 2018–2019, we directly reached out and touched 30,000 lives of children pan India.

#### Key Results -

# Medical Emergency Support to Children: SDG 3

• Child Help Foundation saved lives of 201 children who were the victims of noncommunicable diseases like Cancer, Congenital Heart Defects, Kidney failure and children needing organ transplant.

- Childhood Cancer Awareness program conducted in 120 schools in South India.
- 1,00,000 students sensitized and 07 cases of Cancer were referred.

#### **Inclusive Education: SDG 4**

- 5,000 children are supported to continue their schooling through a sponsorship programme.
- 3,15,600 underprivileged children reached directly through 263 schools in the eastern region (consists of 13 states including Port Blair) within last 2 years.

#### Access to Clean Water and Sanitation: SDG 6

• 78 sanitation units, 78 hand washing basin and 09 RO WATER units set up in 15 schools giving access to clean drinking water and sanitation, benefitting 7,000 children.

#### **Gender Equality: SDG 5**

• Our campaign was aligned with the national flagship program 'Beti Bachao, Beti Padhao' directly benefitted 2,000 Adolescent girls in Tribal districts of Maharashtra.

• Child Help Foundation created an environment of equal opportunities for both boys and girls in 11 government Ashram schools in Palghar and ensured balance of power between genders.

#### Zero Hunger: SDG 2

• 212 children were treated for severe acute malnutrition in 2018.

• Established child nutrition in two centres- Striving to reduce the percentage of malnutrition in the predominantly tribal areas of Jawhar, thereby reducing child mortality and improved nutritional status.

#### Humanitarian Emergencies: SDG 11, 13 & 17

• Always in the forefront responding to natural calamities. Be it in Uttrakhand, Assam, Bihar, or Kerala floods, CHF is providing immediate relief. 1,600 families have directly benefitted by our support.

#### **Social Media**

• 35,000 followers on social media shows that the Child Help Foundation is one of the most followed non-profit organizations.

#### WE STAND FOR EVERY CHILD, AND WE NEVER GIVE UP. A BIG THANK YOU, YOU MADE IT HAPPEN.



# A GLANCE AT OUR WORK DURING 2018-2019

# **MEDICAL EMERGENCY SUPPORT (Flagship Programme of CHF)**

## Health and Well-being of All Children Sustainable Development Goal- 3

The year 2018-2019 is marked as the first year of implementation of the Sustainable Development Goals (SDGs). Child Help Foundation realigned their priorities to the 2030 UN Agenda in an effort to deliver on the promise of a global vision for sustainable development and contributing to the efforts of the nation in saving the lives of children with non-communicable diseases. Child Help Foundation has made a strong commitment towards saving the lives of Children in keeping with Sustainable Development Goal 3- sub-section 3.4 & 3.7 (Ensure healthy lives and promote well-being)

Sub-section 3.4: By 2030, reduce by one-third, the premature mortality from non-communicable diseases through prevention and treatment and promote mental health and well-being.

Sub-section 3.7: By 2030, ensure universal access to sexual and reproductive health-care services, including for family planning information and education and the integration of reproductive health into national strategies and programmes.

Child Help Foundation's primary focus was directed towards reducing premature mortality from noncommunicable diseases through prevention and treatment and also promoting well-being of every child we reach out to.

#### STEPPING UP THE FIGHT AGAINST THE NON-COMMUNICABLE DISEASES

In the year 2018–2019, Medical Emergency was given to children with Cancer, Heart diseases and other non-communicable diseases were given top priority. Providing Medical Emergency support to Children became the flagship program, manifesting CHF's commitment to save the lives of Children suffering from congenital anomalies and non- communicable diseases like childhood cancer, acquired heart diseases, organ failure and respiratory diseases. Child Help Foundation ensured that children with serious illness do not have to die in the early dawn of their lives. CHF was reaching them out and providing the best treatments in the best Hospitals. Our efforts have saved 201 critically ill Children across India in the year 2018–2019 and the numbers are increasing.

## **CHILD HELP FOUNDATION MEDICAL SUPPORT FACT SHEET**

Total No of Cases April 2018- March 2019			
Particulars:	No of Beneficiaries:		
Cancer Patients	102		
Heart Surgeries	57		
Severe Prematurity	04		
Bone marrow transplant	03		
Burn Treatment	01		
Liver transplant	03		
Others	31		
Total	201		

By 2020, Child Help Foundation is committed to supporting the treatment of 300 disadvantaged children, who require heart surgery and 600 underprivileged children, who need cancer treatment in addition to other critical cases like kidney transplants, respiratory defects, NICU/ PICU cases & Cochlear implants.

#### **CHILDHOOD CANCER**

Cancer is the 9th most common cause for deaths in India among children between the age group of 5 to 14. It is estimated that about 60,000 children and adolescents aging between 0-18 years are being diagnosed with cancer each year and only one out of 10 receives complete therapy i.e., only a fraction of them manage to receive proper treatment.

The number of cases of childhood cancer is increasing in India. Unlike cancer in adults, childhood cancers have a higher cure rate, but this is only possible if the cancer is diagnosed at the right stage and the child is given the right mode of treatment. In developed countries, 80% of the children with cancer are cured. Therefore, for Child Help Foundation, the cure for children with cancer is a priority. It is the flagship program of Child Help Foundation.

**Coping with Cancer** - Duration of the Treatment: The duration of the treatment depends on the type of cancer. It varies from Leukaemia treatment for 2 1/2 years, PNET and Osteosarcoma over 1 year, Retinoblastoma over 6-12 months and Acute Myeloid Leukaemia over 4 -5 months. If the child relapses during or after treatment, the treatment cycles may be repeated. If a bone marrow transplant (BMT) is indicated, the BMT itself takes about one month. Chronic Cancers can be treated for several years.

#### **Cost of the Treatment**

Costs differ from cancer to cancer, and centre to centre. For much Childhood Cancers, the cost of treatment alone can be prohibitive. The cost of drugs alone at Government Hospital for Leukaemia can be as high as Rs. 3 lakhs. For a BMT, it can also be as high as Rs. 2 lakhs. Child Help has set up a very large medical emergency assistance program. Between March 2018-March 2019, 102 children have been assisted for treatment, drugs, investigations, surgeries, supportive care, and BMTs, through our Medical Emergency support program for children.

**Child Help Foundation -** Paediatric Cancer Care: Children with cancer referred to Child Help Foundation are treated at a Children Cancer Centre, which is a hospital or unit in a hospital that specializes in treating children with cancer. Most children cancer centres treat patients up to the age 18, which is CHF's target group. The doctors and other health professionals at these centres have special training and expertise to give complete care to children. CHF networks with 26 hospitals across India, who provides specialist treatment and care for Children with Cancer.

# Improving the Outcome for Children with Cancer

2018 – 2019 also marked a significant milestone for CHF, as we commemorated 9 years of serving children with cancer and their families. The year also witnessed 102 children saved from Cancer. Over the years, CHF has remained steadfast to its mission of improving the quality of life of children and families affected by cancer, anchored by medical emergency support for children with cancer and staying on course and breaking new grounds showing commitment in achieving the best outcomes for our children. Together, we are stronger in winning the battle against childhood cancer.

#### CHF Integrated Service Model

Child Help Foundation over the years has developed Integrated Service Model. The model consist chain of services for Children with cancer.

#### **Case identification**

Child Help Foundation has developed an inhouse social media site where parents /children with Cancer can directly be referred to CHF online and after due verification of cases, an Intervention is planned.

**Referral System in place -** In Mumbai, walkins and referrals are made to CHF Medical team by the community members and volunteers. Child Help Foundation also get referrals from partner hospitals pan India for treating childhood cancer and after due verification, CHF extends the required support. On an average, we aim at reaching out to 30 children with childhood cancer per month.

**Financial Assistance** - When a child is newly diagnosed with cancer, besides having to cope with the emotional distress, the family is also trusted into a situation of dealing with unanticipated and hefty treatment costs. Since 2010, CHF started providing financial counselling and assistance in cash or in-kind. The Financial Assistance Scheme covers medical treatment, maintenance, and transport and schooling expenses.

**In the Hospitals -** CHF helps children, who are newly diagnosed with cancer and undergoing active treatment with their hospital experience. We offer emotional, financial and social support for their family members and caregivers. Our caseworkers and counsellors are sited in all our partner hospitals, who work alongside our medical partners in the paediatric oncology wards.

**In the Community** - To children surviving childhood cancer, the Child Help Foundation Social Work Team provides continual care to help and enhance the quality of life for survivors. We help children return to their schools and support those affected children with a family member, who is diagnosed with cancer.

We continue to monitor and support survivors, who have to cope with long-term side-effects

due to the treatment of cancer. In the Homes of the Children, when a child is at the end stage of his/her life, it is a tremendously challenging time for the dying child and the family members. We stand by the child and family for content and satisfying palliative stage.

**Follow Up -** Promoting home-based Care: Once discharged from the hospital Children with cancer are followed up at the domestic level. Child Help Foundation ensures home-based care and treatment for the child. Families are enabled by Child Help Foundation to link themselves with the hospitals for services like provision of chemotherapy, medication and other follow ups till overall improvement is achieved.

**Networking with Best Hospitals/Medical Professionals** - Child Help Foundation has established networking with 26 hospitals pan India providing treatment and care to children with cancer. CHF endeavours to get in touch with medical professional Doctors, Nurses, and caregivers treating cancer to ensure the best of medical care.

Selected hospitals are also being enabled to develop good Paediatric oncology department. CHF will endeavour to initiate dialogue for equipping the hospital with provision for pieces of equipment needed for diagnose and treatment for childhood cancer.

## **OVERVIEW**

Emergency	Medical	Support to	Children

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SR. NO	TYPES OF SERVICE	AMOUNT
1	Financial Assistance provided	Rs. 3,46,54,635
2	Number of Families supported	201
3	Number of Children successfully treated and surviving	198
4	Approved applications	201
5	Casework and Counselling Service	201
6	Newly diagnosed	100

#### CHILD HELP FOUNDATION - CHENNAI, TAMIL NADU, INDIA.

# Cancer Awareness Drive in Schools in Chennai

Public education plays an important role in creating public awareness of childhood cancer and in building a community of support for children with cancer and their families. In 2018, Child Help Foundation, Chennai, conducted programs on childhood cancer in more than 50 schools about one lakh students benefitted by the awareness programme. The students were made aware on early symptoms of cancer, and what they can do as children to prevent being victims of cancer and finally putting in place a referral number to support children with Childhood cancer in southern India.

# International Childhood Cancer Day celebrated

Organized by Childhood Cancer International (CCI) annually on 15th February, International Childhood Cancer Day (ICCD) is a global collaborative campaign to raise awareness of childhood cancer and to express support for children and adolescents with cancer, the survivors and their families. The gold ribbon is a symbolic representation of childhood cancer awareness and support. Just as how gold becomes stronger and tougher when heated, children with cancer develop resilience when overcoming the difficult and painful challenges in their battle against cancer. To commemorate ICCD, Child Help foundation launched a social media campaign on 7th February 2017 to create awareness of childhood cancer in India. Information on childhood cancer, Facts and Myths were featured on CHF Facebook page and Instagram.

Child Help Foundation would like to extend our appreciation and gratitude to all our partners, donors and sponsors for their generous giving and support. Your unstinting support is crucial in helping CHF to sustain our Flagship programmes and services to make a positive difference in the lives of our Children. While we have taken great care to ensure accuracy in the list, we seek your kind understanding for any inadvertent omission from our part.

#### **CONGENITAL HEART DEFECTS**

The year 2018–2019 also saw increased number of Children with Congenital Heart Defects. 46 Children with Congenital Heart Defects underwent open-heart surgery this year. Congenital Heart Diseases (CHDs) are problems present at birth that affect the structure and function of the heart. Congenital Heart Defects are the most common birth defects. Considering a birth prevalence of congenital Heart Disease as 9/1000, the estimated number of children born with Congenital Heart Disease in India is more than 200,000 per year. Of these, about one-fifth is likely to have serious defect, requiring an intervention in the first year of life. If heart surgeries are done on time, these children can grow up to become normal adults.

#### **Paediatric Cardiology**

Paediatric Cardiology has been a neglected special ty in the count ry despi te being a massive disease The burden of child heart surgery in India is not affordable to all. It is estimated that over 250,000 children born in India each year with heart disease and less than 5% of them receive the care that they need. Most of these children succumb to the disease without celebrating even their first birthday. 78000 infants die of Congenital Heart Disease in India every year.

#### **Paediatric Cardiac Care**

Currently advanced cardiac care is available to only a minority of such children. A number of cardiac centres have been developed over the last 10 years. However, most are in the private sector, and are not geographically well-distributed. The cost of treatment is high.

Of the 2,40,000 children born with CHD (Coronary Heart Disease) each year in India, about one-

fifth would need early intervention to survive the first year of life. Large pools of older infants and children, who may have survived despite no intervention adds to the burden of CHD.

Financial constraints: Medical insurance is practically non-existent in India, especially for birth defects. In most instances, families are expected to pay for the treatment out of their pocket, which they can barely afford.

To make meaningful reductions in mortality and morbidity from CHD, it is imperative to focus on comprehensive new-born and infant cardiac care. Child Help Foundation has been in forefront reaching out to children with CHD and ensures that children are supported in the early year of their lives. 46 heart surgeries have been directly sponsored by Child Health Foundation in the year 2018-2019 and post the surgery, beneficiaries are catered to post care and treatment after the operation.

#### **SUCCESS STORIES**

#### Saving Lives and Bringing Smiles - Meet our Children's LIFE-SAVING HEART OPERATIONS

Since 2010, Child Help Foundation has been working towards our long-term goal that all children, wherever they are born, have access to quality cardiac care. Here are just a few children who owe their lives to the many medical experts, CHF team, social workers and volunteers and generous donors, who help us to carry out this incredible work.

#### Baby Vinayak Thapa (Aged 7 Months)

Baby Vinayak aged 7 months was born with a complex congenital heart condition, which meant he needed a heart surgery to survive. Chain of Hope drew him and his mother to Child Help Foundation. After successful surgery at Jupiter Hospital has meant that Baby Vinayak and his family were able to celebrate his first birthday.





#### **Baby Durva Rathod**

Baby Durva born with a life-threatening congenital heart disease, was diagnosed just in few days after the birth. The only permanent treatment was an open-heart surgery (Aortic arch repair). Baby Durva luck was transformed when she was referred to Child Help Foundation for financial Support. The Child was admitted to Bai Jerbai Wadia Hospital for children, where Baby Durva underwent surgery and is on the road to full recovery.



#### **Baby Saroj Patel**

Baby Saroj was born with extremely low birth weight (ELBW) (infant with ELBW is defined as one with a birth weight of less than 1000 g (2 lb., 3 oz.)) and respiratory distress syndrome (RDS). It is a breathing disorder and is more common in premature new-borns because their lungs are not able to make enough surfactant. Surfactant is a foamy substance that keeps the lungs fully expanded so that new-borns can breathe in air once they are born. Without enough surfactant, the lungs collapse and the new-born has to work hard to breathe. The lack of oxygen can damage the baby's brain and other organs if not treated promptly. The child was admitted to Surya Hospital and immediately kept on mechanical ventilation support, and administered IV fluids, and IV antibiotics. The total cost amounting to Rs. 11,00,000 was raised by Child Help Foundation, as the parents of the Child were unable to bear the cost. After 11 weeks of intensive care and treatment, the child survived and progressed in health, another life was saved.





#### Harshad Shaikh

Harshad Shaikh, aged 3 months was admitted to "Surya Hospitals" with severe Pneumonia and respiratory failure. He was kept on ventilator support for 2 weeks, which costs about Rs. 3.5 – 4 lakhs. Mr. Asif Shaikh (father), mechanic by profession had the burden to support the family of 3 and it was really difficult for him to raise the required expense of treatment. So, "Surya Hospitals" referred this case to the Child Help Foundation. The required funds was raised and after 2 weeks of treatment, the child was discharged and now he is in a healthy condition and happy as ever.





#### **Puneet Prajapati**

Baby Puneet Prajapati was a year-old when he was diagnosed with "Major Congenital Heart Defect, Tetralogy of Fallot and severe pulmonary stenosis with frequent cyanotic spells despite medications". The permanent cure recommended by the doctors of "Sir. H.N Reliance Foundation" was a major open-heart surgery for early total correction. The surgery cost was estimated to be Rs. 2,75,000/-, which was raised by Child Help Foundation as the family could not afford to bear the expense for the surgery. The baby was successfully operated and completely recovered. Baby Puneet is in all smiles now.

# Before



#### Baby of Soumya

80 days old son of Mr. Bineesh M B and Mrs. Soumya N R was diagnosed with "Type II Truncus arteriosus Large Conoventricular VSD with left to right shunt". The permanent cure as recommended by the doctors was a heart surgery (Truncus repair handmade conduit surgery), the cost of which was estimated to be Rs. 4,50,000/-. The father of the child, Mr. Bineesh working as a male nursing staff was unable to raise such a huge amount. The case was referred to Child Help Foundation and the required amount was raised. The baby was successfully operated and is on the way to full recovery. The family is elated.





#### **Baby Krishna**

Baby Krishna was 2 years old, when he was diagnosed with "Perimembranous VSD with a left to right Shunt. "The doctors recommended Open-heart surgery (VSD Closure). The estimated cost of the treatment was about 2,00,000/-, which was raised by Child Help Foundation, as the family members were to raise the amount. The child was hospitalized for about a month, during that time the surgery was carried out and the baby has fully recovered.





#### **Baby Kavistri**

Baby Kavistri was diagnosed with "Tricuspid Atresia/ (which is a congenital heart defect that is present at the birth). The permanent cure recommended by the doctors of "Amrita Institute of Medical Science" was an Open-Heart Surgery (Cath+ BDGS), the estimated cost for which was about Rs. 2,25,000/-. The Child was referred to Child Help Foundation and the required amount was raised for the surgery and treatment. The surgery was successfully carried out and the child got fully recovered.





#### **Baby Simran Ansari**

While returning from the grocery shop on the eve of New Year 2019, Simran's dress catches fire near the burning garbage. The 8-year-old could not manage to put out the fire on her own. She was rushed to "Family Care Hospital" for treatment. Simran suffered a 48% burn, which severely affected her waist, feet, leg, and back portion of her body. She immediately was taken to the ICU. She needed aid with everything, so she was put on oxygen. For her nutritional needs, she was totally dependent on the saline drips. Skin Grafting has to be carried out on Simran. The cost of the treatment was estimated to be 6.50,000/-. Mr. Naseem Ansari (Father) worked as a Taxi Driver and bearing the expense for such treatment was challenging for him. Parents worried about the critical condition of their child. So, "Family Care Hospital" referred this case to Child Help Foundation. After a month of treatment, Simran has recovered successfully and is in good health.





#### Maira Shaikh

Maira was a year-old, when she was diagnosed with "Congenital Heart Disease, Right Isomerism, with Common AV Canal Defect, the doctors of "Bai Jerbai Wadia Hospital for Children" recommended Open-Heart Surgery (TAPVC Repair + BDGS). The estimated cost for the surgery was about Rs. 2,50,000/-. The required amount was raised by Child Help Foundation. The surgery was carried out and the baby has recovered completely. Now she is healthy and growing happily.







#### **Pritam Mandal**

Son of a construction worker, Pritam Mandal was diagnosed with "Heart Disease, Large OS ASD, when he was just 5 years old. The Child was advised to undergo Open-heart surgery for ASD devise closure. The doctors assured of high success rate. The child underwent Open-heart surgery at Bai Jerbai Wadia Hospital for Children. The amount of Rs.1,00,000/- was raised by Child Help foundation and now the child has a new lease of life provided.







#### Hemant Naik

Baby Hemant, son of a driver diagnosed with "Congenital Heart Disease, when he was a yearold .The doctors of Bai Jerbai Wadia Hospital for Children recommended Cardiac Cath-lab intervention (LPA stenting). The Child was referred to Child Help Foundation for financial support. The required amount was raised. The surgery was carried out and the baby has recovered completely.





#### Bhargavi Jadhav

Bhargavi Jadhav at the age of 6 years was diagnosed with "Large Ostium Secundum ASD". She was asked to undertake Open-heart surgery (ASD surgical closure) by the team of doctors at S. L. Raheja Hospital. The estimated cost 2,50,000/was raised by Child Help Foundation, as the father of the child, Mr. Anish Jadhav employed at an Icecream parlour was unable to raise the required amount. It was challenging for him to come up with the expense of the surgery. The child was operated and the surgery was successful. After a month of treatment and care, Bhargavi has recovered and all set to continue her studies. She was happy to be back at school.





#### **Baby Yogita Sonawane**

Baby Yogita, a farmer's daughter was born with the congenital Heart Disease (Large VSD). The cure recommended by the doctors of "New Age Wockhardt Hospital" was an Open-Heart surgery (Large VSD closure). The expenditure estimated for the surgery was about Rs. 3,25,000/-. Mr. Bhagwat Sonawane, the child's father is a farmer and bearing the expense for such a surgery was quite difficult for him. Child Help Foundation came forward and raised the amount, the surgery was carried out successfully and the baby has recovered completely.





#### **Raghav Shinde**

Ever smiling Mast. Raghav Shinde was 18 months old when he was diagnosed with "Ostium Secundum ASD with the left to Right Shunt" and was referred to Sahyadri Hospital for an Open-Heart surgery (ASD/VSD Surgical closure). The surgery cost of about Rs.2,23,000/- was raised by Child Help Foundation as Mr. Bhalchandra Shinde, the child's father, who worked as a labour in a private company found it beyond his means to raise such a large amount. Master Raghav underwent surgery and it was successful. Raghav has completely recovered and is as happy and smiling as ever.





#### Bhumi Dalvi

Ms. Bhumi Dalvi, a 6 years-old child, daughter of domestic help was diagnosed with "congenital Heart Disease. She was admitted in Bai Jerbai Wadia hospital for children. The doctors recommended Open-Heart surgery (TOF repair + LPA plasty + PDA ligation) and the estimated cost for the surgery was about Rs. 2,00,000/-Mr. Namdev Dalvi, the Child's father was a domestic help and it was challenging for him to bear the expense of the surgery. The child was referred to Child Help Foundation and the required funds were raised. The surgery was carried out successfully and Bhumi got completely recovered.



After

#### Ajeesh K. R

Ajeesh K. R is a teenager and was diagnosed with "Tetrology of Fallot, S/P ICR+TAP" (It is a heart disease identified with low oxygenation of blood). This is due to the Mixing of oxygenated and deoxygenated blood in the left ventricle via the Ventricular Septal Defect (VSD). Ajeesh was recommended pulmonary valve implantation through Open-Heart Surgery, which would cost around Rs.4,10,000/- . Ajeesh's father, Mr. Rajan worked as a coolie and he found it impossible to raise the required amount. So, "Amrita Institute of Medical Sciences" referred this case to Child Help Foundation. Realizing the criticality of the case, Child Help Foundation raised the required funds needed for the surgery. The surgery was carried out successfully and Ajeesh has completely recovered.



#### **Bhumi Dalvi**

Ms. Bhumi Dalvi, a 6 years-old child, daughter of domestic help was diagnosed with "congenital Heart Disease. She was admitted in Bai Jerbai Wadia hospital for children. The doctors recommended



Open-Heart surgery (TOF repair + LPA plasty + PDA ligation) and the estimated cost for the surgery was about Rs. 2,00,000/-. Mr. Namdev Dalvi, the Child's father was a domestic help and it was challenging for him to bear the expense of the surgery. The child was referred to Child Help Foundation and the required funds were raised. The surgery was carried out successfully and Bhumi got completely recovered.

#### **Along Aier**

19 years-old teenager, Mast. Along Aier was diagnosed with the "Hodgkin's Lymphoma". The suggested permanent cure were chemotherapy and radiotherapy by the doctors of "Eden Medical Centre". Estimated cost was about Rs. 2,50,000/-. Along's mother, Mrs. Amenlia working as a part-time on various jobs was unable to bear the expense of the treatment. The Eden Medical Centre referred this case to Child Help Foundation. The required fund was raised for the treatment. The teenager is undergoing treatment and is on the road to recovery.





# **OUR PARTNER HOSPITALS CONTRIBUTING IN THE HEALING**

V

Our Partner Hospitals

Sr. No.	Hospital Name	Place
1	Tata Memorial Hospital	Mumbai
2	Hinduja Hospital	Mumbai
3	Kokilaben D. Ambani Hospital	Mumbai
4	HN Reliance Hospital	Mumbai
5	Seven Hills Hospital	Mumbai
6	Wadia Hospital	Mumbai
7	Surya Hospital	Mumbai
8	Jupiter Hospital	Mumbai
9	Nanavati Hospital	Mumbai
10	Balaji Hospital	Byculla, Mumbai
11	Wockhardt Hospital,	Mumbai Central
12	Aster Adhar Hospital	Kolhapur
13	Kolhapur Cancer Center	Kolhapur
14	D M Hospital	Pune
15	KEM Hospital	Pune
16	Sahyadri Hospital	Pune
17	Bharati Hospital	Pune
18	Curie Manavta Hospital	Nashik
19	JJ Plus Hospital	Aurangabad
20	Vedanta Hospital	Ahmedabad
21	Rajiv Gandhi Cancer Institute and Research Center	Delhi
22	Sir Ganga Ram Hospital	New Delhi
23	HCG Hospital	Bengaluru
24	St. John Hospital	Bengaluru
25	BGS Hospital	Bengaluru
26	G. Kuppuswamy Naidu Memorial Hospital	Coimbatore
27	Eden Hospital	Dimapur
28	Swastik Hospital	Faridabad, Haryana
29	Fortis Hospital	Gurgaon, Haryana
30	Meenakshi Mission Hospital	Madurai
31	CMC Hospital	Vellore
32	Puducherry Cancer Trust Hospital	Puducherry
33	Erode Cancer Centre	Tamilnadu
34	Amrita Hospital	Kerala
35	Mission Hospital	Durgapur

# **EDUCATION**

## Promoting Inclusive Quality Education Sustainable Development Goal 4

Child Help Education Policy is dedicated in improving the lives of the poor through Education, Social and Economic Development programs. The projects featured in this Annual report demonstrate the wide range of Educational works undertaken in the year 2018-2019.

In 2018, Child Help Education launched some unique projects, from setting up of Center for Excellence to promote higher Education among the tribal community of Palghar to venture upon and build a Model School in Educationally Backward Blocks of Maharashtra and other parts of India. Stress was also laid to promote girls' education initiative –**Beti Bachao, Beti Padhao**. We have a mission to provide children from low-income communities with a high-quality education, enabling them to maximize their potential in academics and transform their lives.

For over 10 years, Child Help Foundation has educated children from low-income communities targeting more of first generation learners across the nations — first, through supporting children from Shelter homes, orphanages and sponsorship programs; thereby setting up Center Of Excellence and Model School. Today, we are at the forefront ensuring children from the marginalized community have access to Inclusive quality Education. Looking ahead, we seek to expand our network of schools, share our effective practices and advocate quality schools for children across India.

#### **Promoting Quality Education**

Child Help Foundation (CHF) ensures that children under our various projects to be provided with quality education. Child Help Foundation today supports 13 shelter homes for children, where more than 792 needy children stay and learn. We enable them to complete primary and secondary education.

#### **Education Scholarship Programmes**

Recalling 2018-2019, it was one of our best years; we nurtured, educated and supported hundreds of orphaned children. 792 orphan children were supported for completing primary and secondary education. It's almost unheard of, children without parents to pursue studies in India, but we are committed to support orphan children taking shelter in various homes to pursue their studies until they graduate and become independent adults. the year also saw increased support for Child Care Institution Home catering to the needs of girls alone were given preferential consideration.

## A GLIMPSE OF EDUCATION SUPPORT TO CHILDREN AT CHILD CARE INSTITUTIONS

Sr.	Name of the Home	Sates	Age Group	Total Number
1	Saraswathi Anth Shikshan Ashram	Pune, Maharashtra	6-14 years	30
2	Khirod Basini Kanya ashram	Odisha, Bhubaneswar	5-14 years girls only	82
3	Ashraya Rehabilitation	Odisha, Bhubaneswar	5 – 14 years	46
4	The Lords Home	Mysore, Karnataka	4-8 years	22
5	Charis Foundation	Chennai, Tamil Nadu	4- 16 years	40
6	Asha Sadan	Vasai, Maharashtra	5- 15 years girls only	70
7	Need Charitable Trust	Bangalore, Karnataka	4-16 years	75
8	Desire Society	Mumbai, Maharashtra	5- 15 years	225
9	Therissa Sphurti Charitable Trust	Vizag, Andhra Pradesh	5-15 years	40
11	Adarash Sphuriti Charitable Trust	Hyderabad, Telangana	5-15	45
12	Childlife Preserve Shishu Savey	Kolkata, West Bengal	5-15	15
		Total		792 Children

We, at CHF ensure that no child is forced to give up schooling due to a financial crunch. Since the year 2010, CHF has been providing scholarships to deserving students from disadvantaged families and children living in shelter homes on pan-India level. CHF has sponsored the education of 2,792 boys and girls.

Child Help Foundation holds a high priority for Quality Education which is inclusive, aimed at empowering all children to become Informed, Competent, Compassionate and a Good Global Citizen. In the last 9 years of existence, CHF has touched the lives of 1,04,670 Children staying in various homes and institutions and still reaching out to those who need support.

## Tribal Education Programme – Palghar, Maharashtra

#### Promoting Quality Education for Tribal Children of Palghar

In the year 2018-2019, Child Help Foundation laid the stress to reach out to tribal children and Improve upon the quality of Education. We want children to be in school and learning. We root for holistic education aimed at empowering all children to become Informed, Competent, and Compassionate resulting in a Good Global Citizen. Child Help Foundation has strongly advocated for the promotion of Science, Maths & English in the tribal pockets through Centre for Excellence in an educationally backward block of Palghar, supporting tribal children to learn Science, Maths and English.

# Centre for Excellence (CFE) and a Model School

#### **Context for Intervention**

Annual Status of Education Report (ASER) 2017 has come out with a shocking report, which has been endorsed by UNICEF that in India more than half of the children and adolescents worldwide do not meet minimum proficiency standards in reading and Arithmetic. A lot of efforts are needed to meet the objectives of focused learning and improve the quality of education. Disparities in education along the lines of gender and urban-rural location still run deep, and more investments in education infrastructure are required, particularly in rural and tribal pockets. The children from tribal communities suffer multiple disadvantages of economic, social, cultural and geographical nature. Tribal populations continue to have one of the lowest enrolments and retention rates as well as learning outcomes. It is for this specific reason that Child Help Foundation is spearheading the cause to establish Centre for Excellence and the Model school.

#### **Centre of Excellence Established and Functioning**



Sakhare Ashram Shala, Maharshtra selected for 'Centre for Excellence'



### **Model School**

#### Setting Model Schools in Educationally Backward Blocks (EBBs)

The Model School Scheme is to set up in Educationally Backward Blocks (EBBs). The EBBs have been selected based on twin criteria of Female Rural Literacy rate being below the national average and Gender Gap in literacy being above the national average. The government has a plan to set up 3,500 model schools across the nation.

Since the launch of the scheme in 2009-10 till 31st March, 2015, the Ministry of Human Resource Development has approved 2,490 model schools, out of which 1,101 model schools have been made functional. The Scheme has been delinked from the support of the Government of India with effect from 2015-16 and as such the scheme stands transferred to the States/UTs.

In the year 2018–2019 Child Help Foundation, in line with the government policy, supports the state government effort in setting Model School in Educationally Backward Blocks and will partner with the corporate and Government for same in Jawhar block of Palghar district in Maharashtra. Bhopoli Adivasi Ashram Shala was shortlisted for developing into a Model school. The school has classes from KG till Std. XIIth. It has a total strength of 720 Children. It comes under the jurisdiction of Mr. S. S. Suryavanshi, who is an active advocate for the project. The infrastructure is good and teachers are very supportive. The project setting up in Model school in the Jawhar district will focus on attracting tribal students; providing them with quality education with a special focus on Science, Maths and English. Emphasis will be given to students from Std. XIIth. It is envisaged in line with HRD (Government of India). It will be in the pattern of Kendriya Vidyalaya and will have standards norms and building as that of Kendriya Vidyalaya (KV) with stipulations on pupil-teacher ratio, ICT usage, holistic educational environment, appropriate curriculum and emphasis on output and outcome. The school would differ from Kendriya Vidyalaya in funding pattern and management structure.

Affiliation to the Board: The schools will be affiliated to Central Board of Secondary Education (CBSE). In exceptional circumstances, affiliation by other National Boards may also be considered.

Following are some of the key features of the program:

1. Education provided in a Model school will be holistic and integral touching upon physical, emotional and aesthetic development in addition to academics.

2. The choosen schools will be built in collaboration with Government and Corporate funding.

3. Infrastructure provided not only for

teaching needs, but also for sports and cocurricular activities.

4. Sufficient scope for sports, recreation, gardens, auditorium etc., will be provided.

5. The methodology of learning will be activity based.

6. The school to have adequate ICT infrastructure, Internet connectivity and full time computer teachers.

7. The teacher-pupil ratio 1:25 minimum and classrooms will be spacious enough to accommodate at least 30 students.

8. The school will be provided Arts and Music teachers besides specific teachers as per the usual norms. The school also provides facility for activities emphasizing Indian heritage and Art & Crafts.

9. Special emphasis may be given on teaching of Science, Maths and English. If required, bridge-courses may be introduced for weak students.

10. The school curriculum should include the material/items that inculcate leadership skills and ability to deal with real situation.

11. Health Education and health check -up will be introduced in the schools.

12. A good laboratory & library with books and magazines for students and teachers will be provided.

13. Field trips and educational tours to be integral part of the curriculum.

14. Medium of instruction will be left to the state government; however special emphasis will be given on teaching spoken English.

15. Affiliation of the school to a particular examination board left to the State government.

16. The school to have competent staff to deliver expected results.

17. A good child-friendly infrastructure in place.

## Swastha Se Siksha Programme

#### **Education program for Children with Cancer**

In the year 2018-2019, Child Help Foundation reached out to 76 children with Cancer. Cancer treatment usually takes a long period for treatment and most children are unable to resume regular schooling after they complete cancer treatment. Going back to school is a priority for Child Help Foundation, because it can give children a sense of normalcy and is an important part of their social and academic development. Some children feel excited about returning to school, while others feel upset or anxious, These are all normal reactions. Going back to school might be a challenge or a relief. This support will be a comfort for Children to groom into their full potential irrespective of challenges faced by this disease.

#### Swastha Se: Case study

#### Case 1- Master Jeevan Rajshekar





Master Jeevan in CHF Bangalore office/ Jeevan posing with his uncle and grandfather along with the donor

Master Jeevan Rajshekar was just 5 years old, when he was diagnosed with Cancer and now recovered after a span of 2 years. During the period of 2 years, the child had undergone Chemotherapy. The child has now started going to school in Anantapur, his native place in Telangana. Child Help Foundation was there supporting the Child Jeevan in all phases of his treatment and rehabilitation.

#### Case 2 - Sakshi Pujari

Sakshi Pujari – a girl child of age 17 years, discontinued schooling, as she was found to be HIV positive; fear of stigmatization made her leave school. The support provided by Child Help Foundation and DESIRE Society today enabled her to continue with studies in Ravindra Bharathi English Medium School. She is in STD. Xth getting ready to face the Board Exam in April 2020 - an example of Inclusive, Holistic Education for girl child.

#### **Preschool Education Initiative**

• In the year 2018-2019, more than 8336 children have directly benefitted through the preschool education program in Jawhar District of Maharashtra, where besides preparing the children for schooling they were also provided with nutrition & health care.

• Preschool advantages include a consistent structure with routine and a focus on early education (which inspire a love of learning). Most programs taught children a variety of Cognitive, Social, Emotional and Language Skills.

#### **School Outreach Programmes**

CHF team members regularly visit schools across the country to advocate about cancer prevention and to make them aware about the direct link between the use of tobacco products and cancer.

## **Toy Bank**

The best way a child learns is by doing things practically In collaboration with Toy Bank, Child Help Foundation provided educational toys to the following schools: ZP Rajavali, Dabheri Ashram Shala and Vinval Ashram Shala in Palghar district, Maharashtra

#### **Professional Skill Development Programme**

In the year 2018 -2019, skill development training was provided in the area of Nursing, Beautician course and Fashion Designing (Tailoring). 75 Young people have successfully completed the course and now contributing to their family income and at the same time getting economically empowered.

#### Life Skills Training Programmes:

Life skills are abilities for adaptive and positive behaviour that enable individuals to deal effectively with the demands and challenges of everyday life. In the year 2018-2019, Life skill Trainings and Workshops held for female students cope with the difficulties of day-to-day life by learning to make informed decisions, solving problems by thinking creatively and collaboratively and building healthy relationships through effective communication.




## Education

"Learning gives creativity, creativity leads to thinking, thinking provides knowledge, and knowledge makes you great."

– Abdul Kalam





## **Events**

#### Celebrating International Women's Day, 8th March

#### International Women's Day

The theme for International Women's Day (8<sup>th</sup> March) this year, "Think Equal, Build Smart, Innovate for Change", puts forth innovation by women and girls, for women and girls, at the heart of efforts to achieve gender equality.

Child Help Foundation Head Office celebrated Women's Day by empowering all men in our office on Gender equality. The Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013 ("POSH Act") training was organized, which was facilitated by Meena Lokhande, the project Head at CHF.

The training touched upon the existent issues in our country on the crimes being committed against women, be it at work and or at home. Children too have fallen victim to sexual abuse in schools. Some prominent case studies were shared. Sexual harassment at work leads to a hostile, insecure environment, which curbs the active participation of women breaking their sense of empowerment and has a detrimental effect on their economic growth.

The Highlights of the one-day training on POSH:

- Creating awareness of what is sexual harassment and how it is a legal offense.
- Promoting a safe working environment by encouraging women to speak up if they find any unacceptable behaviour.
- Ensuring every staff at CHF understand the law and implications of sexual harassment.
- Role of employer, employees and the committee.
- Let us make our workplace safe and secure for our women.

#### Yoga Day, 21<sup>st</sup> June

21<sup>st</sup> June - International Yoga Day was celebrated by the students and teachers with great enthusiasm at Sakhare, Pali and Bhopoli Ashram schools. More than 800 children participated in it, students of grade VI and above demonstrated various yoga asanas. Warm-up exercises were taken and all the students performed sitting and standing asanas. The importance of these asanas was explained to the students simultaneously, by the Yoga teachers. The Headmaster of the Sakhare School joined in with his students in performing the various asanas.

The celebration concluded with Headmaster's address to the children, wherein he encouraged them to practice yoga regularly with discipline, to remain and improve concentration. Regular practice of yoga is part of the Volkart Adolescent project. Daily practices of Yoga will surely help our students to achieve a better life, physically, mentally and spiritually, as Yoga holistically connects body, mind, and soul.

## WAS

## Access to Clean Water and Sanitation Sustainable Development Goal 6

#### Ensuring Access to Clean Water and Sanitation – SDG 6

India has a serious sanitation issue. The fact is that around 60% of the world's open defecation takes place in India. The result of poor sanitation causes health hazards including diarrhoea, particularly in children under 5 years of age, malnutrition, and deficiencies in physical development and cognitive ability. The latest government statistics reveals that sanitation coverage in rural areas of India is only 32.7%. "Has it ever pained us that our mothers and sisters have to defecate in the open?" With these words, Prime Minister Narendra Modi pushed sanitation up the hierarchy of national concerns in 2015.

Water is life. It is a basic human need. It's that simple. Water, sanitation, and hygiene are at the core of our wellbeing and dignity. Improving sanitation is a key priority of the government, which has introduced its flagship program the 'Swachh Bharat Abhiyan' to clean India. Child Help Foundation has been at the forefront of promoting dignity and safety by facilitating the provision of clean water and separate toilets for boys and girls in government schools.

Child Help Foundation taking lead in Swacch Bharat launched Swacch Vidyalaya Mission. We worked tirelessly to help Schools and communities in accessing clean water. CHF had set up Reverse Osmosis (RO) plants to purify water for parasites and dangerous waterborne illnesses. Along with this, an effort to provide sanitation facilities for government schools was also a priority in the year 2018-2019. This involves constructing toilets separate for girls and boys in selected schools, painting the sanction units with child art and setting up of RO plants. Child Help Foundation also spreads awareness on proper sanitation and to bring about behavioural change in the student community.

In the year 2018 – 2019, Child Help Foundation continued to work in partnership with several corporates to build sanitation infrastructure, promote hygiene behavior change and support WASH-related businesses and have created impact in 16,000 children across India, contributing to the fulfilment of Sustainable Development Goal 6.

#### **Construction of Sanitation Facilities for Children**

Child Help Foundation build 75 toilets and 67 urinals, separate for boys and girls. There are 46 washbasins so that children can wash hands as and when necessary and have provided 16 RO filters, 6 water chillers giving access to clean drinking water benefitting 16,000 children directly in 29 schools across India.

#### Sustainability

To ensure the sustainability of the new sanitation and water infrastructure, local school committees took charge of operation and maintenance. In partnership with the school children who were the direct beneficiaries, we worked with children's groups, to use locally inspired arts to paint the water and sanitation units.

Sanitation being non-negotiable for achieving SDG Objectives and dignity of people - Child Help Foundation committed to a better quality of life for its most communities required us to address this issue with commitment and determination. The sanitation project is meant to reach out to sanitation deficient areas across the project area; presently the initiative is particularly focused in the schools across India.

#### **CASE STUDY**

The case studies documented in 2018-2019, highlights specific interventions carried out by Child Help Foundation in the area of sanitation under the CSR portfolio. Sanitation requires focused attention not only from the government, but also from the private sector, Civil Society Organizations (CSOs), communities and individuals. A holistic approach, including the building of appropriate infrastructure, operation, and maintenance of sanitation facilities, capacity building support to local implementing organizations and sustained behaviour change through Information.

#### Selection of the Project Area:

Though in the long run, the project is meant to reach out to sanitation deficient areas across the country, presently the initiative is particularly focused in a government school and the village community around the school from where the children of the villages come. The project is based in Ramasandra in Kolar district, Karnataka

The Project Site: Government School in Ramasundara

#### **Toilet design and model:**

Child Help Foundation has a prototype (two leach pit model) with standard design recommended by government. However, as per local requirements, there are minor adaptations in dimensions and design.

Stakeholders: The stakeholders include the student's Local community, SHGs, Gram Panchayat, District Administration, and masons. Since 2011, Child Help Foundation has been working closely with Corporates to mobilize resources for the construction of WASH facilities in rural schools with greater focus on Girls. By ensuring additional fund, CHF ensures building of better quality of water and sanitation facilities.

Implementation Model: Child Help foundation staff working with the community creates awareness and triggers for sanitation. Various participatory methods viz. Nukkad-Natak and visit to open defecation site was undertaken for behavioural change communication. The school sanitation committee is revived and their capacity building process is undertaken. Further, sanitation champions are identified from each hamlet, which then further helped to facilitate the process of sensitization in the village. There is a particular emphasis given for ensuring water availability in the community.

#### Linking with the Government Schemes:

Child Help Foundation always works in close collaboration with the Government schemes. The School Sanitation project always holds a priority and they are built-in coordination with the block administration and the Village Panchayat for availing the incentive under the Swachh Bharat Mission for sanitation units.

Awareness Program priors to the construction of WASH facilities in schools. Child Help Foundation creates an awareness programme explaining the student community on issues related to health, when open defecation is practiced in the community. Importance is also given to hand washing and benefits of hand washing. In 2018, over 5,000 school students were covered under the hand washing drive.

#### Impact of our work

Addressing Absenteeism through Improved Sanitation

1. Girls are particularly vulnerable to dropping out of school, partly because many are reluctant to continue their education when toilets and washing facilities are not private, not safe or simply not available. When schools have appropriate, gender-separated facilities, an obstacle to attendance is removed.

2. Basic facilities that provide for good hygiene and privacy, along with sensitive health promotion assist girls to stay in school and complete their education.

3. The provision of water, sanitation and menstrual hygiene facilities in the school secures a healthy school environment and protects children from

illness and exclusion. It is the first step towards a healthy physical learning environment, benefitting both learning and health.

4. Water, sanitation and Menstrual hygiene in school aims to make a visible impact on the health and hygiene of children through improvement in their health and hygiene practices. It improves children's health, school enrolment, attendance

## MENSTRUAL HYGIENE AND REPRODUCTIVE HEALTH

## (Addressing Well-being of Adolescent Girls in Ashram Schools – Palghar, Maharashtra.)

Context

The problem in numbers:-

- 35,50,00 Menstruating Women and Girls in India.
- 71% Have No Knowledge Of Menstruation Before Their First Period.
- 82% girls use Alternatives, Such as an Old Cloth, Rags, Hay, Sand, or Ash.
- Only 18% use sanitary pads.
- 6,30,00,000 adolescent Girls That Live In Homes Without Toilet Facilities
- 88% Adolescent Girls Are Unaware of the

## THE MENSTRUAL HYGIENE PROJECTS LOOK AT 3 'E'S:

1. Empower the adolescent girls with critical health information, on reproductive Health care, HIV and AIDs, tobacco chewing and early pregnancy. Thereby reducing problems associated with puberty and risky sexual behaviour amongst girls between the age group of 12 to 19.

2. Enable adolescent girls with information, knowledge, and skills affecting their life and enabling them to protect themselves better by making informed decisions and creating an atmosphere that will make them self-determined on various decisions throughout their life. and retention and paves the way for a new generation of healthy children.

5. This is every girl child's right. By providing gender-segregated toilets, students are assured of privacy and dignity, a particularly important factor for girls' school attendance. Sanitation being non-negotiable for achieving SDG Objectives.

Health Implications That Could Occur Due To Lack of Menstrual Hygiene.

#### Menstrual Hygiene Management In Ashram Schools In Palghar, Maharastra.

In this context, Child Help Foundation launched Menstrual Hygiene Management and Reproductive Health Project with support from Volkart Foundation Indian Trust in February, 2019 in 4 Ashram schools in Palghar. The project covered 800 Adolescent girls in 4 Ashram schools. The project was designed to equip the adolescent girls with the knowledge of Menstrual Hygiene and at the same time counteract stressful events like Menarche, Under-aged pregnancy, Risky sexual behaviour, and tobacco chewing, early marriage promoted by local traditions, teenage pregnancies, and anaemia.

3. Equip adolescent girls with critical life-skills, vocational training, health education, and counselling and building a gender-sensitive student community.

#### **Focus on Gender**

The project besides the one mentioned above also aims to facilitate the process of developing awareness and capacity on gender issues. It will work closely with their male counterparts in creating awareness on issues affecting the adolescent girls both at the domestic level and at the community level also to promote an environment for greater participation of women on a community level. It is also an initiative to empower adolescent girls to

say "No" to exploitation and safeguarding the best interests of the girl child.

## **OTHER MAJOR ACTIVITIES UNDERTAKEN UNDER THE PROJECT**

## 1. Orientation/Inauguration of Adolescent Health Project, Maharashtra:

On 8th Feb, 2019 & 15th Feb, 2019, Orientation and Inauguration program was held in Bhopoli Ashram Shala, Sakhare Ashram Shala, Pali Ashram Shala and Budhawali Ashram Shala in Wada and Vikramgadtalukas in Palghar, Maharashtra. 6 of the CHF staff, one resource person from MUSE foundation, Head Masters and the teaching staff of the schools and around 760 adolescent girls were present for the activity. Given information about the importance and need of adolescent health care and the various activities to be conducted under this project.

#### 2. Interactive Sessions

10 interactive and knowledge disseminative sessions in all 4 schools have been conducted. Menstrual Health and Hygiene, Risky Sexual Behaviour, Self Defence, Gender Discrimination and Personality Development are the topics covered under these sessions. Workshops on Menstrual Health and Hygiene were organised in the 4 residential schools in Palghar. This session was conducted by the external resource person, Dr. M. S. Sachi, from MUSE Foundation. Around 800 girls were benefitted by these sessions. They were actively participated and talked about their concerns, doubts/questions. These sessions were based on activity and discussion as well.

#### 3. Query Box Activity for girls

In every interactive session and workshop, Child Help Foundation team keeps query box to enable adolescent girls, especially the shy ones to place their concerns and issues related to menstrual hygiene in writing and drop the same in the query boxes provided. It was nice to observe the adolescents discuss their concerns in peer groups and then formulate their question and drop it in the box. They feel free to share their concerns through letters. More than 50 queries/letters we received from the girls and tried to address their concerns through interactive sessions.

#### 4. Yoga sessions

Yoga sessions have been conducted twice a week in all 4 schools. The purpose of conducting yoga sessions is to help reduce stress, improve mood, and promote physical fitness among the students. Yoga encourages creativity and playfulness, developing not just physical flexibility, but flexibility of the mind as well. Basic Yogasanas like Tadasan, Vrikshasan, Dhanurasan, Gomukhasan, Shavasana, Pranayam, Kapalbhati, Kapalbharti and Meditation were practiced in the sessions. All the students of the 4 ashram schools were participated in yoga sessions.

#### 5. Base line health survey

The baseline health survey in 4 targeted residential schools has been completed in April, 2019. Questions related to school sanitation and menstrual health and hygiene were included in survey questionnaire. A baseline survey for this project was required to identify and confirm the real scale of the problems. 400 adolescent girls were given a survey form to fill.

The outcome analysis is as follows:

I. Target group was adolescent girls between the age group of 12 to 18.

II. Total 387 girls were responded and it is taken as a sample size.

III. 270 girls (69%) between the age group of 12 to 18 have started their periods.

IV. 174 girls (45%) are having irregular periods.

V. 07 girls (79%) are aware about menstrual hygiene.

VI. 263 girls (1.8%) out of 270 are using sanitary pads.

VII. 139 girls (51%) burn their pads after the use and 95 girls (35%) using incinerators to dispose their pads.

VIII. 203 girls (52%) follow misconceptions related to menstruation

IX. 142 girls (36%) have abdominal pain, 76 girls (17%) have back pain, 43 girls (10%) have leg pain, 51 girls (12%) have mood swings, 1 girl (0%) has acne on her face, 8 girls (2%) feel fatigue, and 111 girls (26%) have issue of menstrual odour during the periods.

#### 6. Medical Camps

Medical camps were organised in 4 residential schools on 26th and 28th March, 2019 to fulfil the first objective of Volkart Health Project. The overall objective is to improve the reproductive health knowledge of adolescent girls, thereby reducing problems associated with puberty and risky sexual behaviour amongst girls between the age group of 12 to 19.

Screening of 473 students was done during the camps.167 cases of Deworming, 137 dental cases, 10 cases related to irregular menses, 7 cases related to heart, 3 case of bacterial/fungal infection were identified during the camps. A medical team from Sahyadri Super Specialty Hospital, Pune was mobilized. The medical team consisted of 4 doctors, 4 nurses, and 2 patient care attendants. They were assigned with the task to perform medical examination for Adolescent girls from 4 schools namely Bhopoli, Sakhare, Pali and Budawhali.

The second series of medical camps were organized in 4 residential schools on 29th, 30th and 31st July, 2019 with the objective of identifying issues related to anaemia and menstruation among the adolescent girls. Screening of 750 students was done during the camps.

A medical team from Aastha Hospital – Manor, Palghar was mobilized. The medical team consisted of 1 gynaecologist, 2 nurses and 2 patient care attendants. They were assigned the task to perform medical examinations for adolescent girls from 4 schools namely Bhopoli, Sakhare, Pali and Budhawali Ashram Shalas.

The assessment of the medical cards filled by the doctor is under process and the compiled report was shared by the CHF staff to the CHF team and the Project Officer of Jawhar by the end of August. Menstrual Hygiene Management is very important to ensure that women and girls can manage their periods in a way that is not only healthy, but enables their full participation in school, work, and other activities.

#### 7. Balmela/Summer Camp

Summer Camp named 'CRAYONS' was held in 2 schools of Vikramgad, Palghar with the students of standard Xth, batch 2019-2020. The objective of the summer camp was to engage children into various activities to promote their holistic development. 109 children from both the schools had participated in this camp, where the days started with morning Yoga and ended with Bonfire nights.

Educational sessions on personality development aiming to develop the language and social skills of the children and sessions on gender discrimination addressing the gender biases prevalent in the society were conducted. Based on that children drew gender-based roles people perform in their surroundings. These sessions were activity-based sessions. Children were encouraged to spill their creativity on the papers in the form of paintings, greeting cards and by making models on pollution, rural India, photosynthesis, water cycle, sources of water, etc. Reusing waste was also our agenda in this summer camp where children were taught making paper bags from old newspapers, reusing cardboard, etc.

Also, the Children were given an opportunity to unleash their creativity through other forms of arts like dance, drama and music, where we had a bonfire for everyone and different performers on different arts every day.

#### Library set up

Library has been set up in all the 4 schools. 394 books have been provided to the schools that are going to benefit almost 3000 students. CHF staff is currently selecting champions from each class who will select a book every week, read a story from it and will tell it to the whole class. This will be done every week, initially with the students from standard 7th to 12th. This will help us to cultivate a habit of reading among them and make the children utilize the library at its fullest. Resources related to menstrual hygiene was also included.

#### **Quiz Competition**

800 girls were quizzed this month to check their level of knowledge related to the previous menstruation sessions conducted. The quiz results showed us that majority of the girls are still carrying lots of misconceptions related to menstruation and there is a need of more awareness sessions and discussions on this topic.

#### **Vocational Training**

Vocational training was organized for the adolescent girls of all 4 Ashram shalas schools. A Mumbai based beautician facilitated the training for the girls of standard XIth with the objective to develop their skills and also to create an interest to become beauticians and set up their own business venture.

#### **Counselling sessions**

A counselor visit was organized for the adolescent girls to address the issues of teenage pregnancies, which is a common problem in the ashram shalas of Jawhar. The counselor talked about the hormonal changes that happen in the body during puberty and how it affects the emotions and the thought process of adolescents. She also shared the disadvantages of early marriage and teenage pregnancies. The counselor also talked about Gender Issues prevalent in the society and how we are unconsciously caught in the trap of discriminatory behavior towards girls and boys.

### **OVERVIEW**

# SCHOOL SANITATION SUPPORT PROJECTS SUCCESSFULLY IMPLEMENTED BY CHILD HELP FOUNDATION:

NAME OF SCHOOL	STATES	PROJECT DETAILS: CONSTRUCTION WORK		
Koel Shishu Mandir	Rourkela, Odish, Bhubaneswar	Renovation of 2 toilet complexes		
Zilla Parishad School	Rajavali, Naigaon - Palghar, Maharashtra	6 toilets, 2 wash basins and RO water filter		
Zilla Parishad School	Kaman, Bhiwandi, Maharashtra	10 toilets, 3 urinals, 4 wash basins and RO water filter		
Zilla Parishad School	Mathori, Nashik, Maharashtra	4 toilets, 6 urinals, 2 wash basins		
Zilla Parishad School	Mahiravani, Nashik, Maharashtra	3 toilets, 4 urinals, 2 wash basins		
Baliram Residential School	Dari, Nashik, Maharashtra	9 toilets, 9 urinals, 2 wash basins		
Zilla Parishad School	Gavlane, Nashik, Maharashtra	7 toilets, 10 urinals, 2 wash basins		
Zilla Parishad School	Saiwan, Vasai, Maharashtra	2 toilets, 4 urinals, 2 wash basins		
Mohan Bhagat School	Vasai, Maharashtra	Repairs of 2 toilet complexes		
Bhairavnath Vidhyalaya & College	Chakan, near Pune, Maharashtra	4 toilets, 6 urinals, 2 wash basins		
Government School	Ramasaundra Village, Kolar, Karnataka	3 toilets, 2 wash basins, 1000 litre water tank		
Government School	Gutahally Village, Kolar, Karnataka	2 toilets, 2 urinals, 2 wash basins		
Government School	Budhanoor Village, Alappuzha, Kerala	3 toilets, 1 wash basin,		
Zilla Parishad School	Matshya Vawsay Satapati 1 - Palghar, Maharashtra	2 toilets, 2 wash basins, 500 litre water tank and RO water filter		
School	Matshya Vawsay Satapati 2 - Palghar, Maharashtra	2 toilets, 2 wash basins, 500 litre water tank and RO water filter		
ZillaParishad School	Umale, Naigaon - Palghar, Maharashtra	2 toilets, 2 wash basins, 500 litre water tank and RO water filter		
Aanganwadi	Umale, Naigaon - Palghar, Maharashtra	2 toilets, 2 wash basins, 500 litre water tank and RO water filter		
Zilla Parishad School	Segatpada–Palghar, Maharashtra	2 toilets, 1 urinals, 2 wash basins, 500 litre water tank and RO water filter		
Zilla Parishad Urdu School	Satapati–Palghar, Maharashtra	2 toilets, 2 urinals, 2 wash basins, 500 litre water tank and RO water filter		
School	Dasgaon, Mahim - Palghar, Maharashtra	2 toilets, 2 urinals, 2 wash basins, 500 litre water tank and RO water filter		
Zilla Parishad Kanya shala	Satapati–Palghar, Maharashtra	2 toilets, 2 urinals, 2 wash basins, 500 litre water tank, RO water filter		
Zilla Parishad Yevoor, Palghar	Palghar East, Maharashtra	2 toilets, 2 urinals, 2 wash basins, 500 litre water tank		
3 schools in Gokhle Road Government School Building, Dadar	Dadar, Mumbai, Maharashtra	Installation of three water filters and 3 water coolers		
3 schools in Prabhadevi Government School Building, Dadar	Dadar, Mumbai, Maharashtra	5 urinals, six wash basins, and installation of three water filters and 3 water coolers		

75 toilets and 67 urinals have been constructed, 46 wash basins have been provided and 16 RO filters and 6 water coolers have been made available to 29 schools across India, which have benefitted 16,000 students directly.



Y

# Clean water and sanitation

"Water is life, and clean water means health"

- Audrey Hepburn









## **GENDER EQUALITY**

## **Achieve Gender Equality And Empower All Women And Girls**

### **Sustainable Development Goal 5**

Child Help Foundation works at the grassroots level to promote education for female children and our campaign is aligned with the national flagship programme 'Beti Bachao, Beti Padhao.' Our education programme is designed to create equal opportunities for both boys and girls thus creating harmony and better balance of power between genders. We have reached 1,00,000 girl children.









## **Gender Equality**

"When God created man and woman, he was thinking, 'Who shall I give the power to, to give birth to the next human being?' And God chose woman. And this is the big evidence that women are powerful."

– Malala Yousafzai







## **ZERO HUNGER**

## Seek To End Hunger And All Forms Of Malnutrition

## Sustainable Development Goal 2

Child Help Foundation ensures that no child dies of starvation and malnutrition in most affected tribal pockets.

#### 43% Indian children are underweight

India accounted almost 43% of underweight children in the world against 32% in Pakistan, 9% in South Africa. Nutritional level among the children is the basic element of their overall mental and physical development.

According to the World Health Organization (WHO), 43 percent of Indian children are underweight. It is very high compared to countries like Pakistan (32%), China (4%), Brazil (2%) and South Africa (9%). Although, malnutrition among the children reduced significantly over the time, but still the number of malnourished children is very high in the country.

Malnutrition and Mortality among children are the two faces of a single coin. Mortality among infants and under-5 children is also a major concern. In India, the number of under-5 mortality rate and infant mortality rates are 49 and 42, respectively. This shows that in spite of the progress made in the health care sector in India, young population especially in the age group of 0-6 years are continuously losing their lives due to inadequate nutrition and proper care. This has resulted children being stunted, wasted and underweight.

#### Children from tribal and backward class are most affected

Almost 38.9% and 29.6% of Children from Other Backward Classes (OBCs) suffer from growth retardation (Stunted) and low body weight (underweight) respectively. The percentage of wasted children among the social groups is high in Schedule Tribe (18.7), the percentage of wasted children decrease with the social status. Schedule caste and Other Backward Class have only 15.5% and 14.85% of wasted children.

#### Intervention

Child Help Foundation is focused on the Child health and well-being aiming at reducing infant and Child Mortality by addressing malnutrition, ensuring good health, and working with adolescent and women's group in the project area we work.

#### **Tackling Malnutrion in Innovative Way**

If a child does not receive proper nutrition during the first 1000 days of existence, beginning from conception to the age of 2 years old, the child will not reach their full physical or intellectual potential and is at risk of malnutrition.

Child Help Foundation nutritional centre is successfully running at Palghar in Maharashtra benefitting more than 212 children from the tribal areas.

The Child Help Foundation organizes and encourages women to increase their knowledge on good pregnancy practices to follow so that they give birth to healthy babies and successfully nourish the growing infant.







## Zero Hunger

"I have the audacity to believe that people everywhere can have three meals a day for their bodies, education and culture for the minds and dignity, equality and freedom for their spirits."

- Martin Luther King, Jr.





## **HUMANITARIAN RELIEF**

## **Building Resiliant Communities**

## Sustainable Development Goal 11, 13, & 17

#### **Humanitarian Relief**

Child Help Foundation is a strong supporter of Humanitarian Relief, in terms of coordinating relief work, coordinating volunteers and advocating for strengthened coordination at district and state level. Child Help Foundation (CHF) staff members participate actively in intervening at field level, rendering all humanitarian support in Emergency.

Record breaking 35,000 persons have been reached through our Humanitarian work. Although development actors have the main responsibility for building resilience, CHF believes that humanitarian assistance can and should strengthen resilience while addressing the immediate needs of affected populations.

Child Help Foundation have been in forefront responding to natural calamity whether it is floods in Assam, Bihar or Kerala. Our team ventured out to provide immediate relief and CHF has ensured that basic essentials has reached the affected people.

#### **KERALA FLOODS - Worst Flood of the Century**

Child Help Foundation reaches out to over 13,000 families with emergency relief in Kerala:

34 dams opened up the flood gates, 44 rivers were flooded and 3 weeks of torrential rains submerged 12 of the state's 14 district in Kerala. Thousands of children in Kerala were stranded without schooling, shelter and regular food. Devastated and inundated by massive floods. We stood side by side with children and the affected people in the toughest circumstances. Child Help Foundation was one of the first to start relief operation. In the aftermath of the devastation, CHF staff and volunteers worked tirelessly for an entire month to ensure that humanitarian relief materials reached the affected families. CHF was active in 3 districts: Patanamthitta, Ernakulam and Alappuzha.

Child Help Foundation has been on the ground zero providing immediate relief. Our initial support has been provision of dry rations, non-food house hold supplies, and hygiene pack later as the flood receded, Child Help Foundation repaired schools, constructed school sanitation units and supported families in clearing of mudsludge. The humanitarian relief programme was conducted in September 2018.

#### **ODISHA**

#### **Operation Titli: Child Help Foundation Support Orissa relief efforts**

As the very severe cyclonic storm, Titli made landfall in Gopalpur and led to a downpour in eight districts. Odisha faced flood situation in its coastal belt throwing life out of gear.

The worst affected district was Ganjam, which was cut off from mainland. Aska block and Purshotampur block (two biggest and densely populated blocks in Ganjam district) were marooned and even the NDRF team failed to reach the affected areas. The army and the navy were pressed into service to provide relief.

Child Help Foundation team based in Orissa worked relentlessly, to provide relief to families' cut-off by unruly flood. Child Help Foundation facilitated creating Child-Friendly Spaces, where children, like seven-

year-old Shankar was able to receive psychosocial support, continue learning and be reunited with his family. Child Help Foundation was there rebuilding homes and reuniting families. The humanitarian relief programme was conducted in October 2018.

#### **BIHAR FLOODS**

Floods in Bihar are a recurring disaster in which human lives, livestock and property get destroyed year after year. In 2017, floods affected 19 districts of North Bihar, killing 514, and rendering hundreds of thousands homeless.

In the year 2018, another 19 districts were affected and Supaul is one among them. This intervention is about children from four villages namely Nayatola, Sikarhatta, Lalmanpatty and Dudhaila of Supaul district, who are affected by flood and its aftermath calamity. Their school life was disrupted, but still they have a dream to continue schooling and CHF have hired a safe place to restart non-formal schooling. We aim to reach the children those who are affected by the floods in Supaul. They are our forgotten children.

Project- Education in emergency provides Non-formal education, nutrition, sponsorship, health care and recreational facilities for the children (boys and girls) of the project area. We do this in order to prevent them from being exploited during calamity situation, trafficked, and pushed into becoming anti-social, and vulnerable to HIV and AIDS. The project is an effort to reach out to children in need, provide them with psychosocial support, and enable them to continue their education process as a first step towards rehabilitation and development

SR NO:	LOCATION	DISTRICTS/VILLAGES AFFECTED	NO OF BENEFICIARIES
01	Uttarakhand Floods 2014-15	Uttarkashi, Rudraprayag, Chamoli & Tehri districts in Uttarakhand state	2000
02	Assam flood relief 2017-18	Tatibahar, Rangati, Kalyanpur, Boingaon, Lakhipur, (Lakhimpur District, Assam)	1000
03	Nagaland Flood Relief 2017-18	Anatongre, Phelungre, Longthonger, Langkok, Litsawong villages in Kiphire district	500
04	Kerala Floods 2018-19	Most districts of Kerala	10,000
05	Cyclone Fani, Odisha 2019-20	Coastal villages in Puri District	500
06	Bihar floods, July 2019	Raxaul district	350
07	Karnataka floods, August 2019	Hirethadsi, Chikathadsi and Bennur villages in Ramadurg Taluka and Hubli district, Karnataka.	2150
08	Maharashtra Floods	Kakhe Village, Degwadi Village, June Pargaon Village and June Cha- vare Village in Kolhapur District and Rajapur Village in Sangli District	750

#### Summary chart

Child Help Foundation could reach 17,250 beneficiaries in mentioned locations.





## Humanitarian

"Climate change is a terrible problem, and it absolutely needs to be solved. It deserves to be a huge priority."

- Bill Gates









#### **DAAN UTSAV 2018 - 2019**

'Daan Utsav' (earlier referred to as the Joy of Giving Week) honours the Spirit of Philanthropy and is India's 'Festival of Giving'. This was launched in 2009 and has been celebrated ever since. This festival commemorates the spirit of Mahatma Gandhi and is celebrated during the Gandhi Jayanti week, from October 2<sup>nd</sup> to 8<sup>th</sup>. The Spirit of Giving is inherent in every individual and 'Daan Utsav gives every individual and organisation an opportunity to give back to society.

Child Help Foundation celebrated 'Daan Utsav' across India in collaboration with corporate and educational institutions. This festival has grown from a mere idea into a mass movement and provides opportunities to contribute directly and indirectly towards social development initiatives and causes.



## **AWARDS & RECOGNITION**

Reliance Poundation Hospital Aver Samures Secure

THE WORLD SOCIAL WORKERS DAY The World Social -Workers Day year 2018

CMO Asia award for – the Best Healthcare – NGO of the year 2018









30° April, 2018

To The Trustees Child Help Foundation Mira Road, Dist - Thate

Subject: Appreciation Letter to Child Help Foundation for their remarkable Contribution in field of Medical Support to Critically IB Children.

Dear Trustees,

Ketto Online Ventures Pvt. Ltd., has been associated with Child Help Foundation since last seven months.

We approviate that Child Help Foundation is doing commendable work in field of providing treatment support to Critically III Children, and their timely support has given the Children a Healthy future.

On Behalf of Ketto, we wish them all the very best for all their future endeavours.



Letter of appreciation from Ketto online Ventures – Pvt. Ltd.



പ്രതിഡാറ്റ് കൊടുമൽ ഗ്രാർപങ്ങായത് കൊടുമൽ പി.ഒ പഞ്ഞാതിട്ട ജില്ല. പിൽ– ഒറ്റാം ഹൊൺ– ദോം മട്ടാട, ചെലാസ്–

minut 15-09.2018

#### Appreciation Letter

CAD

Child Help Foundation, a Mumbai based child- centric non-profit organisation has come to the aid of thousands of flood affected families in Kerala. Otherthan distributing relief materials at Chandanappally camp in Kodumon Grama Panchayat and in various Panchayats in Pathanamthitta and Alapuzha Districts, their volunteers actively assisted in the rehabilitation affects. We thanks them for the commendable work they have done in Kerala's time of crisis.



Kurgenranalogi Autorest

Letter of appreciation from Kodumon Gram Panchayat, Pathanamthitta District, – Kerala.

#### Letter of ppreciation from Wadia Hospitals



BALJERBAI WADIA HOSPITAL FOR CHILDREN Acharya Donde Marg, Parel, Mumbai-400012 Department of Pediatric Cardiology Department Tel: 022-24126003, Ext-207 / 299

#### To The Child Help Foundation

On behalf of B J Wadia Hospital for Children , I would like to thank you for your generous denation for our Cath Lab patients. Your contribution makes it possible for us to help the needy children.

Your kind gift is already working to make life better for those with severe heart diseases and bringing hope to children who live with it.

Following are the list of patients who have received your financial assistance for their cath lab procedures:



## Eden Medical Centre

KASHIDAM BOAD(NEAD SUB JALL, DIMAPUB-797112, NAGALAND 2 - 919415945510 0 03842 248788/246722 0 #menimepurigano

To,

The Child Help Poundation.

Mira Road East-Thane- 401107.

Subject: Letter of Appreciation

On Behalf of the Eden Medical Centre, We thank the Child Help Foundation for supporting the treatment costs of children whose families cannot afford to bear the cost of medical intervention. Your generous support ensures that under prevideged children are cared for, regardless of family's ability to pay for the cost of the treatment.

The Hospital could not do what it does without the generous support of organisations such as yours,

We look forward to a long term relationship with Child help Foundation

Most sincerely AL

Administrative Officer

Eden Medical Centre

Administrative Officer Eden Medical Centre Dimapar : Nagaland

Letter of appreciation from Eden Medical Centre

#### **CORPORATE PARTNERS**

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CONCORDIA	CCI	ANGLO EASTERN GROUP				

#### **IMPLEMENTING PARTNERS**

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SURYA	SHI RAMACHANDRA	DESIRE			Ta oro Foundation	
Special School of Joy	Koel Saraswati	Khirod Basini Kanyashram	Assam Andha Shishu Vidyalaya Kanyashram	Sankalp Sanskriti Samiti	Ashraya	Charis Foundation

CHILD HELP FOUNDATION SCHEDULE 1	
LIST OF CHARITABLE EXPENSES - OBJECTS OF THE TRUST	31.03.2019
ACTIVITY & PROGRAMME EXP	7,496,016
CALAMITY RELIEF EXPENSES	10,139,480
CAMPAIGNING & TELE FUND RAISING EXPENSES	39,888,743
VOLUNTEER PROGRAMMES	22,954,060
EDUCATION SUPPORT	15,918,818
EVENTS ORGANISATION EXPENSES	1,079,152
MEDICAL SUPPORT EXPENSES	34,654,635
MULTIPLE AWARENESS PROGRAMME & TRAINING	2,020,488
ORPHANAGE SUPPORT EXPENSES	2,790,461
SANITATION PROGRAMME EXPENSES	9,756,243
VILLAGE DEVELOPMENT PROGRAMME EXP	4,552,278
Skill Development	17,926,514
	169,176,888







#### R D LUKAD Chartered Accountant (FCA/Proprietor/M No 31187)

## **CHILD HELP FOUNDATION OFFICES - PAN INDIA**

#### **Head Office**

403/404, Sai Arpan, Near P.G.Vora school, Mira Road East, Mumbai - 401107.

#### **Mumbai Office**

4/F1, 35, Court Chambers, Near SNDT Women College, New Marine Line, Mumbai - 400020.

#### **Pune Office**

709 - 710, Sohrab Hall, Dhole Patil Road, Opposite - Jehangir Hospital, Pune - 411001.

#### **Delhi Office**

E4 B1, Mohan Cooperative Industrial Estate, New Delhi -110044

#### **Kolkata Office**

BA-46 2nd Floor, Salt Lake Sector 1, Kolkata - 700064, West Bengal.

#### **Bhubaneshwar Office**

Room No- 409, 4th Floor, Janpath Tower, Ashok Nagar, Bhubaneshwar - 751009. Odisha

#### **Nagaland Office**

LBAM KI. House No – 422. Near SBI Rangapahar Branch, Dimapur, Nagaland.

#### **Bengaluru Offices**

Bangalore 1 & 2 -No.26, 14th Cross, 3rd Floor, Shree Complex, Bendre Nagar, Subramanyapura Main Road, Kadrenahalli Circle, Bangalore-560070. Bangalore 3

No. 34/5, First Floor, Maruthi Seva Nagar, Banaswadi Road Extension, Bangalore: 560033. Landmark: Above Kamath Multicare Clinic or Next to Apollo Pharmacy.

#### **Telangana Office**

H.No.2-18-24/A, first floor, Prahsanthi Nagar, Uppal.opp survey of India, Hyderabad -500039. Telangana. Landmark: Dr. Reddy's Dental Clinic Building.

#### **Chennai Office**

No: 6A, 2nd Floor Mahalakshmi Nagar, 2nd Main Road, (opp. G K Shetty School Primary Section) Adambakkam, Chennai - 88, Tamil Nadu

#### Kerala Office

3rd floor, Krishna Kripa Building, Ravipuram road, Ravipuram. Kochi - 682016, Kerala.

House No. 55/2828, First Floor, Inchodi House Cherupushpam, 2nd Cross Rd, Giringar Housing Colony, Giri Nagar Housing Society, Giri Nagar, Kadavanthra, Kochi, Kerala 682020

#### Thane

Anand Cinema, 3<sup>rd</sup> Floor, Above kotak Mahindra Bank, kopri, Thane (E)-400603

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We thank all our Supporters, Volunteers, Donors and all our team members across India who have stood by us and made Child Help Foundation one of the most Credible Developmental Organisations in India.



## **Bringing Smiles**

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